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Speech Pattern: Topical Topic: Forgiveness

General Purpose: To persuade

Specific Purpose: To convince people to forgive all people no exceptions

Central Idea: Why you should forgive. What are the benefits for you? What are the benefits for

the person in need of forgiveness.

- 1. Introduction
  - a. Remember it's a journey
  - b. Live healthier with less
  - c. Family personal history
  - d. For others, For yourself
- 2. Main Point 1.
  - a. For others
    - I. Evolution history
      li health effects for group
- 3. Main Point 2.
  - a. For yourself
    - i. Health effects for individual.
    - ii. Consequences of not forgiving
    - iii. Historical example
- 4. Conclusion 4.
  - a. Reiterate
  - b. Empathize it's hard
  - c. Outro, the benefits.

Sources: <a href="https://www.youtube.com/watch?v=gdgPAetNY5U&ab\_channel=BuzzFeedVideo">https://www.youtube.com/watch?v=gdgPAetNY5U&ab\_channel=BuzzFeedVideo</a>
<a href="https://www.youtube.com/watch?v=2fNqjn0gE94&t=175s&ab\_channel=MedCram-MedicalLectures=ExplainedCLEARLY">https://www.youtube.com/watch?v=gdgPAetNY5U&ab\_channel=BuzzFeedVideo</a>
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https://www.youtube.com/watch?v=4Q7ycwhrFU4&ab channel=Dr.HildaArellano