## 1 Variable Definitions and Parameters

Variable	Description	Unit / Scale	
Core Capacity Me	etrics		
$X_{ m real}$	Actual productive capacity, calculated from total primary energy, animal power, and KWPE.	million kWh	
$X_{ m norm}$	Normalized productive capacity, relative to baseline $X_{\text{real},0}$ .	Dimensionless	
KWPE	KW Productivity Equivalent, human labor converted to energy-equivalent productivity.	million kWh	
PrimaryEnergy	Total primary energy supply.	million kWh	
AnimalPower	- • • - • •	million kWh	
	Energy from animal labor.		
Population PopulationLast	Total population.  Population in the previous period (used for	persons	
PopulationLast	Population in the previous period (used for growth/pressure calculations).	persons	
XBase	Baseline productive capacity (initial $X_{\text{real}}$ ).	million kWh	
Innovation Metric	$\mathbf{s}$		
$X_{ m bonus}$	Innovation dividend from STEM share, education	Dimensionless	
Solids	rate, TFP growth, and patent density.		
$X_{ m bonus,norm}$	Normalized innovation dividend.	Dimensionless	
$\theta$	Scaling factor for innovation dividend.	Dimensionless	
$\stackrel{\circ}{P}$	Productivity elasticity parameter in innovation divi-	Dimensionless	
1	dend formula.	Dimensionless	
STEMshare	Share of STEM workforce in total labor force.	% of labor force	
EduRate	Education attainment rate.	% of population	
TFP	Total factor productivity index.	Dimensionless	
PatentDensity	Patents per million people.	patents/million	
1 accincia cinare,	1 accounts per minion people.	people	
PatentCount	Total number of patents.	patents	
Patent Density $_{t-1}$	Patent density in previous period.	patents/million	
t at the Density $t-1$	1 atom density in previous period.	people	
$X_{\mathrm{real},t-1}$ Social Structure N	Productive capacity in previous period.  Metrics	million kWh	
$Z_c$	Social complexity index, aggregated from inequality,	Dimensionless	
C	crime, poverty, market concentration, trust, and ur-		
	banization.		
Gini	Gini coefficient for income/wealth inequality.	0-1	
$S_{ m murder}$	Homicide rate component of $Z_c$ .	Dimensionless	
MurderRate	Annual homicide rate.	% per year	
$S_{ m poverty}$	Poverty rate component of $Z_c$ .	Dimensionless	
PovertyRate	Population living below the poverty line.	% of population	
MCapGDP	Market capitalization to GDP ratio.	Dimensionless	
Trust	Social trust index.	0–1	
Urbanization	Urban population share.	% of population	
		integer	
n System Vulnerabil	Number of components in $Z_c$ aggregation.	mteger	
$\Omega$	Structural resilience index of the society.	Dimensionless	
SavingsRate	Household savings rate.	% of disposable in-	
DebtRate	Household debt ratio to GDP.	come % of GDP	
UnemploymentRate	Unemployment rate.	% of labor force	
LPI	Logistics performance index.	0-5	
		Dimensionless	
OmegaShock	External shock to $\Omega$ . Positive for harmful, negative for beneficial.	Dimensioniess	
Net Tension Driver			
$Z_{ m eff}$	Effective social tension driver, combining $Z_c$ , relax-	Dimensionless	
•	ation, innovation bonus, shocks, and drift.		
relax	Social relaxation factor (e.g., welfare, culture) reduc-	Dimensionless	
	ing tension.		
ZShock	External social destabilization shock. Positive for	Dimensionless	
	harmful, negative for beneficial.		

Variable	Description	Unit / Scale	
DriftTerm	Long-term drift in $Z_{\text{eff}}$ (Red Queen effect).	Dimensionless	
$\Gamma_S$	Sensitivity coefficient for $Z_c$ contribution to $Z_{\text{eff}}$ .	Dimensionless	
$\Gamma_X$	Sensitivity coefficient for $X_{\text{bonus}}$ contribution to $Z_{\text{eff}}$ .	Dimensionless	
Societal Stress and	l Capacity		
Y	Societal stress index (composite measure of internal social cost).	Dimensionless	
$Y_{ m base}$	Baseline $Y$ value derived from initial parameters.	Dimensionless	
$\Delta Y$	Change in Y during the current period.	Dimensionless	
$K_Y$	Scaling coefficient linking $X$ to $Y$ growth.	Dimensionless	
PopPressure	Population pressure term based on arable land and	Dimensionless	
	population growth.		
A rable Land Capita	Arable land per capita.	hectares/person	
${\bf Arable Land Total}$	Total arable land.	hectares	
LandCapLimitCoef	Coefficient for land capacity limit in population pres-	Dimensionless	
	sure.		
Carrying Capacity			
$Y_{ m limit}$	Societal carrying capacity index.	Dimensionless	
$k_{ m limit}$	Scaling factor in $Y_{\text{limit}}$ calculation.	Dimensionless	
MilitaryRatio	Military expenditure as share of GDP.	% of GDP	
$\beta$	Decay factor for $Y_{\text{limit}}$ when $\Delta X < 0$ .	Dimensionless	
Overload Dynamics			
$S_t$	Crisis pool (accumulated overload beyond $Y_{\text{limit}}$ ).	Dimensionless	
$S_{t-1}$	Crisis pool in the previous period.	Dimensionless	
$\lambda_S$	Decay rate of crisis pool when $Y < Y_{\text{limit}}$ .	Dimensionless	
$K_S$	Scaling factor for accumulation rate of $S_t$ .	Dimensionless	
$S_0$	Initial value of crisis pool.	Dimensionless	
Resilience Reset			
$I_{ m reset}$	Resilience reset function based on $Y$ , $Y_{\text{limit}}$ , and $S_t$ .	Dimensionless	
$\phi(\cdot)$	Functional form of the resilience reset mechanism.	Dimensionless	
External and Initial Conditions			
$Y_{ m first}$	Initial $Y$ value for the first simulation step (overrides	Dimensionless	
	$Y_{\mathrm{base}}$ ).		
Year	Simulation year for the current data row.	integer	