




Various times:

	Asda Café https://storelocator.asda.com/	Asda is offering those aged 60 and over the chance to enjoy soup, a roll and unlimited tea and coffees for just £1 in any of its cafés all day and every day from 1st November 2023 until the 29 th February 2024.
	Chelmsford CVS Ladies Knitting Group Caffe Marconi Hamptons Sport and Social Centre Tydemans (off Beehive Lane) Chelmsford CM2 9FH Tel: 01245 351888 Website: https://chelmsfordcvs.org.uk/	Ladies Knitting Group 10.00am – 12.00pm 2 nd & 4 th Monday each month Chelmsford CVS are welcoming volunteers to join a ladies' only knitting group at Hamptons Sport & Leisure Centre in Great Baddow. The group includes experienced knitters, complete beginners, refugees, older people, and ladies who've dealt with difficult circumstances or sad times. Over lots of coffee and cake they chat, create, laugh, and make things for good causes! Bring your own projects, or join us in making items for local causes. The group meets on the second and fourth Monday of each month, 10am to 12noon.
	St Andrews Church Soup and Sandwich Hall Lane Chelmsford CM2 7RQ Website: https://www.sandon-church.info/index.php?page=Default.php	Soup and Sandwich 12.00pm – 1.30pm 1 st Tuesday each month Monthly soup and sandwich on the first Tuesday of each month which is open to everyone locally.
	Little Waltham United Reformed Church The Street Little Waltham Chelmsford CM3 3NT Tel: 01371 821986 Website: https://www.littlewalthamurc.org.uk/	Coffee & Cake 1 st Thursday each month 10.00am – 11.00am Coffee Morning 3 rd Saturday each month (excluding December) 10.00am – 11.00am



	<p>Tile Kiln Church Robin Way Chelmsford Essex CM2 8AU Tel: 01245 698218 Website: https://www.tilekilnchurch.org.uk/</p>	<p>Food on Friday Meeting fortnightly, Food on Friday provides a space for those of more senior age in the community to meet with peers and enjoy a meal together. Please contact the church for more information</p>
	<p>St Michael's Church Coffee Morning Galleywood Chelmsford CM2 8PW Website: https://www.stmichaelsgalleywood.org.uk/</p>	<p>Coffee Morning 10.00am – 12.00pm 1st Saturday each month</p>
	<p>Beaulieu Community Centre 17 Centenary Way Beaulieu Square Chelmsford CM1 6AU Tel: 01245 468911 Email: secretary@beaulieustrust.co.uk Website: https://beaulieucommunitycentre.org/ St Francis Community Church: Tel: 07790 558579 Email: hello@stfranciscommunity.church</p>	<p>Community Meal Last Sunday of each month St Francis Community Church host a free community meal every last Sunday of the month. Please contact St Francis Church to book your place and inform them of any dietary requirements.</p>



Monday:

	<p>Widford Parish Centre Hope Café 9.00am – 12.00pm Forest Drive Chelmsford CM1 2TS Tel: 01245 355989 Website: https://www.widfordparish.com/</p>	<p>Come for a hot drink and a chat (prices are very reasonable)</p> <p>Also, soft play for under 5's is running at the same time - £1.50 per session</p>
	<p>St John's Church JubiLatte Café 9.15am – 11.45am Moulsham Street Chelmsford CM2 0JD Email: cafe@stjohnsmoulsham.org.uk Website: https://www.stjohnsmoulsham.org.uk/</p>	<p>JubiLatte keep prices at the lower end of the scale and is happy for people to make one drink last all morning if they want to. And if they don't want to buy anything, that's fine too!</p> <p>There is a children's area and toys for babies and toddlers, as well as snacks for your little ones. There are Scrabble and Café Crafting mornings, as well as magazines, other games and a café library. Most importantly, as well as great teas and coffees and cakes, there is always someone to chat to.</p>
	<p>Tile Kiln Church TK Toddlers 9.30am – 10.45am Robin Way Chelmsford Essex CM2 8AU Tel: 01245 698218 Website: https://www.tilekilnchurch.org.uk/</p>	<p>An informal group for all parents, carers and babies/toddlers with toys, craft, chat, refreshments and music time. <i>Entry through the side entrance.</i> 50p suggested donation per family.</p> <p>No booking is required but numbers may need to be limited so at times a waiting list may be in operation.</p>


	<p>Chelmsford Community Church Connexions 10.00am – 12.00pm Trent Road Centre Trent Road Chelmsford CM1 2LQ Tel: 01245 267801 Email: admin@chelmsfordcommunitychurch.co.uk Website: https://www.chelmsfordcommunitychurch.co.uk/</p>	<p>'Connexions' sessions are welcome spaces for people to call in for tea/coffee and a chat. Although a number of people bring crafts with them - the sessions are by no means limited to crafters. Many people simply come for the company</p>
	<p>The Salvation Army (Chelmsford) Coffee & Cakes 10.00am – 12.00pm 70 Baddow Road Chelmsford CM2 0DL Tel: 01245 490998 Website: https://www.salvationarmy.org.uk/chelmsford-citadel</p>	<p>Open for coffee and cakes</p>




Tuesday:

	<p>Widford Parish Centre Hope Café 9.00am – 12.00pm Forest Drive Chelmsford CM1 2TS Tel: 01245 355989 Website: https://www.widfordparish.com/</p>	<p>Come for a hot drink and a chat (prices are very reasonable)</p> <p>Also, soft play for under 5's is running at the same time - £1.50 per session</p>
	<p>Jubilee Community Café 9.15am – 1.00pm North Avenue Christian Centre North Avenue Chelmsford CM1 2AL Tel: 01245 351022 Email: admin@northavenueecc.org Website: https://northavenueecc.org/</p>	<p>A kind and caring environment where all are welcome to come in for a chat. The cafe is staffed by local friendly volunteers and has been set up as a not-for-profit initiative meaning that they are able to keep the prices of all the food and drink affordable.</p>

	<p>Central Baptist Church Coffee Central 10.00am – 12.00pm Victoria Road South Chelmsford CM1 1LN Tel: 01245 264163 Email: info@centralbaptistchelmsford.org Website: https://www.centralbaptistchelmsford.org/</p>	<p>Drop in for a coffee and a chat</p>
	<p>All Saints Church Writtle Coffee Morning From 10.30am Church Lane Writtle, Chelmsford CM1 3EN Tel: 01245 422846 Website: https://www.allsaintswrittle.co.uk/</p>	

Wednesday:

	<p>Central Baptist Church Coffee Central 10.00am – 12.00pm Victoria Road South Chelmsford CM1 1LN Tel: 01245 264163 Email: info@centralbaptistchelmsford.org Website: https://www.centralbaptistchelmsford.org/</p>	<p>Drop in for a coffee and a chat</p>
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	<p>The Salvation Army (Chelmsford) Rising Stars (Mothers & Toddlers) 10.00am – 12.00pm and 1.00pm – 3.00pm 70 Baddow Road Chelmsford CM2 0DL Tel: 01245 490998 Website: https://www.salvationarmy.org.uk/chelmsford-citadel</p>	<p>Mother and toddler group</p>
	<p>Chelmsford Cathedral Welcome on Wednesdays 1.15pm – 2.15pm New Street Chelmsford CM1 1TY Tel: 01245 294492 Website: https://www.chelmsfordcathedral.org.uk/</p>	<p>Operates every Wednesday in the Cathedral. Coffee and biscuits available on a drop-in basis for which there is no charge but small donations are generally given, but there is no pressure to give. Wheelchair friendly.</p>
	<p>St. Luke's Church Edward Bear Baby & Toddler Group (term time only) 1.15pm -2.30pm Gloucester Avenue Moulsham Lodge Chelmsford CM2 9DT Email: moulshamchurches@gmail.com Website: https://www.stlukemoulsham.co.uk/</p>	<p>The whole church, small hall and garden are available to play in, and toys are rotated so they're different every week. The toys include role play/dress-up, building blocks, cars/trains, a protected baby section and lots of ride-ons. There is a 45-minute free play, a stop for a snack, and then story time and a sing-along at the end.</p> <p>All carers with children are welcome, including childminders.</p>


Thursday:

	<p>St Andrews Parish Church Open Door Café 8.30am – 11.30am St Andrew's Church Hall Melbourne Avenue Chelmsford CM1 2DT</p>	<p>Open Door Community Cafe offers hot drinks, soup, rolls and cake. People are welcome to give a small donation for the refreshments but that is not essential. Bus service C2 to North Melbourne/Broomfield Hospital stops outside the Hall. The services C3 and 32 are within a short walk.</p>
	<p>Jubilee Community Café 9.15am – 1.00pm North Avenue Christian Centre North Avenue Chelmsford CM1 2AL Tel: 01245 351022 Email: admin@northavenuecc.org Website: https://northavenuecc.org/</p>	<p>A kind and caring environment where all are welcome to come in for a chat. The cafe is staffed by local friendly volunteers and has been set up as a not-for-profit initiative meaning that they are able to keep the prices of all the food and drink affordable.</p>
	<p>St John's Church JubiLatte Café 9.15am – 11.45am Moulsham Street Chelmsford CM2 0JD Email: cafe@stjohnsmoulsham.org.uk Website: https://www.stjohnsmoulsham.org.uk/</p>	<p>JubiLatte keep prices at the lower end of the scale and is happy for people to make one drink last all morning if they want to. And if they don't want to buy anything, that's fine too!</p> <p>There is a children's area and toys for babies and toddlers, as well as snacks for your little ones. There are Scrabble and Café Crafting mornings, as well as magazines, other games and a café library. Most importantly, as well as great teas and coffees and cakes, there is always someone to chat to.</p>

	<p>Chelmsford Community Church Connexions 10.00am – 12.00pm Trent Road Centre Trent Road Chelmsford CM1 2LQ Tel: 01245 267801 Email: admin@chelmsfordcommunitychurch.co.uk Website: https://www.chelmsfordcommunitychurch.co.uk/</p>	<p>'Connexions' sessions are welcome spaces for people to call in for tea/coffee and a chat. Although a number of people bring crafts with them - the sessions are by no means limited to crafters. Many people simply come for the company.</p>
	<p>Central Baptist Church Coffee Central 10.00am – 12.00pm Victoria Road South Chelmsford CM1 1LN Tel: 01245 264163 Email: info@centralbaptistchelmsford.org Website: https://www.centralbaptistchelmsford.org/</p>	<p>Drop in for a coffee and a chat</p>
	<p>The Salvation Army (Chelmsford) Coffee & Cakes 10.00am – 12.00pm Lunch Club (for all Adults) 12.00pm – 1.00pm (call 01245 490998 to register) 70 Baddow Road Chelmsford CM2 0DL Tel: 01245 490998 Website: https://www.salvationarmy.org.uk/chelmsford-citadel</p>	<p>Coffee & Cakes 10.00am – 12.00pm Open for coffee and cakes Lunch Club (for all Adults) 12.00pm – 1.00pm (call 01245 490998 to register)</p>

	<p>Foodcycle (Chelmsford) 5.30pm Springfield Park Baptist Church 14 Springfield Park Road Chelmsford CM2 6EB Tel: 020 7729 2775 Website: https://foodcycle.org.uk/</p>	<p>A free vegetarian two-course meal is provided every Thursday. It's completely free and anyone can come. There's no need to let us know, just turn up.</p> <p>Takeaway can be provided. Tea and coffee are served too. It's a lovely atmosphere and warm too.</p> <p>Foodcycle Chelmsford will be open on Thursday 22nd December but closed on 29th December and 5th January.</p>
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Friday:

	<p>The Life Church The Ark Baby and Toddler Group 9.30am – 11.00am Hall Street Chelmsford CM2 0HG Facebook: https://www.facebook.com/LifeccTheArk/</p>	<p>For families with preschool children aged 0-4 years. The group offer a fun morning of free play, snacks (for you and your little ones) and song time</p>
	<p>The Salvation Army (Chelmsford) Coffee & Cakes 10.00am – 12.00pm 70 Baddow Road Chelmsford CM2 0DL Tel: 01245 490998 Website: https://www.salvationarmy.org.uk/chelmsford-citadel</p>	<p>Open for coffee and cakes</p>

	<p>St Johns Church Tots & Tinies 10.00am – 11.30am Moulsham Street Chelmsford CM2 0JD Tel: 01245 609619 Website: https://www.stjohnsmoulsham.org.uk/</p>	<p>Friendship and fun for parents, carers, babies and toddlers in a safe place. Children of all ages are welcome. A craft activity is available each week, and drinks, including freshly brewed filter coffee, and snacks for adults and children are provided.</p> <p>£2.00 per family with no need to book. (Runs during term time only)</p>
	<p>Chelmsford Cathedral Tea & Coffee 11.30am Concert 12.00pm New Street Chelmsford CM1 1TY Tel: 01245 294492 Website: https://www.chelmsfordcathedral.org.uk/whats-on/lunchtime-concerts</p>	<p>Tea & coffee served from 11.30am, concert from 12.00pm</p>

Saturday:

	<p>St. Luke's Church Saturday Coffee 11.00 - 12.00pm Gloucester Avenue Moulsham Lodge Chelmsford CM2 9DT Email: moulshamchurches@gmail.com Website: https://www.stlukemoulsham.co.uk/</p>	
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