

# Styrofoam™ Brand Insulation: Shrinkage Case Studies

## Introduction

Does foam shrink? This is a question that is occasionally asked, generally when exposed aged foam and gaps between foam boards are discovered during remodeling projects. Lstiburek (2012) and Holladay (2010) describe examples where gaps have been discovered and potential performance differences between various types of rigid board foam exist. Although there are cases where the history of the foam and installation are well known and documented, it is more often the case that the discovery is made by a different person than the original installer and the timing and climate conditions are unknown. Thus, it is a challenge to know with certainty if the foam was originally installed with gaps or if the gaps occurred over time.

Three case studies are described in this report where initial conditions of installation are generally well known. The first case is an examination of test wall assemblies after 5 years of test exposure in a climate research laboratory. The second case is an instrumented multi-story building in the Pacific Northwest where foam movement was monitored over several years. Finally, the third case study is an examination of a 10 year old single-family residential home in Climate Zone 5.

## CASE STUDY 1:

**Analysis of Styrofoam™ Brand Insulation Joint  
Dimensional Stability  
5 Year In-Use Study  
Midland, Michigan Wall Assembly Research Lab**

Wood framed wall assemblies sheathed with a 1" layer **Styrofoam™ Brand Insulation** are included as experimental, long term wall exposure samples installed on the Wall Assembly Research Building located in Midland, Michigan. Four wall assemblies, installed on each cardinal direction were available for inspection during late 2015. The wall specimens were constructed in a lab environment in late 2010 and installed shortly after into the research building.

The wall cladding consists of manufactured stone installed on the lower half of the wall sample and vinyl siding on the upper half. Several board joints were included in each sample in order to measure the performance of the taped joints used as a weather resistive barrier (WRB). The vinyl siding was removed for the inspection of board gaps and the condition of the construction tape used to seal the joints creating the WRB. Normally, when gaps are found, even small gaps such as those observed in these wall samples, foam shrinkage is claimed as the root cause. Fortunately, rigorous photo documentation of starting and ending conditions facilitated comparison of before and after photos. Before and after exposure photos of all four wall sections are below.

Careful inspection of the before and after assembly photos shows similar spacing. It is clear from these photos that no opening of board joints has occurred during this test exposure period. The construction tape was still strongly adhered to the foam boards with no evidence of loss of adhesion performance through this five year period

### North Wall Assembly 3C

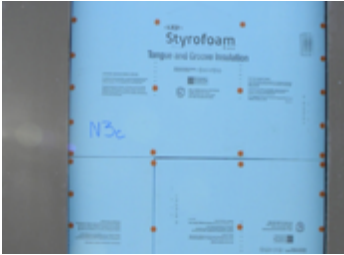


Photo 1a  
Initial N Wall Assembly December 2010



Photo 1b,  
Aged N Wall Assembly Sept 2015

### East Wall Assembly



Photo 2a  
Initial E Wall Assembly December 2010



Photo 2b  
Aged E Wall Assembly Sept 2015

### South Wall Assembly

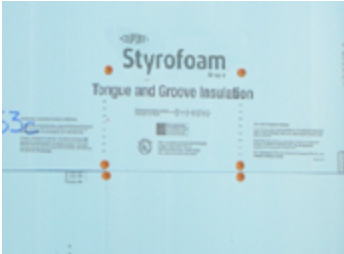


Photo 3a  
Initial S Wall Assembly December 2010



Photo 3b,  
Aged S Wall Assembly Sept 2010

### West Wall Assembly

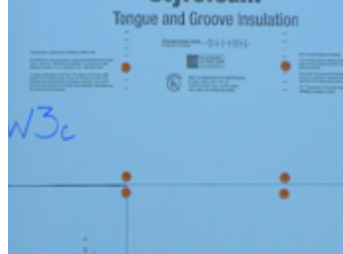


Photo 4a  
Initial W Wall Assembly December 2010

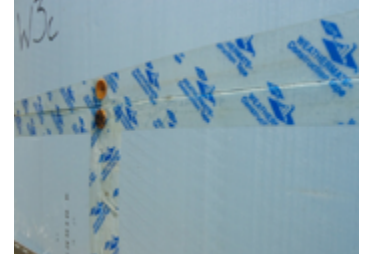


Photo 4b  
Aged W Wall Assembly Sept 2015

## CASE STUDY 2:

### Vancouver Housing Complex Vancouver, Canada

During a multi-story cladding rehabilitation project in Vancouver, British Columbia, there was an opportunity to install instrumentation to monitor movement within the retrofit wall system. The building is a 64-unit social housing complex in a seven story reinforced concrete structure, with steel stud infill walls and commercial space on the first floor. The original

envelope assemblies included cement stucco on steel-stud-infill walls, exposed mass concrete, brick at the first floor front elevation, and built-up roof systems on main and terrace-level roofs.

The new wall assembly includes three inches of **Styrofoam™ Brand insulation** with a nominal R-value of R15. The rain screen cavity is achieved by fastening the paperback lath on the outside face of the metal Z girt over which a three coat stucco is traditionally applied.



Photo 5a  
North Elevation After Repairs



Photo 5b  
Galvalume Z-girts on 3" rigid XPS

## Building Measurements

Building position measurements were taken on the south and north façades of the building, with sensors located on the second, fourth and sixth floors. Locations of measurement panels are indicated by the red squares in Figure 1 for the south location. North instruments were similarly located directly across the building.

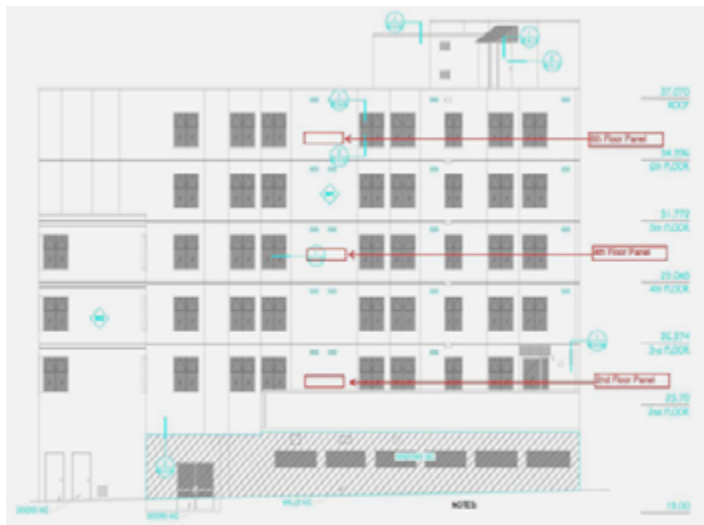


Figure 1. Measurement Panel Locations (S)

## Analysis of X Direction Displacement

An example of board length movement relative to the building structure reference bracket is shown in Figure 2. Displacement is measured in millimeters. An increasing value for displacement indicates an increase in distance between the sensor and the reference bracket and indicates shrinkage of the board length. Since the X-direction sensors are oriented on opposite ends of the insulation board, both sensor values simultaneously increasing would indicate opposite board ends becoming closer together and the foam insulation board shrinking. These conditions are not observed in the monitored data at any of the six building locations and the maximum movement range is approximately 0.5 mm.

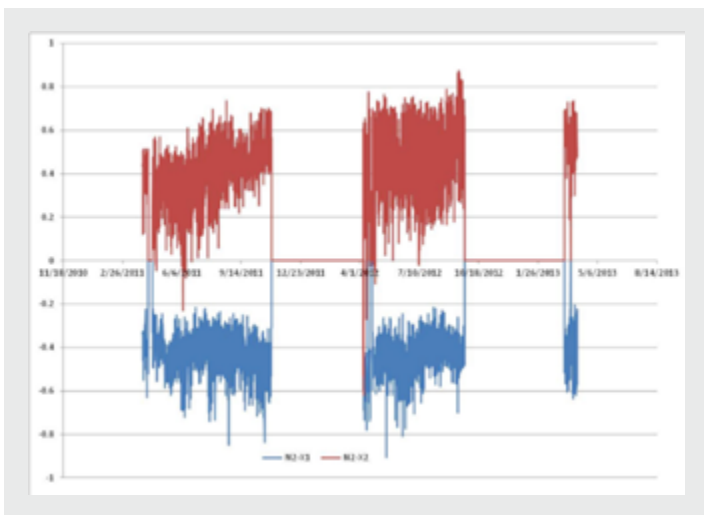


Figure 2. Length move of North elevation 2nd floor foam board

The sensors were installed along foam board joints to monitor foam displacement relative to the structural steel of the building via an external bracket directly attached to the interior steel studs. Sensor locations on an insulation board are shown in Figure 3. This attachment facilitated foam movement relative to the steel structure to be measured. To monitor shrinkage, each panel included two side sensors (X axis). Position data was collected every two hours and transmitted via wireless data acquisition units to the network analysis software.

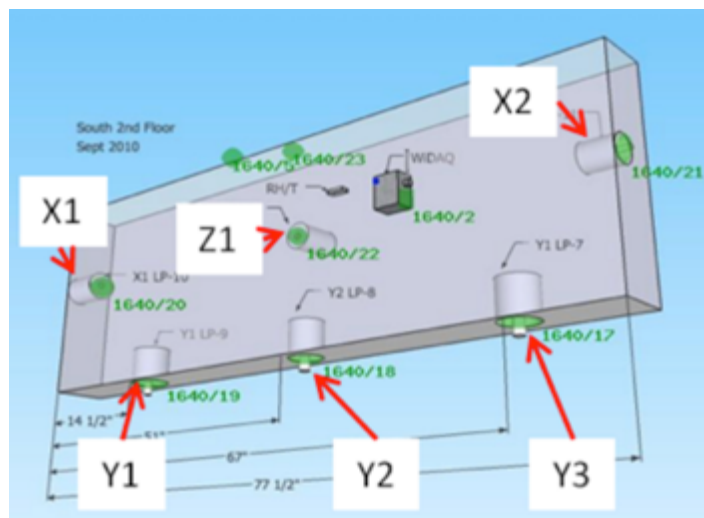


Figure 3, Sensor locations on foam board

## CASE STUDY 3:

### Single-Family Residential Home Midland, Michigan

Inspection of foam condition was conducted in early summer 2016 of a single-family residential dwelling located in Midland, Michigan prior to the addition of a room. The house was constructed during the summer of 2006 by Midland County Habitat for Humanity. The 1" foam layer was applied direct to studs using cap nails with construction tape on seams as the WRB. Although initial construction photos and measurements are not available, it is possible to measure current dimension in the width direction on three of the boards where the factory edges were still intact.



Photo 6a  
wall prior to vinyl removal

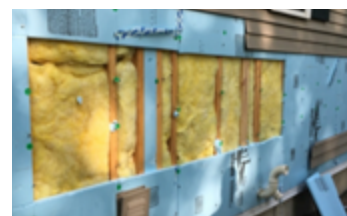


Photo 6b  
cavity inspection after vinyl removal



Photo 7  
condition of taped seam

Photos 8 a, b, c show the width dimension of the three exposed boards with intact factory edges. Each measured board is slightly over 48", which indicates that although slight gaps are present that the boards remain at the manufacturing design dimension, in fact slightly wider. The cap nail does not show signs of pull

through or sliding in the foam that could also indicate board movement. Again this is an indication that boards have not shrunk in the width dimension. It can be concluded from the combination of tape condition, lack of fastener drag and current board dimension that board gaps resulted from installation.



Photo 8a, b, c; width dimension measurement of three boards with intact factory edges

Since no wood sheathing was used in construction of the wall system, it was possible to inspect cavity conditions for signs of deterioration and water intrusion. Photo 9a is of the back side of one removed piece of **Styrofoam™ Brand Insulation** and is found in clean condition with no signs of water anywhere on the board,

including around fasteners and board edges. Photos 9b and 9c show the conditions within the cavity including the bottom plate and subfloor below the bathtub located at the interior of the inspected cavity. Again, there are no signs of moisture or deterioration in either location.



Photo 9a, back side of foam



9b, bottom plate



9c, subfloor beyond cavity

## Summary

While it is typically assumed the cause of gaps is believed to be shrinkage of the foam, these three case studies indicate that shrinkage is not necessarily the cause of gaps.

On another positive note, the long term exposure indicates that tape performance is sound after multiple years of building use and continues to perform well as a WRB.



**For more information visit  
[styrofoam.com](http://styrofoam.com)  
or call 1-866-583-2583**

NOTICE: No freedom from infringement of any patent owned by DuPont or others is to be inferred. Because use conditions and applicable laws may differ from one location to another and may change with time, Customer is responsible for determining whether products and the information in this document are appropriate for Customer's use and for ensuring that Customer's workplace and disposal practices are in compliance with applicable laws and other government enactments. The product shown in this literature may not be available for sale and/or available in all geographies where DuPont is represented. The claims made may not have been approved for use in all countries. DuPont assumes no obligation or liability for the information in this document. References to "DuPont" or the "Company" mean the DuPont legal entity selling the products to Customer unless otherwise expressly noted. NO WARRANTIES ARE GIVEN; ALL IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE ARE EXPRESSLY EXCLUDED. The buyer assumes all risks as to the use of the material. Buyer's exclusive remedy or any claim (including without limitations, negligence, strict liability, or tort) shall be limited to the refund of the purchase price of the material. Failure to strictly adhere to any recommended procedures shall release DuPont of all liability with respect to the materials or the use thereof. The information herein is not intended for use by non-professional designers, applicators or other persons who do not purchase or utilize this product in the normal course of their business. CAUTION: This product is combustible and shall only be used as specified by the local building code with respect to flame spread classification and to the use of a suitable thermal barrier. For more information, consult (Material) Safety Data Sheet ((M)SDS), call DuPont at 1-866-583-2583, or contact your local building inspector. In an emergency, call 1-989-636-4400.

### **Styrofoam™ Brand Extruded Polystyrene Foam Insulation**

CAUTION: This product is combustible. Protect from high heat sources. A protective barrier or thermal barrier may be required as specified in the appropriate building code. For more information, consult (Material) Safety Data Sheet ((M)SDS), call DuPont at 1-866-583-2583 or contact your local building inspector. In an emergency, call 1-989-636-4400 in the U.S. or 1-519-339-3711 in Canada.

DuPont™, the DuPont Oval Logo, and all trademarks and service marks denoted with™, SM or ® are owned by affiliates of DuPont de Nemours, Inc. unless otherwise noted. © 2020 DuPont.