# US. NIOSH: Pocket Guide to Chemical Hazards Recommended Exposure Limits (REL)

Components	Туре	Value	
METHANOL (CAS 67-56-1)	STEL	325 mg/m3	
		250 ppm	
	TWA	260 mg/m3	
		200 ppm	

#### **Biological limit values**

**ACGIH Biological Exposure Indices (BEI)** 

Components	Value	Determinant	Specimen	Sampling Time	
METHANOL (CAS	67-56-1) 15 mg/l	Methanol	Urine	*	

<sup>\* -</sup> For sampling details, please see the source document.

### **Exposure guidelines**

US - California OELs: Skin designation

METHANOL (CAS 67-56-1)

Can be absorbed through the skin.

US - Minnesota Haz Subs: Skin designation applies

METHANOL (CAS 67-56-1) Skin designation applies.

US - Tennessee OELs: Skin designation

METHANOL (CAS 67-56-1)

Can be absorbed through the skin.

**US ACGIH Threshold Limit Values: Skin designation** 

METHANOL (CAS 67-56-1) Danger of cutaneous absorption

US NIOSH Pocket Guide to Chemical Hazards: Skin designation

METHANOL (CAS 67-56-1)

Can be absorbed through the skin.

Appropriate engineering

controls

Provide eyewash station and safety shower. Use adequate ventilation to control airborne concentrations below the exposure limits/guidelines. If user operations generate a vapor, dust and/or mist, use process enclosure, appropriate local exhaust ventilation, or other engineering controls to control airborne levels below the recommended exposure limits/guidelines.

#### Individual protection measures, such as personal protective equipment

**Eye/face protection** Wear safety glasses with side shields (or goggles).

Skin protection

**Hand protection** Suitable chemical protective gloves should be worn when the potential exists for skin exposure.

The choice of an appropriate glove does not only depend on its material but also on other quality features and is different from one producer to the other. Nitrile or butyl rubber gloves are

recommended.

**Other** Wear appropriate chemical resistant clothing if applicable.

**Respiratory protection** If engineering controls do not maintain airborne concentrations to a level which is adequate to

protect worker health, an approved respirator must be worn. Respirator selection, use and maintenance should be in accordance with the requirements of OSHA Respiratory Protection

Standard 29 CFR 1910.134 and/or Canadian Standard CSA Z94.4.

**Thermal hazards** Wear appropriate thermal protective clothing, when necessary.

General hygiene considerations

Observe any medical surveillance requirements. When using do not smoke. Always observe good personal hygiene measures, such as washing after handling the material and before eating,

drinking, and/or smoking. Routinely wash work clothing and protective equipment to remove

contaminants.

### 9. Physical and chemical properties

## **Appearance**

Physical state
Form
Color
Blue

Odor
Alcoholic.

Odor threshold
PH
Not available.

Melting point/freezing point
Initial boiling point and boiling

Liquid.
Liquid.

Not available.

Not available.

-144.4 °F (-98 °C)

148.46 °F (64.7 °C)

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range

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