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(19) **United States**(12) **Patent Application Publication****Doty et al.**(10) **Pub. No.: US 2025/0248838 A1**(43) **Pub. Date: Aug. 7, 2025**(54) **HEIGHT, DEPTH AND CIRCUMFERENTIAL ADJUSTMENT MECHANISMS FOR CERVICAL COLLAR**(71) Applicant: **DJO, LLC**, Carlsbad, CA (US)(72) Inventors: **Alexis Doty**, Carlsbad, CA (US); **Tara VandenBerg**, Rancho Santa Fe, CA (US); **Robert Bejarano**, Carlsbad, CA (US); **Kevin Patrick Larmer**, San Marcos, CA (US); **J. Andrew Moulds**, Encinitas, CA (US); **Jeffrey M. Mullally**, La Mesa, CA (US); **Paul J. Klock**, Carlsbad, CA (US)

division of application No. 16/879,086, filed on May 20, 2020, now Pat. No. 11,471,315.

(60) Provisional application No. 62/991,374, filed on Mar. 18, 2020, provisional application No. 62/939,496, filed on Nov. 22, 2019, provisional application No. 62/872,510, filed on Jul. 10, 2019, provisional application No. 62/850,958, filed on May 21, 2019, provisional application No. 62/851,023, filed on May 21, 2019, provisional application No. 62/851,028, filed on May 21, 2019, provisional application No. 62/850,984, filed on May 21, 2019, provisional application No. 62/850,971, filed on May 21, 2019.

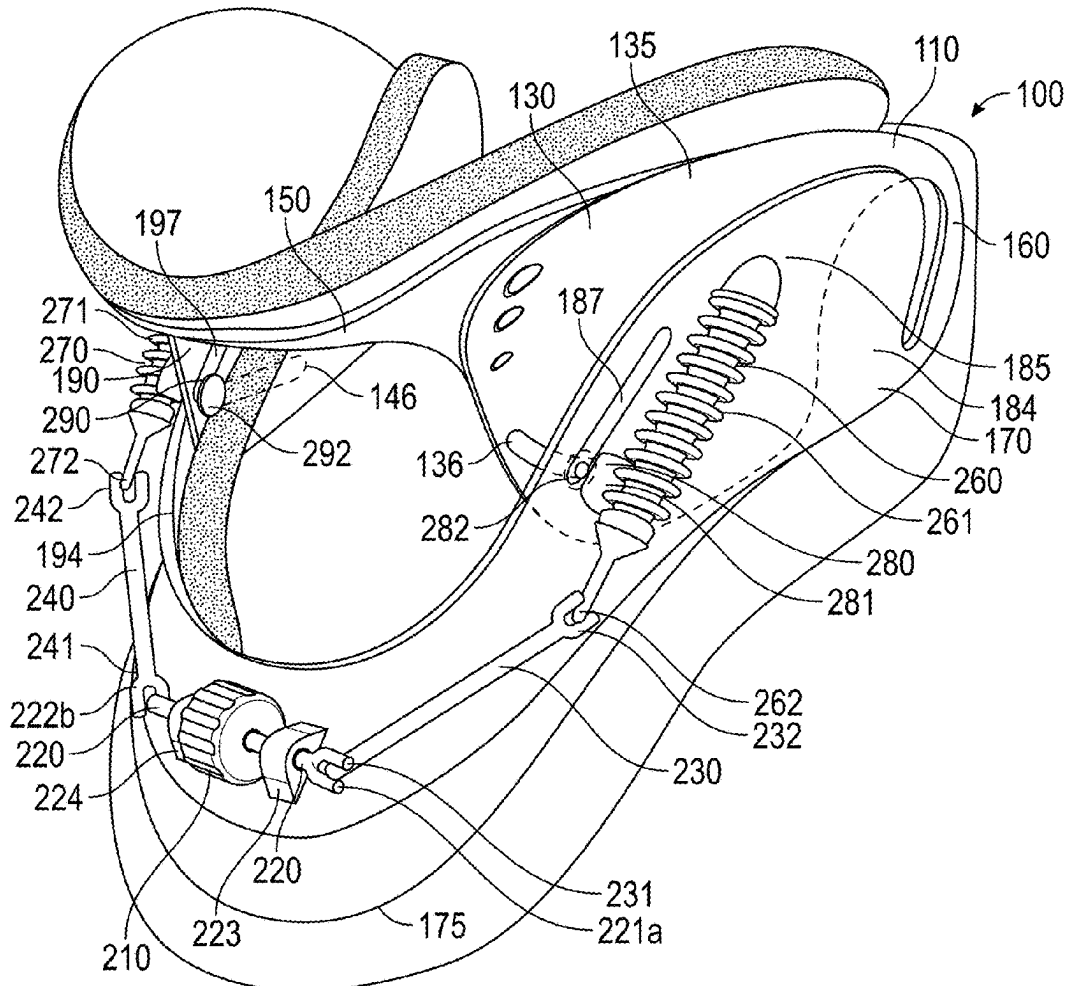
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(60) Continuation of application No. 18/608,291, filed on Mar. 18, 2024, now Pat. No. 12,257,169, which is a continuation of application No. 17/966,462, filed on Oct. 14, 2022, now Pat. No. 11,938,051, which is a

(57)

ABSTRACT

Cervical collars, components thereof, and methods of using them overcome issues with conventional cervical collars.



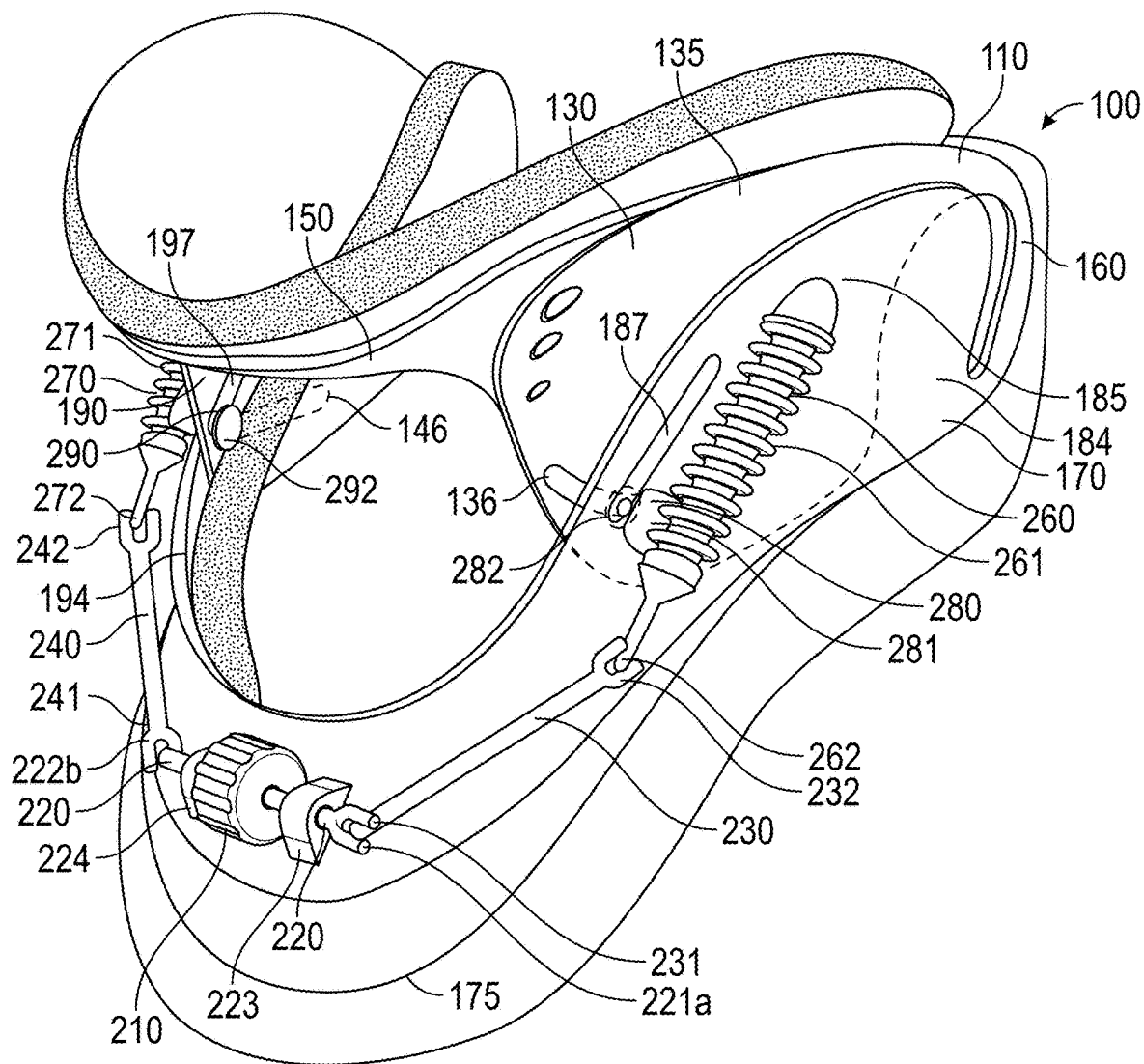


FIG. 1

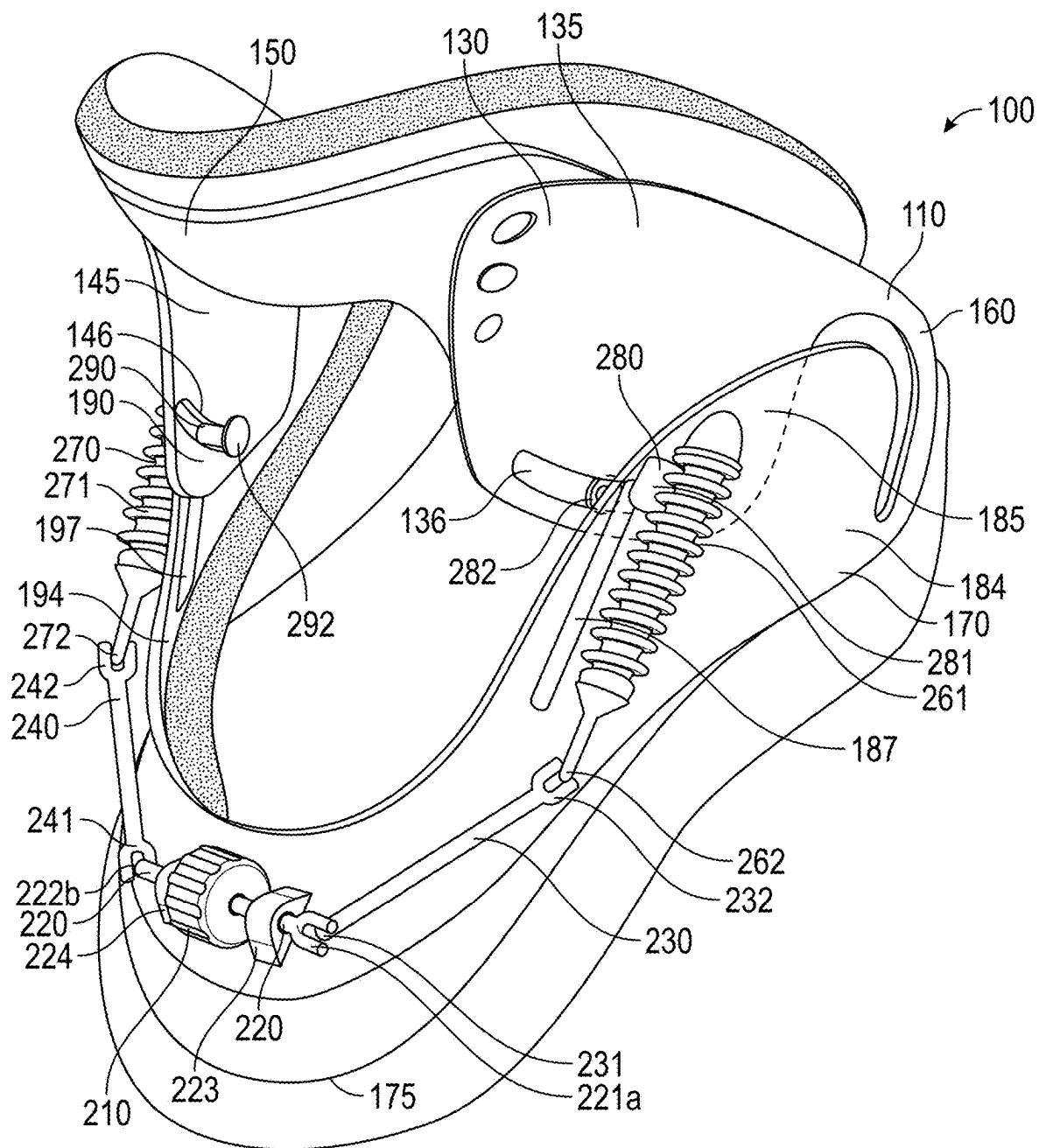


FIG. 2

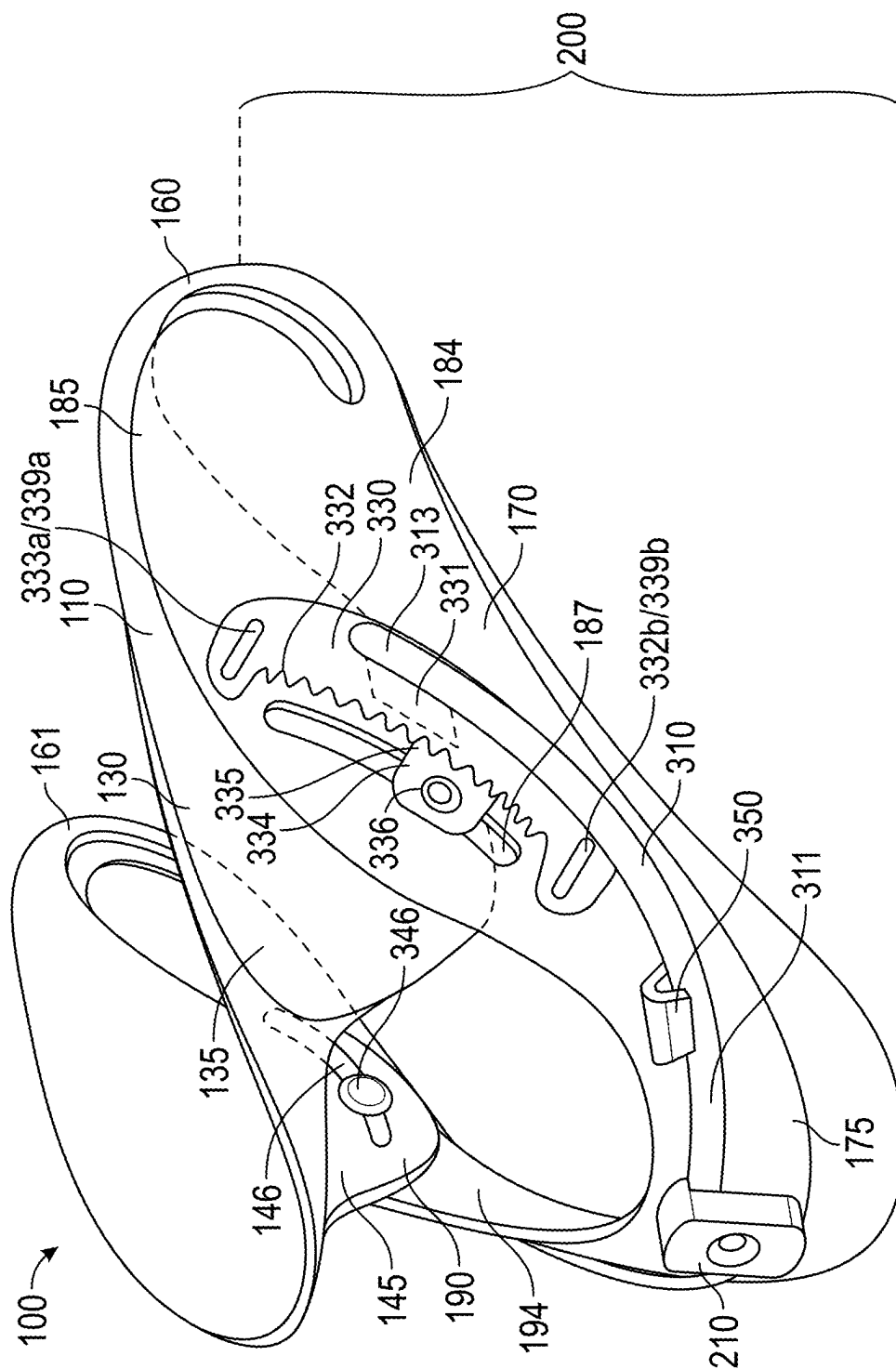


FIG. 3

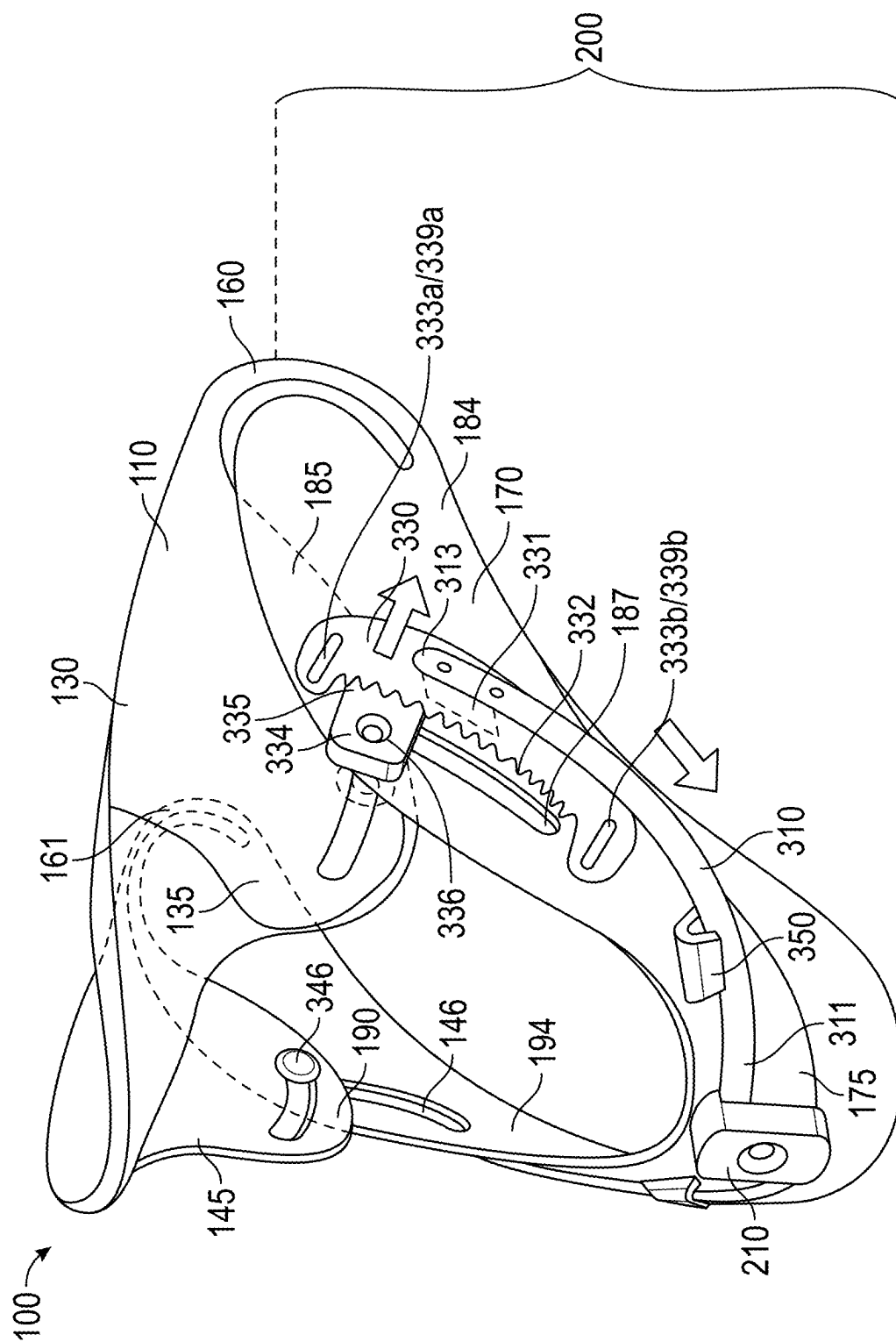


FIG. 4

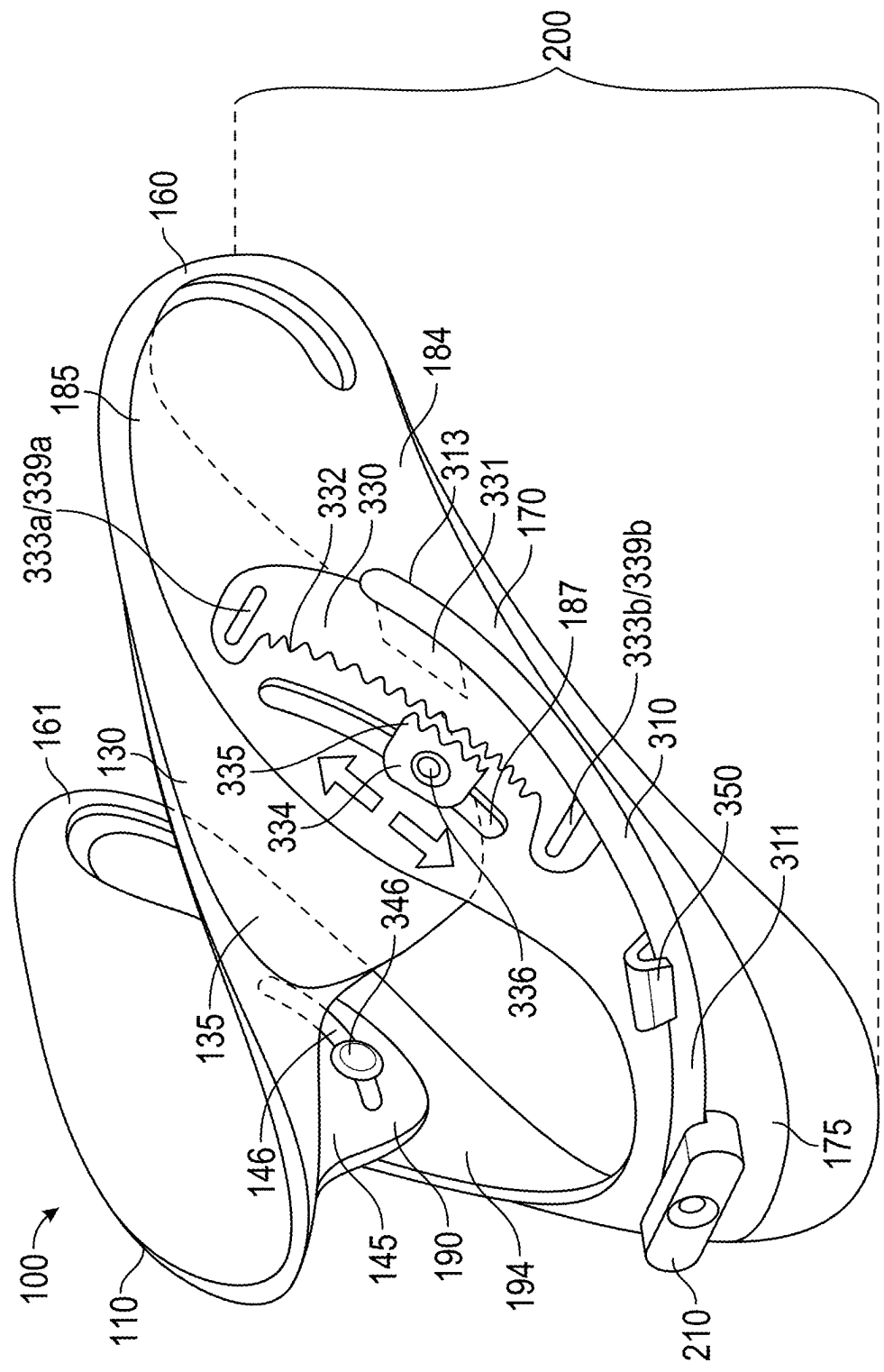


FIG. 5

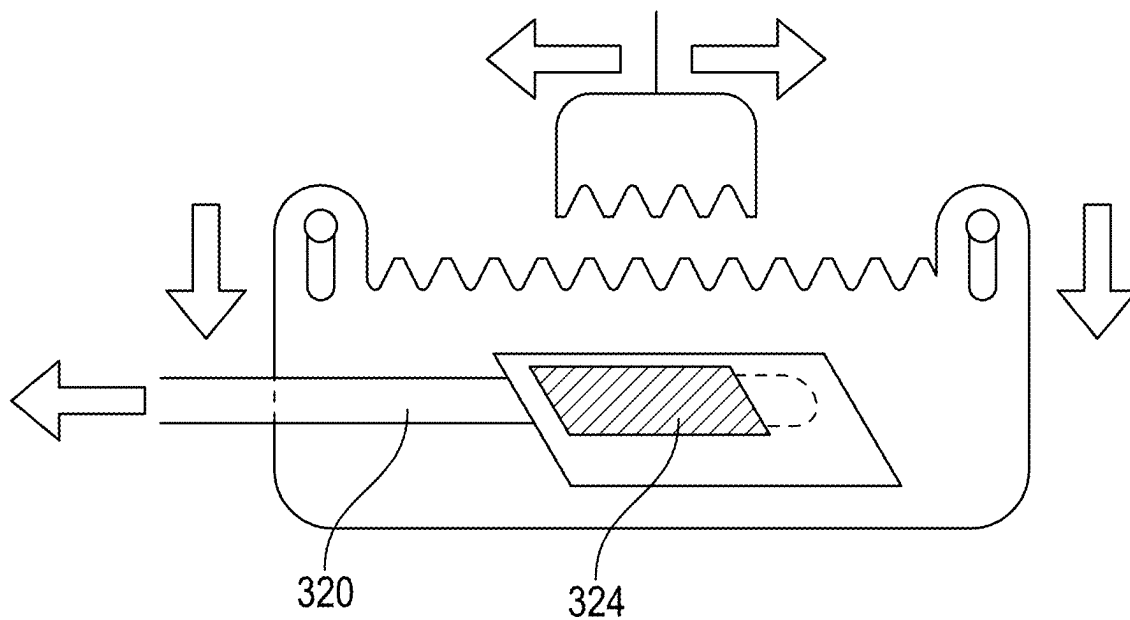


FIG. 6

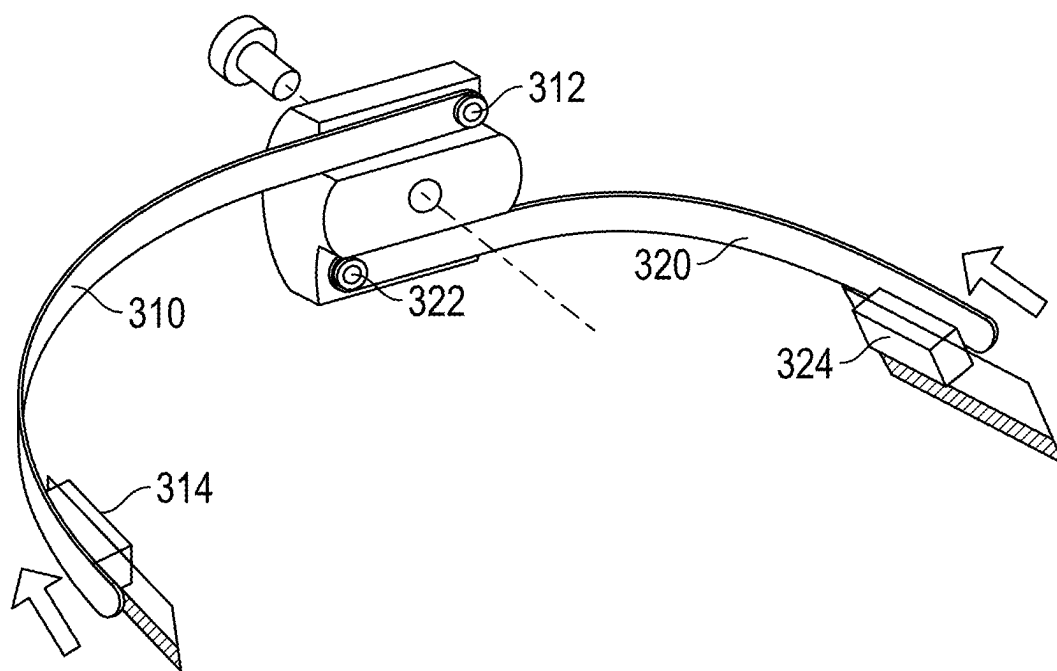


FIG. 7

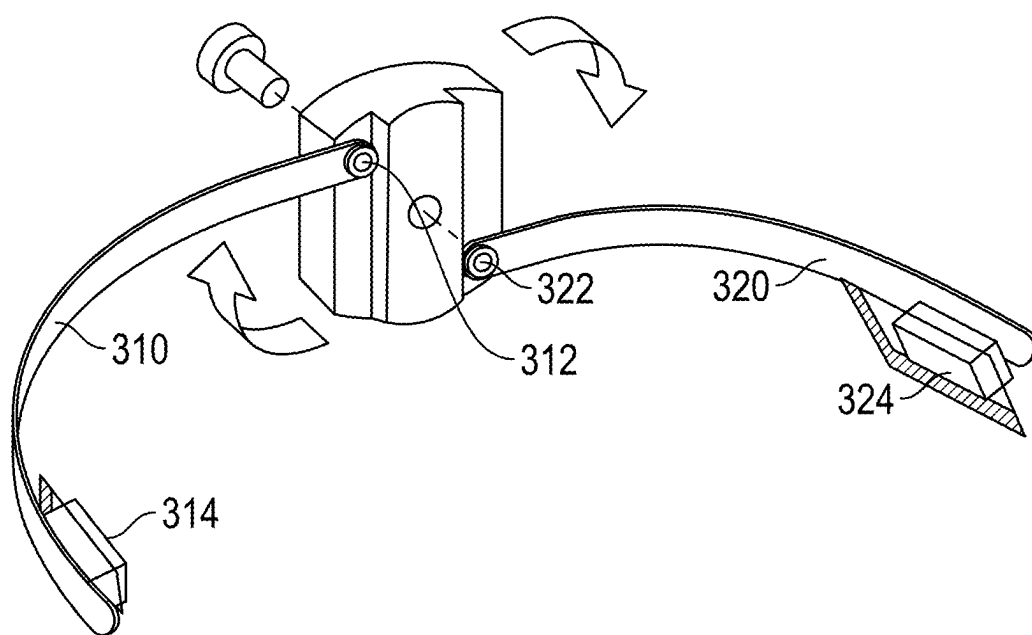


FIG. 8

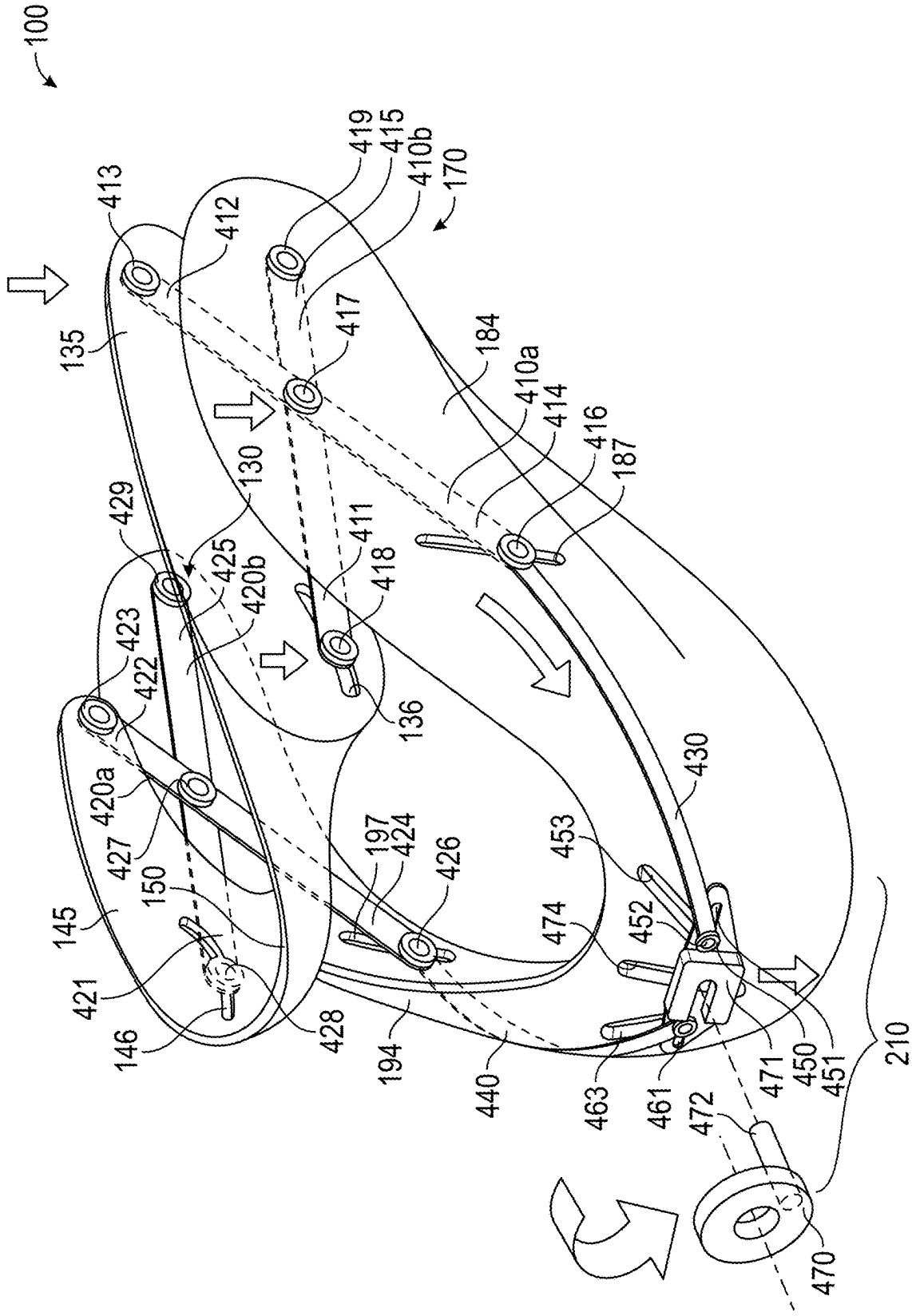
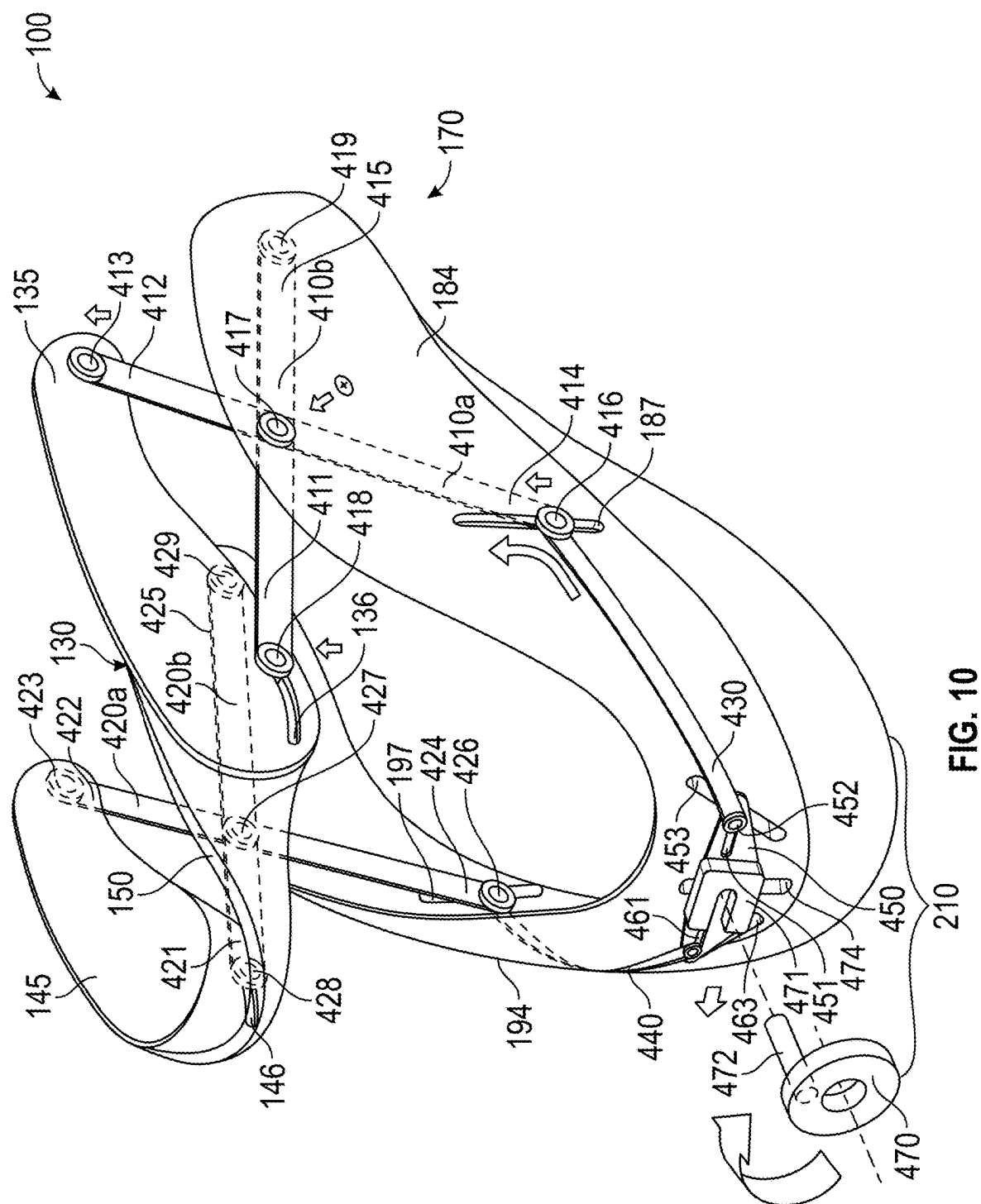


FIG. 9



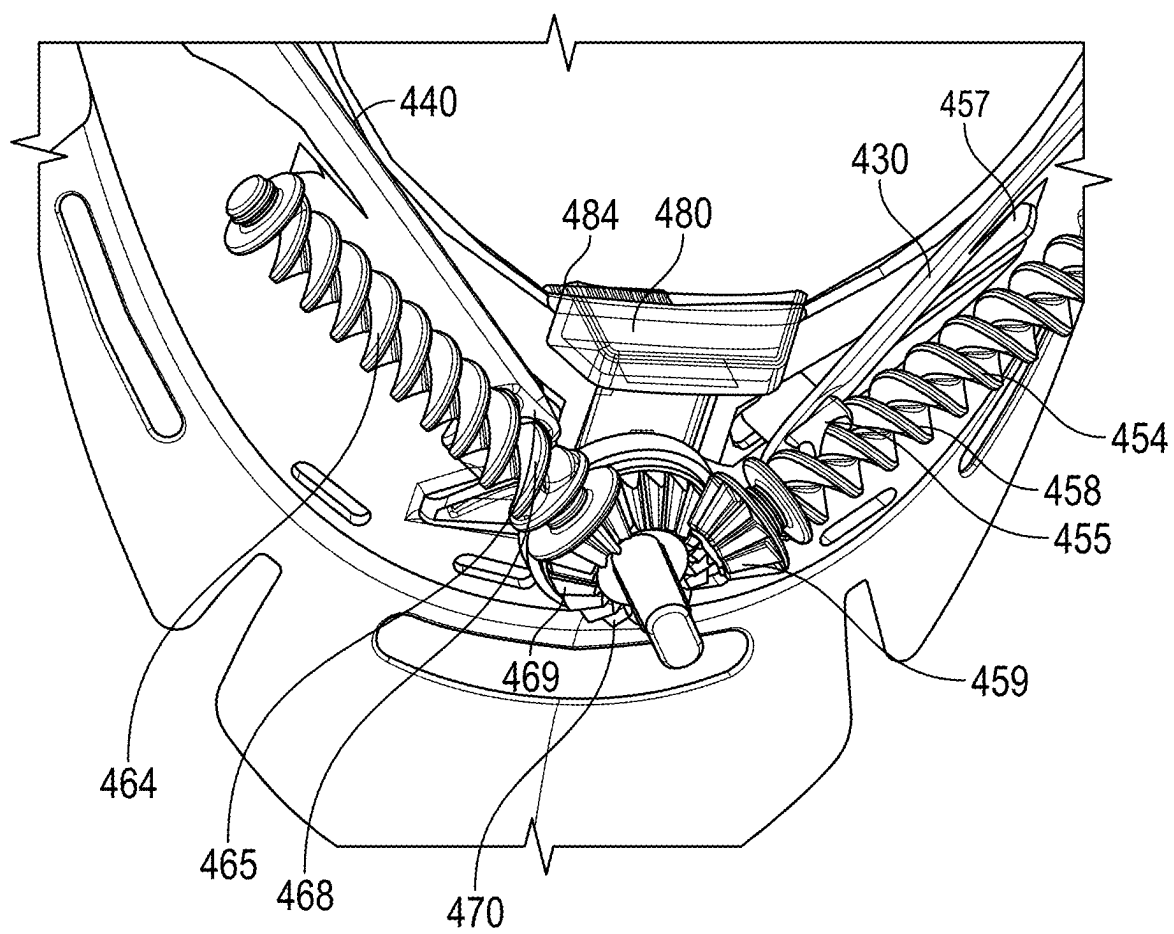


FIG. 11

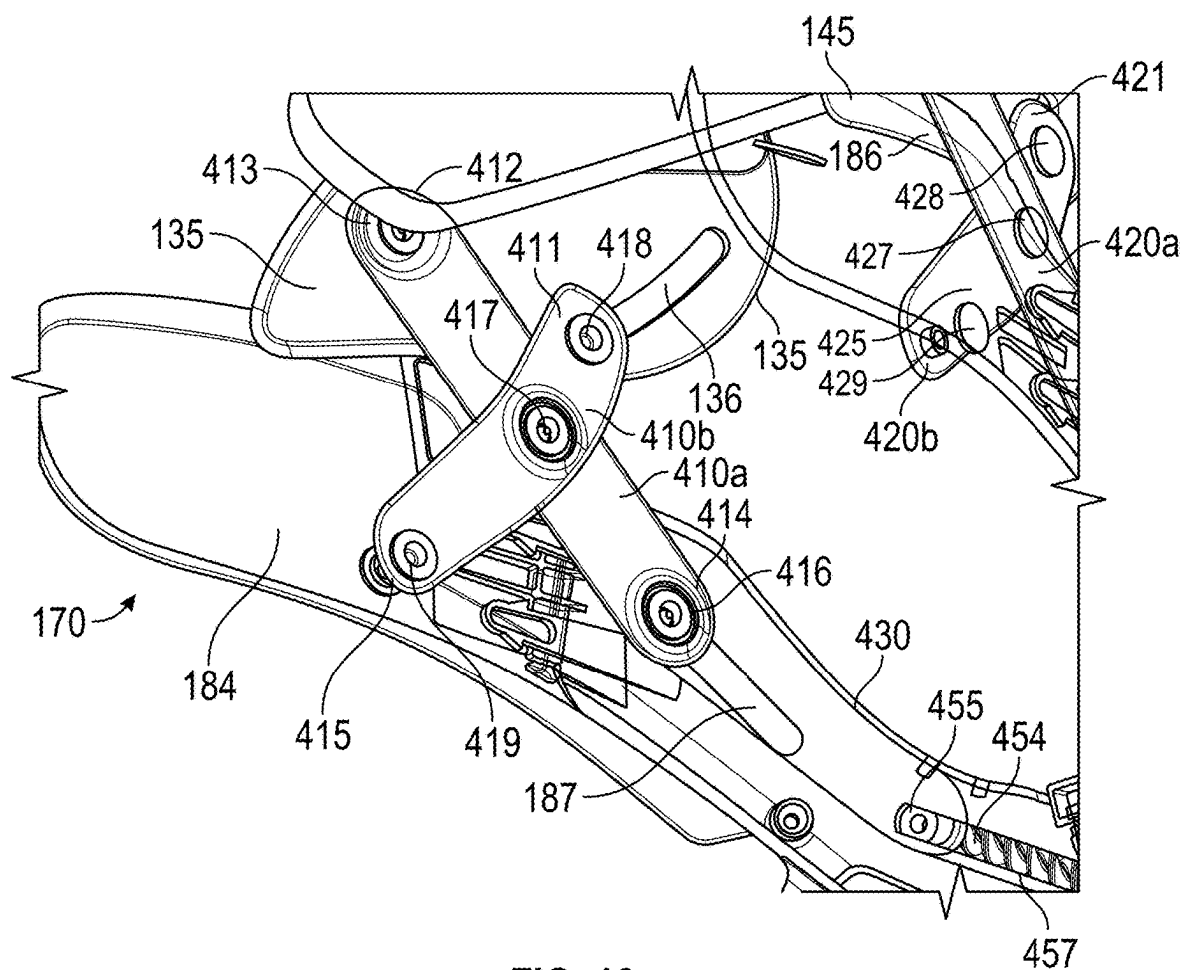


FIG. 12

FIG. 13

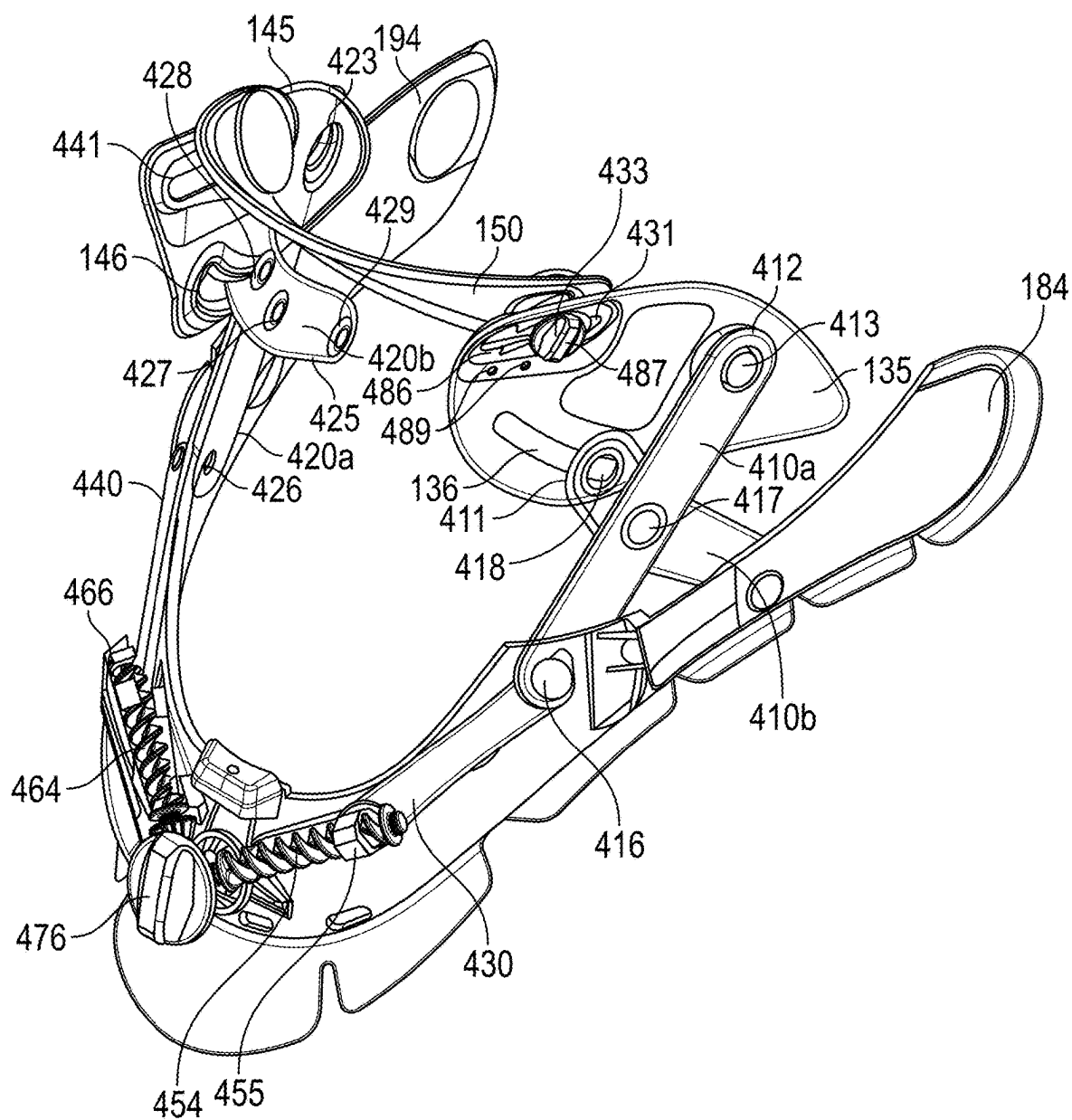


FIG. 14

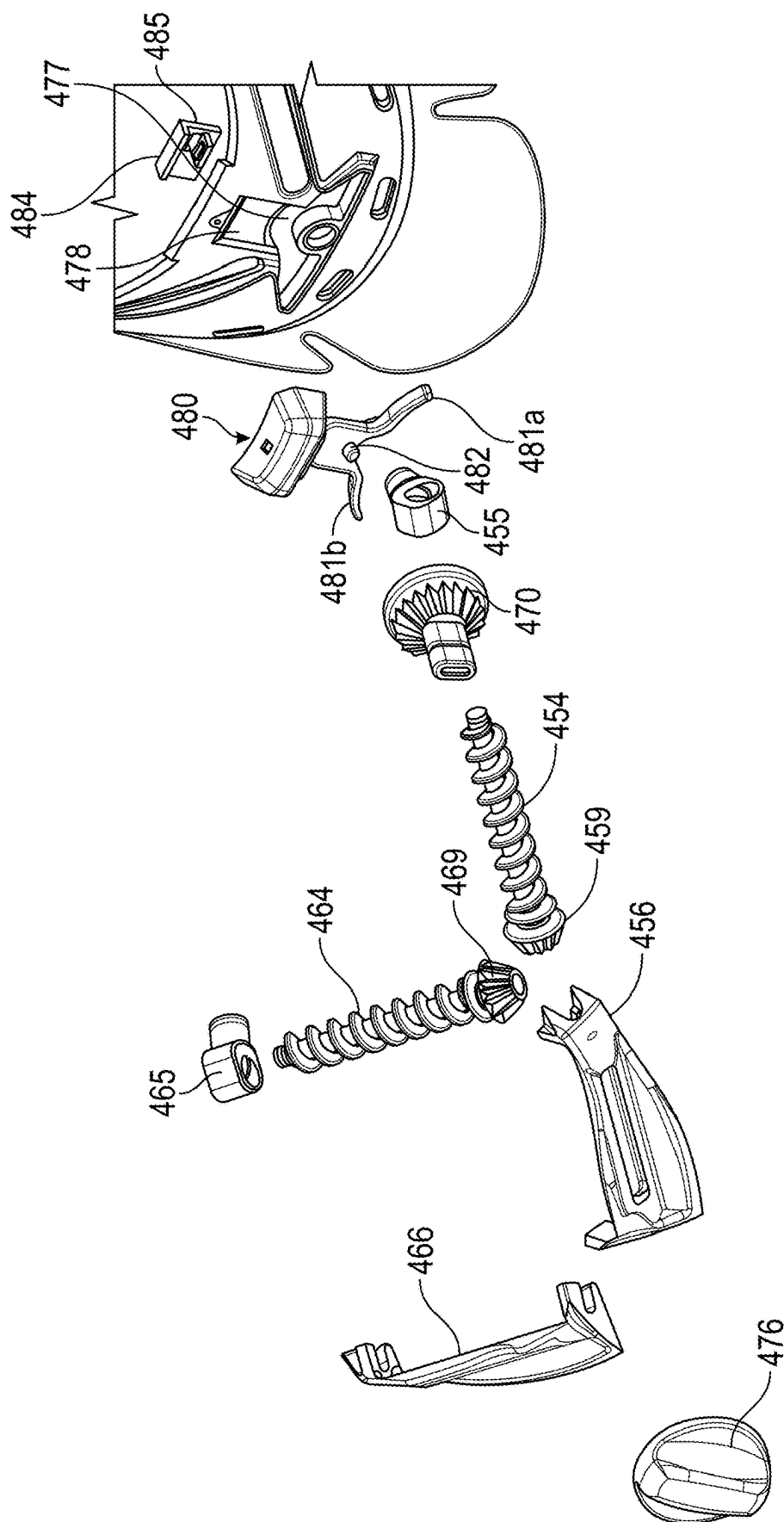


FIG. 15

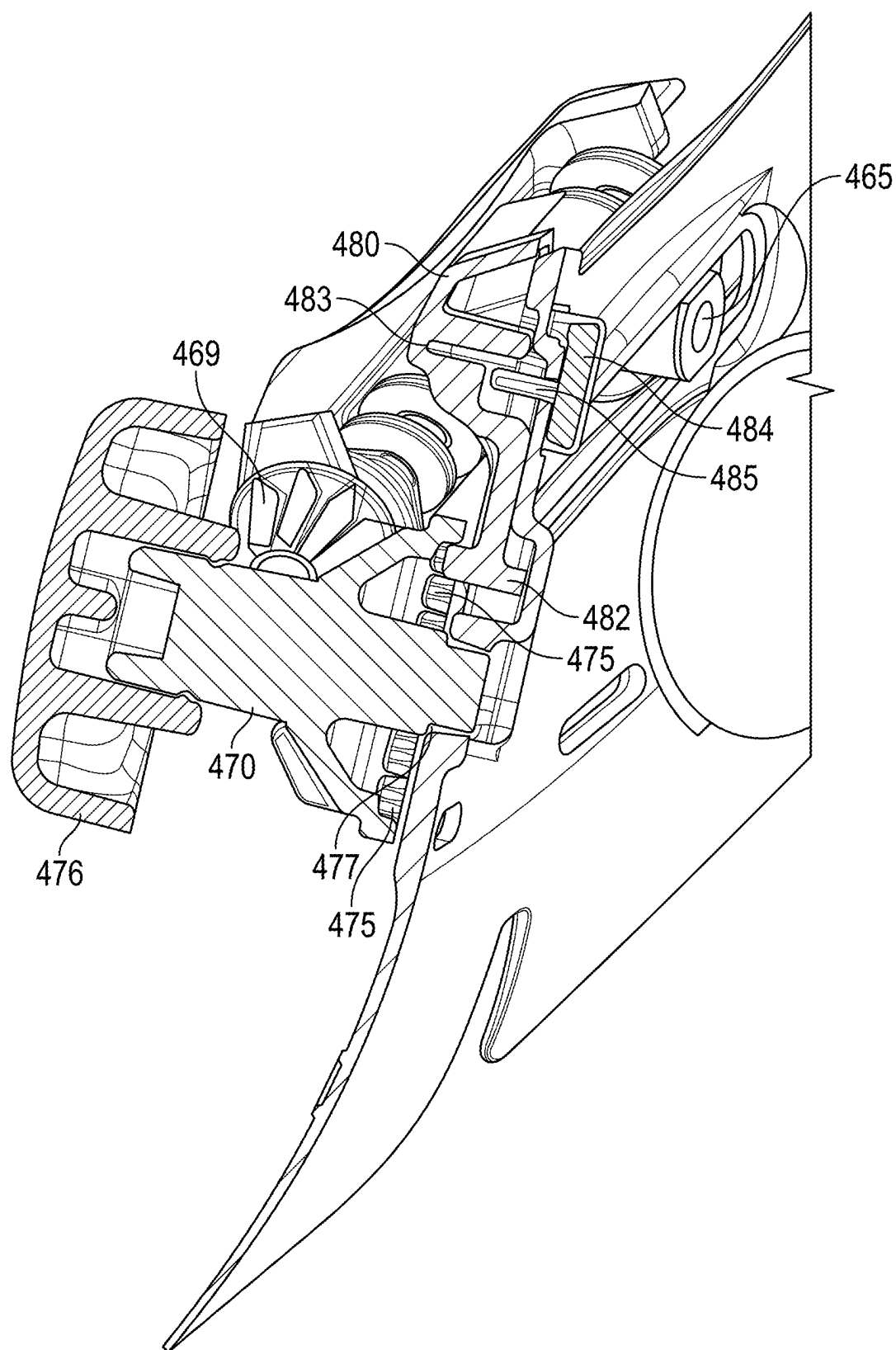
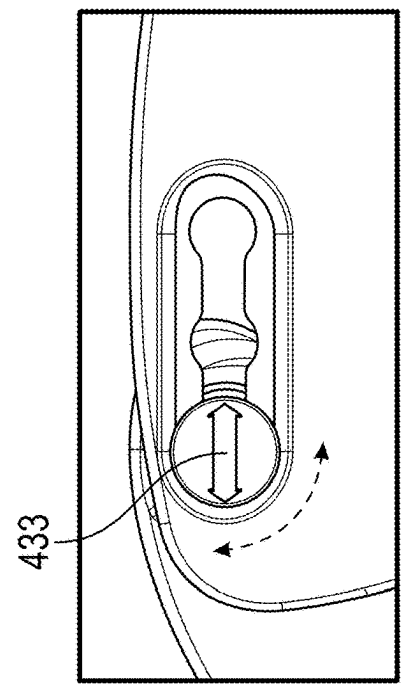
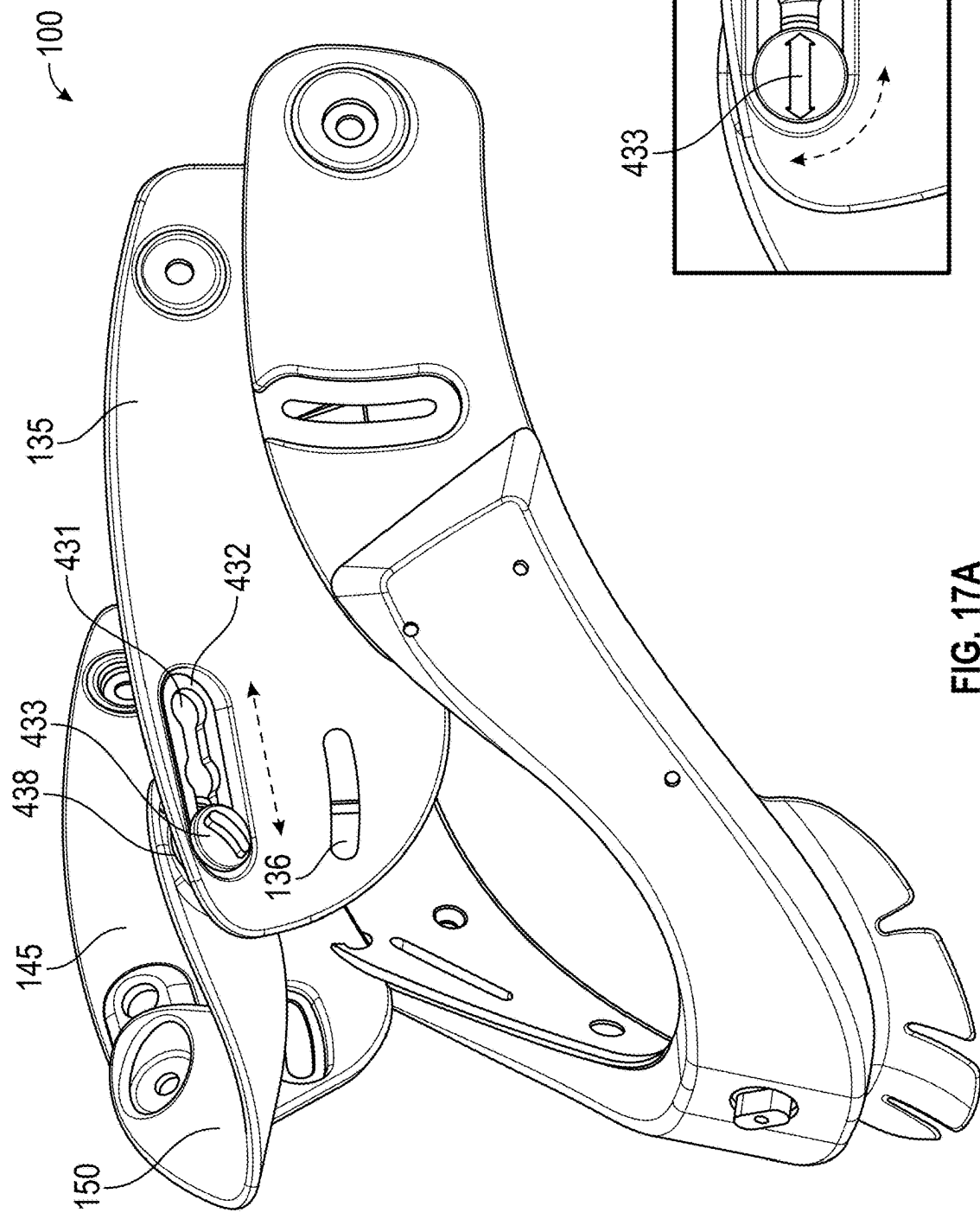


FIG. 16



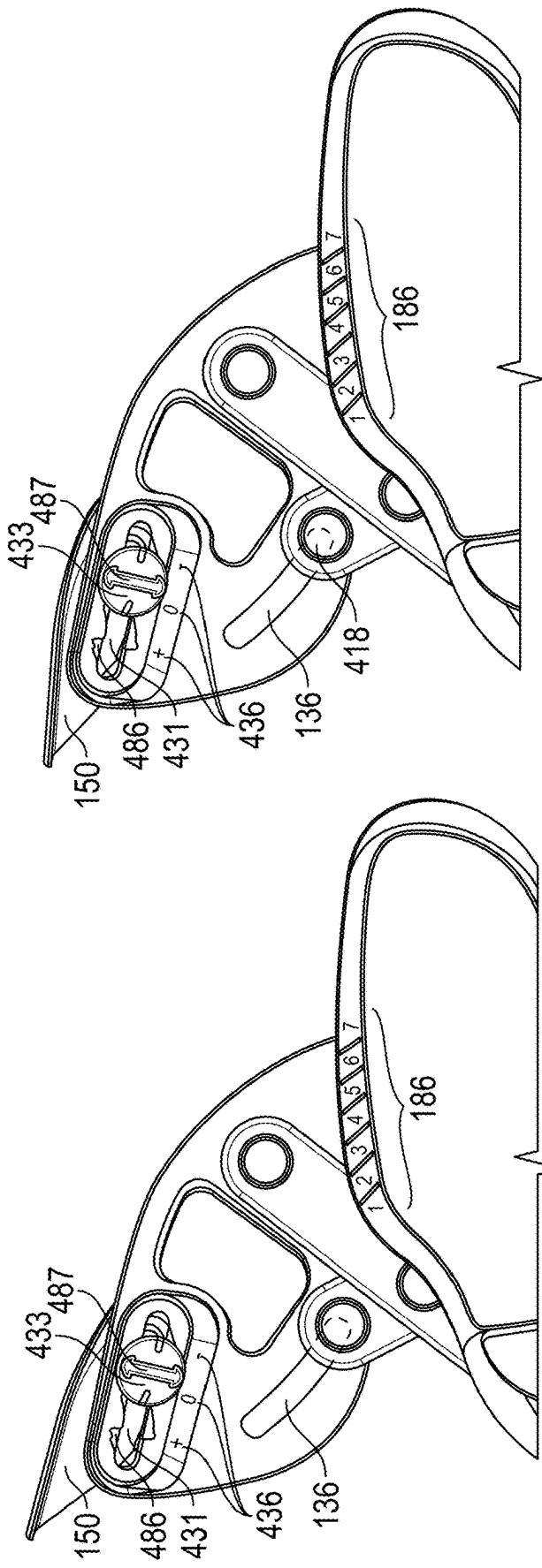
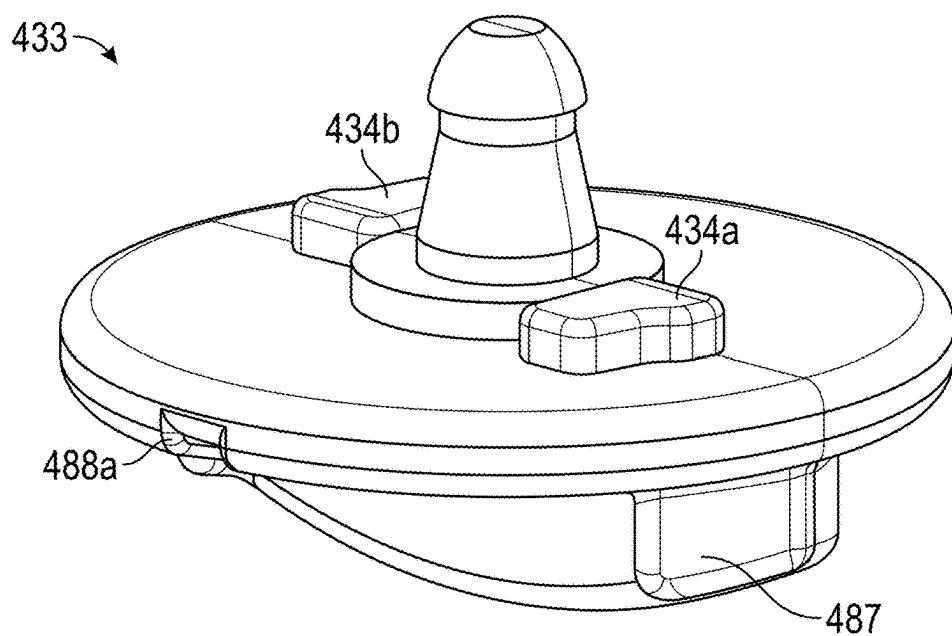
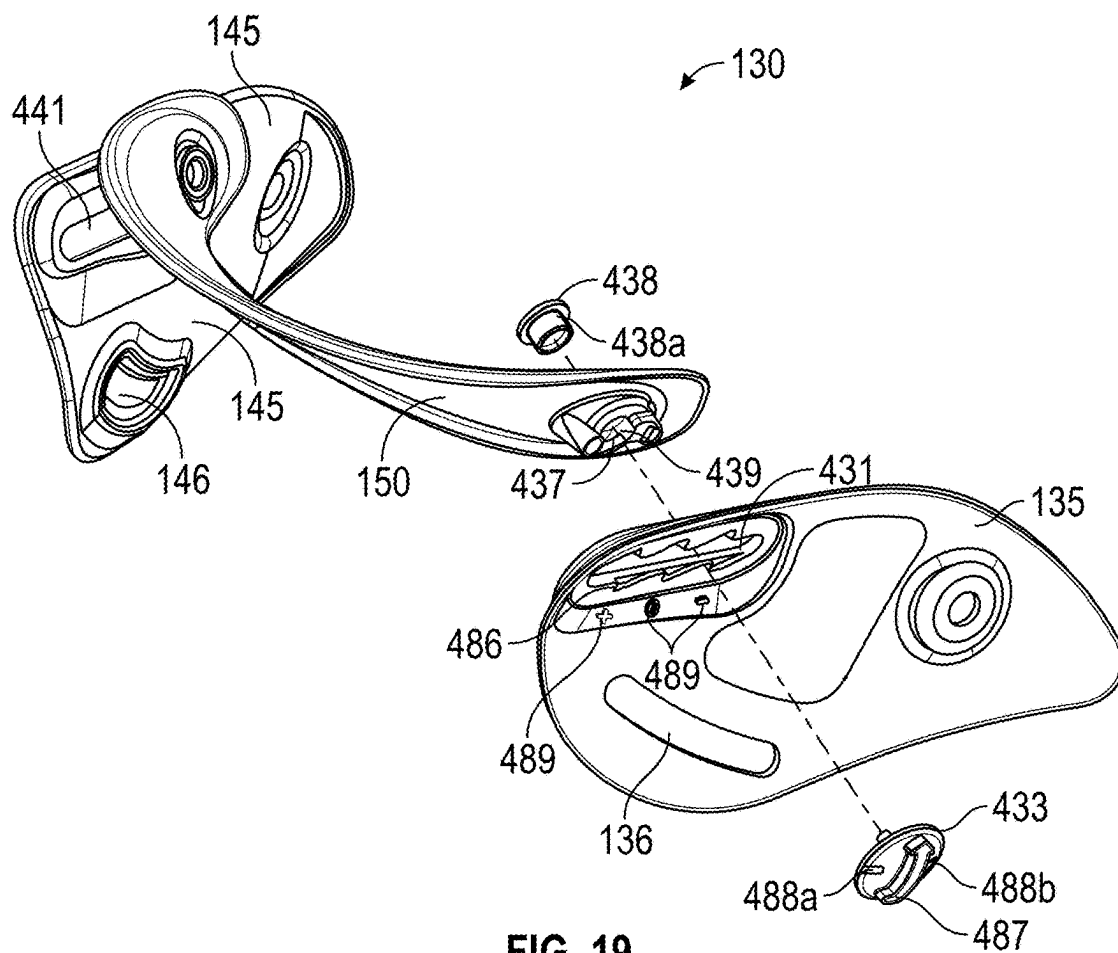


FIG. 18B

FIG. 18A



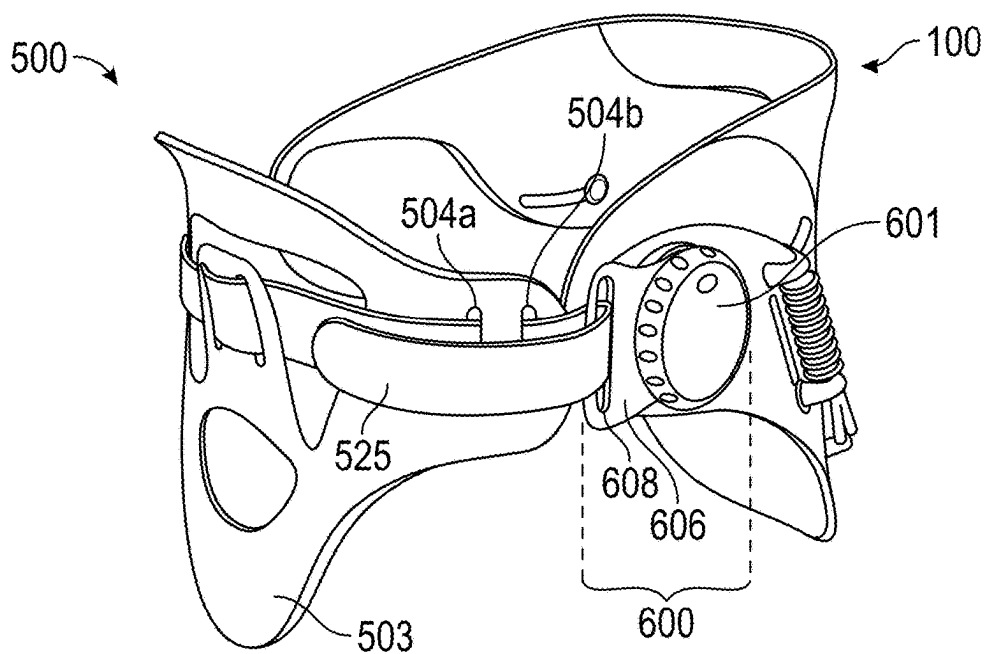


FIG. 21

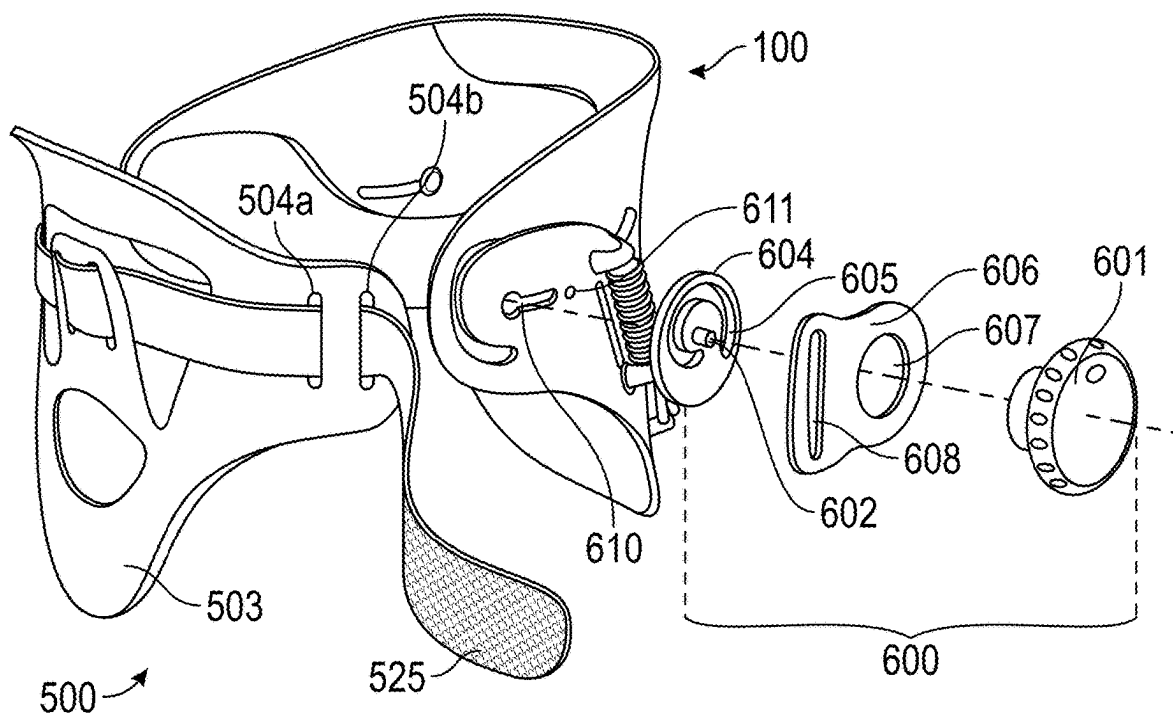


FIG. 22

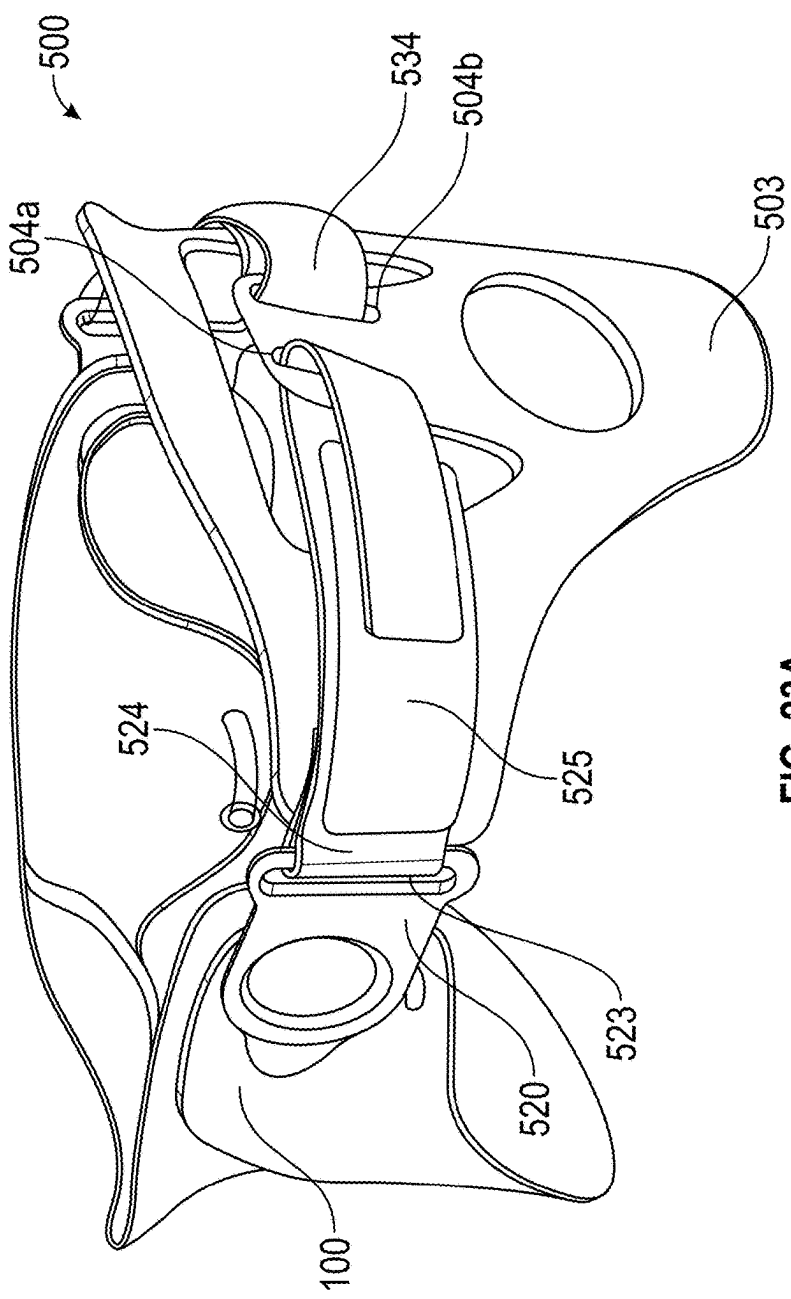


FIG. 23A

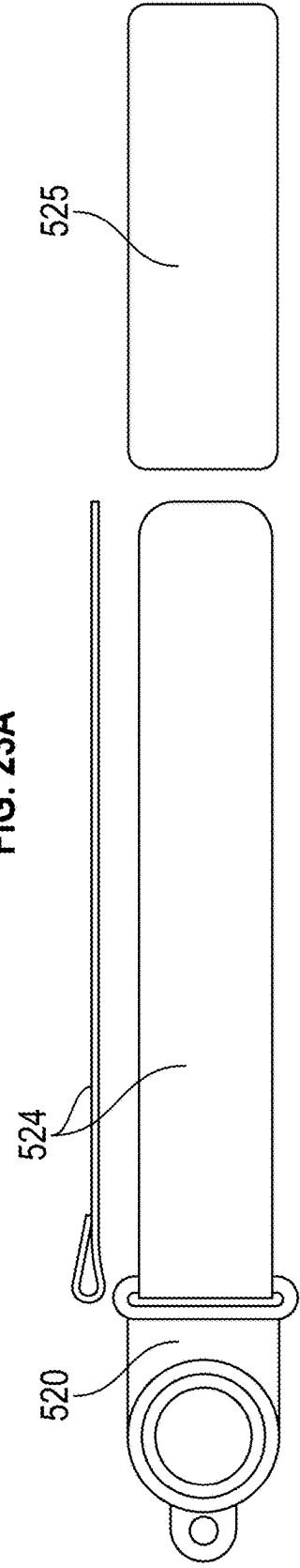


FIG. 23B

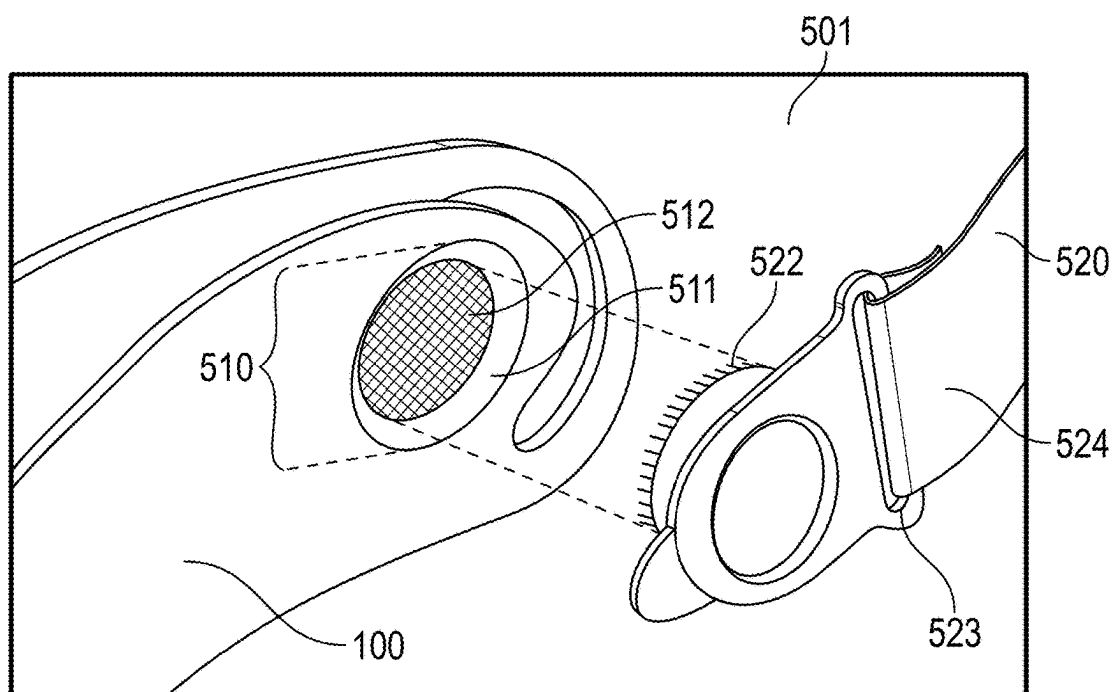


FIG. 24A

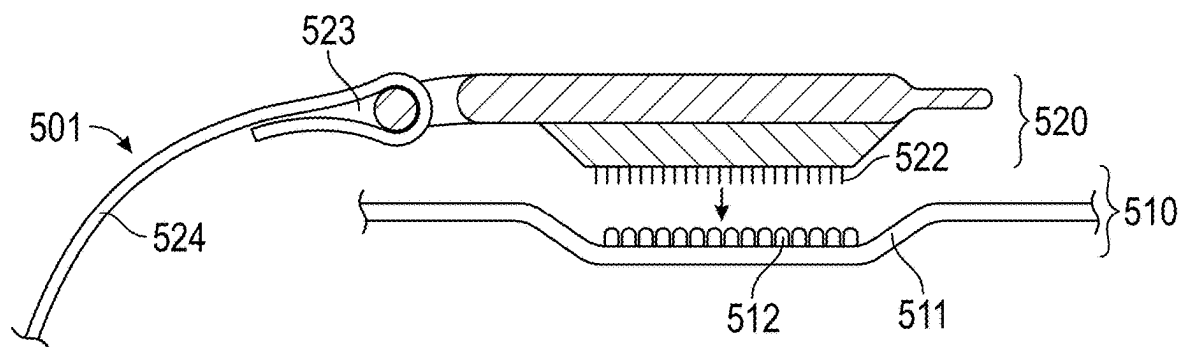
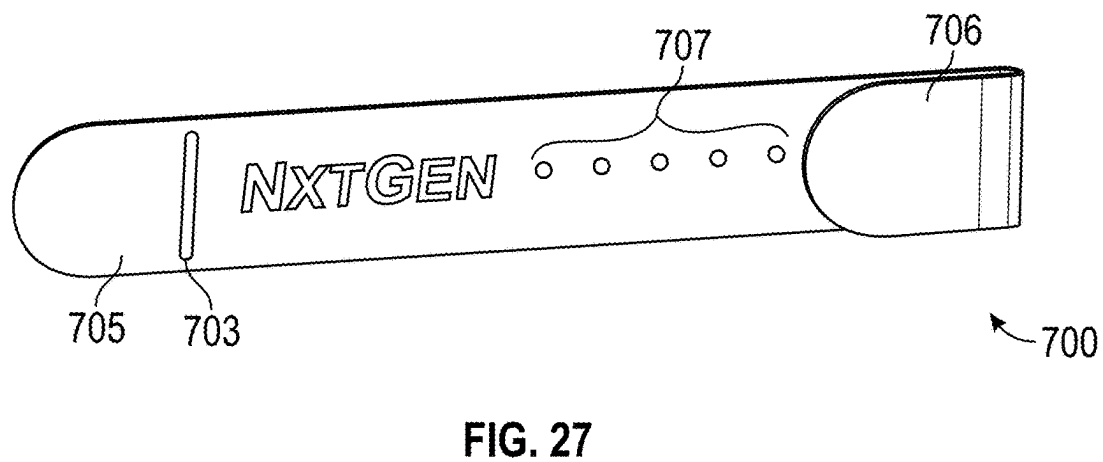
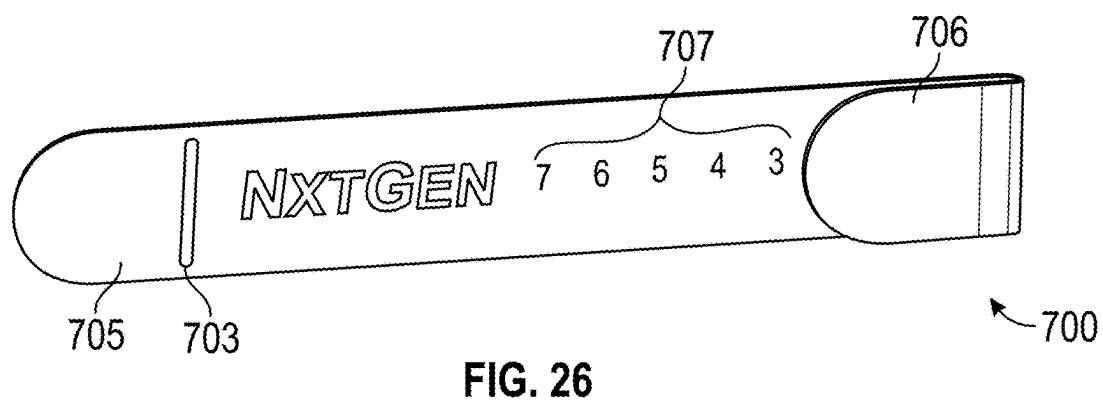
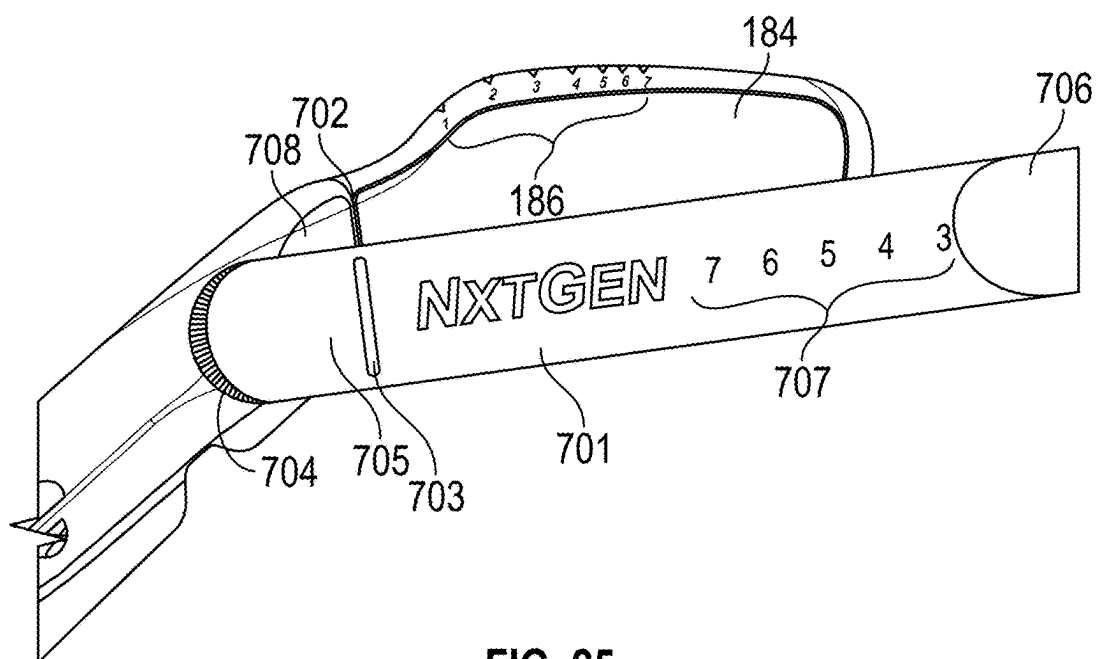


FIG. 24B



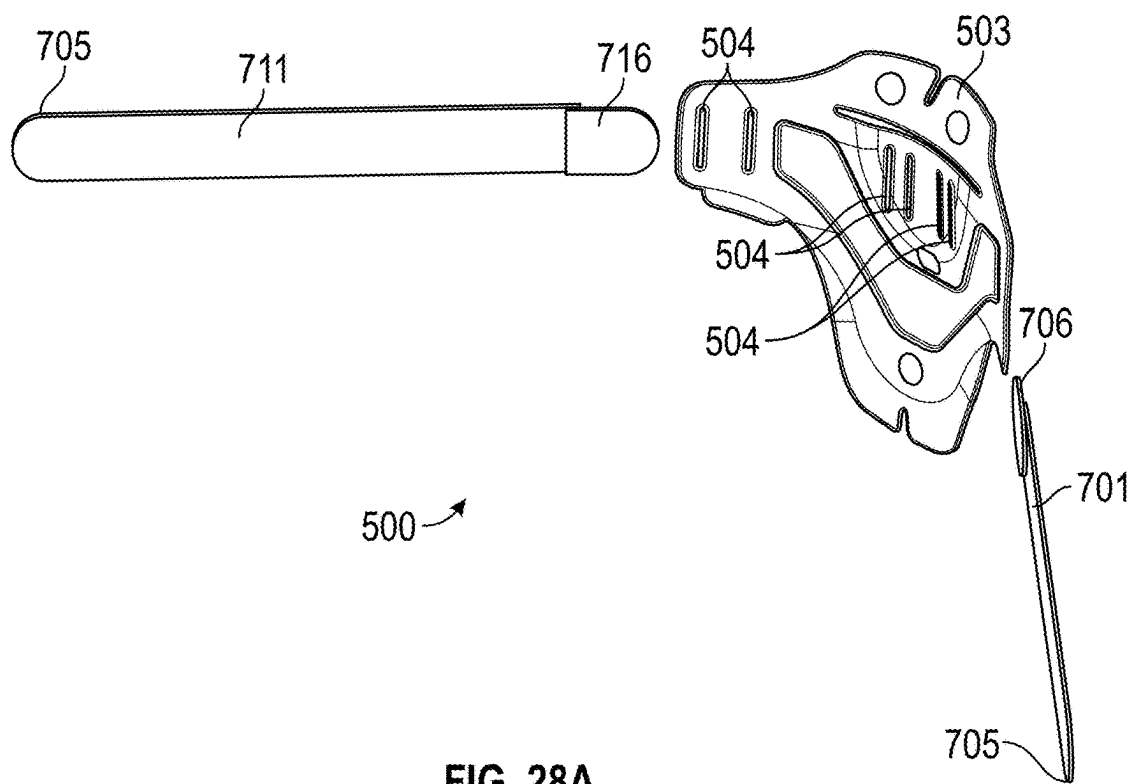


FIG. 28A

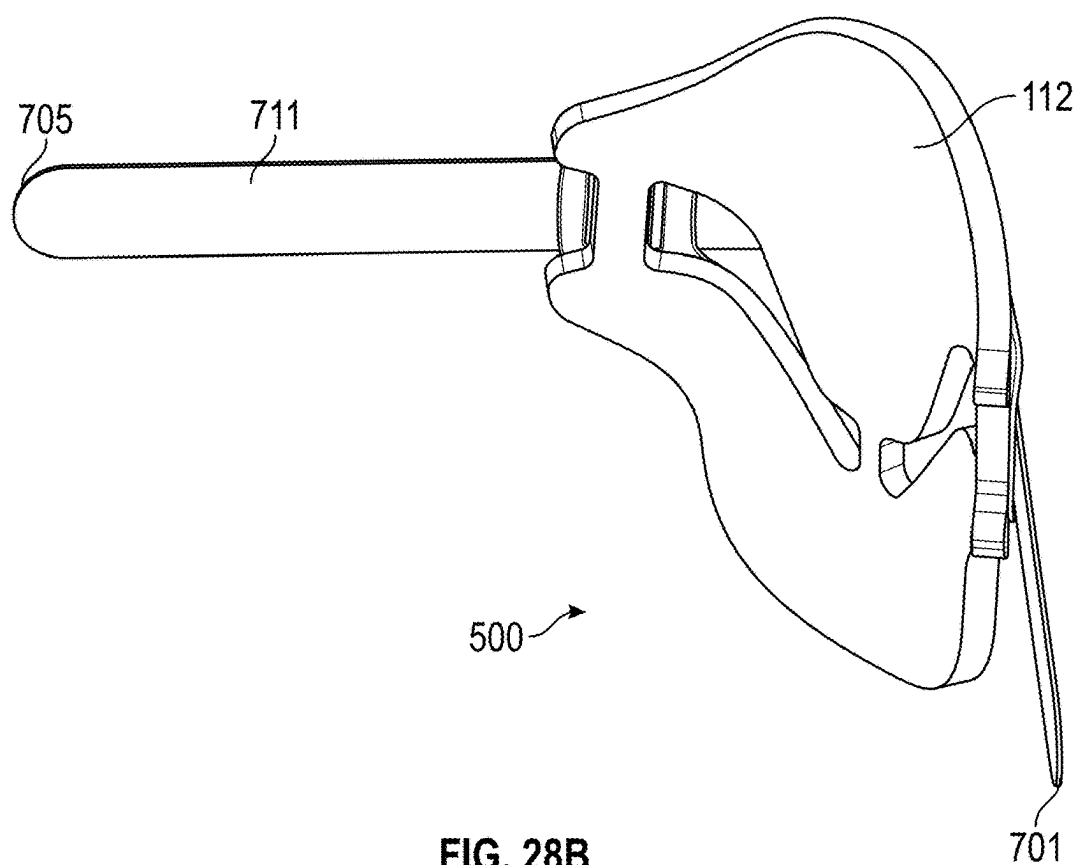


FIG. 28B

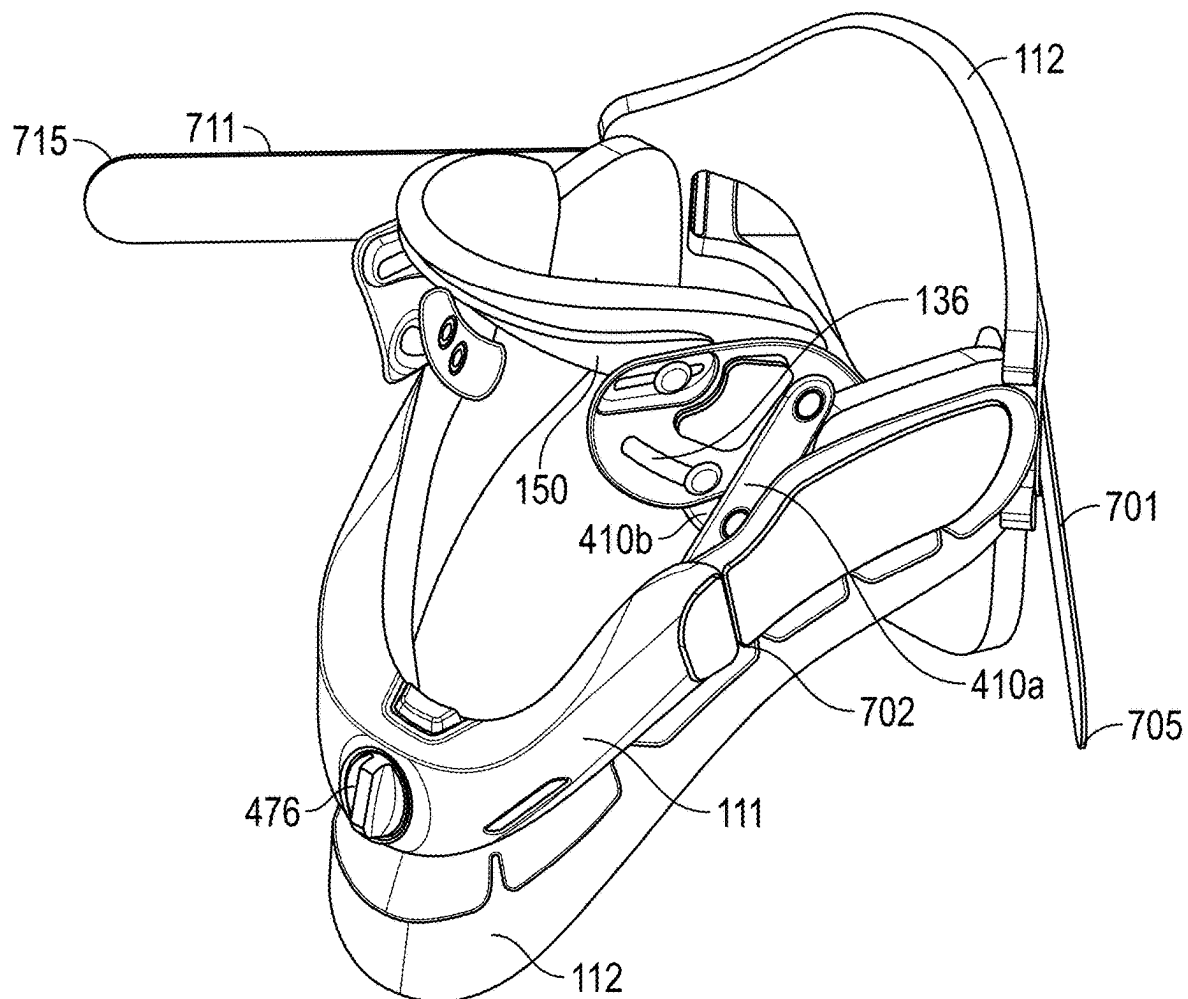


FIG. 29

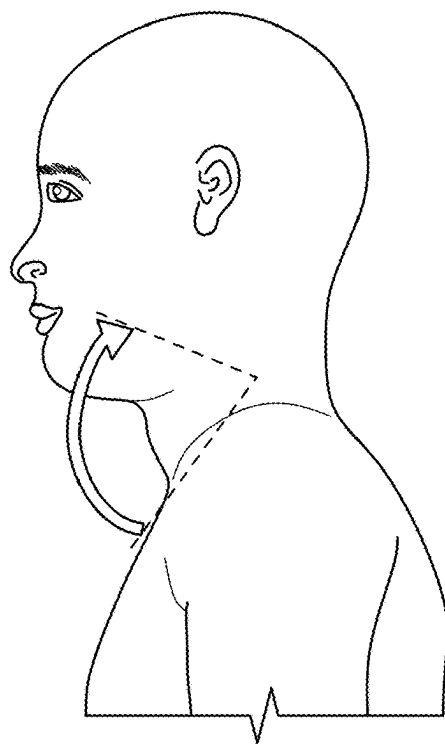


FIG. 30A
Conventional Pivot Point Angle

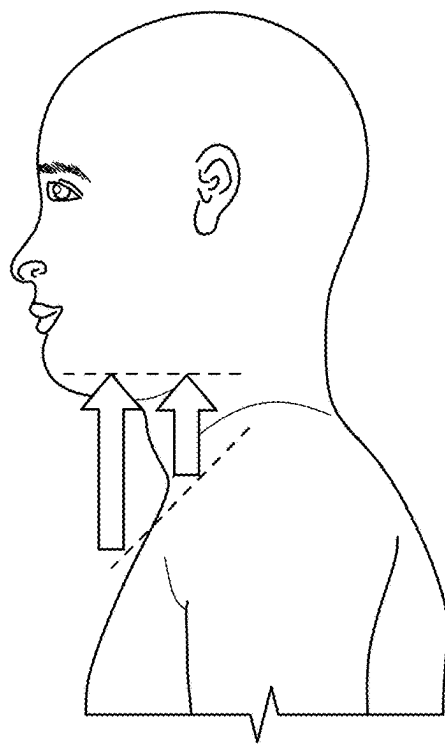


FIG. 30B

HEIGHT, DEPTH AND CIRCUMFERENTIAL ADJUSTMENT MECHANISMS FOR CERVICAL COLLAR

RELATED APPLICATIONS

[0001] This application is a continuation of U.S. patent application Ser. No. 18/608,291, filed on Mar. 18, 2024 and issuing as U.S. Pat. No. 12,257,169 on Mar. 25, 2025, which is a continuation of U.S. patent application Ser. No. 17/966,462, filed on Oct. 14, 2022 and issued as U.S. Pat. No. 11,938,051 on Mar. 26, 2024, which is a divisional of U.S. patent application Ser. No. 16/879,086, filed on May 20, 2020 and issued as U.S. Pat. No. 11,471,315 on Oct. 18, 2022, which claims priority to U.S. Provisional Application Nos. 62/850,958; 62/850,971; 62/850,984; 62/851,023; and 62/851,028; each of which was filed on May 21, 2019, U.S. Provisional Application No. 62/872,510, filed on Jul. 10, 2019, U.S. Provisional Application No. 62/939,496, filed on Nov. 22, 2019, and U.S. Provisional Application No. 62/991,374 filed on Mar. 18, 2020. The entire contents of each of the aforementioned applications are hereby incorporated by reference.

FIELD OF THE INVENTION

[0002] The field of the invention relates to cervical collars.

BACKGROUND

[0003] Cervical collars are generally used to maintain a spine in neutral alignment. To maintain neutral alignment, the user's chin must be supported at a particular position. Thus, conventional cervical collars generally have a chin piece that supports the chin of a wearer and collar body that rests upon the trapezius muscles.

[0004] U.S. Pat. No. 7,674,234, which is incorporated herein by reference, relates to a cervical collar having a chin piece, a collar body, and a chin height adjustment mechanism comprising a first rack that cooperates with a pinion, disposed such that a single adjustment to the adjustment mechanism operates to raise both lateral sides of the chin piece relative to the collar body. U.S. Pat. No. 7,674,234 states that:

[0005] the terms "rack" and "pinion" are used herein in a broader manner than ordinary usage, and include embodiments with teeth of any size, or indeed no teeth at all. In the latter case, for example, the rack and pinion can each have rubbery surface that together provide sufficient friction to couple the relatively motions [sic] of the rack and pinion. Moreover, in common usage one often refers to the rack portion of a rack and pinion as being flat. As used in this application, a rack need not be flat, and indeed in most instances will be curved. The only essential feature of the racks and pinions as used herein is that the rack translates in space as the pinion rotates. Where discussion is limited to a toothed rack and pinion, either the teeth are expressly stated, or the pinion is referred to as a pinion gear.

[0006] Medical professionals who are tasked with fitting many different sized patients per day with cervical collars, have voiced complaints that conventional cervical collars with a single height adjustment mechanism are difficult and time consuming to operate, causing finger pain after fitting many patients, which prevents them from comfortably fitting patients.

[0007] Further, some conventional cervical collars having a pivot point and provide a camming rotation that retracts the chin portion back into the coronal plane of the body and thus limits properly fitting collars to fewer users. Retraction of the chin portion back into the coronal plane of the body commonly occurs with conventional collars that comprise conventional pivot systems between the chin portion and the body portion, which may be able to surpass an acute angle when fitted to a patient.

[0008] Conventional cervical collars generally comprise a posterior component that may have hook and loop straps on either ends, which are connected to the anterior component and individually adjusted to accommodate various circumferences of patients' necks. Patients who remove the cervical collar, for example to bathe, often are unable to repeat the same proper fitting as provided by medical professionals and often use trial and error by detaching and reattaching the straps in an attempt to evenly align the anterior and posterior components. Thus, a medical professional's fitting is unable to be consistently repeated by the user causing inferior results.

[0009] In addition, conventional collars typically do not allow an adjustment of the chin piece to account for the depth of a user's chin, causing the cervical collar to fit few patients or fit patients improperly.

SUMMARY OF THE INVENTION

[0010] To overcome these and other disadvantages of conventional cervical collars, a cervical collar and components thereof are provided wherein a single adjustment to a height adjustment mechanism operates to bilaterally adjust the height of the space between an upper and lower portion of an anterior cervical collar component to accommodate patients' various length necks. Typically, during a fitting, a single adjustment to the adjustment mechanism can be made comfortably by a medical professional, causing the upper and lower portions to be raised and positioned to accommodate the particular neck length of a patient.

[0011] Using the height adjustment mechanisms herein, the height of the space between a chin portion and a body portion of an anterior cervical collar may be elongated in a substantially vertical direction, that is, substantially parallel to the coronal plane and perpendicular to the transverse plane of the body. Thus, the cervical collars having the anterior portions herein allow the chin portion to rise substantially vertically and thereby increasing the fit range of more users. The height adjustment mechanism herein allows the collar to maintain an acute angle between the chin portion and the body portion when the height adjustment is made, as shown in FIG. 30*b*. In comparison to conventional pivot systems (FIG. 30*a*), the chin portion and a body portion of a conventional anterior cervical collar may surpass an acute angle when the height is adjusted.

[0012] In addition, to overcome these and other disadvantages of conventional cervical collars, a chin piece is provided that may be adjusted to accommodate the depth of a patient's neck.

[0013] Further, to overcome these and other disadvantages of conventional cervical collars, a cervical collar with circumferential adjustment mechanism is provided that can be fitted by medical professionals and retains the circumferential dimensions upon redonning after removal by a patient. Various strap systems, circumferential sizing and adjusting mechanisms, mating pieces, or a cam surface assembly

herein can overcome disadvantages of conventional circumferential adjustment mechanisms.

[0014] In some embodiments, regarding the height adjustment mechanism, an anterior component of a cervical collar may have a chin portion and a body portion, comprising a height adjustment mechanism wherein a single adjustment of the adjustment mechanism raises and lowers lateral sides of the chin portion relative to the body portion, wherein the adjustment mechanism raises and lowers the chin portion substantially vertically.

[0015] In some embodiments, the height adjustment mechanism does not comprise a rack that cooperates with a pinion; or a cable and/or a pulley; wherein the chin portion and the body portion are not pivotally coupled and are not supported only on ends of the chin portion and the body portion respectively; and wherein the chin portion is unable to bend to fit a user's chin contours when in use.

[0016] In particular, in some aspects, the height adjustment mechanism may comprise a four bar adjustment mechanism. In some aspects, the four bar adjustment mechanism may comprise a pair of cross bars positioned laterally on either side of the anterior component between a chin portion and a body portion thereof. The four bar adjustment mechanism may comprise a pair of lead screws positioned laterally on either side of the anterior component; wherein the lead screws are each rotatably coupled to shuttles; wherein each of the shuttles is coupled to an actuator bar on a first end; wherein each actuator bar is coupled on a second end to a first end of a single first cross bar of each of the cross bars; wherein an end of each pair of lead screws may comprise a bevel gear that engages a drive gear.

[0017] In some aspects, the chin portion may comprise a first and second lateral chin portion each defining an elongate slot therein; wherein the body portion may comprise a first and second lateral body portion each defining an elongate slot therein; wherein the coupled second end of each actuator bar is configured to ride in the elongate slot in each of the first and second lateral body portion; wherein a first end of a single second cross bar of each of the cross bars is configured to ride in the elongate slot in each of the first and second lateral chin portion; wherein a second end of the single second cross bar of each of the cross bars is rotatably coupled in a stationary position to each of the first and second lateral body portion; wherein a second end of the single first cross bar of each of the cross bars is rotatably coupled in a stationary position to each of the first and second lateral chin portion.

[0018] In some aspects, the height adjustment mechanism may comprise a lead screw that cooperates with a lead screw nut or shuttle or a latching mechanism, in addition to or separate from the four bar adjustment mechanism.

[0019] In any of the embodiments herein an anterior component of a cervical collar may comprise a one-piece cervical collar shell comprising a chin portion, a body portion, and a deforming portion therebetween. The one-piece cervical collar shell may comprise elongate slots therein. In some aspects, the chin portion and the body portion have a deforming portion therebetween and form a one-piece cervical collar shell. The chin portion and body portion may comprise a springing mechanism therebetween that may be biased to open to an acute angle between the chin portion and the body portion.

[0020] In some aspects, a chin portion, a body portion, a spring mechanism, and latching mechanism are disposed

such that a single adjustment of the latching mechanism raises the lateral sides of the chin portion relative to the body portion. The spring mechanism between the chin portion and the body portion may be biased to open to an acute angle between the chin portion and the body portion, and can be closed to a relatively smaller acute angle. In some aspects, the spring mechanism is a deforming portion of a one-piece cervical collar shell.

[0021] In some aspects, the body portion may comprise indicia indicating the height of the chin portion.

[0022] In some aspects, the anterior component may comprise a pair of lateral chin portions moveably coupled to a chin rest therebetween.

[0023] In some aspects, the anterior component may comprise a chin depth adjustment mechanism. The chin depth adjustment mechanism may provide substantially horizontal movement of the chin piece with respect to the pair of lateral chin portions when oriented in the same position as if under a chin of an upright user, i.e., may provide movement in a substantially horizontal direction that is perpendicular to the coronal plane and parallel to the transverse plane of the body. The chin depth adjustment mechanism may comprise a substantially horizontal depth adjustment slot for receiving a coupler that slides horizontally within the substantially horizontal depth adjustment slot. The pair of lateral chin portions may each comprise the substantially horizontal depth adjustment slot that accepts a coupler, such as a rivet, positioned on each end of the chin rest. In some aspects the chin rest pivots.

[0024] In some aspects, the cervical collar herein may comprise a circumferential adjustment mechanism. The posterior component may comprise a strap having sizing indicia and a back panel; wherein the strap has a first end and a second end; wherein sizing indicia may be positioned between the first end and the second end; wherein the strap has an alignment indicium proximate the first end; wherein the strap may have removably coupled to the anterior component; and wherein an alignment of the alignment indicium proximate the first end of the strap corresponds with the alignment indicium on the body portion. The second end of the strap may be removably coupled to the back panel and may be coupleable to itself. In some aspects, the alignment of an edge of the second end of the strap corresponds to one of the sizing indicia upon coupling to itself.

[0025] Other circumferential adjustment mechanisms are also contemplated, for example, a cam surface assembly component. A cam surface assembly may be coupleable to a strap; disposed such that the strap may be adjusted to a length that fits a patient's neck circumference when donning a cervical collar, and disposed such that the cam surface assembly may be removed from a cervical collar without disturbing said strap having said length.

[0026] In some aspects, the posterior component may comprise the cam surface assembly, which may be removably coupled thereto. In some aspects, the anterior component may comprise the cam surface assembly. In some aspects, the cam surface assembly is coupleable to a strap attached thereto. The cam surface assembly may be removed from the anterior component without disturbing a length of the strap. For example, a cervical collar may comprise an anterior component; a posterior component comprising a back panel and a strap; and a cam surface assembly coupleable to the anterior component and posterior component;

disposed such that the strap may be adjusted to a length that fits a patient's neck circumference, and disposed such that the cam surface assembly may be removed from the cervical collar without disturbing said strap having said length.

[0027] In some aspects, a circumferential adjustment mechanisms may comprise a posterior component of a cervical collar having a back panel comprising a posterior mating piece having a coupler proximate a first end and a strap proximate a second end; wherein the strap is coupled to the back panel; disposed such that the strap may be adjusted to a length that fits a patient's neck circumference, and disposed such that the posterior mating piece may be removed from a cervical collar without disturbing said strap having said length. The posterior component may further comprise an anterior mating piece for receiving the posterior mating piece. In some aspects, the posterior mating piece may be removably coupled to the back panel. In some aspects, the strap may be permanently attached to the posterior mating piece.

[0028] In some aspects, the cervical collar or portion thereof does not include a rack and pinion.

[0029] Methods include adjusting the height adjustment mechanism to fit the length of a user's neck, adjusting the circumferential adjustment mechanism to fit the circumference of a user's neck, adjusting the chin depth adjustment mechanism to fit the depth of a user's chin, donning and/or redonning the collar while reproducibly maintaining predetermined adjustments, and/or combinations thereof.

[0030] Other features and advantages will be apparent from the following detailed description, the drawings, and the claims.

BRIEF DESCRIPTION OF THE DRAWINGS

[0031] FIG. 1 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in a position before an adjustment is made to raise the height.

[0032] FIG. 2 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in a position after an adjustment is made to increase the height of the chin portion relative to the body portion.

[0033] FIG. 3 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in a latched position before an adjustment is made.

[0034] FIG. 4 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in a latched position after an adjustment is made to increase the height of the chin portion relative to the body portion.

[0035] FIG. 5 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in an unlatched position.

[0036] FIG. 6 is a side sectional view of an embodiment of the latching mechanism in the open position.

[0037] FIG. 7 is a rear sectional view of an embodiment of the adjustment knob in the open position.

[0038] FIG. 8 is a rear sectional view of an embodiment of the adjustment knob in the closed position.

[0039] FIG. 9 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in a closed position before an adjustment is made using a sliding actuator.

[0040] FIG. 10 is a front perspective view of an embodiment of an adjustable anterior component of a cervical collar in an open position after an adjustment is made using a sliding actuator.

[0041] FIG. 11 is an enlarged cut-away view of an embodiment of an adjustable anterior component of a cervical collar using a lead screw nut that does not surround the lead screw.

[0042] FIG. 12 is a bottom perspective view of features of an embodiment of a height adjustable cervical collar.

[0043] FIG. 13 is a three-quarter perspective view of an embodiment of an adjustable anterior component of a cervical collar in a closed position before an adjustment is made using a knob, bevel gears and lead screw nuts that surround the lead screw.

[0044] FIG. 14 is a three-quarter perspective view of an embodiment of an adjustable anterior component of a cervical collar in an open position after an adjustment is made using a knob, bevel gears and lead screw nuts that surround the lead screw.

[0045] FIG. 15 is an exploded view of an embodiment of a bevel gear mechanism and locking mechanism.

[0046] FIG. 16 is a cut away view of an embodiment of a drive gear and locking mechanism.

[0047] FIG. 17a shows a three-quarter perspective view of an embodiment of an adjustable anterior component of a cervical collar having a chin adjustment feature. FIG. 17b shows an enlarged side view of an embodiment of the adjustable chin locking mechanism.

[0048] FIGS. 18a and 18b collectively are side views showing an embodiment illustrating pivoting of a chin rest.

[0049] FIG. 19 is an exploded view of an embodiment of a chin adjustment feature.

[0050] FIG. 20 is a view of an internal side of an embodiment of a male chin rivet of a chin adjustment feature.

[0051] FIG. 21 is a perspective view of an embodiment of a cervical collar with the cam surface assembly attached to an anterior component and engaging a strap of the posterior component of the cervical collar.

[0052] FIG. 22 is an exploded view of an embodiment of the cam surface assembly detached from an anterior component and posterior component of a cervical collar.

[0053] FIG. 23a is a perspective view of an embodiment of an adjustable posterior component of a cervical collar attached to an anterior component. FIG. 23b is a line depiction of the adjustable straps.

[0054] FIG. 24a and FIG. 24b illustrate of an embodiment the attachment mechanism of an adjustable posterior component of a cervical collar.

[0055] FIG. 25 is a perspective view of an embodiment of a strap alignment mechanism of a cervical collar in the foreground and a portion of an anterior component in the background.

[0056] FIG. 26 illustrates an embodiment of sizing indicia with numbers on the strap.

[0057] FIG. 27 illustrates an embodiment of sizing indicia with dots on the strap.

[0058] FIG. 28a is a perspective view of an embodiment of a posterior component with straps. FIG. 28b is a perspective view of an embodiment of a posterior component with straps assembled and with foam padding.

[0059] FIG. 29 is a perspective view of an embodiment of a cervical collar with both anterior and posterior components with foam padding coupled with straps open circumferentially.

[0060] FIG. 30a demonstrates the angle between a conventional chin portion and body portion having a pivot point therebetween, for example, using a height adjustment mechanism comprising a typical camming rotation, which may retract the chin portion into the coronal plane of the body when in use. FIG. 30b demonstrates aspects of the height adjustment mechanisms herein illustrating the substantially vertical height adjustment, wherein the chin portion is lifted substantially parallel to the coronal plane and perpendicular to the transverse plane of the body when in use.

DETAILED DESCRIPTION

[0061] The term “anterior” has its ordinary meaning and refers to a location ahead of or to the front of another location. The term “posterior” also has its ordinary meaning and refers to a location that is behind or to the rear of another location.

[0062] In reference to FIGS. 1-5, 9-10, and 13-14, embodiments herein provide an adjustable anterior component 100 of a cervical collar comprising a height adjustment mechanism 200 that can simultaneously raise and lower lateral chin portions 135, 145 or lateral body portions 184, 194 of the anterior component 100, depending on which portion is held in a fixed position, with a single motion, such as by adjusting a sliding actuator 210, adjusting a spring and latch mechanism, or turning a knob. A single motion refers to the ability to simultaneously raise and/or lower lateral chin portions 135, 145 and/or lateral body portions 184, 194 of the anterior component 100, without adjusting the height of each lateral portion of the cervical collar separately. Herein, the single motion may refer to the chin portion being raised or lowered, which assumes the body portion is held in a fixed position as it would be if the body portion was held near a user's body during a fitting.

[0063] In addition to the sliding actuator, spring and latch mechanism, or knob, the height adjustment mechanism 200 may further comprise, for example, a lead screw, four bar height adjustment mechanism, additional bars, or components that overcome the disadvantages of a conventional cervical collar having a pivot mechanism, cable mechanism, or rack and pinion mechanism, such as disclosed in U.S. Pat. Nos. 7,674,234, 8,864,693, 8,740,830, 9,421,119, 8,449,485, 8,721,576, 9,943,433, 9,011,357, 9,132,027, 9,713,546, 9,913,746, 9,717,621 and US Pat. Publ. Nos. 20160287424A1, US20180140455A1, and US20180078400A1.

[0064] In some embodiments, the first lateral body portion 184 and/or the second lateral body portion 194 may have a first height adjustment indicia 186 and/or a second height adjustment indicia 196 (not shown) respectively. (FIGS. 18, 25) One or both height adjustment indicia 186, 196 may align with corresponding indicia (not shown) on a first lateral chin portion 135 and/or a second lateral chin portion 145. The corresponding indicia (not shown), may be a marking, such as a polished lower edge, on the first lateral chin portion 135 and/or the second lateral chin portion 145 that corresponds to the height adjustment indicia 186, 196. Thus, once the height of the chin portion 130 relative to the body portion 170 is prescribed by a medical professional

based on an individual patient's anatomy, a medical professional who fits the collar to the patient, or the patient, can adjust the height to the prescribed height. The prescribed height may be locked in position as discussed below in more detail to prevent the patient from possibly making an inaccurate adjustment when donning and redonning the collar.

[0065] Instead of a separate chin portion 130 and a body portion 170, also contemplated is a one-piece shell 110 as shown in FIGS. 1-5 that may comprise a chin portion 130, a body portion 170, deforming portions 160, 161 that are integral with the one-piece shell 110 and proximate the portion of the one-piece shell 110 where the chin portion 130 meets the body portion 170. In some aspects, the chin portion 130 may comprise a pair of lateral chin portions 135, 145 with a chin rest 150 therebetween, for resting the chin of a user. The body portion 170 may have lateral body portions 184, 194 that meet at a central portion 175. In some aspects, the one-piece shell does not comprise the height adjustment mechanism.

[0066] Embodiments of an anterior component 100 of a cervical collar comprising a one-piece shell 110, mechanism enclosure 111 (e.g., FIG. 29), and height adjustment mechanism 200 are illustrated, for example, in the lead screw assembly FIGS. 1-2 or a latching mechanism FIGS. 3-8.

[0067] In some aspects, when deformed as part of the anterior component, a first lateral chin portion 135 may overlap a first lateral body portion 184. At the same time, a second lateral chin portion 145 may overlap second lateral body portion 194. Parts of the adjustment mechanism that as a whole move the chin portion 130 relative to the body portion 170 may be found proximate to this overlapping area, i.e., first upper overlap portion 180 (obscured border shown as dashed lines), second upper overlap portion 190, first lower overlap portion 185 and second lower overlap portion 195 (not shown). The size of the overlapping area varies and depends on the setting to which the adjustment mechanism is adjusted. An overlapping portion may be shown in part by the boundary of the dotted line from the lower first lateral chin portion 135 and the upper edge of the first lateral body portion 184, for example, as illustrated in e.g., FIGS. 1-5.

[0068] The deforming portions 160, 161 provide a spring action such that when coupled to a height adjustment mechanism 200, the medical professional who fits the cervical collar will be able to more easily move the chin portion 130 away from the body portion 170. Deforming portions 160, 161 maybe integral with the one-piece shell 110, although separate or different springs are also contemplated such as torsion springs, leaf springs, compression springs, pneumatic springs, expansion springs, magnetic springs or springs, such as those made from radiolucent material. Although non radiolucent materials such as metal springs are contemplated, they are not ideal when X-rays, CAT scans or PET scans are needed as spinal injuries may preclude removing a cervical collar to perform scan.

[0069] In addition, slowing elements may be incorporated to slow the spring speed of the deforming body when the knob is opened to provide a more controlled lift.

[0070] In some aspects, a one-piece shell 110 having deforming portions 160, 161 herein (e.g., FIGS. 1-5) has mechanical advantages over a pivot when used in the context of a cervical collar. A pivot connecting two lateral arms, for example, may be rotatable and lack tension to hold an angle between the two parts. A cervical collar may need

to provide an additional lift mechanism to compensate for the lack of tension, which may be omitted in the present embodiments. If the pivot point is tightened to provide more tension to hold an angle, undesirable friction between the lateral arms upon pivoting may interfere with the smooth operation of the cervical collar. An anterior component with deforming portions **160**, **161** as recited herein overcomes these disadvantages. Further, the deforming mechanism contains fewer individual parts, which provides a more robust mechanism because it has fewer points of failure.

[0071] In addition to the height adjustment mechanisms herein, the one-piece shell **110** can be used with other adjustment mechanisms, such as a rack and pinion and/or cable adjustment mechanisms.

[0072] In one embodiment, the height adjustment mechanism may comprise a lead screw that may be operated in conjunction with a lead screw nut. Other similar mechanisms are also contemplated. For example, a threadless mechanism may operate like a lead screw and nut, however the operation may be based on an angled rod and bearings, wherein the rod may be similarly rotated and moves linearly when operated in conjunction with the bearings using friction.

[0073] In some aspects, the lead screw nut may provide a greater contact area on the lead screw, in comparison to the contact area of a conventional rack and pinion system, and has fewer parts. This greater contact area between lead screw and the lead screw nut provides a greater mechanical advantage in comparison to conventional mechanisms such as rack and pinion mechanisms or cable systems. The lead screw mechanism when coupled to a cervical collar body allows for a large adjustment input that creates a small output for more precise fine adjustment to raise and lower the chin portion. Further, the lead screw mechanism allows a greater load in comparison to a rack and pinion system so more weight can be exerted on the chin portion providing additional mechanical advantages. Thus, these mechanical advantages over other cervical collars allow medical professionals' problems associated with fitting multiple patients with cervical collars to be avoided. The lead screw mechanism may be used on any conventional collar body. Additional advantages are apparent when used with the one-piece shell provided herein.

[0074] Referring to FIGS. 1-2, an embodiment of an anterior component **100** of a cervical collar may comprise a one-piece shell **110**, mechanism enclosure (not shown) **111**, and a lead screw assembly (height adjustment mechanism **200**).

[0075] In some aspects, proximate the overlapping area (approximate boundary of the portions that overlap within the dotted line in FIGS. 1-2), a first lateral chin portion **135** has a first chin elongate slot **136** for receiving a first lead screw nut **280**. Similarly, a second lateral chin portion **145** has a second chin elongate slot **146** for receiving a second lead screw nut **290**.

[0076] The first lead screw nut **280** has a first female end **281** positioned proximate the outside surface of the first lower overlap portion **185** that cooperates with first male threads **261** of a first lead screw **260**. Spaced from the first female end **281** may be a first terminal end **282** that may be positioned proximate an outside surface of the first upper overlap portion **180**.

[0077] Similarly, the second lead screw nut **290** has a second female end **291** (not shown) positioned proximate

the outside surface of second lower overlap portion **195** (not shown) that cooperates with second male threads **271** of a second lead screw **270** and a second terminal end **292** spaced from the second female end **291** that may be positioned proximate an outside surface of the second upper overlap portion **190**. Components herein on the second side may be obscured in the figures and generally correspond to the first side components.

[0078] The first lateral body portion **184** may be connected to a first lead screw **260** on a first lower overlap portion **185** for cooperating with a first lead screw nut **280**; and a second lateral body portion **194** may be connected to a second lead screw **270** on a second lower overlap portion **195** for cooperating with a second lead screw nut **290**.

[0079] The first lateral body portion **184** has a first body elongate slot **187** on a first lower overlap portion **185** for receiving the first lead screw nut **280**; and a second lateral body portion **194**, having a second body elongate slot **197** on a second lower overlap portion **195** for receiving a second lead screw nut **290**.

[0080] In some aspects, lead screws **260**, **270** may be attached to the body portion **170** using bushings **263a**, **263b**, **273a**, **273b** (not shown) on either end, which include connectors that can attach the lead screws **260**, **270** to the body portion **170** while retaining the function of the lead screw. The bushings may be a separate component or may be integral with the lateral body portions **184**, **194**.

[0081] In some aspects, for example when in use as part of a cervical collar, the chin elongate slots **136**, **146** partially overlap the body elongate slots **187**, **197** respectively, so that a path may be defined along which lead screw nuts **280**, **290** travel when respectively cooperating with lead screws **260**, **270** that will allow the chin portion **130** to be raised or lowered in relation to the body portion **170** to conform to the neck length and anatomy of an individual patient, when adjusted using a height adjustment mechanism **200**.

[0082] In some aspects, the body portion **170** may be connected to a height adjustment mechanism **200** for raising and lowering the first lateral chin portion **135** and second lateral chin portion **145** simultaneously.

[0083] In some aspects, the height adjustment mechanism **200** may comprise an adjustment knob **210** in the central portion **175** of body portion **170** that may be engaged with a drive shaft **220**. The drive shaft **220** may terminate in a first flexible joint **221a** and a second flexible joint **222a**, such as a U-joint. The first flexible joint **221a** may be moveably coupled to a first proximal end **231** of a first lateral drive shaft **230** and a second flexible joint **222b** moveably coupled to a second proximal end **241** of a second lateral drive shaft **240**.

[0084] A first distal end **232** of the first lateral drive shaft **230** may be moveably coupled to a first coupling end **262** of the first lead screw **260**.

[0085] A second distal end **242** of the second lateral drive shaft **240** may be moveably coupled to a second coupling end **272** of the second lead screw **270**.

[0086] In some aspects, the drive shaft portion **220** may comprise a first drive shaft support **223** and a second drive shaft support **224** (not shown) on one or either side of the adjustment knob **210**.

[0087] Lead screw nuts **280**, **290** may be nonlinear (curved or straight) pieces where the same surface area of a nut (female ends **281**, **291**) engages different portions of the rotating lead screws **260**, **270**. When in use, in some aspects,

rotating the adjustment knob **210** simultaneously drives both lateral drive shafts **230**, **240**, which in turn drive respective lead screws **260**, **270**. The lead screws **260**, **270** cooperate with the lead screw nuts **280**, **290** which respectively engage elongate slots **136**, **146** causing the upper overlap portions **180**, **190** to travel along the path of the elongate slots **136**, **146**, which allows the chin portion **130** to travel away from the body portion **170** to increase the space between them, thus adjusting the height of the cervical collar.

[0088] In some aspects, the deforming portions **160**, **161** comprise a region connecting the chin portion **130** to the body portion **170**. The region may be sufficiently long and thin such that it allows otherwise rigid material to flex, thereby allowing the chin portion **130** and the body portion **170** to be moved relative to one another. In some aspects, the one-piece shell in a resting position has the chin portion **130** and the body portion **170** roughly at an acute angle, when no adjustment mechanism may be present or when not otherwise coupled to one another. “Roughly at an acute angle” serves as a comparison to conventional pivot systems that may be able to surpass an acute angle under similar configuration when a chin piece and collar body are not otherwise coupled to one another except for the pivot point. In some aspects, the spring biases the chin portion **130** and the body portion **170** away from each other to the longest height setting.

[0089] In some aspects, the spring, such as in accordance with the deforming portions **160**, **161**, allows the chin portion **130** to travel back and forth in space relative to the body portion **170**. The height adjustment mechanism **200** controls the force of the bias which keeps the chin portion **130** away from the body portion **170**. For example, the height adjustment mechanism **200** comprising, for example, the lead screws **260**, **270** guides the extent of the springing and holds the chin portion **130** and the body portion **170** from springing farther than necessary to provide the appropriate distance between the chin and the trapezius muscles of a patient. Although the lead screw **260**, **270**, for example, can be used to shorten the distance between the chin portion **130** and the body portion **170** while conforming to the chin and the trapezius muscles of a patient, it would typically not be used to shorten the distance unless fine tuning. The chin portion **130** and the body portion **170** can be manually pushed together to as well to close the gap to assist, for example, the lead screws **260**, **270**.

[0090] In one embodiment, an adjustable anterior component of a cervical collar may comprise a latching mechanism, which overcomes the disadvantages of a conventional cervical collar recited herein. For example, the latching mechanism has fewer parts in comparison to the contact area of conventional mechanisms such as rack and pinion or cable system and has fewer parts. The latching mechanism when coupled to a cervical collar body takes advantage of the springing mechanism that biases the chin portion and the body portion away from each other. Thus, these mechanical advantages over other cervical collars allow medical professionals’ problems associated with fitting multiple patients with cervical collars to be avoided. Additional advantages are apparent when used with the one-piece shell recited herein.

[0091] With regard to FIGS. 3-8 directed to a latching mechanism, many aspects of the one-piece shell **110** are

similar to the lead screw assembly discussed above and the parts are similarly numbered, which are discussed below in more detail.

[0092] In some aspects, the body portion **170** may be connected to a latching mechanism (height adjustment mechanism **200**) for raising the first lateral chin portion **135** and second lateral chin portion **145** simultaneously. Lowering the first lateral chin portion **135** and second lateral chin portion **145** simultaneously may be performed manually or by using a lowering mechanism.

[0093] With regard to FIGS. 3-8 in some aspects, the spring, such as in accordance with the deforming portions **160**, **161**, allows the chin portion **130** to travel in space relative to the body portion **170**. The height adjustment mechanism **200** controls the force of the bias that keeps the chin portion **130** away from the body portion **170**. For example, the height adjustment mechanism **200** comprising the latching mechanism guides the extent of the springing and holds the chin portion **130** and the body portion **170** from springing farther than necessary to provide the appropriate distance between the chin and the trapezius muscles of a patient. Although the latching mechanism can be used to shorten the distance between the chin portion **130** and the body portion **170** while conforming to the chin and the trapezius muscles of a patient, it would typically not be used to shorten the distance unless fine tuning the cervical collar. The chin portion **130** and the body portion **170** can be manually pushed together to as well to close the gap to assist in lowering the height.

[0094] In some aspects, the self-sizing latch mechanism takes advantage of a spring action of, for example, the deforming portions **160**, **161** of the one-piece shell **110** as recited herein, and the height adjustment mechanism **200** may comprise an adjustment knob **210** that acts as a locking mechanism to adjust the height of the chin portion. In some aspects, the adjustment knob **210** may be positioned in the central portion **175** of body portion **170**. Once the adjustment knob **210** releases the lock, the chin portion **130** opens away from the body portion **170**, by releasing the springing force of the deforming portions **160**, **161**, and the cervical collar may be fitted to the appropriate size of the user. The height position may be set and locked in place by returning the adjustment knob **210** to the original position. Once the adjustment is made, the patient is not required to reset the size after removing and then redonning the cervical collar, which has advantageous repeatability in comparison to conventional collars, which might not be sized properly by the patient after removing and redonning. In addition, the self sizing height adjustment mechanism **200** contains fewer individual parts than a rack and pinion or cable mechanism, for example, which provide a more robust mechanism because it has fewer points of failure.

[0095] In referencing the locking mechanism in FIGS. 6-8, a first lateral arm **310** has a first post **312** at the first proximal end **311** thereof that cooperates with the adjustment knob **210**, which has a first knob opening **301**, that engages the first post **312** and a second knob opening **302** that engages a second post **322** on the second lateral arm **320**. The first and second openings **301**, **302** may be at opposing ends so that turning the knob in one direction will push or pull the lateral arms **310**, **320** in the same direction, either toward each other simultaneously or away from each other simultaneously, to lock or release the height adjustment mechanism **200**.

[0096] The first distal end of **313** the first lateral arm **310** may comprise a first incline projection **314** that may engage a first panel incline slot **331** on the first locking panel **330** and a first body incline slot **337** (not shown) on the lateral body portion **184**. The second distal end of **323** (not shown in FIGS. 3-5) the second lateral arm **320** (not shown in FIGS. 3-5) may comprise a second incline projection **324** that engages a second panel incline slot **341** (not shown) on the second locking panel **340** (not shown) and a second body incline slot **347** (not shown) on the lateral body portion **194**.

[0097] In some aspects, the first and second knob openings **301**, **302** (not shown) cooperate with posts **321**, **322** and are positioned so that turning the adjustment knob **210** will unlatch the incline projections **314**, **324** of the lateral arms **310**, **320** from the panel incline slots **331**, **341** (**341** not shown) simultaneously.

[0098] The dotted lines (FIG. 6) show where the position of the incline projection **314**, **324** will move once the adjustment knob **210** is opened, for example, by turning it such as by 45°-90°. FIG. 7 shows an embodiment of the adjustment knob **210** in the open position. FIG. 8 shows an embodiment of the adjustment knob **210** in the closed position.

[0099] In some aspects, the first locking panel **330** may comprise a first panel spring mechanism **333**, such as a compression spring, leaf spring or deforming body, that bias the first locking panel **330** to a locked position whereby the first row of teeth **332** of the first locking panel **330** engage first opposing teeth **335** on the first latch **334**. When the incline projection **314** is unlatched, the first row of teeth **332** become disengaged from the first opposing teeth **335** of the first latch **334**.

[0100] The first latch **334** moves by the spring force such as by the first deforming body **160** when unlatched and engages the first locking panel **330** when latched. The first latch **334** may be coupled to a first latch coupler **336**, such as a rivet or flange/screw that may be positioned through and rides along a path defined by both a first chin elongate slot **136** and first body elongate slot **187**.

[0101] In some aspects, the first locking panel **330** may comprise a first panel spring mechanism **333**, such as at least one a compression spring, leaf spring or deforming body, that bias the first locking panel **330** to a locked position whereby the first row of teeth **332** of the first locking panel **330** engage first opposing teeth **335** on the first latch **334**. When the first incline projection **314** may be unlatched, the first row of teeth **332** become disengaged from the first opposing teeth **335** of the first latch **334**.

[0102] Similarly on a second side, the second latch **344** moves by the spring force of the second deforming body **161** when unlatched and engages the second locking panel **340** when in a locked position. The second latch **344** may be coupled to a second latch coupler **346**, such as a rivet or flange and screw that may be positioned through and rides along, a path defined by both a second chin elongate slot **146** and second body elongate slot **197**.

[0103] Thus, a path may be defined along which latches **334**, **344** travel that will allow the chin portion **130** to be raised or lowered in relation to the body portion **170**.

[0104] Further, in some aspects, the second locking panel **340** (not shown) may comprise a second panel spring mechanism **343** (not shown), such as at least one compression spring, leaf spring or deforming body, that bias the second locking panel **340** (not shown) to a locked position

whereby the second row of teeth **342** (not shown) of the second locking panel **340** (not shown) engage second opposing teeth **345** (not shown) on the second latch **344** (not shown). When the second incline projection **324** may be unlatched, the second row of teeth **342** become disengaged from the second opposing teeth **345** of the second latch **344**.

[0105] In some aspects, the panel spring mechanisms **333**, **343** may comprise a pair of compression springs **333a**, **333b**, **343a**, **343b** positioned at either ends of the locking panels **330**, **340**. The panel spring mechanisms **333**, **343** may be in the resting state when the row of teeth **332**, **342** and the opposing teeth **335**, **345** are engaged. When the incline projections **314**, **324** are unlatched, the springs are compressed.

[0106] In some aspects, the locking panels **330**, **340** may be coupled to the lateral body portions **184**, **194** respectively such as through pairs of first and second rivets **338a**, **338b**, **348a**, **348b** (not shown) that are fixed to the lateral body portions **184**, **194**. The locking panels **330**, **340** may have corresponding pairs of first and second panel rivet slots **339a**, **339b**, **349a**, **349b** for receiving the rivets **338a**, **338b**, **348a**, **348b** so that they are slideably engaged and may move along the panel rivet slots **339a**, **339b**, **349a**, **349b**. Further, a pair of compression springs **333a**, **333b**, **343a**, **343b** may also be located within or proximate the panel rivet slots **339a**, **339b**, **349a**, **349b**.

[0107] In some aspects, locking panels **330**, **340** have panel incline slots **331**, **341** (**341** not shown) running along their length that roughly align with body incline slots **337**, **347** (not shown) on the lateral body portions **184**, **194** respectively underneath the panel incline slots **331**, **341**. The panel incline slots **331**, **341** and the body incline slots **337**, **347** have similar lengths for accepting the incline projections **314**, **324**, and may be longer than the incline projections **314**, **324**. The panel incline slots **331**, **341** however may be wider than the body incline slots **337**, **347**.

[0108] In some aspects, the body elongate slots **187**, **197**, panel incline slots **331**, **341**, and body incline slots **337**, **347** may be positioned at any appropriate angle that will allow the anterior component to function properly (such as an approximately a 45° angle) relative to the horizontal midplane that roughly extends from the center of the opening between the chin portion **130** and the body portion **170** toward the center of the deforming portions **160**, **161**. The exact location of the midplane and size of the angles are not defined as critical elements but rather may be useful in discussing the relationship among the moving parts. The movement of the latches **334**, **344** in the body elongate slots **187**, **197**, and the movement of the incline projections **314**, **324** in the panel incline slots **331**, **341** and body incline slots **337**, **347** may be referred to as moving in a parallel direction. In some aspects when unlatched, however, the rows of teeth **332**, **342** of the locking panels **330**, **340** may move away from the opposing teeth **335**, **345** and thus move perpendicularly to this parallel direction.

[0109] Specifically, panel incline slots **331**, **341** may be longer and wider than the incline projections **314**, **324** and allows for locking panels **330**, **340** to move perpendicularly (side to side across the width of panel incline slots **331**, **341**) relative to the parallel direction. The disengagement of the incline projections **314**, **324** from the panel incline slots **331**, **341** may force the locking panels **330**, **340** in a direction

perpendicular to the parallel direction, which disengage the rows of teeth **332**, **342** from the opposing teeth **335**, **345** of the latches **334**, **344**.

[0110] The lateral arms **310**, **320** may cooperate with one or more guides **350**, **351** (**351** not shown) to help keep lateral arms **310**, **320** (**320** not shown) in place. In addition, a housing (not shown) for the lateral arms **310**, **320** may serve as a guide thereby allowing the incline projections **314**, **324** to ride in the panel incline slots **331**, **341** (**341** not shown). A housing (not shown in FIGS. 6-8) may also comprise an opening (not shown) to hold the adjustment knob **210** in place and additional fittings or knobs (not shown) to operate the adjustment knob **210** from outside the housing.

[0111] Another embodiment of the height adjustment mechanism provides a four bar adjustment mechanism. In some aspects, the adjustment of the four bar adjustment mechanism provides substantially parallel motion and substantially vertical lift, which better conforms to the anatomy of a neck in comparison to conventional cervical collars that incorporate pivot mechanisms to raise the chin piece. (See FIG. 30.) For example, patients having larger trapezius muscles, a shorter distance from the shoulder to ear, and/or larger necks, for example in the case of obese patients, benefit from at least substantially vertical adjustment providing more robust mandible support while preventing the chin from moving up at an angle while the neck bends back.

[0112] Referring to FIGS. 9-16, embodiments of an anterior component **100** of a cervical collar may comprise a chin portion **130** and a body portion **170** and a four bar adjustment mechanism **200**. The chin portion **130** may further comprise a first lateral chin piece **135** having a first chin elongate slot **136** for receiving a first chin sliding rivet **418**; a second lateral chin portion **145**, having a second chin elongate slot **146** for receiving first chin sliding rivet **428**; and a chin rest **150**, for resting the chin of a user.

[0113] The chin portion **130** and body portion **170** may be coupled to a pair of cross bars **410a**, **410b**, **420a**, and **420b**. The first cross bars **410a**, **410b**, are moveably connected at the center portions thereof with a first central coupler **417**, and second cross bars **420a**, **420b**, are moveably connected at the center portions thereof with a second central coupler **427**.

[0114] In some aspects, referring to FIGS. 11-15, the four bar adjustment mechanism **200** may further comprise actuator bars **430**, **440** that are each connected to one of the cross bars **410a**, **420a**, on one end of each and on the other end to a first shuttle **455** and a second shuttle **465** that cooperate with a first lead screw **454** and a second lead screw **464**. The shuttles **455**, **465** may engage at least a portion of the male threads **458**, **468**, and may partially (FIG. 11), or fully surround (FIGS. 13-14) the lead screws **454**, **464** respectively. The shuttle length may be shorter or longer and/or may engage or surround more or less threads than depicted. The terms lead screw nut and lead screw shuttle are used interchangeably.

[0115] In some aspects, the first lead screw **454** rests in a first carrier **456** that allows the first lead screw **454** to rotate in place. Similarly, the second lead screw **464** rests in a second carrier **466** that allows the second lead screw **464** to rotate in place. Each of the carriers **456**, **466**, may contain one, two or more curved portion for receiving an end of each of the lead screws **454**, **464**. The carriers **456**, **466**, may be a separate piece or integral with the body portion **170**.

[0116] In some aspects, one end of the first lead screw **454** may terminate in a first bevel gear **459** and one end of the second lead screw **464** may terminate in a second bevel gear **469**, which engage a drive gear **470**. An end of each of the lead screws **454**, **464** may contain a first bevel gear **459** and a second bevel gear **469** that each engages a drive gear **470**. Relevant aspects of the lead screw assembly discussed herein, apply here as well, for example, relating to the benefits of using a lead screw. Rotating the drive gear **470**, for example using a drive knob **476**, rotates each of the first bevel gear **459** and the second bevel gear **469** attached to each of the lead screws **454**, **464**. The lead screws **454**, **464** each engages shuttles **455**, **465** that travel along the shuttle slots **457**, **467** (obscured behind lead screws, e.g., FIG. 12), and move the actuator bars **430**, **440**. (In some aspects, referring to FIGS. 9-10, the anterior component may contain a sliding actuator **210**, and actuator bars **430**, **440**. Aspects of these portions of the anterior component **100** are recited below in more detail.)

[0117] The first actuator bar **430** may be moveably connected to cross bar **410a** at a first body sliding end **414** thereof by a first body sliding rivet **416** that rides in first body elongate slot **187**. The second actuator bar **440** may be moveably connected to a cross bar **420a** at a second body sliding end **424** thereof by a second body sliding rivet **426** that rides in the second body elongate slot **197**.

[0118] Referring to FIGS. 9-16, on a first side, the cross bar **410a** may be attached at a first chin pivot end **412** thereof by a first chin pivot rivet **413**. In some aspects, the first chin pivot rivet **413** may rotatably move but may be otherwise in a stationary position near a first distal end of a first lateral chin portion **135**. The cross bar **410b** may be moveably connected at a first chin sliding end **411** thereof by a first chin sliding rivet **418** that rides in the first chin elongate slot **136**. The cross bar **410b** may be moveably connected at a first body pivot end **415** thereof by a first body pivot rivet **419**. In some aspects, the first body pivot rivet **419** may rotatably move but may be otherwise in a stationary position and may be paired to an opening near a first distal end of the first lateral body portion **184**.

[0119] Similarly, on the other second side, the cross bar **420a** may be attached at a second chin pivot end **422** thereof by a second chin pivot rivet **423**. In some aspects, the second chin pivot rivet **423** may rotatably move but may be otherwise in a stationary position near the second distal end of the second lateral chin portion **145**. The cross bar **420b** may be moveably connected at a second chin sliding end **421** thereof by a second chin sliding rivet **428** that rides in the second chin elongate slot **146**. The cross bar **420b** may be moveably connected at a second body pivot end **425** thereof by a second body pivot rivet **429**. In some aspects, the second body pivot rivet **429** may rotatably move but may be otherwise in a stationary position and may be paired to an opening near a first distal end of the second lateral body portion **194**.

[0120] In some aspects, to operate the collar, the drive knob **476** is rotated, which rotates the drive gear **470**, which in turn rotates each of the lead screws **454**, **464** attached to the shuttles **455**, **465** and actuator bars **410**, **440**, which in turn engage the cross bars **410a**, **410b**, **420a**, and **420b** to lift or lower the chin portion.

[0121] Referring to FIGS. 9-10, in some aspects, sliding actuator **210** may comprise a sliding plate **450** and an internal knob **470**. The sliding plate **450** may comprise

lateral slots, a first plate slot **451**, second plate slot **461**, on either side for accepting first plate sliding rivet **452** and second plate sliding rivet **462** which are attached to proximal ends of first and second actuator bars **430**, **440** and rides in first actuator elongate slot **453** and second actuator elongate slot **463** respectively on the body portion **170**. The sliding plate **450** further may comprise a central bar **473** (not shown) that rides in a vertical slot **474** in the central portion **175** of the body portion **170**. Opposite the central bar **473** on the sliding plate **450** may be a cam groove **471** for accepting a cam follower **472** for adjusting the height of the chin portion **130**.

[0122] The cam follower **472** can engage the sliding plate **450** and move in a vertical direction, which can be manipulated by an external fitting or knob **476**.

[0123] In some aspects, when in use, the collar may be positioned by a medical professional, who operates the sliding actuator **210** (or drive knob **476**) which causes first and second actuator bars **430**, **440** to simultaneously move cross bars **410a** and **420a**, which are connected by body sliding rivets **416** and **426** that ride in the first and second body elongate slots **187**, **197** on the body portion, and which are centrally connected to and therefore cooperate with cross bars **410b** and **420b** respectively. In turn, cross bars **410b** and **420b** have chin sliding rivets **418** and **428** attached to one of their ends that ride in their respective first and second chin elongate slots **136**, **137** on the chin portion **130**. The slots allow simultaneous vertical travel between the chin portion **130** and the body portion **170** when the sliding actuator **210** (or drive knob **476**) may be operated, that is, slid (or turned) in one direction or slid (or turned) in the opposite direction to raise or lower the chin portion **130** with respect to the body portion **170** to conform to the neck length and anatomy of an individual patient, when adjusted using a height adjustment mechanism **200**.

[0124] The chin portion **130** and a body portion **170** herein may comprise substantially rigid material that may provide a supportive framework of the chin portion **130** and the body portion **170**. The cross bars and actuator bars may be made from a material that has sufficient stiffness and strength so it can withstand the push and pull of the sliding actuator.

[0125] Referring to FIGS. **13-16**, in some aspects the collar may comprise a locking mechanism. The locking mechanism may comprise a lock button **480** that may be useful for releasing the gear drive to set a collar height. In some aspects, the lock button **480** may comprise leaf springs **481a** and **481b** and a lock button tooth **482**. The lock button tooth **482** on the lock button **480** engages internal gear teeth **475** that may be found in the internal diameter of the drive gear **470**. In some aspects, leaf springs **481a** and **481b** on the lock button **480** maintain the lock button tooth **482** in an engaged position with the drive gear internal diameter gear teeth **475** as shown in the cross section of FIG. **16**. Pushing downward on the lock button **480** disengages the lock button tooth **482** and allows the drive gear **470** to be rotated, which, in turn, raises or lowers the height of the space between the chin portion **130** and the body portion **170**.

[0126] Further, in some aspects, the locking mechanism may further comprise a lock switch **484** that may be useful for a practitioner to lock the height in a preferred position to prevent a user from easily adjusting the height after a practitioner's fitting. A lock switch **484** may comprise a switch flange **485** that is slidably coupled to a lock button flange **483** through the switch opening **478** on the housing

111. After a fitting, a practitioner may move the lock switch **484**, such as toward the center, so that switch flange **485** engages the lock button flange **483** of the lock button **480**. Engaging the lock button flange **483** prevents the lock button **480** from moving, thereby locking the height of the space between the chin portion **130** and the body portion **170**. In some embodiments, the switch flange **485** of the lock switch **484** is disengaged from the lock button flange **483** to allow a practitioner or user to adjust the height of the space between the chin portion **130** and the body portion **170**.

[0127] In some aspects, the anterior component may comprise a chin portion **130** that may comprise a first lateral chin portion **135**; a second lateral chin portion **145**, and a chin rest **150**, therebetween for resting the chin of a user. The chin rest **150** may be integral with the rest of the chin portion **130**, or may include a separate component or components.

[0128] Regarding an anterior component, for example, comprising a four bar adjustment mechanism, a chin portion **130** may comprise a first lateral chin piece **135** having a first chin elongate slot **136** for receiving a first chin sliding rivet **418**; a second lateral chin portion **145**, having a second chin elongate slot **146** for receiving second chin sliding rivet **428**; and a chin rest **150**, for resting the chin of a user. In some aspects, the chin portion **130** may comprise a chin depth adjustment mechanism.

[0129] Referring to FIGS. **17-19**, in some aspects, a chin portion **130** may comprise a separate chin rest **150**, which may be adjusted to change the depth of the chin rest (illustrated by approximately horizontal dashed lines in FIG. **17a**) to accommodate various users' anatomies. In some aspects, the separate chin rest **150** may have a first chin rest opening **437** that may align with a first depth adjustment slot **431** in the first lateral chin portion **135** to receive a first male chin rivet **433**, which mates to a first female chin rivet **438**. A first rotation stop **439**, which may be separate or integral to the chin rest **150**, may be positioned proximate the first chin rest opening **437**. The first female chin rivet **438**, and the first rotation stop **439**, ride in the first depth adjustment slot **431**, while the first male chin rivet **433** is in the mated position. The first rotation stop **439** may prevent the female chin rivet **438** from fully rotating, and may have an outer diameter that may be smaller than the height of the first depth adjustment slot **431** allowing the chin rest **150** to pivot slightly, about 10-20 degrees, without fully rotating, to accommodate various users' chin anatomies as illustrated in FIGS. **18a** and **18b**. The first female chin rivet **438** may be sized so that it fits somewhat snugly in the first depth adjustment slot **431** such that most of weight is carried on the cylindrical portion of the first female chin rivet **438b** when in use.

[0130] In some aspects, after the separate chin rest **150** is adjusted to fit a user, it may be locked in place. For example, the first male chin rivet **433**, which may be mated to the first female chin rivet **438**, may be positioned within in the first chin rest opening **437** and rotated to lock the adjusted setting in place. The first male chin rivet **433** may comprise a first male chin rivet indicator **487**, such as an arrow that allows the user to orient the first male chin rivet **433** in a locked (such as an arrow that points up and down) or in an unlocked position (such as an arrow that points side to side) or vice versa. In some aspects, the first depth adjustment slot **431** has thinned regions **486** proximate a first engagement surface **432** that engage a first set of locking faces **434a**, **434b** on the first male chin rivet **433**. The first male chin rivet **433**

may further comprise first male chin rivet notches **488a**, **488b** that may be aligned with one of the first chin depth sizing indicia **436**, when unlocked, if desired. Once the desired depth adjustment is made, the first male chin rivet indicator **487** may be moved to the locked position (such as an arrow that points up and down). Collectively, these components may be referred to as the first chin rest locking mechanism.

[0131] Similarly, the separate chin rest **150** may have a second chin rest opening **447** that may align with a second depth adjustment slot **441** in the second lateral chin portion **145**, to receive a second male chin rivet **443**, which mates to a second female chin rivet **448**. A second rotation stop **449**, which may be separate or integral to the chin rest **150**, may be positioned proximate the second chin rest opening **447**. The second female chin rivet **448** and the second rotation stop **449** ride in the second depth adjustment slot **441**, while the second male chin rivet **443** is in the mated position. The second rotation stop **449** may prevent the female chin rivet **448** from fully rotating, and may have an outer diameter that may be smaller than the height of the second depth adjustment slot **441** allowing the chin rest **150** to pivot slightly, about 10-20 degrees, without fully rotating, to accommodate various users' chin anatomies as illustrated in FIGS. **18a** and **18b**. The second female chin rivet **448** may be sized so that it fits somewhat snugly in the second depth adjustment slot **441** such that most of weight is carried on the cylindrical portion of the second female chin rivet **448b** when in use.

[0132] Similarly as discussed above regarding the first side, in some aspects, after the separate chin rest **150** is adjusted to fit a user, it may be locked in place. For example, the second male chin rivet **443**, which may be mated to the second female chin rivet **448**, may be positioned within in the second chin rest opening **447** and rotated to lock the adjusted setting in place. The second male chin rivet **443** may comprise a second male chin rivet indicator **497**, such as an arrow that allows the user to orient the second male chin rivet **443** in a locked (such as an arrow that points up and down) or in an unlocked position (such as an arrow that points side to side) or vice versa. In some aspects, the second depth adjustment slot **441** has thinned regions **496** proximate a second engagement surface **442** that engage a second set of locking faces **444a**, **444b** on the second male chin rivet **443**. The second male chin rivet **443** may further comprise second male chin rivet notches **498a**, **498b** that may be aligned with one of the second chin depth sizing indicia **446**, when unlocked, if desired. Once the desired depth adjustment is made, the second male chin rivet indicator **497** may be moved to the locked position (such as an arrow that points up and down). Collectively, these components may be referred to as the second chin rest locking mechanism.

[0133] Rivets referred to herein generally may comprise a male portion and a female portion or may comprise an integral connecting mechanism. Other couplers that are suitable to replace the rivets, such as comprising screws, nuts, bolts, pins, flanges, buttons, or buckles; and conventional locking mechanisms that can fix the chin rest into position, are contemplated.

[0134] The body portion **170** may comprise a first lateral body portion **184** having a first body elongate slot **187** for receiving a first body sliding rivet **416**; and a second lateral body portion **194**, having a second body elongate slot **197** for receiving a second body sliding rivet **426**.

[0135] Posterior components are recited in the art in, for example, U.S. Pat. Nos. 9,414,956, 8,932,243, 6,494,854, 6,872,188, 9,713,546, 8,858,481, 9,668,906, 7,981,068, and 8,679,044. Conventionally an anterior component and a posterior component may be coupled together to form a cervical collar, such as through slots at the back portion of the anterior component through which a hook and loop strap may be attached. Posterior and anterior components may comprise substantially rigid materials.

[0136] Referring to FIGS. **21-27**, embodiments of a cervical collar comprise an anterior component **100** coupled to a posterior component **500** using various strap and attaching mechanisms. In some aspects, the attaching mechanisms allow a medical professional to make adjustments to the circumference of the cervical collar to fit a user with a user-specific neck circumference, while allowing the removal of the cervical collar, for example by the patient in a home setting, and then redonning while maintaining the same circumferential configuration after it is redonned without readjusting the circumference.

[0137] In one embodiment, some portions of the first attaching mechanism **501** (e.g., FIG. **24**), may be found on the anterior component **100** and some portions may be found on the posterior component **500**.

[0138] Regarding some aspects in FIGS. **23-34**, portions of the first attaching mechanism **501** may be found on the anterior component **100**. The anterior component **100** may comprise a first anterior mating piece **510** for mating to a first posterior mating piece **520** on the posterior component **500**. The first anterior mating piece **510** may comprise an optional first anterior housing **511** and a first anterior coupler **512** disposed therein, such as a hook and loop coupler, pressure sensitive adhesive (PSA), interlocking parts such as a buckle or mated shapes, cord/cable tied off or looped to a post, or, if the material does not need to be radiolucent, magnets.

[0139] Similarly, in some aspects, the anterior component **100** may also comprise a second anterior mating piece **515** (not shown) for mating to a second posterior mating piece **530** (not shown) on the posterior component **500**. The second anterior mating piece **515** (not shown) may comprise an optional second anterior housing **516** (not shown) and a second anterior coupler **517** (not shown) disposed therein, such as a hook and loop coupler, pressure sensitive adhesive (PSA), interlocking parts such as a buckle or mated shapes, cord/cable tied off or looped to a post, or if the material does not need to be radiolucent, magnets.

[0140] These couplers may be used in other strap or attaching mechanisms herein.

[0141] In some aspects, the first anterior mating piece **510** is configured so as to easily align and couple it with the first posterior mating piece **520** on the posterior component **500**. Similarly, the second anterior mating piece **515** (not shown) is configured so as to easily align and couple it with the second posterior mating piece **530** (not shown) on the posterior component **500**.

[0142] Thus, for example, a posterior mating piece may comprise hook material, while an anterior mating piece may comprise loop material, or vice versa. Other couplers are contemplated such as snaps, buckles and other complementary couplers, which may be also useful for other embodiments herein.

[0143] The optional anterior housings **511**, **516** if present, may be molded into, and may be integral with, the anterior

component **100** or attached using conventional attachment means such as a rivet or adhesive. In some embodiments, a first anterior mating piece **510** and second anterior mating piece **520** is attached to each lateral side of an anterior component proximate the lateral sides of the posterior component when in use.

[0144] In some aspects, the first posterior mating piece **520** on the posterior component **500** may comprise a first posterior coupler **522** such as a hook and loop coupler that is configured to be received by the first anterior mating piece **510**, and may contain an optional first posterior housing **521** (not shown). The first posterior mating piece **520** may further comprise a first slot **523** for receiving a first fixed hook and loop strap **524**.

[0145] Similarly, in some aspects, the second posterior mating piece **530** (not shown) on the posterior component **500** may comprise a second posterior coupler **532** (not shown) such as a hook and loop coupler that is configured to be received by the second anterior mating piece **515** (not shown), and may contain an optional second posterior housing **531** (not shown). The second posterior mating piece **530** (not shown) may further comprise a second slot **533** for receiving a second fixed hook and loop strap **534**.

[0146] The slots **523**, **533** may have dimensions to receive a hook and loop strap. Fixed hook and loop straps **524**, **534** may be integral with, such as by molding, or otherwise permanently attached to the posterior mating pieces **520**, **530** such as by sonic welding, sewing, clamping or gluing. “Permanently attached” is not intended to refer to absolute permanence but rather to distinguish an attachment that is relatively more difficult to attach and reattach.

[0147] In some aspects, the fixed hook and loop straps **524**, **534** are configured so that they each may be passed through a portion of the back panel **503** such as through slots **504a**, **504b** and can attach to itself. In some aspects when in use, a medical professional may attach the posterior mating pieces **520**, **530** to the respective anterior mating pieces **510**, **515**, and adjust the fixed hook and loop straps **524**, **534** to fit the neck circumference of a user. Once the circumference is prescribed the fixed hook and loop straps **524**, **534** (and other straps if present) are not adjusted. Thus, to doff the collar, the patient detaches the posterior mating pieces **520**, **530** from the anterior component. To don the collar the patient reattaches the posterior mating pieces **520**, **530** without adjusting the strap lengths.

[0148] In some aspects, the first posterior mating piece **520** may also comprise a first removable hook and loop strap **525** that may attach to the distal end of the first fixed hook and loop strap **524** to extend the length of the strap to fit larger necks. Similarly, the second posterior mating piece **530** (not shown) may also comprise a second removable hook and loop strap **535** (not shown) that may attach to the distal end of the second fixed hook and loop strap **534** (not shown) to extend the length of the strap to fit larger necks. If present, the removable hook and loop strap **525**, **535** can be removed to fit smaller necks.

[0149] In some aspects, the first posterior mating piece **520** may also comprise a first intermediate removable hook and loop strap **526** (not shown) that may attach to the distal end of the first removable hook and loop strap **525** and/or first fixed the hook and loop strap **524** to extend the length of the strap to fit larger necks or to provide versatility with respect to lengths. Similarly, the second posterior mating piece **530** (not shown) may also comprise a second inter-

mediate removable hook and loop strap **536** (not shown) that may attach to the distal end of the second removable hook and loop strap **535** and/or second fixed the hook and loop strap **534** to extend the length of the strap to fit larger necks or to provide versatility with respect to lengths

[0150] A radiolucent modular strapping system without a back panel is also contemplated. In some aspects the modular strapping system may comprise the anterior mating piece **510** and posterior mating piece **520** the fixed hook and loop straps **524**, the removable hook and loop strap **525**, and/or the intermediate removable hook and loop straps **526**. The strapping system may be useful with conventional cervical collar components, wherein the anterior mating piece **510** may in some aspects comprise a retrofit coupler (such as adhesive or bonding material) for coupling to an anterior component. The modular strapping system may comprise two identical anterior and posterior mating pieces for attaching to each lateral side of an anterior component.

[0151] The fixed hook and loop straps **524**, **534**, the removable hook and loop strap **525**, **535**, and intermediate removable hook and loop straps **526**, **536**, and other straps herein, each may have a length of about 4-9 inches, and be able to accommodate a total lengths about 4-9 inches when used alone, or in various combinations. The fixed hook and loop straps **524**, **534**, the removable hook and loop strap **525**, **535**, intermediate removable hook and loop straps **526**, **536**, and other straps herein, each may have a width of about 1-2 inches.

[0152] In another embodiment of a strapping and attaching mechanism, a cam surface assembly may be rotated one direction, wherein the cam pulls the strap along the cam groove. When rotated the other direction the strap is loosened and the cam assembly can be removed. Thus, posterior component can be removed and reattached without disturbing the circumferential dimensions as fitted by the medical professional as recited herein.

[0153] Referring to FIGS. 21-22, an embodiment of a cervical collar may comprise an anterior component **100** coupled to a posterior component **500**, using a conventional hook and loop strap **525** removably attached to a back panel **503** through slots such as **504a**, **504b** therein. Modular straps, recited further herein (e.g., FIG. 23), with a removable strap portion **525** may also be used in this and other embodiments.

[0154] A first cam surface assembly **600** may comprise a first cam actuator **601**, a first follower **611** that engages a first cam groove **605** in a first cam surface carrier **604**. The first cam surface carrier **604** has a first post **602** that is received by an opening (not shown) of the first cam actuator **601** to form the first cam surface assembly **600**. The first cam surface carrier **604**, opposite the side having the first post **602**, may have a first keyhole post **609** (not shown). In some aspects, the first keyhole post **609** (not shown), may engage a first keyhole **610** on the anterior portion **100**.

[0155] Similarly, if two cam surface assemblies **600** are present, such as on both lateral sides of the cervical collar to promote ambidextrous use, a second cam surface assembly **620** (not shown) may comprise a second cam actuator **621** (not shown), a second cam follower **631** (not shown) that engages a second cam groove **625** (not shown) on a second cam surface carrier **624** (not shown). The second cam surface carrier **624** (not shown), has a second post **622** (not shown) that is received by an opening of the second cam actuator **621** (not shown) to form the second cam surface

assembly 620 (not shown). The second cam surface carrier 624 (not shown), opposite the side having the second post 622 (not shown), may have a second keyhole post 629 (not shown). In some aspects, the second keyhole post 629 (not shown), may engage a second keyhole 630 (not shown) on anterior component 100.

[0156] In some aspects, couplers other than posts and keyholes are also contemplated. For example each of the cam surface carriers 604, 624 may have a base with a cam follower 611, 631 that may be adhered to the anterior component such as with adhesive, or hook and loop material. Also, the base for the cam surface carriers 604, 624 may be welded onto or molded into the anterior component.

[0157] In some aspects, positioned between the first cam actuator 601 and first cam surface carrier 604 may be a first freely rotating strap holder 606, having a first opening 607 that allows the cam actuator 601 to engage the first post 602 on the cam surface carrier 604 and allows the strap holder 606 to traverse linearly when the first cam actuator 601 is rotated by a user. In some aspects, the first rotating strap holder 606 may comprise a first slot 608 for receiving a hook and loop strap 525.

[0158] Similarly, if two cam surface assemblies 600, 620 are present, positioned between the second cam actuator 621 and second cam surface carrier 624 may be a second freely rotating strap holder 606, having a second opening 627 that allows the second cam actuator 621 to engage the second post 622 on the second cam surface carrier 624 and allows the strap holder 626 to traverse linearly when the second cam actuator 621 is rotated by a user. (Second cam assembly not shown.)

[0159] In some aspects, the second rotating strap holder 626 may comprise a second slot 608 for receiving the other end of the hook and loop strap 525 or a different hook and loop strap, such as a modular strap recited herein (not shown in FIGS. 21-22).

[0160] In some aspects, the hook and loop strap 525 is configured so that they each may be passed through a portion of the back panel 503 such as through slots 504a, 504b and can attach to itself. Once the circumference is prescribed, the fixed hook and loop straps 525 (and other straps if present, such as with a modular strapping system) are not adjusted. In some aspects, when in use, the medical professional can fit the patient's neck circumference with the cam surface assembly 600 in the tightened position (or both tightened if two are present) by adjusting either ends of the hook and loop strap 525, which have been pulled through slot 608 and a slot on the anterior component, onto itself. When the patient is ready to doff the cervical collar, the cam actuator 601 may be loosened, the keyhole post 609 removed from the keyhole 610, and the posterior component 500 disconnected from the anterior component 100 without disturbing the strap placement made to accommodate the unique neck circumference set by the medical professional. Upon redonning, the patient can engage the keyhole post 609 with the keyhole 610 on the anterior component 100 and tighten to achieve the fit originally provided by the medical professional.

[0161] The rotational motion of the cam actuator 601 linearly pulls the strap slightly tighter, such as about ¼-1 inch tighter or about ½ inch. In some aspects, the cam rotation may be about 270° to pull about ½ inch, and cam actuator 601 can be manufactured to accommodate different tightening lengths and rotation. In some aspects the cam

actuator 601 is tightened by rotating it forward to tighten it (and backward to loosen), although it can be disposed such that it can tighten and loosen in the opposite direction.

[0162] Referring to FIGS. 25-28, embodiments a cervical collar may comprise a strap alignment mechanism that facilitates the attachment of the posterior component 500 to the anterior component 100. For example, in some aspects, cervical collar may contain two lateral strap alignment mechanisms comprising straps 701, 711 that are looped through a plurality of slots 504 in the back panel 503 of the posterior component 500. In some aspects, the strap alignment mechanism allows a medical professional to make adjustments to the circumference of the cervical collar to fit a user with a user-specific neck circumference, while allowing the removal of the cervical collar, for example by the patient in a home setting, and providing alignment indicia so that the same circumferential configuration can be reproducibly aligned upon redonning.

[0163] In some aspects, a first collar indicium 702 for aligning the strap alignment mechanism may be found on the first lateral body portion 184 of the anterior component 100 that corresponds to the strap indicium 703 on the first strap 701. In some aspects, for example, a loop portion on the first strap 701 fastens to a first hook portion 708 on the first lateral body portion 184 of the anterior component 100, or vice versa. A first collar indicium 702 on first lateral body portion 184 of the anterior component 100 may be aligned with a first strap indicium 703 on the first strap 701 so that the neck circumference can be reproducibly aligned. Similarly, on the other side of the collar, a second collar indicium 712 for aligning the strap alignment mechanism may be found on the second lateral body portion 194 of the anterior component 100 that pairs with second strap indicium 713 (not shown) on the second strap 711. In some aspects, for example, a loop portion on the second strap 711 fastens to a second hook portion 718 (not shown) on the second lateral body portion 194 of the anterior component 100, or vice versa. A second collar indicium 712 (not shown) on second lateral body portion 194 of the anterior component 100 may be aligned with a second strap indicium 713 (not shown) on the second strap 711 so that the neck circumference can be reproducibly aligned.

[0164] The edge of the loop end proximate the anterior ends 705, 715 may comprise a hardened area, which may be made by melting the loop material to form a finger grips 704, 714 (not shown) so that the ends may be easily grasped by the user to remove the collar.

[0165] On the first posterior end 706 of the strap 701, hook material on one end may be connected to the loop material on the first strap 701, to make a fastening area proximate the back panel 503 of the posterior component 500 when connected thereto. Thus, when the hook material is looped through slots 504 on the posterior component 500 of the cervical collar, the hook material of the first strap 701 can fold upon itself to join the loop material on the same first strap 701.

[0166] Similarly, on the other side, the second posterior end 716 of the second strap 711, hook material on one end may be connected to the loop material on the second strap 711, to make a fastening area proximate the back panel 503 of the posterior component 500 when connected thereto. Thus, when the hook material is looped through slots 504 on the posterior component 500 of the cervical collar, the hook

material of the second strap **711** can fold upon itself to join the loop material on the same second strap **711**.

[0167] A medical professional may make a gross adjustment of the circumference proximate the back panel **503** of the posterior component **500** by adjusting the hook portions of each of the straps **701**, **711** over the loop portions on each. The straps may comprise sizing indicia **707**, **717** (not shown) such as numbers (FIGS. **25-26**) or dots (FIG. **27**) that will allow a prescription to be written (such as a size “3” as shown in FIGS. **25-26**) facilitating a medical professional or user to make a gross adjustment of the circumference of the cervical collar to the prescribed position.

[0168] The straps herein, such as, **701**, **711** may comprise loop material, while a mating portion on the lateral body portions **184**, **194** of the anterior component **100** may comprise hook material, or vice versa as long as the sides mate. Other couplers are contemplated such as snaps, buckles and other complementary couplers. Straps herein, such as, **701**, **711** may be used with modular straps, such as a removable strap portion **525** may recited herein. Straps herein, such as, **701**, **711** may be used with modular straps, such as a removable strap portion **525** (FIG. **23**) recited herein.

[0169] Slots **504** on the posterior component may have dimensions to receive a connector such as a hook and loop straps **701**, **711**.

[0170] The anterior component **100** may include a housing or mechanism enclosure **111** (FIG. **29**) that may include an external fitting or knob **476**. In some aspects, the housing **111** may include an opening **477** for receiving the internal knob or drive gear **470**.

[0171] The components herein such as the anterior component **100**, posterior component **500**, housing or mechanism enclosure **111**, one-piece shell **110**, lead screw mechanism, latching mechanism, four bar adjustment mechanism, posterior mating pieces **520**, **530**, cam surface assemblies **600**, **620** and/or portions thereof have appropriate properties such as fatigue properties and/or plastic deformation point suitable for cervical collar purposes. In some aspects, the components or portions may be made from materials including a substantially rigid material or semi rigid and made from radiolucent material. Such materials include, for example, injection molded and may include, for example, acrylonitrile butadiene styrene (ABS), polyester, copolyester, polyethylene terephthalate (PET), polybutylene terephthalate (PBT), polyoxymethylene (POM), styrene acrylonitrile copolymer (SAN), polycarbonate (PC), copolycarbonate, polycarbonate blends i.e., PC and (ABS, polyester, copolyester, SAN, PET, PBT, POM, and/or SAN), or other blends thereof.

[0172] In some aspects the components herein such as the anterior component **100**, posterior component **500**, one-piece shell **110**, posterior mating pieces **520**, **530**, cam surface assemblies **600**, **620** or portions thereof, may be overmolded to provide a soft touch or pressure fingers with the following materials: natural or synthetic polyisoprene, polybutadiene, chloroprene rubber (CR), polychloroprene, butyl rubber (copolymer of isobutylene and isoprene, IIR), halogenated butyl rubbers, styrenebutadiene rubber (copolymer of styrene and butadiene, SBR), nitrile rubber (copolymer of butadiene and acrylonitrile, NBR), hydrogenated nitrile rubbers (HNBR), EPM (ethylene propylene rubber, a copolymer of ethylene and propylene), EPDM rubber (ethylene propylene diene rubber, a terpolymer of ethylene,

propylene and a diene-component), epichlorohydrin rubber (ECO), polyacrylic rubber (ACM, ABR), silicone rubber (SI, Q, VMQ), fluorosilicone rubber (FVMQ), fluoroelastomers (FKM, and FEPM), perfluoroelastomers (FFKM), polyether block amides (PEBA), chlorosulfonated polyethylene (CSM), ethylene-vinyl acetate (EVA), and/or thermoplastic elastomers (TPE). In some aspects, the anterior component **100**, posterior component **500** and/or four bar adjustment mechanism, or portions thereof, may be made of more rigid versions of the overmolding materials listed above.

[0173] In some aspects, the height adjustment mechanism **200** does not contain a gear mechanism. In some aspects, the single adjustment mechanism **200** does not comprise a rack and pinion, wherein a rack cooperates with a pinion. In some aspects, the single adjustment mechanism **200** does not comprise a cable or a pulley. In some aspects the chin portion and the body portion are not pivotally coupled. In some aspects, the chin portion and the body portion are not supported only on ends of the chin portion and the body portion. In some aspects, the chin portion is unable to bend to fit a user's chin contours when in use, and is therefore, sufficiently stiff, rigid, or semi rigid to prevent different user's chin contours to adjust the shape of the chin portion when in use. In some aspects, the chin piece may be sufficiently semi rigid and has some flexibility so that it can retain its approximate initial shape before donning the collar and after it has been donned regardless of the contours of various users' chins.

[0174] The adjustable anterior component **100** may be coupled to a posterior component to form a cervical collar with a coupler such as through slots **504** (see FIGS. **28-29**) proximate the distal ends of the lateral chin portions **135**, **145** and/or lateral body portions **184**, **194** through which a hook and loop strap may be secured.

[0175] Any of the anterior components **100** herein may be coupled to any suitable posterior component, such as posterior component **500**, to form a cervical collar with a coupler such as hook and loop material attached to the lateral body portion **184**, and/or through slots **504** on the posterior component **500**, and/or through slots proximate the ends of the anterior component **100**, such as proximate the deforming portions **160**, **161** (FIGS. **1-5**, slots not shown) through which a hook and loop strap may be secured.

[0176] In addition to the components herein, additional portions such as foam **112** (FIGS. **28b** and **29**) and/or slots **504** for receiving straps for attaching the components to form a cervical collar are also contemplated.

[0177] A portion as used herein may refer to a portion of the one-piece shell, if present, a portion of the cervical collar, or a portion of a component.

[0178] The terms “approximately” “about” and “substantially” as used herein represent an amount or configuration close to the stated amount or configuration that still performs the desired function or achieves the desired result. For example, the terms “approximately,” “about” and “substantially” may refer to an amount that is within less than 10% of, within less than 5% of, within less than 1% of, within less than 0.1% of, and within less than 0.01% of the stated amount.

[0179] All documents referenced herein are hereby incorporated by reference into this application.

1. An adjustable cervical collar.

2. A method of using an adjustable cervical collar.

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