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(54) **SUTURE TOOL AND METHOD OF USE**

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(71) Applicant: **PARCUS MEDICAL, LLC**, Sarasota, FL (US)

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(72) Inventors: **Barton BRACY**, Orlando, FL (US);
Mark D. BRUNSVOLD, Sarasota, FL (US); **Joel M. HARSHBARGER**, Palmetto, FL (US)

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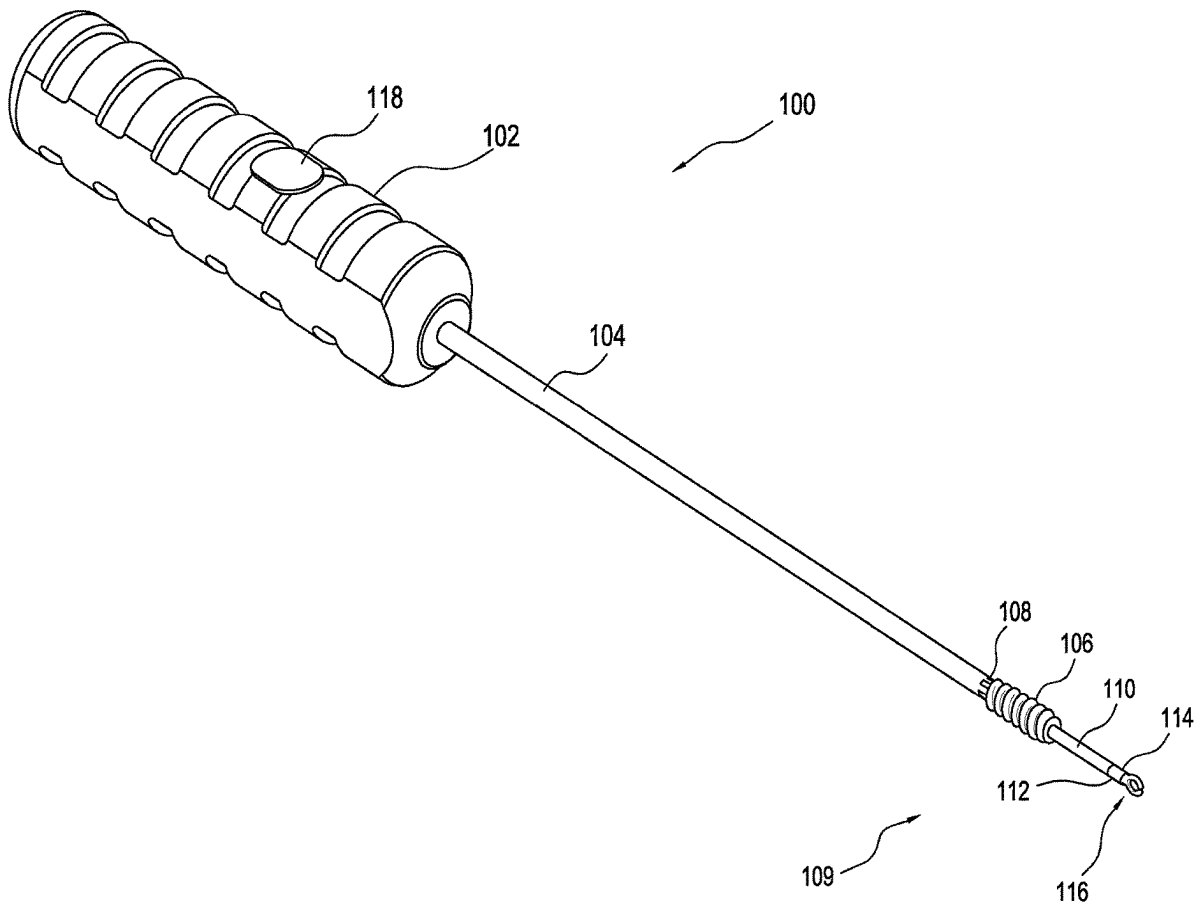
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(57)

ABSTRACT

A surgical tool incorporates a suture guide and anchor driver supporting an anchor where the anchor is maintained at a distance from the suture guide until release of a detent mechanism. Thereafter, the anchor is allowed to move into proximity to the suture guide, fixing a suture supported by the suture guide to a substrate, the entire procedure being achievable with a single hand.



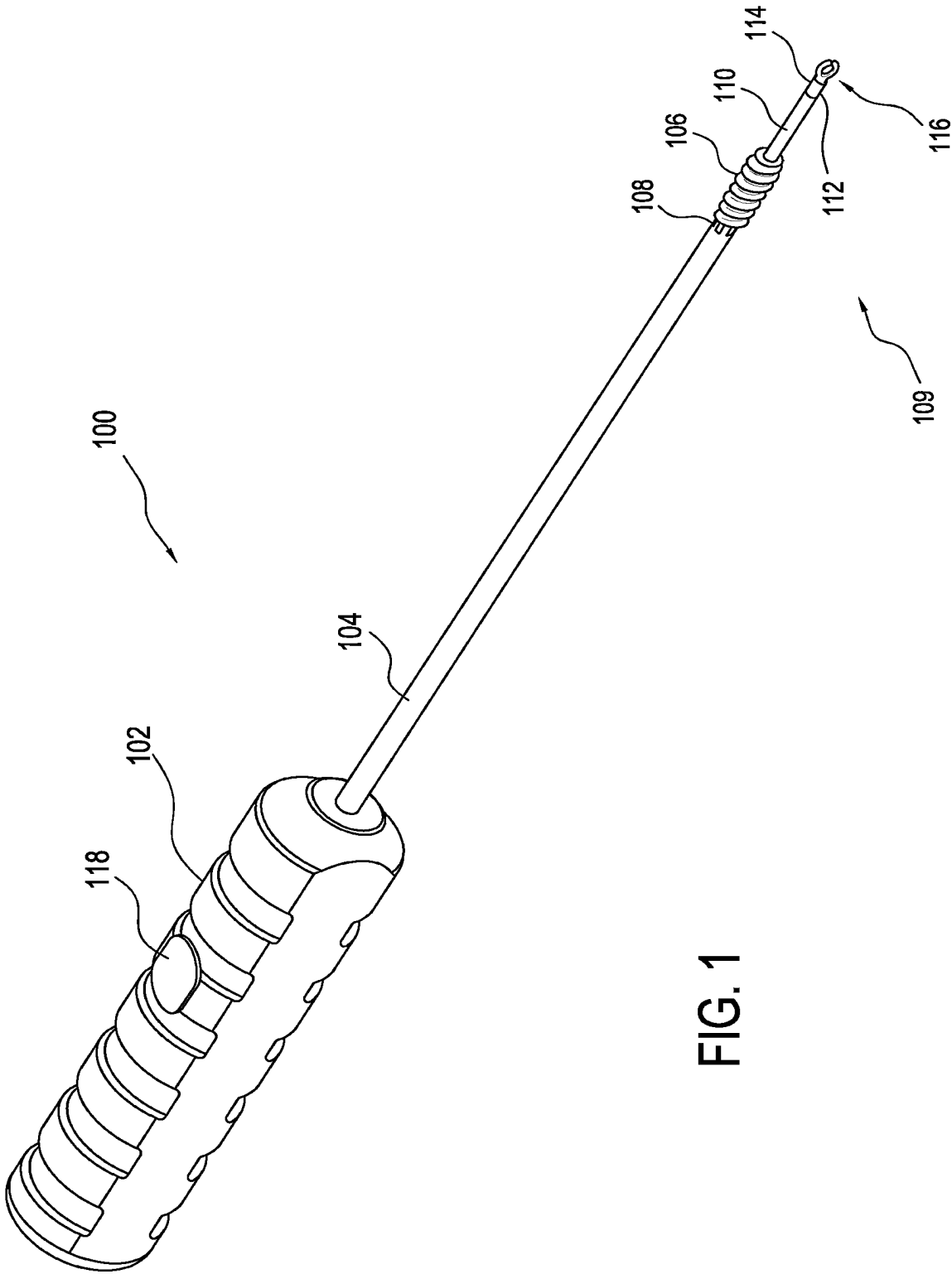
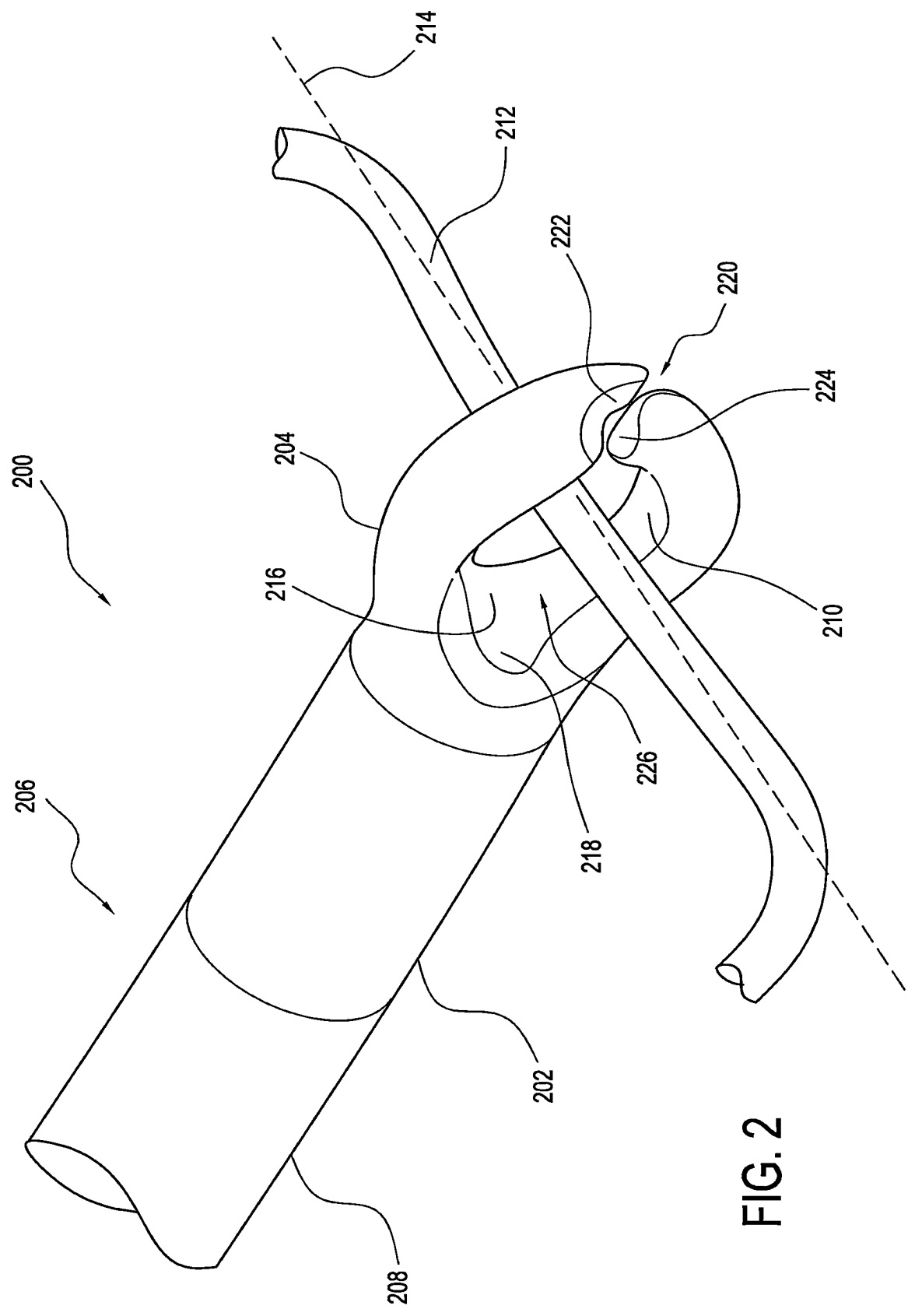


FIG. 1



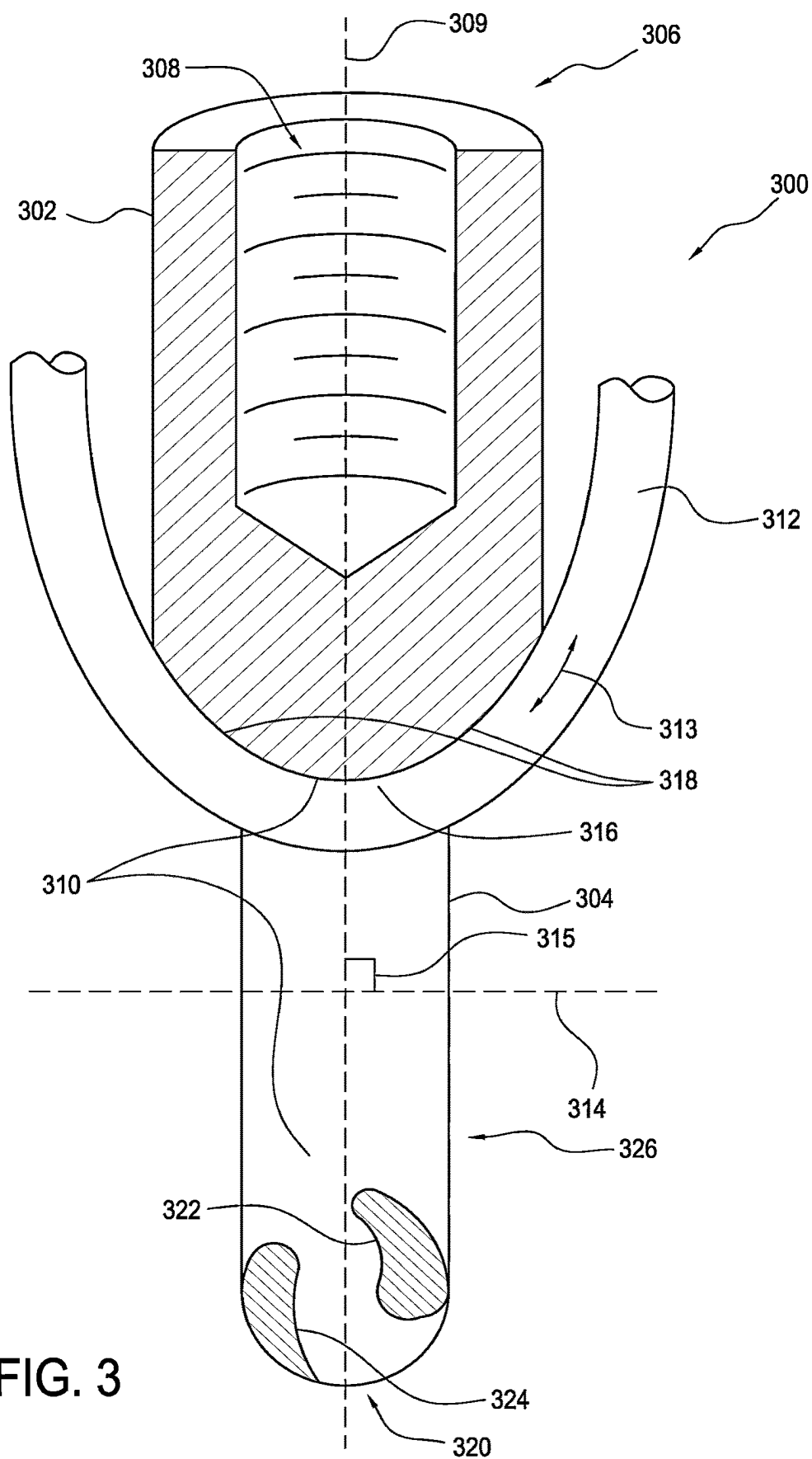
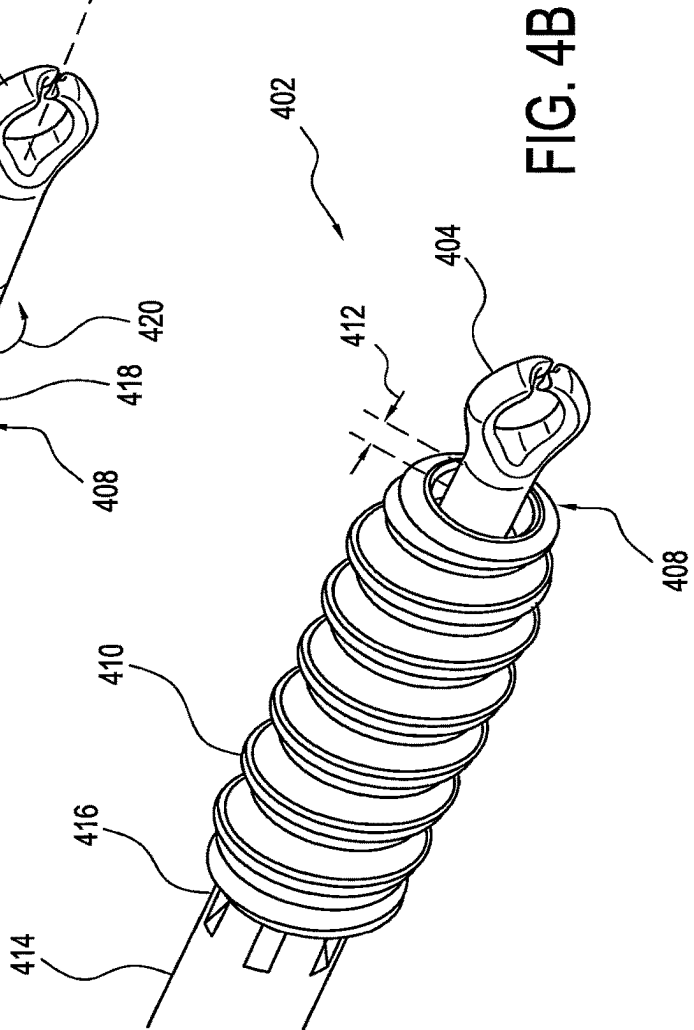
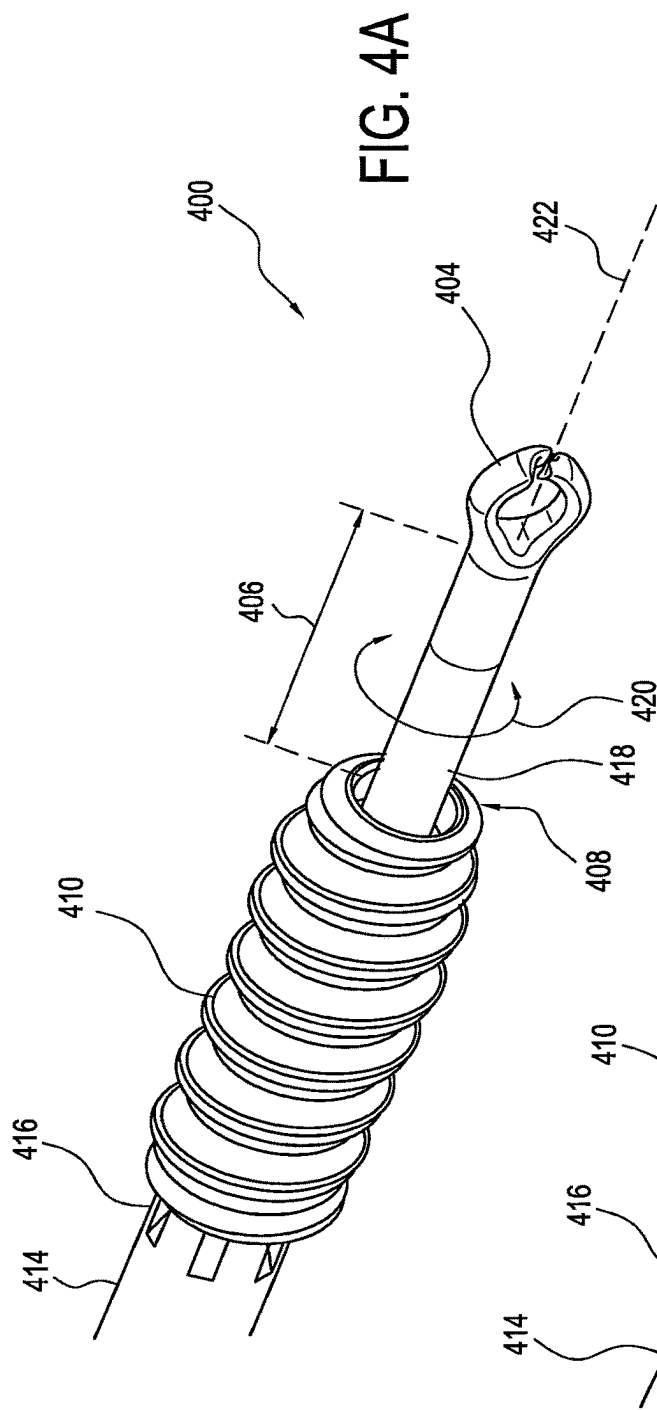


FIG. 3



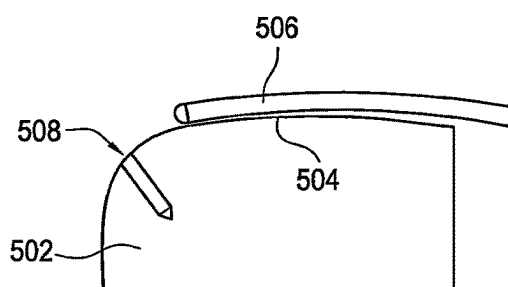


FIG. 5A

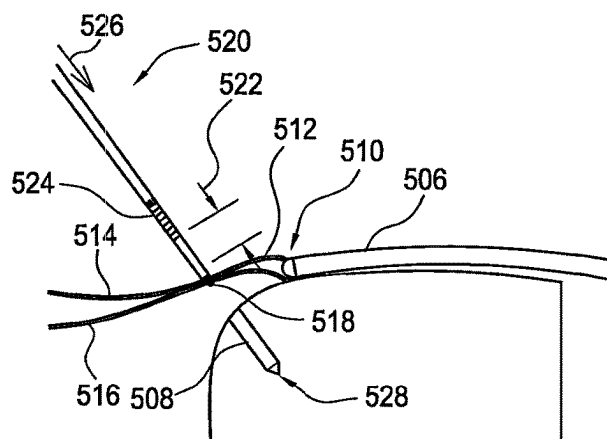


FIG. 5B

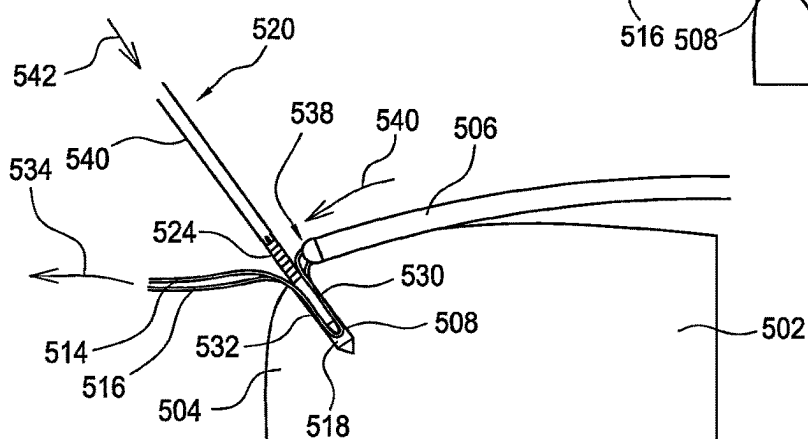


FIG. 5C

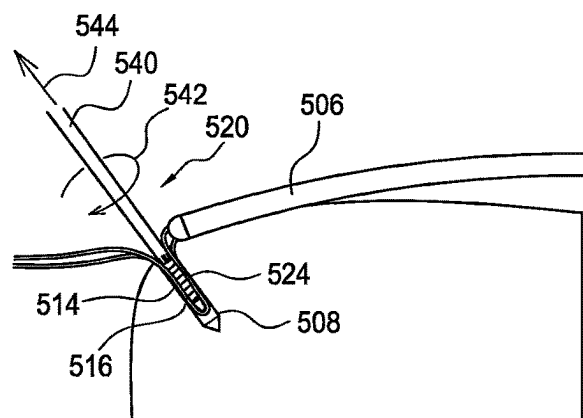


FIG. 5D

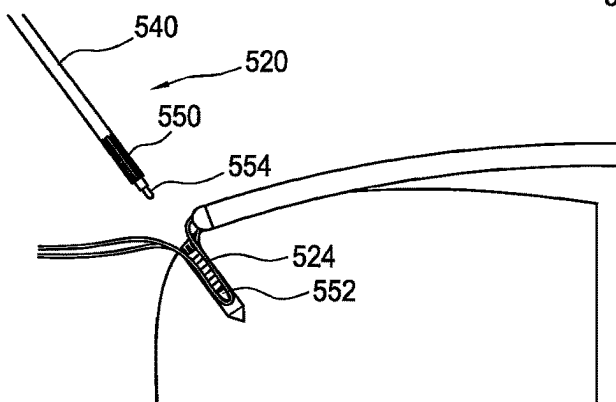


FIG. 5E

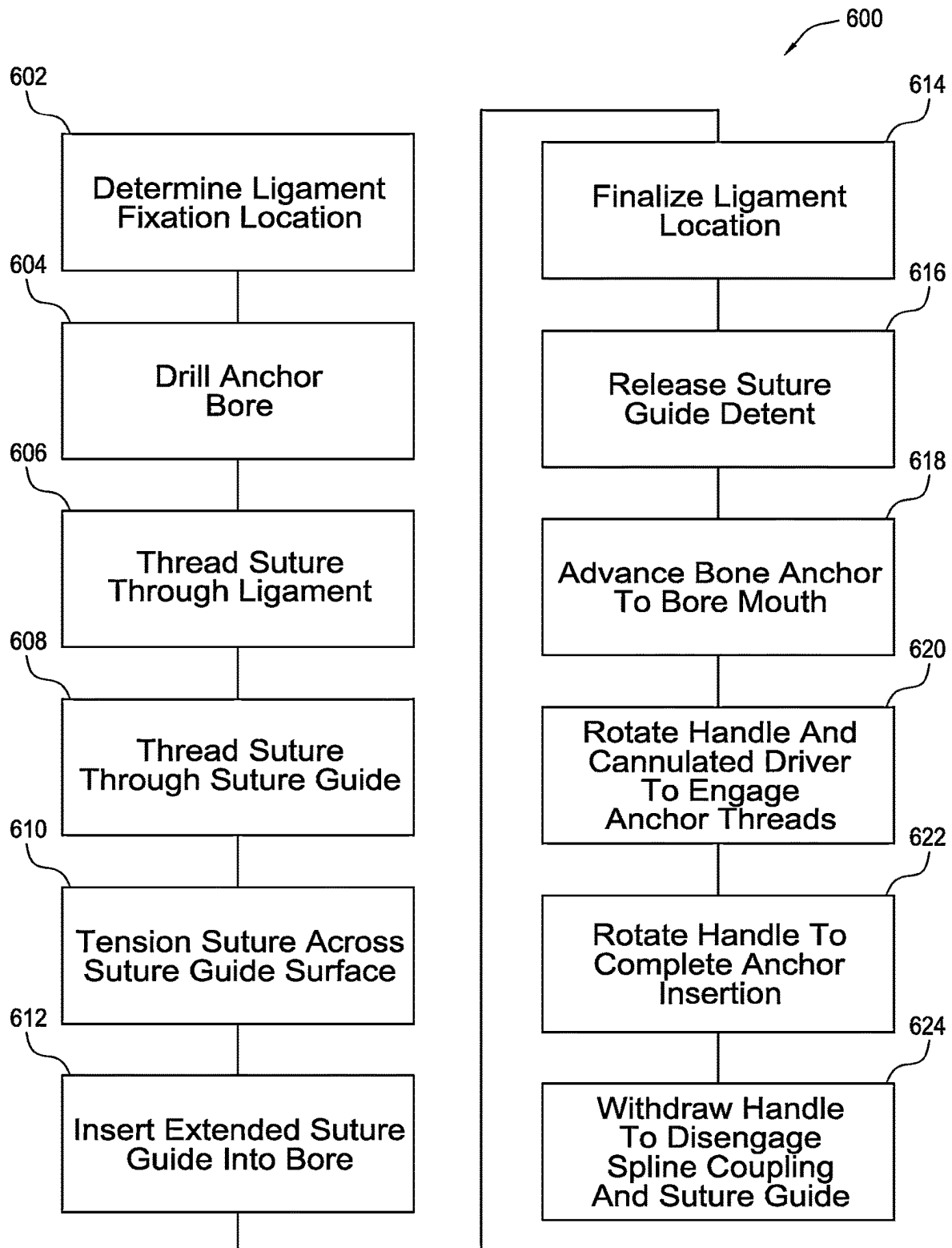
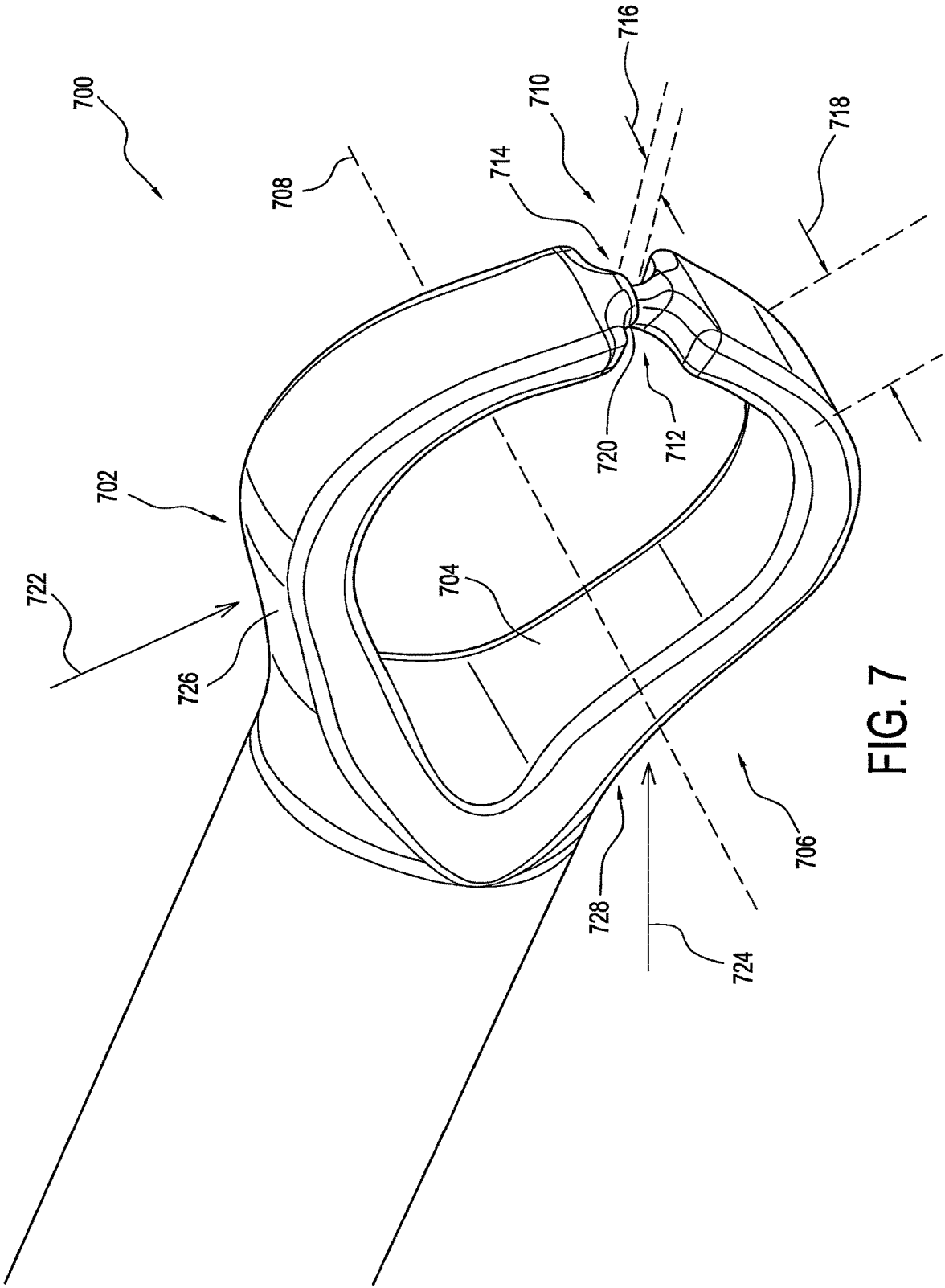
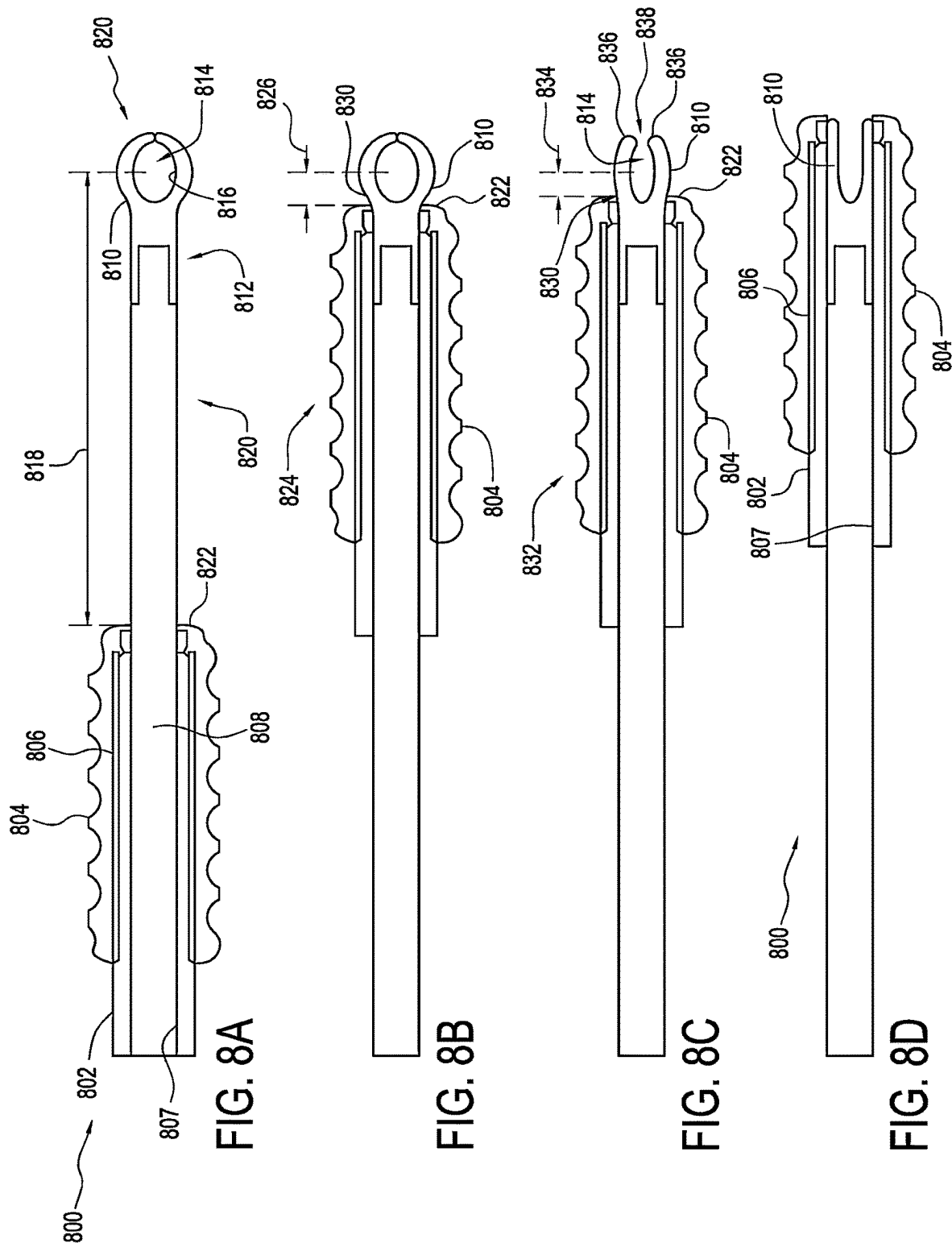
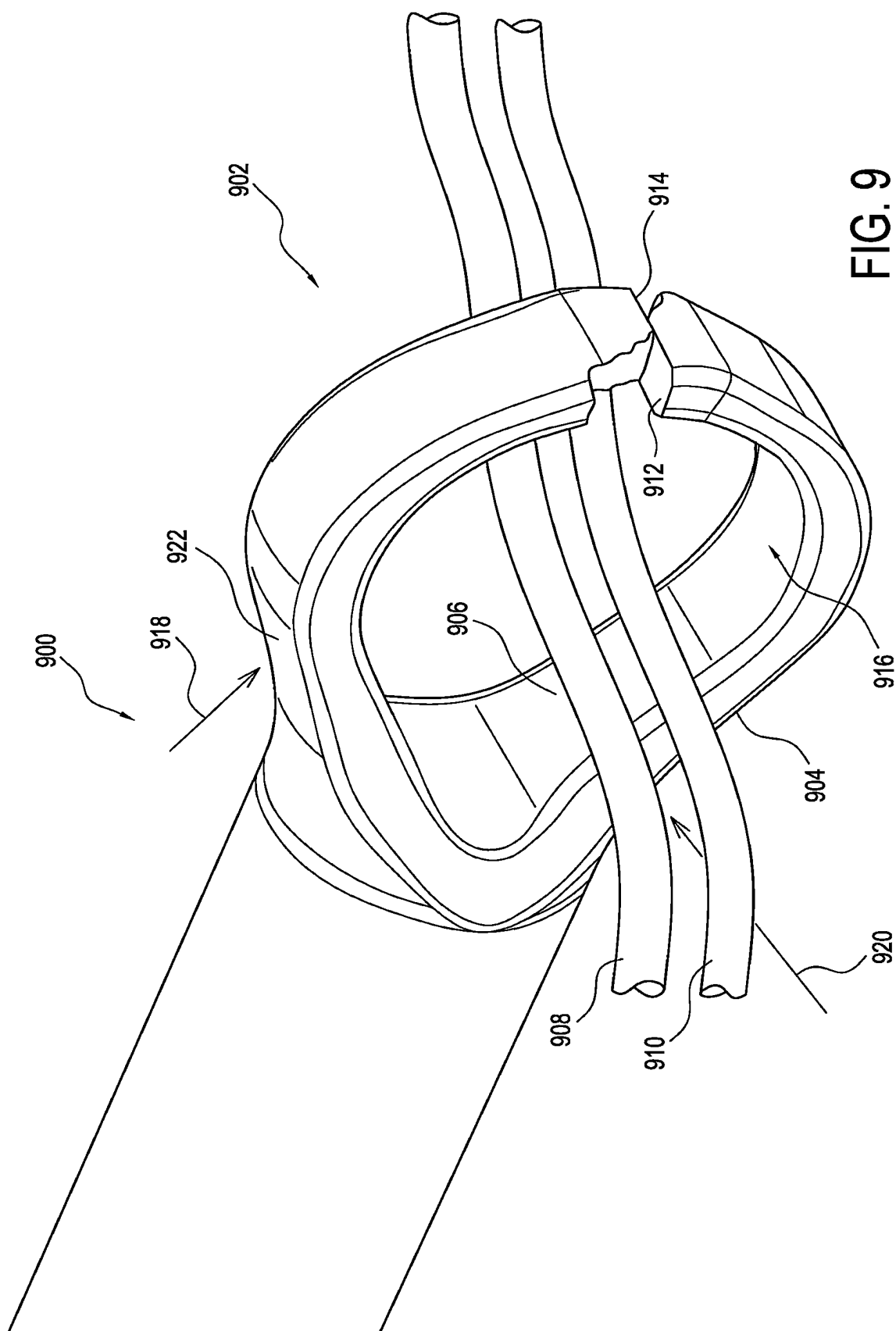
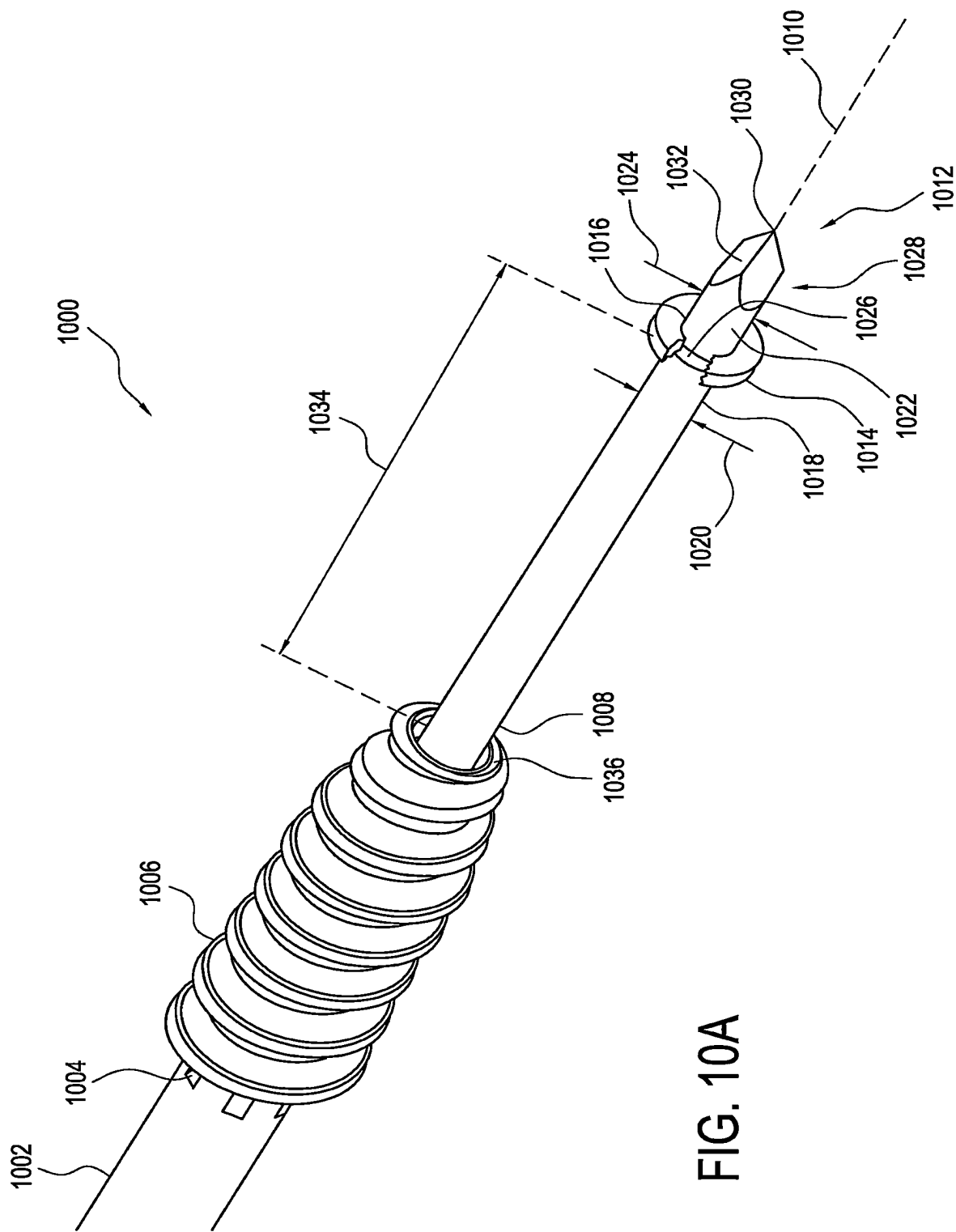


FIG. 6









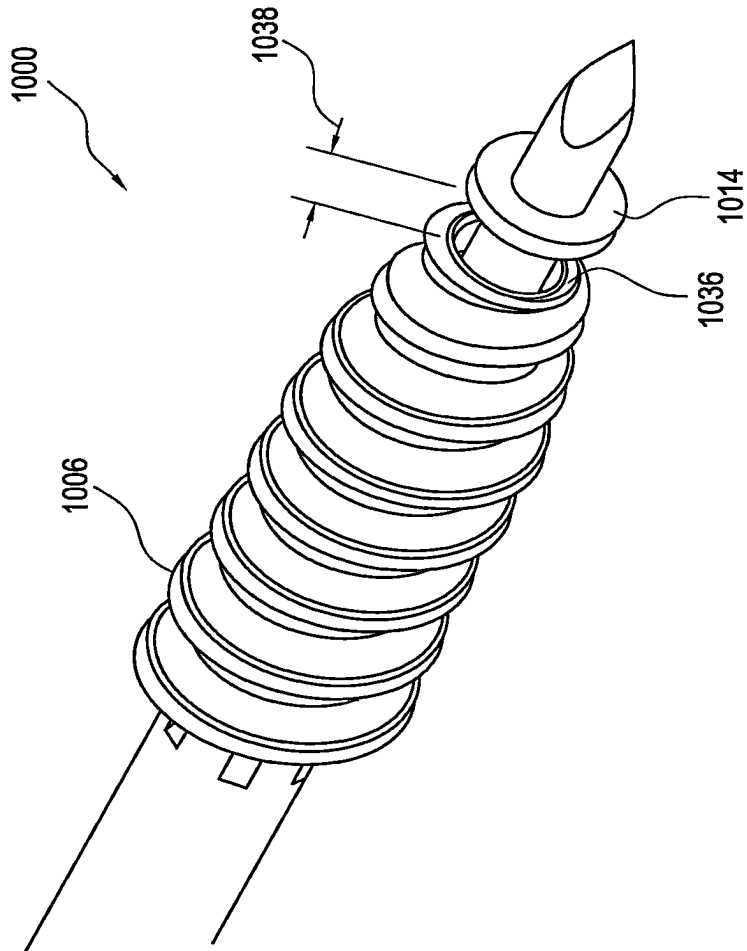


FIG. 10B

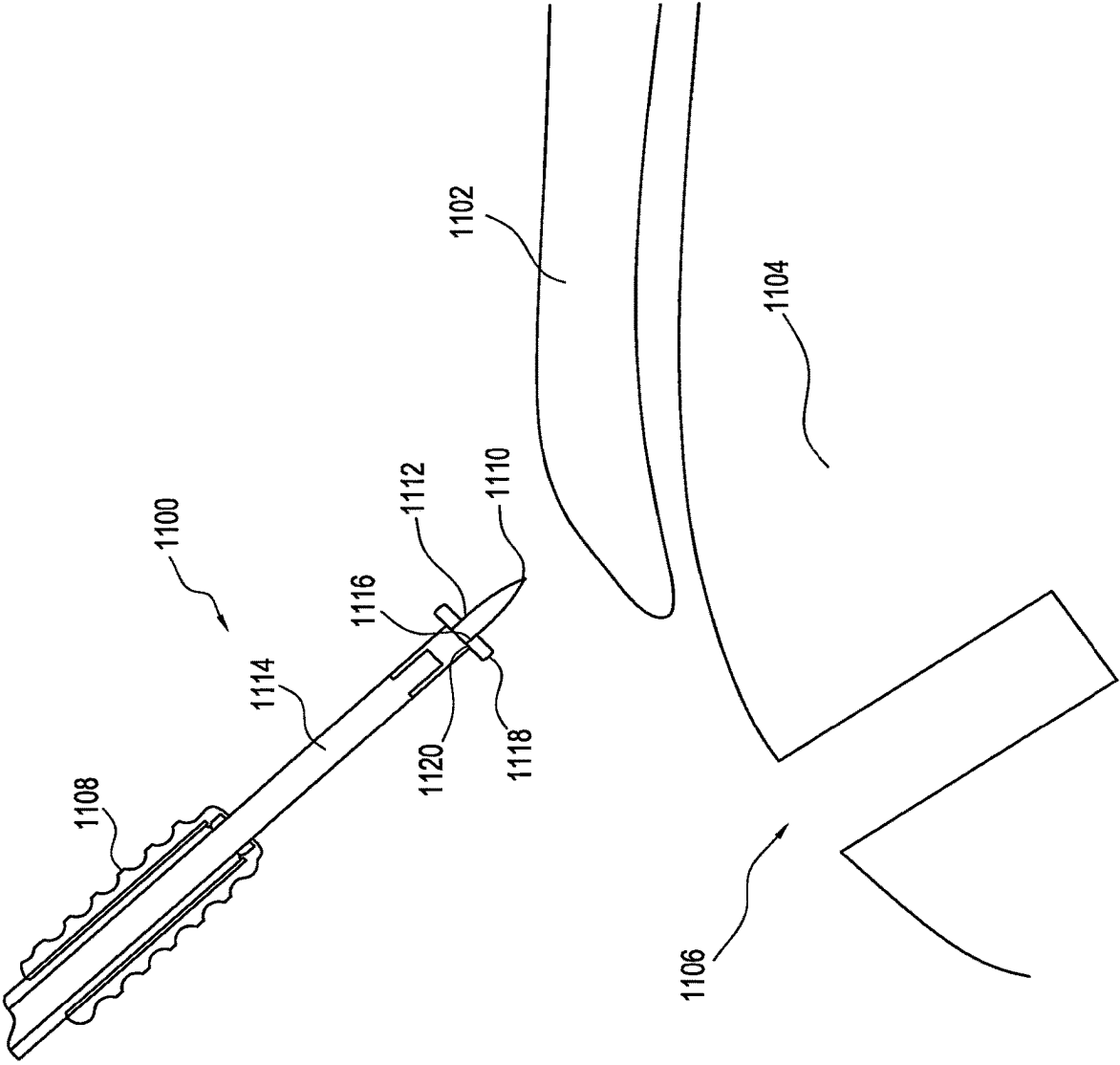


FIG. 11A

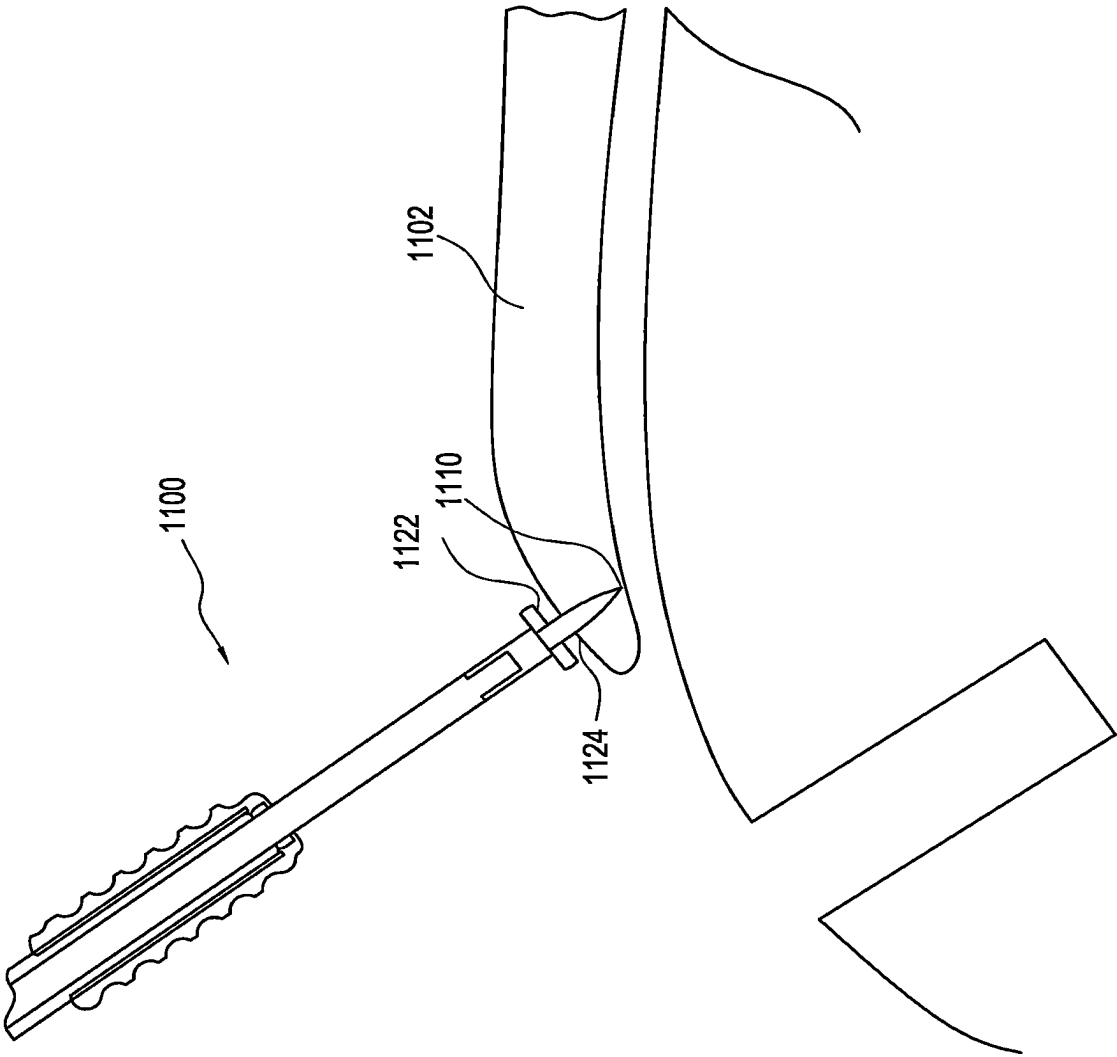
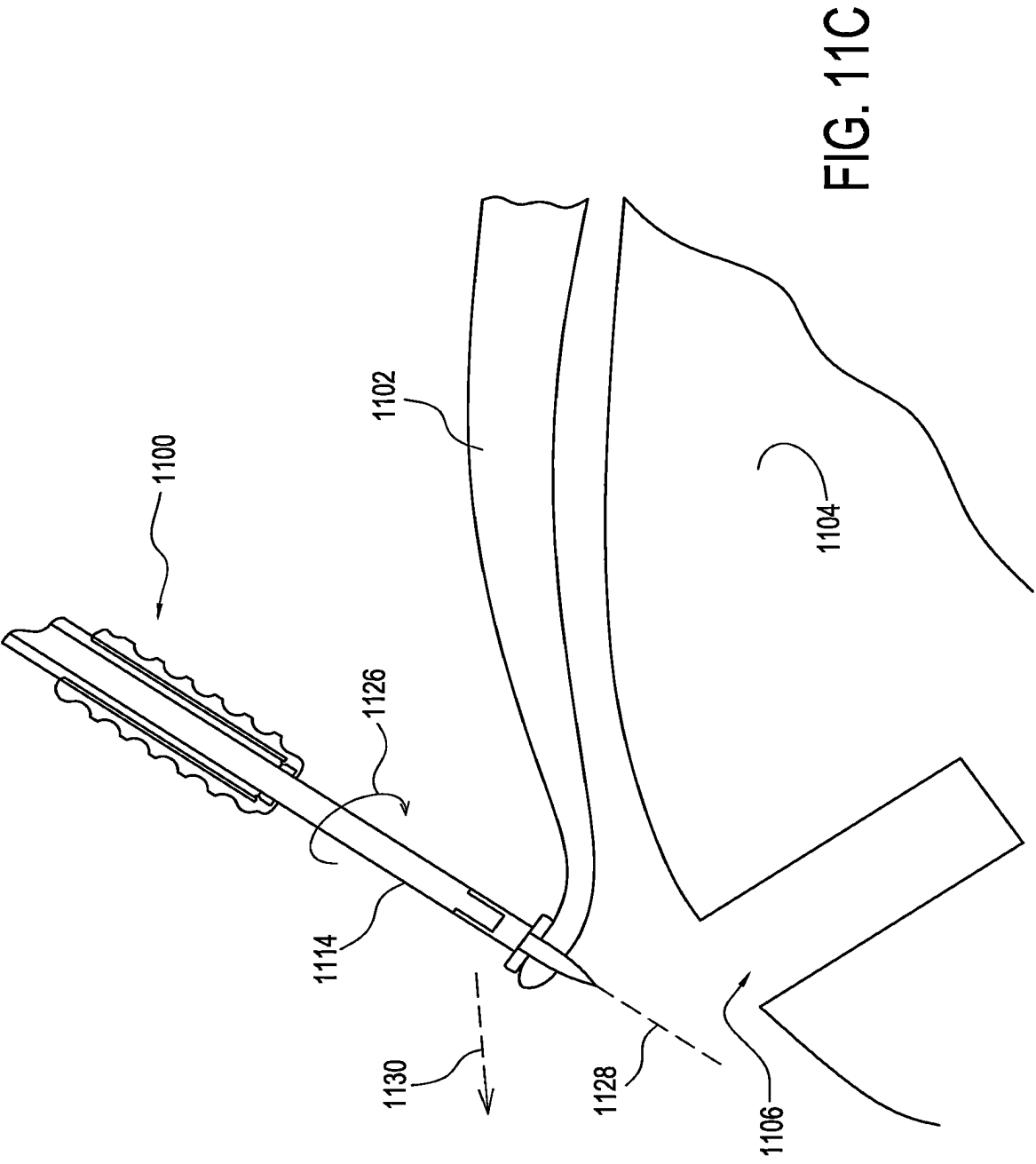


FIG. 11B



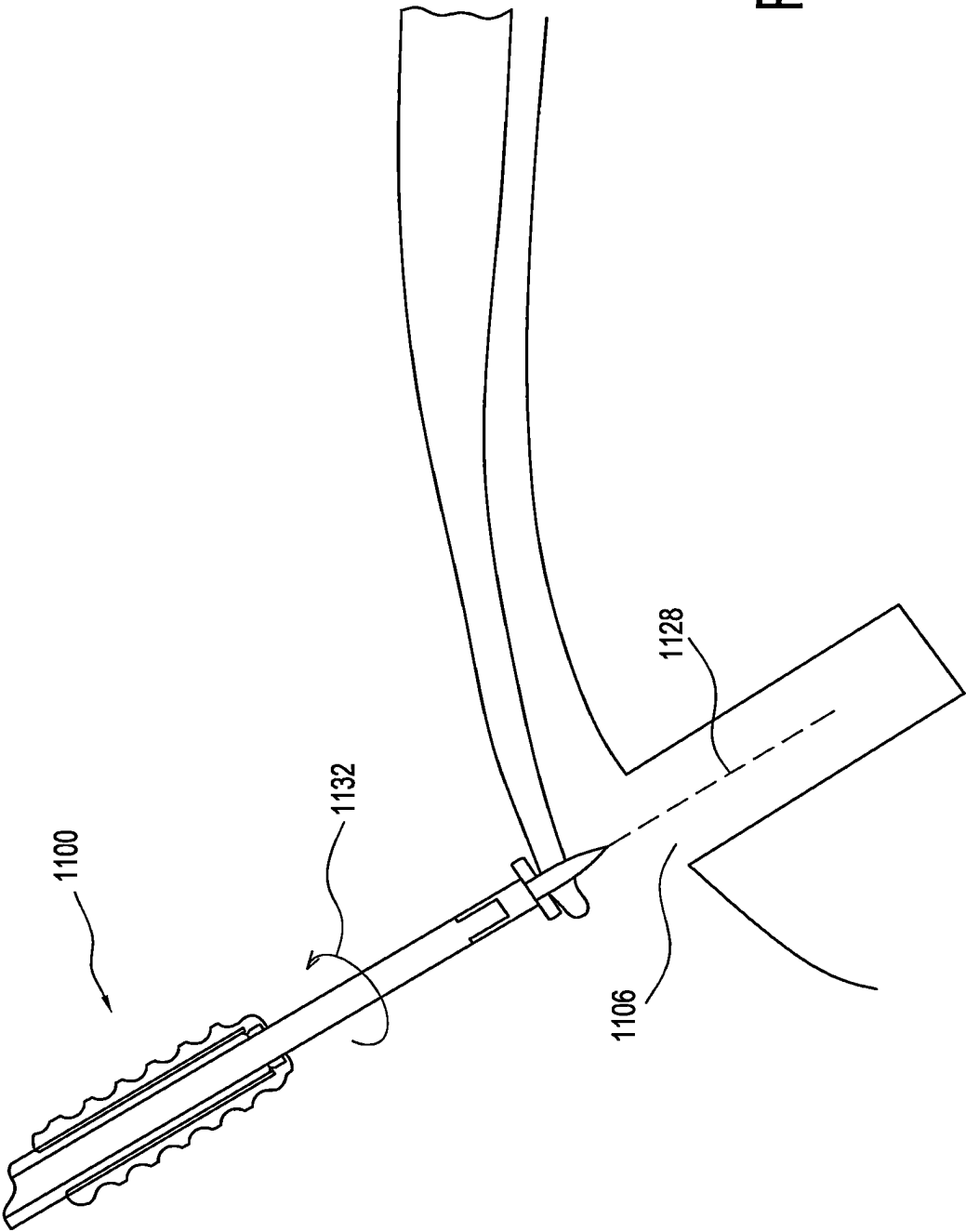
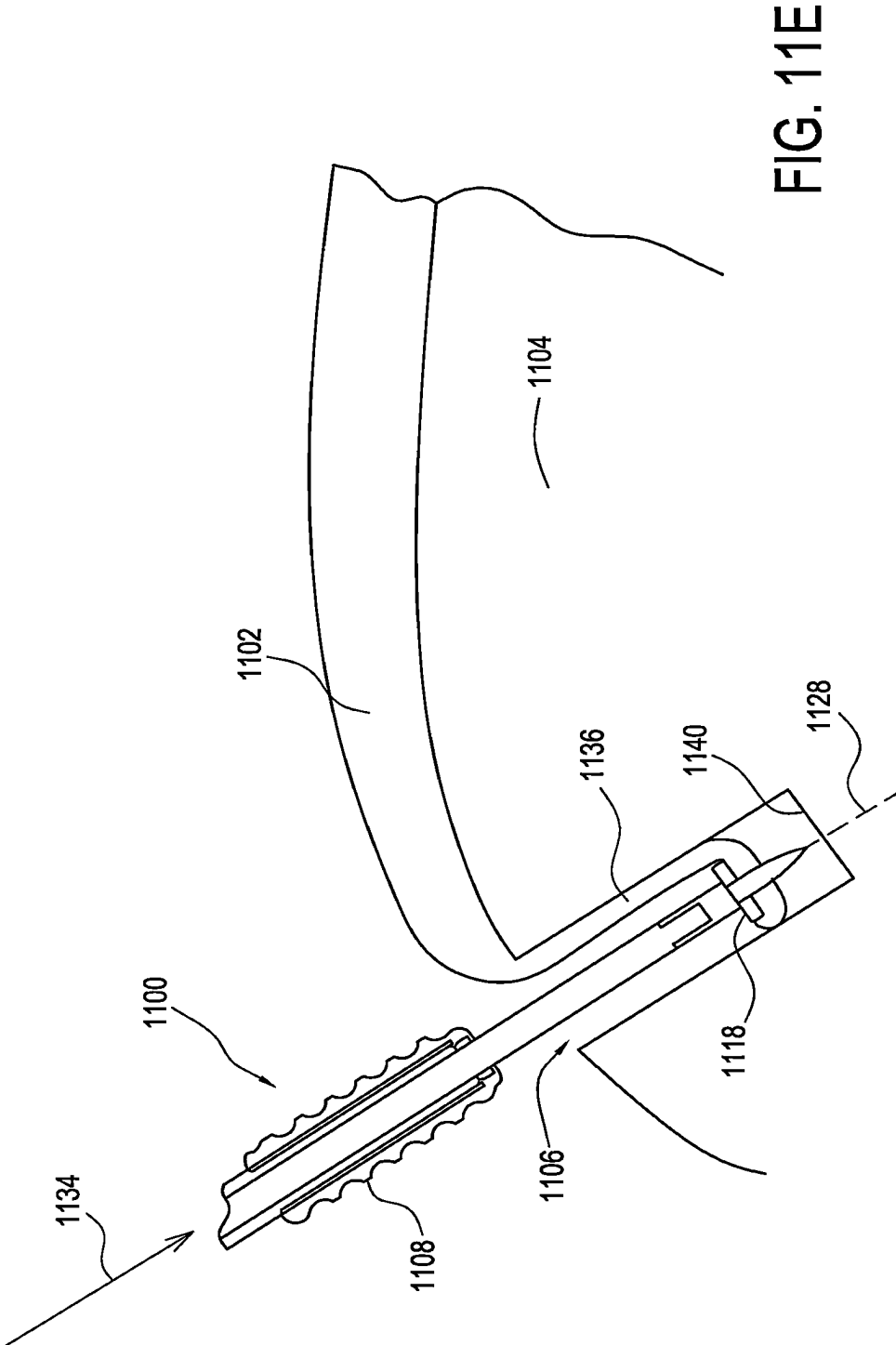
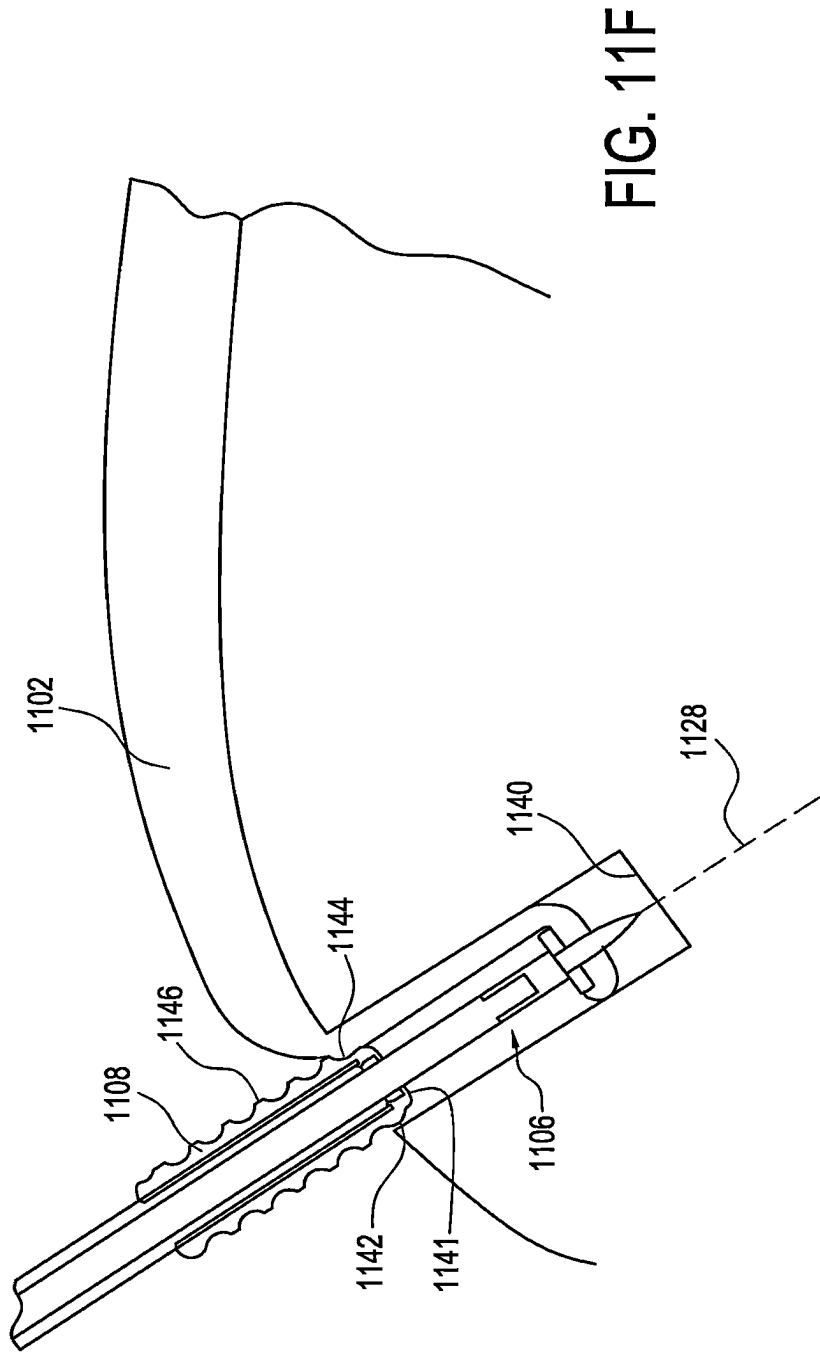


FIG. 11D





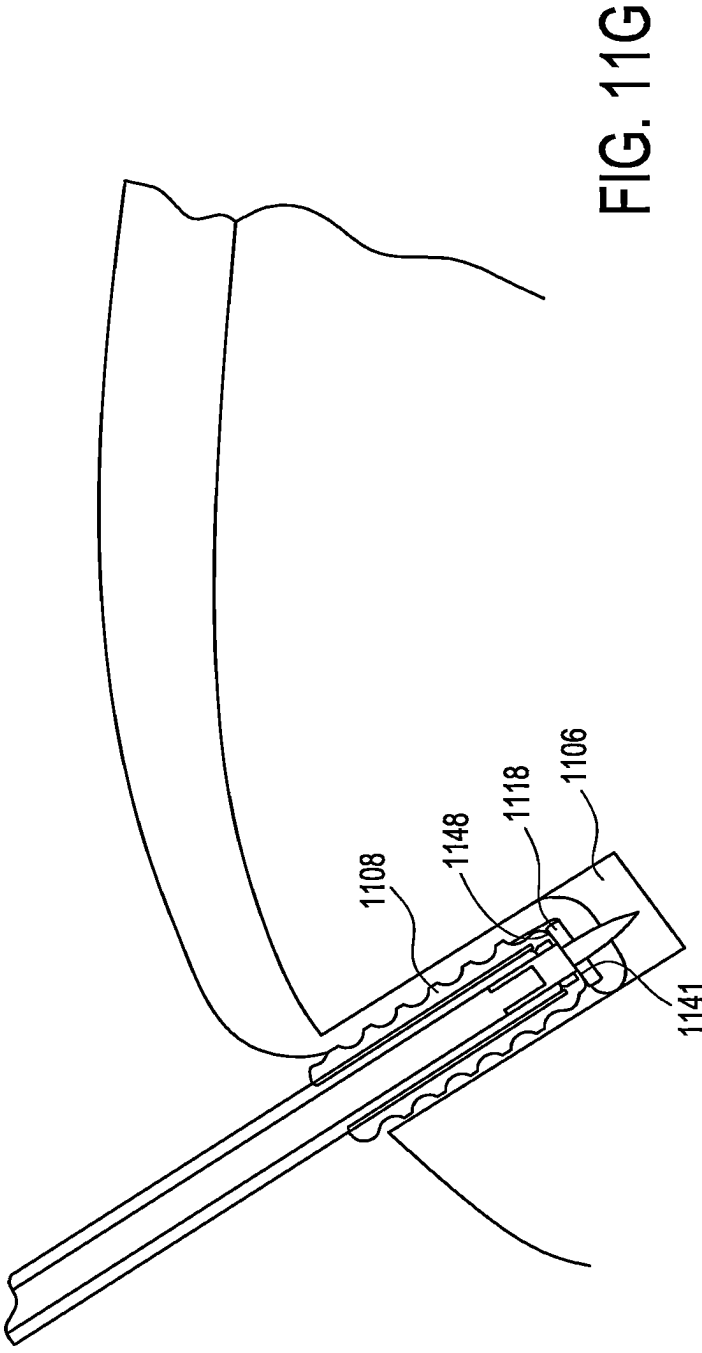
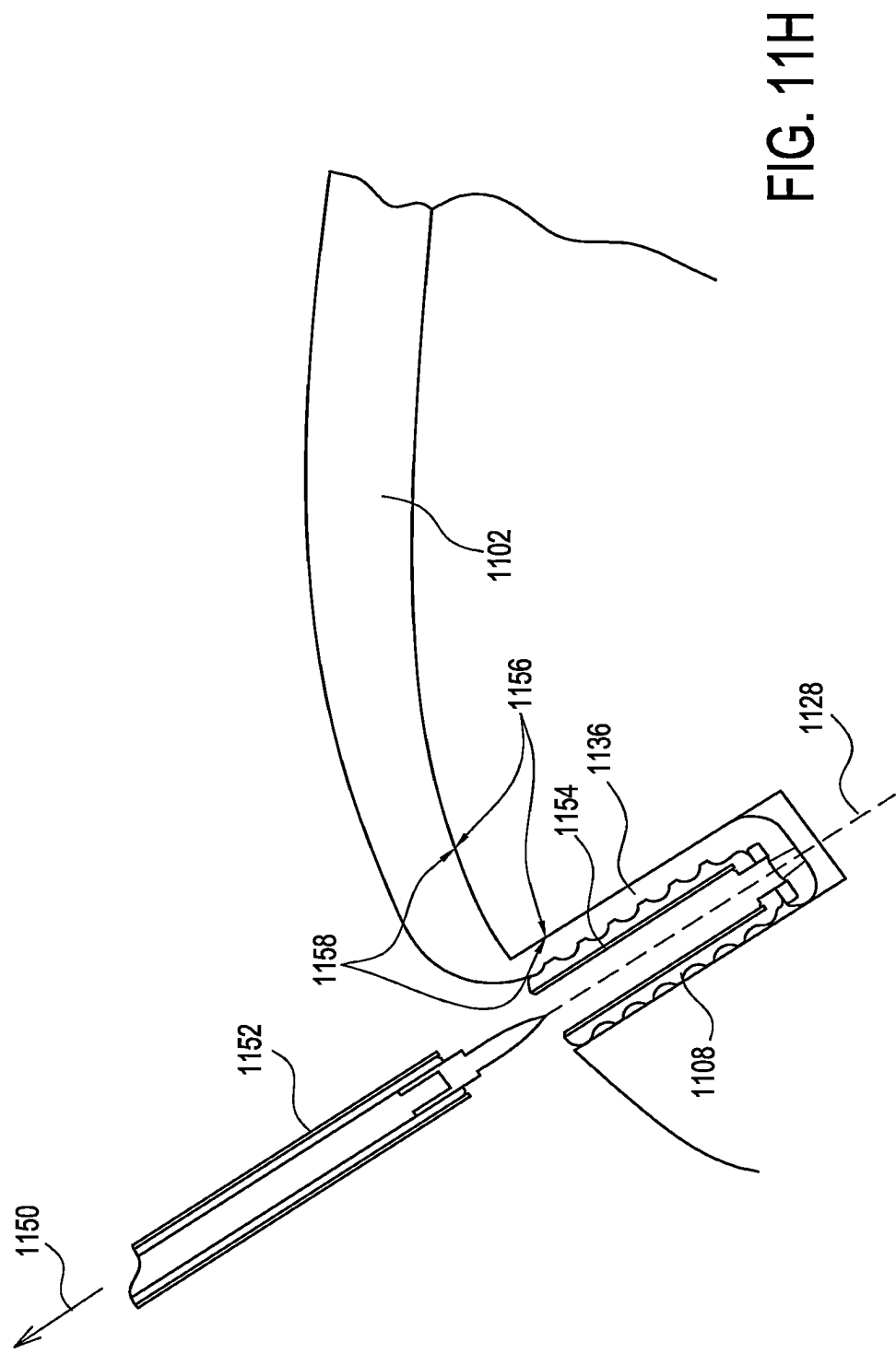
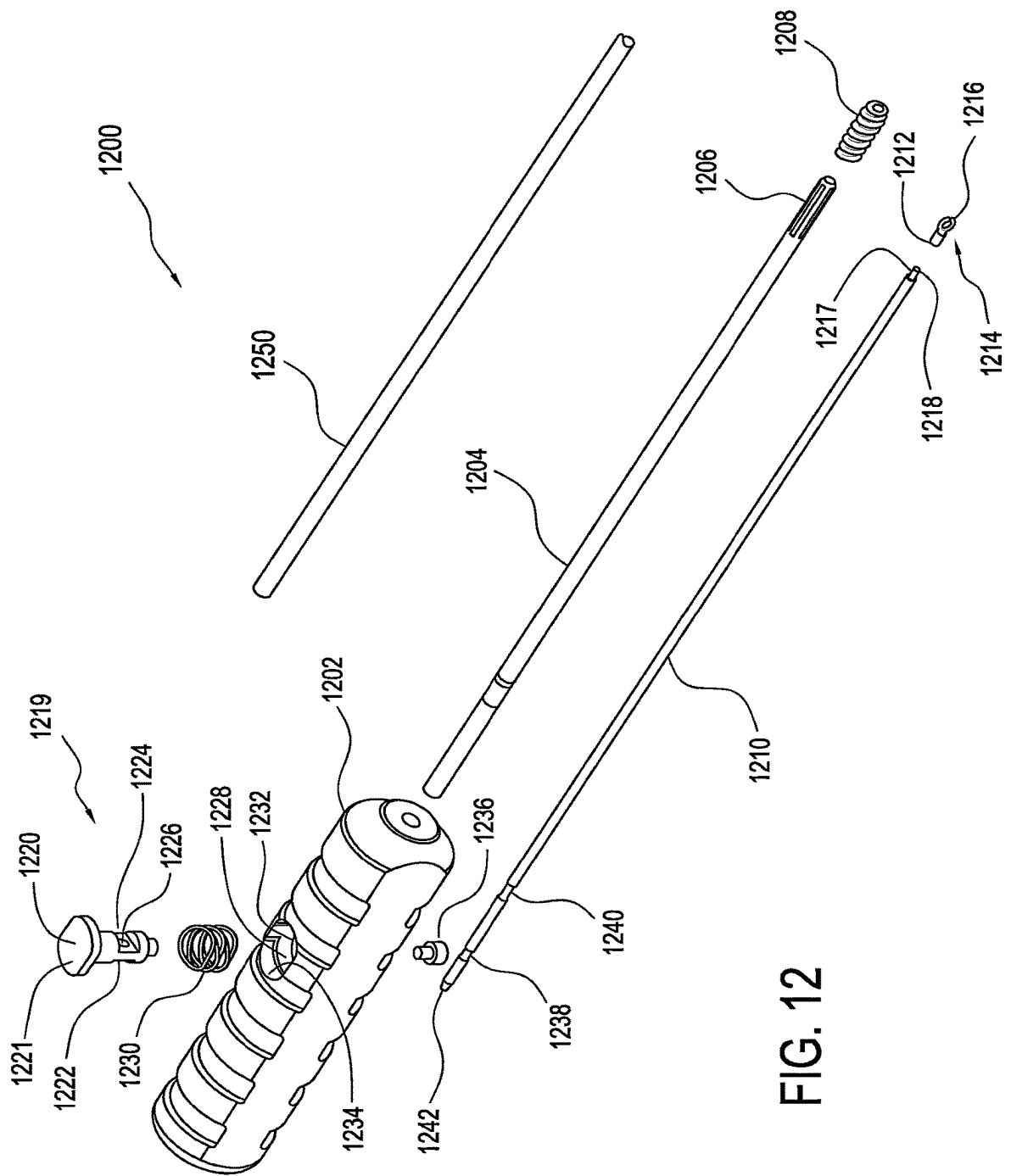


FIG. 11G





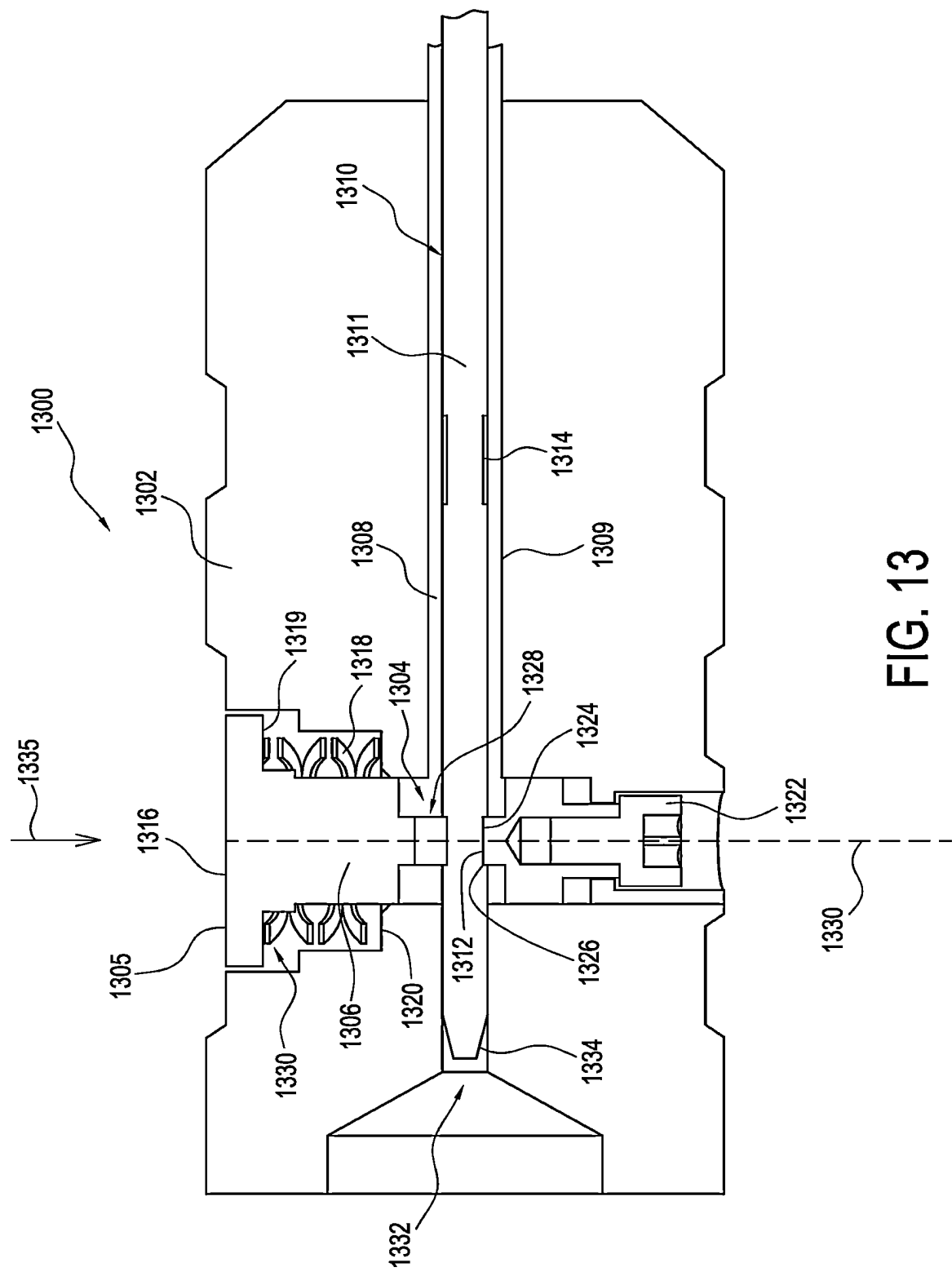
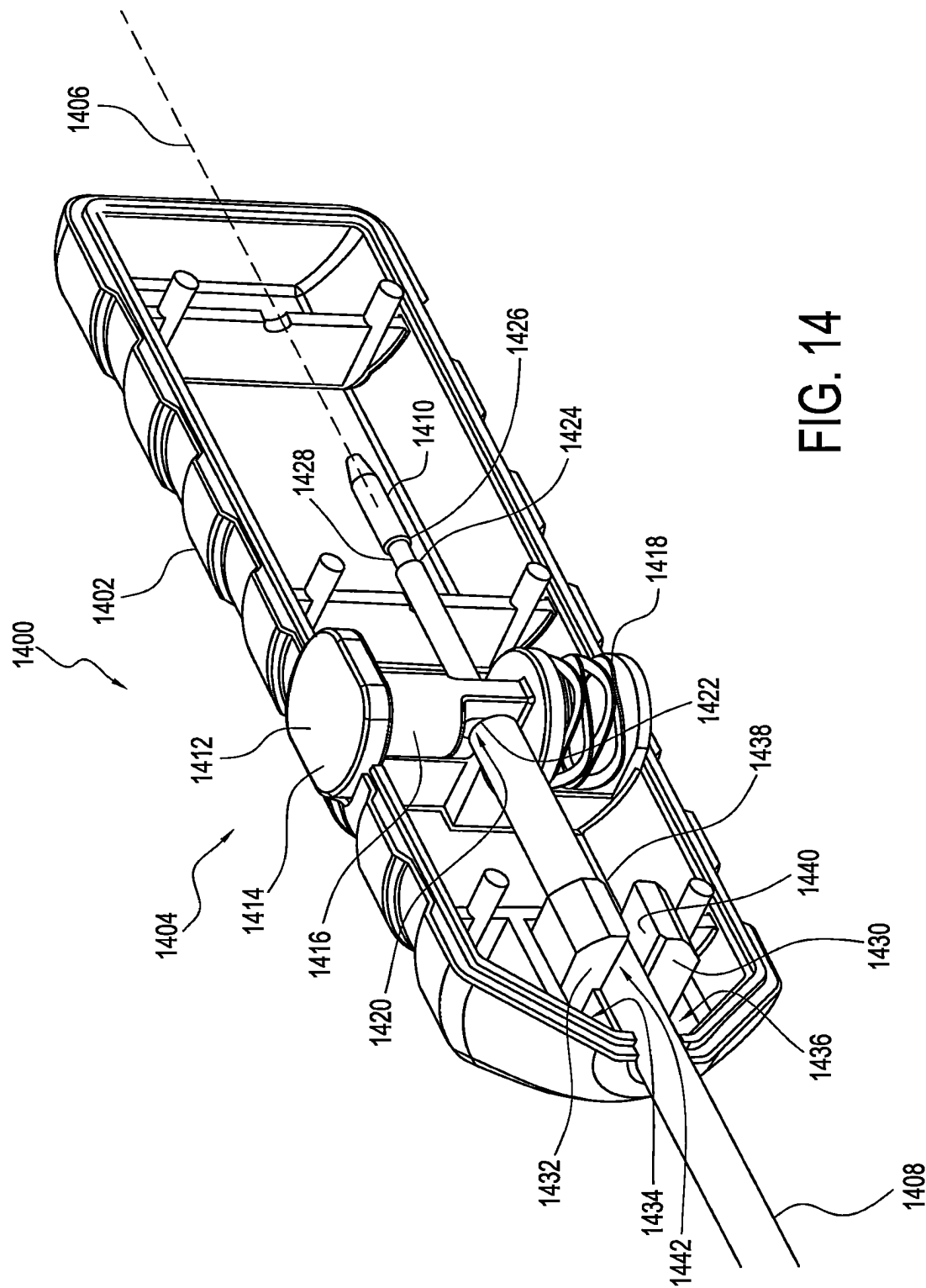


FIG. 13



SUTURE TOOL AND METHOD OF USE

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] The present application is a continuation of U.S. patent application Ser. No. 17/958,391 filed on Oct. 1, 2022, which in turn is a continuation of U.S. patent application Ser. No. 16/206,736 filed on Nov. 30, 2018, which in turn is a continuation of international patent application number PCT/US2017/035792 having an international filing date of Jun. 2, 2017 which in turn claims the benefit of U.S. provisional patent application No. 62/344,489 filed on Jun. 2, 2016, and claims the benefit of U.S. provisional patent application No. 62/368,023 filed on Jul. 28, 2016, the disclosures of all of the foregoing are incorporated herein by reference in their entirety.

FIELD OF THE INVENTION

[0002] The present invention relates to a system, method and apparatus for fixturing tissue and more specifically to adjustable tissue fixturing.

SUMMARY

[0003] A wide variety of traumatic injuries can result in detachment of ligament from bone. In such circumstances surgical reattachment and, in particular, arthroscopic reattachment offers the potential of substantial recovery. Factors that bear strongly on successful reattachment include accurate positioning of the ligament tissue with respect to the underlying bone, and the presence of appropriate tension in the suture material maintaining this positioning.

[0004] Achieving these parameters in practice is difficult. Once the tissue has been attached to the suture, a distal end of the suture must be positioned so as to properly locate the ligament tissue with respect to the bone. Thereafter, a fixturing mechanism must be applied to ensure that this relationship is maintained. The process must account for the fact that application of the fixturing mechanism may tend to change the position and/or tension of a portion of the suture material.

[0005] The present invention includes an integrated surgical tool including an anchor driver and a guide portion. The guide portion is arranged to allow a user to position first and second materials (e.g. bone, soft tissue or synthetic tissue or device) in relation to one another and then release the anchor driver so as to allow engagement of the anchor driver with one or more of the tissues and fixate the tissues together (e.g. ligament or tendon to bone). Depending on the particular arrangement of the surgical tool, the surgical tool will include a suture guide that positions a suture within a prepared bore of a substrate bone material. The suture, having been attached to a soft tissue or material, is then fixed in place with respect to the bone by releasing the anchor driver portion and allowing a bone anchor coupled to the anchor driver to be fully engaged with the substrate bone material.

[0006] In other embodiments, for example, soft tissue will be directly positioned and held in place by a guide portion of the surgical tool. Once the soft tissue is positioned, an anchor guide is released and the anchor (anchor, suture anchor, soft tissue anchor, threaded device or driven in device) engages both the soft tissue and underlying bone tissue to achieve effective fixation of the two materials.

[0007] In sum, in certain embodiments, the invention includes a surgical tool that incorporates a suture guide and anchor driver supporting an anchor where the anchor is maintained at a distance from the suture guide until release of a detent mechanism. Thereafter, the anchor is allowed to move into proximity to the suture guide, fixing a suture supported by the suture guide to a substrate, the entire procedure being achievable with a single hand. In certain embodiments, the invention includes a surgical tool comprising, a handle portion, said handle portion including a detent mechanism, a tissue positioning portion, said tissue positioning portion being releasably coupled to said handle portion through said detent mechanism; and a substrate anchor driver portion, said substrate anchor driver portion including a coupling feature for coupling said substrate anchor driver portion to a substrate anchor, wherein said handle portion, said tissue positioning portion and said substrate anchor driver portion share a mutual longitudinal axis, and wherein said tissue positioning portion and said substrate anchor driver portion are disposed in controlled sliding relation to one another, subject to operation of said detent mechanism.

[0008] The following description is provided to enable any person skilled in the art to make and use the disclosed inventions and sets forth the best modes presently contemplated by the inventors of carrying out their inventions. In the following description, for purposes of explanation, numerous specific details are set forth in order to provide a thorough understanding of the present invention. It will be apparent, however, to one skilled in the art, that the present invention may be practiced without these specific details. In other instances, well-known structures and devices are shown in block diagram form in order to avoid unnecessarily obscuring the substance disclosed. These and other advantages and features of the invention will be more readily understood in relation to the following detailed description of the invention, which is provided in conjunction with the accompanying drawings.

[0009] It should be noted that, while the various figures show respective aspects of the invention, no one figure is intended to show the entire invention. Rather, the figures together illustrate the invention in its various aspects and principles. As such, it should not be presumed that any particular figure is exclusively related to a discrete aspect or species of the invention. To the contrary, one of skill in the art would appreciate that the figures taken together reflect various embodiments exemplifying the invention.

[0010] Correspondingly, referenced throughout the specification to “one embodiment” or “an embodiment” means that a particular feature, structure, or characteristic described in connection with the embodiment is included in at least one embodiment of the present invention. Thus, the appearance of the phrases “in one embodiment” or “in an embodiment” in various places throughout the specification are not necessarily all referring to the same embodiment. Furthermore, the particular features, structures, or characteristics may be combined in any suitable manner in one or more embodiments.

BRIEF DESCRIPTION OF THE DRAWINGS

[0011] FIG. 1 shows an exemplary surgical tool according to principles of the invention;

[0012] FIG. 2 shows, in schematic perspective view, certain further aspects of a suture guide according to principles of the invention;

[0013] FIG. 3 shows, in schematic cross-section, further aspects of a suture guide prepared according to principles of the invention;

[0014] FIG. 4A shows, in schematic perspective view, a surgical tool prepared according to principles of the invention in an extended configuration;

[0015] FIG. 4B shows, in schematic perspective view, a surgical tool prepared according to principles of the invention in a retracted configuration;

[0016] FIG. 5A-FIG. 5E illustrate selected states of an exemplary method of employing a surgical tool prepared according to principles of the invention;

[0017] FIG. 6 shows, in flowchart form, certain portions of a method for using a surgical tool according to principles of the invention;

[0018] FIG. 7 shows, in schematic perspective view, a further suture guide for a surgical tool prepared according to principles of the invention;

[0019] FIGS. 8A-8D shows, in schematic cross-section, a portion of a surgical tool prepared according to principles of the invention;

[0020] FIG. 9 shows, in cutaway perspective view, a portion of a further surgical tool prepared according to principles of the invention including a suture guide;

[0021] FIG. 10A shows, in cutaway perspective view, a further surgical tool prepared according to principles of the invention in an extended configuration;

[0022] FIG. 10B shows, in schematic perspective view, a further surgical tool prepared according to principles of the invention in a retracted view;

[0023] FIGS. 11A-11H show, in schematic cross-sectional view, various states in an exemplary method of using a surgical tool;

[0024] FIG. 12 shows, in exploded view, an exemplary surgical tool according to principles of the invention;

[0025] FIG. 13 shows, in schematic cross-section, a handle portion of a surgical tool prepared according to principles of the invention; and

[0026] FIG. 14 shows, in schematic cross-section, a surgical tool prepared according to principles of the invention.

DETAILED DESCRIPTION

[0027] The following description is provided to enable any person skilled in the art to make and use the disclosed inventions and sets forth the best modes presently contemplated by the inventors for carrying out their inventions. In the following description, for purposes of explanation, numerous specific details are set forth in order to provide a thorough understanding of the present invention. It will be apparent, however, to one skilled in the art that the present invention may be practiced without these specific details. In other instances, well-known structures and devices are shown in block diagram form in order to avoid unnecessarily obscuring the substance disclosed.

[0028] As noted above, the results of surgery directed to reattaching soft tissue and bone are likely to be improved by increasing the accuracy of relative tissue positioning, and effectively maintaining this position once established. Moreover, to the extent that this work can be completed by a single surgeon using two hands, efficiency and effectiveness are likely to be improved. As further described below, the

present inventors have developed new and useful apparatus and methods for achieving these and other benefits.

[0029] In a first phase of operation, a surgical tool prepared according to principles of the invention is arranged and configured to have a first portion which includes a bearing surface within a bore in a substrate osseous tissue. The bearing surface supports a portion of a suture in sliding relation. By adjusting tension on a first end of the same suture, the location of soft tissue previously coupled to a second end of the same suture can be adjusted.

[0030] Once a desirable relative configuration of tissues has been achieved, a second phase of operation of the surgical tool can be effected to drive a bone anchor into the bore, capturing a further region of the suture between the anchor and the osseous tissue and effectively fixing a spatial relationship between the soft and osseous tissues.

[0031] During the first phase of operation, the bearing surface is maintained relatively distal to the anchor, which has been preloaded on the apparatus. As the second phase of operation is entered, a detent is released allowing a separation between the bearing surface and the anchor to be reduced. The structural relationships of the apparatus, and its components, as they exist within these two phases of operation, will be further clarified in light of the following figures and description.

[0032] It should be noted that the present invention includes a surgical tool that allows single-handed deployment of a suture or interference fixed tissue. Thus, a surgeon using a single hand can insert a suture guide or captured tissue within a prepared bore in a substrate. Thereafter, without removing his or her hand from the handle of the surgical tool, the surgeon can release a detent such that an anchor having a helical thread, a barbed surface feature, a smooth surface for interference fit, or any other appropriate fixation feature, can be deployed to retain the suture and/or soft tissue at the bore. This single-handed operation offers unique benefits, allowing rapid and practical fixation of tissue with limited personnel and within the constraints of space limitations in proximity to the patient.

[0033] FIG. 1 shows, in schematic perspective view, a surgical tool 100 prepared according to principles of the invention. Surgical tool 100 includes a handle member 102, and a cannulated anchor driver 104 (i.e., a hollow cylindrical anchor driver). An exemplary anchor, 106 is shown as engaged with a spline coupling 108 at a distal end 109 of the cannulated anchor driver 104.

[0034] One of skill in the art will appreciate that in other embodiments of the invention, the anchor driver will not include any spline feature, but will include other features or arrangements for coupling to the anchor. Thus, in certain embodiments, the anchor driver and anchor will have complementary helical threads. In still other embodiments, the anchor driver and anchor will have substantially smooth surfaces retained adjacent to one another by an interference fit. In still other embodiments, an adhesive material will retain the anchor driver and anchor in temporary connection to one another.

[0035] A suture guide shaft 110 is disposed coaxially within a longitudinal bore of the anchor driver 104. A distal end 109 of the suture guide shaft 110 supports a suture guide 112. In the illustrated embodiment, the suture guide 112 includes an optional generally cylindrical portion 114 and a generally toroidal portion 116. As will be further discussed below, the generally toroidal portion 116 defines an inner

circumference and a normal axis generally transverse to a longitudinal axis of the guide shaft **110**.

[0036] One of skill in the art will understand that the toroidal shape of toroidal portion **116** will, in certain embodiments, include a generally circular toroid as illustrated. In addition, in other embodiments any other shape will be employed according to the requirements of a particular application. Thus, in certain embodiments, the toroidal portion will have a generally rectangular configuration; in other embodiments a square configuration; in other embodiments any other regular or irregular polygonal configuration; in other embodiments a generally elliptical configuration; in other embodiments a generally oval configuration. In other words, any shape of suture guide will be employed where desirable in light of all design considerations.

[0037] As will also be further discussed below, a longitudinal displacement of suture guide shaft **110** with respect to the cannulated anchor driver **104** is controlled, in part, by a suture guide release button **118**.

[0038] FIG. 2 shows, in schematic perspective view, certain further aspects of a suture guide **200** of a novel surgical tool. The illustrated suture guide **200** includes a first generally cylindrical portion **202** and a second generally toroidal portion **204**.

[0039] In certain embodiments, the generally cylindrical portion **202** is coupled to a distal end **206** of a suture guide shaft **208**. This coupling may be affected by, for example and without limitation, threads, swaging, soldering, welding and/or an adhesive coupling. In other embodiments of the invention, the cylindrical portion **202** and the suture guide shaft **208** are integrally formed as a single structural member.

[0040] The generally toroidal portion **204** includes an internal bearing surface region **210**. Bearing surface region **210** serves to support a portion of a suture **212** as illustrated. In various embodiments of the invention, surface region **210** will be more or less arcuate in form, defining (in certain embodiments) a saddle curve such that the surface region curve circumferentially around a generally circular axis of the toroidal portion, where the axis of the toroidal portion defines a plane generally perpendicular to a longitudinal axis of the suture **214**, as depicted.

[0041] In certain embodiments of the invention, a proximal portion **216** of the internal surface region **210** includes a region of extended curvature **218**. This region of extended curvature serves to support the suture **212** in sliding relation when the suture is disposed under additional tension so as to allow adjustment of the relative position of the soft and osseous tissues.

[0042] In certain embodiments of the invention, the generally toroidal portion **204** of the suture guide **200** embodies a slot **220** defined by first **222** and second **224** surface regions disposed in opposition to one another and generally transverse to the axis of the portal portion. One of skill in the art will appreciate that slot **220** allows the ready insertion of a suture portion **212** into the aperture **226** of the generally toroidal portion **204**, thereby avoiding the need to thread the suture longitudinally through aperture **226**, starting at a first end of the suture, and further allowing removal of the suture guide once the suture is fixed in place.

[0043] FIG. 3 shows, in schematic cross-section, further aspects of a suture guide **300** prepared according to prin-

ciples of the invention. The illustrated suture guide includes a first generally cylindrical portion **302** and a second generally toroidal portion **304**.

[0044] A proximal end **306** of the cylindrical portion **302** includes a generally circular cylindrical internally threaded bore **308**. The generally circular cylindrical internally threaded bore **308** defines a longitudinal axis generally coincident with a longitudinal axis **309** of the first generally cylindrical portion **302**.

[0045] The second generally toroidal portion **304** includes an internal bearing surface region **310** which serves to support a portion of a suture **312**, as illustrated. An axis of rotation **314** of the generally toroidal portion **304** is, in the illustrated embodiment, disposed generally perpendicular **315** to the longitudinal axis **309** of the generally cylindrical portion **302**.

[0046] In certain embodiments, a proximal region **316** of the internal surface region **310** includes a region of extended curvature **318**. As discussed above, this region of extended curvature serves to support the suture **312** in sliding relation **313** when the suture is disposed under tension so as to allow adjustment of the relative position of the soft and osseous tissues.

[0047] In certain embodiments of the invention, the generally toroidal portion **304** of the suture guide embodies a slot **320**. This slot **320** is defined by first **322** and second **324** surface regions disposed in opposition to one another and generally transverse to the axis of the portal portion. One of skill in the art will appreciate that slot **320** allows the ready insertion of a suture portion **312** into the aperture **326** of the generally toroidal portion **304**. This precludes the need to thread the suture longitudinally through aperture **326**, starting at a first end of the suture. Moreover, slot **320** allows removal of the suture guide once the suture is fixed in place by insertion of the bone anchor.

[0048] FIG. 4A and FIG. 4B show, in schematic perspective view, a surgical tool prepared according to principles of the invention. FIG. 4A shows the surgical tool in a first extended configuration **400** and FIG. 4B shows the surgical tool in a second retracted configuration **402**. In extended configuration **400**, a suture guide **404** is disposed at a first relatively large distance **406** from a distal end **408** of a bone anchor **410**. In retracted configuration **402** the suture guide **404** is disposed at a second relatively small distance **412** from the distal end **408** of the bone anchor **410**.

[0049] The bone anchor **410** is temporarily coupled to, and consequently maintained in a substantially fixed spatial relation to, a cannulated anchor driver **414**. In the illustrated embodiment, the mechanism of this coupling includes a spline coupling between respective spline features, e.g. **416**, of the cannulated anchor driver **414** and of the bone anchor **410**.

[0050] In both configurations **400** and **402**, of the illustrated embodiment, the suture guide **404** and a suture guide shaft **418** are substantially fixedly coupled to one another. In this configuration, the suture guide **404** and suture guide shaft **418** can be synchronously rotated **420** with respect to the cannulated anchor driver **414** about a longitudinal axis **422**. It will be readily observed that the longitudinal axis **422** is substantially common to the suture guide shaft **418** and the cannulated anchor driver **414**.

[0051] In certain embodiments of the invention, the detent mechanism is configured such that the suture guide shaft and anchor driver are rotationally fixed about their mutual lon-

gitudinal axis with respect to one another until the detent mechanism is activated. Thereafter, the suture anchor shaft is able to rotate about its longitudinal axis with respect to the anchor driver.

[0052] FIG. 5A-FIG. 5E illustrate selected states of an exemplary method of employing a surgical tool prepared according to principles of the invention. FIG. 5A shows, in schematic form, a portion of a bone or other substrate medium 502. Adjacent a surface region 504 of the bone 502 is a portion of a detached ligament 506. In anticipation of reattachment of the ligament, a bore 508 has been drilled through surface region 504 and into the substrate bone 502.

[0053] Referring to FIG. 5B, in preparation for reattachment, the ligament 506 is pierced 510 and a suture 512 is drawn through the ligament as shown. Two portions of the suture 514, 516 are disposed through an aperture (e.g., 326 of FIG. 3) of a suture guide 518, the suture guide being disposed at a distal end of a surgical tool 520.

[0054] As illustrated, the surgical tool 520 is configured in an extended configuration (consistent with the arrangement illustrated in FIG. 4A). Consequently a distance 522 between the suture guide 518 and a distal end of a bone anchor 524 is relatively long. Moreover, while the suture anchor is readily rotated about a longitudinal axis with respect to the bone anchor 524, distance 522 is substantially (though temporarily) fixed.

[0055] Consequently, applying a longitudinal force 526 to the surgical tool 520 tends to urge the suture guide 518 into the bore 508 and towards a distal end thereof 528.

[0056] As illustrated in FIG. 5C, because the suture portions 514, 516 are disposed through the aperture of the suture guide 518, urging the suture guide 518 into bore 508 tends to draw corresponding regions 530, 532 of the suture into the bore 508. Concurrently, this motion of the surgical tool 520 brings the distal end of bone anchor 524 adjacent the surface region 504 of the bone at the mouth of the bore 508 where it passes through that surface region. By maintaining tension 534 on the suture portions 514, 516 on the side of the suture guide 518 opposite to the ligament 506, this motion can further cause a proximal end 538 of the ligament 506 to be displaced 540 towards the mouth of the bore.

[0057] By manipulation of tension 534 on the suture portions, and consequent adjustment of the position of the longitudinal suture with respect to the suture anchor, accurate and effective positioning of the ligament 506 with respect to the surface 504 of the bone 502 can be achieved. Moreover, this can be accomplished by a single individual using two hands.

[0058] That same individual, without assistance, can then press the release button (element 118, FIG. 1) and release the detent referred to in relation to that release button while concurrently rotating a handle of the surgical tool 520. Rotation of the handle, which is rotationally fixed with respect to the cannulated anchor driver 540, and therefore with respect to the bone anchor 524, causes a corresponding rotation of the bone anchor 524. By combining this rotational motion with an application of longitudinal force 542 external helical threads on the bone anchor 524 can be made to engage with the internal surface of bore 508 and thereby advance the bone anchor 524 into the bore 508.

[0059] One of skill in the art will appreciate that, while a bone anchor 524, exhibiting external helical threads is shown for illustrative purposes in FIG.'s 5A-5E, other

anchors known in the art, or that may become known in the art, may likewise be applied within the scope of the invention. Thus, for example, a barbed anchor, rather than a threaded anchor may be employed. In addition, an anchor may be employed that incorporates neither threads nor barbs, but is fixed within a bore by, for example, an interference fit. Likewise, an elastic retainer, an adhesively retained stopper, or any other retaining device appropriate to the particular circumstances will be applied and considered to be within the scope of the invention.

[0060] As illustrated in FIG. 5D, further rotation 542 of the cannulated anchor driver 540 causes the bone anchor 524 to be fully driven into the bore 508. This tends to trap the suture portions 514, 516 firmly against respective internal surface regions of the bore 508, thereby preventing displacement of the ligament 506. Once driving of the bone anchor 524 is complete, tension may be applied 544 to the surgical tool 520.

[0061] Referring to FIG. 5E, one sees that this tension results in the spline feature 550 of the cannulated anchor driver 540 disengage from the bone anchor 524 and allow the surgical tool 520 to be withdrawn. As the tool is withdrawn, a portion of the suture 552 previously disposed within the aperture 554 of the suture guide passes through a slot in the suture guide (as illustrated, for example, as element 220 of FIG. 2). This allows the suture guide to release the suture portion 552 and permits the withdrawal of the surgical tool 520 described above.

[0062] FIG. 6 shows, in flowchart form, certain portions of a method 600 for using a surgical tool according to principles of the invention. In the illustrated embodiment, the method includes determining a ligament fixation location 602 with respect to an underlying substrate such as bone and drilling an anchor bore in the bone 604 to receive a bone anchor and a length of suture. A length of suture is coupled to a ligament or other soft tissue by, for example, threading through the tissue with a needle 606. A portion of the suture is coupled to a suture guide by, for example, threading the suture through an aperture of a generally toroidal region the suture guide 608. The suture guide and suture are manipulated, with the application of appropriate pressure and tension (as would be understood by one of skill in the art) to insert the extended suture guide 612 into the bore drilled at step 604. Further application of pressure to the suture guide and tension on the suture, as well as direct manipulation of the soft tissue and underlying substrate allows finalization of the ligament location with respect to the bone 614.

[0063] While holding the suture in place, a release mechanism of the surgical tool is activated. This release mechanism releases a detent that couples the suture guide to a balance of the surgical tool 616. This release of the detent mechanism allows the surgical tool to advance a bone anchor supported by the surgical tool to be advanced 618 towards and into a mouth of the bore prepared at step 604. In certain embodiments of the invention, the bone anchor will contact the underlying bone and even be advanced by rotation or pressure into the bore before any release of the detent mechanism.

[0064] Rotation of a handle of the surgical tool conveys a torque through the handle, through an anchor driver, through a spline feature and into the bone anchor so that the bone anchor threads engage an internal surface region of the bore

620. Further rotation of the handle advances the bone anchor into the bore until the anchor is fully inserted at its destination **622**.

[0065] Thereafter, the handle of the surgical tool is withdrawn, disengaging the spline coupling from the now-inserted bone anchor. As the surgical tool is withdrawn, the portion of the suture that was disposed within the suture guide passes through a slot in the suture guide **624**. This allows complete withdrawal of the surgical tool and leaves the suture compressed and fixed to the internal surface of the bore by the inserted bone anchor.

[0066] FIG. 7 shows, in schematic perspective view, a further suture guide **700** for a surgical tool prepared according to principles of the invention. The suture guide **700** includes a generally toroidal portion **702** with an internal bearing surface region **704**.

[0067] An internal circumferential bearing surface region **704** defines an aperture **706** about and transverse to an axis **708**. As discussed above in relation to suture guide **200**, the bearing surface region **704** serves to enclose a portion of a suture (not shown) disposed within and through aperture **706**.

[0068] In contrast to suture guide **200**, surface region **704** of suture guide **700** forms a contiguous surface region throughout **360°** about axis **708**. Whereas the corresponding surface region **210** of suture guide **200** is interrupted by slot **220**, surface **704** of suture guide **700** is circumferentially continuous across region **710**. Instead, and as illustrated, the suture guide is relieved **712**, **714** in the vicinity of region **710** so that a dimension **716** of surface region **704** in the vicinity of **710** is relatively small in the direction of axis **708** as compared with a corresponding dimension elsewhere, e.g. **718**, around the aperture **706**.

[0069] The reduced internal circumferential surface region **720** will, in certain embodiments, include a frangible region, such that the application of certain forces, e.g. **722**, **724**, to corresponding external surface regions, e.g. **726**, **728**, results in a distortion of the cross-sectional shape of aperture **706** and, consequently, fracturing of the frangible portion to form an aperture in the vicinity of region **720**. As will be further discussed below, the requisite forces **722**, **724** will, in certain embodiments, be applied to surface regions **726**, **728** respectively, by corresponding distal surface regions of a bone anchor.

[0070] It will be noted that, in contrast to the illustration of FIG. 2, the drawing of FIG. 7 embodies a plurality of polygonal regions. One of skill in the art will appreciate that this is merely a representational difference and that the suture guides illustrated are intended to be equivalent in terms of their defining curvatures. The actual curvature of the device, as prepared, may embody smooth curves, polygonal sections, and any combination thereof according to the particular circumstances to be addressed.

[0071] FIG.'s 8A-8D shows, in schematic cross-section, a portion of a surgical tool **800** prepared according to principles of the invention. The surgical tool includes a cannulated anchor driver **802** temporarily slidably coupled to a bone anchor **804** by complementary spline features **806** of the cannulated anchor driver **802** and bone anchor **804** respectively. Disposed within a cannula **807** of the cannulated anchor driver **802** is a portion of a suture guide shaft **808**. A suture guide **810** is coupled to a distal end **812** of the suture guide shaft **808**. In FIG. 8A surgical tool **800** is shown in an extended configuration **820** where the suture guide **810**

is disposed at a first relatively large distance **818** from a distal end **822** of the bone anchor **804**.

[0072] The suture guide **810** includes an aperture **814**. As with the suture guide **700**, an internal circumferential bearing surface region **816** is initially contiguous around the circumference of aperture **814**. The surgical tool **800** is applied generally according to the method **600** described above with respect to FIG. 6.

[0073] FIG. 8B shows surgical tool **800** in a second intermediate configuration **824**. In configuration **824**, the suture guide **810** is disposed at a second relatively small distance **826** from distal end **822** of the bone anchor **804**. In this configuration, distal end **822** of suture guide **804** is disposed in contact with an external circumferential surface region **830** of the suture guide **810**.

[0074] FIG. 8C shows surgical tool **800** in a third intermediate configuration **832**. In configuration **832**, the suture guide **810** is disposed at a still smaller distance **834** from distal end **822** of the bone anchor **804**. The reader will observe that interference between distal end **822** of the bone anchor has interfered with external surface region **830** of the suture guide **810**. Consequently, the suture guide **810** has been distorted, elongating aperture **814**, and causing a frangible region **836** of suture guide **810** to fracture. The resulting opening **838** of the suture guide aperture **814** allows the suture guide to be withdrawn from a portion of a suture captured by the suture anchor **804**.

[0075] FIG. 8D shows surgical tool **800** in a fourth retracted configuration where the suture guide **810** is fully retracted within the cannula **807** of the cannulated anchor driver **802**. Accordingly, the surgical tool **800** can be withdrawn from the suture anchor **804**, disengaging the spline features **806** of the cannulated anchor driver **802** from the bone anchor **804**, and leaving the bone anchor and suture secured in substrate bone.

[0076] In an alternative embodiment of the invention a suture guide is detachably coupled to a suture guide shaft. The suture guide may, for example, have a contiguous internal circumferential surface. Unlike the suture guide **810**, the suture guide does not include a frangible portion. Rather, the suture guide is arranged and configured to be released from the suture guide shaft in response to an interference between the suture guide and a distal end **822** of the bone anchor, so that the suture guide is left behind in the bore when suture guide shaft is withdrawn. In order to achieve this, an interface between the suture guide and the suture guide shaft may be a smooth interference fit, or may include frangible features such as frangible threads, frangible barbs, frangible ribs, a frangible adhesive, or any other arrangement effective to achieve a temporary, but releasable coupling between the suture guide shaft and the suture guide.

[0077] In still another embodiment of the invention, the suture guide will pass into and through a bore in the anchor, but not through a cannula or bore of the anchor driver.

[0078] FIG. 9 shows, in cutaway perspective view, a portion of a further surgical tool **900** prepared according to principles of the invention including a suture guide **902**. Suture guide **902** includes a generally toroidal portion **904** with an internal circumferential bearing surface **906**. Internal circumferential bearing surface **906** serves to support a portion of a suture **908**, **910** during, e.g., an arthroscopic surgery in the manner generally described above.

[0079] The toroidal portion **904** of suture guide **902** includes first **912** and second **914** generally radial internal surface regions. Surface regions **912** and **914** are initially disposed in generally parallel spaced relation to one another and either in contact with one another, or sufficiently proximate to one another to prevent egress of the suture portions **908**, **910** from within an aperture **916** of the suture guide **902**.

[0080] In the illustrated embodiment, the generally toroidal portion **904** of the suture guide **902** exhibits a geometry that, together with materials characteristic of the suture guide **902**, serve to maintain surfaces **912** and **914** in proximity to one another when the suture guide **902** is in a relaxed state. However, when appropriate forces **918**, **920** are applied to respective external surface regions, e.g., **922** of the suture guide **902**, the suture guide tends to deform. This deformation tends to displace surfaces **912** and **914** away from one another, opening the suture guide and allowing it to be released from the suture portions **908** and **910**.

[0081] In certain embodiments of the invention, the toroidal portion **904** of the suture guide **902** will include a generally elastic material having a spring characteristic that, along with the geometry of the suture guide **902**, tends to maintain surfaces **912** and **914** in proximity to one another until the suture guide **902** is deformed. In such an embodiment, the deformation will be more or less elastic.

[0082] In other embodiments of the invention, the toroidal portion **904** of the suture guide **902** will include a generally inelastic malleable material having a characteristic that, along with the geometry of the suture guide **902**, tends to maintain surfaces **912** and **914** in proximity to one another until the suture guide **902** is deformed. In such an embodiment, the deformation will be generally inelastic.

[0083] In certain further embodiments of the invention, the toroidal portion **904** of the suture guide will include a combination of elastic and/or malleable materials producing a desirable release characteristic of the suture portions when deformed. In still further embodiments of the invention, the toroidal portion of the suture guide will include a material such as a shape-memory alloy which will retain a first closed configuration of the suture guide while maintaining a first temperature, but which will assume a second open configuration of the suture guide as the suture guide achieves a second temperature. Thus, for example, a chilled suture guide will assume a closed configuration, but will tend to open as it warms to body temperature.

[0084] In still other embodiments of the invention, the suture guide will be detachable from the suture guide shaft such that, after insertion of the anchor, when the suture guide shaft is withdrawn, the suture guide is detached from the suture guide shaft and remains within the bore in the substrate underneath the anchor.

[0085] FIG. 10A shows, in cutaway perspective view, a further surgical tool **1000** prepared according to principles of the invention. Like the various embodiments described above, exemplary surgical tool **1000** includes a cannulated anchor driver **1002** coupled through spline features **1004** to a bone anchor **1006**. Disposed within and through a longitudinal cannula of the cannulated anchor driver **1002** and the bone anchor **1006** is a shaft **1008**. The shaft **1008** defines a longitudinal axis **1010**.

[0086] Near a distal end **1012** of the shaft **1008**, a generally toroidal bearing washer **1014** is disposed coaxially

about the shaft **1008**. The generally toroidal bearing washer is supported on shaft **1008** by a snug but slidable interface **1016** between an internal circumferential surface of the washer **1014** and a corresponding external circumferential surface of the shaft **1008**. In certain embodiments, a cross-section of the shaft **1008** is circular. It will be appreciated, however, by one of skill in the art, that in any of the embodiments disclosed in this application, other cross-sections are contemplated to be within the scope of the invention. Such other cross-sections will include, in various embodiments and without limitation, polygonal, elliptical and otherwise arcuate cross-sections.

[0087] A first relatively proximal circumferential surface region **1018** of the shaft **1008** has a relatively large diameter **1020**. A second relatively distal circumferential surface region **1022** of the shaft **1018** has a relatively small diameter **1024**. A generally radial surface region **1026** disposed between surface region **1018** and surface region **1022** defines a shoulder further supporting the washer **1014** and limiting its motion in a proximal direction along longitudinal axis **1010** by mechanical interference.

[0088] In the illustrated embodiment, a distal extremity **1028** of shaft **1008** tapers to a point **1030**. This taper is defined by an intermediate surface region between circumferential surface region **1022** and point **1030**.

[0089] In various respective embodiments, this intermediate surface region includes a substantially conical surface region, an elipto-conical surface region (i.e. generally conical, but with a convex or concave surface curvature), a prismatic or pyramidal surface region including one or more generally flat surface regions (e.g., as shown **1032**), and any combination thereof, to provide, respectively, piercing and cutting actions. In addition other modes of sharpening, such as and without limitation, chisel sharpening, will be employed in corresponding embodiments of the invention, according to the requirements of a particular application.

[0090] In light of the foregoing disclosure, the reader will appreciate that the surgical tool **1000** is shown in an extended configuration such that distance **1034** between washer **1014** and a distal end **1036** of bone anchor **1006** is relatively long, as compared to the corresponding dimension of the same surgical tool when disposed in a retracted configuration. Such a retracted configuration is illustrated in FIG. 10B. As drawn, where the surgical tool **1000** is in its retracted configuration, washer **1014** is disposed relatively proximate to distal end **1036** of bone anchor **1006** and distance **1038** is consequently relatively short.

[0091] FIG.'s **11A-11H** show, in schematic cross-sectional view, various states in an exemplary method of using a surgical tool **1100** similar to tool **1000** of FIG.'s **10A** and **10B**. FIG. **11A** shows surgical tool **1100**, a portion of a detached tendon **1102** and a portion of a bony substrate **1104** where the tendon is to be reattached. As illustrated, a bore **1106** has been prepared in the bony substrate to receive a portion of the tendon and a bone anchor **1108**.

[0092] It will be noted that a distal end **1110** of the surgical tool is pointed for piercing, and that a circumferential external surface **1112** of a shaft **1114** of the surgical tool **1100** (or of a separate tip on the shaft **1114**) supports a corresponding internal surface **1116** of a bearing washer **1118**. It will also be noted that the bearing washer **1118** is prevented from moving proximally along shaft **1114** by a

shoulder feature **1120**, and that the surgical tool **1100** is disposed in an extended configuration (as discussed in relation to FIG.'s **10A-10B**).

[0093] FIG. **11B** shows that the surgical tool **1100** has been advanced so that distal end **1110** has pierced the tendon **1102**. According to an exemplary method, tool **1100** is urged forward longitudinally until a distal surface region **1122** of bearing washer **1118** contacts a corresponding surface region **1124** of tendon **1102**.

[0094] FIG. **11C** shows that surgical tool **1100** has been rotated **1126** about an axis transverse to longitudinal axis **1128** of shaft **1114**, and advanced **1130** towards the prepared bore **1106**. Tendon **1102** is consequently moved with respect to bony substrate **1104** and stretched towards a desired attachment location.

[0095] Thereafter, as shown in FIG. **11D** surgical tool **1100** is counter-rotated **1132** to bring longitudinal axis **1128** generally into alignment with a longitudinal axis of bore **1106**.

[0096] Thereafter, surgical tool **1100** is advanced with a generally linear motion in direction **1134** along longitudinal axis **1128** to draw a portion **1136** of tendon **1102** into and towards the bottom surface **1140** of bore **1106**, as shown in FIG. **11E**. Once the tendon portion **1136** has been advanced to a desired location within bore **1106**, a detent of the surgical tool is released. This allows relative longitudinal displacement of the bone anchor **1108** in direction **1134** with respect to the substrate bone **1104** and the washer **1118**.

[0097] FIG. **11F** shows a state of the surgical tool, in which a distal end **1141** of the bone anchor **1108** has been advanced into contact with a proximal edge **1142** of bore **1106** (i.e., the mouth of the bore), and into contact with a surface region **1144** the tendon **1102**. This brings helical threads e.g., **1146**, of the bone anchor **1108** into an arrangement where rotation of the bone anchor **1108** about longitudinal axis **1128** causes the threads of the bone anchor to further engage with the surrounding bone and soft tissue so as to advance the bone anchor towards the bottom **1140** of the bore **1106**.

[0098] FIG. **11G** shows a condition of the assembly once the bone anchor **1108** has been rotated until fully driven into the bore **1106**, such that the distal end **1141** of the bone anchor **1108** is disposed in contact with a proximal surface region **1148** of bearing washer **1118**. Thereafter, as shown in FIG. **11H**, the surgical tool may be withdrawn in direction **1150** along longitudinal axis **1128**.

[0099] This causes the respective spline features **1152**, **1154** of the surgical tool **1100** to disengage. The surgical tool is removed and the bone anchor **1108** and tendon **1102**, **1136** are fixed in place. One of skill in the art will appreciate that this arrangement will hold a surface region **1156** of the tendon in direct contact with a corresponding surface region **1158** of the substrate bone, allowing regrowth and reattachment of the soft tissue and bone.

[0100] While ligament and bone have been identified in the foregoing discussion for illustrative purposes, one of skill in the art will appreciate that any variety of soft tissues and hard tissues will be joined according to the identified methods and using the identified apparatus in various combinations.

[0101] In an alternative arrangement, a surgical tool such as surgical tool **1100** (FIG. **11**) is configured to be employed by passing a suture through soft tissue **1102**, and wrapping the suture around a circumferential external surface **1112** of

shaft **1114**. The suture is then urged into bore **1106** and fixed in place by the application of the anchor **1108**.

[0102] FIG. **12** shows, in exploded perspective view, an exemplary surgical tool **1200** prepared according to principles of the invention. The surgical tool **1200** includes a handle member **1202**. The handle member **1202** is substantially fixedly coupled to a cannulated anchor driver **1204** such that a longitudinal axis of the handle member and a longitudinal axis of the cannulated anchor driver are substantially coincident.

[0103] The cannulated anchor driver **1204** includes, on an external circumferential surface of its distal end, a spline feature **1206**. The spline feature **1206** is sized and arranged to couple with, and be complementary to, an internal spline feature of a bone anchor **1208**. The bone anchor **1208** is shown as having an external helical thread for engaging with an internal circumferential surface of a bore in a substrate. One of skill in the art will appreciate that any of the bone anchors presented in this application need not be helically threaded, but may include any of a wide variety of bone anchors including, for example and without limitation, a barbed bone anchor, an adhesively mounted bone anchor, and any combination thereof.

[0104] Disposed within a longitudinal cannula (or bore) of the cannulated anchored driver **1204** is a suture guide shaft **1210**. The suture guide shaft is substantially fixedly coupled, at a distal end thereof, to a suture guide **1212**. The suture guide includes, at its distal end, a generally toroidal feature **1214** such as, for example, an eyelet. The toroidal feature defines an aperture **1216** with an internal bearing surface region for encircling and controlling a portion of a suture or other material. The longitudinal axis of the suture guide shaft **1210** lies generally within a plane of the aperture **1216**. A longitudinal axis of the aperture through the plane of the aperture is disposed generally transverse to the longitudinal axis of the suture guide shaft **1210**. When the suture guide shaft **1210** is in use, it is disposed within the cannula of the cannulated anchor driver **1204**, such that the cannulated anchor driver at the suture guide shaft are arranged generally coaxial to one another.

[0105] In the illustrated embodiment, the suture guide shaft **1210** includes, near its distal end, an externally threaded coupling feature **1218** and suture guide support shoulder **1217**. These serve to substantially fixedly couple the suture guide shaft **1210** to the suture guide **1212**. One of skill in the art will understand that, in various embodiments, the suture guide shaft **1210** and suture guide **1212** will be coupled in any effective way known, or that becomes known, in the art. Moreover, in certain embodiments, the suture guide shaft **1210** and suture guide **1212** will be integrally formed as a single component.

[0106] Also illustrated are components of a detent mechanism **1219** of the surgical tool **1200**. These include a release button member **1220**, having a generally planar upper surface region **1221** and a detent shaft **1222** with a generally cylindrical external surface region. A detent shaft relief feature **1224** describes a recess formed in the detent shaft **1222**. The release button member **1220** also includes a suture guide shaft aperture **1226** disposed through the detent shaft **1222** within the detent shaft relief feature **1224** and generally transverse to a longitudinal axis of the release button member **1220**.

[0107] The handle member **1202** includes a detent shaft aperture **1228** with the longitudinal axis generally transverse

to the longitudinal axis of the surgical tool handle member **1202**. The detent shaft aperture **1228** is configured to receive the detent shaft **1222** slidably therewithin. A detent spring **1230** is sized and configured to be disposed within a recess **1232** arranged within the handle member **1202** coaxially around detent shaft aperture **1228**. As will be evident to the reader, the detent shaft **1222** is sized and configured to be disposed within an internal region defined by the detent spring **1230**.

[0108] The illustrated detent spring **1230** is shown as a plurality of Belleville washers. One of skill in the art will appreciate, that other configurations, including any spiral spring, elastomeric tube, or other elastic member will be used in corresponding embodiments of the invention according to the requirements of a particular application.

[0109] The recess **1232** is defined by an internal surface region of a suture guide release button relief **1234**, such that the release button member **1220** can move radially into the handle by compression of spring **1230** when an inward radial force is applied to upper surface region **1221**.

[0110] A detent shaft retainer fastener **1236** is configured to be coupled to a lower end of the release button member **1220** (e.g., by a threaded coupling, a weldment, a chemical adhesive, etc.) so as to retain the release button member **1220** and detent spring **1230** in place.

[0111] As illustrated, the suture guide shaft **1210** includes first **1238** and second **1240** capture relief features near a proximal end of the suture guide shaft. The suture guide shaft **1210** also includes a tapered feature **1242** immediately adjacent its proximal end. As will be further discussed and illustrated below, first **1238** and second **1240** capture relief features are arranged and configured to be releasably captured at the detent shaft relief feature **1224** when the suture guide shaft **1210** is disposed within the suture guide shaft aperture **1226** of the detent shaft **1222**.

[0112] As illustrated, in certain embodiments a further sheath **1250** is disposed coaxially around the outside of cannulated anchor driver **1204**.

[0113] FIG. 13 shows, in cross-section, a portion of an exemplary surgical tool **1300** prepared according to principles of the invention. Surgical tool **1300** includes a handle member **1302** with a detent shaft aperture **1304**. A detent member **1305** including a detent shaft **1306** is disposed coaxially within the detent shaft aperture **1304**. Transverse to the detent shaft aperture **1304**, a cannulated anchor driver **1308** is substantially fixedly disposed coaxially within a further bore **1309** of the handle member **1302**.

[0114] Slidably disposed within a cannula **1310** of the cannulated anchor driver **1308** is a suture guide shaft **1311**. The guide shaft is relieved at two locations along its length; an extended guide shaft relief **1312**, and a retracted guide shaft relief **1314**. One of skill in the art will readily understand that the guide shaft is adapted to be arrested in its longitudinal motion by a detent mechanism of the handle at either of the extended guide shaft relief **1312** and the retracted guide shaft relief **1314**.

[0115] The suture guide shaft **1311**, is rotatable within the cannula **1310** when captured by the detent mechanism at both of the extended configuration and the retracted configuration. That is, the handle member **1302** can be co-rotated with the cannulated anchor driver **1308** about a longitudinal axis common to the handle, the cannulated anchor driver **1308** and the suture guide shaft **1311** while the suture guide shaft **1311** remains static and does not rotate. In

order to allow this relative rotation of the handle member **1302** and cannulated anchor driver **1308** with respect to the suture guide shaft **1311**, the cross-sections of the suture guide shaft **1311** and both the extended **1312** and retracted **1314** reliefs of the suture guide shaft are substantially circular.

[0116] In other embodiments, the detent mechanism is arranged to prevent rotation of the suture guide with respect to the cannulated anchor driver until the detent mechanism is released.

[0117] The detent member **1305** includes a suture guide release button **1316**. One end of a detent spring **1318** is located proximal to a lower surface **1319** of the suture guide release button **1316**. An opposite end of the detent spring **1318** is supported by a detent spring shoulder **1320**. The detent spring **1318** is arranged to urge the lower surface **1319** of the suture guide release button **1316** away from the detent spring shoulder **1320**. This motion is limited by a detent shaft retainer fastener **1322** in a manner that will be evident to one of skill in the art.

[0118] Detent shaft **1306** includes a detent shaft aperture **1328** which is located substantially perpendicular to a longitudinal axis **1330** of the detent shaft **1306**. By urging the lower surface **1319** of the suture guide release button **1316** away from the detent spring shoulder **1320**, the detent spring **1318** tends to maintain circumferential edges **1324**, **1326** of the detent shaft aperture **1328** in contact with corresponding edge regions of the guide shaft reliefs **1312**, **1314** so as to temporarily substantially fix the longitudinal position of the suture guide shaft **1311** with respect to the handle **1302** and cannulated anchor driver **1308**.

[0119] It will be noted that a proximal end **1332** of the suture guide shaft **1311** includes a generally conically tapered region **1334**. This conically tapered region **1334** facilitates initial insertion of the suture guide shaft **1311** into the apparatus and past edge **1324** of the detent shaft aperture **1328**.

[0120] Upon inspection, it will be clear to one of skill in the art that, when the surgical tool **1300** is in use, urging the suture guide release button **1316** inwardly **1335** will tend to release the engagement of circumferential edges **1324** and **1326** from the extended guide shaft relief **1312** so that the suture guide shaft **1311** can slide longitudinally and distally within cannula **1310**. If the suture guide release button **1316** is thereafter released, when suture guide release **1314** arrives at the detent shaft aperture **1328**, the action of detent spring **1318** will urge the detent shaft into engagement with retracted relief **1314**. This corresponds to the action of the surgical tool, as described above.

[0121] FIG. 14 shows, in schematic perspective view, another aspect of a surgical tool **1400** prepared according to principles of the invention. The surgical tool **1400** includes a handle member **1402**. Disposed within the handle member **1402** is a detent mechanism **1404**. A longitudinal axis **1406** is common to the handle member **1402**, a cannulated anchor driver **1408** and a suture guide shaft **1410** disposed within a cannula of the cannulated anchor driver **1408**.

[0122] The detent mechanism **1404** includes a detent member **1412** with a suture guide release button **1414**, a detent shaft **1416**, detent spring **1418** and a suture guide aperture **1420**. In the manner discussed above, the suture guide aperture **1420** embodies edges **1422** that interfere with and temporarily capture corresponding edges e.g., **1424**,

1426 of an extended suture guide relief **1428**, and a retracted suture guide relief (not visible).

[0123] It will be noted that, in contrast to surgical tool **1300** of FIG. 13, detent spring **1418** of surgical tool **1400** is disposed relatively distal to release button **1414** of detent member **1412**, as compared to detent spring **1318** and release button **1316**.

[0124] Handle member **1402** also includes first **1430** and second **1432** distal jaw members. Distal jaw members **1430** and **1432** are disposed within respective recesses **1434**, **1436** of handle member **1402**. The jaw members **1430** and **1432** have respective contact surface regions **1438**, **1440**. In the illustrated embodiment, cannulated anchor driver **1408** includes jaw apertures, e.g. **1442**.

[0125] In certain embodiments of the invention, distal jaw members **1430** and **1432** tend to impinge within the jaw apertures, e.g. **1442**, to retain cannulated anchor driver **1408** longitudinally and rotationally in place within the handle member **1402**. In such embodiments, cannulated anchor driver **1408** may be removably installed within handle member **1402** and securely retained therein during operation of the surgical tool **1400**.

[0126] In certain embodiments, the contact surface regions **1438** and **1440** are arranged to impinge on an external circumferential surface region of suture guide shaft **1410**, thereby providing a desirable resistance to rotation of the suture guide shaft **1410** with respect to handle member **1402** while still allowing the suture guide shaft to rotate.

[0127] In various embodiments of the invention, the distal jaw members **1430** and **1432** include one or more of an elastomeric polymer material, a thermoplastic polymer material, a thermoset polymer material, and a metallic material. In other embodiments, other materials will be employed to achieve desirable characteristics to achieve the functions described above.

[0128] A method according to principles of the invention includes:

- [0129] 1. Place sutures through the targeted tissue as required.
- [0130] 2. Create a hole to accommodate the selected diameter anchor to the proper depth using a purpose designed drill bit and guide. The guide may or may not be required.
- [0131] 3. Aseptically open the driver and anchor and place the anchor onto the driver.
- [0132] 4. Thread previously placed sutures placed through the Suture Guide located on the distal end of the driver.
- [0133] 5. Insert the Suture Guide with handle into the hole created in step 2.
- [0134] 6. Remove any slack in the suture and create the desired amount of tension by pulling on the suture tails.
- [0135] 7. Push the handle with the anchor firmly into the hole, until the anchor contacts the suture. This action will maintain the desired tension on the suture.
- [0136] 8. Depress the button on the handle and begin to insert the anchor into the hole by turning the handle in a clockwise direction.
- [0137] 9. Continue insertion until an audible “click” is heard. This will signal the proper depth of the implant, which should be slightly below the surface of the surrounding bone.

[0138] 10. Remove the handle from the implant by pulling it along the axis of insertion.

[0139] 11. Trim the access suture tails as desired.

[0140] While the invention has been described in detail in connection with the presently preferred embodiments, it should be readily understood that the invention is not limited to such disclosed embodiments. Rather, the invention can be modified to incorporate any number of variations, alterations, substitutions, or equivalent arrangements not heretofore described, but which are commensurate with the spirit and scope of the invention. Accordingly, the invention is not to be seen as limited by the foregoing description, but is only limited by the scope of the appended claims.

1-21. (canceled)

22. A surgical tool comprising:

a cannulated anchor driver;

an anchor comprising a proximal end and a distal end, the anchor being temporarily coupled to a distal end of the cannulated anchor driver;

a shaft comprising a first portion disposed coaxially within a cannula of the cannulated anchor driver, a second portion disposed within the anchor, and a third portion extending distally of the distal end of the anchor; and

a bearing washer coaxially disposed about the shaft near a distal end thereof.

23. The surgical tool of claim 22, wherein the shaft comprises a first surface region proximal of the bearing washer and a second surface region distal of the bearing washer.

24. The surgical tool of claim 22, wherein the first surface region has a larger diameter than a diameter of the second surface region.

25. The surgical tool of claim 22, wherein the shaft comprises a shoulder between the first and second surface regions, the shoulder supporting the bearing washer.

26. The surgical tool of claim 25, wherein the shoulder prevents the bearing washer from moving proximally along the shaft.

27. The surgical tool of claim 22, wherein a distal extremity of the shaft is tapered.

28. The surgical tool of claim 27, wherein the distal extremity of the shaft tapers to a point.

29. The surgical tool of claim 22, wherein the anchor is slidable about the shaft.

30. The surgical tool of claim 29, wherein the shaft is moveable between an extended configuration and a retracted configuration, the extended configuration characterized by a first distance between the distal end of the anchor and the bearing washer, and the retracted configuration characterized by a second distance between the distal end of the anchor and the bearing washer, the second distance being shorter than the first distance.

31. The surgical tool of claim 22, wherein the cannulated anchor driver comprises a plurality of splines at a distal end thereof.

32. The surgical tool of claim 31, wherein the anchor temporarily engages with the splines of the cannulated anchor driver.

33. A surgical tool comprising:

a cannulated anchor driver;

an anchor comprising a proximal end and a distal end, the anchor being temporarily coupled to a distal end of the cannulated anchor driver;

a shaft comprising a first portion disposed coaxially within a cannula of the cannulated anchor driver, a second portion disposed within the anchor, and a third portion extending distally of the distal end of the anchor; and
a bearing washer coaxially disposed about the shaft near a distal end thereof;
wherein the shaft comprises a shoulder supporting the bearing washer.

34. The surgical tool of claim **33**, wherein the shoulder prevents the bearing washer from moving proximally along the shaft.

35. The surgical tool of claim **33**, wherein the cannulated anchor driver comprises a plurality of splines at a distal end thereof.

36. The surgical tool of claim **35**, wherein the anchor temporarily engages with the splines of the cannulated anchor driver.

37. A method of attaching a tendon to a bony substrate using the surgical tool of claim **22**.

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