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Inventor(s)	Dekovic; Denis et al.

Article of footwear incorporating a knitted component

Abstract

An article of footwear with an upper having a knitted component in an instep region extending between lateral and medial sides. Outer lace apertures and inner lace apertures are disposed along the instep area on the lateral and medial sides, where inner lace apertures are located more inward towards a middle of the upper than outer lace apertures. A lace extends through an inner lace aperture from an exterior surface on the medial side of the upper, along an interior surface of the upper, and then exits the upper through an outer lace aperture on the medial side. After exiting the outer lace aperture on the medial side, the lace extends across the instep area along the exterior surface of the upper and extends through an inner lace aperture on the lateral side.

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Background/Summary

RELATED APPLICATIONS (1) This application entitled “Article of Footwear Incorporating a Knitted Component” is a continuation of U.S. application Ser. No. 17/738,681, filed May 6, 2022 and entitled “Article of Footwear Incorporating a Knitted Component with an Integral Knit Ankle Cuff,” which is a continuation of U.S. application Ser. No. 16/907,494, filed Jun. 22, 2020, and entitled “Article of Footwear Incorporating a Knitted Component with an Integral Knit Ankle Cuff,” which issued as U.S. Pat. No. 11,707,105 on Jul. 25, 2023, which is a continuation of U.S. application Ser. No. 15/961,174, filed Apr. 24, 2018, and entitled “Article of Footwear Incorporating a Knitted Component with an Integral Knit Ankle Cuff,” which issued as U.S. Pat.

No. 10,918,155 on Feb. 16, 2021, which is a continuation of U.S. application Ser. No. 14/013,446, filed Aug. 29, 2013, entitled "Article of Footwear Incorporating a Knitted Component with an Integral Knit Ankle Cuff," now abandoned. The entireties of the aforementioned applications are incorporated by reference herein.

BACKGROUND

(1) Conventional articles of footwear generally include two primary elements, an upper and a sole structure. The upper is secured to the sole structure and forms a void on the interior of the footwear for comfortably and securely receiving a foot. The sole structure is secured to a lower surface of the upper so as to be positioned between the upper and the ground. In some articles of athletic footwear, for example, the sole structure may include a midsole and an outsole. The midsole may be formed from a polymer foam material that attenuates ground reaction forces to lessen stresses upon the foot and leg during walking, running, and other ambulatory activities. The outsole is secured to a lower surface of the midsole and forms a ground-engaging portion of the sole structure that is formed from a durable and wear-resistant material. The sole structure may also include a sockliner positioned within the void and proximal a lower surface of the foot to enhance footwear comfort.

(2) The upper generally extends over the instep and toe areas of the foot, along the medial and lateral sides of the foot, and around the heel area of the foot. In some articles of footwear, such as basketball footwear and boots, the upper may extend upward and around the ankle to provide support or protection for the ankle. Access to the void on the interior of the upper is generally provided by an opening in a heel region of the footwear. A lacing system is often incorporated into the upper to adjust the fit of the upper, thereby permitting entry and removal of the foot from the void within the upper. The lacing system also permits the wearer to modify certain dimensions of the upper, particularly girth, to accommodate feet with varying dimensions. In addition, the upper may include a tongue that extends under the lacing system to enhance adjustability of the footwear, and the upper may incorporate a heel counter to limit movement of the heel.

(3) Various materials are conventionally used in manufacturing the upper. The upper of athletic footwear, for example, may be formed from multiple material elements. The materials may be selected based upon various properties, including stretch-resistance, wear-resistance, flexibility, air-permeability, compressibility, and moisture-wicking, for example. With regard to an exterior of the upper, the toe area and the heel area may be formed of leather, synthetic leather, or a rubber material to impart a relatively high degree of wear-resistance. Leather, synthetic leather, and rubber materials may not exhibit the desired degree of flexibility and air-permeability for various other areas of the exterior. Accordingly, the other areas of the exterior may be formed from a synthetic textile, for example. The exterior of the upper may be formed, therefore, from numerous material elements that each impart different properties to the upper. An intermediate or central layer of the upper may be formed from a lightweight polymer foam material that provides cushioning and enhances comfort. Similarly, an interior of the upper may be formed of a comfortable and moisture-wicking textile that removes perspiration from the area immediately surrounding the foot. The various material elements and other components may be joined with an adhesive or stitching. Accordingly, the conventional upper is formed from various material elements that each impart different properties to various areas of the footwear.

BRIEF SUMMARY OF THE INVENTION

(4) Various configurations of an article of footwear may have an upper and a sole structure secured to the upper. A knitted component including an upper and an integral knit ankle cuff is incorporated into the article of footwear. The upper and the integral knit ankle cuff are formed as a one-piece knit element. The knit element defines a portion of an exterior surface of the upper and an opposite interior surface of the upper, with the interior surface defining a void for receiving a foot. The integral knit ankle cuff is formed of unitary knit construction with the upper as a one-piece knit

element and extends above a throat area of the upper. The knit component incorporates features to assist with providing entry for a foot of a wear, providing comfort to a wearer, and to assist with orientation of the upper of the article of footwear when being worn.

(5) In one aspect, the invention provides an article of footwear having an upper and a sole structure secured to the upper, the upper including a knitted component that is formed of unitary knit construction, the knitted component including: a foot region forming a substantial majority of the upper, the foot region extending through a forefoot region, a midfoot region, and a heel region of the article of footwear, the foot region including an instep area that extends between a medial side and a lateral side of the upper; an ankle region forming a portion of the upper that extends above the foot region, the ankle region including an ankle cuff that defines a throat opening to a void within the upper for receiving a foot; wherein the ankle cuff is formed of unitary knit construction with at least the instep area of the foot region and a portion of foot region disposed on the medial side and lateral side in the heel region; and wherein the ankle cuff further comprises at least one malleolus zone disposed on at least one of the medial side and the lateral side of the upper, the at least one malleolus zone including a plurality of indentations in an exterior surface of the ankle cuff.

(6) In another aspect, the invention provides an article of footwear having an upper and a sole structure secured to the upper, the upper including a knitted component that is formed of unitary knit construction, the knitted component including: a foot region forming a substantial majority of the upper, the foot region extending through a forefoot region, a midfoot region, and a heel region of the article of footwear, the foot region including an instep area that extends between a medial side and a lateral side of the upper; an ankle region forming a portion of the upper that extends above the foot region, the ankle region including an ankle cuff that defines a throat opening to a void within the upper for receiving a foot; the instep area further including a stretch padding zone surrounded by and formed of unitary knit construction with the instep area, the stretch padding zone being disposed between the medial side and the lateral side of the upper along a top portion of the article of footwear; the stretch padding zone being configured to stretch in a lateral direction across the article of footwear between an unstretched condition and a stretched condition; and wherein the stretch padding zone has a first thickness in the unstretched condition and a second thickness in the stretched condition, the first thickness being larger than the second thickness.

(7) In another aspect, the invention provides an article of footwear having an upper and a sole structure secured to the upper, the upper including a knitted component that is formed of unitary knit construction, the knitted component including: a foot region forming a substantial majority of the upper, the foot region extending through a forefoot region, a midfoot region, and a heel region of the article of footwear, the foot region including an instep area that extends between a medial side and a lateral side of the upper; an ankle region forming a portion of the upper that extends above the foot region, the ankle region including an ankle cuff that defines a throat opening to a void within the upper for receiving a foot; and wherein the knitted component further comprises a tied-lace receiving aperture formed into at least one of the instep area and the ankle cuff, the tied-lace receiving aperture being configured to receive loose ends of a tied lace within an interior of the upper.

(8) Other systems, methods, features and advantages of the invention will be, or will become, apparent to one of ordinary skill in the art upon examination of the following figures and detailed description. It is intended that all such additional systems, methods, features and advantages be included within this description and this summary, be within the scope of the invention, and be protected by the following claims.

Description

BRIEF DESCRIPTION OF THE DRAWINGS

- (1) The invention can be better understood with reference to the following drawings and description. The components in the figures are not necessarily to scale, emphasis instead being placed upon illustrating the principles of the invention. Moreover, in the figures, like reference numerals designate corresponding parts throughout the different views.
- (2) FIG. 1 is an isometric view of an exemplary embodiment of an article of footwear;
- (3) FIG. 2 is a medial side view of an exemplary embodiment of an article of footwear;
- (4) FIG. 3 is a lateral side view of an exemplary embodiment of an article of footwear;
- (5) FIG. 4 is a top plan view of an exemplary embodiment of an article of footwear;
- (6) FIG. 5 is a top plan view of an exemplary embodiment of a knitted component incorporated into an upper of an article of footwear;
- (7) FIG. 6 is an enlarged front view of an exemplary embodiment of a knit cuff of an article of footwear;
- (8) FIG. 7 is an enlarged front view of an exemplary embodiment of a knit cuff including an aperture for receiving a tied lace;
- (9) FIG. 8 is an enlarged front view of an exemplary embodiment of a knit cuff including an aperture receiving a tied lace;
- (10) FIG. 9 is an enlarged front view of an exemplary embodiment of a knit cuff including an aperture for receiving a tied lace shown in phantom;
- (11) FIG. 10 is an enlarged lateral side view of a knit cuff including an exemplary embodiment of a malleolus zone;
- (12) FIG. 11 is a cross-sectional view of an exemplary embodiment of a malleolus zone taken along the line shown in FIG. 10;
- (13) FIG. 12 is an enlarged lateral side view of a knit cuff including an exemplary embodiment of a malleolus zone;
- (14) FIG. 13 is an enlarged lateral side view of a knit cuff including an exemplary embodiment of a malleolus zone undergoing stretching;
- (15) FIG. 14 is an exemplary embodiment of an article of footwear including a knit cuff with a malleolus zone;
- (16) FIG. 15 is an exemplary embodiment of an article of footwear including a knit cuff with a malleolus zone having a foot of a wearer inserted;
- (17) FIG. 16 is an exemplary embodiment of an article of footwear including a knit cuff with a malleolus zone with a foot of a wearer disposed inside;
- (18) FIG. 17 is an enlarged front view of a knit cuff including a feature to assist with orientation of the upper;
- (19) FIG. 18 is an enlarged front view of a knit cuff including an exemplary embodiment of a stretch padding zone in a non-stretched condition;
- (20) FIG. 19 is an enlarged front view of a knit cuff including an exemplary embodiment of a stretch padding zone in a stretched condition; and
- (21) FIG. 20 is a representational view of an exemplary looping diagram for manufacturing a knitted component incorporating a stretch padding zone.

DETAILED DESCRIPTION

(22) The following discussion and accompanying figures disclose a variety of concepts relating to knitted components and the manufacture of knitted components. Although the knitted components may be used in a variety of products, an article of footwear that incorporates one of the knitted components is disclosed below as an example. FIGS. 1 through 20 illustrate an exemplary embodiment of an article of footwear incorporating a knitted component including an upper and an integral knit ankle cuff. The individual features of the knitted component as described herein may be used in combination or may be provided separately in different configurations for articles of

footwear. In addition, any of the features may be optional and may not be included in any one particular embodiment of a knitted component.

(23) FIGS. **1** through **4** illustrate an exemplary embodiment of an article of footwear **100**, also referred to simply as article **100**. In some embodiments, article of footwear **100** may include a sole structure **110** and an upper **120**. Although article **100** is illustrated as having a general configuration suitable for soccer, concepts associated with article **100** may also be applied to a variety of other athletic footwear types, including baseball shoes, basketball shoes, cycling shoes, football shoes, tennis shoes, running shoes, training shoes, walking shoes, and hiking boots, for example. The concepts may also be applied to footwear types that are generally considered to be non-athletic, including dress shoes, loafers, sandals, and work boots. Accordingly, the concepts disclosed with respect to article **100** may be applied to a wide variety of footwear types.

(24) For reference purposes, article **100** may be divided into three general regions: a forefoot region **10**, a midfoot region **12**, and a heel region **14**, as shown in FIGS. **1**, **2**, and **3**. Forefoot region **10** generally includes portions of article **100** corresponding with the toes and the joints connecting the metatarsals with the phalanges. Midfoot region **12** generally includes portions of article **100** corresponding with an arch area of the foot. Heel region **14** generally corresponds with rear portions of the foot, including the calcaneus bone. Article **100** also includes a lateral side **16** and a medial side **18**, which extend through each of forefoot region **10**, midfoot region **12**, and heel region **14** and correspond with opposite sides of article **100**. More particularly, lateral side **16** corresponds with an outside area of the foot (i.e., the surface that faces away from the other foot), and medial side **18** corresponds with an inside area of the foot (i.e., the surface that faces toward the other foot). Forefoot region **10**, midfoot region **12**, and heel region **14** and lateral side **16**, medial side **18** are not intended to demarcate precise areas of article **100**. Rather, forefoot region **10**, midfoot region **12**, and heel region **14** and lateral side **16**, medial side **18** are intended to represent general areas of article **100** to aid in the following discussion. In addition to article **100**, forefoot region **10**, midfoot region **12**, and heel region **14** and lateral side **16**, medial side **18** may also be applied to sole structure **110**, upper **120**, and individual elements thereof.

(25) In an exemplary embodiment, sole structure **110** is secured to upper **120** and extends between the foot and the ground when article **100** is worn. In some embodiments, sole structure **110** may include one or more components, including a midsole, an outsole, and/or a sockliner or insole. In an exemplary embodiment, sole structure **110** may include an outsole **112** that is secured to a lower surface of upper **120** and/or a base portion configured for securing sole structure **110** to upper **120**. In one embodiment, outsole **112** may be formed from a wear-resistant rubber material that is textured to impart traction. In this embodiment, outsole **112** includes a plurality of cleat members **114** that are configured to provide traction with a ground surface. Although this configuration for sole structure **110** provides an example of a sole structure that may be used in connection with upper **120**, a variety of other conventional or nonconventional configurations for sole structure **110** may also be used. Accordingly, in other embodiments, the features of sole structure **110** or any sole structure used with upper **120** may vary.

(26) For example, in other embodiments, sole structure **110** may include a midsole and/or a sockliner. A midsole may be secured to a lower surface of an upper and in some cases may be formed from a compressible polymer foam element (e.g., a polyurethane or ethylvinylacetate foam) that attenuates ground reaction forces (i.e., provides cushioning) when compressed between the foot and the ground during walking, running, or other ambulatory activities. In other cases, a midsole may incorporate plates, moderators, fluid-filled chambers, lasting elements, or motion control members that further attenuate forces, enhance stability, or influence the motions of the foot. In still other cases, the midsole may be primarily formed from a fluid-filled chamber that is located within an upper and is positioned to extend under a lower surface of the foot to enhance the comfort of an article.

(27) In some embodiments, upper **120** defines a void within article **100** for receiving and securing a

foot relative to sole structure **110**. The void is shaped to accommodate the foot and extends along a lateral side of the foot, along a medial side of the foot, over the foot, around the heel, and under the foot. Upper **120** includes an exterior surface **121** and an opposite interior surface **122**. Whereas exterior surface **121** faces outward and away from article **100**, interior surface **122** faces inward and defines a majority or a relatively large portion of the void within article **100** for receiving the foot. Moreover, interior surface **121** may lay against the foot or a sock covering the foot. Access to the void is provided by a throat opening **140** located in at least heel region **14**. More particularly, the foot may be inserted into upper **120** through throat opening **140**, and the foot may be withdrawn from upper **120** through throat opening **140**. In some embodiments, an instep area **150** extends from ankle opening **140** in heel region **14** over an area corresponding to an instep of the foot to an area adjacent to forefoot region **10**.

(28) A lace **154** extends through various lace apertures in upper **120** and permits the wearer to modify dimensions of upper **120** to accommodate proportions of the foot. More particularly, lace **154** permits the wearer to tighten upper **120** around the foot, and lace **154** permits the wearer to loosen upper **120** to facilitate entry and removal of the foot from the void (i.e., through throat opening **140**). In addition, a portion of upper **120** in instep area **150** extends under lace **154** to enhance the comfort of article **100**. In further configurations, upper **120** may include additional elements, such as (a) a heel counter in heel region **14** that enhances stability, (b) a toe guard in forefoot region **10** that is formed of a wear-resistant material, and (c) logos, trademarks, and placards with care instructions and material information.

(29) In some embodiments, lace **154** may extend through pairs of lace apertures that are disposed along either side of instep area **150**. In an exemplary embodiment, pairs of lace apertures may include a plurality of outer lace apertures **152** and a plurality of inner lace apertures **153**. Plurality of outer lace apertures **152** may be disposed at a first location along instep area **150**. Plurality of inner lace apertures **153** may be disposed at a second location along instep area **150** that is located more inward towards the middle of upper **120** than outer lace apertures **152** on each of lateral side **16** and medial side **18**. In addition, the location of outer lace apertures **152** and inner lace apertures **153** may be offset along instep area **150** in the longitudinal direction. With this configuration, lace **154** may pass through an inner lace aperture **153**, extend under knitted component **130** along interior surface **122**, and exit knitted component **130** through an outer lace aperture **152** to continue along exterior surface **121**. Lace **154** may continue passing through plurality of apertures **152**, **153** in this manner throughout instep area **150**.

(30) Many conventional footwear uppers are formed from multiple material elements (e.g., textiles, polymer foam, polymer sheets, leather, synthetic leather) that are joined through stitching or bonding, for example. In contrast, in some embodiments, a majority of upper **120** is formed from a knitted component **130**, which will be discussed in more detail below. Knitted component **130** may, for example, be manufactured through a flat knitting process and extends through each of each of forefoot region **10**, midfoot region **12**, and heel region **14**, along both lateral side **16** and medial side **18**, over forefoot region **10**, and around heel region **14**. In an exemplary embodiment, knitted component **130** forms substantially all of upper **120**, including exterior surface **121** and a majority or a relatively large portion of interior surface **122**, thereby defining a portion of the void within upper **120**. In some embodiments, knitted component **130** may also extend under the foot. In other embodiments, however, a strobil sock or thin sole-shaped piece of material is secured to knitted component **130** to form a base portion of upper **120** that extends under the foot for attachment with sole structure **110**. In addition, a seam extends vertically through heel region **14**, as depicted in FIG. 4, to join edges of knitted component **130**.

(31) Additionally, while knitted component **130** forms portions of both of exterior surface **121** and interior surface **122**, in some embodiments, a polymer layer or a skin layer may be bonded with areas of knitted component **130**, as disclosed in U.S. Ser. No. 13/079,653 to Dua, entitled "Article Of Footwear Having A Knit Upper With A Polymer Layer", filed on Apr. 4, 2011 and published on

Oct. 4, 2012 as U.S. Patent Application Publication 2012/0246973, the disclosure of which application is entirely incorporated herein by reference.

(32) In some embodiments, article **100** may include an integral knit ankle cuff **160** for covering at least a portion of an ankle of the wearer. In addition to covering the foot, therefore, upper **120** extends upward and covers a portion of the ankle. For reference purposes, upper **120** may be divided into two general regions: a foot region **20** and an ankle region **30**, as shown in FIGS. **1**, **2**, and **3**. Foot region **20** extends through each of forefoot region **10**, midfoot region **12**, and heel region **14** and generally encompasses portions of upper **120** corresponding with the foot. In many configurations of article **100**, foot region **20** corresponds with portions of upper **120** that are intended to be below the lateral malleolus and the medial malleolus (i.e., the bony prominences on each side of the ankle) of the wearer. Ankle region **30** is primarily located in heel region **14** and generally encompasses portions of upper **120** corresponding with the ankle. In many configurations of article **100**, ankle region **30** corresponds with portions of upper **120** that are intended to cover and extend above the lateral malleolus and the medial malleolus.

(33) In an exemplary embodiment, a boundary region **200** separates foot region **20** from ankle region **30**. In this embodiment, boundary region **200** defines the portion of upper **120** where ankle cuff **160** begins to extend upwards from foot region **20**. In some embodiments, boundary region **200** may demarcate the portion of knitted component **130** where the properties of the knit structure associated with ankle cuff **160**, for example, a stitch type, a yarn type, or characteristics associated with different stitch types or yarn types, including aesthetics, stretch, thickness, air permeability, and abrasion-resistance, may be varied from the remaining portion of upper **120**. It should be understood that in some cases, boundary region **200** may be visibly indicated on upper **120** by virtue of differences in the knit structure or other indicia. In other cases, however, boundary region **200** may not be visible on upper **120** and the portion of upper **120** associated with foot region **20** and ankle region **30** may have a continuous appearance.

(34) Ankle cuff **160** is located in ankle region **30** and forms an ankle part of knitted component **130**. A remainder of knitted component **130**, which is located in foot region **20**, forms a foot part of knitted component **130**. Whereas the foot part of knitted component **130** covers the foot of the wearer, the ankle part of knitted component **130**, which includes ankle cuff **160**, covers the ankle of the wearer when article **100** is worn. Moreover, ankle cuff **160** and the ankle part of knitted component **130** may be formed of unitary knit construction with the foot part of knitted component **130**.

(35) Although a seam may be present in ankle cuff **160**, the ankle part of knitted component **130** has a continuous structure for extending entirely around the ankle of the wearer. Referring to the top plan view of FIG. **4**, ankle cuff **160** forms a circular, oval, or otherwise continuous and rounded throat opening **140** that provides access to the void within upper **120**. Throat opening **140** may have relatively large dimensions that allow the foot to pass through and into the void. In some embodiments, throat opening **140** may stretch to accommodate the foot. Moreover, ankle cuff **160** may have dimensions that are smaller than an average ankle diameter. Therefore, ankle cuff **160** may remain somewhat stretched and lay firmly against the ankle once the foot is located within the void. Accordingly, ankle cuff **160** and other portions of knitted component **130** in ankle region **30** may be formed to have stretch properties.

(36) In some embodiments, knitted component **130** may include one or more features to assist with providing entry for a foot of a wear, providing comfort to a wearer, and to assist with orientation of upper **120** of article **100** when being worn. In an exemplary embodiment, ankle cuff **160** may include features that are configured to correspond with the lateral and medial malleolus bones of a wearer. In one embodiment, ankle cuff **160** includes malleolus zone **164** disposed on each of lateral side **16** and medial side **18** of upper **120**. As described in more detail below, malleolus zone **164** provides a knit structure on ankle cuff **160** that allows for increased stretch and comfort to a wearer of article **100**. Additionally, malleolus zone **164** may assist with maintaining an orientation of upper

120 on a foot of a wearer by covering and closely fitting to the malleolus bones of the wearer.

(37) In some embodiments, knitted component **130** may further include a tied-lace receiving aperture **162**. In an exemplary embodiment, tied-lace receiving aperture **162** may be disposed on a portion of instep area **150** and/or ankle cuff **160** proximate to or adjacent to boundary region **200** between foot region **20** and ankle region **30**. With this configuration, tied-lace receiving aperture may be located approximately where lacing apertures **152**, **153** end at a top portion of a lacing region of upper **120**. In one embodiment, tied-lace receiving aperture **162** may be configured to receive a tied and knotted lace, for example, lace **154**.

(38) Knitted component **130** extends throughout upper **120** and forms a majority of interior surface **122**, thereby defining a portion of the void within upper **120**. Although seams may be present in knitted component **130**, a majority of knitted component **130** has a substantially seamless configuration. Moreover, knitted component **130** may be formed of unitary knit construction. As utilized herein, a knitted component (e.g., knitted component **130**) is defined as being formed of “unitary knit construction” when formed as a one-piece element through a knitting process. That is, the knitting process substantially forms the various features and structures of knitted component **130** without the need for significant additional manufacturing steps or processes. A unitary knit construction may be used to form a knitted component having structures or elements that include one or more courses of yarn or other knit material that are joined such that the structures or elements include at least one course in common (i.e., sharing a common yarn) and/or include courses that are substantially continuous between each of the structures or elements. With this arrangement, a one-piece element of unitary knit construction is provided.

(39) Although portions of knitted component **130** may be joined to each other (e.g., edges of knitted component **130** being joined together) following the knitting process, knitted component **130** remains formed of unitary knit construction because it is formed as a one-piece knit element. Moreover, knitted component **130** remains formed of unitary knit construction when other elements (e.g., a lace, logos, trademarks, placards with care instructions and material information, structural elements) are added following the knitting process.

(40) Examples of various configurations of knitted components that may be utilized for knitted component **130** are disclosed in U.S. Pat. No. 6,931,762 to Dua; U.S. Pat. No. 7,347,011 to Dua, et al.; U.S. Patent Application Publication 2008/0110048 to Dua, et al.; U.S. Patent Application Publication 2010/0154256 to Dua; and U.S. Patent Application Publication 2012/0233882 to Huffa, et al., the disclosures of each of which are entirely incorporated herein by reference.

(41) The primary elements of knitted component **130** are a knit element **131** and an inlaid strand **132**. Knit element **131** is formed from at least one yarn that is manipulated (e.g., with a knitting machine) to form a plurality of intermeshed loops that define a variety of courses and wales. That is, knit element **131** has the structure of a knit textile. Inlaid strand **132** extends through knit element **131** and passes between the various loops within knit element **131**. Although inlaid strand **132** generally extends along courses within knit element **131**, inlaid strand **132** may also extend along wales within knit element **131**. Advantages of inlaid strand **132** include providing support, stability, and structure. For example, inlaid strand **132** assists with securing upper **120** around the foot, limits deformation in areas of upper **120** (e.g., imparts stretch-resistance), and operates in connection with lace **154** to enhance the fit of article **100**. U.S. Patent Application Publication 2012/0233882 to Huffa, et al., which was referenced above and incorporated herein, provides discussion of the manner in which knitted component **130** may be formed, including the process of inlaying or otherwise locating inlaid strand **132** within knit element **131**.

(42) In some embodiments, inlaid strand **132** may extend through knit element **131** in an upwards direction from sole structure **110** towards instep area **150**. In an exemplary embodiment, inlaid strand **132** may extend between each inner lace aperture **153** and each outer lace aperture **152** and extend back in a downwards direction from instep area **150** towards sole structure **110**. For example, inlaid strand **132** may form a loop around outer lace aperture **152**, while inner lace

aperture **153** is located outside of the loop. With this configuration, inlaid strand **132** may reinforce outer lace aperture **152**.

(43) In addition, when article **100** is provided with lace **154**, inlaid strand **132** extending around outer lace aperture **152** may assist with providing support and/or stability to a foot of a wearer. In some embodiments, inlaid strand **132** may be tensioned when lace **154** is tightened, and inlaid strand **132** resists stretch in upper **120**. Moreover, inlaid strand **132** assists with securing upper **120** around the foot and operates in connection with lace **154** to enhance the fit of article **100**. For example, in embodiments where lace **154** passes into knitted component **130** through inner lace aperture **153** and exits knitted component **130** through outer lace aperture **152**, lace **154** is disposed through the loop formed by inlaid strand **132** and allows adjustment of the fit of upper **120** by pulling lace **154** tight. In one embodiment, inlaid strand **132** may extend around outer lace aperture **152** while remaining within knit element **131**. That is, inlaid strand **132** may extend through knitted component **130** within one or more courses and/or wales of knit element **131**. In other embodiments, however, inlaid strand **132** may exit knit element **131** at one or more portions so as to be exposed on exterior surface **121** and/or interior surface **122**.

(44) In an exemplary embodiment, instep area **150** extending between medial side **18** and lateral side **16** may be formed of unitary knit construction with upper **120** and ankle cuff **160**. As shown in FIG. 4, the portion of knitted component **130** forming instep area **150** may be substantially continuous with the remaining portion of knitted component forming upper **120** and ankle cuff **160**. In this embodiment, instep area **150** is joined through knitting to upper **120** along each of a lateral side and a medial side of instep area **150** such that instep area **150** and upper **120** include at least one course in common and/or include courses that are substantially continuous. In addition, instep area **150** is joined through knitting to ankle cuff **160** forward of throat opening **140** such that instep area **150** and ankle cuff **160** include at least one course in common and/or include courses that are substantially continuous.

(45) Referring now to FIG. 5, an exemplary embodiment of knitted component **130** is shown in a planar or flat configuration. In this embodiment, knitted component **130** has a generally Y-shaped configuration that is outlined by an outer perimeter. In this embodiment, the outer perimeter includes a front perimeter edge **510**, a lateral perimeter edge **500**, and a medial perimeter edge **502** disposed opposite lateral perimeter edge **500**. The outer perimeter edge of knitted component **130** also includes a pair of heel edges, including a lateral heel edge **504** and a medial heel edge **506**. In an exemplary embodiment, knitted component **130** may further include an inner perimeter that will be associated with and define throat opening **140**, described above. In this embodiment, the inner perimeter of knitted component **130** includes inner perimeter edge **508**. When incorporated into an article of footwear, including footwear **100**, front perimeter edge **510**, lateral perimeter edge **500**, medial perimeter edge **502**, and at least a portion of lateral heel edge **504** and medial heel edge **506** lays against an upper surface of sole structure **110** and may be joined to a strobel sock or sockliner. In addition, lateral heel edge **504** and medial heel edge **506** are joined to each other and extend vertically in heel region **14** of article **100**. In some embodiments of an article of footwear, a material element may cover a seam between lateral heel edge **504** and medial heel edge **506** to reinforce the seam and enhance the aesthetic appeal of the footwear.

(46) Knitted component **130** may include instep area **150** that is formed of unitary knit construction with the remaining portion of upper **120** and ankle cuff **160**, as described above. In some embodiments, instep area **150** includes plurality of lace apertures **152**, **153** disposed in knitted component **130**. As described above, lace apertures **152**, **153** may extend through knitted component **130** and are configured to receive a lace, including lace **154**. In an exemplary embodiment, lace apertures **152**, **153** are formed directly into knitted component **130** by knitting. In other embodiments, however, lace apertures **152**, **153** may include additional reinforcing elements added to knitted component **130**. In some embodiments, instep area **150** may further include tied-lace receiving aperture **162**. As described above, tied-lace receiving aperture **162** may be disposed

on a portion of instep area **150** and/or ankle cuff **160** proximate to or adjacent to boundary region **200**. In an exemplary embodiment, tied-lace receiving aperture **162** may be formed in a similar manner as lace apertures **152**, **153**. In one embodiment, tied-lace receiving aperture **162** may be formed directed into knitted component **130** using a button-hole stitch or other suitable type of stitch. In other embodiments, tied-lace receiving aperture **162** is optional and may be omitted. (47) As shown in FIG. 5, each of lateral side **16** and medial side **18** may be associated with a single inlaid strand **132** that alternately passes through knit element **131** and extends outside of knit element **131** at portions of knitted component **130**. In this embodiment, inlaid strand **132** exits knit element **131** at various portions of knitted component **130** along each of lateral perimeter edge **500** and medial perimeter edge **502** before extending back into knit element **131**. With this arrangement, a single inlaid strand **132** may be used for each of lateral side **16** and medial side **18** of upper **120**. In other embodiments, however, additional inlaid strands may be provided at various portions of knitted component **130**.

(48) In various embodiments, a knitted component may incorporate various types of yarn that impart different properties to separate areas of the upper. For example, one area of knitted component **130** may be formed from a first type of yarn that imparts a first set of properties, and another area of first knitted component **130** may be formed from a second type of yarn that imparts a second set of properties. In this configuration, properties may vary throughout upper **120** by selecting specific yarns for different areas of knitted component **130**.

(49) The properties that a particular type of yarn will impart to an area of a knitted component partially depend upon the materials that form the various filaments and fibers within the yarn. Cotton, for example, provides a soft hand, natural aesthetics, and biodegradability. Elastane and stretch polyester each provide substantial stretch and recovery, with stretch polyester also providing recyclability. Rayon provides high luster and moisture absorption. Wool also provides high moisture absorption, in addition to insulating properties and biodegradability. Nylon is a durable and abrasion-resistant material with relatively high strength. Polyester is a hydrophobic material that also provides relatively high durability.

(50) In addition to materials, other aspects of the yarns selected for a knitted component may affect the properties of the upper. For example, a yarn forming knitted component **130** may be a monofilament yarn or a multifilament yarn. The yarn may also include separate filaments that are each formed of different materials. In addition, the yarn may include filaments that are each formed of two or more different materials, such as a bi-component yarn with filaments having a sheath-core configuration or two halves formed of different materials. Different degrees of twist and crimping, as well as different deniers, may also affect the properties of upper **120**. Accordingly, both the materials forming the yarn and other aspects of the yarn may be selected to impart a variety of properties to separate areas of upper **120**.

(51) In some embodiments, integral knit ankle cuff **160** may extend from instep area **150** of knitted component **130** rearwards to inner perimeter edge **508** and may further extend across to lateral heel edge **504** and medial heel edge **506**. In an exemplary embodiment, ankle cuff **160** is formed of unitary knit construction with upper **120** at a rearward portion of instep area **150** of knitted component **130** as well as on each of lateral side **16** and medial side **18** of upper **120** along boundary region **200**. That is, ankle cuff **160** is joined through knitting to upper **120** at the rearward portion of instep area **150** such that ankle cuff **160** and instep area **150** of upper **120** include at least one course in common and/or include courses that are substantially continuous between ankle cuff **160** and upper **120**. Similarly, ankle cuff **160** is joined through knitting approximately along boundary region **200** extending around upper **120**, including along each side of upper **120** at lateral heel edge **504** and medial heel edge **506**. It should be noted that although a dashed line is utilized to separate and define where ankle cuff **160** begins on knitted component **130**, the dashed line may be for reference not visible in some configurations of knitted component **130**.

(52) In some embodiments, ankle cuff **160** forms a circular or tubular structure in upper **120** that

corresponds to throat opening **140** of article **100**. When article **100** is worn, ankle cuff **160** extends around or encircles an ankle of the wearer and may lay against the ankle. In some embodiments, ankle cuff **160** may exhibit a greater ability to stretch than the remaining portion of upper **120**. An advantage of imparting a relatively small stretch-resistance (i.e., permitting stretch) to ankle cuff **160** is that this area of knitted component **130** will elongate or otherwise stretch as the foot is inserted into upper **120** and withdrawn from upper **120** through throat opening **140** formed by ankle cuff **160**. Additionally, ankle cuff **160** may remain in a partially stretched state and lay against the ankle when article **100** is worn, thereby preventing dirt, pebbles, and other debris from entering article **100** through throat opening **140**.

(53) In an exemplary embodiment, ankle cuff **160** may include malleolus zone **164** disposed on each of lateral side **16** and medial side **18**. As described in more detail with reference to FIGS. **10** through **17**, malleolus zone **164** provides a knit structure on ankle cuff **160** that allows for increased stretch and comfort to a wearer of article **100**. Additionally, malleolus zone **164** may assist with maintaining an orientation of upper **120** on a foot of a wearer by covering and closely fitting to the malleolus bones of the wearer.

(54) Referring now to FIGS. **6** through **9**, an exemplary embodiment of tied-lace receiving aperture **162** is illustrated on ankle cuff **160**. In some embodiments, tied-lace receiving aperture **162** may be located in instep area **150** or ankle cuff **160**. The location of tied-lace receiving aperture **162** may be chosen to correspond to the location of the top-most set of lace apertures **152**, **153** or slightly above the top-most set of lace apertures **152**, **153**. In this embodiment, the top-most set of lace apertures **152**, **153** are disposed on each of lateral side **16** and medial side **18** closest to a top edge **602** of throat opening **140**. With this configuration, once lace **154** extends through the top-most set of lace apertures **152**, **153**, the tied and knotted lace may be tucked through a hole **600** defined by tied-lace receiving aperture **162**. As shown in FIG. **6**, hole **600** extends through upper **120** from exterior surface **121** to interior surface **122**.

(55) FIGS. **7** through **9** illustrate an exemplary process of using tied-lace receiving aperture **162** to tuck loose ends of a tied and knotted lace into hole **600** so that the loose ends of the tied and knotted lace is disposed within the interior of upper **120**. As shown in FIG. **7**, article **100** may be optionally fastened to a desired amount of tightness around a foot within the interior of upper **120** by using lace **154** disposed through lace apertures **152**, **153**. Once lace **154** is at the desired amount of tightness, lace **154** may then be tied and knotted into a bow **700**. It should be understood that bow **700** is illustrated for purposes of example, however, in other embodiments, different mechanisms may be used to hold lace **154** securely in a tightened configuration.

(56) Next, as shown in FIG. **8**, the loose ends of bow **700**, including the lace loops and trailing lace ends, may begin to be disposed through hole **600** formed by tied-lace receiving aperture **162**. In an exemplary embodiment, the portion of knitted component forming ankle cuff **160** and/or instep area **150** around tied-lace receiving aperture **162** may stretch to assist with tucking the loose ends of bow **700** into hole **600**. Finally, as shown in FIG. **9**, the loose ends of bow **700** have been fully inserted through hole **600** of tied-lace receiving aperture **162** so that the loose ends of bow **700** of lace **154** are disposed within the interior of upper **120** against interior surface **122** of knitted component **130**. In this embodiment, the knot of bow **700** remains outside of hole **600** on exterior surface **121**. However, in other embodiments, tied-lace receiving aperture **162** may be configured to accommodate all of bow **700**, including the loose ends and the knot.

(57) By placing the loose ends of bow **700** within hole **600** of tied-lace receiving aperture **162**, the trailing ends of lace **154** and the lace loops of bow **700** are moved within upper **120** so that exterior surface **121** remains relatively uniform. This configuration helps to reduce the likelihood that the trailing ends of lace **154** and/or lace loops of bow **700** may interfere with article **100** when being worn. For example, in embodiments where article **100** is a soccer shoe, tied-lace receiving aperture **162** may be used to provide a generally uniform exterior surface **121** for kicking a soccer ball. With this configuration, the loose ends of bow **700**, including the lace loops of bow **700** and/or the

trailing ends of lace **154**, are protected within the interior of upper **120** and may be prevented from flopping around and interfering when contacting the soccer ball.

(58) Referring now to FIGS. **10** through **17**, an exemplary embodiment of integral knit ankle cuff **160** is illustrated. In some embodiments, ankle cuff **160** may include features that are configured to correspond with the lateral and medial malleolus bones of a wearer. In one embodiment, ankle cuff **160** includes malleolus zone **164** disposed on each of lateral side **16** and medial side **18** of upper **120**. An exemplary embodiment of a knit structure forming malleolus zone **164** will be described below.

(59) In an exemplary embodiment, knit element **131** includes at least two knit layers interlocked with each other at one or more portions to form knitted component **130**. In this embodiment, a first knit layer **1000** forms a majority of a first side of knitted component **130**. In some embodiments, first knit layer **1000** may be associated with a majority of exterior surface **121**. A second knit layer **1010** forms a majority of a second side of knitted component **130**, disposed opposite to the first side. In some embodiments, second knit layer **1010** may be associated with a majority of interior surface **122**.

(60) As shown in FIG. **10**, in this embodiment, malleolus zone **164** may include a plurality of indentations **1020** in exterior surface **121** of ankle cuff **160**. Plurality of indentations **1020** are gaps or voids in first knit layer **1000** that allow second layer **1010** to be exposed to the exterior of knitted component **130**. That is, in this embodiment, exterior surface **121** includes first knit layer **1000** and a portion of second knit layer **1010** that is disposed within the bottom of plurality of indentations **1020**.

(61) Referring now to FIG. **11**, a cross-sectional view of malleolus zone **164** is illustrated to show the knit structure including first knit layer **1000** and second knit layer **1010**. In this embodiment, each indentation of plurality of indentations **1020** has a depth that is approximately equal to the thickness of first layer **1000**. By knitting knit element **131** such that first layer **1000** includes selectively placed gaps or voids, second layer **1010** may be exposed to form plurality of indentations **1020**.

(62) In some embodiments, malleolus zone **164** is formed by knitting ankle cuff **160** of knitted component **130** with a knit structure that forms plurality of indentations **1020** during the knitting process. A suitable knit structure for forming malleolus zone **164** includes a 1×1 mock mesh knit structure or 2×2 mock mesh structure. In contrast with a mesh knit structure, which may be used to form apertures that extend fully through knit element **131**, including both first knit layer **1000** and second knit layer **1010**, a mock mesh knit structure forms indentations in first knit layer **1000**, as depicted in FIG. **11**. In addition to enhancing the aesthetics of article **100**, a mock mesh knit structure may enhance flexibility and decrease the overall mass of knitted component **130**. In comparison with a 1×1 mock mesh knit structure, a 2×2 mock mesh knit structure forms larger indentations in first knit layer **1000**. Depending on the desired size of plurality of indentations **1020** associated with malleolus zone **164**, a 1×1 mock mesh knit structure or a 2×2 mock mesh knit structure may be used. In other embodiments, larger mock mesh knit structures may be similarly formed. Additionally, in other embodiments, a combination of 1×1 mock mesh knit structures, 2×2 mock mesh knit structures, or larger mock mesh knit structures may be used together to form malleolus zone **164**.

(63) Suitable mock mesh knit structures with accompanying loop diagrams for knitting such mock mesh knit structures for use in the present embodiments are described in U.S. Patent Application Publication 2012/0233882 to Huffa et al., which was referenced above and incorporated herein.

(64) In an exemplary embodiment, malleolus zones **164** disposed on lateral side **16** and medial side **18** provide additional stretch to ankle cuff **160**. As shown in FIGS. **12** and **13**, ankle cuff **160** is shown undergoing stretching with malleolus zone **164**. FIG. **12** illustrates an unstretched condition of ankle cuff **160**. In this embodiment, malleolus zone **164** includes plurality of indentations **1020**, including a first indentation **1200** and a second indentation **1202**. First indentation **1200** and second

indentation **1202** are disposed on opposite ends of malleolus zone **164**, with first indentation **1200** disposed rearwards on ankle cuff **160** in a direction towards heel region **14** and with second indentation **1202** disposed forward on ankle cuff **160** in a direction towards forefoot region **10**.

(65) In one embodiment, first indentation **1200** and second indentation **1202** may be separated by a first length **L1** on ankle cuff **160**. In this embodiment, first length **L1** represents the widest portion of malleolus zone **164**. In other embodiments, however, malleolus zone **164** may have a different shape associated with a larger or smaller length. Additionally, in this embodiment, malleolus zone **164** is associated with plurality of indentations **1020** arranged in an approximately hexagonal-shaped configuration. However, in other embodiments, the arrangement of plurality of indentations **1020** associated with malleolus zone **164**, including number and/or location of indentations, may be varied. For example, in other embodiments, the arrangement of plurality of indentations **1020** may be associated with any geometric or non-geometric shape, including circular, oval, square, triangular, rectangular, and other desired arrangements. In an exemplary embodiment, the arrangement of plurality of indentations **1020** associated with malleolus zone **164** may be chosen to approximately conform to the shape of an ankle of a wearer.

(66) Referring now to FIG. **13**, ankle cuff **160** is illustrated undergoing stretching. In one embodiment, when ankle cuff **160** is in a stretched condition, for example, as may occur when a foot is inserted within upper **120** through throat opening **140**, malleolus zone **164** is configured to assist with providing stretch to ankle cuff **160**. In this embodiment, first indentation **1200** and second indentation **1202** may be separated by a second length **L2** on ankle cuff **160**. In this embodiment, second length **L2** represents a stretched condition of malleolus zone **164**. Second length **L2** may be larger than first length **L1**. In some cases, second length **L2** may be significantly larger than first length **L1**. For example, depending on the type of knit structure used to form malleolus zone **164** and the choice of yarn type, malleolus zone **164** may undergo a significant amount of stretch compared with the remaining portion of ankle cuff **160** such that second length **L2** may be at least 50% larger than first length **L1**. In other embodiments, second length **L2** may be between 25% and 50% larger than first length **L1**. In still other embodiments, second length **L2** may be over 50% larger than first length **L1**.

(67) FIGS. **14** through **16** illustrate an exemplary process of inserting a foot **1400** of a wearer into upper **120** of article **100** provided with ankle cuff **160** including malleolus zones **164**. As shown in FIG. **14**, article **100** is configured to receive foot **1400** of a wearer within the interior void of upper **120** through throat opening **140** defined by ankle cuff **160**. Foot **1400** includes ankle bone **1402**, also known as lateral malleolus, shown on lateral side **16**. Similarly, foot **1400** further includes a medial malleolus **1404** (shown in FIG. **17**) disposed opposite the lateral malleolus.

(68) Referring now to FIG. **15**, foot **1400** is shown in the process of being inserted through throat opening **140**. As described above, ankle cuff **160** including malleolus zone **164** may assist with stretching ankle cuff **160** during insertion of foot **1400** within article **100**. Additionally, as seen in FIG. **15**, instep area **150** may also be configured to stretch, as will be further described below, to accommodate entry of foot **1400** within upper **120**. FIG. **16** illustrates once foot **1400** has been inserted within upper **120** of article **100**. In this embodiment, malleolus zone **164** approximately corresponds to the location of ankle bone **1402** on foot **1400**. Similarly, malleolus zone **164** disposed on medial side **18** of ankle cuff **160** may also correspond to the location of medial malleolus **1404** of foot **1400**. By providing ankle cuff **160** with additional stretch features, ankle cuff **160** may closely correspond and encircle foot **1400** above ankle bone **1402**. With this configuration, upper **120** may tightly and securely fit foot **1400** of a wearer.

(69) Additionally, as shown in FIG. **16**, upper **120** further provides additional comfort to foot **1400** of a wearer by accommodating and allowing ankle cuff **160** to stretch at malleolus zone **164**. In this embodiment, the protruding portion of ankle bone **1402** may bulge outwards of ankle cuff **160** at malleolus zone **164**. With this configuration, because malleolus zone **164** may have a reduced stretch resistance than the remaining portion of ankle cuff **160**, malleolus zone **164** reduces

pressure on ankle bone **1402** and allows ankle cuff **160** to comfortably surround foot **1400** of a wearer.

(70) Additionally, malleolus zone **164** may further assist with maintaining an orientation of upper **120** on a foot of a wearer by covering and closely fitting to the lateral and medial malleolus bones of the wearer. As shown in FIG. **17**, a front view of article **100** is illustrated with foot **1400** disposed within. In this embodiment, lateral malleolus **1402** and medial malleolus **1404** are covered by malleolus zones **164** of ankle cuff **160**. By allowing each of lateral malleolus **1402** and medial malleolus **1404** to bulge outwards at malleolus zones **164**, ankle cuff **160** may assist with maintaining a desired orientation of upper **120**.

(71) In this embodiment, a vertical axis **1700** and a lateral axis **1702** are shown intersecting at an approximate midpoint **1704**. Midpoint **1704** may located a first distance **D1** from a lateral malleolus end **1710** associated with lateral malleolus **1402** of foot **1400** extending outward through malleolus zone **164** on lateral side **16** of ankle cuff **160**. Similarly, midpoint **1704** may be located a second distance **D2** from a medial malleolus end **1712** associated with medial malleolus **1404** of foot **1400** extending outward through malleolus zone **164** on lateral side **16** of ankle cuff **160**. In this embodiment, first distance **D1** and second distance **D2** are approximately equal such that midpoint **1704** is approximately equidistant from each of lateral malleolus end **1710** and medial malleolus end **1712**.

(72) Because the portion of ankle cuff **160** associated with each malleolus zone **164** has a smaller or reduced amount of stretch resistance than the remaining portion of ankle cuff **160**, the lateral malleolus **1402** and medial malleolus **1404** of foot **1400** will tend to remain within the corresponding malleolus zone **164**. With this arrangement, midpoint **1704** may remain substantially oriented in the same location on upper **120**. According, upper **120** may substantially maintain a desired orientation on a foot of a wearer. For example, in embodiments where article **100** is a soccer shoe, malleolus zone **164** may assist with maintaining the orientation of upper **120** such that a generally smooth exterior surface **121** is provided for kicking a soccer ball.

(73) In various embodiments, malleolus zone **164** having plurality of indentations **1020** may provide additional aesthetic features to ankle cuff **160**. For example, by selection of yarns having different colors for each of first knit layer **1000** and second knit layer **1010**, a contrasting or coordinating visual effect may be provided on ankle cuff **160**. For example, team colors or user-selected choice of colored yarns forming each of first knit layer **1000** and second knit layer **1010** may be selected so that the color of second knit layer **1010** is visible on plurality of indentations **1020** of malleolus zone **164**.

(74) In some embodiments, knitted component **130** may include additional features on upper **120** that provide comfort and/or cushioning to a foot of a wearer. In an exemplary embodiment, knitted component **130** may include a stretch padding zone disposed in instep area **150** that is configured to stretch to assist with entry of a foot inside upper **120** and provides cushioning once the foot has been inserted. FIGS. **18** through **20** illustrate an exemplary embodiment of a stretch padding zone **1800** disposed through instep area **150** of upper **120**. As shown in FIG. **18**, stretch padding zone extends between lateral side **16** and medial side **18** of upper **120** from a medial edge **1802** to a lateral edge **1804** adjacent to lace apertures **152**, **153** approximately in the middle of upper **120**. In this embodiment, stretch padding zone **1800** may have an approximately elongated oval or diamond shape, including a top edge **1806** disposed in a direction towards throat opening **140** and a bottom edge **1808** disposed opposite top edge **1806** in a direction away from throat opening **140** towards forefoot region **10**. It should be noted that although a dashed line is utilized to separate and define stretch padding zone **1800** on knitted component **130**, the dashed line may be for reference only and may not correspond to any visual line on knitted component **130**.

(75) In an exemplary embodiment, stretch padding zone **1800** may be formed by knitting using a knit structure that provides cushioning in an unstretched condition and provides flexibility in a stretched condition. In one embodiment, stretch padding zone **1800** may include a stretch knit

structure **1810** that is formed of unitary knit construction with the remaining portion of upper **120**, including instep area **150** and ankle cuff **160**. In an exemplary embodiment, stretch padding zone **1800** may be surrounded by the remaining portion of upper **120** having a different knit structure than stretch knit structure **1810**. Stretch knit structure **1810** may be a knit structure that has a reduced or smaller amount of stretch resistance than the remaining portion of upper **120**. For example, stretch padding zone **1800** may have stretch knit structure **1810** shown by looping diagram **2000** in FIG. **20**, described below. In one embodiment, portions of upper **120** surrounding stretch padding zone **1800** may include a jersey knit structure or a double jersey knit structure. For example, stretch knit structure **1810** may be used to knit stretch padding zone **1800** such that stretch padding zone **1800** may stretch in a lateral direction from medial edge **1802** to lateral edge **1804**, while remaining relatively resistant to stretch along a longitudinal direction between top edge **1806** and bottom edge **1808**.

(76) In addition, in some embodiments, the stretch properties of stretch padding zone **1800** may be further enhanced or increased by using an elastic yarn to form stretch knit structure **1810**. With this configuration, the combination of reduced stretch resistance provided by stretch knit structure **1810** and the reduced stretch resistance provided by an elastic yarn may provide an increased or greater amount or degree of stretch to stretch padding zone **1800**. For example, such increased or greater amount of stretch may assist a wearer with inserting a foot into upper **120**.

(77) FIG. **18** illustrates stretch padding zone **1800** in an unstretched condition. In this configuration, stretch padding zone **1800** may have a first width **W1** across upper **120** between medial edge **1802** and lateral edge **1804**. In addition, in the unstretched condition, stretch padding zone **1800** may have a first thickness **T1** in the area of knitted component **130** between exterior surface **121** and interior surface **122**. In an exemplary embodiment, first thickness **T1** may be provided to assist with cushioning and/or padding an instep of a foot of a wearer of article **100**. For example, in embodiments where article **100** is a soccer shoe, first thickness **T1** of stretch padding zone **1800** may assist with cushioning or padding a foot of a wearer during contact with a soccer ball.

(78) Referring now to FIG. **19**, stretch padding zone **1800** is illustrated in a stretched condition. In this embodiment, upper **120** may be stretched in the lateral direction between lateral side **16** and medial side **18**, for example, during entry of a foot into the interior of upper **120**. In the stretched condition, stretch padding zone **1800** is configured to stretch along the lateral direction between medial edge **1802** to lateral edge **1804**. In an exemplary embodiment, stretch knit structure **1810** is configured such that stretch padding zone **1800** may flatten and elongate in the lateral direction to provide flexibility for insertion of a foot within upper **120**. As shown in FIG. **19**, during the stretched condition, stretch padding zone **1800** may have a second width **W2** across upper **120** between medial edge **1802** and lateral edge **1804**. In one embodiment, second width **W2** may be larger than first width **W1**. For example, in some cases, second width **W2** may be at least 25% larger than first width **W1**. In other cases, second width **W2** may be from 25% to 50% larger than first width **W1**. In still other cases, second width **W2** may be more than 50% larger than first width **W1**.

(79) In addition, in the stretched condition, stretch padding zone **1800** may have a second thickness **T2** in the area of knitted component **130** between exterior surface **121** and interior surface **122**. In an exemplary embodiment, second thickness **T2** may smaller than first thickness **T1**. Once the stretched condition is finished and stretch padding zone **1800** returns back to the unstretched condition, stretch padding zone **1800** will again have first thickness **T1** in the area of knitted component **130**. With this configuration, stretch padding zone **1800** may assist with inserting a foot of a wearer into upper **120** while providing cushioning and/or padding to the instep of the foot once it has been inserted.

(80) Referring now to FIG. **20**, an exemplary embodiment of a looping diagram **2000** for knitting stretch knit structure **1810** is illustrated. In this embodiment, looping diagram **2000** illustrates the

sequence of stitches and movements performed by a knitting machine, for example, a flat-knitting machine, to form stretch knit structure **1810** making up a portion of stretch padding zone **1800**. As shown in FIG. **20**, the spaced apart dots represent the needles of a knitting machine and the illustrated steps represent the direction of movement of a yarn or thread between the needles of each of a front bed and a back bed of a knitting machine. In a first step **2002**, a yarn or thread is passed in an alternating manner between each of the front bed and the back bed, with knit stitches performed on the back bed and tuck stitches on the front bed.

(81) Next, in a second step **2004**, the yarn or thread passes in an alternating manner between the front bed and back bed with knit stitches performed on the front bed at needles disposed in between the needles having tuck stitches performed in first step **2002**. Similarly, in second step **2004**, tuck stitches are performed on the back bed at needles disposed in between the needles having knit stitches performed in first step **2002**. At a third step **2006**, knit stitches are performed on the back bed on the same needles that are holding the yarn or thread from tuck stitches performed in second step **2004**. Additionally, in third step **2006**, tuck stitches are performed on the front bed on the same needles as the needles that had knit stitches performed in second step **2004**.

(82) Finally, in a fourth step **2008**, the yarn or thread is knit stitched on the same needles on front bed as the tuck stitches performed in first step **2002** and the yarn or thread is tuck stitched on the same needles on back bed as the knit stitches performed in first step **2002**. With this configuration, a portion of stretch padding zone **1800** with stretch knit structure **1810** may be formed.

(83) It should be understood that portion of stretch padding zone **1800** that may be made with stretch knit structure **1810** according to looping diagram **2000** illustrated in FIG. **20** is merely exemplary. A stretch padding zone **1800** having desired dimensions may be formed using a substantially similar process shown in looping diagram **2000** to knit a knit structure having a width associated with a selected number of stitches and a length associated with a selected number of courses.

(84) While various embodiments of the invention have been described, the description is intended to be exemplary, rather than limiting and it will be apparent to those of ordinary skill in the art that many more embodiments and implementations are possible that are within the scope of the invention. Accordingly, the invention is not to be restricted except in light of the attached claims and their equivalents. Also, various modifications and changes may be made within the scope of the attached claims.

Claims

1. An article of footwear, comprising: an upper comprising a forefoot region, a midfoot region, a heel region, a lateral side, a medial side, and an instep area extending between the lateral side and the medial side, the upper comprising a knitted component, wherein the knitted component forms substantially all of the upper; a plurality of outer lace apertures disposed at a first location of the instep area on each of the lateral side and the medial side of the upper; a plurality of inner lace apertures disposed at a second location of the instep area on each of the lateral side and the medial side of the upper, wherein the second location is located more inward toward a middle of the upper than the first location; a lace that extends through an inner lace aperture of the plurality of inner lace apertures on the medial side of the upper, extends along an interior surface of the upper, and then exits the upper through an outer lace aperture of the plurality of outer lace apertures on the medial side of the upper, wherein after exiting the upper through the outer lace aperture on the medial side of the upper, the lace extends across the instep area along an exterior surface of the upper and extends through an inner lace aperture of the plurality of inner lace apertures on the lateral side of the upper, extends along the interior surface of the upper, and then exits the upper through an outer lace aperture of the plurality of outer lace apertures on the lateral side of the upper; and a sole structure secured to the upper.

2. The article of footwear of claim 1, wherein the knitted component forms an ankle cuff.
3. The article of footwear of claim 2, wherein the instep area extends between an ankle opening and the forefoot region, and wherein the instep area is joined through knitting to the ankle cuff.
4. The article of footwear of claim 1, wherein the knitted component comprises a first knit layer forming at least part of the exterior surface of the knitted component and a second knit layer forming at least part of the interior surface of the knitted component.
5. The article of footwear of claim 4, wherein the first knit layer comprises a plurality of voids that expose portions of the second knit layer.
6. The article of footwear of claim 1, wherein the knitted component extends through an underfoot region of the upper.
7. The article of footwear of claim 1, wherein the knitted component forms an ankle cuff.
8. The article of footwear of claim 7, wherein the instep area extends between an ankle opening and the forefoot region, and wherein the instep area is joined through knitting to the ankle cuff.
9. The article of footwear of claim 1, wherein the knitted component includes a polymer layer at one or more areas of the knitted component.
10. An article of footwear, comprising: an upper comprising a forefoot region, a midfoot region, a heel region, a lateral side, a medial side, and an instep area extending between the lateral side and the medial side, the upper comprising a knitted component in at least the instep area, wherein the knitted component extends through an underfoot region of the upper; a plurality of outer lace apertures disposed at a first location of the instep area on each of the lateral side and the medial side of the upper; a plurality of inner lace apertures disposed at a second location of the instep area on each of the lateral side and the medial side of the upper, wherein the second location is located more inward toward a middle of the upper than the first location; a lace that extends through an inner lace aperture of the plurality of inner lace apertures on the medial side of the upper, extends along an interior surface of the upper, and then exits the upper through an outer lace aperture of the plurality of outer lace apertures on the medial side of the upper, wherein after exiting the upper through the outer lace aperture on the medial side of the upper, the lace extends across the instep area along an exterior surface of the upper and extends through an inner lace aperture of the plurality of inner lace apertures on the lateral side of the upper, extends along the interior surface of the upper, and then exits the upper through an outer lace aperture of the plurality of outer lace apertures on the lateral side of the upper; and a sole structure secured to the upper.
11. The article of footwear of claim 10, wherein the upper includes a reinforcing element to reinforce at least some of the outer lace apertures.
12. The article of footwear of claim 11, wherein the reinforcing element is inlaid within the knitted component.
13. The article of footwear of claim 10, wherein the knitted component includes a first area formed from a first type of yarn having a first set of properties and a second area formed from a second type of yarn having a second set of properties different from the first set of properties.
14. The article of footwear of claim 10, wherein the knitted component comprises a knitted one-piece element.
15. The article of footwear of claim 10, wherein the knitted component in the instep area extends continuously between inner lace apertures on the lateral side and inner lace apertures on the medial side.
16. The article of footwear of claim 15, wherein the knitted component in the instep area comprises a stretch knit structure of a unitary knit construction with a remaining portion of the knitted component.
17. The article of footwear of claim 16, wherein the remaining portion of the knitted component comprises a different knit structure than the stretch knit structure.
18. The article of footwear of claim 10, wherein the upper comprises a skin layer bonded to at least a portion of the knitted component.

19. The article of footwear of claim 10, wherein the knitted component is flat knitted.
 20. The article of footwear of claim 10, wherein the sole structure comprises a plurality of ground-engaging cleat members.
 21. The article of footwear of claim 10, wherein the plurality of inner lace apertures extend through the knitted component.
 22. The article of footwear of claim 21, wherein the plurality of inner lace apertures are formed into the knitted component by knitting.
 23. The article of footwear of claim 10, wherein the plurality of inner lace apertures and at least some of the plurality of outer lace apertures extend through the knitted component.
 24. The article of footwear of claim 23, wherein the knitted component has a unitary knit construction.
 25. The article of footwear of claim 10, wherein the plurality of inner lace apertures on the lateral side are offset from the plurality of outer lace apertures on the lateral side along the instep area in a longitudinal direction.
 26. The article of footwear of claim 10, wherein the knitted component forms substantially all of the upper.
 27. The article of footwear of claim 10, wherein the sole structure comprises a midsole comprising a polymer foam material.
 28. The article of footwear of claim 10, wherein the upper comprises a heel counter in the heel region.
 29. The article of footwear of claim 10, wherein the upper comprises a toe guard in the forefoot region.
 30. The article of footwear of claim 10, wherein the knitted component comprises an ankle cuff joined through knitting to the instep area of the upper, the ankle cuff exhibiting greater stretch compared to remaining areas of the knitted component.
 31. The article of footwear of claim 10, wherein the knitted component forms an ankle cuff.
 32. The article of footwear of claim 31, wherein the instep area extends between an ankle opening and the forefoot region, and wherein the instep area is joined through knitting to the ankle cuff.
 33. The article of footwear of claim 10, wherein the knitted component includes a polymer layer at one or more areas of the knitted component.
 34. The article of footwear of claim 10, wherein the knitted component comprises a first knit layer forming at least part of the exterior surface of the knitted component and a second knit layer forming at least part of the interior surface of the knitted component.
 35. The article of footwear of claim 34, wherein the first knit layer comprises a plurality of voids that expose portions of the second knit layer.
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