US 20250250076A1

(19) United States
(12) Patent Application Publication
Hamel et al.
(10) Pub. No.: US 2025/0250076 A1
(43) Pub. Date: Aug. 7, 2025

(54) SPORT WATER BOTTLE WITH HIGH FLOW RATE

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(21) Appl. No.: **19/009,363**

(22) Filed: **Jan. 3, 2025**

Related U.S. Application Data

(63) Continuation of application No. 18/480,765, filed on Oct. 4, 2023, now Pat. No. 12,187,502, which is a continuation of application No. 17/168,072, filed on Feb. 4, 2021, now Pat. No. 11,780,657.

(60) Provisional application No. 62/971,836, filed on Feb. 7, 2020.

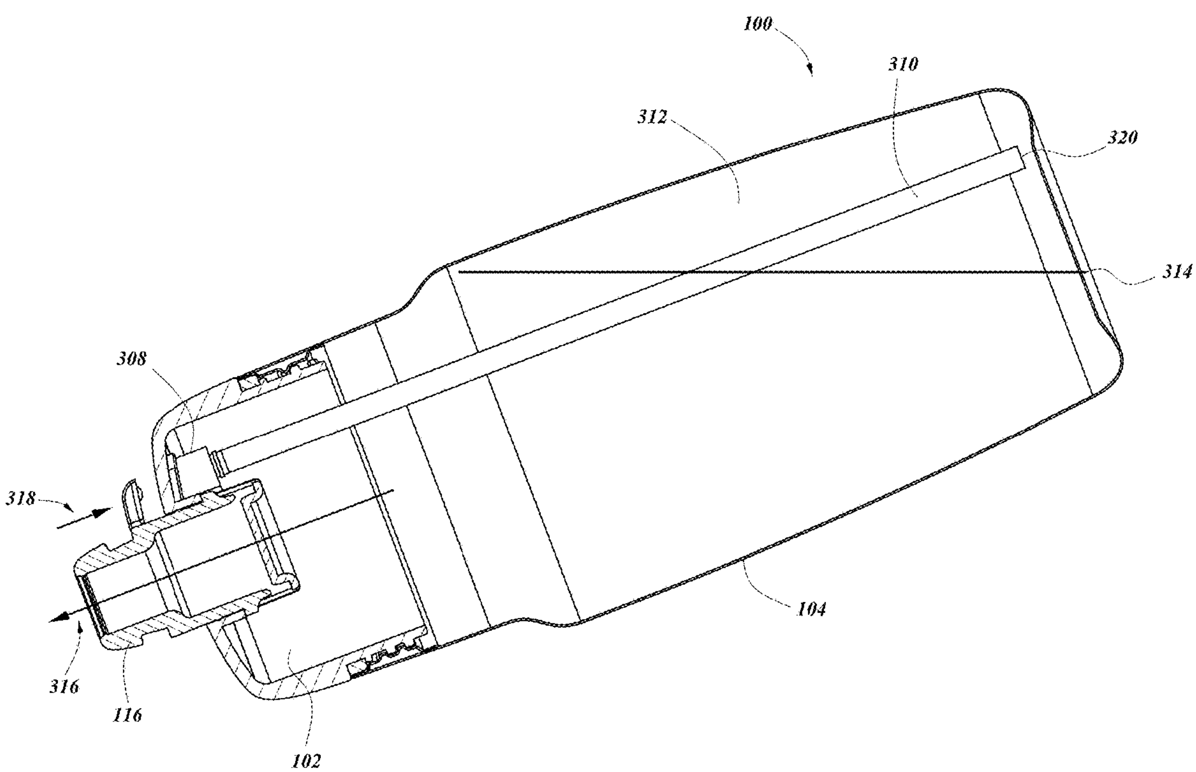
Publication Classification

(51) **Int. Cl.**
B65D 47/12 (2006.01)

(52) **U.S. Cl.**
CPC ***B65D 47/122*** (2013.01); *B65D 2205/00* (2013.01)

(57) **ABSTRACT**

A bottle assembly has a bottle and a removable cap. The cap includes a nozzle and a vent arrangement. The vent arrangement can include a vent conduit that extends into an air cavity present at the bottom of the bottle assembly when the bottle assembly is inverted. The vent arrangement allows for pressure equalization within the bottom assembly in response to liquid being dispensed from the bottle assembly to permit high flow rates of the dispensed liquid without squeezing of the bottle.



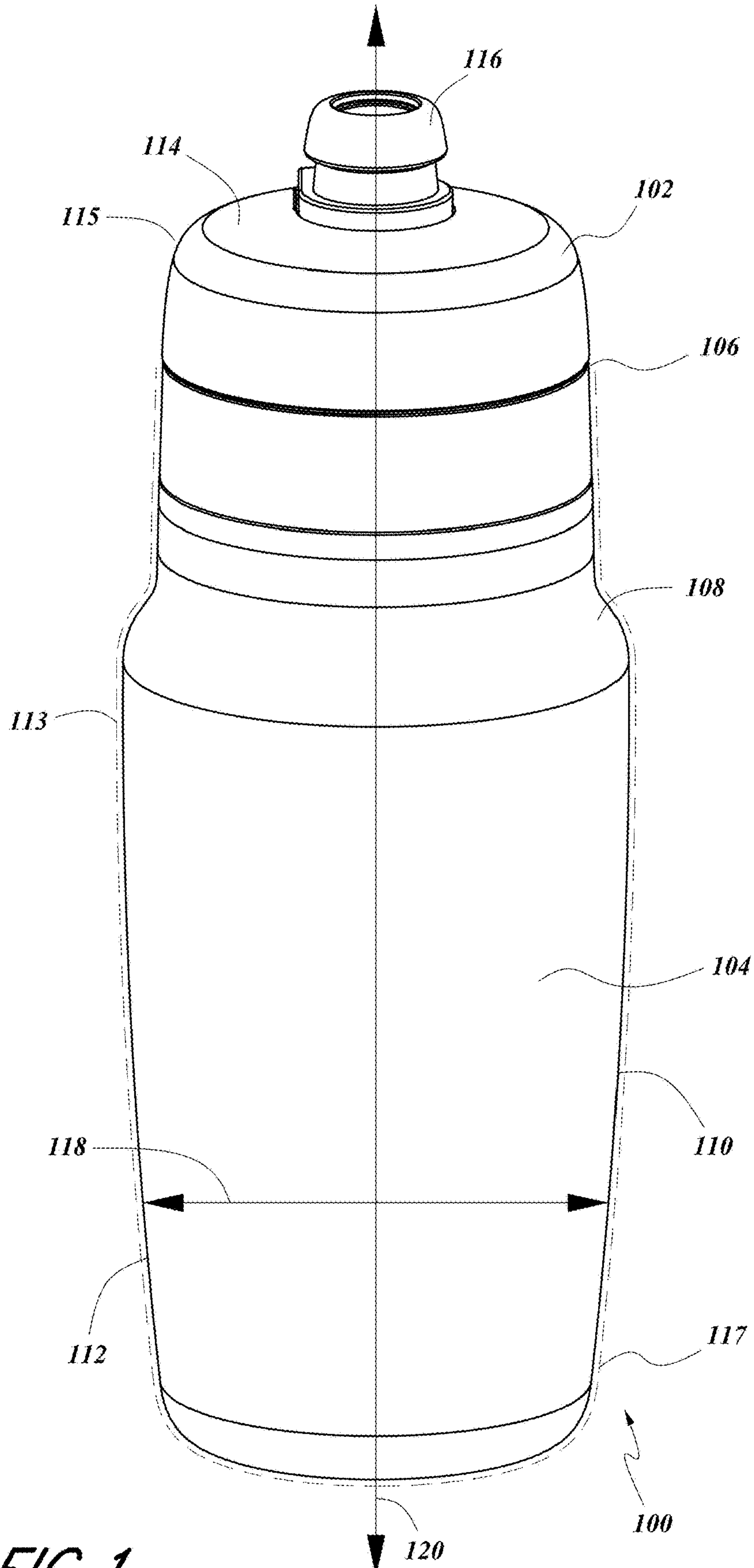


FIG. 1

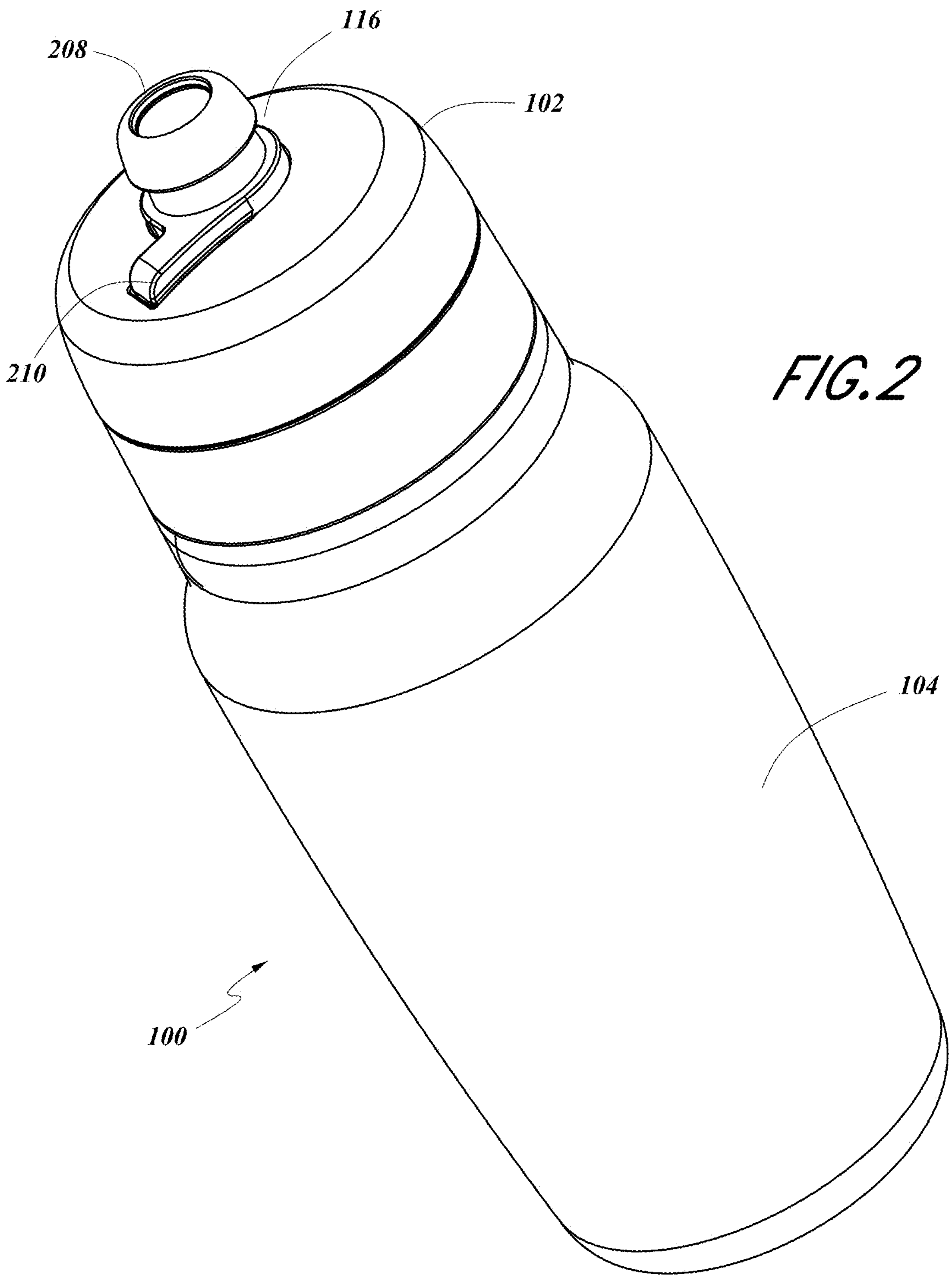


FIG.2

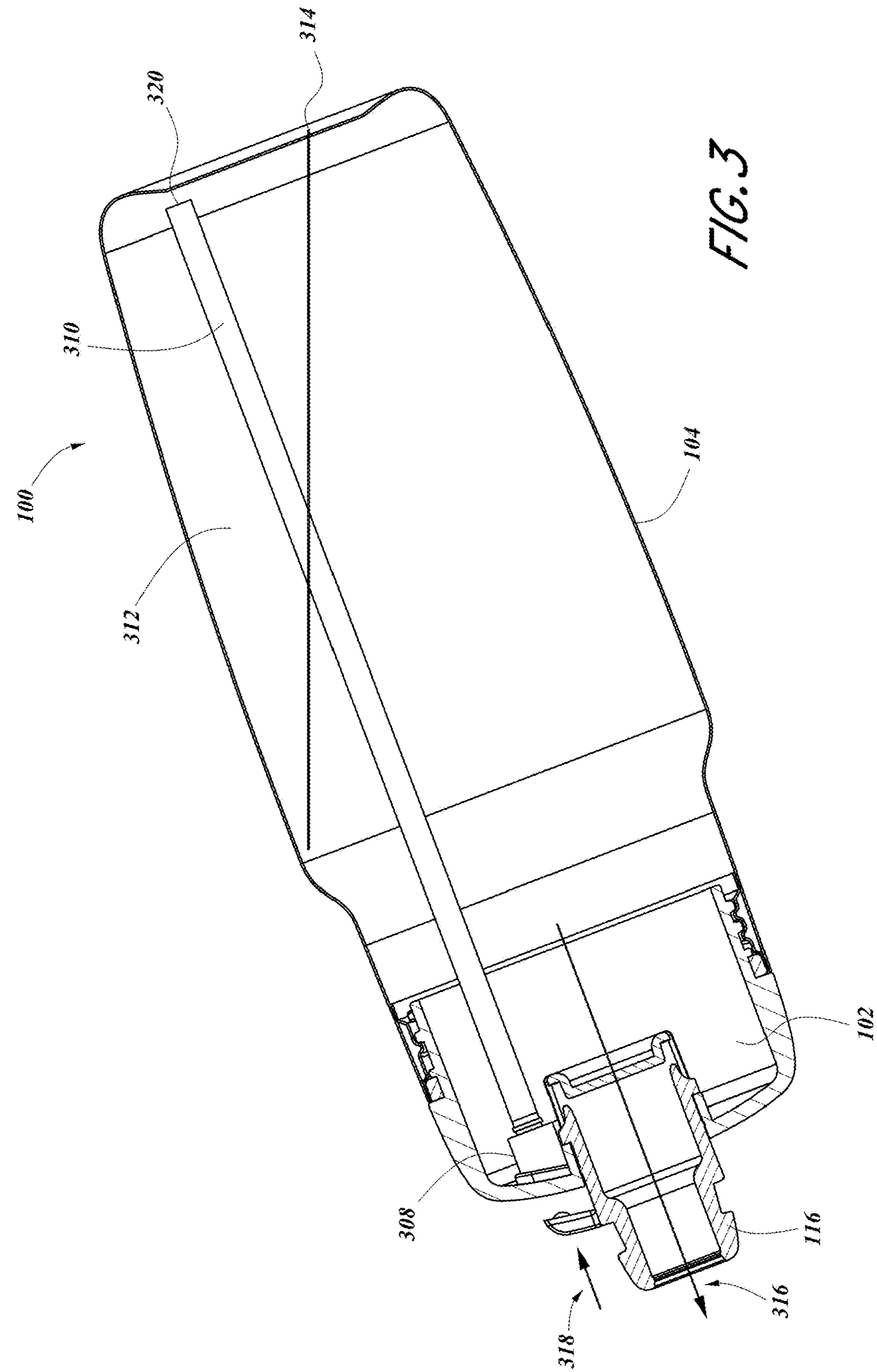


FIG. 3

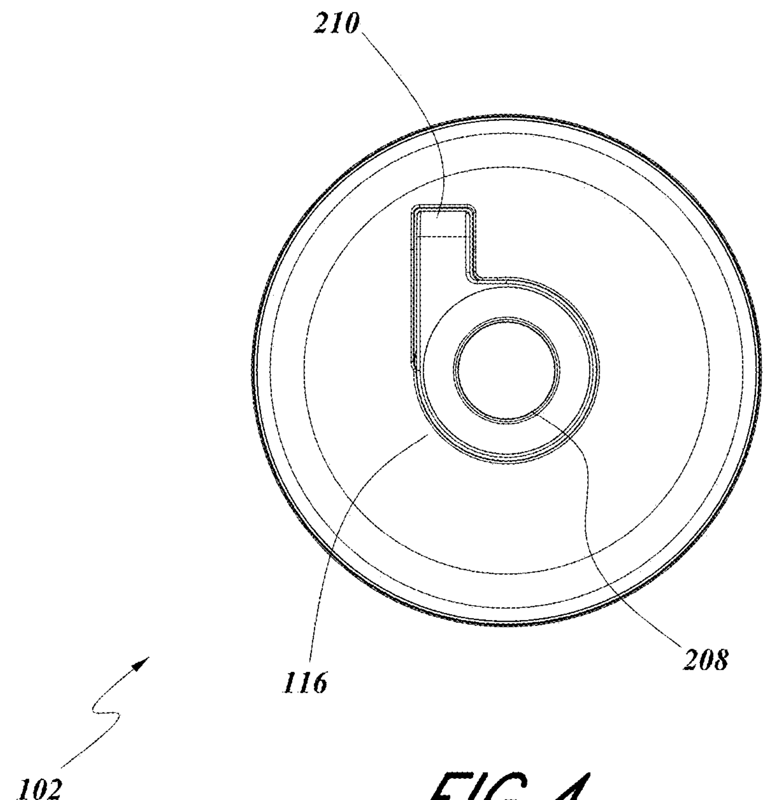


FIG. 4

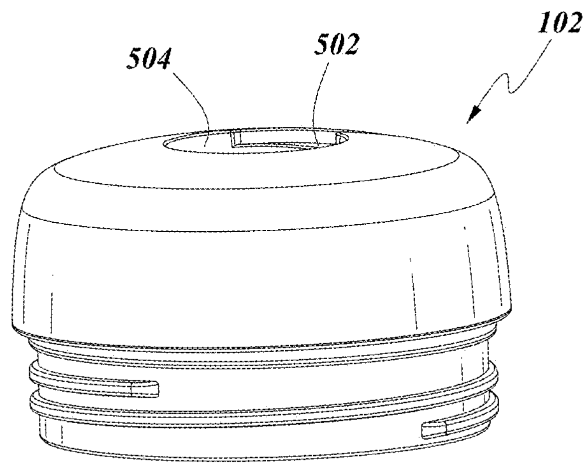


FIG. 5

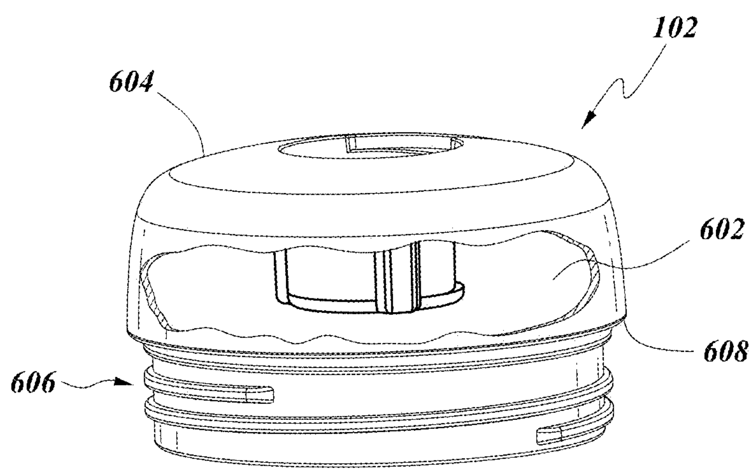


FIG. 6

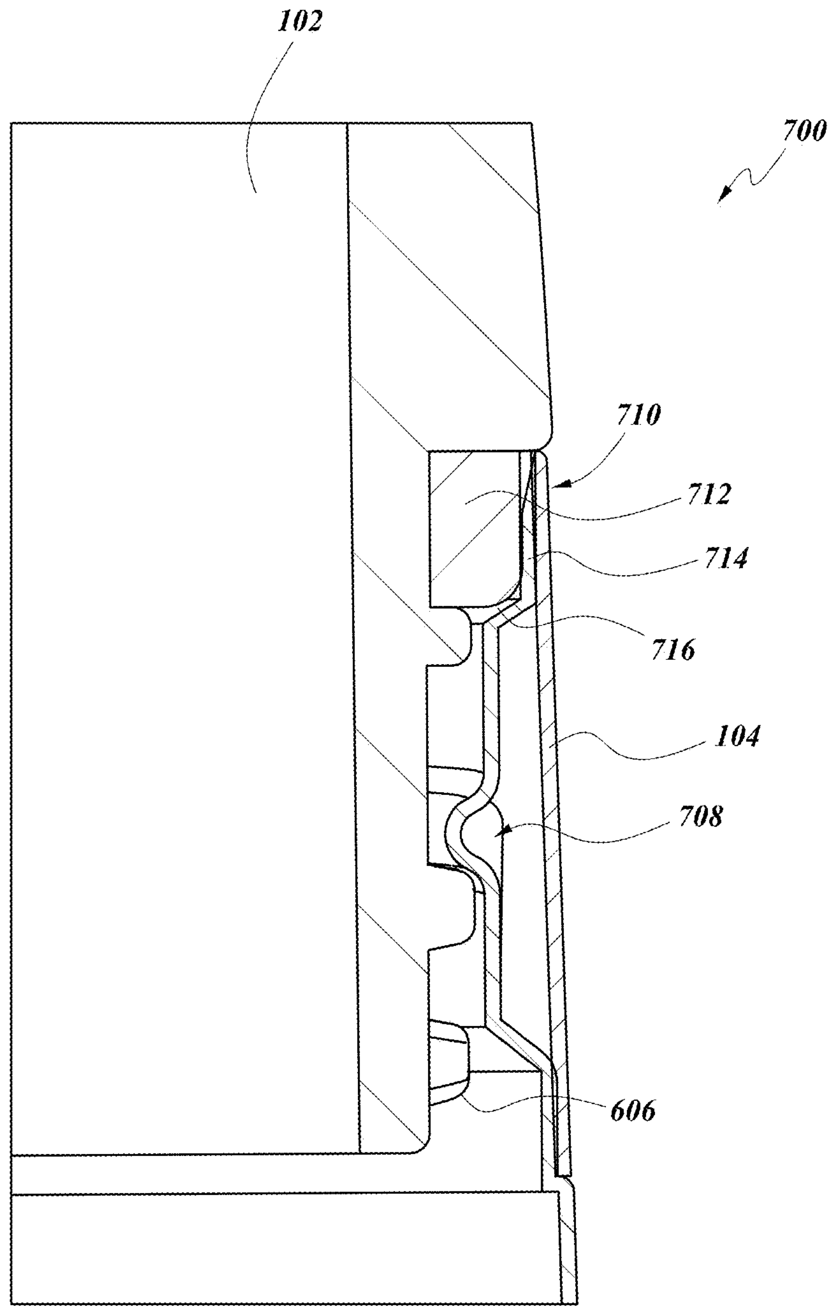


FIG. 7

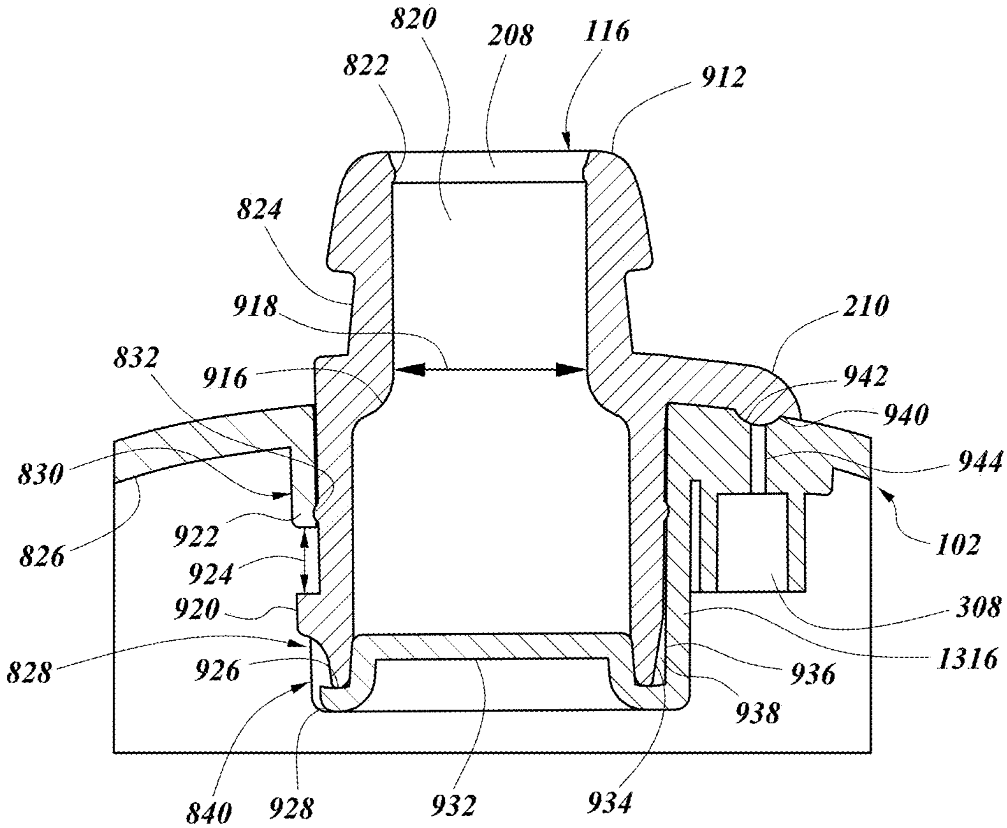

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FIG. 8

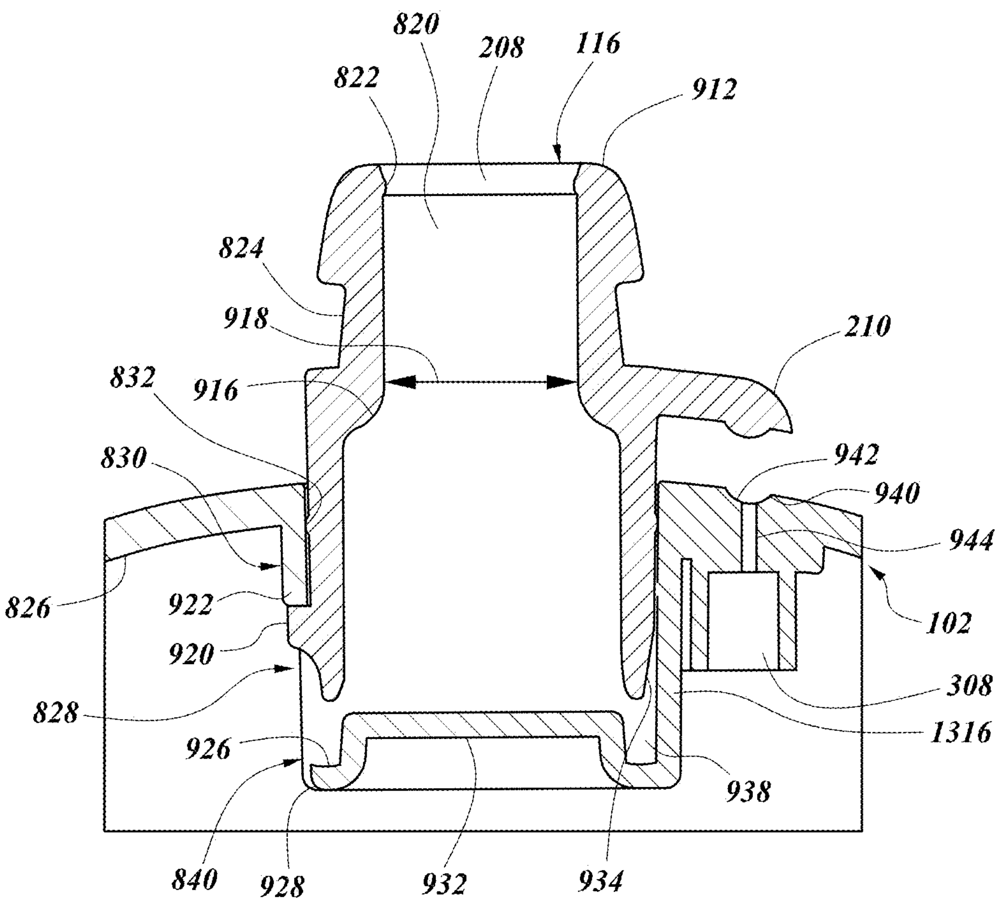
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FIG. 9

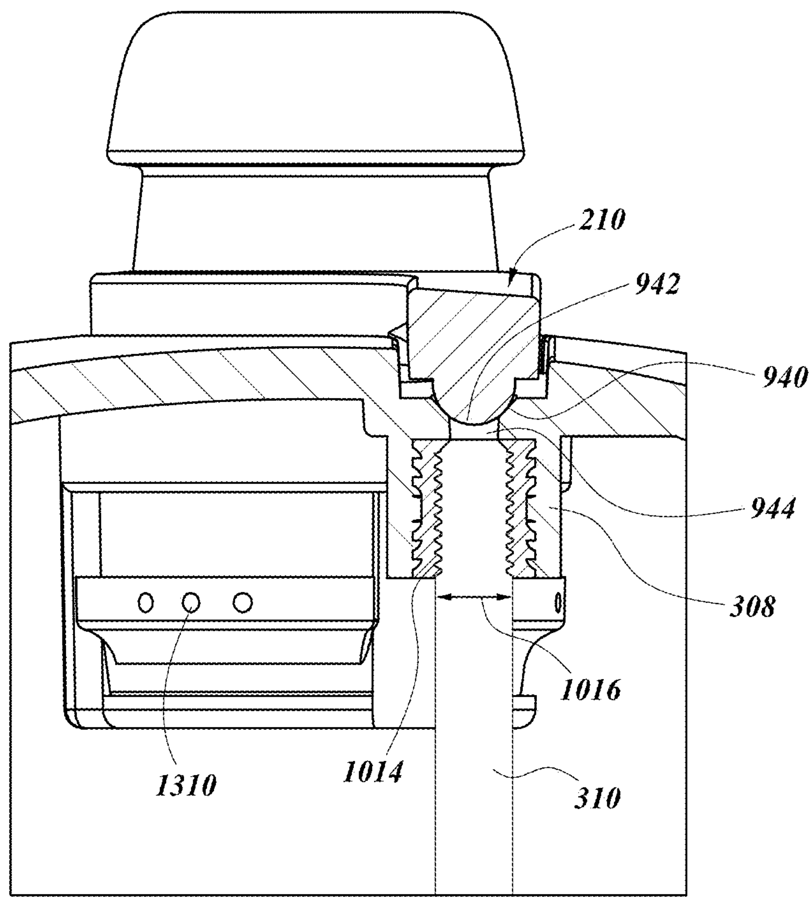

FIG. 10

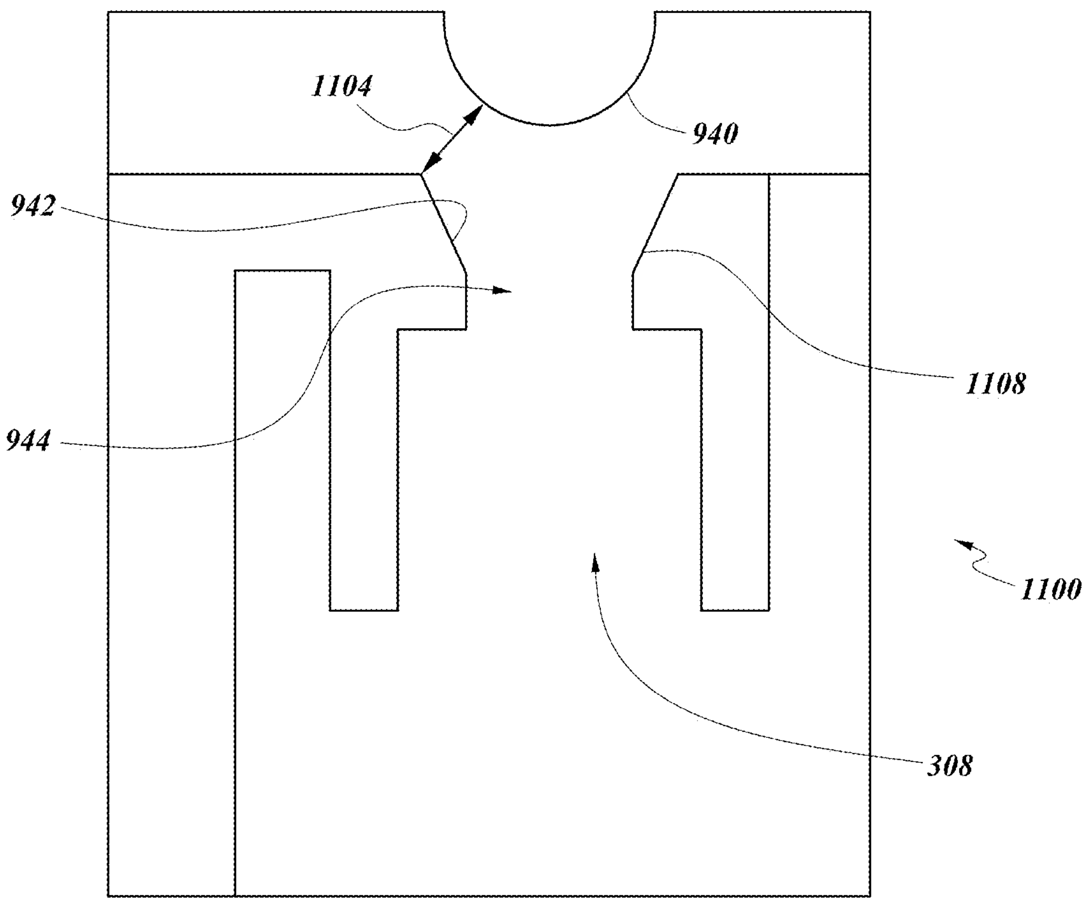

FIG. 11

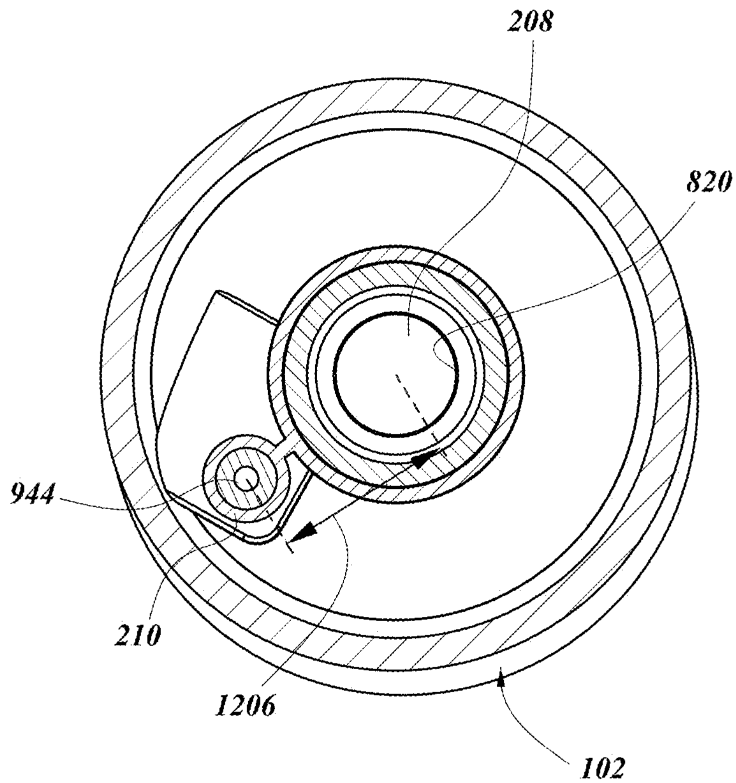

FIG. 12

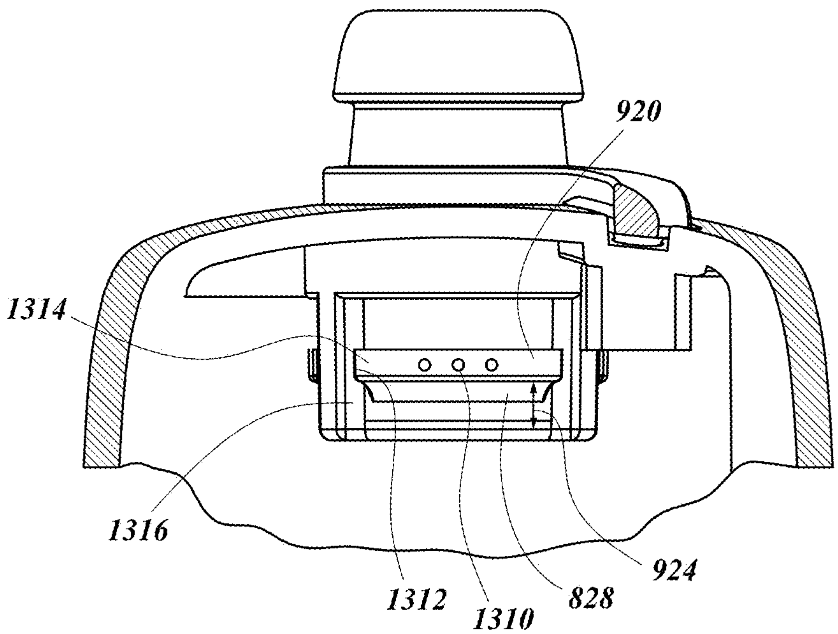

FIG. 13

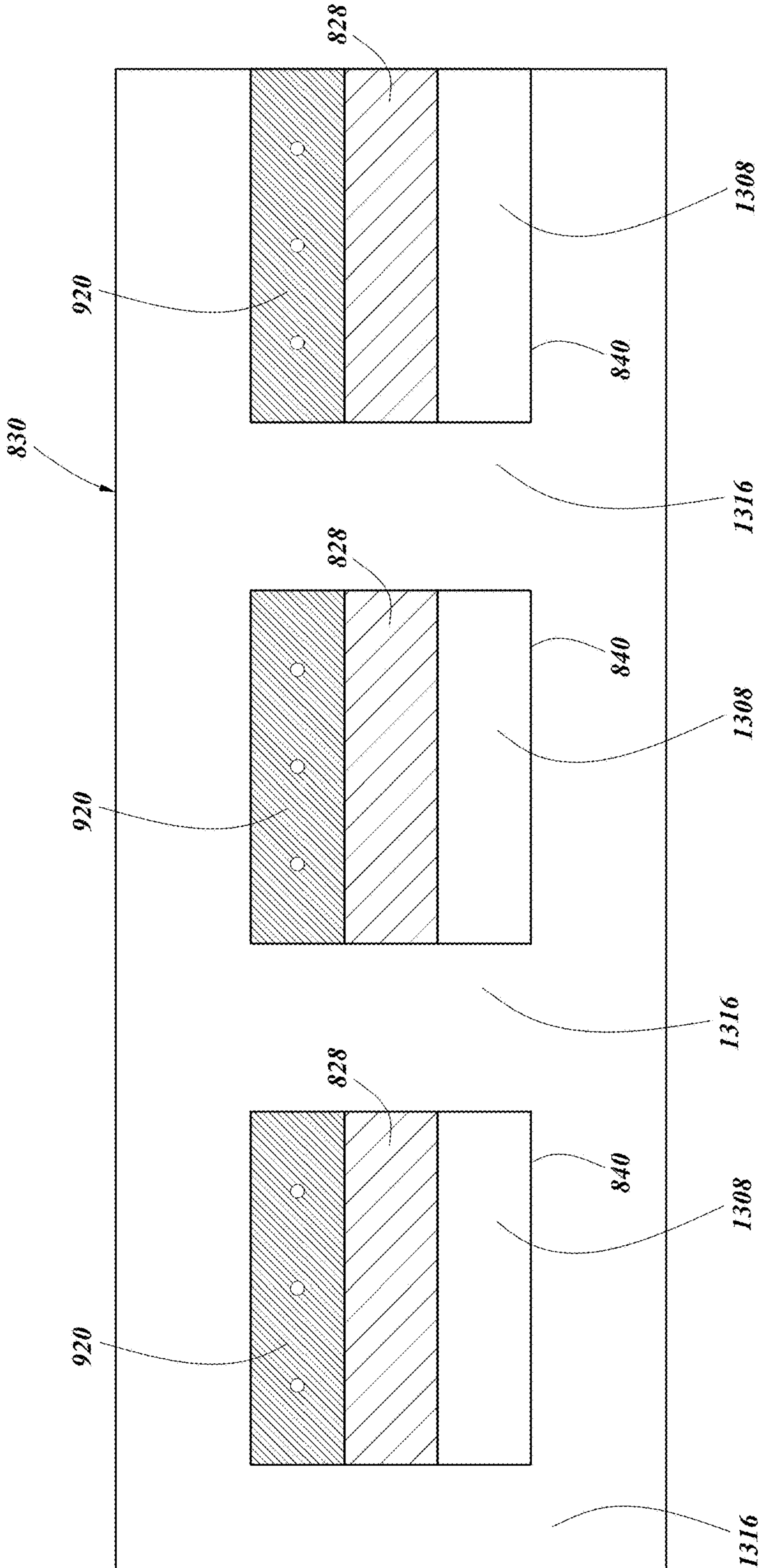
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FIG. 14

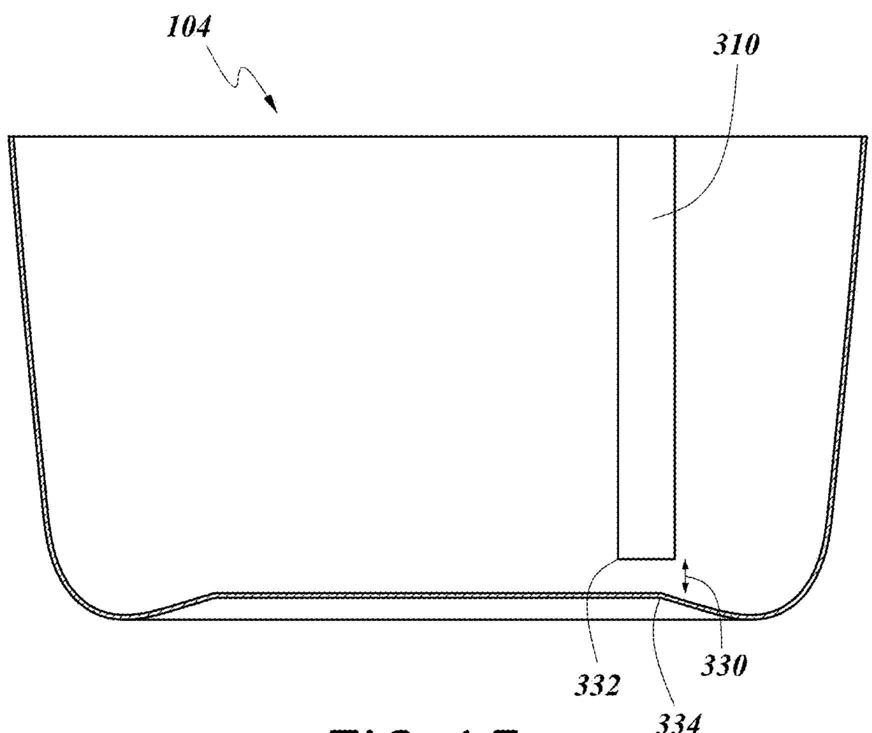

FIG. 15

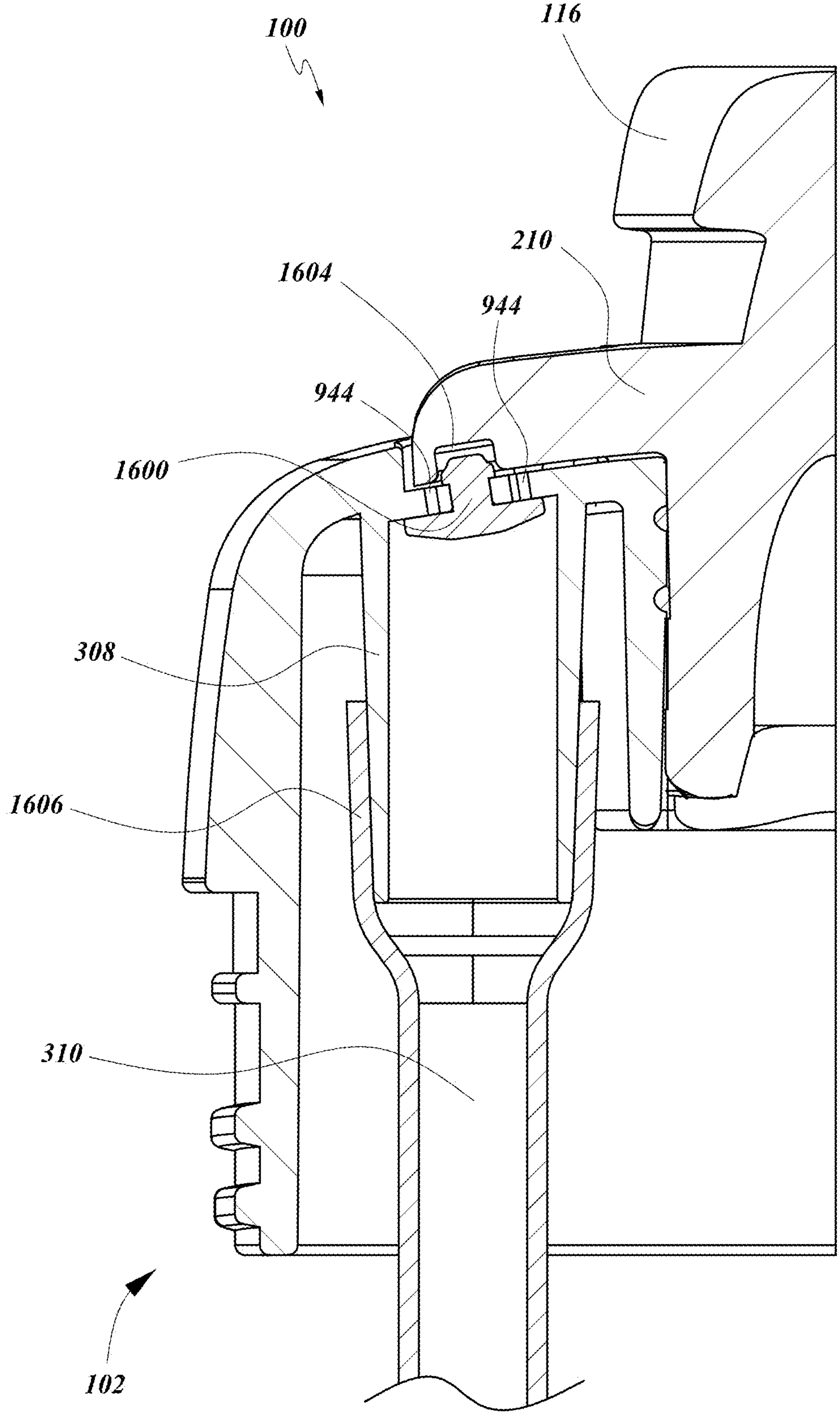

FIG. 16

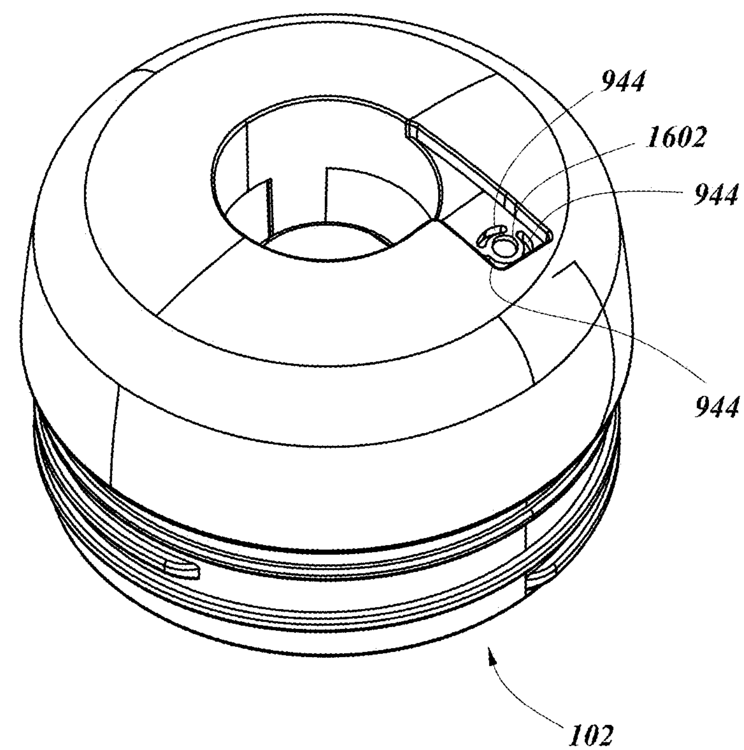

FIG. 17

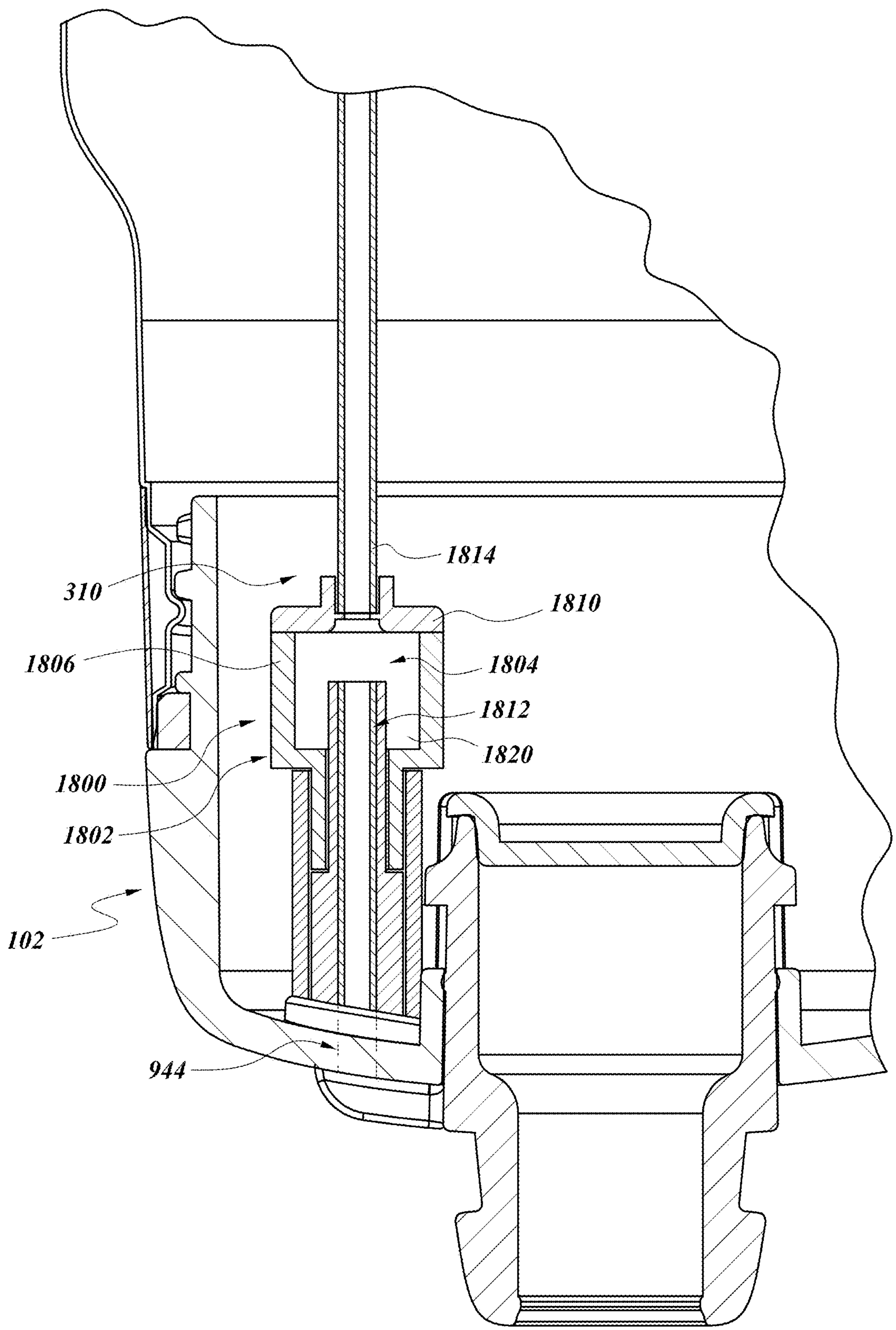

FIG. 18

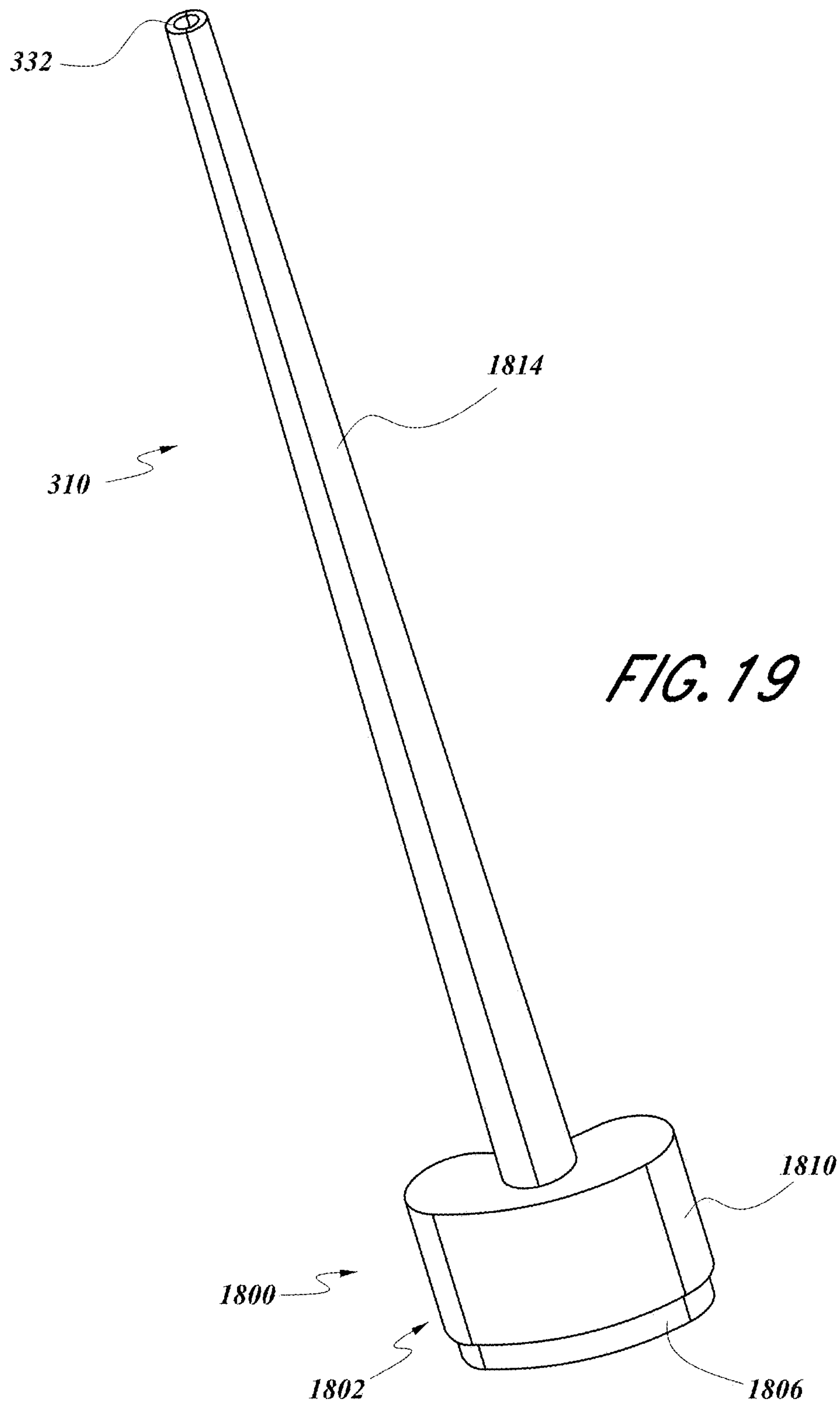

FIG. 19

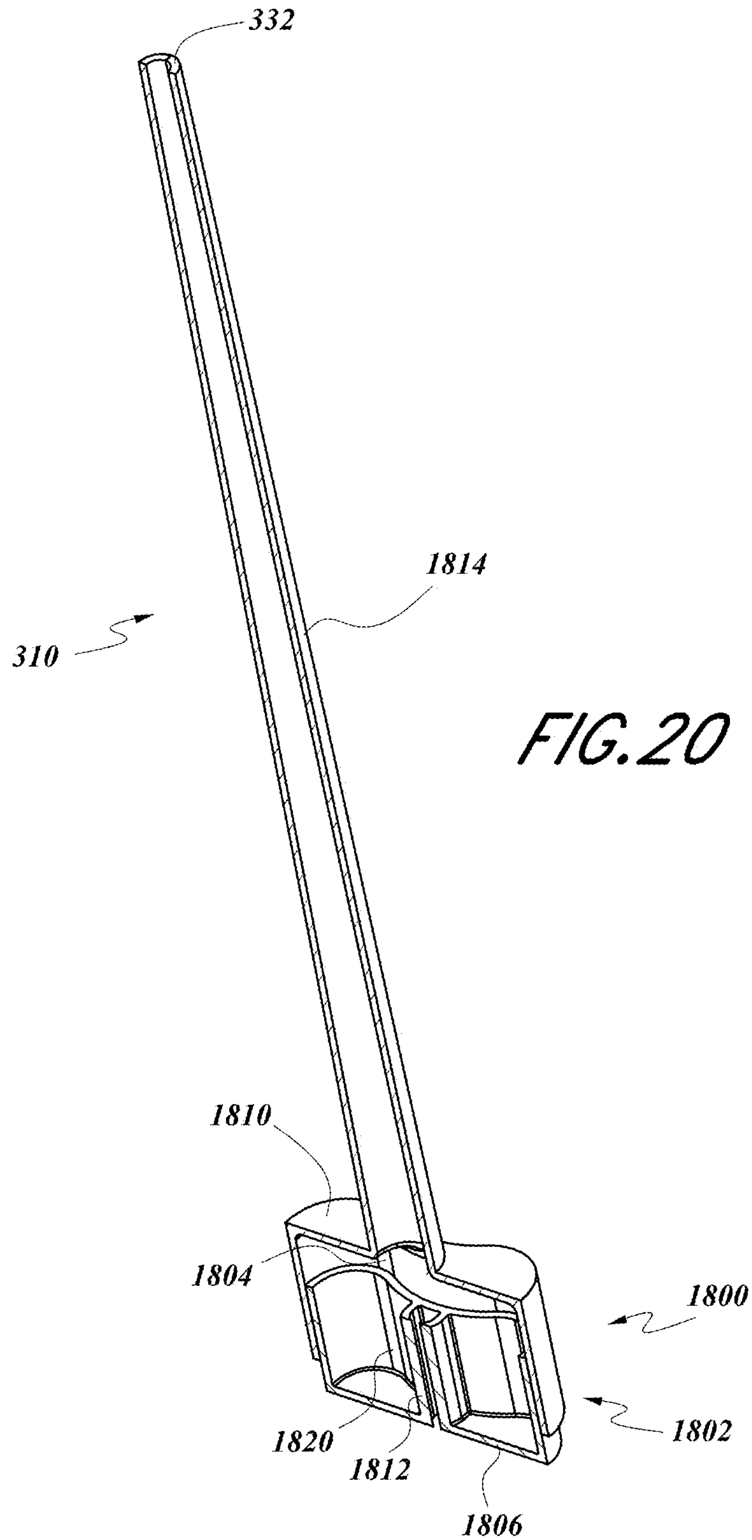

FIG. 20

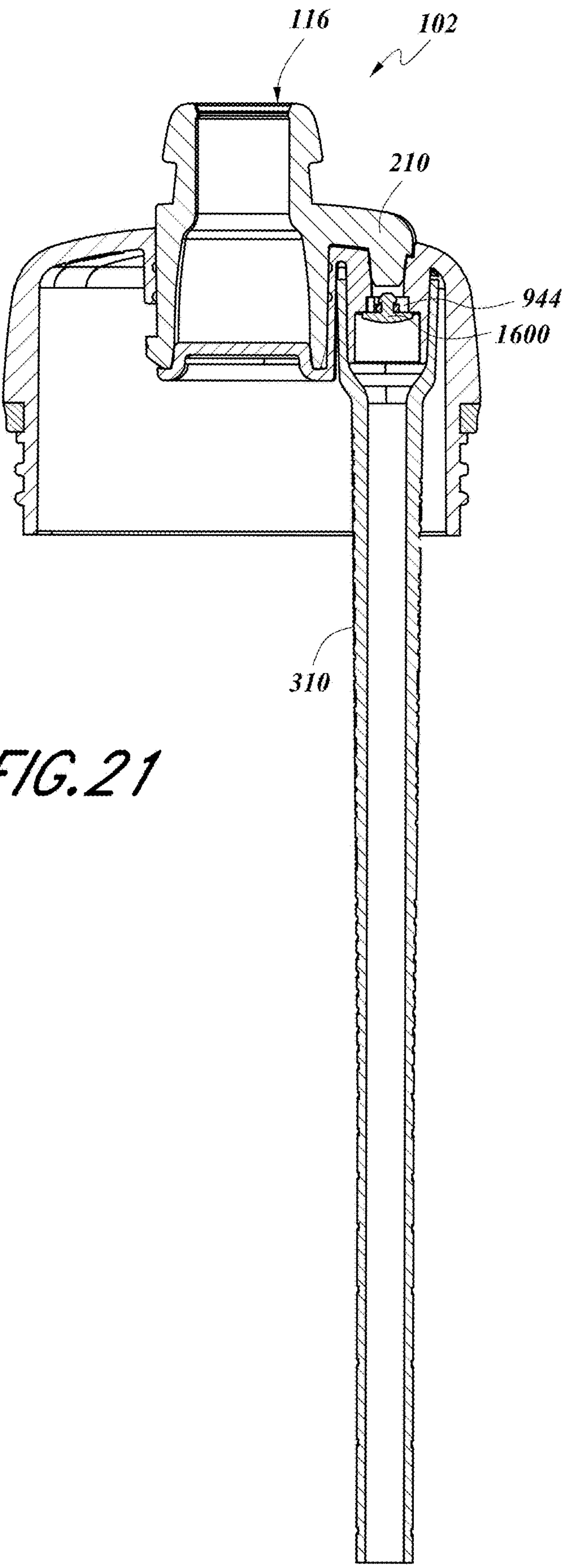

FIG.21

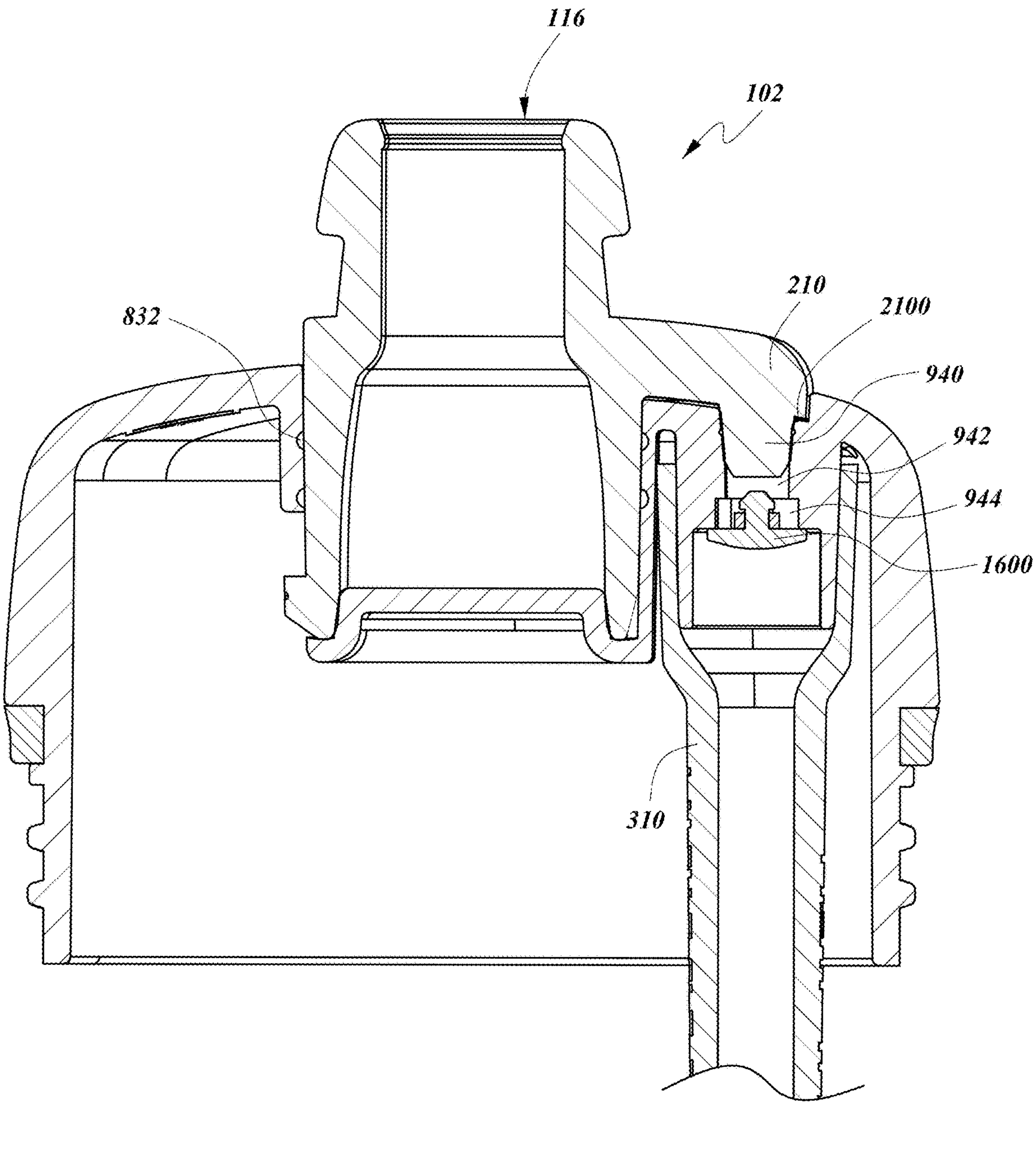

FIG. 22

SPORT WATER BOTTLE WITH HIGH FLOW RATE

CROSS-REFERENCE TO RELATED APPLICATIONS

[0001] This application is a continuation of U.S. patent application Ser. No. 18/480,765, filed Oct. 4, 2023, which is a continuation of U.S. patent application Ser. No. 17/168,072, filed Feb. 4, 2021, now U.S. Patent No. 11,780,657 and claims the benefit of U.S. Provisional Application No. 62/971,836, filed Feb. 7, 2020.

BACKGROUND

Field

[0002] The present disclosure relates to water or other liquid beverage bottles. In particular, the present disclosure relates to water or other liquid beverage bottles well suited for use in cycling activities, among other activities.

Description of the Related Art

[0003] Although many designs of water bottles exist, a need remains for improved water bottles. For example, a need exists for water bottles with improved water flow, ease of use, durability, and taste.

SUMMARY

[0004] The systems, methods and devices described herein have innovative aspects, no single one of which is indispensable or solely responsible for their desirable attributes. Without limiting the scope of the claims, some of the advantageous features will now be summarized.

[0005] In some implementations, a sports beverage bottle assembly comprises a bottle defining a closed bottom end and an open top end. A cap is selectively connectable to the bottle and configured to close the open top end of the bottle. The bottle and the cap cooperate to define an interior space of the bottle assembly. A nozzle is carried by the cap. The nozzle is movable between an open position and a closed position. The liquid contents of the bottle can be dispensed through an outlet passage of the nozzle when the nozzle is in the open position. A vent is configured to permit a vent flow of vent air from an atmosphere outside of the bottle assembly to the interior space of the bottle assembly through a vent passage. A vent conduit extends from the vent passage to a terminal end located within the bottle. The bottle assembly is configured to dispense the liquid contents through the outlet passage of the nozzle in response to the bottle assembly being tilted sufficiently toward an inverted position for the liquid contents to enter the outlet passage of the nozzle.

[0006] In some implementations, the movement of the nozzle between the open position and the closed position is linear movement.

[0007] In some implementations, the cap comprises a tubular nozzle receiver that supports the nozzle for movement between the open position and the closed position, wherein the tubular nozzle receiver and the nozzle cooperate to define one or more windows that permit entry of the liquid contents into the outlet passage of the nozzle.

[0008] In some implementations, the one or more windows define a total area of at least 65 square millimeters.

[0009] In some implementations, the outlet passage of the nozzle defines a minimum diameter of at least 9 millimeters.

[0010] In some implementations, the vent passage extends through the cap.

[0011] In some implementations, the terminal end of the vent conduit is located adjacent the closed bottom end of the bottle.

[0012] In some implementations, the vent conduit is removably connected to the cap.

[0013] In some implementations, a water trap is positioned between the vent passage and the terminal end, the water trap configured to accommodate water from within an interior of the vent conduit.

[0014] In some implementations, a vent plug is configured to selectively open and close the vent passage.

[0015] In some implementations, the vent plug moves with the nozzle.

[0016] In some implementations, the vent plug and the nozzle are formed as a single piece.

[0017] In some implementations, the vent plug comprises an elongate projection and the vent comprises a cylindrical surface defining a portion of the vent passage such that the vent plug contacts the cylindrical surface of the vent passage when the nozzle is in the closed position.

[0018] In some implementations, the vent plug comprises a part spherical projection and the vent comprises a chamfered surface defining a portion of the vent passage such that a circular line of contact is defined between the part spherical projection and the chamfered surface when the vent plug closes the vent passage.

[0019] In some implementations, the cap is connectable to the bottle by a threaded connection in which threads are located on an interior surface of the bottle.

[0020] In some implementations, the cap defines a cavity located the top end of the bottle with the cap attached to the bottle, wherein a volume of the cavity is at least about 5% of a volume of the interior space of the bottle.

[0021] In some implementations, a ratio between a minimum cross-sectional area of the outlet passage and a minimum cross-sectional area of the vent passage is equal to or less than about 14:1.

[0022] In some implementations, the cap comprises a tubular nozzle receiver that supports the nozzle, the tubular nozzle receiver comprising an elevated inner platform with a lateral sealing surface and a vertical sealing surface, the nozzle comprises a round sealing surface, wherein the round sealing surface abuts the lateral sealing surface and the vertical sealing surface.

[0023] In some implementations, a check valve is configured to permit the vent flow of air and inhibit or prevent a flow of air or the liquid contents through the vent passage in a direction from the interior space of the bottle assembly to the atmosphere.

[0024] In some implementations, the bottle comprises an outer layer of a grip material.

[0025] In some implementations, the bottle is constructed of a rigid material.

[0026] In some implementations, an outer surface of a sidewall of the bottle defines a shoulder that extends in a circumferential direction around the bottle.

[0027] In some implementations, the nozzle is removable from the cap.

[0028] In some implementations, the nozzle comprises an indicator to indicate to the user the location on the nozzle to push for removal of the nozzle.

[0029] In some implementations, a water bottle includes an outlet and an inlet. The outlet and the inlet are coupled such that they open and close simultaneously.

[0030] In some implementations, the outlet is for water flow.

[0031] In some implementations, the inlet is for airflow.

[0032] In some implementations, the inlet is functionally coupled to a vent straw.

[0033] In some implementations, a closing surface that seals the inlet is fixed to a flexible arm.

[0034] In some implementations, the outlet is a nozzle.

[0035] In some implementations, the inlet is a vent.

[0036] In some implementations, a water bottle includes a vent straw, a cap, and a bottle. The cap and the bottle can be assembled. The cap defines a cavity above a maximum fill volume of the bottle.

[0037] In some implementations, the bottle has a region at the bottom of the bottle. The volume of the region is equal to the volume of the cavity. The vent straw has a terminal end located in the region.

[0038] In some implementations, the vent straw is angled such that the terminal end of the straw is located on the longitudinal axis of the bottle.

[0039] In some implementations, the vent straw has an angular cut at the terminal end.

[0040] In some implementations, the water bottle includes a water outlet, and an air inlet. The water outlet has a first minimum cross-sectional area. The air inlet has a second minimum cross-sectional area. The ratio between the first cross-sectional area and the second cross-sectional area is equal to or less than about 14:1.

[0041] In some implementations, the first cross-sectional area is about 98 square millimeters.

[0042] In some implementations, the air inlet comprises a vent straw with an interior diameter of about 3 millimeters.

[0043] In some implementations, the water outlet comprises a gate.

[0044] In some implementations, the gate has a travel distance of about 3.6 millimeters.

[0045] In some implementations, the air inlet comprises a vent straw.

[0046] In some implementations, the vent straw is at least a distance away from a bottom of a bottle.

[0047] In some implementations, a vent plug for a water bottle includes a vent and a plug. The plug has a round seal surface with an approximately semispherical shape. The vent has a cone recess. A leading edge of the cone recess is not rounded. The plug seals against the vent with a circular seal defined by the leading edge of the cone recess.

[0048] In some implementations, a vent straw is connected to the vent and the vent straw extends to near the bottom of the bottle.

[0049] In some implementations, a nozzle assembly for a cycling water bottle includes a nozzle receiver, and a nozzle insert. The nozzle receiver has an elevated inner platform with a lateral sealing surface and a vertical sealing surface. The nozzle insert has a round sealing surface. The round sealing surface abuts the lateral sealing surface and the vertical sealing surface.

[0050] In some implementations, the lateral sealing surface extends past the round sealing surface.

[0051] In some implementations, a vent straw assembly for a cycling water bottle includes a vent plug removably sealing a recess. The recess has an air-tight connection to a passage. The passage has an air-tight connection to a straw receiver. The straw receiver has a removable air-tight connection to a vent straw.

[0052] In some implementations, the vent straw is fully contained within a bottle assembly.

[0053] In some implementations, the vent straw is for air.

[0054] In some implementations, the vent straw has an internal diameter of at least about 3 millimeters.

[0055] In some implementations, a water bottle includes a nozzle defining an outlet, a check valve, and a plug connected to the nozzle and configured to selectively cover the check valve.

[0056] In some implementations, the plug further comprises a recess to accommodate a portion of the check valve.

[0057] In some implementations, the nozzle and the plug are configured to translate along an axis with one another between an open position and a closed position of the outlet.

[0058] In some implementations, the outlet is for water or liquid flow.

[0059] In some implementations, the check valve is an umbrella valve.

[0060] In some implementations, the check valve is functionally coupled to a vent conduit.

[0061] In some implementations, the vent conduit is a vent straw.

[0062] In some implementations, a water bottle includes a nozzle defining an outlet, a vent arrangement comprising a vent and a check valve that selectively opens and closes the vent. A vent conduit extends from the vent toward a bottom of a bottle portion of the water bottle at least past a lid of the water bottle. The vent conduit defines an interior space in communication with the vent.

[0063] In some implementations, a water bottle includes a nozzle defining an outlet, a vent arrangement comprising at least one vent passage, and a vent conduit that extends from a first end at or near the vent passage to a terminal end toward a bottom of a bottle portion of the water bottle. The vent conduit defines an interior space in communication with the vent. A water trap is positioned between the at least one vent passage and the terminal end. The water trap is configured to accommodate water from the interior space of the vent conduit.

[0064] In some implementations, the vent conduit comprises a down straw between the water trap and the at least one vent passage and a main straw on an opposite side of the water trap from the down straw.

[0065] In some implementations, the down straw protrudes into a chamber of the water trap to define a space surrounding the down straw and defined by an interior surface of a body of the water trap and an end of the down straw within the water trap.

[0066] In some implementations, the space defines a volume that is equal to or greater than an interior volume of the main straw. In some such implementations, an interior diameter of the main straw is at least 7 mm.

[0067] In some implementations, an interior passage of the main straw is tapered and enlarges in a direction from the terminal end toward the water trap. In some such implementations, a minimum diameter of the interior passage is about 3 mm and a maximum diameter of the interior passage is at least about 7 mm.

BRIEF DESCRIPTION OF THE DRAWINGS

[0068] The foregoing and other features of the present disclosure will become more fully apparent from the following description and appended claims, taken in conjunction with the accompanying drawings. Understanding that these drawings depict only several embodiments in accordance with the disclosure and are not to be considered limiting of its scope, the disclosure will be described with additional specificity and detail through the use of the accompanying drawings.

[0069] FIG. **1** is a front and top view of a bottle assembly having a bottle portion and a cap.

[0070] FIG. **2** is perspective view of the bottle assembly showing the nozzle of the cap.

[0071] FIG. **3** is a sectional view of the bottle assembly in operation in a tilted or partially inverted position.

[0072] FIG. **4** is a top view of the bottle assembly.

[0073] FIG. **5** is a perspective view of the cap without the nozzle.

[0074] FIG. **6** is a perspective view of the cap with a portion of the cap cut away to show the internal cavity.

[0075] FIG. **7** is a sectional view of the interface between the cap and the bottle assembly.

[0076] FIG. **8** is a sectional view of a portion of the cap showing the nozzle and vent of the bottle assembly with the nozzle in a closed position.

[0077] FIG. **9** is a sectional view of the portion of the cap of FIG. **8** with the nozzle in an open position.

[0078] FIG. **10** is a sectional view of a portion of the cap showing the vent, including a vent plug and a vent straw.

[0079] FIG. **11** is an enlarged sectional view of the vent and the vent plug in the open position.

[0080] FIG. **12** is a sectional view showing the relative positions of the vent and the nozzle.

[0081] FIG. **13** is a profile view of a nozzle gate portion of the nozzle.

[0082] FIG. **14** is a two-dimensional map view of the nozzle gate.

[0083] FIG. **15** is a sectional view of the bottom of the bottle showing a terminal location of the vent straw.

[0084] FIG. **16** is a sectional view of a portion of a modification of the bottle assembly of FIGS. **1-15** having a check valve associated with the vent.

[0085] FIG. **17** is a perspective view of a lid of the bottle assembly of FIG. **16** with the nozzle removed to show underlying structure.

[0086] FIG. **18** is a sectional view of a portion of an alternative bottle assembly showing a water trap arrangement of the vent conduit. The lid is oriented upside down in FIG. **18** with the nozzle toward the bottom of the figure.

[0087] FIG. **19** is a perspective view of an alternative vent conduit with water trap arrangement, in which the water trap arrangement has a non-circular shape and a tapered main vent conduit.

[0088] FIG. **20** is a sectional view of the vent conduit with water trap arrangement of FIG. **19**.

[0089] FIG. **21** is a sectional view of an alternative cap having a check valve in combination with an alternative vent plug.

[0090] FIG. **22** is an enlarged sectional view of the cap of FIG. **21** and showing only a portion of the vent conduit.

DETAILED DESCRIPTION

[0091] Embodiments of systems, components and methods of assembly and manufacture will now be described with reference to the accompanying figures, wherein like numerals refer to like or similar elements throughout. Although several embodiments, examples and illustrations are disclosed below, it will be understood by those of ordinary skill in the art that the inventions herein extend beyond the specifically disclosed embodiments, examples and illustrations, and can include other uses of the inventions and obvious modifications and equivalents thereof. The terminology used in the description presented herein is not intended to be interpreted in any limited or restrictive manner simply because it is being used in conjunction with a detailed description of certain specific embodiments of the inventions. In addition, embodiments of the inventions can comprise several novel features and no single feature is solely responsible for its desirable attributes or is essential to practicing the inventions herein described.

[0092] Certain terminology may be used in the following description for the purpose of reference only, and thus are not intended to be limiting. For example, terms such as "above" and "below" refer to directions in the drawings to which reference is made or relative to the bottle as oriented in an upright position. Terms such as "front," "back," "left," "right," "rear," and "side" describe the orientation and/or location of portions of the components or elements within a consistent but arbitrary frame of reference which is made clear by reference to the text and the associated drawings describing the components or elements under discussion. Moreover, terms such as "first," "second," "third," and so on may be used to describe separate components. Such terminology may include the words specifically mentioned above, derivatives thereof, and words of similar import.

[0093] The illustrated bottle assembly, which is sometimes simply referred to as a "bottle" herein, is a relatively rigid container configured for use in cycling or other sports or activities. Conventional cycling bottles typically dispense the liquid contents of the bottle by tilting the bottle toward or to an inverted position a sufficient amount to position the liquid contents within the nozzle of the cap. While gravity usually provides some of the force required to dispense liquid from the conventional cycling bottle, the user often squeezes the bottle to provide additional dispensing force and increase the rate of flow from the bottle. The amount of tilt or inversion required to dispense the liquid contents typically varies with the level of the liquid contents within the bottle. These types of bottles can be referred to as gravity, tilting or inversion type bottles, which is in contrast to bottles that utilize a straw to draw liquid from a location near the bottom of the bottle and are designed for use in an upright or relatively upright position. In some configurations of the disclosed embodiments, the bottle is a tilting or inversion type bottle. In some configurations, the bottle is non-squeezable. As used herein, the term "non-squeezable" is used to contrast the illustrated bottle with a standard plastic cycling water bottle, in which pressure generated by squeezing of the bottle by the user is the usual or primary mechanism for dispensing the contents of the bottle. A "non-squeezable" bottle may be somewhat collapsible, but is more rigid than a standard plastic cycling bottle. A "non-squeezable" bottle may be sufficiently rigid such that it is not deformable by squeezing within the hand of a user to an extent that provides significant pressure for dispensing of the contents. The bottle can be constructed from a metal or similarly rigid material. Preferably, the illustrated rigid bottle can approximate, meet or even exceed the performance of a standard, squeezable plastic water bottle with respect to ease of use and/or flow rate. Although the present bottle is disclosed in the context of a cycling application, in alternative applications, the devices, or components thereof, as disclosed or modified by one skilled in the art could be utilized for other types of sports or activity bottles, or for other types of liquid containers more generally. It should be understood that the term water bottle is used broadly to include all beverage bottles. It should be understood that the term water is used broadly to include all beverages or other liquids potentially contained in the water bottle.

[0094] The bottle assembly **100**, which in the illustrated configuration is a rigid inversion or tilting type cycling bottle, can include a screw-on cap **102** attachable to a bottle portion or bottle **104**. The cap **102** and the bottle **104** can be screwed together, and may form a seal at an interface **106** between the two components. However, other types of removable connections between the bottle **104** and the cap **102** can also be used. The cap **102** can be selectively removed from the bottle **104** to provide access to the interior cavity of the bottle **104**, such as to fill or refill the bottle **104** with a liquid.

[0095] The illustrated bottle **104** defines a rounded shoulder **108** extending in a circumferential direction around a sidewall **110** of the bottle **104**. The shape of the cycling bottle assembly **100** may be partially defined by the shoulder section **108** and the sidewall **110**. In particular, the bottle **104** defines an exterior surface **112** and the cap **102** defines an exterior surface **114**. The exterior surfaces **112**, **114** of the bottle **104** and the cap **102** cooperate to form the basic outer shape or profile of the bottle assembly **100**. The cap **102** may include a nozzle **116**, through which contents of the bottle **104** can be dispensed.

[0096] A radial cross-sectional dimension, which can be a diameter **118**, of the bottle **104** may vary along the longitudinal axis **120** that extends in a direction between a closed bottom and an open top of the bottle **104**. The shape of the bottle **104** may facilitate loading or unloading of the bottle **104** into or from a bicycle water bottle cage. The bottle cage is not shown, but often includes a retention lip or similar structure that engages the shoulder **108** to assist in retention of the bottle **104** within the bottle cage. The diameter **118** of the bottle **104** may be selected to provide a desired volume while allowing the bottle **104** to readily fit into a standard bottle cage. Accordingly, the shoulder **108** may have dimensions which allow the bottle **104** to fit and be held in a standard bicycle water bottle cage.

[0097] In some implementations, the bottle **104** may be made of or comprises stainless steel. Stainless steel is an advantageous material for liquid beverage bottles because it resists corrosion, does not leach flavor into the liquid contents of the bottle **104**, and provides durability to the bottle **104**. In other implementations, the bottle **104** could be made of or comprise different materials with different properties or a combination of materials (e.g., carbon fiber composite). At least a portion of the cap **102** may be constructed from any one or combination of suitable plastic materials by any suitable processes, such as injection molding. In other configurations, at least a portion of the cap **102** may be made of stainless steel to resist corrosion.

[0098] As noted above, in the illustrated arrangement, the bottle assembly **100** provides a sufficient emptying flow rate through the nozzle **116** for use as a cycling bottle, which may be comparable to or better than a conventional squeezable plastic cycling bottle, despite the bottle **104** being relatively non-squeezable. Certain features that facilitate the sufficient emptying or dispensing flow rate through the nozzle **116** are described below. These features can be used individually or in any combination. One such feature is a vent that permits ambient air to enter the bottle **104** as the liquid within the bottle **104** is dispensed through the nozzle **116**. The vent can define a vent flow path that is separate from the liquid flow path of the nozzle **116**. However, portions of the nozzle **116** and the vent arrangement can be coupled, as is described in further detail below. In some configurations, a ratio between a minimum cross-sectional area of the outlet passage and a minimum cross-sectional area of the vent passage is equal to or less than about 20:1, 15:1, 14:1, or 12:1. In some configurations, a ratio between the minimum cross-sectional area of the outlet passage and the minimum cross-sectional area of the vent passage is equal to or less than about 10:1 or 9:1 (9.5:1 or 9.6:1). It is presently believed that such ratios provide sufficient venting for the flow rate provided by a given size of outlet passage.

[0099] With reference to FIG. **2**, the nozzle **116** may have a nozzle portion **208** and a vent plug portion **210**. The nozzle portion **208** defines the dispensing outlet for the liquid contained within the bottle assembly **100**. The vent plug portion **210** selectively opens or closes the vent arrangement, as is described in further detail below. The nozzle portion **208** and the vent plug portion **210** may be connected to one another such that the vent plug portion **210** moves along with movement of the nozzle portion **208**. The nozzle **116** can be moved axially or linearly relative to the body of the cap **102** between an open position and a closed position. In the illustrated arrangement, when the nozzle **116** is in the open or up position, the nozzle portion **208** and the vent plug portion **210** are open. When nozzle **116** is in the closed or down position, the nozzle portion **208** and the vent plug portion **210** are closed. Advantageously, the connection of the vent plug portion **210** and the nozzle portion **208** allows them to be opened and closed simultaneously. An axial or linear nozzle is typical for cycling bottles; however, in other configurations, the nozzle **116** can open by a different motion. For example, the nozzle **116** can open by a twist motion or by rotation away from or towards the cap **102** (e.g., a flip nozzle).

[0100] The vent plug portion **210** and the nozzle portion **208** may be formed as a unitary or one-piece structure. Alternatively, the vent plug portion **210** and the nozzle portion **208** can be separately formed and subsequently connected for movement as a unit. In some further implementations, if desired, the vent plug portion **210** and the nozzle portion **208** may be movable independently of one another. In some implementations, the nozzle **116** may have a distinctive 'b' shape when the bottle assembly **100** is viewed from above or when viewing the top of the cap **102**. In other implementations, a different shape may be used. The nozzle **116** may be removable from the cap **102** for cleaning or replacement, as is described in further detail below.

[0101] With reference to FIG. **3**, the cap **102** includes a vent body **308**, which can include or define a vent in the cap **102**, as is described in further detail below. In some configurations, a vent conduit **310** in the form of a vent straw is attached to the vent body **308** and extends toward the bottom of the bottle **104**. In the illustrated arrangement, a terminal end **332** of the vent conduit **310** is located close to or adjacent to a bottom of the bottle **104** and preferably within an air cavity **312** present at the bottom of the bottle **104** when the bottle assembly **100** is at least partially inverted with the cap **102** lower than the bottom of the bottle **104**. When the bottle **104** is tilted to a sufficiently inverted position, such as a position in which the liquid contents of the bottle assembly **100** can enter the nozzle **116** that occurs when a user drinks from the bottle assembly **100**, the air cavity **312** is defined by the bottle **104** and the water level **314**. The air cavity **312** changes location with movement of the bottle assembly **100** between different levels of inversion; however, FIG. **3** illustrates an example location of the air cavity **312** for the purpose of explanation of the operation of the bottle assembly **100**.

[0102] When the bottle **104** is tipped, as shown, the force of gravity tends to pull water out of the nozzle **116**. The user may allow gravity to control the dispensing of the liquid contents of the bottle assembly **100** or may suck on the nozzle **116** to increase the flow rate of the liquid contents from the bottle assembly **100**. The water exiting the bottle assembly **100** through the nozzle **116** can be referred to herein as a dispensing flow of water **316**. The dispensing flow of water **316** out of the bottle assembly **100** generates a negative pressure in the air cavity **312**. As the pressure of air cavity **312** drops below ambient pressure, a flow of air **318** moves in a direction from the ambient environment outside the bottle assembly **100** to the air cavity **312** within the bottle **104** via the vent body **308** and vent conduit **310**. This flow of air **318** can be referred to herein as a vent flow of air **318**. If the flow of liquid out of the bottle assembly **100** through the nozzle **116** continues, the vent flow of air **318** continues to pass through the vent conduit **310** and into the air cavity **312** in response to a pressure differential between the outside environment and the air cavity **312**. The vent flow of air **318** to the air cavity **312** through the vent arrangement (e.g., vent body **308** and vent conduit **310**) hastens the dispensing flow of water **316** through the nozzle **116** in comparison to an arrangement in which vent air passes through the nozzle **116**.

[0103] The vent conduit **310** can be any suitable structure that permits air to move from the vent body **308** to the air cavity **312** (or generally into the interior of the bottle **104**). For example, the vent conduit **310** can be a straw, another tubular structure, or any other type of suitable channel. In some configurations, the vent conduit **310** is removable from the vent body **308** for cleaning or replacement. In other configurations, the vent conduit **310** can be integrated or unitarily formed with one or both of the cap **102** or bottle **104**. In yet other configurations, the vent conduit **310** can be omitted. The vent conduit **310** is presently preferred because the direct delivery of the flow of air **318** to the air cavity **312** (or close to the air cavity **312**) is believed to reduce the resistance to dispensing flow through the nozzle **116** and/or segregates the flow of air **318** from the liquid exiting through the nozzle **116**. However, in other arrangements, the vent conduit **310** can be omitted or provided in shortened form or a different form from that illustrated and the flow of air **318** can pass through the liquid contents of the bottle assembly **100** from the vent body **308** to the air cavity **312**. It is presently preferred that the terminal end **332** of the vent conduit **310** be positioned at a spaced location from the vent body **308**, which can be outside of the cap **102** and within the interior space of the bottle **104**. The terminal end **332** can be closer to the bottom of the bottle **104** than the open top end of the bottle **104**. In some configurations, the terminal end **332** is located within a bottom 50%, 25%, 10% or 5% of the height and/or volume of the bottle **104** or the combination of the bottle **104** and the cap **102**. It is desirable that when the bottle assembly **100** is full of liquid contents, the air cavity **312** is sized such that the terminal end **332** is located within the air cavity **312** when the bottle assembly **100** is tilted to a use position. However, it is possible that the terminal end **312** may be covered by the liquid contents (and, thus, may not be within the air cavity **312**) in some orientations of the bottle assembly **100** or under some circumstances. In such a situation, it is presently believed that positioning the terminal end **332** close to the bottom of the bottle **104** reduces the amount of the liquid contents through which the flow of vent air **318** must pass and, therefore, reduces the resistance to the flow of vent air **318** so that the flow of vent air **318** occurs at a lower differential pressure between the air cavity **312** and the ambient atmosphere.

[0104] The result of the above-described arrangement is improved water flow **316** and improved air flow **318** while the bottle assembly **100** is tipped as compared to an unvented substantially rigid water bottle. An advantageous function of the vent conduit **310** is to create a dedicated and one-way flow channel for air to enter the bottle assembly **100**. Another beneficial aspect is that the vent conduit **310** may clear itself of at least some amount of water as a result of the vent flow of air **318**. The vent flow of air **318** tends to clear water remaining within the vent conduit **310** into the interior of the bottle **104**. As a result, the conduit **310** normally will not become inundated with water when the bottle assembly **100** is tipped. Because the vent conduit **310** may clear itself of at least some of the water located within the vent conduit **310**, it may not be necessary for a valve to be installed into the terminal end of the vent conduit **310**, which allows for a simpler, more reliable design, reduced manufacturing cost, and/or better performance. Under some conditions, the vent conduit **310** may not be cleared of all water as a result of the vent flow of air **318** and it is possible that some water may exit the bottle assembly **100** through the vent passage **944**. However, the amount of water that exits through the vent passage **944** normally will be small, which may present itself as a small drip. In some applications, such a small dripping of water may be tolerated by the user.

[0105] Preferably, the vent conduit **310** has an interior cross-sectional area selected to permit a sufficient flow rate of the vent flow of air **318** and/or avoid excessive capillary action of the liquid within the bottle assembly **100** that would tend to draw too much liquid into the vent conduit **310** and interfere with the satisfactory operation of the vent conduit **310**. In some implementations, the vent conduit **310** may have a diameter of at least about 3 mm—or an equivalent cross-sectional area for non-circular shapes. The diameter or cross-sectional area can be constant or can vary along the length of the vent conduit **310**. Thus, in arrangements in which the diameter or cross-sectional area varies, the dimensions recited above can be a minimum dimension of the vent conduit **310**. The advantage of this size is that it may ensure a self-clearing function while not restricting air flow into the bottle **104**. In some configurations, the vent conduit **310** may have a maximum diameter of about **6** mm to inhibit excessive creep of water into the vent conduit **310**.

[0106] In various implementations, with additional reference to FIG. **15**, the vent conduit **310** may extend into the bottle **104** a sufficient distance such that the terminal end **332** of the vent conduit **310** is spaced from the upper end of the bottle **104**. In the illustrated arrangement, the terminal end **332** of the vent conduit **310** is located relatively close to the bottom **334** of the bottle **104**, but defines a clearance distance **330** with the bottom **334** of the bottle **104**. In general, increasing the distance the vent conduit **310** extends into the bottle **104** increases a pressure head difference between the nozzle **116** and the terminal end **332** of the vent conduit **310**. This pressure difference may facilitate the dispensing flow of water **316** and inhibit or prevent water flow through the vent conduit **310** in a direction towards the vent body **308**. In some configurations, the clearance distance **330** is equal to or less than about 50 mm, 25 mm, 10 mm or 5 mm.

[0107] In some embodiments, the terminal end **332** of the vent conduit **310** could have an angled (e.g., 45°) cut to break surface tension at the opening to the internal passage of the conduit **310** at the terminal end **332**. In such arrangements, the clearance distance **330** may be measured to a portion of the 45° angled surface furthest from the bottom **334** of the bottle **104**. In some configurations, the clearance distance **330** is related to a diameter or cross-sectional area of the vent conduit **310**. For example, the clearance distance **330** may be equal to or greater than a diameter of the vent conduit **310** or an area defined between the terminal end **332** of the vent conduit **310** and the bottom **334** of the bottle **104** may be equal to or greater than a cross-sectional area of the interior passage of the vent conduit **310**.

[0108] An advantage of keeping the terminal end **332** of the vent conduit **310** a minimum distance (e.g., the clearance distance **330**) from the bottom **334** of the bottle **104** may be that the distance between the vent conduit **310** and bottle **104** will not be the limiting factor for the vent flow of air **318**. Furthermore, as discussed above, placing the terminal end **332** of the vent conduit **310** close to the bottom **334** of the bottle **104** can position the terminal end **332** within or close to the air cavity **312** when the bottle assembly **100** is in use, thereby eliminating or reducing the time bubbles are generated in the liquid within the bottle assembly **100**. That is, bubbles may be generated in the liquid when the vent conduit **310** is underneath the water level **314**. In such an instance, as the vent flow of air **318** rushes through the vent conduit **310** to equalize the pressure within the bottle assembly **100** to the ambient pressure, there will be bubbles produced which rise into the air cavity **312**.

[0109] In some implementations, the vent conduit **310** is located relatively close to the longitudinal axis **120** of the bottle assembly **100**. In some configurations, the vent conduit **310** is located as close to the longitudinal axis **120** as the design of the bottle assembly **100** allows, such as adjacent or abutting the nozzle **116** or related structure. Such an arrangement is advantageous to reduce or minimize the variability in how the venting system performs at various roll angles of the bottle assembly **100** when the vent conduit **310** is parallel to and offset from the longitudinal axis **120**.

[0110] In alternative implementations, a portion or an entirety of the vent conduit **310** may be orientated at an angle relative to the longitudinal axis **120**. The angle can be defined as the angle at which the conduit **310** or a portion thereof must be positioned such that the terminal end of the conduit **310** is located on the longitudinal axis **120** of the bottle **104** or bottle assembly **100**. Orienting the vent conduit **310** or a portion thereof at such an angle may increase the likelihood that, once the bottle **104** is inverted, the vent conduit **310** will be located within the air cavity **312** thereby enabling rapid equalization of pressure without the formation of bubbles. Implementations including an angled conduit may allow a user to drink from more angles, with fewer bubbles being formed within the bottle, and with a more consistent flow rate of the dispensing flow of water **316**.

[0111] In some implementations, the vent conduit **310** could be straight and in others it could be curved. Thus, the angle may be an effective angle rather than an angle defined by the physical vent conduit **310**. The vent conduit **310** could also have multiple terminal ends, have a variety of shapes of the terminal ends, have a portion with an annular shape, or be mounted or formed from another part of the bottle assembly **100**.

[0112] With reference to FIG. **4**, in the illustrated arrangement, the nozzle **116** is located in an approximate center of the cap **102**. As noted above, the illustrated nozzle plug **116** is a single piece including the nozzle portion **208** and the vent plug portion **210**. The nozzle portion **208** and the vent plug portion **210** of the nozzle **116** may cooperate to form a distinctive ‘b’ shape. However, such a shape is not necessary for the proper functioning of the nozzle **116** as will be apparent from the description below and/or in view of the entire contents of the disclosure. Preferably, the vent plug portion **210** is spaced in a radial direction from the nozzle portion **208**; however, the vent plug portion **210** extends tangentially relative to the nozzle portion **208**. Although the nozzle portion **208** and the vent plug portion **210** in the illustrated arrangement are formed as a single piece, in other configurations these portions **208**, **210** can be formed separately and can be coupled for movement with one another.

[0113] As noted above, the nozzle **116** can be removable from the cap **102** for any suitable purpose, such as cleaning or replacement. FIGS. **5** and **6** illustrate the cap **102** with the nozzle **116** removed. The illustrated cap **102** defines a region configured to accommodate the nozzle **116**, which includes a vent plug receiver **502** and a nozzle receiver **504**. Both the nozzle receiver **504** and the vent plug receiver **502** may be exposed on the top of the cap **102**. The nozzle receiver **504** is an opening within the upper wall of the cap **102** configured to accommodate the nozzle portion **208** of the nozzle **116**. The vent plug receiver **502** is a surface configured to accommodate the vent plug portion **210** of the nozzle **116**. The vent plug receiver **502** may be defined by a recess in the upper wall of the cap **102**.

[0114] With particular reference to FIGS. **3**, **6** and **8**, the illustrated cap **102** defines an internal space or cavity **602** that is substantial in volume relative to a volume of the bottle **104**. The cap **102** has an outer wall **604** that is substantially bowl-shaped or cup-shaped to define the substantial cavity **602** within the cap **102**. The cap **102** is tall enough that the substantial cavity **602** is defined above a top of the bottle **104** when the cap **102** is assembled to the bottle **104**.

[0115] When the bottle **104** is inverted, the amount of air contained in the cavity **602** of the cap **102** shifts to the bottom of the bottle **104**. For example, as shown in FIG. **3**, the air cavity **312** of FIG. **3** can be defined by the air present in the cavity **602**. The size of the cavity **602** defines a minimum size of the air cavity **312** when the bottle **104** is full. As the bottle **104** empties, the air cavity **312** becomes greater than the volume of the cavity **602**. As described above, the vent conduit **310** preferably opens to the air cavity **312** and the presence of a substantially-sized cavity **602** in the cap **102** provides a minimum air cavity **312** sized to ensure or increase the likelihood that the terminal end **332** of the vent conduit **310** will be located within the air cavity **312** when the bottle assembly **100** is tipped or inverted-even when the bottle **104** is full. In some embodiments, the volume of the cavity **602** defined by the cap **102** above the top of the bottle **104** may be at least about 5%, 10%, 15% or 20% of the volume of the bottle **104** or the combined volume of the cap **102** and the bottle **104**. In some embodiments, the volume of the cavity **602** defined by the cap **102** above the top of the bottle **104** may be between about 5-25%, about 5-20%, or about 10-15% of the total volume of the bottle **104** or the combined volume of the cap **102** and the bottle **104**. In some configurations, the volume of the cavity **602** defined by the cap **102** above the top of the bottle **104** is about 12-13% or 12% (12.2%) of the volume of the bottle **104** or about 10-11% (10.9%) of the combined volume of the cap **102** and the bottle **104**.

[0116] In some configurations, the cavity **602** can be defined by the entire interior space of the cap **102**. Although the cap **102** and the bottle **104** overlap at the junction **106** (FIG. **1**), a user is likely to leave some empty space at the top of the bottle **104** to allow for assembly of the cap **102** to the bottle **104**. However, the cavity **602** can also be defined by the space located above the top of the bottle **104** when the cap **102** is assembled to the bottle **104**. When defined in this manner, the volume of the cavity **602** can provide a minimum volume of the air cavity **312**, as shown in FIG. **3**. In the illustrated arrangement, the cap **102** includes a threaded region **606**, which engages a cooperating portion of the bottle **104**. Thus, in the illustrated arrangement, the cavity **602** can be defined by the interior space of the cap **102** located above or towards the closed end of the cap **102** relative to the threaded region **606**.

[0117] The threaded region **606** includes one or more threads, which in some instances be a single start thread or a multi start thread. The thread may in some implementations be an external thread as illustrated or, in other implementations, it could be an internal thread. An external thread on the cap **102** results in a corresponding internal thread on the bottle **104**, as described below, which can provide the bottle **104** with a clean exterior appearance when the cap **102** is removed and can facilitate drinking from the bottle **104** when the cap **102** is not present. When the cap **102** is attached to the bottle **104**, the cap **102** can be screwed on using the thread **606** until a contact or sealing surface **608** reaches the top of the bottle **104**. Any one or more of the cap **102**, the sealing surface **608** and the bottle **104** are configured to provide a sealed connection between the cap **102** and the bottle **104** when properly assembled. If desired, the sealing surface **608** can include or be defined by a seal member or gasket, such as an O-ring or square-ring, for example.

[0118] With reference to FIG. **7**, a cap bottle interface **700** is configured to connect the bottle **104** and the cap **102**. In the illustrated arrangement, the bottle **104** has a bottle threaded region **708** comprising one or more threads configured to engage the threaded region **606** of the cap **102**. The bottle **104** may have a double wall lip **710** with the interior wall defining the thread(s) of the threaded region **708**. In some embodiments, as noted above, a seal **712** is present between the cap **102** and the bottle **104**. The seal **712** may be a gasket or other suitable sealing member. In the illustrated arrangement, the seal **712** is carried by the cap **102**. However, in other arrangements, the seal **712** could be carried by the bottle **104**. In the illustrated arrangement, the bottle **104** includes a shoulder configured to engage the seal **712**. The shoulder defines a first seal surface **714** and a second seal surface **716**, one or both of which may be configured to contact the seal **712** when the cap **102** is fully assembled to the bottle **104**.

[0119] As noted above, the double wall lip **710** is a built up drinking lip edge constructed from multiple (e.g., two) overlapping layers of material. Such a drinking lip edge is not typically seen on single wall bottles. This design allows for a smooth outer surface of the bottle **104** despite the thread(s) of the threaded region **708** of the interior wall. Thus, the bottle **104** has a smooth and attractive appearance with or without the cap **102**. Such an arrangement may also facilitate drinking directly from the bottle **104** without the cap **102**, which increases the usefulness of the bottle assembly **100**. In other words, removal of the cap **102** allows the bottle **104** to be used as a stainless steel cup. Additionally, the double wall lip **710** makes drinking out of the bottle **104** without the cap **102** more pleasant and more like using a regular stainless steel cup. In some implementations, the bottle **104** may be a double wall body instead of a single wall body.

[0120] The seal **712** inhibits or prevents water from leaking out of the bottle through the interface. The seal **712** may also serves to prevent the cap from working its way off the bottle **104** during use. For example, use in a cycling application may cause the bottle assembly **100** to rattle and this rattling could cause the cap **102** to loosen and slowly twist off the bottle **104**. The friction from the bottle seal **712** can reduce or eliminate this issue.

[0121] As described above, and with further reference to FIGS. **8** and **9**, the bottle assembly **100** can include a vent arrangement, which allows a flow of vent air into the bottle assembly **100** through a separate flow path from the dispensed liquid exiting the bottle assembly **100**. This flow of vent air replaces a volume of the dispensed liquid to reduce or avoid a pressure differential between the interior of the bottle assembly **100** and atmospheric pressure. In conventional bottles, air enters the bottle through the dispensing nozzle, thus interrupting the flow of the liquid being dispensed. In a squeezable sports bottle, the ability to achieve a high flow rate by squeezing the bottle somewhat compensates for the inefficiency of the shared flow path. However, squeezable bottles possess a number of drawbacks. The vent arrangement of the presently disclosed bottle assembly **100** provides better drinking performance by largely or completely separating the flow paths of the incoming air and the exiting liquid rather than relying on the brute force of squeezing the bottle. Thus, the bottle **104** can be relatively rigid, which provides for a longer lasting bottle and can allow for the use of metal (e.g., stainless steel) as the bottle material.

[0122] As also noted above, the vent arrangement and the dispensing nozzle can be functionally linked to one another so that a single action can open and/or close both the dispensing nozzle and the vent arrangement. As described above, the cap **102** may include the vent body **308**, which includes, surrounds or defines a vent passage **944** in the cap

102. The vent body **308** may also function as a vent conduit receiver configured to receive and support the vent conduit **310**. In some configurations, the vent body **308** and/or the vent conduit **310** may be integrated into the molded body of the cap **102**. The vent plug portion **210** of the nozzle **116** is configured to selectively close the vent passage **944**. The vent plug portion **210** may be molded as part of the nozzle **116**. In some implementations, the vent plug portion **210** is configured to move along with the nozzle portion **208** of the nozzle **116**. In some arrangements, the nozzle portion **208** and vent plug portion **210** may be unitary or molded as a single component. In other arrangements, the nozzle portion **208** and vent plug portion **210** could be otherwise coupled to one another. This operable connection allows for simultaneous opening and closing of the nozzle portion **208** and the vent plug portion **210**, thus ensuring that the vent passage **944** is always open when the nozzle **116** is in use. The valve for water and the valve for air may thus be opened and closed simultaneously with a single moving part. The advantage of this implementation is that it is more efficient for the user to open and close the nozzle portion **208** and the vent plug portion **210** with a single movement. Additionally, the user will not mistakenly open only the nozzle portion **208** or only the vent plug portion **210**.

[0123] The nozzle portion **208** of the nozzle **116** includes a nozzle opening **820** that extends through the nozzle portion **208** and connects the interior space of the bottle assembly **100** with the ambient environment outside of the bottle assembly **100**. The nozzle opening **820** defines a portion of the dispensing flow path for the liquid exiting the bottle assembly **100**. In some implementations, the nozzle opening **820** has no interior obstructions or structures extending across or protruding significantly into the nozzle opening **820**, which can allow for unobstructed flow thereby increasing the flow rate through the nozzle **116**.

[0124] A nozzle lip **822** can be provided at or adjacent an outlet end of the nozzle opening **820**. In some configurations, the inside lip **822** can break water tension and separate the water flow from the surface of the nozzle **116** to reduce or prevent drippage. The nozzle **208** may have a rounded top edge **912** to provide comfort for the user. The nozzle **208** may have an inside ledge **916** which may be positioned where the interior diameter **918** rapidly changes—reduces in the direction of water flow exiting the nozzle **116**. Similarly, in some embodiments the inside ledge **916** positioned inside the nozzle **208** can assist in breaking water tension and reducing or preventing drippage. The cap **102** itself has a rounded interior cap surface **826** which serves to increase flow of water toward the nozzle **116**. The illustrated nozzle **116** includes a nozzle groove **824**, which extends in a circumferential direction of the nozzle portion **208**. The nozzle groove **824** can facilitate grasping of the nozzle **116** by the user's fingers or teeth to open the nozzle **116**. When used during activities, such as cycling, a user often uses only one hand to hold the bottle assembly **100** and opens the nozzle **116** by holding the nozzle **116** in his or her teeth and pulling the bottle assembly **100** away from the mouth, leaving the other hand free.

[0125] The nozzle portion **208** of the nozzle **116** is configured to act as a valve body of a valve arrangement to selectively permit or prevent the flow of liquid through the nozzle opening **820**. A portion of the nozzle portion **208** located within the cap **102** defines a gate portion or, simply, a gate **828** that cooperates with a valve seat structure of the cap **102** to selectively close the valve arrangement of the nozzle **116**. FIG. **8** illustrates the nozzle **116** in a position with the gate **828** open (a relatively upward position) and FIG. **9** illustrates the nozzle **116** in a position with the gate **828** closed (a relatively downward position). In some implementations, the nozzle **116** has a relatively simple water path such that the water only has one or two turns between passing the gate **828** and exiting the nozzle opening **820**.

[0126] The illustrated cap **102** includes a structure configured to support the nozzle portion **208** of the nozzle **116** and allow the nozzle **116** to move between the open position and the closed position. The structure also permits water or other liquid to be dispensed from the bottle assembly **100** through the nozzle **116**. In the illustrated arrangement, the structure is a tubular support **830** that extends into the interior space of the cap **102**. The tubular support **830** can have a cross-sectional shape that corresponds or is complementary to the cross-sectional shape of the nozzle portion **208** of the nozzle **116**.

[0127] Preferably, the nozzle portion **208** and the tubular support **830** create a constant seal between them to inhibit or prevent leakage between the cap **102** and the nozzle **116** such that the liquid contents of the bottle assembly **100** are contained when the nozzle **116** is closed and exits only through the nozzle opening **820** when the nozzle **116** is open. In the illustrated arrangement, the nozzle **116** includes an annular protrusion **832** extending in a circumferential direction around the outside surface of the nozzle portion **208**. The annular protrusion **832** creates a seal with an interior surface of the tubular support **830**. In the illustrated arrangement, a single annular protrusion **832** is provided, which reduces the resistance to movement of the nozzle **116** relative to a design that includes multiple protrusions **832**. However, multiple protrusions **832** could be provided if sealing is of greater concern. Moreover, the arrangement could be reversed and the protrusion(s) **832** could be provided on the tubular support **830** instead of the nozzle **116**.

[0128] The tubular support **830** defines one or more openings or windows **840** that are selectively opened or closed by the gate **828** of the nozzle portion **208**. The window(s) **840** allow the liquid contents of the bottle assembly **100** to pass from the outside of the tubular support **830** to the interior space of the tubular support **830** when the gate **828** of the nozzle **116** is open. Access is then permitted to the nozzle opening **820** through the open bottom end of the nozzle portion **208**. The annular protrusion **832** is always located above the window(s) **840** in the open or closed position of the nozzle **116** or at any position therebetween to maintain the seal. In the illustrated arrangement, the tubular support **830** includes multiple windows **840**. In particular, the tubular support **830** includes three windows **840**; however, other suitable numbers of windows **840** could be provided (e.g., 2, 4, 5, 6, 8, 9, 10 or more).

[0129] The illustrated nozzle portion **208** includes one or more ears **920**. The ear(s) **920** extend in a radially outward direction from the outer surface of the nozzle portion **208** and project into or through corresponding ones of the windows **840**. In the illustrated arrangement, the number of the ears **920** equals the number of windows **840** and, thus, each window **840** receives a corresponding ear **920**. However, in other arrangements, the number of ears **920** could be less than the number of windows **840** such that one or more windows **840** do not have a corresponding ear **920** or the number of ears **920** could be greater than the number of windows **840** such that one or more windows **840** receive multiple ears **920**. The ears **920** limit rotation of the nozzle **116** relative to the cap **102**. Accordingly, this can maintain the vent plug portion **210** in proper alignment with the vent passage **944**.

[0130] With reference to FIG. **13**, an interface **1312** between each of the ears **920** and the windows **840** is configured to inhibit or prevent relative rotation between the nozzle **116** and the cap **102**. In the illustrated arrangement, the interface **1312** can include a 90° angle on the edge **1314** of the ear **920** and a 90° angle on a pillar **1316** that is located beside and defines a side edge of the window **840**. To ensure accurate seating of the vent plug portion **210** with the vent passage **944**, each edge **1314** of the ears **920** may have a hard 90° angle that acts as a precise guide to ensure a proper rotational relationship between the nozzle **116** and the cap **102**.

[0131] When nozzle **116** is in the down or closed position, the ear **920** and an upper surface of the corresponding window **840**, which can be referred to herein as a stop surface **922**, define a nozzle travel distance **924** between them. When the nozzle **116** is pulled upwards, the ear **920** abuts against the cap stop surface **922** to define the open position of the nozzle **116**. The result is the opening of the gate **828**, as illustrated in FIG. **8**.

[0132] In some implementations, the tubular support **830** includes three pillars **1316**. In other implementations, there may be more or less pillars **1316**. In some implementations, there may be a one-to-one ratio between the number of ears **920** and the number of pillars **1316**. An advantage of the three-pillar design may be that three pillars **1316** inhibit or substantially prevent rocking of the nozzle **116** when it is in either the open or closed position.

[0133] The tubular support **830** defines a valve seat that cooperates with the nozzle portion **208** to create a seal between the nozzle **116** and the cap **102** when the nozzle **116** is in the closed position. In the closed position, a round nozzle seal surface **926** defined by an end surface of the nozzle portion **208** abuts a bottom cap seal surface **928** defined by an end of the tubular support **830**. Additionally, the bottom cap seal surface **928** may be of a more squared shape than the round nozzle seal surface **926** in cross-section, which results in contact between the two along a small area, which can be referred to as a contact line to distinguish seals created over a larger area of contact. The lower end of the tubular support **830** is closed to seal the end of the nozzle opening **820** when the nozzle **116** is closed. The closed end of the tubular support **830** can have an elevated inner platform **932**. A transition between the bottom cap seal surface **928** and the elevated inner platform **932** can contact the inner surface of the nozzle portion **208** that defines the gate **828** to define an additional seal. The outside surface of the end portion of the nozzle portion **208** is tapered and, thus, spaced apart from the inside surface of the pillar **1316** forming a resultant void **938**. The void **938** can provide clearance space to accommodate variations due to normal manufacturing tolerances.

[0134] In some embodiments, the nozzle **116** is constructed from a relatively hard durometer material to ensure durability of the nozzle surface and to maintain its form, reducing deformation. One advantage of reducing deformation is that the quality of the seals is more likely to remain suitable.

[0135] When the nozzle **116** is raised, the gates **828** open portions of the corresponding windows **840**. In some implementations, in the fully open position of the nozzle **116**, the open portion of the windows **840** defines a collective area of at least about 50 mm^2, at least about 65 mm^2, at least about 80 mm^2, at least about 90 mm^2, at least about 100 mm^2, at least about 125 mm^2, or at least about 130 mm^2. In some configurations, the collective open area of the windows **840** with the nozzle **116** in place is about 130 mm^2. This open area is sufficient, at least in combination with other features disclosed herein (e.g., the vent arrangement), to dispense about 21 oz. of liquid from the bottle assembly **100** in about 10 seconds or less using gravity force alone. Such dispensing performance is as good as or better than currently-marketed squeezable cycling water bottles.

[0136] In some implementations, the nozzle opening **820** has a minimum diameter **918** of at least about 9 mm, at least about 10 mm, at least about 12 mm, or at least about 13 mm (or an equivalent area for non-circular shapes) to achieve this flow rate. In other configurations, the minimum diameter **918** can be in the range of 5-20 mm, 8-18 mm, or 10-15 mm. Other dimensions of the relevant components can be selected to provide a desired flow rate of the dispensed liquid. For example, in some configurations, a high flow rate may not be necessary or desirable. In such configurations, a smaller minimum diameter **918** may be acceptable or desirable.

[0137] In some implementations, the windows **840** occupy a circumferential range of at least about 180°, 200°, 220°, 240° or 270° of the total possible 360° of the tubular support **830**. In some configurations, the windows **840** occupy a circumferential range of about 270°. One advantage of this implementation is that it provides for advantageously high flow rates while keeping the nozzle travel distance **924** relatively small. In other embodiments, the circumferential range occupied by the windows **840** may be less than 270° or more than 270°.

[0138] FIG. **14** illustrates a visual representation or map of the tubular support **830** and the lower portion of the nozzle portion **208** that defines the gate **828** unrolled in flat form. As shown, the tubular support **830** includes three windows **840** defined between three pillars **1316**. The gates **828** are shown in the open position of the nozzle portion **208** such that portions **1308** of the windows **840** are open. The total opening size of the collective open portions **1308** of the windows **840** can be within the ranges described above. In some embodiments, the total area of the open portions **1308** of the windows is sufficient to enable a target flow rate.

[0139] As described above, the nozzle **116** includes a vent plug portion **210** configured to seal the vent passage **944** when the nozzle **116** is in the closed position. As illustrated in FIGS. **9-11**, in some configurations, the vent plug portion **210** has a rounded seal portion or valve body, which can be in the form of a spherical or part spherical projection **940**. The vent body **308** can define a recess **942** that surrounds the vent passage **944**. The recess **942** can be defined by a square chamfer, which provides the recess **942** with an overall frustoconical shape. The projection **940** seals against the recess **942** when the vent plug portion **210** is in the closed position as shown in FIGS. **9** and **10**. When the nozzle **116** is raised to the open position, the vent plug portion **210** is also raised and the projection **940** moves away from the recess **942**. As a result, the vent passage **944** is opened to the ambient pressure. Opened to ambient pressure, the pressure within the bottle assembly **100** tends to equalize to the ambient pressure. In the closed position, the recess **942** is fully sealed by the projection **940** preferably along a circumferential contact line or small area.

[0140] With reference to FIG. **11**, in some embodiments, the projection **940** and the recess **942** define a minimum clearance distance **1104** between them when the nozzle **116** is in the open position. The distance **1104** is selected such than a minimum flow area defined between the projection **940** and the recess **942** is equal to or larger than the minimum cross-sectional area of the vent passage **940** and/or the minimum cross-sectional area of the vent conduit **310**. Such an arrangement ensures that the area defined between the projection **940** and the recess **942** is not a limiting factor for the flow of vent air **318**. In some embodiments, the distance **1104** in the open position is at least about 2 mm, at least about 2.5 mm, at least about 3 mm, or at least about 3.5 mm (e.g., 3.6 mm). In some embodiments, the distance **1104** can be about 3.6 mm.

[0141] In some embodiments, the vent plug portion **210** has a thickness (in the vertical direction or in the direction of the longitudinal axis **120**) in some areas of at least about 3 mm, or at least about 4 mm. This thickness may be enough to ensure sufficient force by the projection **940** on the recess **942** to create a reliable seal. The nozzle portion **208** and the tubular support **830** are configured to seal before the projection **940** seals with the recess **942**. This is advantageous because it ensures that the water flow through the nozzle opening **820** is cut off before the vent plug portion **210** is fully engaged. In some embodiments, the vent plug **210** will deflect upwards somewhat when the nozzle portion **208** is fully seated in the valve seat of the tubular support **830**. The ability for the vent plug portion **210** to deflect ensures that the nozzle portion **208** and the projection **940** can both seat with their respective structures of the cap **102** when the nozzle **116** is closed. This is advantageous in keeping manufacturing costs reasonable because the design is able to accommodate some dimensional variation while still providing desirable performance.

[0142] As illustrated in FIG. **10**, the conduit **310** includes a threaded end **1014** configured to engage corresponding threads of vent body **308**. An advantage of a threaded design is that the vent conduit **310** can be removed for easy cleaning of both the vent conduit **310** and the vent body **308** portion of the cap **102**. As a further advantage, it allows for upgrades, such as replacing the vent conduit **310** with an upgraded version. For example, the bottle assembly **100** can be sold with a plastic vent conduit **310**, which can be upgraded to a conduit **310** of a different material. In some implementations, the upgraded vent conduit **310** could be stainless steel, anodized aluminum, titanium, or other materials. Using a stainless steel vent conduit **310** or other rigid metal straw increases the durability of the vent assembly and of the overall bottle assembly **100**. The rigid material also serves to prevent deformation. Additionally, the stainless steel, anodized aluminum, titanium, or other material may be resistant to corrosion. Stainless steel, titanium, anodized aluminum, or other materials are also useful because they will not contaminate the liquid contents of the bottle assembly **100** with chemicals or a chemical taste.

[0143] With reference to FIG. **12**, as described above, the vent passage **944** can be offset from the nozzle opening **820** by a distance, such as an offset distance **1206**. The offset distance **1206** can be defined as a distance between a center of the vent passage **944** and a center of the nozzle opening **820**. In some configurations, the distance **1206** can be relatively small. For example, when a vent conduit **310** is used, the vent passage **944** can be located close to the nozzle opening **820** and/or the center of the bottle assembly **100** to increase the likelihood of the vent conduit **310** reaching the air cavity **312** regardless of the roll angle of the bottle assembly **100** to immediately start pressure equalization when the bottle assembly **100** is inverted. In some configurations, the offset distance **1206** is equal to or less than about 30 mm, 25 mm, 20 mm, or 15 mm. Because the vent plug portion **210** is located over top of the vent passage **944**, pressure equalization between the air cavity **312** and ambient pressure can occur even when the nozzle **116** is fully covered or substantially fully covered by a user's mouth.

[0144] In other configurations, it may be desirable for the distance **1206** to be relatively large. For example, if no vent conduit **310** is used (e.g., the vent passage **944** vents directly into the interior of the bottle assembly **100**), a larger distance **1206** can provide greater separation between the vent passage **944** and the nozzle passage **820**. As a result, the incoming flow of vent air **318** is spaced further from the dispensing flow of water **316** to reduce or substantially eliminate entrainment of the vent air into the dispensing flow of water **316**.

[0145] As described above, the nozzle **116** can be removable from the cap **102** for cleaning or replacement, for example. In the illustrated arrangement, each of the ears **920** includes one or more indents **1310**. These indents **1310** may serve to identify to the user where the user should press to remove the nozzle **116** from the cap **102**. In some embodiments, removal of the nozzle **116** is accomplished by pressing on the ears **920** of the nozzle **116** and simultaneously pushing the nozzle **116** upwards such that the ears **920** do not contact the cap stop surface **922** and instead proceeds upwards and out of the cap **102**.

[0146] In some embodiments, a friction-enhancing material, such as a grip material **113**, may be provided on a portion or an entirety of the bottle **104** to augment gripping of the surface **112**, making it easier for a user to remove the cap **102**. Similarly, if desired, a cap grip material **115** may be applied to the cap **102**. This additional surface treatment may further enhance the ability of a user to remove the cap **102** from the bottle **104**. In some embodiments, the bottle grip material **113** and the cap grip material **115** may be or comprise silicone. The silicone may be applied by spraying, dipping, or any other suitable process.

[0147] In some implementations, the bottle **104** may have a corner cushion **117** to protect the transition between the bottom and the sidewall **110** of the bottle **104** from denting. The corner cushion **117** could be a soft, resilient material. In some configurations, the corner cushion **117** could be a grip material, which can be the same as or different from the grip material **113** and/or **115**. The corner cushion **117** may serve to absorb some of the impact energy when the bottle **104** is impacted—especially, for example, if the bottle **104** were dropped. The material of the corner cushion **117** may be selected to effectively reduce denting of the bottle **104**. The cushion could be a silicone material. The corner cushion **117** and the grip material **113** of the bottle **104** may be formed as a single silicone sleeve. This silicone sleeve may have a built-up thickness around the bottom corners of the bottle **104**. The silicone sleeve may be applied by spraying, dipping, or another application method. Alternatively, the cushion **117** could be made of one or more of a variety of suitable impact resistant materials.

[0148] Additionally, the bottle grip material **113**, bottle grip material **115**, and corner cushion **117** may individually, or in coordination with one another, serve to protect the bottle assembly **100**, enhance the retention of the bottle assembly **100** and/or reduce noise when it is situated in a bottle cage on a bicycle. A typical metal bottle may rattle in the bottle cage, causing damage to the surface of a bottle, the bottle cage or at least creating an annoying level of noise. The bottle grip material **113**, bottle grip material **115**, and corner cushion **117** may individually, or in coordination inhibit or prevent the harmful or annoying rattle. Additionally, the bottle grip material **113** may have a built-up thickness as it approaches the shoulder section **108** of the bottle. A further advantage of the bottle grip material **113** and/or the cap grip material **115** is improved grip for the user, especially with a sweaty hand or glove. This may be particularly advantageous in a group event, in which a dropped water bottle can present a hazard to other cyclists. Increased grip on the bottle **104** may reduce the chance that the user drops the bottle **104** and thereby increase the safety to the user and those around them in comparison to conventional plastic or bare metal bottles.

[0149] The bottle **104** may be shaped and/or the grip material **113** may be selected to increase the ease of sliding the bottle assembly **100** into and out of the bottle cage attached to a bike. The cap **102** may, in some implementations, have a textured surface in addition to or in place of the cap grip material **115**. This textured surface or cap grip design could make it easier for a user to remove the cap **102**.

[0150] The entire cycling bottle assembly **100** may be coated in an insulated sleeve. The advantage of coating the cycling bottle assembly **100** in an insulated sleeve may be to keep contained fluids cold or hot. In another implementation the cycling bottle **104** may be a double walled vacuum insulated bottle. The cap **102** may in some implementations also be a double walled vacuum insulated cap.

[0151] FIGS. **16** and **17** illustrate a modification of the bottle assembly **100** of FIGS. **1-15**. In many respects, the bottle assembly **100** of FIGS. **16** and **17** can be the same as or similar to the bottle assembly **100** of FIGS. **1-15**. Accordingly, the same reference numbers are used to refer to the same or corresponding features. The bottle assembly **100** of FIGS. **16** and **17** is described in the context of the differences from the bottle assembly of FIGS. **1-15**. Features not described in detail can be the same as or similar to corresponding features of the bottle assembly **100** of FIGS. **1-15**, or can be of another suitable arrangement. Moreover, the features of the bottle assembly of FIGS. **16** and **17** can be implemented on the bottle assembly **100** of FIGS. **1-15**.

[0152] With reference to FIG. **16**, the modified bottle assembly **100** can incorporate a check valve **1600** in the vent arrangement. In the illustrated arrangement, the check valve **1600** is configured to inhibit or prevent leakage of water or other liquid contents of the bottle assembly **100** through the vent passage(s) **944** in a direction from the interior to the exterior of the bottle assembly **100** and to permit the flow of vent air in a direction from the exterior to the interior of the bottle assembly **100**. Accordingly, the check valve **1600** can inhibit or prevent the dribbling of water from the vent arrangement that could otherwise occur under certain circumstances. For example, if a user slowly tilts the bottle assembly **100** with the vent conduit **310** oriented toward the user such that it ends up at or near the bottom of the bottle assembly **100** when the bottle assembly **100** is moved toward or to a horizontal orientation, both the vent passage(s) **944** and a bottom of the vent conduit **310** could be exposed to the water or other liquid within the bottle assembly **100** at once, without a sufficient flow of vent air to prevent leakage through the vent arrangement. The provision of the check valve **1600** can inhibit or prevent leakage under such circumstances, while permitting the ingress of a flow of vent air for proper emptying of the liquid contents of the bottle assembly **100**. Although it is presently preferred to include a vent conduit **310**, the provision of a check valve **1600** can allow for the elimination of the vent conduit **310**. However, as illustrated, the check valve **1600** can be used in combination with the vent conduit **310**. Moreover, the check valve **1600** can be used in place of the vent plug portion **210** or the check valve **1600** can be used in combination with the vent plug portion **210** that is configured to seal the vent passage **944** when the nozzle **116** is in the closed position.

[0153] The check valve **1600** may be or comprise an umbrella valve or any other suitable type of valve arrangement. In the illustrated arrangement, the check valve **1600** comprises a valve body having a stem portion and a flattened head portion. The valve body can be constructed from any suitable material or combinations of material. For example, the valve body can be constructed from a resilient material, such as a silicone or another elastomeric material. As illustrated in FIG. **16**, the stem portion of the check valve **1600** extends through an opening **1602** of the cap **102** of the bottle assembly **100**. An end of the stem portion opposite the flattened head portion can be enlarged relative to a remainder of the stem portion to secure the check valve **1600** to the cap **102**. The resiliency of the material of the valve body of the check valve **1600** can permit the enlarged end of the stem portion to be passed through the opening **1602** of the cap **102** for initial installation or to allow the valve body to be removed and replaced or cleaned.

[0154] The check valve **1600** may be assembled to the cap **102** such that the flattened head portion covers the vent passage(s) **944** on an interior surface of the cap **102** in a normal or relaxed position. Once assembled, the check valve **1600** regulates the vent flow of air through the vent passages **944**. In particular, the vent flow of air flows through the vent passages **944** and opens the check valve **1600** when the liquid contents are dispensed from the bottle assembly **100**. That is, as a result of the resiliency of the material of the valve body, the flattened head portion can be flexed open by the force of an incoming vent flow of air.

[0155] With reference to FIG. **17**, the cap **102** may include multiple vent passages **944**. In the illustrated arrangement, the cap **102** includes three vent passages **944**. However, other numbers of vent passages **944** can be provided, such as 2, 4, 5, 6 or more vent passages **944**. One or more, or each, of the vent passages **944** may have an arcuate shape or may be bean-shaped. The vent passages **944** may also have other appropriate shapes. The vent passages **944** may be generally arranged in a circle around the opening **1602** of the cap **102** that receives the valve body of the check valve **1600**. The vent passages **944** may be sized such that the total cross-sectional area of all the vent passages **944** is equal to or greater than the cross-sectional area of the vent conduit **310**.

This is advantageous to ensure that the vent passages **944** are not a limiting factor in the air flow rate through the vent conduit **310**.

[0156] In some embodiments, the vent plug portion **210** of the nozzle **116** is configured to accommodate a portion of the check valve **1600**. In the illustrated arrangement, the vent plug portion **210** has a recess **1604** disposed near the distal end. The recess **1604** is configured to receive a portion of the check valve **1600** that protrudes above the exterior surface of the cap **1602** (e.g., the enlarged end of the stem portion). The vent plug portion **210** covering the check valve **1600** is advantageous to reduce exposure of the check valve **1600** to dirt, debris or other foreign materials. This is an important feature because it can increase the reliable operation of the check valve **1600** and/or may increase the useful life of the check valve **1600** or increase the interval between cleaning of the check valve **1600**. Additionally, physical damage by a foreign object can be inhibited or prevented by covering the check valve **1600** with the vent plug portion **210**. This may be particularly important when the bottle assembly **100** is used as a sports bottle, such as a cycling bottle carried within a bottle cage of a bicycle. In such case, the bottle assembly **100** may exposed to substantial amounts of mud, dirt and other materials.

[0157] In the illustrated configuration, the vent plug portion **210** simply covers the check valve **1600** and vent passages **944** of the vent arrangement, but does not seal against the cap **102**. Such an arrangement reduces the complexity of manufacturing by eliminating the precision necessary of sealing surfaces. However, in some configurations, the vent plug portion **210** could be configured to seal the vent passages **944**. Such an arrangement provides the advantage of a seal that is redundant to the check valve **1600**, which can inhibit or prevent leakage under certain circumstances in the event of failure of the check valve **1600**.

[0158] In some embodiments, the vent conduit **310** and the vent body **308** can be connected by a press-fit or friction-fit coupling arrangement, rather than a threaded coupling. Such an arrangement can ease assembly or disassembly by the user, which can ease replacement or cleaning of the vent conduit **310**. In some configurations, the vent body **308** may define a tapered surface that may fit snugly into a receiving portion **1606** of the vent conduit **310**. In some embodiments, the vent conduit **310** may be made of silicone or another elastomeric material(s), or another suitable material or combination of materials.

[0159] Another embodiment of the bottle assembly **100** is described with reference to FIG. **18**, which illustrates a cap **102** and vent conduit **310**. In many respects, the bottle assembly **100** of FIG. **18** can be the same as or similar to the bottle assemblies **100** of FIGS. **1-17**. Accordingly, the same reference numbers are used to refer to the same or corresponding features. The bottle assembly **100** of FIG. **18** is described in the context of the differences from the bottle assemblies of FIGS. **1-17**. Features not described in detail can be the same as or similar to corresponding features of the bottle assemblies **100** of FIGS. **1-17**, or can be of another suitable arrangement.

[0160] In the bottle assembly **100** of FIG. **18**, the vent conduit **310** incorporates a water trap arrangement **1800**, which can be in place of, or in addition to, the check valve **1600**. The water trap arrangement **1800** is configured to accumulate or trap water or other liquid contained within the bottle assembly **100** that enters the vent conduit **310** and inhibit or prevent that water from exiting the bottle assembly **100** through the vent passage(s) **944**. The water trap arrangement **1800** is located within the vent conduit **310** between the terminal end **332** of the vent conduit **310** and the vent passage(s) **944**. In the illustrated arrangement, the water trap arrangement **1800** is located closer to the cap **102** than the terminal end **332** of the vent conduit **310** and can be located substantially adjacent the cap **102**.

[0161] The water trap arrangement **1800** includes a body **1802** that defines an interior chamber **1804**. The illustrated body **1802** includes a hollow base portion **1806** and a cap **1810** that closes an open end of the hollow base portion **1806**. In the illustrated arrangement, the base portion **1806** is located closer to the top end of the bottle cap **102** and the cap **1810** is located further from the top end of the bottle cap **102**. However, this arrangement could also be reversed.

[0162] The vent conduit **310** is divided into a portion **1812** between the vent passage(s) **944** and the chamber **1804**, which can be referred to as a down straw **1812**, and a portion **1814** opposite the chamber **1804** from the down straw **1812**, which can be referred to as a main straw **1814**. The main straw **1814** can extend from the chamber **1804** towards the bottom end of the bottle **104** as described herein with reference to FIGS. **3** and **15**, for example. In some configurations, the down straw **1812** is a separate component from the bottle cap **102** and is secured to the cap **102**. Preferably, the down straw **1812** is removable from the cap **102** to allow for cleaning and/or replacement. For example, the down straw **1812** can be secured to the cap **102** by a mechanical connection, such as a threaded connection or press-fit (interference) connection. However, in other configurations, the down straw **1812** is integral with or is unitarily formed with the cap **102**.

[0163] The base portion **1806** can be secured to the down straw **1812** or directly to the bottle cap **102**. In some configurations, the base portion **1806** is directly connected to the cap **102** and secures the down straw **1812** relative to the bottle cap **102**. The cap **1810** can be secured to the base portion **1806** by any suitable connection, such as a press-fit or threaded connection, for example. In some configurations, the cap **1810** is removable from the base portion **1806** to allow for replacement of the cap **1810** or cleaning of the water trap arrangement **1800**. Similarly, the main straw **1814** can be secured to the cap **1810** by any suitable arrangement, such as a press-fit or threaded connection, for example. In some configurations, the main straw **1814** is removable from the cap **1810** to allow for replacement or cleaning of the main straw **1814**.

[0164] The down straw **1812** protrudes into the chamber **1804** such that a space **1820** is defined between an end of the down straw **1812** and the interior surface of the closed end of the base portion **1806**. The space **1820** can be an annular or generally annular shape in configurations in which the side wall of the base portion **1806** surrounds and is spaced from the down straw **1812**. The space **1820** can function as an accumulation space or trap space that accommodates water or other liquid from the main straw **1814** when the bottle assembly **100** is tilted. In some configurations, a volume of the space **1820** can be equal to or greater than an interior volume of the main straw **1814**. With the volume of the space **1820** greater than the interior volume of the main straw **1814**, it is possible for the space to accommodate a volume of water equal to the entirety of the interior volume of the main straw **1814**. With the volume of the space **1820**

greater than the interior volume of the main straw **1814**, it is possible for the space **1820** to accommodate a volume of water equal to the entirety of the interior volume of the main straw **1814** with the bottle assembly **100** tilted to some degree. Such an arrangement can reduce or eliminate water located within the main straw **1814** from exiting the vent passages **944**.

[0165] In some configurations, the interior diameter of the main straw **1814** is at least about 7 mm or is of an equivalent interior cross-sectional area for non-circular shapes. Such an arrangement can allow the water or other liquid within the main straw **1814** to readily empty into the accumulation space **1820** so that the flow of vent air can pass without restriction, or without substantial restriction, from the vent passage(s) **944** to the interior of the bottle assembly **100**.

[0166] FIGS. **19** and **20** illustrate a modification of the vent conduit **310** with water trap arrangement **1800**. In many respects, the vent conduit **310** with water trap arrangement **1800** of FIGS. **19** and **20** can be the same as or similar to the vent conduit **310** with water trap arrangement **1800** of FIG. **18**. Accordingly, the same reference numbers are used to refer to the same or corresponding features. The vent conduit **310** with water trap arrangement **1800** of FIGS. **19** and **20** is described in the context of the differences from the vent conduit **310** with water trap arrangement **1800** of FIG. **18**. Features not described in detail can be the same as or similar to corresponding features of the vent conduit **310** with water trap arrangement **1800** of FIG. **18**, or can be of another suitable arrangement.

[0167] The vent conduit **310** with water trap arrangement **1800** of FIGS. **19** and **20** includes a tapered main straw **1814**. The diameter or cross-sectional area of the main straw **1814** can increase from a terminal end **332** towards or to the water trap arrangement **1800**. Such an arrangement can inhibit entry of water or other liquid into the terminal end of the main straw **1814** and can permit water or other liquid that does get into the main straw **1814** to readily exit into the accumulation space **1820** of the water trap arrangement **1800**. In addition, such an arrangement reduces the interior volume of the main straw **1814** relative to a main straw **1814** having the maximum diameter along its entire length. In some configurations, the tapered main straw **1814** can have a minimum diameter of about 3 mm or an equivalent cross-sectional area for non-circular shapes and a maximum diameter of at least about 7 mm or an equivalent cross-sectional area for non-circular shapes.

[0168] The water trap arrangement **1800** of FIGS. **19** and **20** has a non-circular shape when viewed along a longitudinal axis of the bottle assembly **100** or from above or below the bottle cap **102**. In some configurations, the water trap arrangement **1800** can have a part annular shape or can be generally bean-shaped. Such an arrangement can take advantage of the annular space surrounding the nozzle **116** so that the volume of the interior chamber **1804**, and thus the accumulation space **1820**, can be greater than a circular water trap arrangement **1800** of a similar radial dimension. Such an arrangement can better accommodate water from the main straw **1814** even when the bottle assembly **100** is tilted.

[0169] In the arrangement of FIGS. **19** and **20**, the down straw **1812** is integral with or unitarily formed with a first portion **1806** of the body **1802** of the water trap arrangement **1800** and the main straw **1814** is integral with or unitarily formed with a second portion **1810** of the body **1802** of the water trap arrangement **1800**. The portions of the body **1802** can be coupled (e.g., removably coupled) by any suitable arrangement, such as a press-fit, for example. The water trap arrangement **1800** and conduit **310** can be coupled (e.g., removably coupled) to the bottle cap **102** by any suitable arrangement, such as a press-fit, for example.

[0170] FIGS. **21** and **22** illustrate a modification of a cap **102** of the bottle assemblies **100** of FIGS. **1-20**. In many respects, cap **102** of FIGS. **21** and **22** can be the same as or similar to the caps **102** of the bottle assemblies **100** of FIGS. **1-20**. Accordingly, the same reference numbers are used to refer to the same or corresponding features. The cap **102** of FIGS. **21** and **22** is described in the context of the differences from caps **102** of the bottle assemblies **100** of FIGS. **1-20**. Features not described in detail can be the same as or similar to corresponding features of the caps **102** of the bottle assemblies **100** of FIGS. **1-20**, or can be of another suitable arrangement. Moreover, the features of the cap **102** of FIGS. **21** and **22** can be implemented on any of the bottle assemblies **100** of FIGS. **1-20**.

[0171] The cap **102** of FIGS. **21** and **22** incorporates a check valve **1600** in the vent arrangement. As described previously, the check valve **1600** is configured to inhibit or prevent leakage of water or other liquid contents of the bottle assembly **100** through the vent passage(s) **944** in a direction from the interior to the exterior of the bottle assembly **100** and to permit the flow of vent air in a direction from the exterior to the interior of the bottle assembly **100**. Accordingly, the check valve **1600** can inhibit or prevent leakage of liquid from the bottle assembly **100** through the vent passage **944**, while permitting the ingress of a flow of vent air for proper emptying of the liquid contents of the bottle assembly **100**.

[0172] In the illustrated arrangement, the check valve **1600** is used in combination with the vent conduit **310**. However, unlike the arrangement of FIGS. **16** and **17**, in the arrangement of FIGS. **21** and **22** the check valve **1600** is used in combination with the vent plug portion **210** that is configured to seal the vent passage **944** when the nozzle **116** is in the closed position. The illustrated vent plug portion **210** varies from the previously described vent plug portion **210** of FIGS. **1-15**. In particular, in arrangement of FIGS. **21** and **22** the vent plug portion **210** enters into the vent passage **944** and seals along the side wall of the vent passage **944** instead of abutting against a chamfered surface in a line contact as in the vent plug portion **210** of FIGS. **1-15**. The vent passage **944** of FIGS. **21** and **22** includes an elongate cylindrical recess **942** that receives the elongate generally cylindrical projection **940** of the vent plug portion **210**. The projection **940** of the vent plug portion **210** can be slightly tapered in a direction towards the free end (nearest the check valve **1600**). The projection **940** of the vent plug portion **210** can include one or more (e.g., two) annular protrusions **2100** that are similar in structure and function to the annular protrusions **832** of the nozzle **116**. The annular protrusions **2100** can assist in creating a seal between the projection **940** of the vent plug portion **210** and the recess **942** of the vent passage **944** without creating excessive resistance to movement of the vent plug portion **210** within the vent passage **944**. The combination of the tapered projection **940** of the vent plug portion **210** and the annular protrusions **832** provides advantageous closing and sealing performance of the nozzle **116**.

[0173] As described previously, the check valve **1600** may be or comprise an umbrella valve or any other suitable type of valve arrangement. The valve body can be constructed from any suitable material or combinations of material. For example, the valve body can be constructed from a resilient material, such as a silicone or another elastomeric material. The check valve **1600** is assembled to the cap **102** such that the flattened head portion covers the vent passage(s) **944** on an interior surface of the cap **102** in a normal or relaxed position. Once assembled, the check valve **1600** regulates the vent flow of air through the vent passages **944**. In particular, the vent flow of air flows through the vent passages **944** and opens the check valve **1600** when the liquid contents are dispensed from the bottle assembly **100**. The vent plug portion **210** provides an additional liquid seal when the nozzle **116** is closed and inhibits or prevents dirt, debris or similar foreign material from entering the vent passage **944** and interfering with the operation of the check valve **1600**.

[0174] As described previously, the cap **102** may include multiple vent passages **944**. In the illustrated arrangement, the cap **102** includes three vent passages **944**. One or more, or each, of the vent passages **944** may have an arcuate shape or may be bean-shaped. The vent passages **944** may also have other appropriate shapes. The vent passages **944** may be generally arranged in a circle around the opening **1602** (FIG. **17**) of the cap **102** that receives the valve body of the check valve **1600**. The vent passages **944** may be sized such that the total cross-sectional area of all the vent passages **944** is equal to or greater than the cross-sectional area of the vent conduit **310**, such as the minimum cross-sectional area of the vent conduit **310**. This is advantageous to ensure that the vent passages **944** are not a limiting factor in the air flow rate through the vent conduit **310**.

Conclusion

[0175] It should be emphasized that many variations and modifications may be made to the herein-described embodiments, the elements of which are to be understood as being among other acceptable examples. All such modifications and variations are intended to be included herein within the scope of this disclosure and protected by the following claims. Moreover, any of the steps described herein can be performed simultaneously or in an order different from the steps as ordered herein. Moreover, as should be apparent, the features and attributes of the specific embodiments disclosed herein may be combined in different ways to form additional embodiments, all of which fall within the scope of the present disclosure.

[0176] Conditional language used herein, such as, among others, "can," "could," "might," "may," "e.g.," and the like, unless specifically stated otherwise, or otherwise understood within the context as used, is generally intended to convey that certain embodiments include, while other embodiments do not include, certain features, elements and/or states. Thus, such conditional language is not generally intended to imply that features, elements and/or states are in any way required for one or more embodiments or that one or more embodiments necessarily include logic for deciding, with or without author input or prompting, whether these features, elements and/or states are included or are to be performed in any particular embodiment.

[0177] Moreover, the following terminology may have been used herein. The singular forms "a," "an," and "the" include plural referents unless the context clearly dictates otherwise. Thus, for example, reference to an item includes reference to one or more items. The term "ones" refers to one, two, or more, and generally applies to the selection of some or all of a quantity. The term "plurality" refers to two or more of an item. The term "about" or "approximately" means that quantities, dimensions, sizes, formulations, parameters, shapes and other characteristics need not be exact, but may be approximated and/or larger or smaller, as desired, reflecting acceptable tolerances, conversion factors, rounding off, measurement error and the like and other factors known to those of skill in the art. The term "substantially" means that the recited characteristic, parameter, or value need not be achieved exactly, but that deviations or variations, including for example, tolerances, measurement error, measurement accuracy limitations and other factors known to those of skill in the art, may occur in amounts that do not preclude the effect the characteristic was intended to provide.

[0178] Numerical data may be expressed or presented herein in a range format. It is to be understood that such a range format is used merely for convenience and brevity and thus should be interpreted flexibly to include not only the numerical values explicitly recited as the limits of the range, but also interpreted to include all of the individual numerical values or sub-ranges encompassed within that range as if each numerical value and sub-range is explicitly recited. As an illustration, a numerical range of "about 1 to 5" should be interpreted to include not only the explicitly recited values of about 1 to about 5, but should also be interpreted to also include individual values and sub-ranges within the indicated range. Thus, included in this numerical range are individual values such as 2, 3 and 4 and sub-ranges such as "about 1 to about 3," "about 2 to about 4" and "about 3 to about 5," "1 to 3," "2 to 4," "3 to 5," etc. This same principle applies to ranges reciting only one numerical value (e.g., "greater than about 1") and should apply regardless of the breadth of the range or the characteristics being described. A plurality of items may be presented in a common list for convenience. However, these lists should be construed as though each member of the list is individually identified as a separate and unique member. Thus, no individual member of such list should be construed as a de facto equivalent of any other member of the same list solely based on their presentation in a common group without indications to the contrary. Furthermore, where the terms "and" and "or" are used in conjunction with a list of items, they are to be interpreted broadly, in that any one or more of the listed items may be used alone or in combination with other listed items. The term "alternatively" refers to selection of one of two or more alternatives, and is not intended to limit the selection to only those listed alternatives or to only one of the listed alternatives at a time, unless the context clearly indicates otherwise.

1-17. (canceled)

18. A sports beverage bottle assembly, comprising:

a bottle defining a closed bottom end and an open top end;

a cap selectively connectable to the bottle and configured to close the open top end of the bottle, wherein the bottle and the cap cooperate to define an interior, the cap comprising:

a tubular support that extends from an interior surface of the cap; and a tubular vent body that extends from the interior surface of the cap;

a nozzle carried by the tubular support of the cap, the nozzle movable between an open position and a closed position, the nozzle comprising an outlet passage;

a vent configured to permit a vent flow of vent air from an atmosphere outside of the bottle assembly to an interior space of the bottle assembly through a vent passage;

a vent conduit that extends from the vent passage to a terminal end located within the bottle, wherein the vent conduit is attached to the tubular vent body;

a check valve configured to permit the vent flow of air and inhibit or prevent a flow of air or the liquid contents through the vent passage in a direction from the interior space of the bottle assembly to the atmosphere, wherein the check valve comprises:

an umbrella valve having a stem portion and a flattened head portion, wherein the stem portion extends through an opening in the cap and the flattened head portion is positioned against an interior surface of the cap; and

multiple vent passages arranged around the opening, wherein the flattened head portion covers the multiple vent passages in a normal position and flexes to open the multiple vent passages in response to the vent flow of air;

wherein the bottle assembly is configured to dispense the liquid contents through the outlet passage of the nozzle in response to the bottle assembly being tilted toward an inverted position such that the liquid contents enters the outlet passage of the nozzle.

19. The sports beverage bottle assembly of claim **18**, wherein the movement of the nozzle between the open position and the closed position is twisting or linear movement.

20. The sports beverage bottle assembly of claim **18**, wherein the vent passage extends through the cap at a location spaced from a nozzle receiver opening through an exterior surface of the cap that opens into an interior space of the tubular support.

21. The sports beverage bottle assembly of claim **18**, wherein the bottle is constructed of a rigid material.

22. The sports beverage bottle assembly of claim **18**, wherein the nozzle comprises a nozzle portion and an arm that extends tangentially outward from the nozzle portion.

23. The sports beverage bottle assembly of claim **18**, wherein the vent conduit comprises an enlarged upper end that is configured to engage the tubular vent body.

24. The sports beverage bottle assembly of claim **23**, wherein the vent conduit tapers in a direction from the enlarged upper end to the terminal end.

25. The sports beverage bottle assembly of claim **18**, wherein an outlet opening of the outlet passage of the nozzle is located on an upper end of the nozzle.

26. The sports beverage bottle of claim **18**, wherein a total area of the multiple vent passages is equal to or greater than a minimum cross-sectional area of the vent conduit.

27. The sports beverage bottle of claim **18**, wherein each of the multiple vent passages has an arcuate shape.

28. A sports beverage bottle assembly, comprising:

a bottle defining a closed bottom end and an open top end;

a cap selectively connectable to the bottle and configured to close the open top end of the bottle, wherein the bottle and the cap cooperate to define an interior, the cap comprising:

a tubular support that extends from an interior surface of the cap; and

a tubular vent body that extends from the interior surface of the cap;

a nozzle carried by the tubular support of the cap, the nozzle movable between an open position and a closed position, the nozzle comprising an outlet passage, wherein the tubular support and the nozzle cooperate to define one or more windows that permit entry of the liquid contents into the outlet passage of the nozzle through a circumferential surface of the tubular support, wherein the nozzle comprises a plurality of radially-outward-projecting ears that engage the tubular support to define the open position of the nozzle;

a vent configured to permit a vent flow of vent air from an atmosphere outside of the bottle assembly to an interior space of the bottle assembly through a vent passage;

a vent conduit that extends from the vent passage to a terminal end located within the bottle, wherein the vent conduit is attached to the tubular vent body;

wherein the bottle assembly is configured to dispense the liquid contents through the outlet passage of the nozzle in response to the bottle assembly being tilted toward an inverted position such that the liquid contents enters the outlet passage of the nozzle;

wherein the nozzle is configured to be removable from the cap by pressing on a side of the nozzle and collapsing the nozzle such that the ears do not engage the tubular support and the nozzle can move upwards and out of the cap.

29. The sports beverage bottle of claim **28**, wherein the nozzle comprises an indicator to indicate to the user the location on the nozzle to press for removal of the nozzle.

30. A sports beverage bottle assembly, comprising:

a bottle defining a closed bottom end and an open top end;

a cap selectively connectable to the bottle and configured to close the open top end of the bottle, wherein the bottle and the cap cooperate to define an interior, the cap comprising:

a tubular support that extends from an interior surface of the cap; and

a tubular vent body that extends from the interior surface of the cap, wherein the tubular vent body comprises a cylindrical outer surface;

wherein the tubular support and the cylindrical outer surface of the tubular vent body define a space therebetween;

a nozzle carried by the tubular support of the cap, the nozzle movable between an open position and a closed position, the nozzle comprising an outlet passage having no interior obstructions and having a minimum diameter of at least 9 millimeters;

a vent configured to permit a vent flow of vent air from an atmosphere outside of the bottle assembly to an interior space of the bottle assembly through a vent passage;

a vent conduit that extends from the vent passage to a terminal end located within the bottle, wherein the vent conduit is friction fit onto the cylindrical outer surface of the tubular vent body with a portion of the vent conduit received in the space between the tubular support and the cylindrical outer surface of the tubular vent body, wherein the vent conduit has a minimum internal diameter of at least 3 mm;

wherein the bottle assembly is configured to dispense the liquid contents through the outlet passage of the nozzle in response to the bottle assembly being tilted toward an inverted position such that the liquid contents enters the outlet passage of the nozzle.

31. The sports beverage bottle of claim **30**, wherein the tubular support and the nozzle cooperate to define one or more windows that permit entry of the liquid contents into the outlet passage of the nozzle, wherein the one or more windows define a total area of at least 65 square millimeters.

32. The sports beverage bottle of claim **31**, wherein the one or more windows occupy a circumference of at least 270 degrees of the tubular support.

33. The sports beverage bottle of claim **30**, wherein the bottle is configured to dispense about 21 oz. of liquid from the bottle in about 10 seconds or less using gravity force alone.

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