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MEDICAL SYSTEMS, DEVICES, AND RELATED METHODS

Abstract

A medical system may include an insertion device including a delivery shaft with at least one lumen, a tube coupled to an exterior of the delivery shaft, and an adaptor coupling a distal end of the delivery shaft to a distal end of the tube. One of the delivery shaft and the tube may be configured to receive an energy delivery device, and the other of the delivery shaft and the tube may be configured to be coupled to a suction source to apply suction.

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Background/Summary

CROSS-REFERENCE TO RELATED APPLICATIONS [0001] This patent application is a continuation of U.S. Non-Provisional application Ser. No. 18/141,704, filed May 1, 2023, which is a continuation of U.S. Non-Provisional application Ser. No. 16/866,611, filed May 5, 2020, which claims the benefit of priority under 35 U.S.C. § 119 to U.S. Provisional Patent Application No. 62/844,801, filed May 8, 2019, which is herein incorporated by reference in its entirety.

TECHNICAL FIELD

[0002] Various aspects of the present disclosure relate generally to systems, devices, and methods useful in medical procedures. More specifically, the present disclosure relates to systems, devices, and methods for removing hardened masses from a body lumen, for example, for performing a laser lithotripsy procedure with stone dusting.

BACKGROUND

[0003] Lithotripsy is a medical procedure involving the physical disruption of a hardened mass within a body cavity, such as kidney stones, gallstones, pancreatic stones, or the like. In such procedures, energy is applied to the hardened mass. Different energy sources may be used, such as electric, hydraulic, laser, mechanical, ultrasound, or the like. In laser lithotripsy, pulsed light energy from an energy delivery device may be converted into a mechanical energy in the form of a cavitation bubble associated with the occurrence of a shock-wave. This mechanical energy may facilitate disruption and/or breaking up of the hardened mass.

[0004] Many lithotripsy procedures generate particles or pollution within the body cavity as the hardened mass is disrupted and broken-up. For stone-like masses, these particles may be referred to as "stone dust." In laser lithography procedures, this stone dust may hinder visualization of the mass, which may prevent the physician from locating the mass and delivering the laser energy in the most efficient manner. Fluid may be injected into the body cavity so that a portion of the stone dust will naturally drain out of the body cavity with the fluid. However, stone dust or other particles may not drain out of certain body cavities or portions of a body cavity, for example, a lower pole of a kidney. Suction may be delivered to the body cavity to help remove the stone dust, but applying suction may require either removing the energy delivery device or inserting an additional medical device into the body cavity, which may prolong the procedure or expose the patient to contamination or other risks. Furthermore, the suction device may be susceptible to clogs or reduced fluid flow if stone dust or other particles accumulate within the suction lumen or if larger stones or particles enter the suction lumen. The aforementioned risks may increase the cost, time, and necessary personnel for a medical procedure, further complicating and prolonging the procedure, and exposing the patient to greater risk.

[0005] The systems, devices, and methods of the current disclosure may rectify some of the deficiencies described above, and/or address other aspects of the prior art.

SUMMARY

[0006] Examples of the present disclosure relate to, among other things, medical systems, devices, and methods. Each of the examples disclosed herein may include one or more of the features described in connection with any of the other disclosed examples.

[0007] In one example, a medical system may include an insertion device including a delivery shaft

with at least one lumen, a tube coupled to an exterior of the delivery shaft and including a lumen, and an adaptor coupling a distal end of the delivery shaft to a distal end of the tube. One of the delivery shaft and the tube may be configured to receive an energy delivery device, and the other of the delivery shaft and the tube may be configured to be coupled to a suction source to apply suction.

[0008] The medical system may include one or more of the following features. A central longitudinal axis of the lumen of the tube may be parallel to a central longitudinal axis of a lumen of the delivery shaft. The adaptor may include a first lumen coupled to the lumen of the tube, and the adaptor may include a second lumen coupled to the lumen of the delivery shaft. The first lumen of the adaptor may be connected to the second lumen of the adaptor via at least one aperture. The aperture may include a screen, a mesh, a strainer, a sieve, a filter, or a sifter. The aperture may include an opening that is smaller than a cross-sectional area of one of the lumen of the tube or the lumen of the delivery shaft, and the tube may include one or more fluid delivery openings located proximal to a coupling with the adaptor. At least one lumen of the adaptor may include a proximally tapered cross-section. The tube may be coupled to the delivery shaft via an outer sheath. The tube may be coupled to the delivery shaft via an adhesive. The adaptor may be coupled to the distal ends of the delivery shaft and the tube via a friction fit. The delivery shaft may include a visualization device. The adaptor may include a visualization opening at least partially aligned with the visualization device. The adaptor may be formed of an at least partially transparent material. The medical system may further include a retrieval device configured to be positioned within either the lumen of the delivery shaft or the lumen of the tube. The medical system may further include an end cap with a filter portion and an opening.

[0009] In another aspect, an adaptor for a medical system may include a first coupling portion configured to couple a tube to a first lumen of the adaptor, a second coupling portion configured to couple a delivery shaft to a second lumen of the adaptor, and an aperture fluidly connecting the first lumen to the second lumen. The first lumen and the second lumen may be parallel.

[0010] The adaptor for a medical system may include one or more of the following features. The first lumen may include a closed distal end, and the second lumen may include an open distal end defining a cavity. The cavity of the second lumen may be proximally tapered, and a proximal portion of the cavity may be adjacent to the aperture.

[0011] In a further aspect, a method may include coupling a distal end of a delivery shaft to a distal end of a tube via an adaptor, delivering the delivery shaft, the tube, and the adaptor to a body cavity, applying suction to the body cavity through a lumen of the delivery shaft or a lumen of the tube to remove an object via an aperture within the adaptor or to retain the object adjacent to the aperture within the adaptor, and delivering energy to the body cavity through the lumen of the delivery shaft or the lumen of the tube.

[0012] The method may include one or more of the following features. The step of delivering the delivery shaft, the tube, and the adaptor to the body cavity may include positioning a guidewire within the lumen of at least one of the delivery shaft or the tube and advancing at least one of the delivery shaft, the tube, and the adaptor along the guidewire. The step of delivering energy to the body cavity may further include applying suction to the body cavity. The method may further include repositioning the delivery shaft, the tube, and the adaptor to another position within the body cavity and repeating the apply suction step and the energy delivery step.

[0013] Both the foregoing general description and the following detailed description are exemplary and explanatory only and are not restrictive of the features, as claimed. As used herein, the terms "comprises," "comprising," "having," "including," or other variations thereof, are intended to cover a non-exclusive inclusion such that a process, method, article, or apparatus that comprises a list of elements does not include only those elements, but may include other elements not expressly listed or inherent to such a process, method, article, or apparatus. Additionally, the term "exemplary" is used herein in the sense of "example," rather than "ideal." As used herein, the terms "about,"

"substantially," "generally," and "approximately," indicate a range of values within $\pm 10\%$ of a stated value.

Description

BRIEF DESCRIPTION OF THE DRAWINGS

[0014] The accompanying drawings, which are incorporated in and constitute a part of this specification, illustrate various exemplary embodiments and together with the description, serve to explain the principles of the disclosure.

[0015] FIG. 1 illustrates a medical system according to aspects of the present disclosure.

[0016] FIG. **2** illustrates a distal portion of the medical system of FIG. **1**, according to aspects of the present disclosure.

[0017] FIG. **3** illustrates a tube and an adaptor of the medical system of FIG. **1** and an alignment tool that may be used with the medical system of FIG. **1**, according to aspects of the present disclosure.

[0018] FIG. **4**A illustrates a top view of tubes and an adaptor that may be incorporated in a medical system, and FIG. **4**B illustrates a perspective view of the tubes and adaptor coupled to an insertion device, according to aspects of the present disclosure.

[0019] FIG. **5** illustrates a partially exploded view of a distal portion of another exemplary medical system, according to aspects of the present disclosure.

[0020] FIG. **6** illustrates a partially exploded view of a distal portion of an additional exemplary medical system, according to aspects of the present disclosure.

[0021] FIG. **7** illustrates a partially exploded view of a distal portion of a further exemplary medical system, according to aspects of the present disclosure.

[0022] FIG. **8** illustrates a partially exploded view of a distal portion of an additional exemplary medical system, according to aspects of the present disclosure.

[0023] FIG. **9**A illustrates another medical device, according to aspects of the present disclosure, and FIGS. **9**B and **9**C illustrate, respectively, cross-sectional views of exemplary configurations of the medical device of FIG. **9**A, according to aspects of the present disclosure.

[0024] FIGS. **10**A-**10**C illustrate various additional medical devices that may be used in conjunction with the medical systems disclosed herein, according to aspects of the present disclosure.

[0025] FIG. **11** provides a flowchart depicting an exemplary method for breaking up and removing a hardened mass from a body cavity, according to aspects of the present disclosure.

DETAILED DESCRIPTION

[0026] Examples of the present disclosure include systems, devices, and methods to facilitate and improve the efficacy, efficiency, and safety of medical procedures to break up and remove hardened masses. For example, aspects of the present disclosure may provide an operator (e.g., a physician, medical technician, or other medical service provider) with the ability to more easily apply laser energy from an energy source to a kidney stone and apply suction to remove stone dust. Aspects of the present disclosure may allow an operator to deliver energy and apply suction within a body cavity to remove small stones or stone dust, and breakup larger stones to be removed without the need to remove medical devices from the body cavity. Moreover, aspects of the present disclosure may allow an operator to collect stone dust or stone fragments at a distal end of the medical device and remove the collected stone dust or stone fragments from the body cavity. Additionally, aspects of the present disclosure may be used in performing an endoscopic, hysteroscopic, or ureteroscopic procedure.

[0027] Reference will now be made in detail to examples of the present disclosure described above and illustrated in the accompanying drawings. Wherever possible, the same reference numbers will

be used throughout the drawings to refer to the same or like parts.

[0028] The terms "proximal" and "distal" are used herein to refer to the relative positions of the components of an exemplary medical device or an insertion device. When used herein, "proximal" refers to a position relatively closer to the exterior of the body or closer to an operator using the medical device or insertion device. In contrast, "distal" refers to a position relatively farther away from the operator using the medical device or insertion device, or closer to the interior of the body. [0029] FIG. 1 illustrates a medical system 10 that includes an insertion device 12 with at least one lumen **14**, and a medical device **16**. Insertion device **12** may include a body **18** and a delivery shaft 20. Body 18 may include a deflection lever 22 and at least one port 24. The at least one lumen 14 passes through delivery shaft **20** and may be fluidly coupled to port **24**. Medical device **16** may include an energy delivery device **26**, e.g., a laser fiber. The energy delivery device **26** may be coupled to insertion device 12 and may be inserted through port 24 and the at least one lumen 14 such that energy may be delivered from a distal end of energy delivery device 26 positioned at, or distal of, a distal end of delivery shaft **20**. Medical system **10** also includes a tube **28**. Tube **28** may be positioned adjacent to and/or along delivery shaft 20. Tube 28 may include a hub 29 coupled to one or more of a suction source, a collection bag, a retrieval device, etc. A distal end of tube 28 may be coupled to insertion device **12** via an adaptor **30**. For example, adaptor **30** may be coupled to distal ends of delivery shaft **20** and tube **28**, and may help direct suction and energy from energy delivery device **26** to break up and remove stones **5**. In some arrangements, tube **28** may also be coupled to delivery shaft 20 via a sheath 32. That is, a lumen of sheath 32, within which delivery shaft **20** and tube **28** may be received, may be sized or configured so as to secure at least a portion of tube **28** to with at least a portion of delivery shaft **20**.

[0030] Insertion device **12** may be a ureteroscope (e.g., LithoVue™ Single-Use Digital Flexible U reteroscope by Boston Scientific Corp.), an endoscope, a hysteroscope, a bronchoscope, a cystoscope, or any similar device. Insertion device **12** may be for single-use and be disposable, or insertion device **12** may be reusable. Deflection lever **22** may be used to deflect and/or position a distal portion of delivery shaft **20**, along with tube **28** and adaptor **30**. The at least one port **24** may be a T-connector as shown in FIG. **1**, may be a Y-connector, or another appropriate connector. Port **24** may be threaded, may be a luer component, and/or may include one or more internal flexible seals. The at least one port **24** may connect to lumen **14** in delivery shaft **20** through at least one internal lumen (not shown) in the body **18** of insertion device **12**.

[0031] As shown in FIG. 2, lumen 14 terminates in a distal opening 34. Opening 34 may be arranged in a distal end **36** of delivery shaft **20**, and may fluidly connect to port **24** to form a working channel. Accordingly, energy delivery device **26** may be inserted through port **24** and extended to a position just proximal to distal end 36, flush with distal end 36, or extended distally beyond distal end **36**. Delivery shaft **20** may include an integral camera **38** and/or an illumination source **40** at distal end **36**, which may be connected to a user interface and a display via a communication and power conduit **42** (FIG. **1**) extending from body **18** of insertion device **12**. [0032] As noted previously, optionally, tube **28** may also be coupled to delivery shaft **20** via sheath **32**, and internal lumens of tube **28** and delivery shaft **20** may be substantially parallel. That is, a central longitudinal axis of delivery shaft **20** may be parallel to a central longitudinal axis of tube **28**. Sheath **32** may be an access sheath or other appropriate sheath. Tube **28** may be longitudinally fixed relative to delivery shaft **20**. Alternatively, the coupling via sheath **32** may allow tube **28** to be longitudinally movable relative to delivery shaft **20**. Additionally, in one aspect, sheath **32** may allow fluid to be delivered distally in an area, cavity, or channel 44 radially between sheath 32 and delivery shaft **20** or radially between sheath **32** and tube **28**. For example, while applying suction to a body cavity during a procedure to proximally remove fluid, stone dust, and other particles, a user may also (e.g., simultaneously) deliver irrigation fluid or other fluids distally via channel **44** in order to maintain an appropriate pressure within the body cavity and/or promote fluid flow and/or visualization within the body cavity.

[0033] As mentioned, adaptor **30** may be coupled to a distal end **36** of delivery shaft **20** and tube **28**, and thus couple delivery shaft **20** to tube **28**. For example, adaptor **30** may include a first coupling or a tube coupling **46** with an opening sized to receive and/or be coupled to a distal end of tube **28**. Adaptor **30** may also include a second coupling or a shaft coupling **48** with an opening sized to receive and/or be coupled to distal end **36** of delivery shaft **20**. Tube coupling **46** and shaft coupling **48** may couple adaptor **30** to tube **28** and delivery shaft **20** via a friction fit. Tube coupling **46**, shaft coupling **48**, tube **28**, and delivery shaft **20** may include respective shapes and sizes to help ensure a friction fit. For example, tube coupling 46 may include an inner diameter similar to or slightly larger than an outer diameter of tube **28**. Alternatively or additionally, adaptor **30** may be coupled to tube **28** and/or delivery shaft **20** via an adhesive or one or more loops or rings of material (e.g., an elastic material, a heat-shrink material, etc.). The adhesive or loops of material may surround portions of adaptor **30**, tube **28**, and delivery shaft **20** in order to aid in the coupling. In one aspect, tube **28** may be coupled to adaptor **30** via an adhesive, and delivery shaft **20** may be coupled to adaptor **30** via a friction fit, which may allow for a quick and/or easy assembly of system **10** without requiring manipulation of tube **28**. Adaptor **30** may form a cavity **31** to receive and/or treat stones 5 or other hardened masses.

[0034] In one aspect, adaptor **30** may include a substantially cylindrical portion **50** with a protrusion **52**. Cylindrical portion **50** of adaptor **30** may include a radial cross-section similar to delivery shaft **20**, and protrusion **52** may include a radial cross-section similar to tube **28**. The shape of adaptor **30** may help couple delivery shaft **20** and tube **28** without significantly increasing a cross-sectional size of adaptor **30** or the distal end of medical system **10**.

[0035] Tube coupling **46** and shaft coupling **48** may form respective lumens, for example, a first lumen or a tube coupling lumen **54** and a second lumen or a shaft coupling lumen **56**. Tube coupling lumen **54** may include an open proximal end in order to be coupled to and fluidly connect to tube **28**. In one aspect, tube coupling lumen **54** may include a distal end **66** that is closed. That is, tube coupling lumen **54** may terminate proximally of a distalmost end of adaptor **30**. Alternatively, and as discussed with respect to FIGS. **5-7**, distal end **66** of tube coupling lumen **54** may be open (e.g., a through-lumen), which may allow for a retrieval device to be inserted through tube **28** and extended out of the open distal end, for example, to retrieve or reposition a stone **5** before a stone dusting procedure is performed or during a stone dusting procedure. Shaft coupling lumen **56** may include an open proximal end in order to be coupled to delivery shaft **20**. Shaft coupling lumen **56** may also include an open distal end in order to receive fluid, stone dust **5A**, stones **5**, or other particles.

[0036] Tube coupling lumen **54** and shaft coupling lumen **56** may be substantially parallel within adaptor **30** and may be connected via an aperture **58**. A perture **58** may be sized or shaped to control or limit the size of stone dust 5A or other particles received within tube coupling lumen 54 and drawn (e.g., sucked) proximally by the application of suction from a suction source coupled to a proximal end of tube **28** (e.g., via hub **29**). For example, suction may be delivered through tube **28** to draw stones **5** toward adaptor **30** and into cavity **31**. Smaller stones or stone dust **5**A may be small enough pass through aperture **58** and travel proximally through tube **28** to be removed from the body cavity. Large stones **5**B or clumps of stone dust **5**A that are not small enough to pass through aperture **58** may be held or retained by the suction against aperture **58**. A user may move or deflect medical system **10** in order to move the retained large stones **5**B or clumps of stone dust 5A, for example, to a different location in a kidney where energy delivery may be safer and/or more effective. Even larger stones **5**C or clumps of stone dust **5**A that are not small enough to pass into cavity **31** may be held or retained by the suction against a distal face or rim **33** of adaptor **30**. A user may then move or deflect medical system **10** in order to move the retrained even larger stones 5C or clumps of stone dust 5A, for example, to a different location in the kidney where energy delivery may be safer and/or more effective.

[0037] In one aspect, when in the retained position within adaptor **30**, the large stones **5**B or

clumps of stone dust **5**A are aligned with a distal end of the energy delivery device **26**. Accordingly, energy delivery device **26** may be used to apply energy to the large stones **5**B or clumps of stone dust 5A to further fragment and/or break up the large stones 5B or clumps of stone dust 5A in order for the large stones 5B or stone dust 5A to pass through aperture 58 and proximally through tube **28** for removal. Energy delivery device **26** may also be extended distally into or through cavity **31** and/or distally beyond adaptor **30**. In this aspect, energy delivery device **26** may be used to apply energy to the even larger stones **5**C or clumps of stone dust **5**A to fragment and/or break up the even larger stones 5C or clumps of stone dust 5A in order for the even larger stones 5C or stone dust 5A to pass into cavity 31 and/or through aperture 58 and proximally through tube **28** for removal. Moreover, aperture **58** may help to prevent large stones **5**B or stone dust **5**A from clogging tube **28**. In one aspect, aperture **58** may further include a passive barrier, such as, for example, a screen, a mesh, a strainer, a sieve, a filter, a sifter, etc. Additionally, adaptor **30** may include more than one aperture **58** (FIG. **9**B), and a size and/or shape of aperture **58** may be varied (FIG. **9**C) in order to control and/or direct the flow of stone dust **5**A into tube **28**. [0038] As discussed in detail with respect to FIG. **8**, shaft coupling lumen **56** and/or cavity **31** may also include a tapered portion, funnel-shaped portion, or cup-shaped portion. The tapered portion may be formed in a distal portion of adaptor 30, and may include a larger distal opening and a smaller proximal opening. That is, a cross-sectional dimension of shaft coupling lumen **56** may narrow or taper proximally. For example, the distal opening may include a cross-sectional size similar to the cross-section of delivery shaft **20**, and the proximal opening may be approximately the same size as lumen **14** and/or energy delivery device **26**.

[0039] In one aspect, when applying suction through tube **28**, the suction may be applied through tube **28**, tube coupling lumen **54**, aperture **58**, shaft coupling lumen **56**, and cavity **31**, including the tapered portion, in order for the suction to be applied to an area distal of medical system **10**. Accordingly, stones **5** or stone dust **5**A may be drawn into cavity **31**, and the tapered portion may help direct the smaller stones **5** or stone dust **5**A toward aperture **58** and/or direct large stones **5**B to a position aligned with the distal end of energy delivery device **26**. Furthermore, the tapered portion may help to direct the fluid within the body cavity that helps carry the stones **5**, stone dust **5**A, and other material toward aperture **58**.

[0040] Adaptor **30** may be formed of a polymer, for example, a polymer that is transparent so as to not inhibit a visualization device coupled to the distal end of delivery shaft **20**. In this aspect, adaptor **30** may be coupled to insertion device **12**, and a visualization device on the distal end of delivery shaft **20** (e.g., camera **38**) may be used to locate one or more stones **5** and to position delivery shaft **20** during the procedure. Additionally or alternatively, adaptor **30** may be formed by additive manufacturing or another appropriate formation process.

[0041] As shown in FIG. 3, adaptor 30 may be coupled to tube 28 and delivery shaft 20 via an alignment tool 60. Alignment tool 60 may include a base 62 and a shaft 64. Base 62 may be approximately the same size and shape as a distal face of adaptor 30. For example, base 62 may include a size and shape that matches the size and shape of cylindrical portion 50 and protrusion 52. Shaft 64 may be sized to extend through shaft coupling lumen 56 of adaptor 30. Shaft 64 may also be sized to extend through shaft coupling lumen 56 and into a portion of lumen 14 (FIG. 2) of delivery shaft 20. For example, shaft 64 may include an outer diameter that is smaller than an inner diameter of shaft coupling lumen 56 and an inner diameter of lumen 14. Shaft 64 may be inserted in direction A into both shaft coupling lumen 56 and lumen 14. Accordingly, alignment tool 60 may help to align tube coupling lumen 54 with tube 28 and to align shaft coupling lumen 56 with lumen 14 in order to ensure that fluid, stones 5, and/or stone dust 5A may be delivered to tube 28, and that the distal end of energy delivery device 26 may be able to extend into shaft coupling lumen 56 and apply energy to larger stones 5B. Additionally, alignment tool 60 may help to align lumen 14 with aperture 58 such that, when energy delivery device 26 is extended through lumen 14 and into cavity 31, energy delivery device 26 may be aligned with one or more large stones 5B or clumps of

stone dust **5**A that are held against aperture **58**.

[0042] As mentioned, distal end **66** of tube coupling lumen **54** may be closed or opened. When distal end **66** of tube coupling lumen **54** is closed, any suction or negative pressure delivered through tube **28** may be directed toward aperture **58**. When distal end **66** of tube coupling lumen **54** is open, a user may deliver a medical device (e.g., an expandable basket or other retrieval device) through tube **28**, through tube coupling lumen **54** of adaptor **30**, and out of the open distal end **66**. For example, the medical device may be used to capture or move one or more stones **5**. In one aspect, the opening in distal end **66** may be smaller than the internal lumen of tube **28**, which may help to prevent material entering lumen **28** through the opening and clogging the lumen of tube **28**. Furthermore, tube coupling lumen **54** may taper distally to the smaller distal opening, which may help direct or guide the medical device toward the opening.

[0043] FIGS. 4A and 4B illustrate an alternative example according to the present disclosure, with similar elements to medical system 10 shown by 100 added to the reference numbers. As shown in FIGS. 4A and 4B, medical device 116 may include two tubes 128A, 128B and an adaptor 130. FIG. **4**A is a top view of tubes **128**A, **128**B. Tubes **128**A, **128**B may be secured to a delivery shaft, such as delivery shaft **20** of FIG. **1**. For example, tubes **128**A, **128**B may be secured to a delivery shaft (e.g., delivery shaft **20**) via an adhesive. Tube **128**A may be used to apply suction, as discussed above with respect to tube **28**. Tube **128**B may be used to deliver irrigation fluid, for example, via a proximal irrigation source. Tube **128**B is shown coupled to a proximal hub **129**, but it is noted that a proximal end of tube **128**A may also be coupled to a hub, as in FIG. **1**. That is, a first hub **129** may be coupled to a proximal end of tube 128A and a second hub 129 may be coupled to a proximal end of tube **128**B. Because tubes **128**A, **128**B are coupled to the delivery shaft via an adhesive, and because tube **128**B may deliver irrigation fluid to the body cavity, a sheath may not be necessary, which may reduce the overall profile of medical system **110**. In one aspect, tubes **128**A, **128**B may be coupled to adaptor **130** via an adhesive, and delivery shaft **120** may be coupled to adaptor **130** via a friction fit. Additionally, as shown in FIG. **4**A, tubes **128**A, **128**B may be aligned with respective protrusions 152A, 152B, which include first and second lumens 154, 156, respectively, as shown and discussed below with respect to FIG. **4**B.

[0044] As shown in FIG. 4B, adaptor 130 may include a cylindrical portion 150 and two protrusions 152A, 152B. Protrusions 152A, 152B may include first and second couplings 146, 148 with first and second lumens 154, 156, respectively. First tube 128A may be coupled to first lumen 154 via first coupling 146, and second tube 128B may be coupled to second lumen 156 via second coupling 148. In this aspect, adaptor 130 may include an aperture 158 connecting first lumen 154 to a cavity 131 within cylindrical portion 150. First lumen 154 may include a closed distal end 166 in order to direct the applied suction through aperture 158. Second lumen 156 may include an open distal end in order to deliver irrigation fluid distally into the body cavity and to allow one or more medical devices to be delivered to the body cavity through second tube 128B and second lumen 156. Although not shown, adaptor 130 may also include a connection from tube 128B to the interior cavity 131 or to a distal face of delivery shaft 120 in order for the irrigation fluid to help remove and/or flush material from an area around energy delivery device 126, camera 138, and/or illumination source 140. In another aspect, irrigation fluid may be delivered through the working channel of delivery shaft 120 to help remove and/or flush material from the area around energy delivery device 126, camera 138, and/or illumination source 140.

[0045] FIG. **5** illustrates an alternative example according to the present disclosure, with similar elements to medical system **10** shown by 200 added to the reference numbers. As shown, a distal portion of medical system **210** includes a delivery shaft **220** and an adaptor **230**. Delivery shaft **220** includes a lumen **214**, which may receive an energy delivery device (e.g., energy delivery device **26** described in connection with FIG. **1**), irrigation fluid, or both. Delivery shaft **220** also includes a suction lumen **268**. In this aspect, medical system **210** may include an insertion device similar to insertion device **12**. A body of the insertion device may include two fluidly isolated (e.g., discrete)

ports such that the energy delivery device **26** may be extended through lumen **214** and/or an irrigation source may be fluidly coupled to lumen **214** and the suction source may be coupled to suction lumen **268**. Delivery shaft **220** may also include a visualization device or camera **238**, and/or one or more illumination devices (not shown). Camera **238** and the one or more illumination devices may aid in the maneuvering of delivery shaft **220** and in the capture, dusting, and/or removal of one or more stones **5**.

[0046] Adaptor 230 may be coupled to the distal end of delivery shaft 220 in any appropriate manner. Adaptor 230 includes a first coupling 246, for example, to fluidly couple adaptor 230 to suction lumen 268. Adaptor 230 also includes a second coupling 248, for example, to couple adaptor 230 to lumen 214. First coupling 246 is fluidly connected to a first coupling lumen 254, and second coupling 248 is connected to a second coupling lumen 256. First coupling lumen 254 may extend to distal end 266, which may be open or closed, as discussed above. First coupling lumen 254 also includes an aperture 258 fluidly connecting a portion of first coupling lumen 254 to a cavity 231 within adaptor 230. Second coupling lumen 256 may terminate proximally of the distal end of adaptor 230 and may be open to (e.g., communicate with) cavity 231.

[0047] In this aspect, suction may be applied through suction lumen 268 and first coupling lumen

254 to draw one or more stones 5 within cavity 231. Additionally, an energy delivery device (e.g., energy delivery device 26) may be inserted through lumen 214 and second coupling lumen 256. If the one or more stones 5 are small enough to pass through aperture 258, the one or more stones 5 may be removed through first coupling lumen 254 and suction lumen 268. If the one or more stones 5 are not small enough to pass through aperture 258, the energy delivery device 26 may deliver energy to break up or dust the stones 5 such that the stones 5 or stone dust 5A may be removed through first coupling lumen 254 and suction lumen 268. Irrigation fluid may be delivered through a sheath surrounding delivery shaft 220 or through an external lumen coupled to delivery shaft 220, as discussed above. Alternatively, irrigation fluid may be delivered around the energy delivery device 26 within lumen 214 and second coupling lumen 256.

[0048] Furthermore, as shown in FIG. **5**, cavity **231** may extend through a length of adaptor **230** in order for camera **238** to visualize an area within and beyond adaptor **230**. Alternatively or additionally, adaptor **230** may be formed of an at least partially transparent material. Moreover, based on the arrangement of first coupling **246** and second coupling **248** corresponding with the arrangement of lumen **214** and suction lumen **268**, adaptor **230** may be accurately coupled to delivery shaft **220** without an alignment tool.

[0049] FIG. **6** illustrates an alternative example according to the present disclosure, with similar elements to medical system **10** shown by 300 added to the reference numbers. As shown, a distal portion of medical system **310** includes a delivery shaft **320**, a tube **328**, and an adaptor **330**. It is noted that FIG. **6** illustrates a partially exploded view of the distal portion of medical system **310**. Delivery shaft **320** includes a lumen **314** which may be coupled to a suction source, as discussed above. Delivery shaft **320** may also include a visualization device or camera **338**, and may also include one or more illumination devices (not shown).

[0050] Tube **328** may be coupled to delivery shaft **320** via an adhesive or a sheath, as discussed above. Tube **328** may receive an energy delivery device, for example energy delivery device **26**, through a hub or proximal connector, as discussed above. Tube **328** includes an open distal end **370**. Tube **328** may also be coupled to an irrigation source. For example, the proximal hub or connector may be a Touhy-Borst adaptor or a one-way valve to form a seal around the energy delivery device and also allow for a controlled delivery of irrigation fluid through tube **328**. Additionally, tube **328** may include one or more fluid delivery openings **372**. Fluid delivery openings **372** may be proximal to distal end **370**. Fluid delivery openings **372** may include a longitudinal length and a circumferential width along tube **328** such that irrigation fluid may be expelled through the one or more fluid delivery openings **372** rather than through distal end **370**. In one aspect, fluid delivery openings **372** may include an opening smaller than a radial cross-section

of the energy delivery device in order to help prevent the energy delivery device from inadvertently extending out of one of fluid delivery openings **372**. Additionally, tube **328** may include an inner tapered portion **374**. With the energy delivery device positioned within tube **328**, tapered portion **374** may form an at least partial seal around the energy delivery device. Alternatively or additionally, although not shown, tube **328** may include an O-ring or other sealing element to form an at least partial seal around the energy delivery device.

[0051] Although not shown, in one aspect, a distal portion **328**A of tube **328** may be a portion of adaptor **330**, and tube **328** may be coupled to distal portion **328**A via one or more couplings, as discussed above. Alternatively, distal portion **328**A may be integrally (e.g., monolithically) formed with tube **328**, and may align with adaptor **330**, as shown in FIG. **6**, based on the coupling of tube **328** to delivery shaft **220**.

[0052] Adaptor **330** may be coupled to the distal ends of delivery shaft **320** and tube **328**. Adaptor **330** includes a coupling **348**, for example, to couple adaptor **330** to lumen **314**. Coupling **348** is connected to a coupling lumen **356**, which may extend distally beyond tube **328**. Coupling lumen **356** also includes an aperture **358**. A perture **358** may be positioned to be aligned with or to extend distally beyond the distal end of tube **328**. In this aspect, suction may be applied through lumen **314** and coupling lumen **356** to draw one or more stones **5** near the distal end of tube **328**. Additionally, an energy delivery device may be inserted through tube **328**. If the one or more stones **5** are small enough to pass through aperture **358**, the one or more stones **5** may be removed through coupling lumen **356** and lumen **314**. If the one or more stones **5** are not small enough to pass through aperture **358**, the energy delivery device may deliver energy to break up or dust the stones **5** such that the stones **5** or stone dust **5**A may be removed through coupling lumen **356** and lumen **314**. Irrigation fluid may be delivered through tube **328** and out of the one or more fluid delivery openings **372**, as discussed above.

[0053] Furthermore, coupling lumen **356** may extend to an open distal end **376**. The open distal end **376** may be smaller than aperture **358**, such that a majority of the suction applied through second coupling lumen **356** is applied through aperture **358**. Coupling lumen **356** may include a distal taper **378** proximal to open distal end **376**. In this aspect, a medical device, for example, a retrieval device may be extended through lumen **314** and coupling lumen **356** and out of open distal end **376**. The distal taper **378** may help direct the medical device out of the open distal end **376**. [0054] Adaptor **330** may also include a visualization opening **380** that may extend through a length of adaptor **330**, for example, below coupling **348** and lumen **356**. When adaptor **330** is coupled to delivery shaft **320**, visualization opening **380** may at least partial align with camera **338**. Alternatively or additionally, adaptor **330** may be formed of an at least partially transparent material.

[0055] FIG. 7 illustrates an alternative example according to the present disclosure, with similar elements to medical system **10** shown by 400 added to the reference numbers. As shown, a distal portion of medical system **410** includes a delivery shaft **420**, a tube **428**, and an adaptor **430**. It is noted that FIG. 7 illustrates a partially exploded view of the distal portion of medical system **410**. Delivery shaft **420** includes a lumen **414** which may be coupled to a suction source, as discussed above. Delivery shaft **420** may also include a visualization device or camera **438**, and may also include one or more illumination devices (not shown).

[0056] Tube **428** may receive an energy delivery device, for example, through a hub or proximal connector as discussed above. Tube **428** includes an open distal end that is coupled to (and hidden in FIG. **7** by) adaptor **430**. Tube **428** may also be coupled to an irrigation source, as discussed with respect to FIG. **6**. Additionally, tube **428** may include one or more fluid delivery openings **472**. Tube **428** may be coupled to delivery shaft **420** via an adhesive or a sheath, as discussed above. [0057] Adaptor **430** may be coupled to the distal ends of delivery shaft **420** and tube **428**. Adaptor **430** includes a first coupling **446**, for example, to fluidly couple adaptor **430** to tube **428**. Adaptor **430** also includes a second coupling **448**, for example, to couple adaptor **430** to lumen **414**. First

coupling **446** is fluidly connected to a first coupling lumen **454**, and second coupling **448** is connected to a second coupling lumen **456**. First coupling lumen **454** may be fluidly connected to an open distal port **482**. Open distal port **482** may include an opening in a distal end face of adaptor **430** and along a top longitudinal face of adaptor **430**.

[0058] Second coupling lumen **456** may extend to a distal end **478** of adaptor **430**. Second coupling lumen **456** also includes one or more apertures **458** fluidly connecting open distal port **482** to second coupling lumen **456**. In this aspect, suction may be applied through lumen **414** and second coupling lumen **456** to draw one or more stones **5** near distal port **482**. Additionally, an energy delivery device may be inserted through tube **428** and first coupling lumen **446**. If the one or more stones **5** are small enough to pass through apertures **458**, the one or more stones **5** may be removed through second coupling lumen **456** and lumen **414**. If the one or more stones **5** are not small enough to pass through aperture(s) **458**, the energy delivery device may deliver energy to break up or dust the stones **5** such that the stones **5** or stone dust **5**A may be removed through second coupling lumen **456** and lumen **414**. Irrigation fluid may be delivered through tube **428** and out of the one or more fluid delivery openings **472**, as discussed above.

[0059] Moreover, second coupling lumen **456** may extend to open distal end **478**. Open distal end **478** may be smaller than aperture(s) **458**, such that a majority of the suction applied through second coupling lumen **456** is applied through aperture(s) **458**. Furthermore, adaptor **430** may be positioned relative to camera **438** so as to not significantly impact the visualization of camera **438**. [0060] FIG. **8** illustrates an alternative example according to the present disclosure, with similar elements to medical system **10** shown by 500 added to the reference numbers. As shown, a distal portion of medical system **510** includes a delivery shaft **520**, a tube **528**, and an adaptor **530**. It is noted that FIG. **8** illustrates a partially exploded view of the distal portion of medical system **510**. Delivery shaft **520** includes a lumen **514** which may be coupled to a suction source, as discussed above. Delivery shaft **520** may also include a visualization device or camera **538**, and may also include one or more illumination devices (not shown).

[0061] Tube **528** may receive an energy delivery device, for example, through a hub or proximal connector as discussed above. Tube **528** may be coupled to an irrigation source, and although not shown, tube **528** may include one or more fluid delivery openings proximal to adaptor **530**, as discussed with respect to FIGS. **6** and **7**.

[0062] Adaptor **530** may be coupled to the distal ends of delivery shaft **520** and tube **528**, as discussed above. Adaptor **530** includes a first coupling lumen **554** connected to tube **528** and a second coupling lumen **556** connected to lumen **514**. Although not shown, adaptor **530** may include first and second couplings to couple respective coupling lumens **554**, **556** to tube **528** and lumen **514**, as discussed above, for example, via a friction fit. Adaptor **530** may also include a visualization opening **580** that may extend through a length of adaptor **530**, as discussed above. [0063] In one aspect, first coupling lumen **554** extends to a closed distal end **566**. Second coupling lumen **556** extends distally beyond first coupling lumen **554**. Second coupling lumen **556** includes an open distal end **576**. Second coupling lumen **556** may taper from the open distal end **576** to a narrower portion to form a cavity **531**, with the narrower portion being approximately the same size as lumen **514**. Additionally, adaptor **530** includes an aperture **558** connecting second coupling lumen **556** to first coupling lumen **554**. In this aspect, suction may be applied through tube **528** and first coupling lumen **554** to draw one or more stones **5** near or into cavity **531** of adaptor **530**. Furthermore, an energy delivery device may be inserted through lumen **514** and may face or extend into cavity **531**. If the one or more stones **5** are small enough to pass through aperture **558**, the one or more stones 5 may be removed through first coupling lumen 354 and tube 528. If the one or more stones **5** are not small enough to pass through aperture **558**, the energy delivery device may deliver energy to break up or dust the stones 5 such that the stones 5 or stone dust 5A may be removed through first coupling lumen **554** and tube **528**.

[0064] Adaptor **530** may include a distal portion **584**, which may be narrower and/or smaller than

the overall cross-sectional profile of medical device **510**. Accordingly, distal portion **584** may help adaptor **530**, and thus medical system **510**, reach into smaller openings (e.g., lower calyxes in a kidney) to apply suction to stones **5**, stone dust **5**A, etc. Additionally, the taper within cavity **531** may help to funnel stones **5**, stone dust **5**A, or other particulate toward the energy delivery device positioned within lumen **514**, which may more efficiently break up, fragment, or dust the stones **5**, while also ensuring that the broken-up stones **5** or stone dust **5**A are retained within cavity **531** in order to pass through aperture **558**. Although not shown, cavity **531** may include an elliptical shape at distal end **576** and a round or circular shape at a proximal end so as to correspond with the shape of lumen **514** and/or the energy delivery device.

[0065] FIGS. **9**A-**9**C illustrate an alternative example according to the present disclosure, with similar elements to medical system **10** shown by 600 added to the reference numbers. For example, a medical system **610** may include a sheath **632** with proximal connectors **692**A and **692**B. Sheath **632** may receive an insertion device and/or an energy delivery device (e.g., a laser fiber). For example, sheath **632** may include one or more internal lumens (not shown) connecting at least one of proximal connectors **692**A, **692**B to one or more distal openings **694**A, **694**B, respectively. Distal openings **694**A, **694**B may be different sizes than each other, approximately the same size, etc. Although not shown, distal openings **694**A, **694**B may be various shapes, for example, rectangular, half-moon or D-shaped, etc., in order to reduce the size of sheath **632**. Moreover, one of distal openings **694**A, **694**B may be a first shape, and the other of distal openings **694**A, **694**B may be a second shape different from the first shape. Additionally, sheath **632** may include one or more fluid delivery openings **672**.

[0066] Proximal connectors **692**A, **692**B may include one or more of a Touhy-Borst connector, a GatewayTM connector, a UroLockTM connector, a luer hub, or another appropriate connector. For example, one or more of proximal connectors **692**A, **692**B may be a Touhy-Borst connector, which may include a grommet within the connector that may be tightened to compress around a shaft of an insertion device or an energy delivery device to form a seal and/or to lock the insertion device or the energy delivery device in place relative to sheath **632**.

[0067] In one aspect, a first lumen connecting to distal opening **694**A may receive an insertion device. A second lumen connecting to distal opening **694**B may be receive one or more medical devices and/or be used to apply suction to an area surrounding distal opening **694**B. The insertion device and/or the medical devices may be longitudinally movable within respective lumens of sheath **632**, for example, to extend distally out of distal openings **694**A, **694**B, and/or be retracted proximally within distal openings **694**A, **694**B. Additionally, sheath **632** may include one or more fluid delivery openings **672** to deliver fluid to a body cavity through one or more lumens, for example, radially around one or more of the insertion device or the medical device. [0068] FIG. **9**B illustrates an exemplary cross-sectional arrangement of sheath **632**, taken along line C, and depicted as sheath **632**A. As shown, sheath **632**A includes a first lumen **601**A' and a second lumen **601**B', respectively coupled to openings **694**A' and **694**B'. First lumen **601**A' may receive an insertion device 603', which may include a device lumen 607' (e.g., for a working channel to receive an energy delivery device), as discussed above. First lumen **601**A' may include one or more O-rings **609**′ to form a seal around insertion device **603**′. Sheath **632**A may also include one or more apertures **658**′ connecting first lumen **601**A′ to second lumen **601**B′. In one aspect, an energy delivery device may be inserted through device lumen 607', and suction may be applied through second lumen **601**B'. Opening **694**B' may be intentionally blocked by a large stone, or sheath **632**A may include another element to occlude or close opening **694**B'. In this aspect, the energy delivery device and the applied suction may help to dust and remove stones 5, with only small stones **5** or stone dust **5**A passing through apertures **658**′. Additionally, although not shown, one or more fluid delivery openings may be arranged along first lumen **601**A' proximal of the one or more O-rings **609**′. In this manner, irrigation fluid may be delivered from first lumen **601**A' to a body cavity.

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[0069] FIG. 9C illustrates an exemplary cross-sectional arrangement of sheath 632, taken along
line D, and depicted as sheath 632B. As shown, sheath 632B includes a first lumen 601A" and a
second lumen 601B", respectively coupled to openings 694A" and 694B". In the arrangement
shown, first lumen 601A' is positioned in front of second lumen 601B" in a direction normal to the
plane of the paper. For example, first lumen 601A" may be physically separated from second lumen
601B" by a wall or by a solid internal portion of sheath 632B. First lumen 601A" may receive an
insertion device 603", which may include a device lumen 607" (e.g., for a working channel to
receive an energy delivery device), as discussed above. First lumen 601A" may include one or
more O-rings 609" to form a seal around insertion device 603". Sheath 632B may also include one
or more apertures 658" fluidly connecting first lumen 601A" to second lumen 601B". As shown,
the one or more apertures 658" may be include a narrow distal portion and a wider proximal
portion, for example, to form a triangular or tapered shape. Nevertheless, this disclosure is not so
limited, as the one or more apertures 658" may include one or more other shapes.
[0070] In one aspect, an energy delivery device may be inserted through device lumen 607", and
suction may be applied through second lumen 601B ". Opening 694B" may be intentionally
blocked by a large stone, or sheath 632B may include another element to occlude or close opening
694B". In this aspect, the energy delivery device and the applied suction may help to dust and
remove stones, with only small stones 5 or stone dust 5A passing through apertures 658".
Additionally, smaller stones 5 or stone dust 5A may pass through the narrower, distal portion of the
one or more apertures 658", and larger stones 5B (still small enough to pass through second lumen
601B") may be broken-up with the delivered energy and pass through the larger, proximal portion
of the one or more apertures 658". Furthermore, although not shown, one or more fluid delivery
openings may be arranged along first lumen 601A" proximal of the one or more O-rings 609". In
this manner, irrigation fluid may be delivered from first lumen 601A" to a body cavity.
[0071] FIGS. 10A-10C illustrate various components or medical devices that may be coupled to
one or more insertion devices 712, similar to insertion device 12. Although not shown, insertion
device 712 may be delivered through a sheath and/or coupled to an adaptor, as discussed above.
[0072] As shown in FIGS. 10A and 10C, insertion device 712 may include a plurality of lumens
714A, 714B, and 714C. In one aspect, one or more of a camera or an illumination source may be
positioned within one or more of lumens 714A, 714B, 714C. Alternatively on additionally, one or
more of lumens 714A, 714B, 714C may connect a distal portion of insertion device 712 to a
proximal portion of insertion device 712.
[0073] FIGS. 10A and 10B illustrate a retrieval device 713. As shown in FIG. 10A, retrieval device
713 may be positioned within lumen 714A. Retrieval device 713 may include an expandable distal
portion 715, which may be formed of an expandable and collapsible material. For example, distal
portion 715 may be formed of a semi-permeable membrane material. When a sheath 717 is
retracted proximally, distal portion 715 may expand. In such arrangements, distal portion 715 may
be biased toward an expanded configuration. Moreover, suction may be applied through lumen
714A and/or through a device lumen 719 (FIG. 10B) in order to capture one or more stones 5. Once
the one or more stones 5 are captured within distal portion 715, retrieval device 713 may be
collapsed, e.g., by extending sheath 717 distally or retracting distal portion 715 proximally, and
retrieval device 713 may be removed from the body cavity. In one aspect, retrieval device 713 with
the captured stone 5 may be removed through lumen 714A without removing insertion device 712.
[0074] Alternatively or additionally, distal portion 715 may include a filter element that may be
selectively deployed and/or collapsed, for example, self-expanding when extended distally out of
lumen 714A. In one aspect, distal portion 715 may be extended and deployed, and then retracted
proximally to at least partially block lumen 714A. With suction applied through lumen 714A, one
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or more stones **5** may be captured in distal portion **715**. Depending on the size of the captured stones **5**, distal portion **715** may be removed from lumen **714**A to remove the captured stones **5**. Moreover, although not shown, distal portion **715** may include an controllable ring or other element

at a distal end, and a user may actuate the controllable ring to at least partially close the distal end of distal portion **715**, which may help retain any captured stones **5**. The user may remove, move, break-up, dust, or otherwise treat the captured stones **5**. Furthermore, distal portion **715** may include a substance, fluid coating, or mesh on or within the internal walls. For example, distal portion **715** may include corn starch or another substance that may constrict around or bind to any stones **5** within distal portion **715**. The stones **5** may be retained within distal portion **715**, and the user may remove, move, break-up, dust, or otherwise treat the captured stones **5**. [0075] In another aspect shown in FIG. 10C, a distal cap 721 may be coupled to a distal end of insertion device **712**. Distal cap **721** may include a filter portion **723**, and a filter-free portion or an opening **725**. For example, when distal cap **721** is coupled to the distal end of insertion device **712**, filter portion 723 may partially occlude lumens 714B and 714C. Additionally, when distal cap 721 is coupled to the distal end of insertion device **712**, opening **725** may align with lumen **714**A. As such, an energy delivery device may be delivered through lumen 714A and opening 725 to deliver energy to break up or dust one or more stones or other hardened masses. Then, suction may be applied through one or more of lumens **714**B or **714**C to remove portions of the broken-up stones or hardened masses. Similar to the apertures discussed above, filter portion 723 may control the size of the broken-up stones or hardened masses that may pass through filter portion 723 and one or more of lumens **714**B or **714**C. Moreover, in one aspect, irrigation fluid may be delivered through one of lumens **714**A, **714**B, or **714**C in order to maintain a pressure, volume, or other detail within the body cavity. The irrigation fluid may pass through the filter portion **723**. [0076] It is noted that the arrangements shown in FIGS. **10**A-**10**C may be modified to be

incorporated with the adaptors discussed in FIGS. **1-8** and **9**A-**9**C. For example, retrieval device **713** may be inserted through a tube or delivery shaft of the medical systems of FIGS. **1-8**. Alternatively or additionally, distal cap **721** may be coupled to a distal end of one of the adaptors of FIGS. **1-9**.

[0077] FIG. 11 depicts a flow diagram of a method 1100 that may be performed with any of the medical devices and systems discussed herein. For example, a step 1102 includes coupling a delivery shaft 20 and a tube 28 via an adaptor 30. As discussed, coupling delivery shaft 20 and tube 28 via adaptor 30 may include a friction fit, a sheath, an adhesive, a loop of material, etc. A step 1104 includes delivering delivery shaft 20, tube 28, and adaptor 30 to a body cavity. Delivering the coupled elements to a body cavity may include inserting delivery shaft 20, tube 28, and adaptor 30 through an access sheath (e.g., sheath 32). Additionally or alternatively, delivering the coupled elements to a body cavity may include positioning a guidewire through one or more of the tubes or lumens in delivery shaft 20, and advancing medical system 10 along the guidewire to the body cavity. Once delivery shaft 20, tube 28, and adaptor 30 are positioned within the body cavity, the guidewire may be removed, for example, via port 24.

[0078] Next, a step **1106** includes applying suction to the body cavity. As discussed herein, the suction may be applied via either the tubes or the delivery shafts. In one aspect, hub **29** of tube **28** may be coupled to a suction source. The applied suction may draw one or more stones **5** or stone dust **5**A into cavity **31**. Small stones and stone dust **5**A may pass through aperture **58** and be removed through tube **28**. Additionally, large stones **5**B may be secured within cavity **31**, for example, secured against aperture **58**. In one aspect, applying suction to the body cavity may help the user capture and move one or more large stones **5**B or even larger stones **5**C, for example, to another portion of the body cavity.

[0079] A step **1108** includes delivering energy to the body cavity. As discussed herein, the energy may be delivered via either the tubes or the delivery shafts. In one aspect, energy delivery device **26** may extend through lumen **14** in delivery shaft **20** to a position aligned with distal end **36**, just proximal to distal end **36**, or just distal to distal end **36**. In another aspect, energy delivery device **26** may extend distal to cavity **31**. Delivering energy from delivery device **26** may fragment, dust, or otherwise break up the one or more large stones **5**B secured against aperture **58** and/or the one or

more even larger stones 5C secured against distal rim 33. Additionally, in one aspect, suction may be applied during the energy delivery to remove fragments of large stones **5**B through aperture **58** and/or to help retain large stones 5B against aperture 58. Moreover, suction may be applied during the energy delivery to remove fragments of even larger stones **5**C through aperture **58** and/or to help retain the even larger stones 5C against distal rim **33**.

[0080] Next, a step **1110** includes again applying, initiating, or maintaining suction to the body cavity. The applied suction may help to urge fragments of stones 5 or stone dust 5A through aperture **58** and proximally tube **28**. In one aspect, if suction was also applied during the energy delivery in step **1108**, a greater amount of suction may be delivered in step **1110**.

[0081] An optional step **1112** includes repositioning delivery shaft **20**, tube **28**, and adaptor **30** within the body cavity. For example, deflection lever 22 may be used to reposition delivery shaft **20**, tube **28**, and adaptor **30** to another location within the body cavity, and steps **1106-1112** may be repeated as many times as necessary to complete a stone removal procedure. Once the stone(s) or other material has been removed from the treatment site, which may be confirmed via camera **38** or other such imaging modalities or visual inspection methods, the operator may remove medical system **10** from the body cavity. Alternatively, if step **1110** concludes the stone removal procedure **1100**, suction may be applied to retain a large stone 5B or other materials within or against cavity **31**, and medical system **10** may be removed from the body cavity.

[0082] The systems, devices, and methods discussed herein may help an operator to quickly and safely deliver medical treatment to a treatment site, for example, to break up and remove kidney stones or other hardened masses. As discussed above, once medical system **10** is positioned at the treatment site, there is no need to remove insertion device 12, energy delivery device 26, or tube 28 to deliver fluid, delivery energy, apply suction, or otherwise treat the treatment site within the body cavity.

[0083] As mentioned above, adaptors **30**, **130**, **230**, **330**, **430**, **530** may be formed by additive manufacturing, which may help form the respective lumens, apertures, cavities, etc. Moreover, in some aspects, a user may intentionally block or clog an open distal end of the tube or the adaptor in order to trap stones 5 or stone dust 5A, and/or in order to direct suction through the apertures. [0084] Additionally, different adaptors and different arrangements of one or more tubes may be appropriate for different insertion devices or delivery shafts. For example, a delivery shaft with a single lumen or working channel may require an adaptor and tube arrangement as discussed with respect to FIGS. 1-3 and 6-8. On the other hand, a delivery shaft with two lumens or working channels may require an adaptor arrangement as discussed with respect to FIG. 4. Additionally, the number, size, and/or location of the one or more stones or hardened masses that are to be retrieved, dusted, and/or removed may affect which of the various arrangements discussed herein is the most appropriate. For example, if the one or more stones are located in a smaller or lower calyx, the arrangement shown and discussed with respect to FIG. **8** may be appropriate in order for the smaller distal end **576** to reach the one or more stones. Furthermore, if one or more stones are to be captured before a stone dusting procedure, a user may deliver one or more grasping or basket devices to capture and/or remove the one or more stones before the stone dusting procedure, as discussed with respect to FIGS. **10**A-**10**C.

[0085] The adaptors and tubes may be used with a disposable or re-usable insertion device to break up and remove one or more stones or hardened masses, with a reduced likelihood of clogging during removal. Additionally, a single user may be able to use the medical systems discussed herein to reposition or remove stones or stone fragments without the need for a basket or other retrieval device. The adaptors may allow for applied suction to capture the stone(s) during lithotripsy, and the cavity within an adaptor may contain the stone(s) or stone fragments. The applied suction, delivered irrigation, and/or delivered energy may be controlled by the user, for example, via one or more foot pedals, triggers, user interface, switches, fluid management systems, etc.

[0086] The one or more apertures within the adaptors may be used to size the stones and/or stone

dust. For example, stones or stone dust that may pass through the one or more apertures are small enough to travel proximally through the suction tube or channel to be removed and/or collected. Stones or stone dust that are not able to pass through the one or more apertures may be held in place against the one or more apertures by the suction in a position aligned with a distal end of the energy delivery device, which may then be used to dust, fragment, or otherwise break up the larger stones such that the broken-up stones may then pass through the one or more apertures and through the suction tube or channel. Additionally, in examples where the stone fragments or dust are removed through an external tube, there is no risk of the stone fragments or dust scratching or damaging an interior working channel of a reusable insertion device.

[0087] While principles of the present disclosure are described herein with reference to illustrative examples for particular applications, it should be understood that the disclosure is not limited thereto. Those having ordinary skill in the art and access to the teachings provided herein will recognize additional modifications, applications, embodiments, and substitution of equivalents all fall within the scope of the features described herein. Accordingly, the claimed features are not to be considered as limited by the foregoing description.

Claims

- **1**. An adapter for a medical system, comprising: a first coupling lumen, the first coupling lumen sized to receive a distal end of a tube of a medical system, the tube comprising at least one lumen; and a second coupling lumen, the second coupling lumen sized to receive a distal end of a delivery shaft of the medical system, the delivery shaft comprising at least one lumen.
- **2**. The adapter of claim 1, wherein the first coupling lumen and/or the second coupling lumen are sized to couple to the distal end of the delivery shaft and distal end of the tube via a friction fit.
- **3.** The adapter of claim 1, wherein the first coupling lumen and/or the second coupling lumen are sized to couple to the distal end of the delivery shaft and the distal end of the tube via an adhesive.
- **4.** The adapter of claim 1, wherein the first coupling lumen and the second coupling lumen are sized to couple to the distal end of the delivery shaft and the distal end of the tube and retain the distal end of the delivery shaft and the distal end of the tube a distance away from the distal end of the adapter.
- **5.** The adapter of claim 4, wherein the first coupling lumen is closed at a distal end of the adapter and the second coupling lumen is open at a distal end of the adapter and wherein the first coupling lumen is coupled to the second coupling lumen via an aperture.
- **6.** The adapter of claim 5, wherein the aperture comprises a distal portion that is narrower than a proximal portion.
- 7. The adapter of claim 1, the tube of the medical system a first tube arranged to couple at a proximal end to a source of irrigation fluid, the adapter comprising a third coupling lumen, the third coupling lumen sized to receive a distal end of a second tube of the medical system, the second tube comprising at least one lumen and arranged to couple at a proximal end to a source of suction.
- **8**. The adapter of claim 7, wherein the third coupling lumen is closed at a distal end and wherein the third coupling lumen and the second coupling lumen are connected via an aperture.
- **9**. The adapter of claim 1, comprising an o-ring.
- **10**. The adapter of claim 9, wherein the lumen of the delivery shaft is arranged to receive an insertion device and wherein the o-ring is configured to form a seal around a portion of the insertion device extending beyond a distal end of the delivery shaft.
- **11**. A medical system comprising: a delivery device comprising at least one lumen; a tube comprising at least one lumen; and an adapter, the adapter comprising: a first coupling lumen, the first coupling lumen sized to receive a distal end of the tube; and a second coupling lumen, the second coupling lumen sized to receive a distal end of the delivery device.
- 12. The system adapter of claim 11, wherein the first coupling lumen and/or the second coupling

lumen are sized to couple to the distal end of the delivery shaft and distal end of the tube via a friction fit.

- **13**. The system of claim 11, wherein the first coupling lumen and/or the second coupling lumen are sized to couple to the distal end of the delivery shaft and the distal end of the tube via an adhesive.
- **14**. The system of claim 11, wherein the first coupling lumen and the second coupling lumen are sized to couple to the distal end of the delivery shaft and the distal end of the tube and retain the distal end of the delivery shaft and the distal end of the tube a distance away from the distal end of the adapter.
- **15**. The system of claim 14, wherein the first coupling lumen is closed at a distal end of the adapter and the second coupling lumen is open at a distal end of the adapter and wherein the first coupling lumen is coupled to the second coupling lumen via an aperture.
- **16**. The system of claim 15, wherein the aperture comprises a distal portion that is narrower than a proximal portion.
- **17**. The system of claim 11, the tube of the medical system a first tube arranged to couple at a proximal end to a source of irrigation fluid, the adapter comprising a third coupling lumen, the third coupling lumen sized to receive a distal end of a second tube of the medical system, the second tube comprising at least one lumen and arranged to couple at a proximal end to a source of suction.
- **18.** The system of claim 17, wherein the third coupling lumen is closed at a distal end and wherein the third coupling lumen and the second coupling lumen are connected via an aperture.
- **19**. The system of claim 11, wherein the lumen of the delivery shaft is arranged to receive an insertion device and wherein the adapter comprises an o-ring disposed in the second coupling lumen, the o-ring configured to form a seal around a portion of the insertion device extending beyond the distal end of the delivery shaft.
- **20**. The system of claim 11, wherein the delivery device comprises a visualization device.