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METHODS AND USER INTERFACES FOR MONITORING SOUND REDUCTION

Abstract

The present disclosure generally relates to user interfaces and techniques for managing and visualizing sound reduction using a computer system. In accordance with some embodiments, the computer system displays a representation of a noise level including, in accordance with a sound reduction display option being enabled, a first indication of a noise level at a first time and a second indication of a noise level at a time different from the first time. In accordance with some embodiments, in accordance with a determination that the sound reduction display option is not enabled, an indication of a noise level at the first time that indicates the noise level.

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Background/Summary

CROSS-REFERENCE TO RELATED APPLICATIONS [0001] This application is a continuation of U.S. patent application Ser. No. 18/648,790, entitled “METHODS AND USER INTERFACES FOR MONITORING SOUND REDUCTION,” filed Apr. 29, 2024, which is a continuation of U.S. patent application Ser. No. 18/195,331, now U.S. Pat. No. 12,008,290, entitled “METHODS AND USER INTERFACES FOR MONITORING SOUND REDUCTION,” filed May 9, 2023, which claims priority to U.S. Provisional Patent Application No. 63/342,623, entitled “METHODS AND USER INTERFACES FOR MONITORING SOUND REDUCTION,” filed on May 16, 2022. The contents of each of these applications are incorporated herein by reference in their entirety.

FIELD

[0002] The present disclosure relates generally to computer user interfaces, and more specifically to techniques for managing and visualizing sound reduction.

BACKGROUND

[0003] An electronic device can be used to monitor a level of noise to which a user of the electronic device is exposed. The electronic device can also be used to monitor a sound reduction effect by another electronic device and a resulting sound reduction level. Information concerning the monitored noise exposure levels and the sound reduction effects can be presented to the user on the electronic device.

BRIEF SUMMARY

[0004] Some techniques for managing and visualizing sound reduction using electronic devices, however, are generally cumbersome and inefficient. For example, some existing techniques use a complex and time-consuming user interface, which may include multiple key presses or keystrokes and/or require viewing multiple separate interfaces to identify relevant information. Existing techniques require more time than necessary, wasting user time and device energy. This latter consideration is particularly important in battery-operated devices.

[0005] Accordingly, the present technique provides electronic devices with faster, more efficient methods and interfaces for managing and visualizing sound reduction. Such methods and interfaces optionally complement or replace other methods for managing and visualizing sound reduction. Such methods and interfaces reduce the cognitive burden on a user and produce a more efficient human-machine interface. For battery-operated computing devices, such methods and interfaces conserve power and increase the time between battery charges.

[0006] In accordance with some embodiments, a method performed at a computer system that is in communication with a display generation component is described. The method comprises: while a detected environmental noise level is at a first noise level: in accordance with a determination that a set of one or more sound reduction criteria are met, displaying, via the display generation component, a first user interface that includes an indication that indicates a second noise level that is lower than the first noise level when a first user of the computer system is using a sound reduction device; and in accordance with a determination that the set of one or more sound reduction criteria are not met, displaying, via the display generation component, a second user

interface that indicates the first noise level.

[0007] In accordance with some embodiments, a non-transitory computer-readable storage medium is described. The non-transitory computer-readable storage medium stores one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component, the one or more programs including instructions for: while a detected environmental noise level is at a first noise level: in accordance with a determination that a set of one or more sound reduction criteria are met, displaying, via the display generation component, a user interface that includes an indication that indicates a second noise level that is lower than the first noise level when a first user of the computer system is using a sound reduction device; and in accordance with a determination that the set of one or more sound reduction criteria are not met, displaying, via the display generation component, a second user interface that indicates the first noise level.

[0008] In accordance with some embodiments, a transitory computer-readable storage medium is described. The transitory computer-readable storage medium stores one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component, the one or more programs including instructions for: while a detected environmental noise level is at a first noise level: in accordance with a determination that a set of one or more sound reduction criteria are met, displaying, via the display generation component, a user interface that includes an indication that indicates a second noise level that is lower than the first noise level when a first user of the computer system is using a sound reduction device; and in accordance with a determination that the set of one or more sound reduction criteria are not met, displaying, via the display generation component, a second user interface that indicates the first noise level.

[0009] In accordance with some embodiments, a computer system that is in communication with a display generation component is described. The computer system comprises: one or more processors; and memory storing one or more programs configured to be executed by the one or more processors, the one or more programs including instructions for: while a detected environmental noise level is at a first noise level: in accordance with a determination that a set of one or more sound reduction criteria are met, displaying, via the display generation component, a user interface that includes an indication that indicates a second noise level that is lower than the first noise level when a first user of the computer system is using a sound reduction device; and in accordance with a determination that the set of one or more sound reduction criteria are not met, displaying, via the display generation component, a second user interface that indicates the first noise level.

[0010] In accordance with some embodiments, a computer system that is in communication with a display generation component is described. The computer system comprises: means for, while a detected environmental noise level is at a first noise level: in accordance with a determination that a set of one or more sound reduction criteria are met, displaying, via the display generation component, a user interface that includes an indication that indicates a second noise level that is lower than the first noise level when a first user of the computer system is using a sound reduction device; and in accordance with a determination that the set of one or more sound reduction criteria are not met, displaying, via the display generation component, a second user interface that indicates the first noise level.

[0011] In accordance with some embodiments, a computer program product is described. The computer program product comprises one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component, the one or more programs including instructions for: while a detected environmental noise level is at a first noise level: in accordance with a determination that a set of one or more sound reduction criteria are met, displaying, via the display generation component, a use interface that includes an indication that indicates a second noise level that is lower than the first noise level

when a first user of the computer system is using a sound reduction device; and in accordance with a determination that the set of one or more sound reduction criteria are not met, displaying, via the display generation component, a second user interface that indicates the first noise level.

[0012] In accordance with some embodiments, a method performed at a computer system that is in communication with a display generation component is described. The method comprises: displaying, via the display generation component, a representation of a noise level at a plurality of different times, wherein the representation includes: in accordance with a determination that a sound reduction display option is enabled: a first indication of a noise level at a first time of the plurality of different times that indicates: in accordance with a determination that sound reduction was in effect at the first time, a first noise level, wherein the first noise level is based on an environmental noise level at the first time and a first sound reduction effect that was in effect at the first time; and in accordance with a determination that sound reduction was not in effect at the first time, a second noise level that is greater than the first noise level, wherein the second noise level is based on the environmental noise level at the first time; a second indication of a noise level at a second time of the plurality of different times that is different from the first time and that indicates: in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time; and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based on the environmental noise level at the second time; in accordance with a determination that the sound reduction display option is not enabled: a third indication of a noise level at the first time that indicates the second noise level; and a fourth indication of a noise level at the second time that indicates the fourth noise level.

[0013] In accordance with some embodiments, a non-transitory computer-readable storage medium is described. The non-transitory computer-readable storage medium stores one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component, the one or more programs including instructions for: displaying, via the display generation component, a representation of a noise level at a plurality of different times, wherein the representation includes: in accordance with a determination that a sound reduction display option is enabled: a first indication of a noise level at a first time of the plurality of different times that indicates: in accordance with a determination that sound reduction was in effect at the first time, a first noise level, wherein the first noise level is based on an environmental noise level at the first time and a first sound reduction effect that was in effect at the first time; and in accordance with a determination that sound reduction was not in effect at the first time, a second noise level that is greater than the first noise level, wherein the second noise level is based on the environmental noise level at the first time; a second indication of a noise level at a second time of the plurality of different times that is different from the first time and that indicates: in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time; and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based on the environmental noise level at the second time; in accordance with a determination that the sound reduction display option is not enabled: a third indication of a noise level at the first time that indicates the second noise level; and a fourth indication of a noise level at the second time that indicates the fourth noise level.

[0014] In accordance with some embodiments, a transitory computer-readable storage medium is described. The transitory computer-readable storage medium stores one or more programs configured to be executed by one or more processors of a computer system that is in

communication with a display generation component, the one or more programs including instructions for: displaying, via the display generation component, a representation of a noise level at a plurality of different times, wherein the representation includes: in accordance with a determination that a sound reduction display option is enabled: a first indication of a noise level at a first time of the plurality of different times that indicates: in accordance with a determination that sound reduction was in effect at the first time, a first noise level, wherein the first noise level is based on an environmental noise level at the first time and a first sound reduction effect that was in effect at the first time; and in accordance with a determination that sound reduction was not in effect at the first time, a second noise level that is greater than the first noise level, wherein the second noise level is based on the environmental noise level at the first time; a second indication of a noise level at a second time of the plurality of different times that is different from the first time and that indicates: in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time; and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based on the environmental noise level at the second time; in accordance with a determination that the sound reduction display option is not enabled: a third indication of a noise level at the first time that indicates the second noise level; and a fourth indication of a noise level at the second time that indicates the fourth noise level.

[0015] In accordance with some embodiments, a computer system that is in communication with a display generation component is described. The computer system comprises: one or more processors; and memory storing one or more programs configured to be executed by the one or more processors, the one or more programs including instructions for: displaying, via the display generation component, a representation of a noise level at a plurality of different times, wherein the representation includes: in accordance with a determination that a sound reduction display option is enabled: a first indication of a noise level at a first time of the plurality of different times that indicates: in accordance with a determination that sound reduction was in effect at the first time, a first noise level, wherein the first noise level is based on an environmental noise level at the first time and a first sound reduction effect that was in effect at the first time; and in accordance with a determination that sound reduction was not in effect at the first time, a second noise level that is greater than the first noise level, wherein the second noise level is based on the environmental noise level at the first time; a second indication of a noise level at a second time of the plurality of different times that is different from the first time and that indicates: in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time; and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based on the environmental noise level at the second time; in accordance with a determination that the sound reduction display option is not enabled: a third indication of a noise level at the first time that indicates the second noise level; and a fourth indication of a noise level at the second time that indicates the fourth noise level.

[0016] In accordance with some embodiments, a computer system that is in communication with a display generation component is described. The computer system comprises: means for displaying, via the display generation component, a representation of a noise level at a plurality of different times, wherein the representation includes: in accordance with a determination that a sound reduction display option is enabled: a first indication of a noise level at a first time of the plurality of different times that indicates: in accordance with a determination that sound reduction was in effect at the first time, a first noise level, wherein the first noise level is based on an environmental noise level at the first time and a first sound reduction effect that was in effect at the first time; and

in accordance with a determination that sound reduction was not in effect at the first time, a second noise level that is greater than the first noise level, wherein the second noise level is based on the environmental noise level at the first time; a second indication of a noise level at a second time of the plurality of different times that is different from the first time and that indicates: in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time; and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based on the environmental noise level at the second time; in accordance with a determination that the sound reduction display option is not enabled: a third indication of a noise level at the first time that indicates the second noise level; and a fourth indication of a noise level at the second time that indicates the fourth noise level.

[0017] In accordance with some embodiments, a computer program product is described. The computer program product comprises one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component, the one or more programs including instructions for: displaying, via the display generation component, a representation of a noise level at a plurality of different times, wherein the representation includes: in accordance with a determination that a sound reduction display option is enabled: a first indication of a noise level at a first time of the plurality of different times that indicates: in accordance with a determination that sound reduction was in effect at the first time, a first noise level, wherein the first noise level is based on an environmental noise level at the first time and a first sound reduction effect that was in effect at the first time; and in accordance with a determination that sound reduction was not in effect at the first time, a second noise level that is greater than the first noise level, wherein the second noise level is based on the environmental noise level at the first time; a second indication of a noise level at a second time of the plurality of different times that is different from the first time and that indicates: in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time; and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based on the environmental noise level at the second time; in accordance with a determination that the sound reduction display option is not enabled: a third indication of a noise level at the first time that indicates the second noise level; and a fourth indication of a noise level at the second time that indicates the fourth noise level.

[0018] In accordance with some embodiments, a method performed at a computer system that is in communication with a display generation component and one or more input devices is described. The method comprises: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time

period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

[0019] In accordance with some embodiments, a non-transitory computer-readable storage medium is described. The non-transitory computer readable storage medium stores one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component and one or more input devices, the one or more programs including instructions for: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

[0020] In accordance with some embodiments, a transitory computer-readable storage medium is described. The transitory computer readable storage medium stores one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component and one or more input devices, the one or more programs including instructions for: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

[0021] In accordance with some embodiments, a computer system that is in communication with a display generation component and one or more input devices is described. The computer system comprises: one or more processors; and memory storing one or more programs configured to be executed by the one or more processors, the one or more programs including instructions for: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation

includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

[0022] In accordance with some embodiments, a computer system that is in communication with a display generation component and one or more input devices is described. The computer system comprises: means for displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; means for, while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; means for, in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

[0023] In accordance with some embodiments, a computer program product is described. The computer program product comprises one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component and one or more input devices, the one or more programs including instructions for: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a

first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

[0024] Executable instructions for performing these functions are, optionally, included in a non-transitory computer-readable storage medium or other computer program product configured for execution by one or more processors. Executable instructions for performing these functions are, optionally, included in a transitory computer-readable storage medium or other computer program product configured for execution by one or more processors.

[0025] Thus, devices are provided with faster, more efficient methods and interfaces for managing and visualizing sound reduction, thereby increasing the effectiveness, efficiency, and user satisfaction with such devices. Such methods and interfaces may complement or replace other methods for managing and visualizing sound reduction.

Description

DESCRIPTION OF THE FIGURES

[0026] For a better understanding of the various described embodiments, reference should be made to the Description of Embodiments below, in conjunction with the following drawings in which like reference numerals refer to corresponding parts throughout the figures.

[0027] FIG. 1A is a block diagram illustrating a portable multifunction device with a touch-sensitive display in accordance with some embodiments.

[0028] FIG. 1B is a block diagram illustrating exemplary components for event handling in accordance with some embodiments.

[0029] FIG. 2 illustrates a portable multifunction device having a touch screen in accordance with some embodiments.

[0030] FIG. 3 is a block diagram of an exemplary multifunction device with a display and a touch-sensitive surface in accordance with some embodiments.

[0031] FIG. 4A illustrates an exemplary user interface for a menu of applications on a portable multifunction device in accordance with some embodiments.

[0032] FIG. 4B illustrates an exemplary user interface for a multifunction device with a touch-sensitive surface that is separate from the display in accordance with some embodiments.

[0033] FIG. 5A illustrates a personal electronic device in accordance with some embodiments.

[0034] FIG. 5B is a block diagram illustrating a personal electronic device in accordance with some embodiments.

[0035] FIGS. 6A-6B illustrate exemplary components and user interfaces of personal electronic devices in accordance with some embodiments.

[0036] FIGS. 6C-6I illustrate exemplary user interfaces for monitoring noise exposure levels and noise-related notifications in accordance with some embodiments.

[0037] FIG. 7 is a flow diagram illustrating a method of monitoring noise exposure levels using a computer system, in accordance with some embodiments.

[0038] FIGS. 8A-8B illustrate exemplary user components and user interfaces of personal electronic devices in accordance with some embodiments.

[0039] FIGS. 8C-8E illustrate exemplary user interfaces for monitoring noise exposure levels with and without a sound reduction effect.

[0040] FIGS. 8F-8H illustrate exemplary user interfaces for monitoring sound reduction levels in accordance with some embodiments.

[0041] FIGS. 9A-9B are a flow diagram illustrating a method of monitoring noise exposure levels with and without a sound reduction effect in accordance with some embodiments.

[0042] FIG. 10 is a flow diagram illustrating a method of monitoring sound reduction levels in

accordance with some embodiments.

DESCRIPTION OF EMBODIMENTS

[0043] The following description sets forth exemplary methods, parameters, and the like. It should be recognized, however, that such description is not intended as a limitation on the scope of the present disclosure but is instead provided as a description of exemplary embodiments.

[0044] There is a need for electronic devices that provide efficient methods and interfaces for managing and visualizing sound reduction. For example, there is a need for an electronic device that provides a user with information about the level of noise the user is exposed to in an easily understandable and convenient manner. In another example, there is a need for an electronic device that effectively alerts the user of the electronic device when the noise level that the user is exposed to exceeds a certain threshold level. In another example, there is a need for an electronic device that effectively alerts the user that the noise level the user is exposed to is being reduced by a sound reduction device and that without the sound reduction device the noise level would be unsafe. In another example, there is a need for an electronic device that provides a user with information about the level of noise reduction the user's sound reduction device is yielding. Such techniques can reduce the cognitive burden on a user who manages noise exposure levels, sound reduction levels, and sound reduction effects, thereby enhancing productivity. Further, such techniques can reduce processor and battery power otherwise wasted on redundant user inputs.

[0045] Below, FIGS. **1A-1B**, **2**, **3**, **4A-4B**, and **5A-5B**, **6A-6I**, **7**, **8A-8H**, **9A-9B**, and **10** provide a description of exemplary devices for performing the techniques for monitoring noise exposure levels, sound reduction levels, and sound reduction effects. FIGS. **6A-6I** illustrate exemplary user interfaces for monitoring noise exposure levels and noise-related notifications. FIG. **7** is a flow diagram illustrating a method of monitoring noise exposure levels using a computer system, in accordance with some embodiments. The user interfaces in FIGS. **6A-6I** are used to illustrate the processes described below, including the processes in FIG. **7**. FIGS. **8A-8H** illustrate exemplary user interfaces for monitoring noise exposure levels with and without a sound reduction effect. FIGS. **9A-9B** are a flow diagram illustrating a method of monitoring noise exposure levels with and without a sound reduction effect in accordance with some embodiments. FIG. **10** is a flow diagram illustrating a method of monitoring sound reduction levels in accordance with some embodiments. The user interfaces in FIGS. **8A-8H** are used to illustrate the processes described below, including the processes in FIGS. **9A-9B**.

[0046] The processes described below enhance the operability of the devices and make the user-device interfaces more efficient (e.g., by helping the user to provide proper inputs and reducing user mistakes when operating/interacting with the device) through various techniques, including by providing improved visual feedback to the user, reducing the number of inputs needed to perform an operation, providing additional control options without cluttering the user interface with additional displayed controls, performing an operation when a set of conditions has been met without requiring further user input, and/or additional techniques. These techniques also reduce power usage and improve battery life of the device by enabling the user to use the device more quickly and efficiently.

[0047] In addition, in methods described herein where one or more steps are contingent upon one or more conditions having been met, it should be understood that the described method can be repeated in multiple repetitions so that over the course of the repetitions all of the conditions upon which steps in the method are contingent have been met in different repetitions of the method. For example, if a method requires performing a first step if a condition is satisfied, and a second step if the condition is not satisfied, then a person of ordinary skill would appreciate that the claimed steps are repeated until the condition has been both satisfied and not satisfied, in no particular order. Thus, a method described with one or more steps that are contingent upon one or more conditions having been met could be rewritten as a method that is repeated until each of the conditions described in the method has been met. This, however, is not required of system or computer

readable medium claims where the system or computer readable medium contains instructions for performing the contingent operations based on the satisfaction of the corresponding one or more conditions and thus is capable of determining whether the contingency has or has not been satisfied without explicitly repeating steps of a method until all of the conditions upon which steps in the method are contingent have been met. A person having ordinary skill in the art would also understand that, similar to a method with contingent steps, a system or computer readable storage medium can repeat the steps of a method as many times as are needed to ensure that all of the contingent steps have been performed.

[0048] Although the following description uses terms “first,” “second,” etc. to describe various elements, these elements should not be limited by the terms. In some embodiments, these terms are used to distinguish one element from another. For example, a first touch could be termed a second touch, and, similarly, a second touch could be termed a first touch, without departing from the scope of the various described embodiments. In some embodiments, the first touch and the second touch are two separate references to the same touch. In some embodiments, the first touch and the second touch are both touches, but they are not the same touch.

[0049] The terminology used in the description of the various described embodiments herein is for the purpose of describing particular embodiments only and is not intended to be limiting. As used in the description of the various described embodiments and the appended claims, the singular forms “a,” “an,” and “the” are intended to include the plural forms as well, unless the context clearly indicates otherwise. It will also be understood that the term “and/or” as used herein refers to and encompasses any and all possible combinations of one or more of the associated listed items. It will be further understood that the terms “includes,” “including,” “comprises,” and/or “comprising,” when used in this specification, specify the presence of stated features, integers, steps, operations, elements, and/or components, but do not preclude the presence or addition of one or more other features, integers, steps, operations, elements, components, and/or groups thereof.

[0050] The term “if” is, optionally, construed to mean “when” or “upon” or “in response to determining” or “in response to detecting,” depending on the context. Similarly, the phrase “if it is determined” or “if [a stated condition or event] is detected” is, optionally, construed to mean “upon determining” or “in response to determining” or “upon detecting [the stated condition or event]” or “in response to detecting [the stated condition or event],” depending on the context.

[0051] Embodiments of electronic devices, user interfaces for such devices, and associated processes for using such devices are described. In some embodiments, the device is a portable communications device, such as a mobile telephone, that also contains other functions, such as PDA and/or music player functions. Exemplary embodiments of portable multifunction devices include, without limitation, the iPhone®, iPod Touch®, and iPad® devices from Apple Inc. of Cupertino, California. Other portable electronic devices, such as laptops or tablet computers with touch-sensitive surfaces (e.g., touch screen displays and/or touchpads), are, optionally, used. It should also be understood that, in some embodiments, the device is not a portable communications device, but is a desktop computer with a touch-sensitive surface (e.g., a touch screen display and/or a touchpad). In some embodiments, the electronic device is a computer system that is in communication (e.g., via wireless communication, via wired communication) with a display generation component. The display generation component is configured to provide visual output, such as display via a CRT display, display via an LED display, or display via image projection. In some embodiments, the display generation component is integrated with the computer system. In some embodiments, the display generation component is separate from the computer system. As used herein, “displaying” content includes causing to display the content (e.g., video data rendered or decoded by display controller **156**) by transmitting, via a wired or wireless connection, data (e.g., image data or video data) to an integrated or external display generation component to visually produce the content.

[0052] In the discussion that follows, an electronic device that includes a display and a touch-

sensitive surface is described. It should be understood, however, that the electronic device optionally includes one or more other physical user-interface devices, such as a physical keyboard, a mouse, and/or a joystick.

[0053] The device typically supports a variety of applications, such as one or more of the following: a drawing application, a presentation application, a word processing application, a website creation application, a disk authoring application, a spreadsheet application, a gaming application, a telephone application, a video conferencing application, an e-mail application, an instant messaging application, a workout support application, a photo management application, a digital camera application, a digital video camera application, a web browsing application, a digital music player application, and/or a digital video player application.

[0054] The various applications that are executed on the device optionally use at least one common physical user-interface device, such as the touch-sensitive surface. One or more functions of the touch-sensitive surface as well as corresponding information displayed on the device are, optionally, adjusted and/or varied from one application to the next and/or within a respective application. In this way, a common physical architecture (such as the touch-sensitive surface) of the device optionally supports the variety of applications with user interfaces that are intuitive and transparent to the user.

[0055] Attention is now directed toward embodiments of portable devices with touch-sensitive displays. FIG. 1A is a block diagram illustrating portable multifunction device **100** with touch-sensitive display system **112** in accordance with some embodiments. Touch-sensitive display **112** is sometimes called a “touch screen” for convenience and is sometimes known as or called a “touch-sensitive display system.” Device **100** includes memory **102** (which optionally includes one or more computer-readable storage mediums), memory controller **122**, one or more processing units (CPUs) **120**, peripherals interface **118**, RF circuitry **108**, audio circuitry **110**, speaker **111**, microphone **113**, input/output (I/O) subsystem **106**, other input control devices **116**, and external port **124**. Device **100** optionally includes one or more optical sensors **164**. Device **100** optionally includes one or more contact intensity sensors **165** for detecting intensity of contacts on device **100** (e.g., a touch-sensitive surface such as touch-sensitive display system **112** of device **100**). Device **100** optionally includes one or more tactile output generators **167** for generating tactile outputs on device **100** (e.g., generating tactile outputs on a touch-sensitive surface such as touch-sensitive display system **112** of device **100** or touchpad **355** of device **300**). These components optionally communicate over one or more communication buses or signal lines **103**.

[0056] As used in the specification and claims, the term “intensity” of a contact on a touch-sensitive surface refers to the force or pressure (force per unit area) of a contact (e.g., a finger contact) on the touch-sensitive surface, or to a substitute (proxy) for the force or pressure of a contact on the touch-sensitive surface. The intensity of a contact has a range of values that includes at least four distinct values and more typically includes hundreds of distinct values (e.g., at least 256). Intensity of a contact is, optionally, determined (or measured) using various approaches and various sensors or combinations of sensors. For example, one or more force sensors underneath or adjacent to the touch-sensitive surface are, optionally, used to measure force at various points on the touch-sensitive surface. In some implementations, force measurements from multiple force sensors are combined (e.g., a weighted average) to determine an estimated force of a contact. Similarly, a pressure-sensitive tip of a stylus is, optionally, used to determine a pressure of the stylus on the touch-sensitive surface. Alternatively, the size of the contact area detected on the touch-sensitive surface and/or changes thereto, the capacitance of the touch-sensitive surface proximate to the contact and/or changes thereto, and/or the resistance of the touch-sensitive surface proximate to the contact and/or changes thereto are, optionally, used as a substitute for the force or pressure of the contact on the touch-sensitive surface. In some implementations, the substitute measurements for contact force or pressure are used directly to determine whether an intensity threshold has been exceeded (e.g., the intensity threshold is described in units corresponding to the

substitute measurements). In some implementations, the substitute measurements for contact force or pressure are converted to an estimated force or pressure, and the estimated force or pressure is used to determine whether an intensity threshold has been exceeded (e.g., the intensity threshold is a pressure threshold measured in units of pressure). Using the intensity of a contact as an attribute of a user input allows for user access to additional device functionality that may otherwise not be accessible by the user on a reduced-size device with limited real estate for displaying affordances (e.g., on a touch-sensitive display) and/or receiving user input (e.g., via a touch-sensitive display, a touch-sensitive surface, or a physical/mechanical control such as a knob or a button).

[0057] As used in the specification and claims, the term “tactile output” refers to physical displacement of a device relative to a previous position of the device, physical displacement of a component (e.g., a touch-sensitive surface) of a device relative to another component (e.g., housing) of the device, or displacement of the component relative to a center of mass of the device that will be detected by a user with the user's sense of touch. For example, in situations where the device or the component of the device is in contact with a surface of a user that is sensitive to touch (e.g., a finger, palm, or other part of a user's hand), the tactile output generated by the physical displacement will be interpreted by the user as a tactile sensation corresponding to a perceived change in physical characteristics of the device or the component of the device. For example, movement of a touch-sensitive surface (e.g., a touch-sensitive display or trackpad) is, optionally, interpreted by the user as a “down click” or “up click” of a physical actuator button. In some cases, a user will feel a tactile sensation such as an “down click” or “up click” even when there is no movement of a physical actuator button associated with the touch-sensitive surface that is physically pressed (e.g., displaced) by the user's movements. As another example, movement of the touch-sensitive surface is, optionally, interpreted or sensed by the user as “roughness” of the touch-sensitive surface, even when there is no change in smoothness of the touch-sensitive surface. While such interpretations of touch by a user will be subject to the individualized sensory perceptions of the user, there are many sensory perceptions of touch that are common to a large majority of users. Thus, when a tactile output is described as corresponding to a particular sensory perception of a user (e.g., an “up click,” a “down click,” “roughness”), unless otherwise stated, the generated tactile output corresponds to physical displacement of the device or a component thereof that will generate the described sensory perception for a typical (or average) user.

[0058] It should be appreciated that device **100** is only one example of a portable multifunction device, and that device **100** optionally has more or fewer components than shown, optionally combines two or more components, or optionally has a different configuration or arrangement of the components. The various components shown in FIG. **1A** are implemented in hardware, software, or a combination of both hardware and software, including one or more signal processing and/or application-specific integrated circuits.

[0059] Memory **102** optionally includes high-speed random access memory and optionally also includes non-volatile memory, such as one or more magnetic disk storage devices, flash memory devices, or other non-volatile solid-state memory devices. Memory controller **122** optionally controls access to memory **102** by other components of device **100**.

[0060] Peripherals interface **118** can be used to couple input and output peripherals of the device to CPU **120** and memory **102**. The one or more processors **120** run or execute various software programs (such as computer programs (e.g., including instructions)) and/or sets of instructions stored in memory **102** to perform various functions for device **100** and to process data. In some embodiments, peripherals interface **118**, CPU **120**, and memory controller **122** are, optionally, implemented on a single chip, such as chip **104**. In some other embodiments, they are, optionally, implemented on separate chips.

[0061] RF (radio frequency) circuitry **108** receives and sends RF signals, also called electromagnetic signals. RF circuitry **108** converts electrical signals to/from electromagnetic signals and communicates with communications networks and other communications devices via

the electromagnetic signals. RF circuitry **108** optionally includes well-known circuitry for performing these functions, including but not limited to an antenna system, an RF transceiver, one or more amplifiers, a tuner, one or more oscillators, a digital signal processor, a CODEC chipset, a subscriber identity module (SIM) card, memory, and so forth. RF circuitry **108** optionally communicates with networks, such as the Internet, also referred to as the World Wide Web (WWW), an intranet and/or a wireless network, such as a cellular telephone network, a wireless local area network (LAN) and/or a metropolitan area network (MAN), and other devices by wireless communication. The RF circuitry **108** optionally includes well-known circuitry for detecting near field communication (NFC) fields, such as by a short-range communication radio. The wireless communication optionally uses any of a plurality of communications standards, protocols, and technologies, including but not limited to Global System for Mobile Communications (GSM), Enhanced Data GSM Environment (EDGE), high-speed downlink packet access (HSDPA), high-speed uplink packet access (HSUPA), Evolution, Data-Only (EV-DO), HSPA, HSPA +, Dual-Cell HSPA (DC-HSPDA), long term evolution (LTE), near field communication (NFC), wideband code division multiple access (W-CDMA), code division multiple access (CDMA), time division multiple access (TDMA), Bluetooth, Bluetooth Low Energy (BTLE), Wireless Fidelity (Wi-Fi) (e.g., IEEE 802.11a, IEEE 802.11b, IEEE 802.11g, IEEE 802.11n, and/or IEEE 802.11ac), voice over Internet Protocol (VoIP), Wi-MAX, a protocol for e-mail (e.g., Internet message access protocol (IMAP) and/or post office protocol (POP)), instant messaging (e.g., extensible messaging and presence protocol (XMPP), Session Initiation Protocol for Instant Messaging and Presence Leveraging Extensions (SIMPLE), Instant Messaging and Presence Service (IMPS)), and/or Short Message Service (SMS), or any other suitable communication protocol, including communication protocols not yet developed as of the filing date of this document.

[0062] Audio circuitry **110**, speaker **111**, and microphone **113** provide an audio interface between a user and device **100**. Audio circuitry **110** receives audio data from peripherals interface **118**, converts the audio data to an electrical signal, and transmits the electrical signal to speaker **111**. Speaker **111** converts the electrical signal to human-audible sound waves. Audio circuitry **110** also receives electrical signals converted by microphone **113** from sound waves. Audio circuitry **110** converts the electrical signal to audio data and transmits the audio data to peripherals interface **118** for processing. Audio data is, optionally, retrieved from and/or transmitted to memory **102** and/or RF circuitry **108** by peripherals interface **118**. In some embodiments, audio circuitry **110** also includes a headset jack (e.g., **212**, FIG. 2). The headset jack provides an interface between audio circuitry **110** and removable audio input/output peripherals, such as output-only headphones or a headset with both output (e.g., a headphone for one or both ears) and input (e.g., a microphone).

[0063] I/O subsystem **106** couples input/output peripherals on device **100**, such as touch screen **112** and other input control devices **116**, to peripherals interface **118**. I/O subsystem **106** optionally includes display controller **156**, optical sensor controller **158**, depth camera controller **169**, intensity sensor controller **159**, haptic feedback controller **161**, and one or more input controllers **160** for other input or control devices. The one or more input controllers **160** receive/send electrical signals from/to other input control devices **116**. The other input control devices **116** optionally include physical buttons (e.g., push buttons, rocker buttons, etc.), dials, slider switches, joysticks, click wheels, and so forth. In some embodiments, input controller(s) **160** are, optionally, coupled to any (or none) of the following: a keyboard, an infrared port, a USB port, and a pointer device such as a mouse. The one or more buttons (e.g., **208**, FIG. 2) optionally include an up/down button for volume control of speaker **111** and/or microphone **113**. The one or more buttons optionally include a push button (e.g., **206**, FIG. 2). In some embodiments, the electronic device is a computer system that is in communication (e.g., via wireless communication, via wired communication) with one or more input devices. In some embodiments, the one or more input devices include a touch-sensitive surface (e.g., a trackpad, as part of a touch-sensitive display). In some embodiments, the one or

more input devices include one or more camera sensors (e.g., one or more optical sensors **164** and/or one or more depth camera sensors **175**), such as for tracking a user's gestures (e.g., hand gestures and/or air gestures) as input. In some embodiments, the one or more input devices are integrated with the computer system. In some embodiments, the one or more input devices are separate from the computer system. In some embodiments, an air gesture is a gesture that is detected without the user touching an input element that is part of the device (or independently of an input element that is a part of the device) and is based on detected motion of a portion of the user's body through the air including motion of the user's body relative to an absolute reference (e.g., an angle of the user's arm relative to the ground or a distance of the user's hand relative to the ground), relative to another portion of the user's body (e.g., movement of a hand of the user relative to a shoulder of the user, movement of one hand of the user relative to another hand of the user, and/or movement of a finger of the user relative to another finger or portion of a hand of the user), and/or absolute motion of a portion of the user's body (e.g., a tap gesture that includes movement of a hand in a predetermined pose by a predetermined amount and/or speed, or a shake gesture that includes a predetermined speed or amount of rotation of a portion of the user's body).

[0064] A quick press of the push button optionally disengages a lock of touch screen **112** or optionally begins a process that uses gestures on the touch screen to unlock the device, as described in U.S. patent application Ser. No. 11/322,549, "Unlocking a Device by Performing Gestures on an Unlock Image," filed Dec. 23, 2005, U.S. Pat. No. 7,657,849, which is hereby incorporated by reference in its entirety. A longer press of the push button (e.g., **206**) optionally turns power to device **100** on or off. The functionality of one or more of the buttons are, optionally, user-customizable. Touch screen **112** is used to implement virtual or soft buttons and one or more soft keyboards.

[0065] Touch-sensitive display **112** provides an input interface and an output interface between the device and a user. Display controller **156** receives and/or sends electrical signals from/to touch screen **112**. Touch screen **112** displays visual output to the user. The visual output optionally includes graphics, text, icons, video, and any combination thereof (collectively termed "graphics"). In some embodiments, some or all of the visual output optionally corresponds to user-interface objects.

[0066] Touch screen **112** has a touch-sensitive surface, sensor, or set of sensors that accepts input from the user based on haptic and/or tactile contact. Touch screen **112** and display controller **156** (along with any associated modules and/or sets of instructions in memory **102**) detect contact (and any movement or breaking of the contact) on touch screen **112** and convert the detected contact into interaction with user-interface objects (e.g., one or more soft keys, icons, web pages, or images) that are displayed on touch screen **112**. In an exemplary embodiment, a point of contact between touch screen **112** and the user corresponds to a finger of the user.

[0067] Touch screen **112** optionally uses LCD (liquid crystal display) technology, LPD (light emitting polymer display) technology, or LED (light emitting diode) technology, although other display technologies are used in other embodiments. Touch screen **112** and display controller **156** optionally detect contact and any movement or breaking thereof using any of a plurality of touch sensing technologies now known or later developed, including but not limited to capacitive, resistive, infrared, and surface acoustic wave technologies, as well as other proximity sensor arrays or other elements for determining one or more points of contact with touch screen **112**. In an exemplary embodiment, projected mutual capacitance sensing technology is used, such as that found in the iPhone® and iPod Touch® from Apple Inc. of Cupertino, California.

[0068] A touch-sensitive display in some embodiments of touch screen **112** is, optionally, analogous to the multi-touch sensitive touchpads described in the following U.S. Pat. No. 6,323,846 (Westerman et al.), U.S. Pat. No. 6,570,557 (Westerman et al.), and/or U.S. Pat. No. 6,677,932 (Westerman), and/or U.S. Patent Publication 2002/0015024A1, each of which is hereby incorporated by reference in its entirety. However, touch screen **112** displays visual output from

device **100**, whereas touch-sensitive touchpads do not provide visual output.

[0069] A touch-sensitive display in some embodiments of touch screen **112** is described in the following applications: (1) U.S. patent application Ser. No. 11/381,313, "Multipoint Touch Surface Controller," filed May 2, 2006; (2) U.S. patent application Ser. No. 10/840,862, "Multipoint Touchscreen," filed May 6, 2004; (3) U.S. patent application Ser. No. 10/903,964, "Gestures For Touch Sensitive Input Devices," filed Jul. 30, 2004; (4) U.S. patent application Ser. No. 11/048,264, "Gestures For Touch Sensitive Input Devices," filed Jan. 31, 2005; (5) U.S. patent application Ser. No. 11/038,590, "Mode-Based Graphical User Interfaces For Touch Sensitive Input Devices," filed Jan. 18, 2005; (6) U.S. patent application Ser. No. 11/228,758, "Virtual Input Device Placement On A Touch Screen User Interface," filed Sep. 16, 2005; (7) U.S. patent application Ser. No. 11/228,700, "Operation Of A Computer With A Touch Screen Interface," filed Sep. 16, 2005; (8) U.S. patent application Ser. No. 11/228,737, "Activating Virtual Keys Of A Touch-Screen Virtual Keyboard," filed Sep. 16, 2005; and (9) U.S. patent application Ser. No. 11/367,749, "Multi-Functional Hand-Held Device," filed Mar. 3, 2006. All of these applications are incorporated by reference herein in their entirety.

[0070] Touch screen **112** optionally has a video resolution in excess of 100 dpi. In some embodiments, the touch screen has a video resolution of approximately 160 dpi. The user optionally makes contact with touch screen **112** using any suitable object or appendage, such as a stylus, a finger, and so forth. In some embodiments, the user interface is designed to work primarily with finger-based contacts and gestures, which can be less precise than stylus-based input due to the larger area of contact of a finger on the touch screen. In some embodiments, the device translates the rough finger-based input into a precise pointer/cursor position or command for performing the actions desired by the user.

[0071] In some embodiments, in addition to the touch screen, device **100** optionally includes a touchpad for activating or deactivating particular functions. In some embodiments, the touchpad is a touch-sensitive area of the device that, unlike the touch screen, does not display visual output. The touchpad is, optionally, a touch-sensitive surface that is separate from touch screen **112** or an extension of the touch-sensitive surface formed by the touch screen.

[0072] Device **100** also includes power system **162** for powering the various components. Power system **162** optionally includes a power management system, one or more power sources (e.g., battery, alternating current (AC)), a recharging system, a power failure detection circuit, a power converter or inverter, a power status indicator (e.g., a light-emitting diode (LED)) and any other components associated with the generation, management and distribution of power in portable devices.

[0073] Device **100** optionally also includes one or more optical sensors **164**. FIG. 1A shows an optical sensor coupled to optical sensor controller **158** in I/O subsystem **106**. Optical sensor **164** optionally includes charge-coupled device (CCD) or complementary metal-oxide semiconductor (CM OS) phototransistors. Optical sensor **164** receives light from the environment, projected through one or more lenses, and converts the light to data representing an image. In conjunction with imaging module **143** (also called a camera module), optical sensor **164** optionally captures still images or video. In some embodiments, an optical sensor is located on the back of device **100**, opposite touch screen display **112** on the front of the device so that the touch screen display is enabled for use as a viewfinder for still and/or video image acquisition. In some embodiments, an optical sensor is located on the front of the device so that the user's image is, optionally, obtained for video conferencing while the user views the other video conference participants on the touch screen display. In some embodiments, the position of optical sensor **164** can be changed by the user (e.g., by rotating the lens and the sensor in the device housing) so that a single optical sensor **164** is used along with the touch screen display for both video conferencing and still and/or video image acquisition.

[0074] Device **100** optionally also includes one or more depth camera sensors **175**. FIG. 1A shows

a depth camera sensor coupled to depth camera controller **169** in I/O subsystem **106**. Depth camera sensor **175** receives data from the environment to create a three dimensional model of an object (e.g., a face) within a scene from a viewpoint (e.g., a depth camera sensor). In some embodiments, in conjunction with imaging module **143** (also called a camera module), depth camera sensor **175** is optionally used to determine a depth map of different portions of an image captured by the imaging module **143**. In some embodiments, a depth camera sensor is located on the front of device **100** so that the user's image with depth information is, optionally, obtained for video conferencing while the user views the other video conference participants on the touch screen display and to capture selfies with depth map data. In some embodiments, the depth camera sensor **175** is located on the back of device, or on the back and the front of the device **100**. In some embodiments, the position of depth camera sensor **175** can be changed by the user (e.g., by rotating the lens and the sensor in the device housing) so that a depth camera sensor **175** is used along with the touch screen display for both video conferencing and still and/or video image acquisition.

[0075] Device **100** optionally also includes one or more contact intensity sensors **165**. FIG. **1A** shows a contact intensity sensor coupled to intensity sensor controller **159** in I/O subsystem **106**. Contact intensity sensor **165** optionally includes one or more piezoresistive strain gauges, capacitive force sensors, electric force sensors, piezoelectric force sensors, optical force sensors, capacitive touch-sensitive surfaces, or other intensity sensors (e.g., sensors used to measure the force (or pressure) of a contact on a touch-sensitive surface). Contact intensity sensor **165** receives contact intensity information (e.g., pressure information or a proxy for pressure information) from the environment. In some embodiments, at least one contact intensity sensor is collocated with, or proximate to, a touch-sensitive surface (e.g., touch-sensitive display system **112**). In some embodiments, at least one contact intensity sensor is located on the back of device **100**, opposite touch screen display **112**, which is located on the front of device **100**.

[0076] Device **100** optionally also includes one or more proximity sensors **166**. FIG. **1A** shows proximity sensor **166** coupled to peripherals interface **118**. Alternately, proximity sensor **166** is, optionally, coupled to input controller **160** in I/O subsystem **106**. Proximity sensor **166** optionally performs as described in U.S. patents application Ser. No. 11/241,839, "Proximity Detector In Handheld Device"; Ser. No. 11/240,788, "Proximity Detector In Handheld Device"; Ser. No. 11/620,702, "Using Ambient Light Sensor To Augment Proximity Sensor Output"; Ser. No. 11/586,862, "Automated Response To And Sensing Of User Activity In Portable Devices"; and Ser. No. 11/638,251, "Methods And Systems For Automatic Configuration Of Peripherals," which are hereby incorporated by reference in their entirety. In some embodiments, the proximity sensor turns off and disables touch screen **112** when the multifunction device is placed near the user's ear (e.g., when the user is making a phone call).

[0077] Device **100** optionally also includes one or more tactile output generators **167**. FIG. **1A** shows a tactile output generator coupled to haptic feedback controller **161** in I/O subsystem **106**. Tactile output generator **167** optionally includes one or more electroacoustic devices such as speakers or other audio components and/or electromechanical devices that convert energy into linear motion such as a motor, solenoid, electroactive polymer, piezoelectric actuator, electrostatic actuator, or other tactile output generating component (e.g., a component that converts electrical signals into tactile outputs on the device). Contact intensity sensor **165** receives tactile feedback generation instructions from haptic feedback module **133** and generates tactile outputs on device **100** that are capable of being sensed by a user of device **100**. In some embodiments, at least one tactile output generator is collocated with, or proximate to, a touch-sensitive surface (e.g., touch-sensitive display system **112**) and, optionally, generates a tactile output by moving the touch-sensitive surface vertically (e.g., in/out of a surface of device **100**) or laterally (e.g., back and forth in the same plane as a surface of device **100**). In some embodiments, at least one tactile output generator sensor is located on the back of device **100**, opposite touch screen display **112**, which is located on the front of device **100**.

[0078] Device **100** optionally also includes one or more accelerometers **168**. FIG. 1A shows accelerometer **168** coupled to peripherals interface **118**. Alternately, accelerometer **168** is, optionally, coupled to an input controller **160** in I/O subsystem **106**. Accelerometer **168** optionally performs as described in U.S. Patent Publication No. 20050190059, "Acceleration-based Theft Detection System for Portable Electronic Devices," and U.S. Patent Publication No. 20060017692, "Methods And Apparatuses For Operating A Portable Device Based On An Accelerometer," both of which are incorporated by reference herein in their entirety. In some embodiments, information is displayed on the touch screen display in a portrait view or a landscape view based on an analysis of data received from the one or more accelerometers. Device **100** optionally includes, in addition to accelerometer(s) **168**, a magnetometer and a GPS (or GLONASS or other global navigation system) receiver for obtaining information concerning the location and orientation (e.g., portrait or landscape) of device **100**.

[0079] In some embodiments, the software components stored in memory **102** include operating system **126**, communication module (or set of instructions) **128**, contact/motion module (or set of instructions) **130**, graphics module (or set of instructions) **132**, text input module (or set of instructions) **134**, Global Positioning System (GPS) module (or set of instructions) **135**, and applications (or sets of instructions) **136**. Furthermore, in some embodiments, memory **102** (FIG. 1A) or **370** (FIG. 3) stores device/global internal state **157**, as shown in FIGS. 1A and 3.

Device/global internal state **157** includes one or more of: active application state, indicating which applications, if any, are currently active; display state, indicating what applications, views or other information occupy various regions of touch screen display **112**; sensor state, including information obtained from the device's various sensors and input control devices **116**; and location information concerning the device's location and/or attitude.

[0080] Operating system **126** (e.g., Darwin, RTXC, LINUX, UNIX, OS X, IOS, WINDOWS, or an embedded operating system such as VxWorks) includes various software components and/or drivers for controlling and managing general system tasks (e.g., memory management, storage device control, power management, etc.) and facilitates communication between various hardware and software components.

[0081] Communication module **128** facilitates communication with other devices over one or more external ports **124** and also includes various software components for handling data received by RF circuitry **108** and/or external port **124**. External port **124** (e.g., Universal Serial Bus (USB), FIREWIRE, etc.) is adapted for coupling directly to other devices or indirectly over a network (e.g., the Internet, wireless LAN, etc.). In some embodiments, the external port is a multi-pin (e.g., 30-pin) connector that is the same as, or similar to and/or compatible with, the 30-pin connector used on iPod® (trademark of Apple Inc.) devices.

[0082] Contact/motion module **130** optionally detects contact with touch screen **112** (in conjunction with display controller **156**) and other touch-sensitive devices (e.g., a touchpad or physical click wheel). Contact/motion module **130** includes various software components for performing various operations related to detection of contact, such as determining if contact has occurred (e.g., detecting a finger-down event), determining an intensity of the contact (e.g., the force or pressure of the contact or a substitute for the force or pressure of the contact), determining if there is movement of the contact and tracking the movement across the touch-sensitive surface (e.g., detecting one or more finger-dragging events), and determining if the contact has ceased (e.g., detecting a finger-up event or a break in contact). Contact/motion module **130** receives contact data from the touch-sensitive surface. Determining movement of the point of contact, which is represented by a series of contact data, optionally includes determining speed (magnitude), velocity (magnitude and direction), and/or an acceleration (a change in magnitude and/or direction) of the point of contact. These operations are, optionally, applied to single contacts (e.g., one finger contacts) or to multiple simultaneous contacts (e.g., "multitouch" /multiple finger contacts). In some embodiments, contact/motion module **130** and display controller **156** detect

contact on a touchpad.

[0083] In some embodiments, contact/motion module **130** uses a set of one or more intensity thresholds to determine whether an operation has been performed by a user (e.g., to determine whether a user has “clicked” on an icon). In some embodiments, at least a subset of the intensity thresholds are determined in accordance with software parameters (e.g., the intensity thresholds are not determined by the activation thresholds of particular physical actuators and can be adjusted without changing the physical hardware of device **100**). For example, a mouse “click” threshold of a trackpad or touch screen display can be set to any of a large range of predefined threshold values without changing the trackpad or touch screen display hardware. Additionally, in some implementations, a user of the device is provided with software settings for adjusting one or more of the set of intensity thresholds (e.g., by adjusting individual intensity thresholds and/or by adjusting a plurality of intensity thresholds at once with a system-level click “intensity” parameter).

[0084] Contact/motion module **130** optionally detects a gesture input by a user. Different gestures on the touch-sensitive surface have different contact patterns (e.g., different motions, timings, and/or intensities of detected contacts). Thus, a gesture is, optionally, detected by detecting a particular contact pattern. For example, detecting a finger tap gesture includes detecting a finger-down event followed by detecting a finger-up (liftoff) event at the same position (or substantially the same position) as the finger-down event (e.g., at the position of an icon). As another example, detecting a finger swipe gesture on the touch-sensitive surface includes detecting a finger-down event followed by detecting one or more finger-dragging events, and subsequently followed by detecting a finger-up (liftoff) event.

[0085] Graphics module **132** includes various known software components for rendering and displaying graphics on touch screen **112** or other display, including components for changing the visual impact (e.g., brightness, transparency, saturation, contrast, or other visual property) of graphics that are displayed. As used herein, the term “graphics” includes any object that can be displayed to a user, including, without limitation, text, web pages, icons (such as user-interface objects including soft keys), digital images, videos, animations, and the like.

[0086] In some embodiments, graphics module **132** stores data representing graphics to be used. Each graphic is, optionally, assigned a corresponding code. Graphics module **132** receives, from applications etc., one or more codes specifying graphics to be displayed along with, if necessary, coordinate data and other graphic property data, and then generates screen image data to output to display controller **156**.

[0087] Haptic feedback module **133** includes various software components for generating instructions used by tactile output generator(s) **167** to produce tactile outputs at one or more locations on device **100** in response to user interactions with device **100**.

[0088] Text input module **134**, which is, optionally, a component of graphics module **132**, provides soft keyboards for entering text in various applications (e.g., contacts **137**, e-mail client module **140**, Instant messaging (IM) module **141**, browser module **147**, and any other application that needs text input).

[0089] GPS module **135** determines the location of the device and provides this information for use in various applications (e.g., to telephone module **138** for use in location-based dialing; to imaging module **143** as picture/video metadata; and to applications that provide location-based services such as weather widgets, local yellow page widgets, and map/navigation widgets).

[0090] Applications **136** optionally include the following modules (or sets of instructions), or a subset or superset thereof:

[0091] Contacts module **137** (sometimes called an address book or contact list); [0092] Telephone module **138**; [0093] Video conference module **139**; [0094] E-mail client module **140**; [0095] IM module **141**; [0096] Workout support module **142**; [0097] Imaging module **143** for still and/or video images; [0098] Image management module **144**; [0099] Video player module; [0100] Music player module; [0101] Browser module **147**; [0102] Calendar module **148**; [0103] Widget modules **149**, which optionally include one or more of: weather widget **149-1**,

stocks widget **149-2**, calculator widget **149-3**, alarm clock widget **149-4**, dictionary widget **149-5**, and other widgets obtained by the user, as well as user-created widgets **149-6**; [0104] Widget creator module **150** for making user-created widgets **149-6**; [0105] Search module **151**; [0106] Video and music player module **152**, which merges video player module and music player module; [0107] Notes module **153**; [0108] Map module **154**; and/or [0109] Online video module **155**. [0110] Examples of other applications **136** that are, optionally, stored in memory **102** include other word processing applications, other image editing applications, drawing applications, presentation applications, JAVA-enabled applications, encryption, digital rights management, voice recognition, and voice replication.

[0111] In conjunction with touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, contacts module **137** are, optionally, used to manage an address book or contact list (e.g., stored in application internal state **192** of contacts module **137** in memory **102** or memory **370**), including: adding name(s) to the address book; deleting name(s) from the address book; associating telephone number(s), e-mail address(es), physical address(es) or other information with a name; associating an image with a name; categorizing and sorting names; providing telephone numbers or e-mail addresses to initiate and/or facilitate communications by telephone module **138**, video conference module **139**, e-mail client module **140**, or IM module **141**; and so forth.

[0112] In conjunction with RF circuitry **108**, audio circuitry **110**, speaker **111**, microphone **113**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, telephone module **138** are optionally, used to enter a sequence of characters corresponding to a telephone number, access one or more telephone numbers in contacts module **137**, modify a telephone number that has been entered, dial a respective telephone number, conduct a conversation, and disconnect or hang up when the conversation is completed. As noted above, the wireless communication optionally uses any of a plurality of communications standards, protocols, and technologies.

[0113] In conjunction with RF circuitry **108**, audio circuitry **110**, speaker **111**, microphone **113**, touch screen **112**, display controller **156**, optical sensor **164**, optical sensor controller **158**, contact/motion module **130**, graphics module **132**, text input module **134**, contacts module **137**, and telephone module **138**, video conference module **139** includes executable instructions to initiate, conduct, and terminate a video conference between a user and one or more other participants in accordance with user instructions.

[0114] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, e-mail client module **140** includes executable instructions to create, send, receive, and manage e-mail in response to user instructions. In conjunction with image management module **144**, e-mail client module **140** makes it very easy to create and send e-mails with still or video images taken with imaging module **143**.

[0115] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, the IM module **141** includes executable instructions to enter a sequence of characters corresponding to an instant message, to modify previously entered characters, to transmit a respective instant message (for example, using a Short Message Service (SMS) or Multimedia Message Service (MMS) protocol for telephony-based instant messages or using XMPP, SIMPLE, or IMPS for Internet-based instant messages), to receive instant messages, and to view received instant messages. In some embodiments, transmitted and/or received instant messages optionally include graphics, photos, audio files, video files and/or other attachments as are supported in an MMS and/or an Enhanced Messaging Service (EMS). As used herein, "instant messaging" refers to both telephony-based messages (e.g., messages sent using SMS or MMS) and Internet-based messages (e.g., messages sent using XMPP, SIMPLE, or IMPS).

[0116] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**,

contact/motion module **130**, graphics module **132**, text input module **134**, GPS module **135**, map module **154**, and music player module, workout support module **142** includes executable instructions to create workouts (e.g., with time, distance, and/or calorie burning goals); communicate with workout sensors (sports devices); receive workout sensor data; calibrate sensors used to monitor a workout; select and play music for a workout; and display, store, and transmit workout data.

[0117] In conjunction with touch screen **112**, display controller **156**, optical sensor(s) **164**, optical sensor controller **158**, contact/motion module **130**, graphics module **132**, and image management module **144**, imaging module **143** includes executable instructions to capture still images or video (including a video stream) and store them into memory **102**, modify characteristics of a still image or video, or delete a still image or video from memory **102**.

[0118] In conjunction with touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, text input module **134**, and imaging module **143**, image management module **144** includes executable instructions to arrange, modify (e.g., edit), or otherwise manipulate, label, delete, present (e.g., in a digital slide show or album), and store still and/or video images.

[0119] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, browser module **147** includes executable instructions to browse the Internet in accordance with user instructions, including searching, linking to, receiving, and displaying web pages or portions thereof, as well as attachments and other files linked to web pages.

[0120] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, text input module **134**, e-mail client module **140**, and browser module **147**, calendar module **148** includes executable instructions to create, display, modify, and store calendars and data associated with calendars (e.g., calendar entries, to-do lists, etc.) in accordance with user instructions.

[0121] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, text input module **134**, and browser module **147**, widget modules **149** are mini-applications that are, optionally, downloaded and used by a user (e.g., weather widget **149-1**, stocks widget **149-2**, calculator widget **149-3**, alarm clock widget **149-4**, and dictionary widget **149-5**) or created by the user (e.g., user-created widget **149-6**). In some embodiments, a widget includes an HTML (Hypertext Markup Language) file, a CSS (Cascading Style Sheets) file, and a JavaScript file. In some embodiments, a widget includes an XML (Extensible Markup Language) file and a JavaScript file (e.g., Yahoo! Widgets).

[0122] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, text input module **134**, and browser module **147**, the widget creator module **150** are, optionally, used by a user to create widgets (e.g., turning a user-specified portion of a web page into a widget).

[0123] In conjunction with touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, search module **151** includes executable instructions to search for text, music, sound, image, video, and/or other files in memory **102** that match one or more search criteria (e.g., one or more user-specified search terms) in accordance with user instructions.

[0124] In conjunction with touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, audio circuitry **110**, speaker **111**, RF circuitry **108**, and browser module **147**, video and music player module **152** includes executable instructions that allow the user to download and play back recorded music and other sound files stored in one or more file formats, such as MP3 or AAC files, and executable instructions to display, present, or otherwise play back videos (e.g., on touch screen **112** or on an external, connected display via external port **124**). In some embodiments, device **100** optionally includes the functionality of an MP3 player, such as an iPod (trademark of Apple Inc.).

[0125] In conjunction with touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, and text input module **134**, notes module **153** includes executable instructions to create and manage notes, to-do lists, and the like in accordance with user instructions.

[0126] In conjunction with RF circuitry **108**, touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, text input module **134**, GPS module **135**, and browser module **147**, map module **154** are, optionally, used to receive, display, modify, and store maps and data associated with maps (e.g., driving directions, data on stores and other points of interest at or near a particular location, and other location-based data) in accordance with user instructions.

[0127] In conjunction with touch screen **112**, display controller **156**, contact/motion module **130**, graphics module **132**, audio circuitry **110**, speaker **111**, RF circuitry **108**, text input module **134**, e-mail client module **140**, and browser module **147**, online video module **155** includes instructions that allow the user to access, browse, receive (e.g., by streaming and/or download), play back (e.g., on the touch screen or on an external, connected display via external port **124**), send an e-mail with a link to a particular online video, and otherwise manage online videos in one or more file formats, such as H.264. In some embodiments, IM module **141**, rather than e-mail client module **140**, is used to send a link to a particular online video. Additional description of the online video application can be found in U.S. Provisional Patent Application No. 60/936,562, "Portable Multifunction Device, Method, and Graphical User Interface for Playing Online Videos," filed Jun. 20, 2007, and U.S. patent application Ser. No. 11/968,067, "Portable Multifunction Device, Method, and Graphical User Interface for Playing Online Videos," filed Dec. 31, 2007, the contents of which are hereby incorporated by reference in their entirety.

[0128] Each of the above-identified modules and applications corresponds to a set of executable instructions for performing one or more functions described above and the methods described in this application (e.g., the computer-implemented methods and other information processing methods described herein). These modules (e.g., sets of instructions) need not be implemented as separate software programs (such as computer programs (e.g., including instructions)), procedures, or modules, and thus various subsets of these modules are, optionally, combined or otherwise rearranged in various embodiments. For example, video player module is, optionally, combined with music player module into a single module (e.g., video and music player module **152**, FIG. **1A**). In some embodiments, memory **102** optionally stores a subset of the modules and data structures identified above. Furthermore, memory **102** optionally stores additional modules and data structures not described above.

[0129] In some embodiments, device **100** is a device where operation of a predefined set of functions on the device is performed exclusively through a touch screen and/or a touchpad. By using a touch screen and/or a touchpad as the primary input control device for operation of device **100**, the number of physical input control devices (such as push buttons, dials, and the like) on device **100** is, optionally, reduced.

[0130] The predefined set of functions that are performed exclusively through a touch screen and/or a touchpad optionally include navigation between user interfaces. In some embodiments, the touchpad, when touched by the user, navigates device **100** to a main, home, or root menu from any user interface that is displayed on device **100**. In such embodiments, a "menu button" is implemented using a touchpad. In some other embodiments, the menu button is a physical push button or other physical input control device instead of a touchpad.

[0131] FIG. **1B** is a block diagram illustrating exemplary components for event handling in accordance with some embodiments. In some embodiments, memory **102** (FIG. **1A**) or **370** (FIG. **3**) includes event sorter **170** (e.g., in operating system **126**) and a respective application **136-1** (e.g., any of the aforementioned applications **137-151**, **155**, **380-390**).

[0132] Event sorter **170** receives event information and determines the application **136-1** and

application view **191** of application **136-1** to which to deliver the event information. Event sorter **170** includes event monitor **171** and event dispatcher module **174**. In some embodiments, application **136-1** includes application internal state **192**, which indicates the current application view(s) displayed on touch-sensitive display **112** when the application is active or executing. In some embodiments, device/global internal state **157** is used by event sorter **170** to determine which application(s) is (are) currently active, and application internal state **192** is used by event sorter **170** to determine application views **191** to which to deliver event information.

[0133] In some embodiments, application internal state **192** includes additional information, such as one or more of: resume information to be used when application **136-1** resumes execution, user interface state information that indicates information being displayed or that is ready for display by application **136-1**, a state queue for enabling the user to go back to a prior state or view of application **136-1**, and a redo/undo queue of previous actions taken by the user.

[0134] Event monitor **171** receives event information from peripherals interface **118**. Event information includes information about a sub-event (e.g., a user touch on touch-sensitive display **112**, as part of a multi-touch gesture). Peripherals interface **118** transmits information it receives from I/O subsystem **106** or a sensor, such as proximity sensor **166**, accelerometer(s) **168**, and/or microphone **113** (through audio circuitry **110**). Information that peripherals interface **118** receives from I/O subsystem **106** includes information from touch-sensitive display **112** or a touch-sensitive surface.

[0135] In some embodiments, event monitor **171** sends requests to the peripherals interface **118** at predetermined intervals. In response, peripherals interface **118** transmits event information. In other embodiments, peripherals interface **118** transmits event information only when there is a significant event (e.g., receiving an input above a predetermined noise threshold and/or for more than a predetermined duration).

[0136] In some embodiments, event sorter **170** also includes a hit view determination module **172** and/or an active event recognizer determination module **173**.

[0137] Hit view determination module **172** provides software procedures for determining where a sub-event has taken place within one or more views when touch-sensitive display **112** displays more than one view. Views are made up of controls and other elements that a user can see on the display.

[0138] Another aspect of the user interface associated with an application is a set of views, sometimes herein called application views or user interface windows, in which information is displayed and touch-based gestures occur. The application views (of a respective application) in which a touch is detected optionally correspond to programmatic levels within a programmatic or view hierarchy of the application. For example, the lowest level view in which a touch is detected is, optionally, called the hit view, and the set of events that are recognized as proper inputs are, optionally, determined based, at least in part, on the hit view of the initial touch that begins a touch-based gesture.

[0139] Hit view determination module **172** receives information related to sub-events of a touch-based gesture. When an application has multiple views organized in a hierarchy, hit view determination module **172** identifies a hit view as the lowest view in the hierarchy which should handle the sub-event. In most circumstances, the hit view is the lowest level view in which an initiating sub-event occurs (e.g., the first sub-event in the sequence of sub-events that form an event or potential event). Once the hit view is identified by the hit view determination module **172**, the hit view typically receives all sub-events related to the same touch or input source for which it was identified as the hit view.

[0140] Active event recognizer determination module **173** determines which view or views within a view hierarchy should receive a particular sequence of sub-events. In some embodiments, active event recognizer determination module **173** determines that only the hit view should receive a particular sequence of sub-events. In other embodiments, active event recognizer determination

module **173** determines that all views that include the physical location of a sub-event are actively involved views, and therefore determines that all actively involved views should receive a particular sequence of sub-events. In other embodiments, even if touch sub-events were entirely confined to the area associated with one particular view, views higher in the hierarchy would still remain as actively involved views.

[0141] Event dispatcher module **174** dispatches the event information to an event recognizer (e.g., event recognizer **180**). In embodiments including active event recognizer determination module **173**, event dispatcher module **174** delivers the event information to an event recognizer determined by active event recognizer determination module **173**. In some embodiments, event dispatcher module **174** stores in an event queue the event information, which is retrieved by a respective event receiver **182**.

[0142] In some embodiments, operating system **126** includes event sorter **170**. Alternatively, application **136-1** includes event sorter **170**. In yet other embodiments, event sorter **170** is a stand-alone module, or a part of another module stored in memory **102**, such as contact/motion module **130**.

[0143] In some embodiments, application **136-1** includes a plurality of event handlers **190** and one or more application views **191**, each of which includes instructions for handling touch events that occur within a respective view of the application's user interface. Each application view **191** of the application **136-1** includes one or more event recognizers **180**. Typically, a respective application view **191** includes a plurality of event recognizers **180**. In other embodiments, one or more of event recognizers **180** are part of a separate module, such as a user interface kit or a higher level object from which application **136-1** inherits methods and other properties. In some embodiments, a respective event handler **190** includes one or more of: data updater **176**, object updater **177**, GUI updater **178**, and/or event data **179** received from event sorter **170**. Event handler **190** optionally utilizes or calls data updater **176**, object updater **177**, or GUI updater **178** to update the application internal state **192**. Alternatively, one or more of the application views **191** include one or more respective event handlers **190**. Also, in some embodiments, one or more of data updater **176**, object updater **177**, and GUI updater **178** are included in a respective application view **191**.

[0144] A respective event recognizer **180** receives event information (e.g., event data **179**) from event sorter **170** and identifies an event from the event information. Event recognizer **180** includes event receiver **182** and event comparator **184**. In some embodiments, event recognizer **180** also includes at least a subset of: metadata **183**, and event delivery instructions **188** (which optionally include sub-event delivery instructions).

[0145] Event receiver **182** receives event information from event sorter **170**. The event information includes information about a sub-event, for example, a touch or a touch movement. Depending on the sub-event, the event information also includes additional information, such as location of the sub-event. When the sub-event concerns motion of a touch, the event information optionally also includes speed and direction of the sub-event. In some embodiments, events include rotation of the device from one orientation to another (e.g., from a portrait orientation to a landscape orientation, or vice versa), and the event information includes corresponding information about the current orientation (also called device attitude) of the device.

[0146] Event comparator **184** compares the event information to predefined event or sub-event definitions and, based on the comparison, determines an event or sub-event, or determines or updates the state of an event or sub-event. In some embodiments, event comparator **184** includes event definitions **186**. Event definitions **186** contain definitions of events (e.g., predefined sequences of sub-events), for example, event 1 (**187-1**), event 2 (**187-2**), and others. In some embodiments, sub-events in an event (e.g., **187-1** and/or **187-2**) include, for example, touch begin, touch end, touch movement, touch cancellation, and multiple touching. In one example, the definition for event 1 (**187-1**) is a double tap on a displayed object. The double tap, for example, comprises a first touch (touch begin) on the displayed object for a predetermined phase, a first

liftoff (touch end) for a predetermined phase, a second touch (touch begin) on the displayed object for a predetermined phase, and a second liftoff (touch end) for a predetermined phase. In another example, the definition for event 2 (**187-2**) is a dragging on a displayed object. The dragging, for example, comprises a touch (or contact) on the displayed object for a predetermined phase, a movement of the touch across touch-sensitive display **112**, and liftoff of the touch (touch end). In some embodiments, the event also includes information for one or more associated event handlers **190**.

[0147] In some embodiments, event definitions **186** include a definition of an event for a respective user-interface object. In some embodiments, event comparator **184** performs a hit test to determine which user-interface object is associated with a sub-event. For example, in an application view in which three user-interface objects are displayed on touch-sensitive display **112**, when a touch is detected on touch-sensitive display **112**, event comparator **184** performs a hit test to determine which of the three user-interface objects is associated with the touch (sub-event). If each displayed object is associated with a respective event handler **190**, the event comparator uses the result of the hit test to determine which event handler **190** should be activated. For example, event comparator **184** selects an event handler associated with the sub-event and the object triggering the hit test.

[0148] In some embodiments, the definition for a respective event (**187**) also includes delayed actions that delay delivery of the event information until after it has been determined whether the sequence of sub-events does or does not correspond to the event recognizer's event type.

[0149] When a respective event recognizer **180** determines that the series of sub-events do not match any of the events in event definitions **186**, the respective event recognizer **180** enters an event impossible, event failed, or event ended state, after which it disregards subsequent sub-events of the touch-based gesture. In this situation, other event recognizers, if any, that remain active for the hit view continue to track and process sub-events of an ongoing touch-based gesture.

[0150] In some embodiments, a respective event recognizer **180** includes metadata **183** with configurable properties, flags, and/or lists that indicate how the event delivery system should perform sub-event delivery to actively involved event recognizers. In some embodiments, metadata **183** includes configurable properties, flags, and/or lists that indicate how event recognizers interact, or are enabled to interact, with one another. In some embodiments, metadata **183** includes configurable properties, flags, and/or lists that indicate whether sub-events are delivered to varying levels in the view or programmatic hierarchy.

[0151] In some embodiments, a respective event recognizer **180** activates event handler **190** associated with an event when one or more particular sub-events of an event are recognized. In some embodiments, a respective event recognizer **180** delivers event information associated with the event to event handler **190**. Activating an event handler **190** is distinct from sending (and deferred sending) sub-events to a respective hit view. In some embodiments, event recognizer **180** throws a flag associated with the recognized event, and event handler **190** associated with the flag catches the flag and performs a predefined process.

[0152] In some embodiments, event delivery instructions **188** include sub-event delivery instructions that deliver event information about a sub-event without activating an event handler. Instead, the sub-event delivery instructions deliver event information to event handlers associated with the series of sub-events or to actively involved views. Event handlers associated with the series of sub-events or with actively involved views receive the event information and perform a predetermined process.

[0153] In some embodiments, data updater **176** creates and updates data used in application **136-1**. For example, data updater **176** updates the telephone number used in contacts module **137**, or stores a video file used in video player module. In some embodiments, object updater **177** creates and updates objects used in application **136-1**. For example, object updater **177** creates a new user-interface object or updates the position of a user-interface object. GUI updater **178** updates the GUI. For example, GUI updater **178** prepares display information and sends it to graphics module

132 for display on a touch-sensitive display.

[0154] In some embodiments, event handler(s) **190** includes or has access to data updater **176**, object updater **177**, and GUI updater **178**. In some embodiments, data updater **176**, object updater **177**, and GUI updater **178** are included in a single module of a respective application **136-1** or application view **191**. In other embodiments, they are included in two or more software modules.

[0155] It shall be understood that the foregoing discussion regarding event handling of user touches on touch-sensitive displays also applies to other forms of user inputs to operate multifunction devices **100** with input devices, not all of which are initiated on touch screens. For example, mouse movement and mouse button presses, optionally coordinated with single or multiple keyboard presses or holds; contact movements such as taps, drags, scrolls, etc. on touchpads; pen stylus inputs; movement of the device; oral instructions; detected eye movements; biometric inputs; and/or any combination thereof are optionally utilized as inputs corresponding to sub-events which define an event to be recognized.

[0156] FIG. **2** illustrates a portable multifunction device **100** having a touch screen **112** in accordance with some embodiments. The touch screen optionally displays one or more graphics within user interface (UI) **200**. In this embodiment, as well as others described below, a user is enabled to select one or more of the graphics by making a gesture on the graphics, for example, with one or more fingers **202** (not drawn to scale in the figure) or one or more styluses **203** (not drawn to scale in the figure). In some embodiments, selection of one or more graphics occurs when the user breaks contact with the one or more graphics. In some embodiments, the gesture optionally includes one or more taps, one or more swipes (from left to right, right to left, upward and/or downward), and/or a rolling of a finger (from right to left, left to right, upward and/or downward) that has made contact with device **100**. In some implementations or circumstances, inadvertent contact with a graphic does not select the graphic. For example, a swipe gesture that sweeps over an application icon optionally does not select the corresponding application when the gesture corresponding to selection is a tap.

[0157] Device **100** optionally also include one or more physical buttons, such as “home” or menu button **204**. As described previously, menu button **204** is, optionally, used to navigate to any application **136** in a set of applications that are, optionally, executed on device **100**. Alternatively, in some embodiments, the menu button is implemented as a soft key in a GUI displayed on touch screen **112**.

[0158] In some embodiments, device **100** includes touch screen **112**, menu button **204**, push button **206** for powering the device on/off and locking the device, volume adjustment button(s) **208**, subscriber identity module (SIM) card slot **210**, headset jack **212**, and docking/charging external port **124**. Push button **206** is, optionally, used to turn the power on/off on the device by depressing the button and holding the button in the depressed state for a predefined time interval; to lock the device by depressing the button and releasing the button before the predefined time interval has elapsed; and/or to unlock the device or initiate an unlock process. In an alternative embodiment, device **100** also accepts verbal input for activation or deactivation of some functions through microphone **113**. Device **100** also, optionally, includes one or more contact intensity sensors **165** for detecting intensity of contacts on touch screen **112** and/or one or more tactile output generators **167** for generating tactile outputs for a user of device **100**.

[0159] FIG. **3** is a block diagram of an exemplary multifunction device with a display and a touch-sensitive surface in accordance with some embodiments. Device **300** need not be portable. In some embodiments, device **300** is a laptop computer, a desktop computer, a tablet computer, a multimedia player device, a navigation device, an educational device (such as a child's learning toy), a gaming system, or a control device (e.g., a home or industrial controller). Device **300** typically includes one or more processing units (CPUs) **310**, one or more network or other communications interfaces **360**, memory **370**, and one or more communication buses **320** for interconnecting these components. Communication buses **320** optionally include circuitry

(sometimes called a chipset) that interconnects and controls communications between system components. Device **300** includes input/output (I/O) interface **330** comprising display **340**, which is typically a touch screen display. I/O interface **330** also optionally includes a keyboard and/or mouse (or other pointing device) **350** and touchpad **355**, tactile output generator **357** for generating tactile outputs on device **300** (e.g., similar to tactile output generator(s) **167** described above with reference to FIG. **1A**), sensors **359** (e.g., optical, acceleration, proximity, touch-sensitive, and/or contact intensity sensors similar to contact intensity sensor(s) **165** described above with reference to FIG. **1A**). Memory **370** includes high-speed random access memory, such as DRAM, SRAM, DDR RAM, or other random access solid state memory devices; and optionally includes non-volatile memory, such as one or more magnetic disk storage devices, optical disk storage devices, flash memory devices, or other non-volatile solid state storage devices. Memory **370** optionally includes one or more storage devices remotely located from CPU(s) **310**. In some embodiments, memory **370** stores programs, modules, and data structures analogous to the programs, modules, and data structures stored in memory **102** of portable multifunction device **100** (FIG. **1A**), or a subset thereof. Furthermore, memory **370** optionally stores additional programs, modules, and data structures not present in memory **102** of portable multifunction device **100**. For example, memory **370** of device **300** optionally stores drawing module **380**, presentation module **382**, word processing module **384**, website creation module **386**, disk authoring module **388**, and/or spreadsheet module **390**, while memory **102** of portable multifunction device **100** (FIG. **1A**) optionally does not store these modules.

[0160] Each of the above-identified elements in FIG. **3** is, optionally, stored in one or more of the previously mentioned memory devices. Each of the above-identified modules corresponds to a set of instructions for performing a function described above. The above-identified modules or computer programs (e.g., sets of instructions or including instructions) need not be implemented as separate software programs (such as computer programs (e.g., including instructions)), procedures, or modules, and thus various subsets of these modules are, optionally, combined or otherwise rearranged in various embodiments. In some embodiments, memory **370** optionally stores a subset of the modules and data structures identified above. Furthermore, memory **370** optionally stores additional modules and data structures not described above.

[0161] Attention is now directed towards embodiments of user interfaces that are, optionally, implemented on, for example, portable multifunction device **100**.

[0162] FIG. **4A** illustrates an exemplary user interface for a menu of applications on portable multifunction device **100** in accordance with some embodiments. Similar user interfaces are, optionally, implemented on device **300**. In some embodiments, user interface **400** includes the following elements, or a subset or superset thereof: [0163] Signal strength indicator(s) **402** for wireless communication(s), such as cellular and Wi-Fi signals; [0164] Time **404**; [0165] Bluetooth indicator **405**; [0166] Battery status indicator **406**; [0167] Tray **408** with icons for frequently used applications, such as: [0168] Icon **416** for telephone module **138**, labeled “Phone,” which optionally includes an indicator **414** of the number of missed calls or voicemail messages; [0169] Icon **418** for e-mail client module **140**, labeled “Mail,” which optionally includes an indicator **410** of the number of unread e-mails; [0170] Icon **420** for browser module **147**, labeled “Browser;” and [0171] Icon **422** for video and music player module **152**, also referred to as iPod (trademark of Apple Inc.) module **152**, labeled “iPod;” and [0172] Icons for other applications, such as: [0173] Icon **424** for IM module **141**, labeled “Messages;” [0174] Icon **426** for calendar module **148**, labeled “Calendar;” [0175] Icon **428** for image management module **144**, labeled “Photos;” [0176] Icon **430** for imaging module **143**, labeled “Camera;” [0177] Icon **432** for online video module **155**, labeled “Online Video;” [0178] Icon **434** for stocks widget **149-2**, labeled “Stocks;” [0179] Icon **436** for map module **154**, labeled “Maps;” [0180] Icon **438** for weather widget **149-1**, labeled “Weather;” [0181] Icon **440** for alarm clock widget **149-4**, labeled “Clock;” [0182] Icon **442** for workout support module **142**, labeled “Workout Support;” [0183] Icon **444** for notes module **153**,

labeled “Notes;” and [0184] Icon **446** for a settings application or module, labeled “Settings,” which provides access to settings for device **100** and its various applications **136**.

[0185] It should be noted that the icon labels illustrated in FIG. **4A** are merely exemplary. For example, icon **422** for video and music player module **152** is labeled “Music” or “Music Player.” Other labels are, optionally, used for various application icons. In some embodiments, a label for a respective application icon includes a name of an application corresponding to the respective application icon. In some embodiments, a label for a particular application icon is distinct from a name of an application corresponding to the particular application icon.

[0186] FIG. **4B** illustrates an exemplary user interface on a device (e.g., device **300**, FIG. **3**) with a touch-sensitive surface **451** (e.g., a tablet or touchpad **355**, FIG. **3**) that is separate from the display **450** (e.g., touch screen display **112**). Device **300** also, optionally, includes one or more contact intensity sensors (e.g., one or more of sensors **359**) for detecting intensity of contacts on touch-sensitive surface **451** and/or one or more tactile output generators **357** for generating tactile outputs for a user of device **300**.

[0187] Although some of the examples that follow will be given with reference to inputs on touch screen display **112** (where the touch-sensitive surface and the display are combined), in some embodiments, the device detects inputs on a touch-sensitive surface that is separate from the display, as shown in FIG. **4B**. In some embodiments, the touch-sensitive surface (e.g., **451** in FIG. **4B**) has a primary axis (e.g., **452** in FIG. **4B**) that corresponds to a primary axis (e.g., **453** in FIG. **4B**) on the display (e.g., **450**). In accordance with these embodiments, the device detects contacts (e.g., **460** and **462** in FIG. **4B**) with the touch-sensitive surface **451** at locations that correspond to respective locations on the display (e.g., in FIG. **4B**, **460** corresponds to **468** and **462** corresponds to **470**). In this way, user inputs (e.g., contacts **460** and **462**, and movements thereof) detected by the device on the touch-sensitive surface (e.g., **451** in FIG. **4B**) are used by the device to manipulate the user interface on the display (e.g., **450** in FIG. **4B**) of the multifunction device when the touch-sensitive surface is separate from the display. It should be understood that similar methods are, optionally, used for other user interfaces described herein.

[0188] Additionally, while the following examples are given primarily with reference to finger inputs (e.g., finger contacts, finger tap gestures, finger swipe gestures), it should be understood that, in some embodiments, one or more of the finger inputs are replaced with input from another input device (e.g., a mouse-based input or stylus input). For example, a swipe gesture is, optionally, replaced with a mouse click (e.g., instead of a contact) followed by movement of the cursor along the path of the swipe (e.g., instead of movement of the contact). As another example, a tap gesture is, optionally, replaced with a mouse click while the cursor is located over the location of the tap gesture (e.g., instead of detection of the contact followed by ceasing to detect the contact). Similarly, when multiple user inputs are simultaneously detected, it should be understood that multiple computer mice are, optionally, used simultaneously, or a mouse and finger contacts are, optionally, used simultaneously.

[0189] FIG. **5A** illustrates exemplary personal electronic device **500**. Device **500** includes body **502**. In some embodiments, device **500** can include some or all of the features described with respect to devices **100** and **300** (e.g., FIGS. **1A-4B**). In some embodiments, device **500** has touch-sensitive display screen **504**, hereafter touch screen **504**. Alternatively, or in addition to touch screen **504**, device **500** has a display and a touch-sensitive surface. As with devices **100** and **300**, in some embodiments, touch screen **504** (or the touch-sensitive surface) optionally includes one or more intensity sensors for detecting intensity of contacts (e.g., touches) being applied. The one or more intensity sensors of touch screen **504** (or the touch-sensitive surface) can provide output data that represents the intensity of touches. The user interface of device **500** can respond to touches based on their intensity, meaning that touches of different intensities can invoke different user interface operations on device **500**.

[0190] Exemplary techniques for detecting and processing touch intensity are found, for example,

in related applications: International Patent Application Serial No. PCT/US2013/040061, titled “Device, Method, and Graphical User Interface for Displaying User Interface Objects Corresponding to an Application,” filed May 8, 2013, published as WIPO Publication No. WO/2013/169849, and International Patent Application Serial No. PCT/US2013/069483, titled “Device, Method, and Graphical User Interface for Transitioning Between Touch Input to Display Output Relationships,” filed Nov. 11, 2013, published as WIPO Publication No. WO/2014/105276, each of which is hereby incorporated by reference in their entirety.

[0191] In some embodiments, device **500** has one or more input mechanisms **506** and **508**. Input mechanisms **506** and **508**, if included, can be physical. Examples of physical input mechanisms include push buttons and rotatable mechanisms. In some embodiments, device **500** has one or more attachment mechanisms. Such attachment mechanisms, if included, can permit attachment of device **500** with, for example, hats, eyewear, earrings, necklaces, shirts, jackets, bracelets, watch straps, chains, trousers, belts, shoes, purses, backpacks, and so forth. These attachment mechanisms permit device **500** to be worn by a user.

[0192] FIG. 5B depicts exemplary personal electronic device **500**. In some embodiments, device **500** can include some or all of the components described with respect to FIGS. 1A, 1B, and 3. Device **500** has bus **512** that operatively couples I/O section **514** with one or more computer processors **516** and memory **518**. I/O section **514** can be connected to display **504**, which can have touch-sensitive component **522** and, optionally, intensity sensor **524** (e.g., contact intensity sensor). In addition, I/O section **514** can be connected with communication unit **530** for receiving application and operating system data, using Wi-Fi, Bluetooth, near field communication (NFC), cellular, and/or other wireless communication techniques. Device **500** can include input mechanisms **506** and/or **508**. Input mechanism **506** is, optionally, a rotatable input device or a depressible and rotatable input device, for example. Input mechanism **508** is, optionally, a button, in some examples.

[0193] Input mechanism **508** is, optionally, a microphone, in some examples. Personal electronic device **500** optionally includes various sensors, such as GPS sensor **532**, accelerometer **534**, directional sensor **540** (e.g., compass), gyroscope **536**, motion sensor **538**, and/or a combination thereof, all of which can be operatively connected to I/O section **514**.

[0194] Memory **518** of personal electronic device **500** can include one or more non-transitory computer-readable storage mediums, for storing computer-executable instructions, which, when executed by one or more computer processors **516**, for example, can cause the computer processors to perform the techniques described below, including processes **700**, **900**, and **1000** (FIGS. 7, 9A-9B, and 10). A computer-readable storage medium can be any medium that can tangibly contain or store computer-executable instructions for use by or in connection with the instruction execution system, apparatus, or device. In some examples, the storage medium is a transitory computer-readable storage medium. In some examples, the storage medium is a non-transitory computer-readable storage medium. The non-transitory computer-readable storage medium can include, but is not limited to, magnetic, optical, and/or semiconductor storages. Examples of such storage include magnetic disks, optical discs based on CD, DVD, or Blu-ray technologies, as well as persistent solid-state memory such as flash, solid-state drives, and the like. Personal electronic device **500** is not limited to the components and configuration of FIG. 5B, but can include other or additional components in multiple configurations.

[0195] As used here, the term “affordance” refers to a user-interactive graphical user interface object that is, optionally, displayed on the display screen of devices **100**, **300**, and/or **500** (FIGS. 1A, 3, and 5A-5B). For example, an image (e.g., icon), a button, and text (e.g., hyperlink) each optionally constitute an affordance.

[0196] As used herein, the term “focus selector” refers to an input element that indicates a current part of a user interface with which a user is interacting. In some implementations that include a cursor or other location marker, the cursor acts as a “focus selector” so that when an input (e.g., a

press input) is detected on a touch-sensitive surface (e.g., touchpad **355** in FIG. **3** or touch-sensitive surface **451** in FIG. **4B**) while the cursor is over a particular user interface element (e.g., a button, window, slider, or other user interface element), the particular user interface element is adjusted in accordance with the detected input. In some implementations that include a touch screen display (e.g., touch-sensitive display system **112** in FIG. **1A** or touch screen **112** in FIG. **4A**) that enables direct interaction with user interface elements on the touch screen display, a detected contact on the touch screen acts as a “focus selector” so that when an input (e.g., a press input by the contact) is detected on the touch screen display at a location of a particular user interface element (e.g., a button, window, slider, or other user interface element), the particular user interface element is adjusted in accordance with the detected input. In some implementations, focus is moved from one region of a user interface to another region of the user interface without corresponding movement of a cursor or movement of a contact on a touch screen display (e.g., by using a tab key or arrow keys to move focus from one button to another button); in these implementations, the focus selector moves in accordance with movement of focus between different regions of the user interface. Without regard to the specific form taken by the focus selector, the focus selector is generally the user interface element (or contact on a touch screen display) that is controlled by the user so as to communicate the user's intended interaction with the user interface (e.g., by indicating, to the device, the element of the user interface with which the user is intending to interact). For example, the location of a focus selector (e.g., a cursor, a contact, or a selection box) over a respective button while a press input is detected on the touch-sensitive surface (e.g., a touchpad or touch screen) will indicate that the user is intending to activate the respective button (as opposed to other user interface elements shown on a display of the device).

[0197] As used in the specification and claims, the term “characteristic intensity” of a contact refers to a characteristic of the contact based on one or more intensities of the contact. In some embodiments, the characteristic intensity is based on multiple intensity samples. The characteristic intensity is, optionally, based on a predefined number of intensity samples, or a set of intensity samples collected during a predetermined time period (e.g., 0.05, 0.1, 0.2, 0.5, 1, 2, 5, 10 seconds) relative to a predefined event (e.g., after detecting the contact, prior to detecting liftoff of the contact, before or after detecting a start of movement of the contact, prior to detecting an end of the contact, before or after detecting an increase in intensity of the contact, and/or before or after detecting a decrease in intensity of the contact). A characteristic intensity of a contact is, optionally, based on one or more of: a maximum value of the intensities of the contact, a mean value of the intensities of the contact, an average value of the intensities of the contact, a top 10 percentile value of the intensities of the contact, a value at the half maximum of the intensities of the contact, a value at the 90 percent maximum of the intensities of the contact, or the like. In some embodiments, the duration of the contact is used in determining the characteristic intensity (e.g., when the characteristic intensity is an average of the intensity of the contact over time). In some embodiments, the characteristic intensity is compared to a set of one or more intensity thresholds to determine whether an operation has been performed by a user. For example, the set of one or more intensity thresholds optionally includes a first intensity threshold and a second intensity threshold. In this example, a contact with a characteristic intensity that does not exceed the first threshold results in a first operation, a contact with a characteristic intensity that exceeds the first intensity threshold and does not exceed the second intensity threshold results in a second operation, and a contact with a characteristic intensity that exceeds the second threshold results in a third operation. In some embodiments, a comparison between the characteristic intensity and one or more thresholds is used to determine whether or not to perform one or more operations (e.g., whether to perform a respective operation or forgo performing the respective operation), rather than being used to determine whether to perform a first operation or a second operation.

[0198] As used herein, an “installed application” refers to a software application that has been downloaded onto an electronic device (e.g., devices **100**, **300**, and/or **500**) and is ready to be

launched (e.g., become opened) on the device. In some embodiments, a downloaded application becomes an installed application by way of an installation program that extracts program portions from a downloaded package and integrates the extracted portions with the operating system of the computer system.

[0199] As used herein, the terms “open application” or “executing application” refer to a software application with retained state information (e.g., as part of device/global internal state **157** and/or application internal state **192**). An open or executing application is, optionally, any one of the following types of applications: [0200] an active application, which is currently displayed on a display screen of the device that the application is being used on; [0201] a background application (or background processes), which is not currently displayed, but one or more processes for the application are being processed by one or more processors; and [0202] a suspended or hibernated application, which is not running, but has state information that is stored in memory (volatile and non-volatile, respectively) and that can be used to resume execution of the application.

[0203] As used herein, the term “closed application” refers to software applications without retained state information (e.g., state information for closed applications is not stored in a memory of the device). Accordingly, closing an application includes stopping and/or removing application processes for the application and removing state information for the application from the memory of the device. Generally, opening a second application while in a first application does not close the first application. When the second application is displayed and the first application ceases to be displayed, the first application becomes a background application.

[0204] Attention is now directed towards embodiments of user interfaces (“UI”) and associated processes that are implemented on an electronic device, such as portable multifunction device **100**, device **300**, or device **500**.

[0205] FIGS. **6A-6I** illustrate exemplary user interfaces for monitoring sound exposure levels, in accordance with some embodiments. The user interfaces in these figures are used to illustrate the processes described below, including the processes in FIG. **7**.

[0206] FIG. **6A** illustrates a user who is wearing headphones **600A**, watch **600B**, and using phone **600C**. Headphones **600A** are equipped with a sound reduction feature that can be selectively and/or automatically enabled or disabled. When enabled, the sound reduction feature can reduce the level of noise experienced by the user. For example, while the environmental noise is at a first level, e.g., 80 decibels (due to loud traffic noise), the user experiences only 60 decibels of noise when the feature is enabled. If the user disables the feature in that same environment, he would experience the unmodified 80 decibels of noise. In some embodiments, headphones **600A** also includes one or more microphones for detecting audio commands from the user and/or to measure environmental noise levels. Watch **600B** includes a display **602A**, which in FIG. **6A**, displays the current time. Watch **600B** also includes rotatable and depressible input mechanism **604** (e.g., rotatable and depressible in relation to a housing or frame of the device), and a microphone **606** for detecting audio commands from the user and/or to measure environmental noise levels. Phone **600C** includes display **602B**, which in FIG. **6A**, is displaying a home screen.

[0207] In some embodiments, headphones **600A** includes one or more features of devices **100**, **300**, and/or **500**. In some embodiments, watch **600B** includes one or more features of devices **100**, **300**, and/or **500**. In some embodiments, phone **600C** includes one or more features of devices **100**, **300**, and/or **500**. In some embodiments, headphones **600A** are a wearable electronic device (e.g., earbuds, in-ear listening devices) that include sound generation and sound reduction functions. In some embodiments, headphones **600A** generate an active and/or dynamic sound reduction effect (e.g., the headphones **600A** generate varying levels of sound reduction in response to varying levels of environmental sound). In some embodiments, headphones **600A** generate a constant sound reduction effect (e.g., via mechanical/physical structures of the headphones). In some embodiments, headphones **600A** generate a sound reduction effect when a sound reduction function for headphones **600A** is enabled, and do not generate a sound reduction effect when the sound

reduction function is not enabled.

[0208] As depicted in FIG. 6B, home user interface **608A** on watch **600B** includes multiple affordances, each affordance associated with an application stored on watch **600B**. For example, noise affordance **614** launches a noise monitoring application. FIG. 6B depicts watch **600B** receiving user input **612** (e.g., a tap) on noise affordance **614**. In response to receiving user input **612**, device **600** displays user interface **610A** (e.g., an interface associated with the noise application), as depicted in FIG. 6C.

[0209] FIG. 6C depicts noise user interface **610A** on watch **600B** while the sound reduction function of headphones **600A** is not enabled and the user is in an environment where the ambient noise level is 90 dB (e.g., without any sound reduction). In FIG. 6C, noise user interface **601A** includes indication of time **616** (e.g., indicating a current time of 10:09), noise level indicator **618**, noise meter indicator **620**, and noise status indicator **622A**. Noise level indicator **618** provides a numeric indication (e.g., indicating a current noise level of 90 dB) of a first noise level value (e.g., measured by or determined by watch **600B** based on noise data identified by microphone **606**) that is experienced by a user of watch **600B** without a sound reduction effect (e.g., noise cancellation sound reduction via headphones **600A**); this level can also be referred to as an environmental and/or unmodified noise level. Noise status indicator **622A** provides a non-numeric indication (e.g., an indication including text and/or graphics) of the first noise level value (e.g., measured by or determined by watch **600B** from noise data derived from microphone **606**) relative to a first noise level threshold (e.g., a safe noise level threshold, a predetermined 90 dB threshold) and selectable option **624**. Selectable option **624** can be selected by an input to present additional information related to hearing health (e.g., a description of the long term exposure effects of sound levels above a threshold value). In some embodiments, the first noise level threshold is user-configurable. In some embodiments, watch **600B** identifies a noise level based on noise data detected by a sensor (e.g., microphone **606**) of the watch **600B** (e.g., the first noise level represents a noise level of the physical environment (e.g., environmental noise level) where watch **600B** is located).

[0210] Noise meter indicator **620** provides a graphical indication of a second noise level (e.g., measured by watch **600B** via microphone **606**) that corresponds to the noise level indicated by noise level indicator **618**. In some embodiments, the second noise level and the first noise level are the same noise level. In some embodiments, the first noise level and the second noise level are determined based on common noise data sampled at different time periods and/or rates (e.g., 1-second and 0.1-seconds, respectively). Noise meter indicator **620** includes active portion **620A** (e.g., a visually emphasized portion) that varies in size and/or color according to the second noise level. As illustrated by the following figures, the size of active portion **620A** increases as the second noise level increases and the color of the active portion **620A** changes relative to a second noise level threshold. In some embodiments, the size of the active portion **620A** includes one or more visually emphasized units (e.g., bubbles, bars, blocks) that are part of one or more units (e.g., the bubbles, bars, blocks) making up the noise meter indicator **620**. In some embodiments, each emphasized unit in active portion **620A** represents a predetermined number of decibels (e.g., one unit equals 10 dB of noise). In some embodiments, the first noise level threshold and the second noise level threshold are the same noise level (e.g., 86 dB).

[0211] The noise levels (e.g., values, amplitudes) indicated by the appearance of noise level indicator **618**, noise meter indicator **620**, and noise status indicator **622A** (e.g., as described below), are updated in response to watch **600B** determining one or more noise levels based on received noise data (e.g., the indications update as ambient/environmental noise levels are continuously determined or measured by watch **600B**). In some embodiments, noise levels are measured or detected by a device external to watch **600B** (e.g., device **600B** receives data representing a current noise level from a remote device communicatively coupled with device **600B**).

[0212] As depicted in FIG. 6D, subsequent to a determination that a noise level (e.g., environmental sound level) exceeds a notification sound level threshold (e.g., 80 dB or 86 dB) for a

period of time (e.g., a predetermined amount of time, 1-second, or 3-minutes) and that a sound reduction device (e.g., headphones **600A**, earbuds, headphones, etc.) is not being used and/or is not actively producing a sound reduction effect, device **600B** displays noise notification user interface **610B** including noise notification **626A** (e.g., a noise level summary). Noise notification user interface **610B** includes an explanation of what constitutes a loud environment, an explanation of the damage to hearing that can be done from exposure to the loud environment, and suggestions for limiting exposure to the loud environment (e.g., “considering using hearing protection”). Noise notification **626A** includes portions that extend beyond noise notification user interface **610B** displayed on display **602A** and that are accessed in response to device **600B** receiving user inputs at depressible input mechanism **604** (e.g., a scroll input). In response to receiving the inputs, device **600B** displays additional portions of noise notification **626A** of noise notification user interface **610B** as depicted in FIG. **6D**.

[0213] As depicted in FIG. **6D**, noise notification **626A** of noise notification user interface **610A** includes noise application affordance **628** for launching the noise application, mute affordances **630** and **632** for suppressing display of subsequent noise notifications (e.g., display of noise notification user interface **610B**) for a specified time periods (e.g., 1-hour and the remainder of the day). In some embodiments, in response to receiving a user input (e.g., a tap) that is not on affordance **628**, **630**, or **632**, device **600B** displays (e.g., re-displays) noise user interface **610A**. In some embodiments, in response to receiving a user input selecting one of the mute affordances **630** and **632** or a dismiss affordance, device **600B** displays (e.g., re-displays) user interface **608A** or another user interface on display **602A**. In some embodiments, selection of one of the mute affordances **630** and **632** causes device **600B** to suppress (e.g., to forgo displaying noise notification user interface **610B** despite a notification triggering condition being detected by device **600B**) subsequent notifications for a predetermined auto-suppression period (e.g., time periods corresponding to the time periods displayed at mute affordances **630** and **632**, 1-hour, today, etc.). In some embodiments, notification user interface **610B** includes a graphical indication of a noise exposure level (e.g. noise meter indicator **620**).

[0214] FIG. **6E** depicts noise user interface **610A** after the user has enabled sound reduction function of headphones **600A**, while remaining in the same environment with a 90 dB ambient noise level. User interface **610A** includes sound reduction indicator **638** (e.g., “level reduced by ear pods”) that informs the user that headphones **600A** (“EAR PODS”) are reducing the ambient noise level. FIG. **6E** further depicts that the environmental sound level is being reduced to a perceived noise level (e.g., a noise level experienced by a user of the sound reduction device (e.g., headphones **600A**)), as indicated by noise level indicator **618** to be 76 dB. User noise interface **610A** further includes selectable option **624**, which displays an indication that the perceived sound level is safe (e.g., “Long term exposure to sound at this level should not affect your hearing”).

[0215] FIG. **6F** depicts user interface **610A** while the environmental sound level is being actively reduced by headphones **600A** to a perceived noise level indicated by noise level indicator **618** to be 76 dB. Noise status indicator **622A** is shown displayed on user interface **610** and textually and graphically (e.g., check-mark symbol) indicates that long-term exposure to sound at this level (e.g., 76 dB) will not affect the user's hearing. Noise status indicator also includes selectable “Learn More” option **624**. In response to receiving a touch input on option **624**, the user can scroll the noise status indicator **622A** using rotatable and depressible input mechanism **604** to read the additional text illustrated below option **624**, which indicates to the user that the sound level without headphones **600A** is above a safe level, but that with headphones **600A** the sound level is not damaging to the user's hearing.

[0216] In FIG. **6G**, the ambient sound level has increased to 101 dB. FIG. **6G** depicts user interface **610A** while the environmental sound level (101 dB) is being actively reduced by headphones **600A** to a perceived noise level indicated by noise level indicator **618** to be 86 dB. Noise status indicator **622B** indicates that repeated long-term exposure to sound at this level (e.g., 86 dB) can damage the

user's hearing. In response to receiving a touch input on option **624**, the user can scroll the noise status indicator **622A** to read the additional text illustrated below option **624**, which indicates to the user that the sound level without headphones **600A** is above a safe level (e.g., 101 dB), and that with headphones **600A** the sound level is still above a safe level.

[0217] As depicted in FIG. **6H** watch **600B** displays noise notification user interface **610B** including noise notification **626B**. Noise notification **626B** textually indicates to the user that the user was exposed to sound levels of 90 dB, that hearing loss can result from being exposed to such sound levels, and that the measurement presented takes into account a sound reduction effect from wearing the headphones **600A**. Additionally, noise notification **626B** provides a textual suggestion to the user to use hearing protection or to move to a less noisy area (e.g., consider using hearing protection or moving to a quieter area).

[0218] In FIG. **6H**, noise notification user interface **610B** includes an explanation of what a loud environment consists of, an explanation of the damage to hearing that can be done from exposure to the loud environment, and suggestions for limiting exposure to the loud environment (e.g., “considering using hearing protection”). Noise notification **626A** includes portions that extend beyond noise notification user interface **610B** displayed on display **602A** and that are accessed in response to device **600B** receiving user inputs at depressible input mechanism **604** (e.g., a scroll input). In response to receiving the inputs, device **600B** displays additional portions of noise notification **626A** of noise notification user interface **610B** as depicted in FIG. **6D**.

[0219] FIG. **6I** depicts watch **600B** and phone **600C** displaying corresponding noise notification **626A** and phone noise notification **634** when watch **600B** and phone **600C** are in communication and a noise notification has been generated by a noise level condition that exceeds the predetermined noise level criteria. In some embodiments, noise notification **626A** and phone noise notification **634** are the same. In some embodiments, phone noise notification **634** includes additional information not included with noise notification **626A**.

[0220] FIG. **7** is a flow diagram illustrating a method **700** for managing and visualizing sound reduction, in accordance with some embodiments. Method **700** is performed at a computer system (e.g., **100**, **300**, **500**, **600B**, **600C**) (e.g., a smart watch, a smart phone, a personal computer, a laptop, a tablet) that is in communication with a display generation component (e.g., **602A**, **602B**) (e.g., an integrated display and/or a connected display). In some embodiments, the computer system is tablet, phone, laptop, desktop, a head mounted display (“HMD”), device with a mechanical wheelbase, self-propelled device, smart speaker, personal assistive device, robot, and/or camera. Some operations in method **700** are, optionally, combined, the orders of some operations are, optionally, changed, and some operations are, optionally, omitted.

[0221] As described below, method **700** provides an intuitive way for managing and visualizing sound reduction. The method reduces the cognitive burden on a user for managing and visualizing sound reduction, thereby creating a more efficient human-machine interface. For battery-operated computing devices, enabling a user to determine the level of sound they are being exposed to while using a sound reduction device and while not using the sound reduction device faster and more efficiently conserves power and increases the time between battery charges.

[0222] The computer system, while a detected environmental noise level (e.g., a currently detected level, previously detected (e.g., recently detected) level, a level over a period of time (e.g., the last 10 seconds, 1 minute, or 5 minutes)) is at a first noise level (e.g., a level measured in decibels; an unmodified, ambient detected noise level), in accordance with a determination that a set of one or more sound reduction criteria are met, displays (**702**), via the display generation component, a user interface (e.g., **610A**) (e.g., an interface of a noise level monitoring application; an interface of a noise level notification) that includes an indication (e.g., **618**, **620**, **620A**) (e.g., a graphical indication and/or a textual indication) that indicates a second noise level that is lower than the first noise level when (e.g., because, as a result of, and/or caused by) a first user (e.g., a user associated with an account logged into the system; a user that is detected via one or more sensors of the

system and/or connected to the system) of the computer system is using a sound reduction device (e.g., **600A**) (e.g., noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs) (e.g., lower based on a detected or estimated amount of noise reduction provided by the sound reduction device). In some embodiments, the environmental noise level is detected by an acoustic sensor (e.g., a microphone) that is in communication with the computer system (e.g., an integrated sensor, a separate sensor connected to the system). In some embodiments, the system is in communication with two or more acoustic sensors that includes an acoustic sensor that detects unmodified, ambient noise and a sensor that detects ambient noise, as modified by the sound reduction device. In some embodiments, the indication also indicates (e.g., graphically or textually) that the second noise level is a modified noise level.

[0223] The computer system, while the detected environmental noise level is at the first noise level, in accordance with a determination that the set of one or more sound reduction criteria are not met (e.g., as shown in FIG. **6C**), displays (**704**), via the display generation component, a second user interface (e.g., **610A**) that indicates the first noise level (e.g., indicates an unmodified/unreduced noise level) (e.g., **618** and **620A** of FIG. **6C**). In some embodiments, the second user interface includes one or more graphical elements that are also in the first user interface. Automatically displaying the indication that indicates the first noise level or the second noise level, based on whether the set of criteria are met provides the user with information about whether sound reduction is in effect. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0224] In some embodiments, in accordance with a determination that a set of one or more sound reduction criteria are met (e.g., as shown in FIG. **6E**), the first user interface includes an indication (e.g., **638**) (e.g., a textual or graphical indication) that the second noise level is based on use of the sound reduction device, and in accordance with a determination that the set of one or more sound reduction criteria are not met, the second user interface does not include the indication that the second noise level is based on use of the sound reduction device. In some embodiments, the second user interface includes an indication that the first noise level is an environmental noise level and/or an unmodified noise level. Including an indication that the second noise level is based on use of the sound reduction device when certain criteria are met allows the user to quickly recognize when the indication takes into account sound reduction. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0225] In some embodiments, while displaying the first user interface, the computer system detects that the user of the computer system is no longer using the sound reduction device, and in response to detecting that the user of the computer system is no longer using the sound reduction device, the display generation component displays an indication (e.g., **626A**) (e.g., a textual (e.g., “Sound reduction is not active) or graphical indication) that sound reduction is not active. In some embodiments, the computer system detects that the set of one or more sound reduction criteria are no longer met. In some embodiments, the display generation component transitions to display the second user interface. Automatically displaying an indication that sound reduction is not active when certain conditions are met, automatically provides the user with visual feedback of the change in sound reduction status. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0226] In some embodiments, while displaying the first user interface, the computer system detects that the set of one or more sound reduction criteria are no longer met, and in response to detecting

that the set of one or more sound reduction criteria are no longer met, replaces the first user interface (e.g., **610A** of FIG. **6C**) with the second user interface (e.g., **610A** of FIG. **6E**).

Automatically updating the indication from the second noise level to the first noise level when the set of one or more criteria are no longer met, automatically provides the user with visual feedback of the change in sound reduction status. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0227] In some embodiments, in accordance with a determination that the set of one or more sound reduction criteria are met, the first user interface further indicates (e.g., in addition to indicating the second sound level) the first noise level (e.g., the indication indicates the first noise level and the second noise level) (e.g., as seen in FIG. **6G** (“the sound level without Ear Pods is 101 dB).

Automatically including an indication of the first noise level (e.g., the environmental noise level) and the second noise level (e.g., the reduced noise level) when criteria are met provides the user with feedback as to both noise levels, allowing the user to compare them. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0228] In some embodiments, in accordance with a determination that the set of one or more sound reduction criteria are met and in accordance with a determination that the second noise level exceeds a first noise level threshold (e.g., a safe noise level threshold), the first user interface further indicates (e.g., via **622B**, **626A**, and **626B**) (e.g., textually, graphically) that the noise level threshold has been exceeded (e.g., “around 30 min at this level can cause temporary hearing loss.”). Automatically including an indication that a noise level threshold has been exceeded when criteria are met provides the user with feedback as to both noise levels, allowing the user to compare them. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0229] In some embodiments, in accordance with a determination that the set of one or more sound reduction criteria are met and in accordance with a determination that the second noise level exceeds a second noise level threshold (e.g., a safe noise level threshold; a threshold that is the same or different from the first noise level threshold), including, in the first user interface a first selectable graphical object (e.g., **624**), that when selected, causes display (e.g., launches the application) of a user interface (e.g., **610B**) of a hearing-related application (e.g., **614**) (e.g., an application that includes information and/or one or more functions related to monitoring hearing), and a second selectable graphical object (e.g., **628**, **630**, **632**), that when selected, initiates a process to suppress one or more noise-related notifications (e.g., **622B**) (e.g., future notifications that would be issued, if not suppressed, when one or more noise-related criteria are met (e.g., when a safe noise level is exceeded)). In some embodiments, the user interface further includes an indication (e.g., textual or graphical) to take steps to reduce the noise level (e.g., to move to a less noisy location). Automatically providing selectable options to open a hearing-related application and to manage noise-related notifications when certain criteria are met provides the user relevant functionality and feedback as to the criteria being met. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0230] In some embodiments, while the first noise level (e.g., the environmental noise level) is above a third noise threshold (e.g., a safe noise level threshold; a threshold that is the same or different from the first or second noise level thresholds): in accordance with a determination that the set of one or more sound reduction criteria are not met, including, in the second user interface,

an indication (e.g., **622A**) (e.g., a graphical or textual indication) that the first noise level (e.g., the environmental noise level) has exceeded the third noise threshold, and in accordance with a determination that the set of one or more sound reduction criteria are met and a determination that the second noise level (e.g., the noise level as reduced by a sound reduction effect) is not above the third noise threshold, forgoing including, in the first user interface, an indication (e.g., **622B**) that the second noise level has exceeded the third noise threshold. In some embodiments, in accordance with a determination that the set of one or more sound reduction criteria are met and a determination that the second noise level is above the third noise threshold, including, in the first user interface, an indication that the second noise level has exceeded the third noise threshold. Automatically including or not including indications that a noise level (e.g., the first or second) is above a threshold noise level provides the user with relevant feedback, when certain conditions are met. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0231] In some embodiments, in accordance with a determination that the set of one or more sound notification criteria are met: issuing a first notification (e.g., **626A**) (e.g., a visual, audio, and/or haptic notification) based on the set of one or more sound notification criteria being met (e.g., a notification that a safe sound level threshold has been exceeded), and initiating a process (e.g., by transmitting data and/or instructions to the external computer system) to cause an external computer system (e.g., **600C**) that is in communication with the computer system to issue a second notification (e.g., **634**) (e.g., a visual, audio, and/or haptic notification) based on the set of one or more sound notification criteria being met (e.g., a notification that a safe sound level threshold has been exceeded). In some embodiments, the set of one or more sound notification criteria include a criterion that is met when the first and/or the second noise levels exceed a fourth noise threshold (e.g., a safe noise level threshold; a threshold that is the same or different from the first, second, and/or third noise level thresholds)). Automatically causing notifications to be automatically issued when criteria are met provides the user with feedback as to a potentially relevant event. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0232] In some embodiments, the computer system is in communication with one or more audio sensors (e.g., **606**) (e.g., microphones), the first and second noise levels are detected via the one or more audio sensors, and the sound reduction device is an external sound reduction device (e.g., **600A**) (e.g., external noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs).

[0233] Note that details of the processes described above with respect to method **700** (e.g., FIG. 7) are also applicable in an analogous manner to the methods described below. For example, methods **900** and **1000** optionally includes one or more of the characteristics of the various methods described above with reference to method **700**. For example, the environmental sound level graph with a sound reduction option elements of method **900** and the sound reduction graph elements of method **1000** can be combined with the indication of a noise level a user is exposed to while using a sound reduction device or not using a sound reduction device elements of method **700** within one or more user interfaces of one or more of user devices **600B** and **600C**. For brevity, these details are not repeated below.

[0234] FIGS. **8A-8H** depict device **800** displaying user interfaces (e.g., user interface **802A-802H**) on display **602B** for accessing and displaying noise exposure data for a user, including environmental noise data (e.g., the noise level of the environment the user is in) and sound reduction noise data (e.g., the noise level of the environment the user is in reduced by a sound reduction effect produced by a sound reduction device being worn by the user).

[0235] FIG. **8A** illustrates the user who is wearing headphones **600A**, watch **600B**, and using phone

600C, similar to what was shown in FIG. 6A. In FIG. 8A, phone **600C** is displaying a home screen **802A**. As depicted in FIG. 8A, phone **600C** receives input **804A** from the user at the health affordance illustrated on home screen **802A**, and in response, displays health user interface **802B**, as shown in FIG. 8B.

[0236] FIG. 8B illustrates health user interface **802B** displayed on display **602B** of phone **600C** for accessing user health data. FIG. 8B further depicts phone **600C** receiving input **804B** at hearing affordance **806**. Upon detecting this input, phone **600C** displays hearing user interface **802C** as depicted in FIG. 8C.

[0237] FIG. 8C depicts phone **600C** displaying hearing user interface **802C** on display **602B**, in response to the input received at hearing affordance **806**. Hearing user interface **802C** includes various affordances for accessing, displaying, and manipulating noise data (e.g., environmental noise data and sound reduction noise data) over a selectable period of time (e.g., day, week, month, year, etc.). FIG. 8C depicts phone **600C** receiving user input **804C** at environmental sound levels affordance **808A** and receiving user input **804D** at environmental sound reduction affordance **808B**. In response to detecting user input **804C**, phone **600C** displays sound level user interfaces **802D** and **802E** illustrated in FIGS. 8D-8E. In response to detecting user input **804D**, phone **600C** displays sound reduction user interfaces **802F-802H** illustrated in FIGS. 8F-8H.

[0238] FIGS. 8D-8E depict sound level exposure user interfaces **802D** and **802E**, respectively, including graph **814A** and **814B** displaying noise exposure data (e.g., amplitudes or levels of noise that the user has been exposed to) for a time period that is selectable via the time period icons **810** (e.g., hour, day, week, month, 6 months, year).

[0239] As depicted in FIG. 8D, noise exposure data associated with a week is selected via user input (e.g., a tap) on the “W” of the time period icons **810**. In response to detecting the selection of the “W”, phone **600C** bolds the “W” icon and updates graph **814A** to display sound level exposure with sound reduction for the user for a period of a week in order to provide a visual indication of the noise exposure data determined by watch **600B**.

[0240] As depicted in FIG. 8D, exposure indication **816A** indicates, graphically (e.g., via the “check mark”) and textually (e.g., “Exposure OK”) that the sound level exposure for the user of the phone **600C** is at an exposure level that is considered to not be harmful (e.g., below 80 dB, etc.) for the selected period (e.g., week). Sound level exposure user interface **802D** further includes various affordances for manipulating sound exposure data displayed by graph **814A** (e.g., exposure with sound reduction affordance **812A**). FIG. 8D depicts “Exposure with Sound Reduction” affordance **812A** as bolded, indicating that affordance **812A** is currently selected (e.g., selected via user input). In response to the selection of affordance **812A**, graph **814A** displays sound level exposure for the user that is the result of a sound reduction effect via headphones **600A** (e.g., a sound level exposure that is less than the environmental sound level of the environment that the user was present in at the relevant time).

[0241] As depicted in FIG. 8D, graph **814A** displays the time along the X-axis (e.g., the day, “SUN”, “MON”, etc.) and decibels along the Y-axis (e.g., 0 to 100 dB). A plot of the measured sound level exposures for each day of the week is displayed on graph **814A** as a visual indicator of the sound level exposure for each day of the period for the user. Additionally, as depicted in FIG. 8D, a straight line extending parallel to the X-axis of graph **814A** corresponds to an average sound level exposure with sound reduction (e.g., 76 dB) for the time period (e.g., week). In some embodiments, the line corresponds to a median of the sound level exposure with sound reduction.

[0242] As depicted in FIG. 8D, the various affordances for manipulating sound exposure data further include Exposure with Sound Reduction affordance **812B**, Daily Averages affordance **812C**, Latest Affordance **812D**, Range affordance **812E**, and Noise Notifications affordance **812F**. As shown in FIG. 8E, selecting the Exposure with Sound Reduction affordance **812B** results in graph **814B** displaying a graphical representation of the level of sound exposure that the user of the phone **600C** would have been exposed to if the sound reduction effect of the headphones **600A** was not

enabled. Daily Averages affordance **812C** displays the daily averages for the sound level exposure that the user is exposed to for the period. In some embodiments, Daily Averages affordance **812C** displays a range of daily sound level exposure averages including the lowest daily average and the highest daily average sound level exposure for the user. In some embodiments, in response to selection of Daily Averages affordance **812C**, additional information related to the daily averages of the sound level exposure is displayed on display **602B**.

[0243] As depicted in FIG. **8D**, Latest Affordance **812D** displays the latest noise level data and the time that the noise level data was determined (e.g., “4:25 AM 52 dB). In some embodiments, in response to selection of Latest Affordance **812D**, phone **600C** displays additional information related to the latest sound level exposure data. Range affordance **812E** displays a range of sound levels (e.g., 46-102 dB) that the user has been exposed to during the selected period (e.g., week). In some embodiments, in response to selection of Range affordance **812E**, phone **600C** displays additional information related to the range of sound level exposure data. Noise Notifications affordance **812F** displays the number of noise notifications (e.g., 1) that have been generated during the selected time period (e.g., week). In some embodiments, in response to selection of Noise Notifications affordance **812F**, phone **600C** displays additional information related to the noise notifications (e.g., historical notification data, notification setup, etc.).

[0244] As depicted in FIG. **8E**, the noise exposure data associated with the week remains selected. In response to selection of Exposure without Sound Reduction affordance **812B**, graph **814B** displays sound level exposure without sound reduction (e.g., environmental sound level) for the user for the period of the week in order to provide a visual indication of the noise exposure data determined by the wearable user device (e.g., watch) **600B**.

[0245] As depicted in FIG. **8E**, exposure indication **816B** indicates, graphically (e.g., via the triangle with an exclamation mark symbol) and textually (e.g., “Exposure Loud”) that the sound level exposure for the user of phone **600C** is at an exposure level that is considered to be loud (e.g., potentially harmful to the user, above 80 dB, etc.) for the selected period (e.g., week). Due to the selection of affordance **812B**, graph **814B** displays sound level exposure for the user for the week that corresponds to the environmental sound level for the environment the user was in throughout the week (e.g., the sound level exposure does not take into account a sound reduction effect via headphones **600A** for the time period). As also depicted in FIG. **8E**, the straight line illustrated on graph **814B** corresponds to an average sound level exposure without sound reduction (e.g., 82 dB) for the time period (e.g., week) for the user of phone **600C**.

[0246] FIGS. **8F-8H** depict sound reduction effect user interfaces **802F-802H**, respectively, including graphs **814C**, **814D**, and **814E** which display sound reduction effect data (e.g., amplitudes or levels of sound reduction generated by earphones **600A**) for a time period that is selectable via time period icons **810** (e.g., hour, day, week, month, 6 months, year, etc.).

[0247] As depicted in FIG. **8F**, sound reduction effect data associated with a week is displayed in graph **814C** of sound reduction user interface **802F**. Graph **814C** displays the time along the X-axis (e.g., the day, “SUN”, “MON”, etc.) and decibels along the Y-axis (e.g., 0 to 20 dB). Points displayed on graph **814C** represent an active (e.g., variable in response to environmental sound levels in order to attempt to maintain a sound level perceived by the user of headphones **600A**) sound reduction effect (e.g., the amount of sound cancellation produced by earphones **600A**) for each day of the week of the period for the user wearing earphones **600A**. Additionally, as depicted in FIG. **8F**, a straight line extending parallel to the X-axis of graph **814C** corresponds to an average sound reduction effect (e.g., 10 dB) for the time period (e.g., week). In some embodiments, the line corresponds to a median of the sound reduction effect.

[0248] As depicted in FIG. **8F**, graph **814A** displays the time along the X-axis (e.g., the day, “SUN”, “MON”, etc.) and decibels along the Y-axis (e.g., 0 to 100 dB). A plot of the measured sound level exposures for each day of the week is displayed on graph **814A** as a visual indicator of the sound level exposure for each day of the period for the user. Additionally, as depicted in FIG.

8D, a straight line extending parallel to the X-axis of graph **814A** corresponds to an average sound level exposure with sound reduction (e.g., 76 dB) for the time period (e.g., week). In some embodiments, the line corresponds to a median of the sound level exposure with sound reduction. As depicted in FIG. **8F**, range indicator **818A** displays a range of sound reduction effects (e.g., an amount of sound cancellation produced by earphones **600A**) that the user has experienced via earphones **600A** during the selected (e.g., week).

[0249] FIG. **8F** depicts receiving user input **804E** (e.g., a tap) on the “D” (e.g., day) representation of time period icons **810** (e.g., hour, day, week, month, 6 months, year, etc.) and receiving user input **804F** on “Latest” affordance **820**. As depicted in FIG. **8G**, in response to selection of the “D” icon of sound reduction user interface **802G**, the “D” icon is bolded and graph **814D** displays sound reduction effects from earphones **600A** for a single day. As also depicted in FIG. **8G**, in response to selection of “Latest” affordance **820**, the chronologically most recent sound reduction effect data point on graph **814D** is bolded.

[0250] As depicted in FIG. **8G**, active sound reduction effect data associated with a day is displayed in graph **814D**. Range indicator **818B** displays a range of sound reduction effects that the user has experienced via earphones **600A** during the selected period (e.g., day). Graph **814D** includes a textual summary of the points displayed on graph **814D** represent an active sound reduction effect determined at a time in four hour intervals throughout a day. Additionally, as depicted in FIG. **8G**, a straight line extending parallel to the X-axis of graph **814D** corresponds to an average sound reduction effect (e.g., 10 dB) for the time period (e.g., day). In some embodiments, the line corresponds to a median of the sound reduction effect.

[0251] As depicted in FIG. **8H**, constant sound reduction effect (e.g., the sound reduction effect of earphones **600A** is a constant amount that does not vary with environmental sound levels where the user and/or watch **600B** are located) data associated with a day is displayed in graph **814E**. Points displayed on graph **814E** represent a constant sound reduction effect determined at a time at four hour intervals throughout a day.

[0252] FIGS. **9A-9B** are a flow diagram illustrating a method **900** for managing and visualizing sound reduction, in accordance with some embodiments. Method **900** is performed at a computer system (e.g., **100**, **300**, **500**, **600B**, **600C**) (e.g., a smart watch, a smart phone, a personal computer, a laptop, a tablet) that is in communication with a display generation component (e.g., **602A**, **602B**) (e.g., an integrated display and/or a connected display). In some embodiments, the computer system is tablet, phone, laptop, desktop, a head mounted display (“HMD”), device with a mechanical wheelbase, self-propelled device, smart speaker, personal assistive device, robot, and/or camera. Some operations in method **900** are, optionally, combined, the orders of some operations are, optionally, changed, and some operations are, optionally, omitted.

[0253] The computer system displays (**902**), via the display generation component, a representation (e.g., **814A**, **814B**) (e.g., a graph, a chart) of a noise level (e.g., the noise level in the environment that the system and/or a user of the system was in at the time) at a plurality of different times (e.g., different times in a given day, different days of the week, different weeks in a year).

[0254] The representation includes, in accordance with a determination that a sound reduction display option (e.g., **812A**) is enabled (e.g., enabled via user input on an affordance): a first indication of a noise level at a first time (e.g., **810**) (e.g., a first day (e.g., a Monday)) of the plurality of different times that indicates (**904**), in accordance with a determination that sound reduction was in effect at the first time (e.g., that the user (e.g., a user associated with an account logged into the system; a user that is detected via one or more sensors of the system and/or connected to the system) of the computer system was using a sound reduction device (e.g., noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs)), a first noise level, wherein the first noise level is based on an environmental noise level at the first time (e.g., a detected level, previously detected (e.g., recently detected) level, or a level over a period of time (e.g., the last 10 seconds, 1 minute, or 5 minutes) that are associated with the first time; an average,

median, maximum, or modal noise level over a period of time that is the first time (e.g., a day)) and a first sound reduction effect that was in effect at the first time, and in accordance with a determination that sound reduction was not in effect at the first time, a second noise level (e.g., an unmodified environmental noise level) that is greater than the first noise level, wherein the second noise level is based (e.g., only, solely) on the environmental noise level at the first time, a second indication of a noise level at a second time (e.g., a second day (e.g., a Tuesday)) of the plurality of different times that is different from the first time and that indicates **(906)**, in accordance with a determination that sound reduction was in effect at the second time, a third noise level, wherein the third noise level is based on an environmental noise level at the second time and a second sound reduction effect that was in effect at the second time, and in accordance with a determination that sound reduction was not in effect at the second time, a fourth noise level that is greater than the third noise level, wherein the fourth noise level is based (e.g., only, solely) on the environmental noise level at the second time. In some embodiments, the sound reduction option is a toggle affordance that is toggled between being enabled and not enabled. In some embodiments, the sound reduction option is a selectable option that is separate from an option for not displaying sound reduction. In some embodiments, the second noise level is based on the environmental noise level at the first time and is not based on the first sound reduction effect that was in effect at the first time. In some embodiments, the second noise level is not based on any sound reduction effect that was in effect at the first time. In some embodiments, the fourth noise level is based on the environmental noise level at the second time and is not based on the second sound reduction effect that was in effect at the first time. In some embodiments, the fourth noise level is based on the environmental noise level at the second time and is not based on any sound reduction effect that was in effect at the first time.

[0255] The representation includes, in accordance with a determination that the sound reduction display option is not enabled (e.g., via selection of **812B**) (e.g., is disabled or that a display without sound reduction option is enabled), a third indication of a noise level at the first time that indicates **(908)** the second noise level, and a fourth indication of a noise level at the second time that indicates **(910)** the fourth noise level. In some embodiments, the third indication of the noise level at the first time indicates the second level of environmental noise regardless of whether sound reduction was in effect at the first time. In some embodiments, the fourth indication of the noise level at the second time that indicates the fourth level of environmental noise regardless of whether sound reduction was in effect at the second time. Providing a representation of noise data that is based on a sound reduction effect or not based on that effect, depending on whether an option is enabled, automatically provides the user with improved feedback as to detected noise levels at the plurality of times. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0256] In some embodiments, while the sound reduction display option is not enabled, the computer system receives a first user input (e.g., as shown by **812A** in FIG. **8D**) (e.g., a tap and/or a mouse click on an affordance, an audio input) corresponding to a request to enable the sound reduction display option, and in response to receiving the first user input, updates the representation of the noise level at the plurality of different times to include the first indication of the noise level at the first time and the second indication of the noise level at the second time. In some embodiments, the computer system ceases to include the third indication of the noise level at the first time and the fourth indication of the noise level at the second time in the representation. Providing a representation of noise data that is based on a sound reduction effect provides the user with improved feedback as to detected noise levels and the sound reduction effect at the plurality of times. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0257] In some embodiments, while the sound reduction display option is enabled, the computer system receives a second user input (e.g., a tap and/or a mouse click on an affordance, an audio

input) corresponding to a request to disable the sound reduction display option, and in response to receiving the second user input, updates the representation of the noise level (e.g., **814B**) at the plurality of different times to include the third indication of the noise level at the first time and the fourth indication of the noise level at the second time. In some embodiments, the computer system ceases to include the first indication of the noise level at the first time and the second indication of the noise level at the second time in the representation. Providing a representation of noise data that is not based on a sound reduction effect provides the user with improved feedback as to detected environmental noise levels at the plurality of times. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0258] In some embodiments, the computer system is in communication with one or more audio sensors (e.g., **606**) (e.g., microphones), the noise levels at the plurality of different times are detected via the one or more audio sensors, and the sound reduction device is an external sound reduction device (e.g., **600A**) (e.g., external noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs).

[0259] In some embodiments, the one or more audio sensors are integrated into an external computer system (e.g., **600B**) (e.g., a smart watch) that is in communication with the computer system, and the representation of the noise level at the plurality of different times is included in a user interface (e.g., **802D**, **803E**) of a health application (e.g., **614**) that generates (e.g., manages, includes) a plurality of user interfaces based on biometric data of a user of the computer system. Including the representation of the noise level at a plurality of different times as part of a health application provides the user with feedback as to various biometric parameters relevant to the user's health. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0260] In some embodiments, while the sound reduction display option is not enabled, the third indication is a graphical indication that varies along a first axis (e.g., a vertical axis) to indicate a range of environmental noise levels at the first time (e.g., range of noise levels detected during a specific hour, day, or week), the fourth indication is a graphical indication that varies along the first axis to indicate a range of environmental noise levels at the second time, the third indication and fourth indication are arranged along a second axis, different from the first axis (e.g., a horizontal axis), and the representation (e.g., **814B**) of the noise level at the plurality of different times includes a first average noise level indication (e.g., a horizontal line that varies in the vertical direction to indicate the average noise level over the plurality of times) that extends along the second axis and that indicates the average environmental noise level during the plurality of different times. In some embodiments, the first, and/or second indications is a graphical indication that varies along a first axis to indicate a range of environmental noise levels at the first time. Providing indicators of the range of noise levels at various times as well as the average noise levels at those times provides the user with feedback as to the detected noise levels. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0261] In some embodiments, while the sound reduction display option is enabled, the first indication is a graphical indication and includes a first subportion that varies along a third axis (e.g., a vertical axis) and indicates a range of the noise level at the first time, as reduced by the first sound reduction effect at the first time (e.g., a range of the modified/reduced noise level detected during the first time), the second indication is a graphical indication that includes a second subportion that varies along the third axis and indicates a range of the noise level at the second time, as reduced by the second sound reduction effect at the second time (e.g., a range of the modified/reduced noise level detected during the first time), the first indication and second indication are arranged along a fourth axis, different from the third axis (e.g., a horizontal axis), and the representation (e.g., **814A**) of the noise level at the plurality of different times includes a

second average noise level indication (e.g., a horizontal line that varies in the vertical direction to indicate the average reduced noise level over the plurality of times) that extends along the fourth axis and that indicates the average noise level during the plurality of different times, as reduced by the first sound reduction effect during the plurality of different times. Providing indicators of the range of reduced noise levels at various times as well as the average reduced noise levels at those times provides the user with feedback as to the detected noise levels and the amount of sound reduction. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0262] In some embodiments, the first indication includes a third subportion that varies along the third axis and indicates a range of environmental noise levels at the first time, the second indication includes a fourth subportion that varies along the third axis and indicates a range of environmental noise levels at the second time, and the representation (e.g., **814A**) of the noise level at the plurality of different times includes a third average noise level indication (e.g., a horizontal line that varies in the vertical direction to indicate the average reduced noise level over the plurality of times) that extends along the fourth axis and that indicates the average environmental noise level during the plurality of different times. Providing indicators of the range of reduced and environmental noise levels at various times as well as the average reduced and environmental noise levels at those times provides the user with feedback as to the detected noise levels and the amount of sound reduction. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0263] In some embodiments, the determination that sound reduction was in effect at the first time includes a determination that a user of the computer system was wearing (e.g., using) a sound reduction device (e.g., **600A** of FIGS. **6A** and **8A**) (e.g., noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs in both ears) for both ears. In some embodiments, using only one headphone, even if sound reduction is enabled for that headphone, results in a determination that sound reduction was not in effect. Displaying indications of reduced sound levels only when both ears are affected by sound reduction automatically provides users with information about the sound levels experienced by either ear and provides feedback as to the same. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0264] In some embodiments, the representation (e.g., **814A**) of the noise level at the plurality of different times includes an indication (e.g., **812E** of FIG. **8D**) of the maximum environmental noise level detected during the plurality of different times. Providing an indication of the maximum detected noise level during a period of interest provides a user with feedback as to sounds detected during that period. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0265] In some embodiments, the representation (e.g., **814B**) of the noise level at the plurality of different times includes an indication of the maximum noise level detected during the plurality of different times, as reduced by sound reduction effects during the plurality of different times. Providing an indication of the maximum detected and reduced noise level during a period of interest provides a user with feedback as to sounds detected during that period and sound reduction effects during that period. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0266] In some embodiments, the representation of the noise level at the plurality of different times includes an indication (e.g., **812C**) of an average noise level (e.g., an average environmental noise level and/or an average noise level with sound reduction) during the plurality of different times. Providing an indication of the average noise level during a period of interest provides a user with feedback as to sounds detected during that period. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more

quickly and efficiently.

[0267] In some embodiments, the representation of the noise level at the plurality of different times includes an indication (e.g., **812F**) of one or more sound-related notifications (e.g., notifications pertaining to environmental and/or reduced-level sound) (a number of such notifications, a summary of such notifications) that were issued (e.g., issued by the computer system or other computer systems associated with the user) during the plurality of different times. Providing an indication of sound-related notifications for a period provides a user with feedback as to such notifications that were issued during that period. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0268] In some embodiments, the representation of the noise level at the plurality of different times includes an indication (e.g., **812E**) of a range of noise levels (e.g., range of environmental and/or reduced levels; a minimum and a maximum level) detected during the plurality of different times. Providing an indication of the range of noise levels during a period of interest provides a user with feedback as to sounds detected during that period. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0269] Note that details of the processes described above with respect to method **900** (e.g., FIGS. **9A-9B**) are also applicable in an analogous manner to the methods described above/below. For example, methods **700** and **1000** optionally includes one or more of the characteristics of the various methods described above with reference to method **900**. For example, the environmental sound level graph with a sound reduction option elements of method **900** and the sound reduction graph elements of method **1000** can be combined with the indication of a noise level a user is exposed to while using a sound reduction device or not using a sound reduction device elements of method **700** within one or more user interfaces of one or more of user devices **600B** and **600C**. For brevity, these details are not repeated below.

[0270] FIG. **10** is a flow diagram illustrating a method **1000** for managing and visualizing sound reduction, in accordance with some embodiments. Method **1000** is performed at a computer system (e.g., **100**, **300**, **500**, **600B**, **600C**) (e.g., a smart watch, a smart phone, a personal computer, a laptop, a tablet) that is in communication with a display generation component (e.g., **602A**, **602B**) (e.g., an integrated display and/or a connected display). In some embodiments, the computer system is tablet, phone, laptop, desktop, a head mounted display (“HMD”), device with a mechanical wheelbase, self-propelled device, smart speaker, personal assistive device, robot, and/or camera. Some operations in method **1000** are, optionally, combined, the orders of some operations are, optionally, changed, and some operations are, optionally, omitted.

[0271] The computer system displays (**1002**), via the display generation component, a first representation (e.g., **814C**) (e.g., a graph, a chart) of a sound reduction level (e.g., a sound reduction level based on a sound reduction effect (e.g., a passive or active effect)) (e.g., an amount of sound reduction by a sound reduction device (e.g., noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs)) for a first time period (e.g., **810**) corresponding to a first plurality of times, (e.g., times when a user of the computer system was using the sound reduction device at the two or more different times) wherein the first representation includes a first indication of a sound reduction level (e.g., a quantitative indication (e.g., a value in decibels of sound reduced)) (e.g., a first day (e.g., a Monday)) (e.g., the first time is one of the times of the first plurality of different times) at a first time of the first plurality of times (e.g., a day, a week, a month, a year) (e.g., different times in a given day, different days of the week, different weeks in a year), and a second indication (e.g., a quantitative indication (e.g., a value in decibels of sound reduced) of a sound reduction level at a second time of the first plurality of times that is different from the first time. In some embodiments, the indication is an indication of an instantaneous amount of sound reduction at the first time. In some embodiments, the first time is range of time (e.g., a day)

and the indication is an indication of an average amount of sound reduction over that range of time). In some embodiments, the indication is an indication of an instantaneous amount of sound reduction at the second time. In some embodiments, the second time is range of time (e.g., a day) and the indication is an indication of an average amount of sound reduction over that range of time. [0272] The computer system, while displaying the first representation, receives (**1004**), via the one or more input devices, a set of one or more inputs (**804E**, **804f**) (e.g., enabled via user input on an affordance) corresponding to selection of a display option for a second time period (e.g., a day, a week, a month, a year) corresponding to a second plurality of times that is different from the first plurality of times. In some embodiments, the display option for the first time period option is an affordance that allows a user to select a specific time period, such as a day, a week, or a month. In some embodiments, the option is a selectable option that is separate from additional options/affordances for displaying different time periods.

[0273] The computer system, in response to receiving the set of one or more inputs, displays (**1006**), via the display generation component, a second representation (e.g., **814D**, **814E**) of a sound reduction level at the second plurality of times, wherein the second representation includes a third indication of a sound reduction level at a third time of the second plurality of times, a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time. In some embodiments, the third time and/or the fourth time is a subset of the first time (e.g., the first time is a week and the third time is a day within that week (e.g., the indications in the second representation of a sound reduction level are more granular than the indications in the first representation of a sound reduction level)). In some embodiments, the first time and/or the second time is a subset of the third time (e.g., the first time is a first day of the week and the second time is a second day of the week with the third time being the entire week).

[0274] In accordance with a determination that the display option (e.g., “D” as shown in FIGS. **8F-8H**) for the second time period corresponds to a first display option (e.g., an option for a shorter time period than the currently displayed time period (e.g., the current time period is a week view and the requested time period is a day view)), the second time period is a subset of the first time period (e.g., the second time period a shorter time period than the first time period and falls within the first time period), in accordance with a determination that the display option for the second time period corresponds to a second display option (e.g., an option for a longer time period than the currently displayed time period (e.g., the current time period is a week view and the requested time period is a month view)), the first time period is a subset of the second time period (e.g., the second time period is a longer time period that includes the entirety of the first time period). Providing a user with options to view sound reduction data for different time periods, via a selectable option, provides the user with additional control options. Providing additional control of the system without cluttering the UI with additional displayed controls enhances the operability of the system and makes the user-device interface more efficient (e.g., by helping the user to provide proper inputs and reducing user mistakes when operating/interacting with the device) which, additionally, reduces power usage and improves battery life of the device by enabling the user to use the device more quickly and efficiently.

[0275] In some embodiments, the computer system is in communication with one or more audio sensors (e.g., **606**) (e.g., microphones), and the sound reduction level for the first time period is based on noise detected by the one or more audio sensors, and the sound reduction device is an external sound reduction device (e.g., **600A**) (e.g., external noise-canceling/noise mitigating headphones, passive earplugs, and/or active earplugs). In some embodiments, the sound reduction level is a difference between noise detected by a first microphone and a noise detected by a second microphone. In some embodiments, the sound reduction level is calculated based on an environmental noise level measured by the one or more audio sensors).

[0276] In some embodiments, the one or more audio sensors are integrated into an external computer system (e.g., **600B**) (e.g., a smart watch) that is in communication with the computer

system, and the first representation of the sound reduction level for the first time period corresponding to a first plurality of times is included in a user interface (e.g., **802B**) of a health application (e.g., **614**) that generates (e.g., manages, includes) a plurality of user interfaces based on biometric data of a user of the computer system. In some embodiments, the second representation of the sound reduction level for the first time period corresponding to a first plurality of times is included in the user interface of the health application. Including first representation as part of a health application provides the user with feedback as to various biometric parameters relevant to the user's health. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0277] In some embodiments, in accordance with a determination that the sound reduction device provides a dynamic sound reduction effect (e.g., as shown in FIGS. **8F-8G** at **814C** and **814D**), the first indication of a sound reduction level indicates a level of sound reduction that is different from the level of sound reduction indicated by the second indication of a sound reduction level (e.g., the sound reduction level is 10 decibels for the first time period and 5 decibels at the second time period). Automatically providing indications of different sound reduction levels at different times when the device is capable of providing a dynamic reduction effect automatically provides the user with a more accurate indication, when certain conditions are met. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0278] In some embodiments, in accordance with a determination that the sound reduction device provides a static sound reduction effect (e.g., as shown in FIG. **8H** at **814E**), the first indication of a sound reduction level and the second indication of sound reduction level indicate the same sound reduction level (e.g., the sound reduction level is 10 decibels for the first time period and 10 decibels at the second time period). Automatically providing indications of the same sound reduction level at different times when the device provides a static sound reduction effect automatically provides the user with an accurate indication, when certain conditions are met. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0279] In some embodiments, the first representation of the sound reduction level includes an indication (e.g., **818A**, **818B**, **818C**) of a range (e.g., a minimum value and a maximum value (e.g., 10-30 decibels)) of sound reduction effect for the first time period. Providing an indication of a range of sound reduction for the first time period provides the user with improved feedback as the variations in sound reduction during the first time period. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0280] In some embodiments, the first representation of the sound reduction level includes an indication of a range (e.g., **818C**) (e.g., a minimum value and a maximum value (e.g., 10-30decibels)) of time during which a sound reduction effect was determined to in be in effect during the first time period (e.g., the first time period is the current day and a range of 8 AM to 11 AM is indicated for when the effect was active). Providing an indication of a range of time when the sound reduction effect was active during the first time period provides the user with improved feedback as to the timing of the effect. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0281] In some embodiments, the first indication of a sound reduction level is a numerical indication of a sound reduction level (e.g., as shown by **818C** in FIG. **8H**) (e.g., 10 decibels). Providing a numerical indication of a sound reduction effect provides the user with improved

feedback as to magnitude of the effect. Providing improved visual feedback reduces power usage and improves battery life of the system by enabling the user to use the device more quickly and efficiently.

[0282] In some embodiments, prior to displaying the first representation of the sound reduction level for the first time period, displaying, via the display generation component, a summary user interface (e.g., **802B**, **802C**) of a health application (e.g., **614**) (e.g., an application that presents data and/or functions relating to biometric data of the user of the computer system) that includes a first selectable user interface object (e.g., **808B**) that corresponds to sound reduction data (e.g., data used to generate the first representation of the sound reduction level at the first time period), and a second selectable user interface object (e.g., a summary of noise/sound related data) that corresponds to a biometric parameter other than sound (e.g., heart rate, sleep, physical activity, menstrual cycle) that, when selected, initiates a process for displaying a user interface corresponding to the biometric parameter other than sound. Prior to displaying the first representation of the sound reduction level for the first time period, receiving, via the one or more input devices, a second set of one or more inputs (e.g., **804D**) (e.g., taps, swipes, key presses, and/or mouse clicks) that includes an input corresponding to the first selectable user interface object that corresponds to sound reduction, wherein the first representation of the sound reduction level for the first time period is displayed in response to the second set of one or more inputs. Providing the first representation as part of a health application that includes user interfaces for other biometric parameters provides the user with options for viewing other health-related data via separate user interfaces. Providing additional control of the system without cluttering the UI with additional displayed controls enhances the operability of the system and makes the user-device interface more efficient (e.g., by helping the user to provide proper inputs and reducing user mistakes when operating/interacting with the device) which, additionally, reduces power usage and improves battery life of the device by enabling the user to use the device more quickly and efficiently.

[0283] In some embodiments, the first time, the second time, the third time, and the fourth time are equal lengths of time (e.g., as shown in FIG. **8F-8H**) (e.g., all represent an hour, or all represent a day).

[0284] In some embodiments, in accordance with a determination that the display option for the second time period corresponds to a first display option (e.g., as shown in FIG. **8F**), with the second time period being a subset of the first time period, the third time is a shorter time period than the first time period (e.g., the first time period is a day and the third time period is an hour), and in accordance with a determination that the display option for the second time period corresponds to a second display option, with the first time period being a subset of the second time period (e.g., as shown in FIG. **8G**), the third time is a longer time period than the first time period (e.g., the first time period is a week and the second time period is a month). Adjusting the period of time represented by the indications (e.g., the third indication) automatically based on the selected option provides the user with different detail levels as the plurality of times (e.g., the time range) changes and feedback as to the relationship between the selected time ranges. Performing an operation when a set of conditions has been met without requiring further user input and providing improved visual feedback both reduce power usage and improve battery life of the system by enabling the user to use the device more quickly and efficiently.

[0285] Note that details of the processes described above with respect to method **1000** (e.g., FIG. **10**) are also applicable in an analogous manner to the methods described above. For example, methods **700** and **900** optionally includes one or more of the characteristics of the various methods described above with reference to method **1000**. For example, the environmental sound level graph with a sound reduction option elements of method **900** and the sound reduction graph elements of method **1000** can be combined with the indication of a noise level a user is exposed to while using a sound reduction device or not using a sound reduction device elements of method **700** within one

or more user interfaces of one or more of user devices **600B** and **600C**. For brevity, these details are not repeated below.

[0286] The foregoing description, for purpose of explanation, has been described with reference to specific embodiments. However, the illustrative discussions above are not intended to be exhaustive or to limit the invention to the precise forms disclosed. Many modifications and variations are possible in view of the above teachings. The embodiments were chosen and described in order to best explain the principles of the techniques and their practical applications. Others skilled in the art are thereby enabled to best utilize the techniques and various embodiments with various modifications as are suited to the particular use contemplated.

[0287] Although the disclosure and examples have been fully described with reference to the accompanying drawings, it is to be noted that various changes and modifications will become apparent to those skilled in the art. Such changes and modifications are to be understood as being included within the scope of the disclosure and examples as defined by the claims.

[0288] As described above, one aspect of the present technology is the gathering and use of data available from various sources to improve the delivery of data, such as sound-related data. The present disclosure contemplates that in some instances, this gathered data may include personal information data that uniquely identifies or can be used to contact or locate a specific person. Such personal information data can include demographic data, location-based data, telephone numbers, email addresses, social network IDs, home addresses, data or records relating to a user's health or level of fitness (e.g., vital signs measurements, medication information, exercise information), date of birth, or any other identifying or personal information.

[0289] The present disclosure recognizes that the use of such personal information data, in the present technology, can be used to the benefit of users. For example, the personal information data can be used to better provide sound-related data. Further, other uses for personal information data that benefit the user are also contemplated by the present disclosure. For instance, health and fitness data may be used to provide insights into a user's general wellness, or may be used as positive feedback to individuals using technology to pursue wellness goals.

[0290] The present disclosure contemplates that the entities responsible for the collection, analysis, disclosure, transfer, storage, or other use of such personal information data will comply with well-established privacy policies and/or privacy practices. In particular, such entities should implement and consistently use privacy policies and practices that are generally recognized as meeting or exceeding industry or governmental requirements for maintaining personal information data private and secure. Such policies should be easily accessible by users, and should be updated as the collection and/or use of data changes. Personal information from users should be collected for legitimate and reasonable uses of the entity and not shared or sold outside of those legitimate uses. Further, such collection/sharing should occur after receiving the informed consent of the users. Additionally, such entities should consider taking any needed steps for safeguarding and securing access to such personal information data and ensuring that others with access to the personal information data adhere to their privacy policies and procedures. Further, such entities can subject themselves to evaluation by third parties to certify their adherence to widely accepted privacy policies and practices. In addition, policies and practices should be adapted for the particular types of personal information data being collected and/or accessed and adapted to applicable laws and standards, including jurisdiction-specific considerations. For instance, in the US, collection of or access to certain health data may be governed by federal and/or state laws, such as the Health Insurance Portability and Accountability Act (HIPAA); whereas health data in other countries may be subject to other regulations and policies and should be handled accordingly. Hence different privacy practices should be maintained for different personal data types in each country.

[0291] Despite the foregoing, the present disclosure also contemplates embodiments in which users selectively block the use of, or access to, personal information data. That is, the present disclosure contemplates that hardware and/or software elements can be provided to prevent or block access to

such personal information data. For example, in the case of managing and visualizing sound reduction, the present technology can be configured to allow users to select to “opt in” or “opt out” of participation in the collection of personal information data during registration for services or anytime thereafter. In another example, users can select not to provide sound reduction-associated data for targeted managing and visualizing sound reduction. In addition to providing “opt in” and “opt out” options, the present disclosure contemplates providing notifications relating to the access or use of personal information. For instance, a user may be notified upon downloading an app that their personal information data will be accessed and then reminded again just before personal information data is accessed by the app.

[0292] Moreover, it is the intent of the present disclosure that personal information data should be managed and handled in a way to minimize risks of unintentional or unauthorized access or use. Risk can be minimized by limiting the collection of data and deleting data once it is no longer needed. In addition, and when applicable, including in certain health related applications, data de-identification can be used to protect a user's privacy. De-identification may be facilitated, when appropriate, by removing specific identifiers (e.g., date of birth, etc.), controlling the amount or specificity of data stored (e.g., collecting location data a city level rather than at an address level), controlling how data is stored (e.g., aggregating data across users), and/or other methods.

[0293] Therefore, although the present disclosure broadly covers use of personal information data to implement one or more various disclosed embodiments, the present disclosure also contemplates that the various embodiments can also be implemented without the need for accessing such personal information data. That is, the various embodiments of the present technology are not rendered inoperable due to the lack of all or a portion of such personal information data. For example, managing and visualizing sound reduction information can be made available to users by inferring preferences based on non-personal information data or a bare minimum amount of personal information, such as the content being requested by the device associated with a user, other non-personal information available to the managing and visualizing sound reduction applications, or publicly available information.

Claims

1. A computer system that is in communication with a display generation component and one or more input devices, the computer system comprising: one or more processors; and memory storing one or more programs configured to be executed by the one or more processors, the one or more programs including instructions for: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

2. The computer system of claim 1, wherein: the computer system is in communication with one or more audio sensors; the sound reduction level for the first time period is based on noise detected by the one or more audio sensors; and a sound reduction device is an external sound reduction device.
3. The computer system of claim 2, wherein: the one or more audio sensors are integrated into an external computer system that is in communication with the computer system; and the first representation of the sound reduction level for the first time period corresponding to a first plurality of times is included in a user interface of a health application that generates a plurality of user interfaces based on biometric data of a user of the computer system.
4. The computer system of claim 2, wherein: in accordance with a determination that the sound reduction device provides a dynamic sound reduction effect, the first indication of a sound reduction level indicates a level of sound reduction that is different from the level of sound reduction indicated by the second indication of a sound reduction level.
5. The computer system of claim 2, wherein: in accordance with a determination that the sound reduction device provides a static sound reduction effect, the first indication of a sound reduction level and the second indication of the sound reduction level indicate a same sound reduction level.
6. The computer system of claim 1, wherein the first representation of the sound reduction level includes an indication of a range of sound reduction effect for the first time period.
7. The computer system of claim 1, wherein the first representation of the sound reduction level includes an indication of a range of time during which a sound reduction effect was determined to in be in effect during the first time period.
8. The computer system of claim 1, wherein the first indication of a sound reduction level is a numerical indication of a sound reduction level.
9. The computer system of claim 1, the one or more programs further including instructions for: prior to displaying the first representation of the sound reduction level for the first time period, displaying, via the display generation component, a summary user interface of a health application that includes: a first selectable user interface object that corresponds to sound reduction data; and a second selectable user interface object that corresponds to a biometric parameter other than sound that, when selected, initiates a process for displaying a user interface corresponding to the biometric parameter other than sound; and receiving, via the one or more input devices, a second set of one or more inputs that includes an input corresponding to the first selectable user interface object that corresponds to sound reduction, wherein the first representation of the sound reduction level for the first time period is displayed in response to the second set of one or more inputs.
10. The computer system of claim 1, wherein the first time, the second time, the third time, and the fourth time are equal lengths of time.
11. The computer system of claim 1, wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, with the second time period being a subset of the first time period, the third time is a shorter time period than the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, with the first time period being a subset of the second time period, the third time is a longer time period than the first time period.
12. A non-transitory computer-readable storage medium storing one or more programs configured to be executed by one or more processors of a computer system that is in communication with a display generation component and one or more input devices, the one or more programs including instructions for: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is

different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.

13. A method comprising: at a computer system that is in communication with a display generation component and one or more input devices: displaying, via the display generation component, a first representation of a sound reduction level for a first time period corresponding to a first plurality of times, wherein the first representation includes: a first indication of a sound reduction level at a first time of the first plurality of times; and a second indication of a sound reduction level at a second time of the first plurality of times that is different from the first time; while displaying the first representation, receiving, via the one or more input devices, a set of one or more inputs corresponding to selection of a display option for a second time period corresponding to a second plurality of times that is different from the first plurality of times; in response to receiving the set of one or more inputs, displaying, via the display generation component, a second representation of a sound reduction level at the second plurality of times, wherein the second representation includes: a third indication of a sound reduction level at a third time of the second plurality of times; and a fourth indication of a sound reduction level at a fourth time of the second plurality of times that is different from the third time; wherein: in accordance with a determination that the display option for the second time period corresponds to a first display option, the second time period is a subset of the first time period; and in accordance with a determination that the display option for the second time period corresponds to a second display option, the first time period is a subset of the second time period.
