

Busy Day Macaroni

4 Servings

What you need:

- 1 lb. lean ground beef
- 1 (15 1/2 oz.) jar spaghetti sauce
- 1 c. water
- 1 c. uncooked elbow macaroni
- 1/2 to 1 c. mozzarella cheese



All you do:

1. Crumble ground beef into a 2-quart casserole: microwave until browned. Drain any fat from beef.
2. Spray the sides and bottom of casserole with cooking spray. Add spaghetti sauce, water and uncooked macaroni to the beef; stir to continue.
3. Cover and microwave on high for 13 minutes, stirring once.
4. Remove from microwave and sprinkle cheese on top. Cover and let stand 5 minutes.