

Sesame Noodles

4 servings

What you need:

½ of a 16-ounce package of spaghetti, cooked

4 tablespoons peanut butter

2 teaspoons sesame oil

½ teaspoon cider vinegar

1 tablespoon chopped scallions (optional)



All you do:

1. Cook the peanut butter and sesame oil in a small bowl in the microwave for 30 seconds, or until the peanut butter begins to melt. Mix well. (If you don't have a microwave, you can also do this in a skillet over low heat.)
2. Blend the peanut butter mixture into the pasta. Add scallions. Refrigerate and serve cold.

Nutrition per Serving : Calories 325, Fat 11 g, Protein 11 g ,Carbohydrates 46, Cholesterol 0 mg, Sodium 81 mg