

SO YOU WANT TO WIN THE GREEK ENERGY CHALLENGE....

TIPS AND SUGGESTIONS

- Take shorter showers! A five-minute shower will use about 12.5 gallons of hot water.
 - Install water-saving showerheads!
- Use lids on pots and pans to reduce cooking times.
- Run the dishwasher only with full loads and use the air-dry cycle.
- Wash only full loads in the washing machine.
 - Use hot water for very dirty clothes, otherwise use warm or cold cycles.
 - Clean the lint screen on the dryer: clogged screens can decrease efficiency.
- Turn off the lights!! If you are going to be out of the room more than five minutes, turn the lights off.
- Turn off and unplug any devices not being used; many appliances such as T.V.s use power even when turned off.
 - Put your electronics and appliances on power strips that allow you to turn them on or off as needed.
 - A lot of appliances that are kept plugged in are used less than five minutes a day.
 - HINT: toasters

Ethics Statement:

It is difficult to set rules/regulations for this competition so we ask that participants keep in mind that we are doing the competition for the sole purpose of environmental responsibility. In the end we are all one big community working together to promote sustainability.

So don't forget to have fun, play fair, and do it in the dark!

Questions?

Kelsie-Christian@uiowa.edu

Kelsey-Zlevor @uiowa.edu