



**Escanei o QR CODE  
para acessar nosso site.**



**[studio-fenix.github.io/site](https://studio-fenix.github.io/site)**



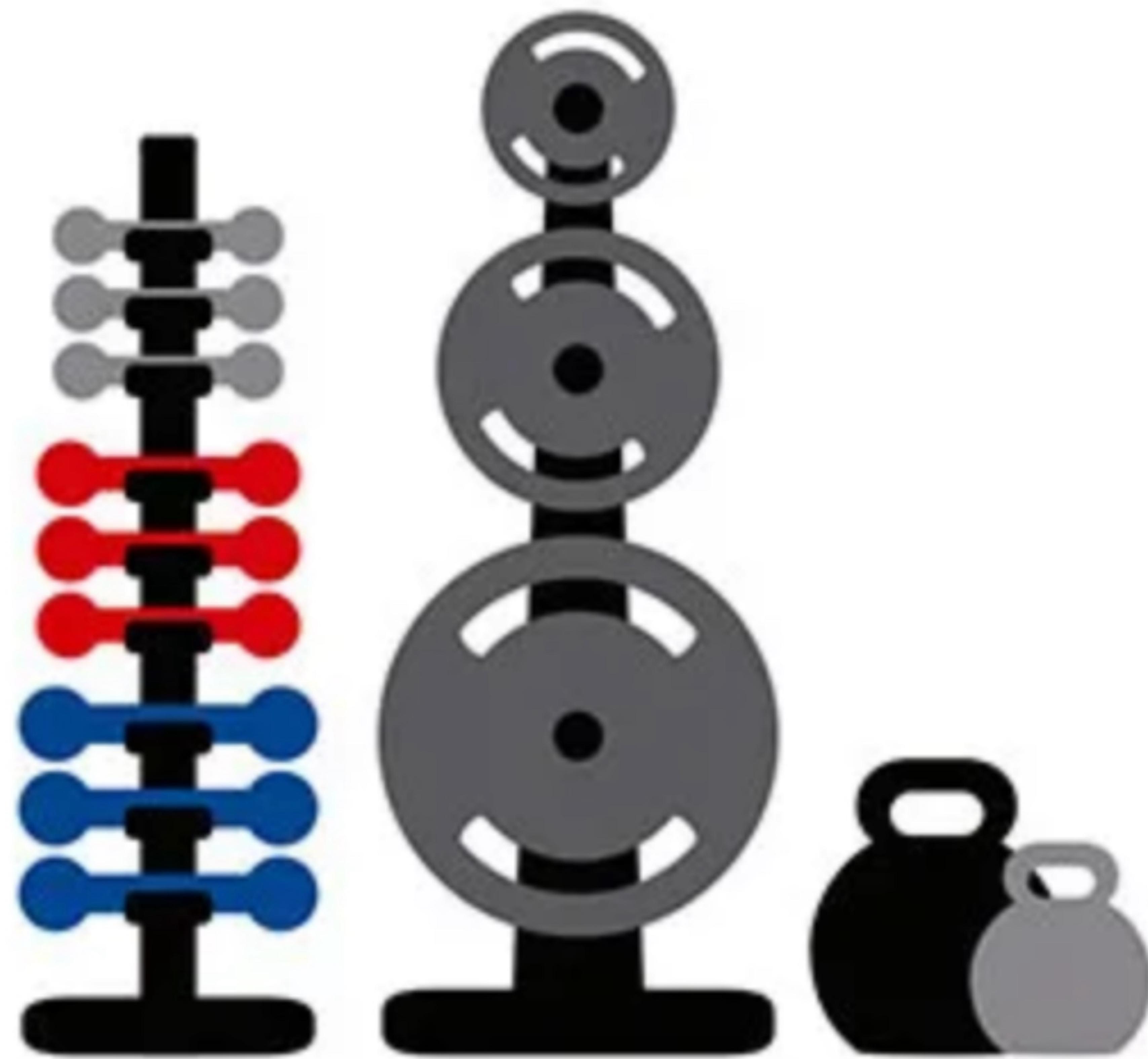
# AVISO

**GUARDAR OS PESOS  
TAMBÉM FAZ PARTE  
DO TREINO.**



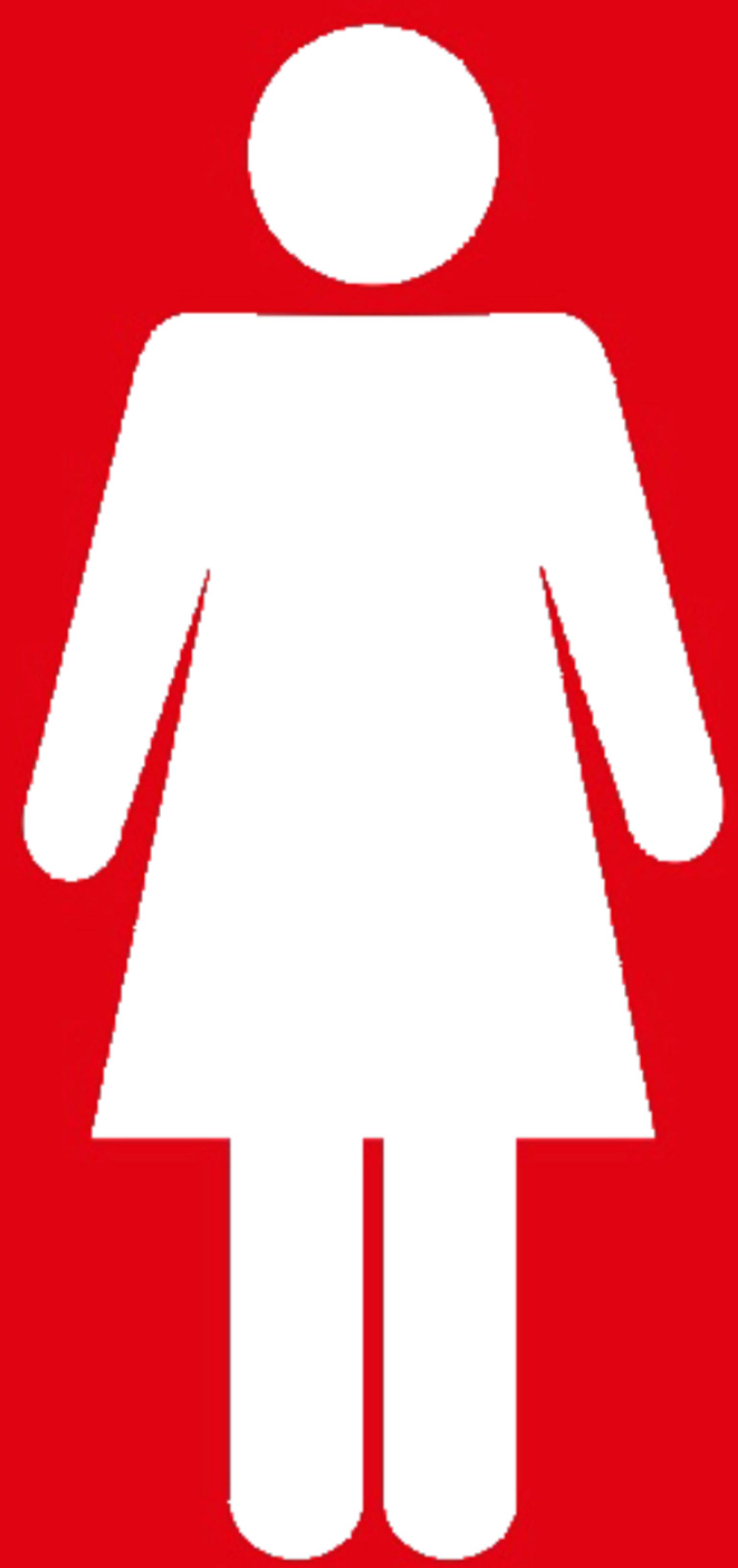
# POR FAVOR

**GUARDE OS  
ACESSÓRIOS  
APÓS O USO**





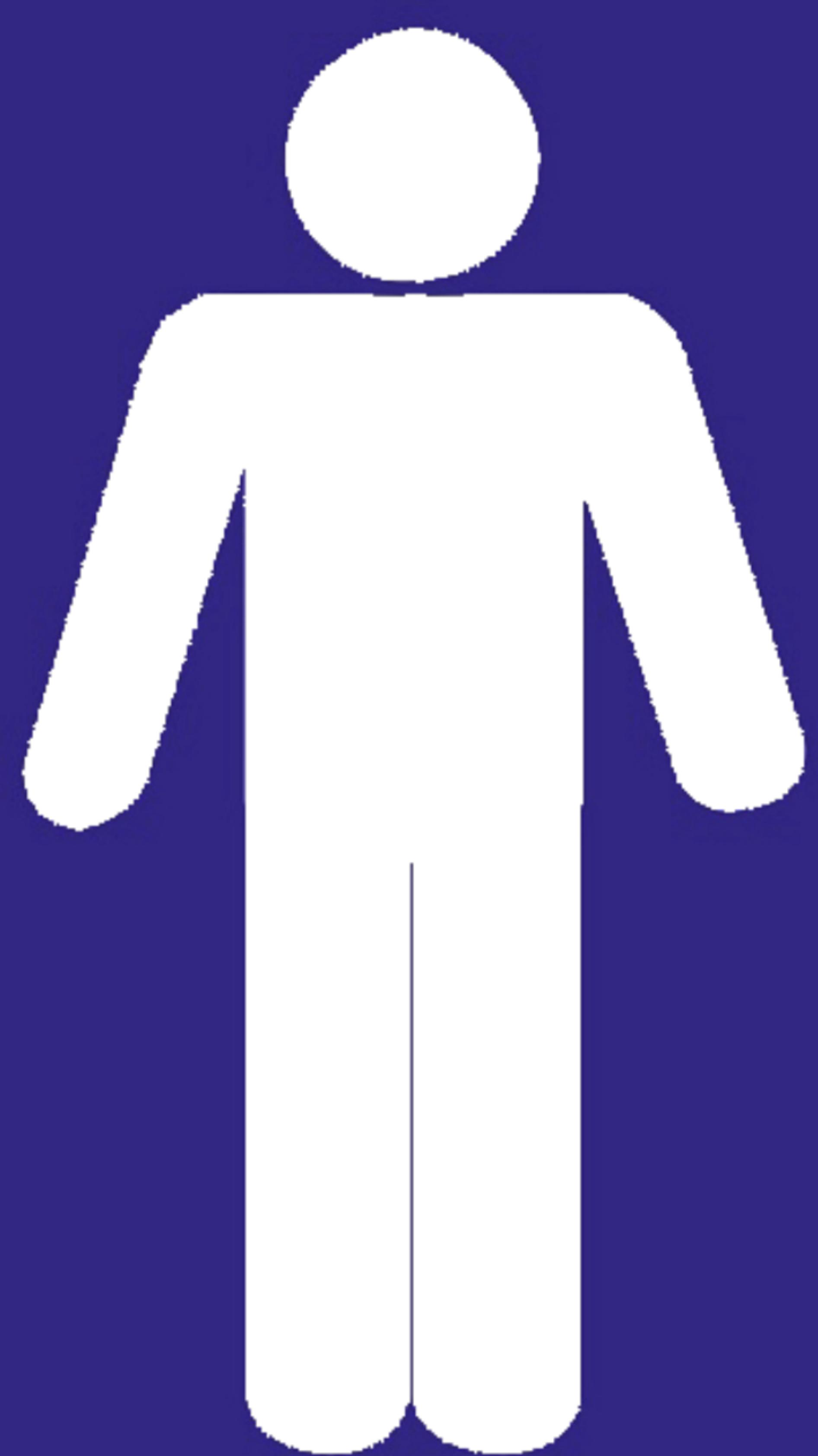
**BANHEIRO**



**FEMININO**



**BANHEIRO**



**MASCULINO**