

OCCUPATIONAL THERAPY PROGRESS REPORT

PARTICIPANT NAME:	Chloe Mamawan		
PARTICIPANT ADDRESS:	98 Hutchinson Drive Lynbrook VIC 3975	PARTICIPANT CONTACT DETAILS:	0412 084 947 (Mother: Edith Mamawan)
NDIS PARTICIPANT NUMBER:	430925148	DATE OF BIRTH:	12/06/1998
DATE OF INITIAL REFERRAL:	27/06/2019	SERVICE HOURS TO DATE:	19.25 hours
DATE OF REPORT:	08/01/2020	CARE SQUARED SERVICES USED WITHIN PERIOD:	Occupational Therapy

Thank you for allowing Care Squared to assist with your allied health care needs over the period described above, please find below a summary of progress toward goals, activities completed within this period and recommendations for further supports.

PARTICIPANT NDIS PLAN GOALS

GOAL 1.	Chloe would like to increase her social and community participation through access to appropriate supports
GOAL 2.	Chloe would like to be safe in her environments and learn communication skills and domestic/self-care skills through access to appropriate supports
GOAL 3.	Chloe would like to build her relationship skills and improve her emotional regulation to be safe through access to appropriate supports
GOAL 4.	Chloe would like to be more independent and learn skills for future living options through access to appropriate supports

OCCUPATIONAL THERAPY GOALS & PROGRESS

GOAL 1:	Chloe would like to increase her social and community participation through access to appropriate supports			
PROGRESS:	Status:	Achieved	Outcome measure:	Ms Mamawan to access the community, with support, at least once weekly. Ms Mamawan to access the community by October 2019.
	Comment:	Since October 2019, Ms Mamawan's mother reported Ms Mamawan had engaged in community access every Wednesday and Friday with 2:1 support from the support worker. Ms Mamawan's mother reported Ms Mamawan would walk at the park, engage in cooking and swimming when she was accessing the community. Ms Mamawan was observed and reported to continue to attend The Bridge three times per week for social participation.		
GOAL 2:	Chloe would like to be safe in her environments and learn communication skills and domestic/self-care skills through access to appropriate supports			
PROGRESS:	Status:	Not Achieved	Outcome measure:	Ms Mamawan to improve her score on the WHODAS. Ms Mamawan to reduce her score on the CANS.
	Comment:	Ms Mamawan's support coordinator reported Ms Mamawan had started receiving Speech Pathology service in October 2019, whom would support Ms Mamawan's communication skills and functional communication ability. Care Squared had also assisted with the prescription of shower chair, to		

		improve Ms Mamawan and her family’s safety when Ms Mamawan was being assisted to complete showering. Care Squared will support Ms Mamawan to explore more social and community activities of her interest, develop independence in self care activities such as showering and strategies to support emotional and behavioural regulation.		
GOAL 3:	Chloe would like to build her relationship skills and improve her emotional regulation to be safe through access to appropriate supports			
PROGRESS:	Status:	Partially Achieved	Outcome measure:	Ms Mamawan to have a Positive behaviour support plan in place and all family members trained in its use.
	Comment:	Ms Mamawan had been engaging with the behaviour support practitioner for the development of Behaviour Support Plan, emotional regulation and improving her relationship skills. The Behaviour Support Plan had been revised on 1 st October 2019 by the behaviour support practitioner, distributed to Ms Mamawan’s family and support workers for training in its use. The behaviour support practitioner also assisted with the development of social story, to assist Ms Mamawan to familiarise herself and be ready for a new environment when she was on holiday with her family.		
GOAL 4:	Chloe would like to be more independent and learn skills for future living options through access to appropriate supports			
PROGRESS:	Status:	Not Achieved	Outcome measure:	Ms Mamawan to improve her score on the WHODAS. Ms Mamawan to reduce her score on the CANS.
	Comment:	Ms Mamawan had been participating in Care Squared’s Occupational Therapy intervention sessions since October 2019. As of January 2020, Ms Mamawan had attended 3 sessions focused on identifying and prescribing sensory toys which would meet her sensory needs, prescribing shower chair to increase her safety when showering, as well as assisting her to explore activities which she could engage in when she was attending The Bridge. Care Squared will assist Ms Mamawan to explore more social and community activities of her interest, develop independence in self care activities such as showering and strategies to support emotional and behavioural regulation.		
BARRIERS PREVENTING ACHIEVEMENT OF GOALS:		Care Squared identified Ms Mamawan’s barriers to be limited capacity and ability to communicate her thoughts as she is non-verbal, and difficulty in regulating her behaviours when escalated.		

RECOMMENDED GOALS FOR NEXT PLAN PERIOD

1.	Ms Mamawan to access the community and participate in activities of her interest at least three times weekly.
2.	Ms Mamawan would like to build her relationship skills and improve her emotional regulation to be safe through access to appropriate supports.
3.	Ms Mamawan would like to be more independent and learn skills for future living options through access to appropriate supports.
4.	Ms Mamawan would like to be safe in her environments and learn communication skills and domestic/self-care skills through access to appropriate supports.


RECOMMENDATIONS TO ACHIEVE GOALS FOR NEXT PLAN PERIOD

CORE SUPPORTS	RECOMMENDATIONS	RECOMMENDED OUTCOME MEASURES
Assistance with daily life (including supported independent)	1. Care Squared recommend support worker assistance for Ms Mamawan to complete personal activities of daily living. Care Squared recommend Ms Mamawan requires 23 hours of support daily (please see CANS detail below) for activities including personal care, grooming, meal preparation and cleaning.	Ms Mamawan to receive supports up to 21 hours per day to complete

living)		activities of daily living.
Transport	1. Care Squared recommend Ms Mamawan be supported with transport assistance for appointment and community access.	Ms Mamawan to attend all day program and medical appointments in 2020.
Consumables	1. Care Squared recommend the supply of the following low level (level 1 and 2) assistive technology items: <ul style="list-style-type: none"> Visual time timer to assist with understanding the concept of time, duration and waiting. Sensory toys and fidget items for meeting Ms Mamawan's sensory needs 	Ms Mamawan to receive the recommended consumable items by March 2020.
Assistance with social and community participation	1. Care Squared recommend Ms Mamawan be provided with support workers for 6 hours three times weekly for social and community access.	Ms Mamawan to access the community, with support, three times weekly.
CAPITAL SUPPORTS	RECOMMENDATIONS	RECOMMENDED OUTCOME MEASURES
Home modifications	1. Care Squared recommend the removal of shower screen door and the installation of a shower curtain, to enable Ms Mamawan to be showered safely by her carers.	Ms Mamawan to shower safely as reported by Ms Mamawan's family
CAPACITY BUILDING SUPPORTS	RECOMMENDATIONS	RECOMMENDED OUTCOME MEASURES
Coordination of supports	1. Care Squared recommend Ms Mamawan be provided support coordination assistance to implement her plan.	Ms Mamawan to utilise all of her plan supports to achieve her goals.
Increased social and community participation	1. Care Squared recommend that Ms Mamawan continue to be supported to attend The Bridge at least 2 days per week for social participation. 2. Care Squared recommend Ms Mamawan be supported to participate in social and community activities of her interest her with support workers three times weekly for increasing social and community access.	Ms Mamawan continue to attend The Bridge's day program at least 2 days weekly. Ms Mamawan to access the community, with support, three times weekly.
Improved relationships	1. Care Squared recommend Ms Mamawan continue to engage in behavioural support intervention, to assist Ms Mamawan and her family to manage her behaviours of concern, to enable her to achieve her goals.	Ms Mamawan continues to receive behavioural support services.
Improved daily living skills	1. Care Squared recommend 30 hours of an occupational therapy intervention program, targeted at achieving all of Ms Mamawan's goals. The program will include: <ul style="list-style-type: none"> Individualised intervention sessions focused on: <ol style="list-style-type: none"> Development of daily life skills to support Ms Mamawan to be more independent, such as grooming and showering Exploring and prescribing sensory toys and fidget items which could support Ms Mamawan to meet her sensory needs 	Ms Mamawan to improve her score on the WHODAS. Ms Mamawan to reduce her score on the CANS. Ms Mamawan to be able to

	<p>iii. Exploring social and community activities of Ms Mamawan's interest which assist with increased social and community participation</p> <p>iv. Development of emotional and behavioural regulation strategies to support Ms Mamawan to understand her emotions and use appropriate strategies to manage her emotions</p> <ul style="list-style-type: none"> • Development and implementation of a skill development plan. • Training for Ms Mamawan's family and support workers on the implementation of the skill development plan. • Further detail in regards to the Occupational Therapy intervention program is contained within the Intervention Action Plan. <p>2. Care Squared recommend Ms Mamawan continue to engage a Psychologist focused on improving Ms Mamawan's capacity to manage her emotions and behaviours.</p> <p>3. Care Squared recommend Ms Mamawan continue to engage a Speech Pathologist to develop a formal communication system to support Ms Mamawan's functional communication ability.</p>	<p>complete showering with minimal physical assistance.</p> <p>Ms Mamawan continue to engage in Psychology and Speech Pathology intervention.</p>
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Thank you again for the opportunity to assist with this assessment, please contact me should you have any queries on 1300 63 26 39 or email rhoda.ku@caresquared.com.au.



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