

# OCCUPATIONAL THERAPY PROGRESS REPORT

<b>PARTICIPANT NAME:</b>	Chloe Mamawan		
<b>PARTICIPANT ADDRESS:</b>	98 Hutchinson Drive Lynbrook VIC 3975	<b>PARTICIPANT CONTACT DETAILS:</b>	0412 084 947
<b>NDIS PARTICIPANT NUMBER:</b>	430925148	<b>DATE OF BIRTH:</b>	12/06/1998
<b>DATE OF INITIAL REFERRAL:</b>	27/06/2019	<b>SERVICE HOURS TO DATE:</b>	17 hours
<b>DATE OF REPORT:</b>	26/07/2021	<b>CARE SQUARED SERVICES USED WITHIN PERIOD:</b>	OT, Behaviour management support

Thank you for allowing Care Squared to assist with your allied health care needs over the period described above, please find below a summary of progress toward goals, activities completed within this period and recommendations for further supports.

## PARTICIPANT NDIS PLAN GOALS

<b>GOAL 1.</b>	Chloe would like to increase her social and community participation through access to appropriate supports.
<b>GOAL 2.</b>	Chloe would like to be safe in her environments and learn communication skills and domestic/self-care skills through access to appropriate supports.
<b>GOAL 3.</b>	Chloe would like to build her relationship skills and improve her emotional regulation to be safe through access to appropriate supports.
<b>GOAL 4.</b>	Chloe would like to be more independent and learn skills for future living options through access to appropriate supports.

## OCCUPATIONAL THERAPY GOALS & PROGRESS

GOAL 1:	Chloe would like to increase her social and community participation through access to appropriate supports.			
PROGRESS:	Status:	Partially Achieved	Outcome measure:	Ms Mamawan to access the community with support at least once weekly.
	Comment:	Due to the COVID-19 pandemic and the restriction in place, Ms Mamawan had not been able to access the community as frequently as she did previously. Care Squared assessed once the restriction lifts further, Ms Mamawan would be able to visit the local supermarket, Kmart, and swimming pool at least once weekly with the assistance of her support workers.		
GOAL 2:	Chloe would like to be safe in her environments and learn communication skills and domestic/self-care skills through access to appropriate supports.			
PROGRESS:	Status:	Not Achieved	Outcome measure:	Ms Mamawan to improve her score on the WHODAS. Ms Mamawan to reduce her score on the CANS
	Comment:	Ms Mamawan continues to engage with a Speech Pathologist to increase her vocabulary and communication skills. Care Squared observed during the Occupational Therapy intervention sessions, Ms Mamawan had been able to identify and say the cartoon characters she drew, and to use words such as "Good-bye" to indicate she would like to end the session sooner. While Care Squared went through the showering social story with Ms Mamawan, she was seen to be able to recognise and remember more words, although there might still be some words that she mixed up, for instance, "shampoo" and "shower". Care Squared recommend Ms Mamawan continues to attend Speech Pathology sessions for improved speech and communication skills.		

GOAL 3:	Chloe would like to build her relationship skills and improve her emotional regulation to be safe through access to appropriate supports.			
PROGRESS:	Status:	Partially Achieved	Outcome measure:	Ms Mamawan to have a Positive behaviour support plan in place and all family members trained in its use.
	Comment:	Ms Mamawan has been engaging in Care Squared's behaviour management support services, with reduced occurrence of behaviours of concern. A Behaviour Support Plan is also due to be finalised for Ms Mamawan's family and support workers to implement the recommended strategies.		
GOAL 4:	Chloe would like to be more independent and learn skills for future living options through access to appropriate supports.			
PROGRESS:	Status:	Not Achieved	Outcome measure:	Ms Mamawan to improve her score on the WHODAS. Ms Mamawan to reduce her score on the CANS.
	Comment:	Ms Mamawan has been attending monthly session for Occupational Therapy service, focusing on independent showering skills. With the support workers' assistance, Ms Mamawan was observed to have increased participation in completing some of the steps by herself, which includes turn on the shower, adjust water temperature as well as wash her hair and body. Ms Mamawan continued to sit on a shower chair for the whole duration of the task. Care Squared observed Ms Mamawan required maximal physical assistance from a support worker to wash her hair, as she was unable to rub it thoroughly with shampoo. Ms Mamawan was seen to required maximal verbal prompting to wash each body part with soap for at least 10 seconds, and moderate physical assistance to wash her privates and legs.  Outside of the session, Ms Mamawan's support worker reported Ms Mamawan began to participate in some domestic activities with herself, including collecting laundry, ironing clothes and baking.  Care Squared recommend Ms Mamawan continues to engage in Occupational Therapy for developing skills to live independently, and exploring sensory toys and equipment to meet her sensory needs.		
BARRIERS PREVENTING ACHIEVEMENT OF GOALS:		Care Squared identified the COVID-19 restriction and the lack of funding for fortnightly session to be conducted prevented Ms Mamawan from achieving her goals.		

## RECOMMENDED GOALS FOR NEXT PLAN PERIOD

1.	Chloe to participate in social/community activities at least twice weekly with supports.
2.	Chloe continues to engage in Occupational Therapy and Speech Pathology sessions.
3.	Chloe continues to engage in behaviour management support for her behaviours of concerns.

## RECOMMENDATIONS TO ACHIEVE GOALS FOR NEXT PLAN PERIOD

CORE SUPPORTS	RECOMMENDATIONS	RECOMMENDED OUTCOME MEASURES
Assistance with daily life (including supported independent living)	<ol style="list-style-type: none"> <li>Care Squared recommend support worker assistance for Ms Mamawan to complete personal activities of daily living. Care Squared recommend Ms Mamawan requires 18 hours of support daily activities including personal care, eating, grooming and domestic activities.</li> <li>Care Squared recommend Ms Mamawan is supported with short term accommodation and assistance when her informal supports are not able to care for her.</li> </ol>	Ms Mamawan to receive supports up to 18 hours per day to complete daily living activities.
Transport	<ol style="list-style-type: none"> <li>Care Squared recommend Ms Mamawan be supported with transport assistance for appointment and community access.</li> </ol>	Ms Mamawan to attend all day program and medical appointments in



		2021 and 2022.
Consumables	<ol style="list-style-type: none"> <li>Care Squared recommend the supply of the following low level (level 1 and 2) assistive technology items: <ul style="list-style-type: none"> <li>Visual time timer to assist with understanding the concept of time, duration and waiting.</li> <li>Sensory toys and fidget items for meeting Ms Mamawan's sensory needs</li> <li>A shower stool for Ms Mamawan to sit on when having a shower in her en-suite.</li> </ul> </li> </ol>	Ms Mamawan to receive the recommended consumable items by December 2021.
Assistance with social and community participation	<ol style="list-style-type: none"> <li>Care Squared recommend Ms Mamawan be provided with a support worker for 4 hours twice weekly for social and community access.</li> </ol>	Ms Mamawan to access the community, with support, twice times weekly
<b>CAPACITY BUILDING SUPPORTS</b>	<b>RECOMMENDATIONS</b>	<b>RECOMMENDED OUTCOME MEASURES</b>
Coordination of supports	<ol style="list-style-type: none"> <li>Care Squared recommend Ms Mamawan be provided support coordination assistance to implement her plan.</li> </ol>	Ms Mamawan to utilise all of her plan supports to achieve her goals.
Increased social and community participation	<ol style="list-style-type: none"> <li>Care Squared recommend Ms Mamawan be supported to participate in social and community activities of her interests with support workers at least twice weekly for increasing social and community access.</li> </ol>	Ms Mamawan to access the community, with support, twice times weekly.
Improved relationships	<ol style="list-style-type: none"> <li>Care Squared recommend Ms Mamawan continue to engage in behavioural support intervention, to assist Ms Mamawan and her family to manage her behaviours of concern, to enable her to achieve her goals.</li> </ol>	Ms Mamawan continues to receive behavioural support services.
Improved life choices	<ol style="list-style-type: none"> <li>Care Squared recommend Ms Mamawan be supported with plan management supports to manage the funding in her plan in the future.</li> </ol>	Ms Mamawan to have a plan manager by January 2022.
Improved daily living skills	<ol style="list-style-type: none"> <li>Care Squared recommend 60 hours of a fortnightly Occupational Therapy intervention program, targeted at achieving all of Ms Mamawan's goals. The program will include: <ul style="list-style-type: none"> <li>Individualized intervention sessions focused on developing independent skills in completing self care activities.</li> <li>Exploration of sensory toys and equipment to meet Ms Mamawan's sensory needs.</li> <li>Development and implementation of a skill development plan.</li> <li>Training for Ms Mamawan's family and support workers on the implementation of the skill development plan.</li> <li>Further detail in regards to the Occupational Therapy intervention program is contained within the Intervention Action Plan.</li> <li>Please see attached quote for these services.</li> </ul> </li> <li>Care Squared recommend ongoing Speech Pathology intervention program focused on improving Ms Mamawan's speech and capacity to communicate with others.</li> </ol>	<p>Ms Mamawan to be able to complete showering with verbal promptings only.</p> <p>Ms Mamawan continues to engage in Speech Pathology sessions.</p>

Thank you again for the opportunity to assist with this assessment, please contact me should you have any queries on 1300 63 26 39 or email [rhoda.ku@caresquared.com.au](mailto:rhoda.ku@caresquared.com.au).

**SIGNATURE**

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