

JONSON ALLEN
Metis #V787627
50 Twilight Lane Dartmouth
NS B2X 2R9
902-266-5787
jonsonal@hotmail.com

WORK EXPERIENCE

Blended Athletics

2021 - Present

Administrative / Social Media Assistant

- Videography / Photography
- Membership sales
- Client tours
- Interaction with clientele on a daily basis
- Maintenance/ Cleaning of the facility
- Upkeep of gym equipment

Zatzman Sportsplex

2019 - 2021

Weight Room Trainer

- Opening and closing the weight room
- Giving orientations to new members
- Sanitizing equipment frequently
- Maintenance/Cleaning of facility
- Teaching conditioning classes for children aged 9-12
- 1 on 1 training with members

Harvey's

2018 – 2019

Grill / Fry Cook

Education

University of New Brunswick

2023

- Full-Stack Coding Bootcamp

Dalhousie University

2018 – 2020

- Kinesiology BSc program

Prince Andrew High School

2018

- Graduated from Grade 12 with honours

COMPUTER SKILLS

Proficient in the following:

- JavaScript
- NodeJS
- ExpressJS
- React
- MongoDB
- MySQL

Certifications

- WHMIS
- OHS
- First Aid/CPR

EXTRA-CURRICULAR EXPERIENCE & VOLUNTEERING

ChalkLine Reno

- General Construction
- Demolition

East Coast Varsity

After school program leader

- Supervised elementary aged children in groups of 20-25
- Directing and managing physical activity while ensuring their safety

Dartmouth General Hospital

Volunteer Fundraising

- Volunteering for a fundraiser at Dartmouth General Hospital.
- Bussing tables

Personal Interests

Photography/ Videography

- @jonsonmedia on Instagram

Weightlifting / Fitness Training

References:

Scott Manning - Staff Sergeant RCMP

902-440-5830

Chris Thoms - Retired Halifax Regional Police Officer

902-410-4889

Brian Reagan - Innovative Real Estate

902-209-4890

