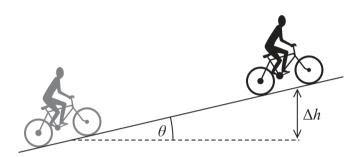
9 A cyclist rode along a slope at a constant speed. The increase in vertical height of the cyclist was Δh . The slope was at an angle θ to the horizontal as shown.



The forward force of the road on the bicycle was F and air resistance was negligible.

Which of the following gives the work done by the cyclist?

$$\triangle$$
 A $F \triangle h \cos \theta$

$$\square$$
 B $\frac{F \Delta h}{\cos \theta}$

$$\mathbf{C}$$
 $F \Delta h \sin \theta$

$$\square$$
 D $\frac{r \Delta n}{\sin \theta}$