13 Thorium is an unstable isotope that decays into radium as shown in the nuclear equation.

$$^{228}_{90}$$
Th $\rightarrow ^{224}_{88}$ Ra + $^{4}_{2}$ α

The table below gives the masses of the nuclei.

Nucleus	Mass/u
²²⁸ Th	228.02873
²²⁴ Ra	224.02021
$^4\alpha$	4.00260

(a) Show that the energy released in the decay is about 5.5 MeV.		
	(4)	