# **Diabetes**

# Subria Islam

Option: 1(ANN neural network)

ANN Binary Classification and Logistic Regression

# Description of the work

#### **Description of Dataset:**

This diabetes dataset is collected from the National Institute of Diabetes and Digestive and Kidney Diseases. It has 768 instances. It has 9 attributes (columns) and all are in numerical value.

#### All attributes (columns) are:

Pregnancies: Number of times a person has been pregnant.

Glucose: Blood sugar level measured 2 hours after consuming a glucose drink.

BloodPressure: Diastolic blood pressure (mm Hg)

SkinThickness: Thickness of a fold of skin on the triceps (mm).

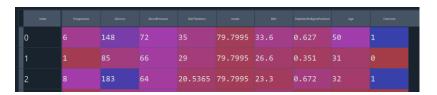
Insulin: Blood insulin level measured 2 hours after consuming glucose (mu U/ml).

BMI: Body mass index, a measure of body weight relative to height (weight in kg/(height in m)^2).

DiabetesPedigreeFunction: A function that predicts the likelihood of diabetes based on family history.

Age: Age (years).

Outcome: A binary class variable, where 0 typically means no diabetes, and 1 means diabetes is present.



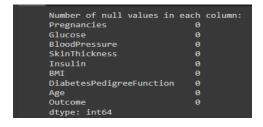
#### Goal:

Based on the diagnostic measurements, make predictions about whether a patient is likely to have diabetes or not.

# Data Preparation for the training

#### **Dataset columns:**

In the dataset, all columns don't have any null values.



But some columns have a missing value which is mentioned as zero. But Glucose, Blood Pressure, Skin Thickness, Insulin, and BMI values don't be zero.

 Number of zero values in each column:

 Pregnancies
 111

 Glucose
 5

 BloodPressure
 35

 SkinThickness
 227

 Insulin
 374

 BMI
 11

 DiabetesPedigreeFunction
 0

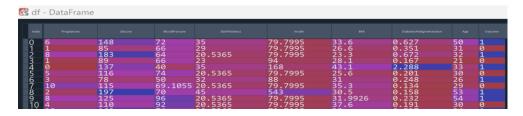
 Age
 0

 Outcome
 500

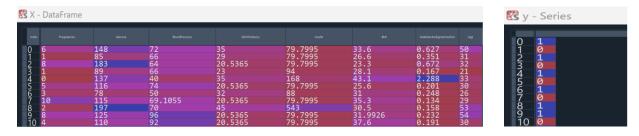
 dtype: int64
 0

## Data preparation:

zero values of Glucose, Blood Pressure, Skin Thickness, Insulin, and BMI were replaced with the mean value of the column.

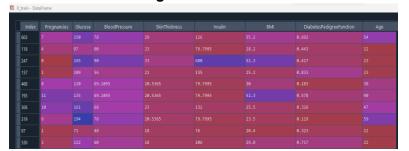


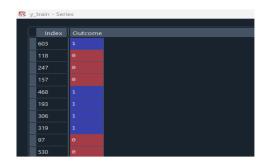
Dividing the data into X and y and creating X and y dataframes.



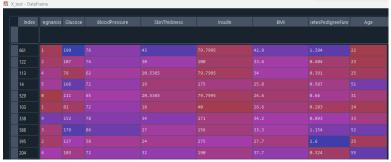
For training and testing purposes all data were split. 80% for training and 20% for tasting. The datasets X and y are divided into four dataframes: X\_train, X\_test, y\_train and y\_test.

#### Screenshot of training data:





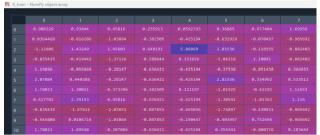
#### Screenshot of X\_test and y\_test:

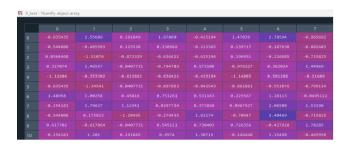




StandardScaler is employed to achieve normalized and similarly distributed features, optimizing the performance of machine learning algorithms, especially beneficial for neural networks. Both 'X\_train' and 'X\_test' are Scaled by using 'StandardScaler' from scikit-learn.

#### Screenshot of X\_train and X\_test after scaling:

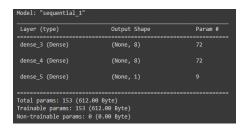




# **Neural networks training**

First, a Sequential model is initialized, which is a liner stack of layers. An input layer with 8 neurons is added to the neural network, expecting input data with a shape defined by the number of features in X, initializing weights normally, and using the Rectified Linear Unit (ReLU) activation function. Then a Hidden layer with 8 neurons are added and an activation function: Relu is used. Also, an output layer with 1 neuron is added, using the sigmoid activation function.

A summary of the model architecture is displayed, including the layers, their output shapes, and the number of trainable parameters.

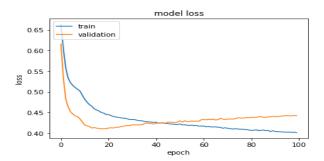


Then the model is compiled with binary cross-entropy loss, Adam optimizer, and metrics for evaluation. Also, the model is trained on the training data with specified epochs, batch size, and validation data.

The 'history.history.keys()' method provides keys representing training and validation metrics, including loss and accuracy, tracked during the model training process.

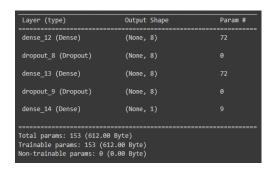
```
dict_keys(['loss', 'binary_crossentropy', 'accuracy', 'val_loss', 'val_binary_crossentropy', 'val_accuracy'])
```

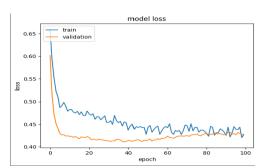
A plot is generated to display the training and validation loss values across epochs using Matplotlib for visualization purposes.



It's an overfitting model. Overfitting in models, excelling in training but failing with new data. To avoid overfitting, Dropout layers are added in neural network architecture. Dropout can help prevent overfitting by randomly dropping a certain proportion of neurons during training, forcing the network to learn more robust features. Fixing overfitting helps in building models that make accurate predictions on diverse datasets.

Now the summary of the model architecture after adding Dropout layers in neural network architecture. And the plot after adding Dropout layers in neural network architecture.



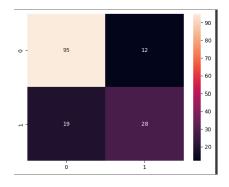


ANN neural network relevant metrics for the case and predict with new data

#### ANN neural network:

By using the trained model, the outcome for the text data (X\_test) is predicted. Then the predicted probability is compared against a threshold of 0.5.

A confusion matrix was used to estimate the result which is visualized using the heatmap. Also, accuracy, precision, and recall are calculated.



Here,

**TN(True Negative):** In the confusion matrix, there are 95 instances where the actual class was negative and the model correctly predicted them as negative.

**TP(True Positive):** In the confusion matrix, there are 28 instances where the actual class was positive and the model correctly predicted them as positive.

**FP(False Positive):** In the confusion matrix, there are 12 instances where the actual class was negative and the model incorrectly predicted them as positive.

**FN(False Negative):** In the confusion matrix, there are 19 instances where the actual class was positive and the model incorrectly predicted them as negative.

#### Accuracy score for ANN neural network:

The accuracy score is 0.7987012987012987 means that the model's correctness is 79.87%.

#### **Precision score for ANN neural network:**

The precision score is 0.7 means that out of all the positive predictions made by this model, approximately 70% of them were correct.

#### Recall score for ANN neural network:

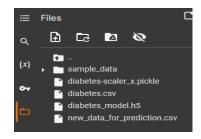
The recall score is 0.5957446808510638 means that this model correctly identified approximately 59.57% of the actual positive cases in the dataset.

#### v test: Actual Distribution:

displays the count of actual positive (1) and negative (0) instances in the test dataset.

Outcome 0: There are 107 instances where the target variable Outcome is labeled as 0 Outcome 1: There are 47 instances where the target variable Outcome is labeled as 1

Then saves the trained neural network model ('diabetes\_model.h5') and the StandardScaler instance ('diabetes-scaler\_x.pickle') using the model.save() method and Python's pickle.dump() function, respectively, for future use in predictions without retraining or re-scaling.



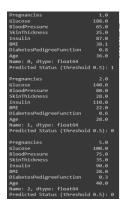
#### Predict with new data:

Now load a pre-trained neural network model ('diabetes\_model.h5') using load\_model() function, restoring its architecture and weights. Simultaneously, it loads a previously saved 'scaler\_x' instance ('diabetes-scaler\_x.pickle') using Python's pickle.load() for consistent data preprocessing during predictions, facilitating model deployment without retraining or re-scaling.

Now reads new data from 'new\_data\_for\_prediction.csv', scales it using the pre-loaded scaler (sc), and predicts outcomes (ynew) using the trained neural network model (model). The original data (Xnew\_org) and the scaled data (Xnew) are stored separately for future reference or analysis.

Then convert scaled data back to its original unscaled format, enabling interpretation or analysis in the data's initial scale.

finally, prediction is done for new data by interpreting them with a 0.5 threshold: values  $\geq 0.5$  are labeled as 1 (diabetes present), while values < 0.5 are labeled as 0 (no diabetes).



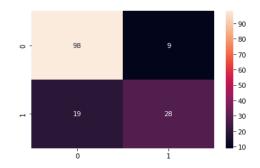
Logistic regression relevant metrics for the cases and predict with new data

## Logistic regression:

By using Logistic Regression, the model was trained. And finally, Predicting outputs with X\_test as inputs.

#### Confusion matrix for logistic regression:

The result was Estimated by a confusion matrix.



Here,

**TN(True Negative):** In the confusion matrix, there are 98 instances where the actual class was negative and the model correctly predicted them as negative.

**TP(True Positive):** In the confusion matrix, there are 28 instances where the actual class was positive and the model correctly predicted them as positive.

**FP(False Positive):** In the confusion matrix, there are 9 instances where the actual class was negative and the model incorrectly predicted them as positive.

**FN(False Negative):** In the confusion matrix, there are 19 instances where the actual class was positive and the model incorrectly predicted them as negative.

```
confusion matrix of logistic regression: [[98 9]
[19 28]]
accuracy score of logistic regression: 0.82
precision score of logistic regression: 0.76
recall score of logistic regression: 0.60
```

#### Accuracy score for logistic regression model:

The accuracy score is 0.82 means that the model's correctness is 82%.

#### Precision score for logistic regression model:

The precision score is 0.76 means that out of all the positive predictions made by this model, approximately 76% of them were correct.

#### Recall score for logistic regression model:

The recall score is 0.60 means that this model correctly identified approximately 60% of the actual positive cases in the dataset.

#### Predict with new data:

new data is read from 'new\_data\_for\_prediction.csv' file and predicted by the trained model. The prediction output was good enough for getting the information about whether the patient has diabetes or not.

```
BloodPressure
                                        SkinThickness Insulin
   Pregnancies
                Glucose
                                                                  BMI
0
                                                                 38.1
                                    80
                                                    28
                                                            110
                                                                 22.0
                    100
                                    75
                                                             90
                                                                 28.0
2
   DiabetesPedigreeFunction
                             Age Outcome
0
                        0.8
1
                        0.6
                              28
                              40
```

## Conclusions of the results

The logistic regression model has a higher accuracy rate than the ANN neural network model. Higher accuracy generally is a positive indicator.

Precision measures the proportion of true positive predictions among all positive predictions made by the model. A higher precision means fewer false positives. In this case, the logistic regression model also outperforms the ANN neural network model in terms of precision.

Recall measures the proportion of true positive predictions among all actual positives. It indicates how well the model captures positive instances. Also, the logistic regression model has a higher recall compared to the ANN neural network.

Based on these metrics, logistic regression appears to perform better than the ANN neural network for this dataset.

#### Get a better model:

To enhance model performance, need to focus on data preprocessing, hyperparameter tuning, regularization techniques to reduce overfitting, etc. By increasing the complexity or depth of the network architecture and optimizing hyperparameters like learning rate, batch size, and the number of neurons in hidden layers possible to improve the performance of the Artificial Neural Network (ANN) model.