



Fantasy vs. Healthy - Figuring Out Your Personal Limits

What This Class Will Teach You

- How to evaluate a fantasy and determine if it's realistically achievable.
 - This class will provide a list of questions that will help to determine whether or not your fantasy should just stay as a fantasy in your head.

Fantasy vs. Healthy

- We all have our own personal fantasies.
- The idea of making our fantasies become real can be very tempting.
- It's rather common for us to not consider the potential consequences of bringing a fantasy into reality.
- Sometimes our fantasies are inherently dangerous, or at the very least, very risky.
- Sometimes our fantasies involve terrible things such as great bodily harm, violation of consent, a disregard of personal boundaries, or even worse.
- Sometimes our fantasies are within the realm of possibility, but would require far more resources than are currently available.
- Fantasies frequently require other participants, and it can be difficult to find others who share the same interests in your fantasy.

Fantasy vs. Healthy

- To over-simplify: an 18-inch dildo might sound like a good idea. It's not. Not without a HELL of a lot of work. And is it really worth it?
- We've come up with a series of questions that one can run their fantasy idea through to help determine if it's a worthwhile endeavor to pursue in reality.



Fantasy vs. Healthy - The List of Questions

- Is it possible to achieve?
- Do I know what I'm doing here?
- Do I know the possible risks?
- Am I willing to accept the risks?
- What's the payoff?
- Can I make it safer?
- Will I ever regret this?
- What about my play partner?
- Am I willing to accept responsibility for all possible outcomes?

The List of Questions

- **Is it possible to achieve?**
 - Physically?
 - Legally?
 - Emotionally?
 - Monetarily?
 - Practically?
- **The Huge Dildo - Is it possible to achieve?**
 - It exists.
 - It's legal to buy.
 - Emotionally? Yup.
 - It can be purchased.
 - It's possible to order by mail.
 - All questions answered with "yes," so let's move on to the next question.



The List of Questions

- **Do I know what I'm doing here?**
 - Have I done my homework?
 - How much experience do I have with this?
- **The Huge Dildo - Do I know what I'm doing here?**
 - How much have you trained with large toys?
 - How much experience do you have with anal?
 - Let's assume "yes" to the above and continue.



The List of Questions

- **Do I know the possible risks?**
 - Do I know what to do when things go wrong?
- The Huge Dildo - Do I know the possible risks?
 - Due to the answers to the last question, we can assume that we know enough about anal play to know the risks involved. On to the next question!



The List of Questions

- **Am I willing to accept the risks?**
 - If we're not willing to accept the risks, then this is a good point to call things off and abandon making our fantasy come true.
- **The Huge Dildo - Am I willing to accept the risks?**
 - We're a butt slut, and we wouldn't have gotten this far if we weren't willing to accept the risks. Onward to the next question!



Realistic Huge Dildo

The List of Questions

- **What's the payoff?**
 - Is there a worthwhile element that truly makes it worth all of the effort?
 - If the payoff isn't worth all of the resources and the risks that are involved in making this fantasy a reality, then it's likely not a good idea to pursue this any further.
- **The Huge Dildo - What's the payoff?**
 - Yes, stretching can be amazing. Next question!



Realistic Huge Dildo

The List of Questions

- **Can I make it safer?**
 - Is it possible to mitigate the risks?
- **The Huge Dildo - Can I make it safer?**
 - Yes, we know our limits.
 - Use LOTS of products (relaxants, lube, etc.).
 - Make sure it's got a flared base.
 - Train with smaller toys first to warm up to the Huge Dildo.
 - Make sure we can get off of it easily.
 - Don't let gravity do all the work.
 - More safety is not only on the mind, but is achievable. Next question!



The List of Questions

- **Will I ever regret this?**
 - How badly could I see myself regretting this?
 - In what situation would I regret it?
- **The Huge Dildo - Will I ever regret this?**
 - Possibly. If things go wrong, we could end up getting injured.
 - If it goes too right, we may never look at a table leg the same way again.
 - If we're careful, we should be able to mitigate the things that would make us regret this. Next question!



The List of Questions

- **What about my play partner?**
 - Have I spoken to them about it?
 - Do they know enough to comfortably support me?
- **The Huge Dildo - What about my play partner?**
 - We'll assume a full discussion has been had, and that our play partner is on-board with making this fantasy a reality. Next question!



The List of Questions

- **Am I willing to accept responsibility for ALL possible outcomes?**
 - Well, are you?
- **The Huge Dildo - Am I willing to accept responsibility for ALL possible outcomes?**
 - We'll assume yes, but we must be ready to accept every outcome.
 - This includes the outcome where you end up in the Emergency Room explaining things to a doctor while your parents are in the room.
 - Alternatively, we must accept the outcome where you orgasm so much that you pass out and your roommate finds you in the morning lying next to an 18-inch dildo.



Fantasy vs. Healthy

In Conclusion...

- Be realistic and honest with yourself when evaluating whether or not it's a good idea to pursue your fantasy in reality.
- If there is any uncertainty while evaluating your fantasy, that's a good yellow flag to tell you to slow down and not act hastily!
- Don't be dismissive of the possible risks involved - you only live once, and you don't want to live with a life-long injury if you could easily avoid it by using your brain.
- As always - SAFETY FIRST!!!

Special Thanks

Many thanks to **OGBirdy** for providing us with the class notes for this subject! <3

If you'd like to provide a write-up for a particular Kinky Class subject, please reach out to our Teachers in the **Teacher's Lounge** channel!