

# Fantasy vs. Healthy - Figuring Out Your Personal Limits

# What This Class Will Teach You

- How to evaluate a fantasy and determine if it's realistically achievable.
  - This class will provide a list of questions that will help to determine whether or not your fantasy should just stay as a fantasy in your head.

# Fantasy vs. Healthy

- We all have our own personal fantasies.
- The idea of making our fantasies become real can be very tempting.
- It's rather common for us to not consider the potential consequences of bringing a fantasy into reality.
- Sometimes our fantasies are inherently dangerous, or at the very least, very risky.
- Sometimes our fantasies involve terrible things such as great bodily harm, violation of consent, a disregard of personal boundaries, or even worse.
- Sometimes our fantasies are within the realm of possibility, but would require far more resources than are currently available.
- Fantasies frequently require other participants, and it can be difficult to find others who share the same interests in your fantasy.

# Fantasy vs. Healthy

- To over-simplify: an 18-inch dildo might sound like a good idea. It's not. Not without a HELL of a lot of work. And is it really worth it?
- We've come up with a series of questions that one can run their fantasy idea through to help determine if it's a worthwhile endeavor to pursue in reality.



Realistic Huge Dildo

# Fantasy vs. Healthy - The List of Questions

- Is it possible to achieve?
- Do I know what I'm doing here?
- Do I know the possible risks?
- Am I willing to accept the risks?
- What's the payoff?
- Can I make it safer?
- Will I ever regret this?
- What about my play partner?
- Am I willing to accept responsibility for all possible outcomes?

# The List of Questions

- **Is it possible to achieve?**
  - Physically?
  - Legally?
  - Emotionally?
  - Monetarily?
  - Practically?
- The Huge Dildo - Is it possible to achieve?
  - It exists.
  - It's legal to buy.
  - Emotionally? Yup.
  - It can be purchased.
  - It's possible to order by mail.
  - All questions answered with "yes," so let's move on to the next question.



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# The List of Questions

- **Do I know what I'm doing here?**
  - Have I done my homework?
  - How much experience do I have with this?
  
- The Huge Dildo - Do I know what I'm doing here?
  - How much have you trained with large toys?
  - How much experience do you have with anal?
  - Let's assume "yes" to the above and continue.



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# The List of Questions

- **Do I know the possible risks?**
  - Do I know what to do when things go wrong?
- The Huge Dildo - Do I know the possible risks?
  - Due to the answers to the last question, we can assume that we know enough about anal play to know the risks involved. On to the next question!



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# The List of Questions

- **Am I willing to accept the risks?**
  - If we're not willing to accept the risks, then this is a good point to call things off and abandon making our fantasy come true.
- The Huge Dildo - Am I willing to accept the risks?
  - We're a butt slut, and we wouldn't have gotten this far if we weren't willing to accept the risks.  
Onward to the next question!



Realistic Huge Dildo

# The List of Questions

- **What's the payoff?**
  - Is there a worthwhile element that truly makes it worth all of the effort?
  - If the payoff isn't worth all of the resources and the risks that are involved in making this fantasy a reality, then it's likely not a good idea to pursue this any further.
- The Huge Dildo - What's the payoff?
  - Yes, stretching can be amazing. Next question!



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# The List of Questions

- **Can I make it safer?**
  - Is it possible to mitigate the risks?
- The Huge Dildo - Can I make it safer?
  - Yes, we know our limits.
  - Use LOTS of products (relaxants, lube, etc.).
  - Make sure it's got a flared base.
  - Train with smaller toys first to warm up to the Huge Dildo.
  - Make sure we can get off of it easily.
  - Don't let gravity do all the work.
  - More safety is not only on the mind, but is achievable. Next question!



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# The List of Questions

- **Will I ever regret this?**
  - How badly could I see myself regretting this?
  - In what situation would I regret it?
  
- The Huge Dildo - Will I ever regret this?
  - Possibly. If things go wrong, we could end up getting injured.
  - If it goes too right, we may never look at a table leg the same way again.
  - If we're careful, we should be able to mitigate the things that would make us regret this. Next question!



**Realistic Huge Dildo**

# The List of Questions

- **What about my play partner?**
  - Have I spoken to them about it?
  - Do they know enough to comfortably support me?
- The Huge Dildo - What about my play partner?
  - We'll assume a full discussion has been had, and that our play partner is on-board with making this fantasy a reality. Next question!



**Realistic Huge Dildo**

# The List of Questions

- Am I willing to accept responsibility for ALL possible outcomes?
  - Well, are you?
- The Huge Dildo - Am I willing to accept responsibility for ALL possible outcomes?
  - We'll assume yes, but we must be ready to accept every outcome.
  - This includes the outcome where you end up in the Emergency Room explaining things to a doctor while your parents are in the room.
  - Alternatively, we must accept the outcome where you orgasm so much that you pass out and your roommate finds you in the morning lying next to an 18-inch dildo.



Realistic Huge Dildo

# Fantasy vs. Healthy

## In Conclusion...

- Be realistic and honest with yourself when evaluating whether or not it's a good idea to pursue your fantasy in reality.
- If there is any uncertainty while evaluating your fantasy, that's a good yellow flag to tell you to slow down and not act hastily!
- Don't be dismissive of the possible risks involved - you only live once, and you don't want to live with a life-long injury if you could easily avoid it by using your brain.
- As always - SAFETY FIRST!!!

# Special Thanks

Many thanks to **OGBirdy** for providing us with the class notes for this subject! <3

If you'd like to provide a write-up for a particular Kinky Class subject, please reach out to our Teachers in the **Teacher's Lounge** channel!