

Meta-Analysis of Treatments for Platinum-Resistant Ovarian Cancer (PROC)

vs. Standard Chemotherapy
Based on Clinical trials

Background and Objective

This study aimed to conduct a meta-analysis, systematically integrating findings from multiple independent clinical trials. The goal was to derive more robust and generalizable conclusions about treatment efficacy for platinum-resistant ovarian cancer (PROC) than what could be inferred from individual studies alone.

We extracted and summarized key clinical endpoints - Overall Survival (OS), Progression-Free Survival (PFS), and Objective Response Rate (ORR) - from seven randomized phase III trials. These trials evaluated various investigational therapies compared to different single-agent chemotherapy regimens commonly used in PROC.

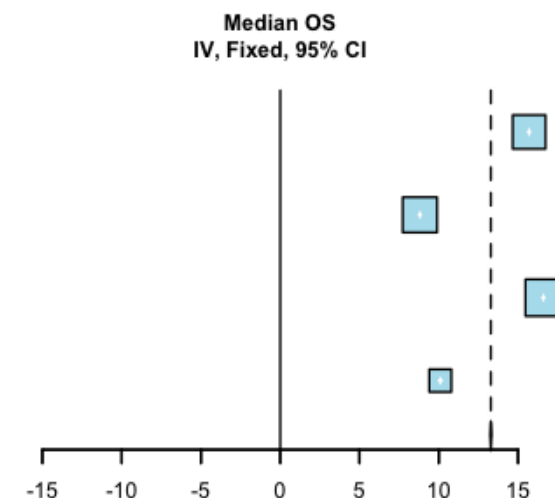
Methodology

Software Used - R

Models : Fixed Effect and Random Effects model.

Forest plot for fixed effect model for overall survival

Study or Subgroup	Median OS	SE	Weight	Median OS IV, Fixed, 95% CI
Treatment = Avelumab+chemotherapy(PLD)				
JAVELIN Ovarian 200	15.7000	0.0394	26.8%	15.70 [15.62; 15.78]
Treatment = oral PDX+AUC2-carboplatin				
OVATURE	8.8100	0.0377	29.3%	8.81 [8.74; 8.88]
Treatment = bevacizumab+chemotherapy				
AURELIA	16.6000	0.0362	31.8%	16.60 [16.53; 16.67]
Treatment = nivolumab				
NINJA	10.1000	0.0587	12.1%	10.10 [9.98; 10.22]
Total (95% CI)			100.0%	13.29 [13.25; 13.33]



Heterogeneity: $\tau^2 = 15.3518$; $\chi^2 = 29151.20$, $df = 3$ ($P = 0$); $I^2 = 100.0\%$
Test for overall effect: $Z = 650.75$ ($P = 0$)
Test for overall effect: $Z = 6.53$ ($P < 0.0001$)
Test for subgroup differences: $\chi^2 = 29151.20$, $df = 3$ ($P = 0$)

Interpretation

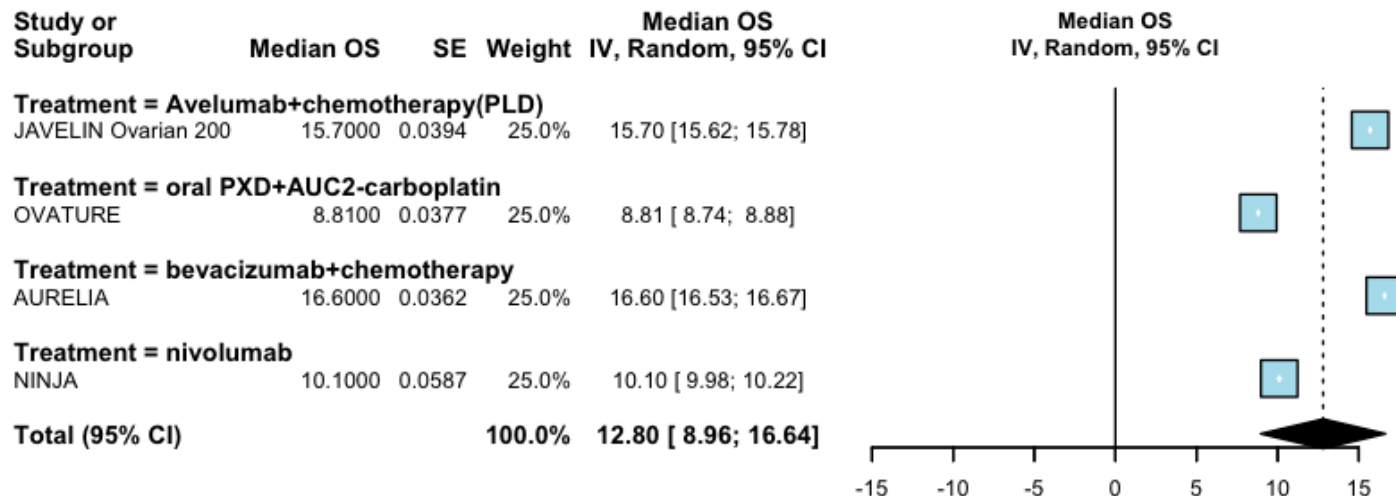
$I^2 = 100\%$, chi-square $p < 0.0001$

- Indicates extremely high heterogeneity across studies.
- The differences in survival outcomes are not due to random variation.
- Suggests the presence of true clinical or methodological differences between trials.
- Fixed-effect model assumptions are likely violated — a random-effects model is more appropriate.

$\chi^2 = 29,151.20$, degrees of freedom = 3, $p < 0.0001$ (Subgroup analysis)

- Subgroup differences are highly significant. → Indicates that treatment type has a significant impact on overall survival (OS).

Forest plot for random effect model for overall survival



Heterogeneity: $\tau^2 = 15.3518$; $\chi^2 = 29151.20$, $df = 3$ ($P = 0$); $I^2 = 100.0\%$
Test for overall effect: $Z = 650.75$ ($P = 0$)
Test for overall effect: $Z = 6.53$ ($P < 0.0001$)
Test for subgroup differences: $\chi^2 = 29151.20$, $df = 3$ ($P = 0$)

Interpretation

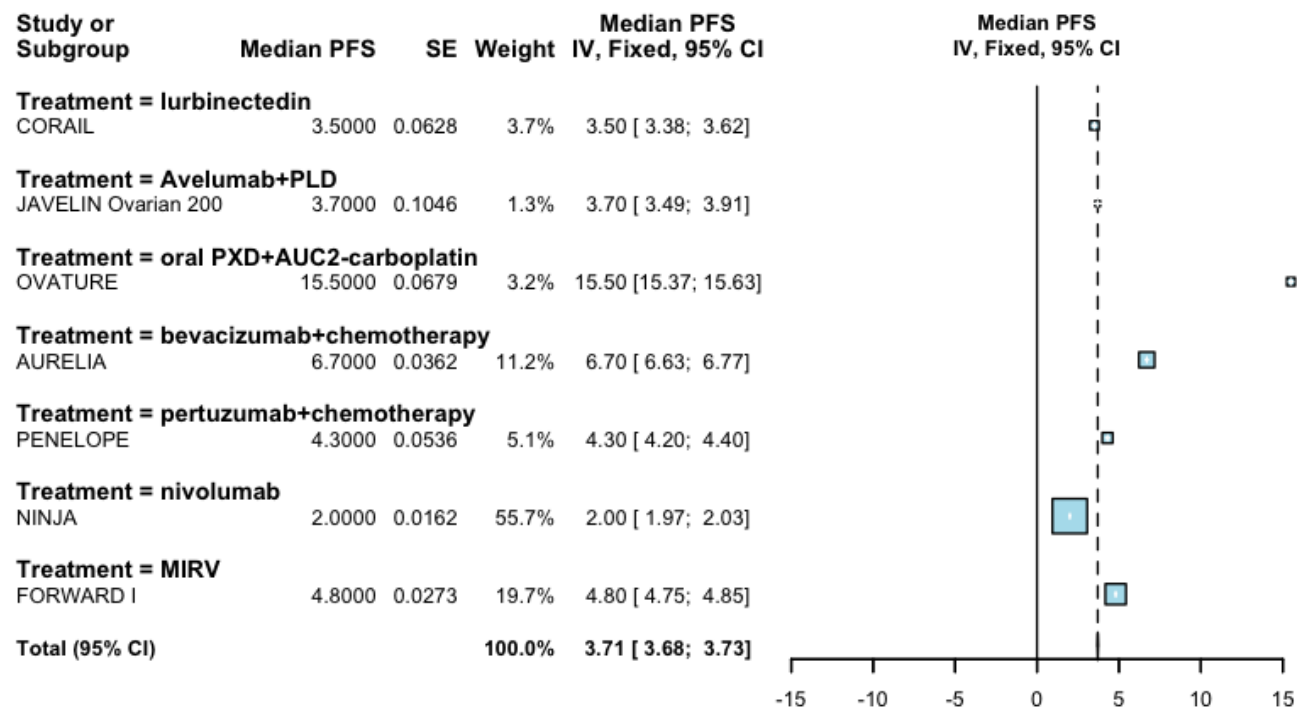
$I^2 = 100\%$, $\text{Tau}^2 = 15.35$, $\chi^2 p < 0.0001$

- Indicates extremely high heterogeneity across studies.
- The magnitude of between-study variance ($\text{Tau}^2 = 15.35$) confirms that differences in OS are substantial and not due to chance.
- Strongly suggests the presence of true clinical or methodological variability across trials.
- A random-effects model is more appropriate in this context.

$\chi^2 = 29,151.20$, degrees of freedom = 3, $p < 0.0001$ (Subgroup analysis)

- Demonstrates that overall survival (OS) differs significantly across treatment types.
- Indicates a strong subgroup effect, likely reflecting differences in treatment mechanisms or patient populations.

Forest plot for fixed effect model for progression free survival



Interpretation

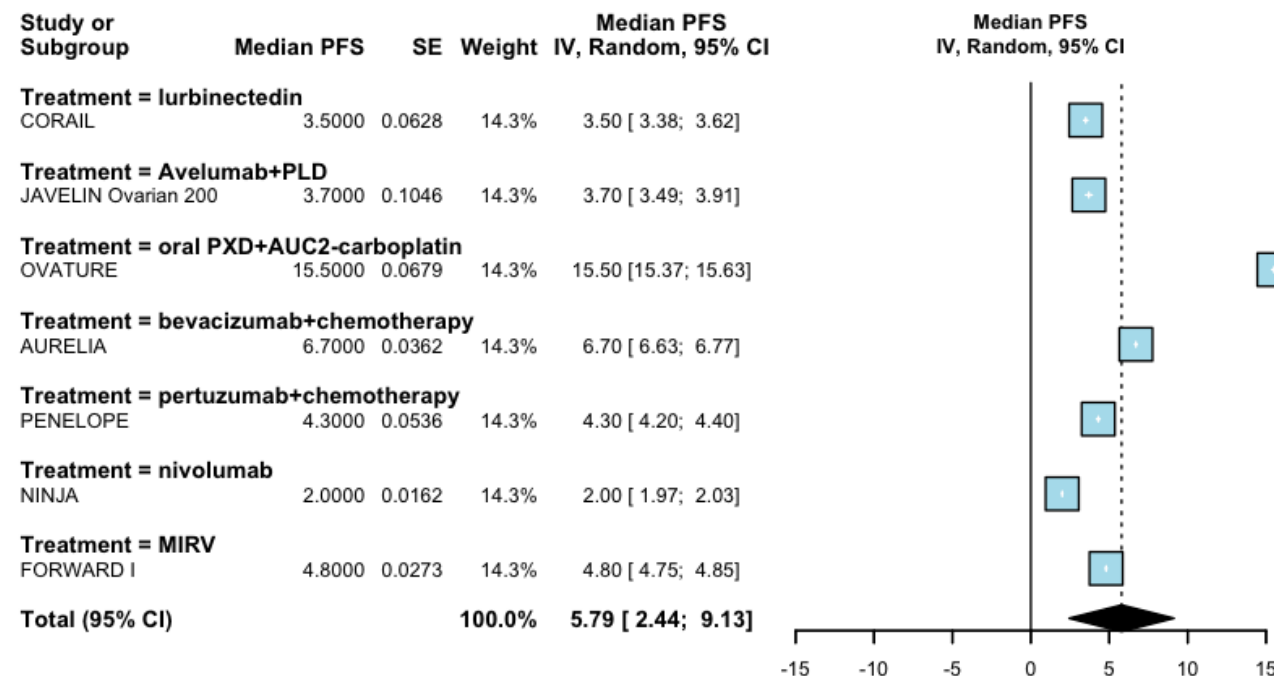
$I^2 = 100\%$, $\chi^2 p < 0.0001$

- Indicates extreme heterogeneity — the studies are likely estimating different treatment effects.
- Fixed-effect model assumptions are invalid in this context due to non-random variation across studies.
- Strongly supports the use of a random-effects model.

$\chi^2 = 49,778.80$, degrees of freedom = 6, $p < 0.0001$ (Subgroup analysis)

- Confirms statistically significant differences in progression-free survival (PFS) across treatment groups.
- Suggests that treatment type meaningfully influences PFS outcomes. Pooled Median PFS = 3.71 months [95% CI: 3.68–3.73]
- The narrow confidence interval is misleading due to extreme heterogeneity ($I^2 = 100\%$).
- Interpretation of this pooled estimate should be cautious, as it may oversimplify true between-study variability.

Forest plot for random effect model for progression free survival



Interpretation

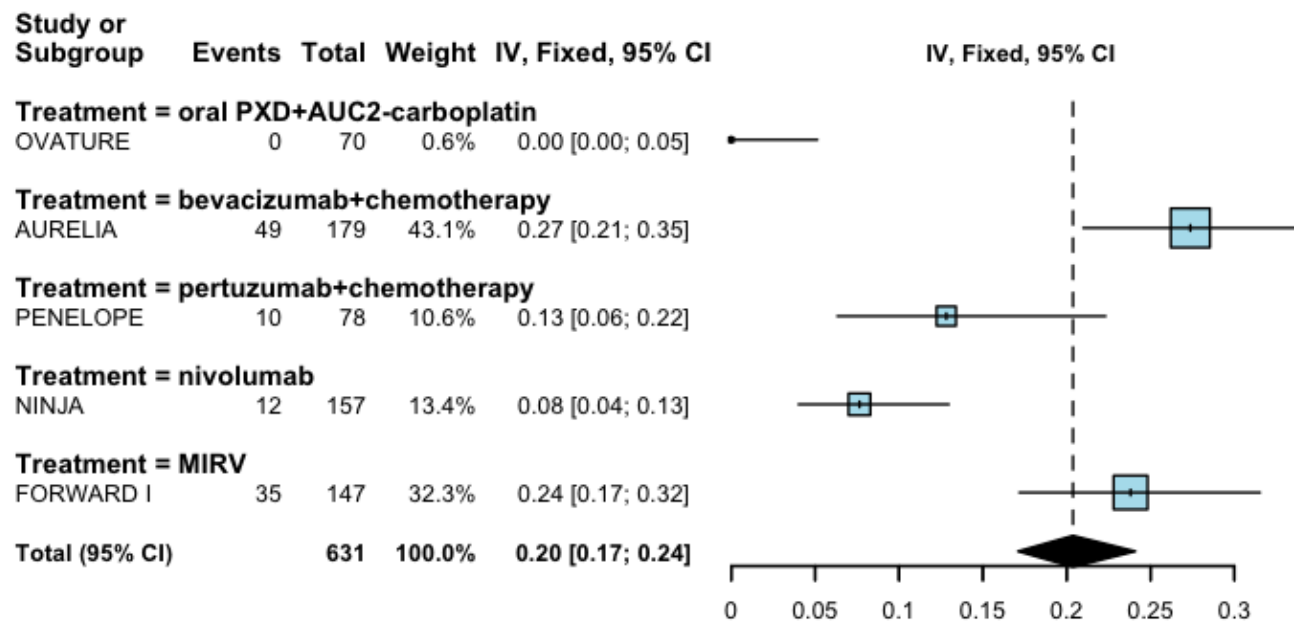
$I^2 = 100\%$, $\text{Tau}^2 = 20.38$, $\chi^2 p < 0.0001$

- Indicates extremely high heterogeneity across studies.
- Suggests that trials likely differ in design, patient populations, or treatment efficacy.
- The pooled estimate should be interpreted with caution, as studies are not estimating a single common effect.

$\chi^2 = 49,778.80$, degrees of freedom = 6, $p < 0.0001$ (Subgroup analysis)

- Confirms statistically significant variation in PFS outcomes across treatment groups.
- Strongly supports the presence of treatment-dependent differences in progression-free survival. Pooled Median PFS = 5.79 months [95% CI: 2.44–9.13]
- The wide confidence interval reflects substantial uncertainty and between-study variability.
- Highlights the importance of considering study-level factors when interpreting pooled results.

Forest plot for fixed effect model for Objective Response Rate



Heterogeneity: $\tau^2 = 0.4162$; $\chi^2 = 29.58$, $df = 4$ ($P < 0.0001$); $I^2 = 86.5\%$
Test for subgroup differences: $\chi^2 = 29.58$, $df = 4$ ($P < 0.0001$)

Interpretation

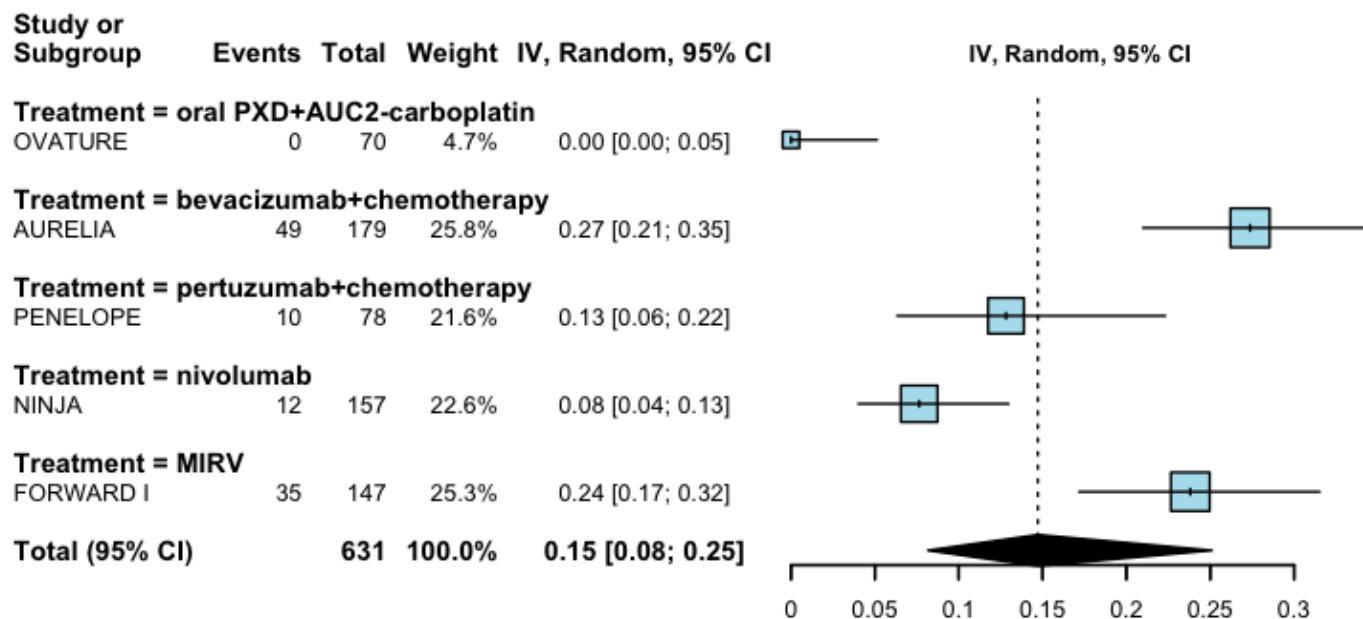
$I^2 = 86.5\%$, $\chi^2 p < 0.0001$

- Indicates high heterogeneity across studies.
- The assumption of a common treatment effect (fixed-effect model) is not valid.
- Suggests substantial variability in response rates due to differences in study design, population, or interventions.

$\chi^2 = 29.58$, degrees of freedom = 4, $p < 0.0001$ (Subgroup analysis)

- Confirms that objective response rates (ORR) vary significantly across treatment types.
 - Points to meaningful differences in efficacy between therapies.
- Fixed-Effect Pooled ORR = 20% [95% CI: 17% to 24%]
- Indicates a moderate overall response rate across all included studies. → However, due to high heterogeneity ($I^2 = 86.5\%$), this pooled estimate may be misleading.
 - A random-effects model would provide a more reliable and generalizable estimate.

Forest plot for Random Effect model for Objective Response Rate



Interpretation

$I^2 = 86.5\%$, $\text{Tau}^2 = 0.42$, $\chi^2 p < 0.0001$

- Indicates substantial heterogeneity in objective response rates across studies.
- Suggests real differences in treatment efficacy, study populations, or trial design.
- Justifies the use of a random-effects model to account for this variability and provide a more generalizable estimate.

$\chi^2 = 29.58$, degrees of freedom = 4, $p < 0.0001$ (Subgroup analysis)

- Demonstrates statistically significant differences in ORR between treatment types.
- Confirms that treatment selection meaningfully impacts response outcomes in platinum-resistant ovarian cancer.