# RISK OF CARDIOVASCULAR DISEASE AMONG OSTEOARTHRITIS PATIENTS

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# Agenda

# Introduction Data Challenge

- Data Cleaning
- Modeling
- Data Visualization

#### Economic Challenge

- Economic impact
- Fix and Variable Cost
- KPIs

# Cardiovascular Disease

Cardiovascular disease generally refers to conditions that involve narrowed or blocked blood vessels that can lead to a heart attack, chest pain (angina) or stroke Cardiovascular Disease is one of the leading causes of global mortality and morbidity and is responsible for an estimated 16.7 million deaths worldwide.

# Heart Disease in Canada

- It is the second leading cause of death among Canadian.
- Well over a million Canadians
  have heart disease and
  50,000 new cases of heart
  failure are currently
  diagnosed each year.
- 600,000 Canadian are living with heart failure.



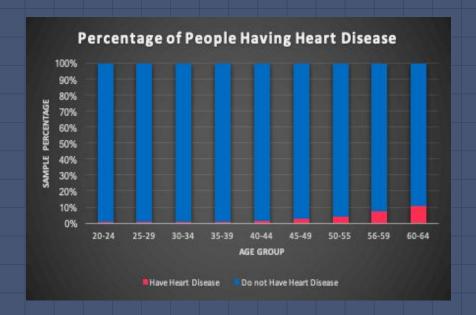
# Data Challenge

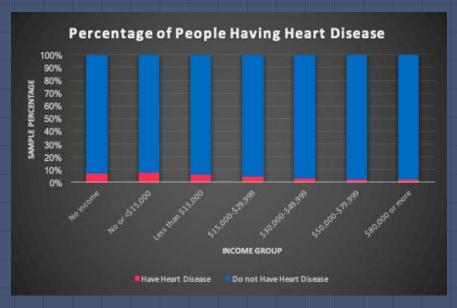


# Mindmap

- Select necessary variables
- Delete the missing values
- Plot the histogram for each variables
- Reclassify each variables into two categories
- Create dummy variables
- Using linear regression model
- Select the variables with highest significance

# Reclassify Data





- People aged above 50 are more likely to get heart disease. → Reclassify to Age and Young at age of 50
- People overweight are more likely to get heart disease. → Reclassify between healthy and overweight.

# OLS Regression

- People who has osteoarthritis are more likely to get heart disease.
- Based on t-test, exposuring to osteoarthritis is a significant variable to heart disease.
- But the R Square is extremely low which mean



	OL	S Regress	ion Results			
Dep. Variable:	Has heart	disease	R-squared:		0.0	09
Model:		OLS	Adj. R-square	d:	0.0	09
Method:	Least	Squares	F-statistic:		645	.1
Date:	Thu, 07 N	ov 2019	Prob (F-stati	stic):	1.11e-1	41
Time:	1	8:27:11	Log-Likelihoo	d:	2455	1.
No. Observations:		71426	AIC:		-4.910e+	04
Df Residuals:		71424	BIC:		-4.908e+	04
Df Model:		1				
Covariance Type:	no	nrobust				
	coef	std err	t	P> t	[0.025	0.975]
Intercept	0.9180	0.002	433.071	0.000	0.914	0.922
Kind_of_arthritis	0.0565	0.002	25.399	0.000	0.052	0.061

# OLS Regression

#### OLS Regression Results

Dep. Variable:	Has_heart_disease	R-squared:	0.056
Model:	OLS	Adj. R-squared:	0.056
Method:	Least Squares	F-statistic:	284.6
Date:	Thu, 07 Nov 2019	Prob (F-statistic):	0.00
Time:	13:43:21	Log-Likelihood:	26303.
No. Observations:	71426	AIC:	-5.257e+04
Df Residuals:	71410	BIC:	-5.243e+04
Df W-1-1.	15		

Df Model: 15

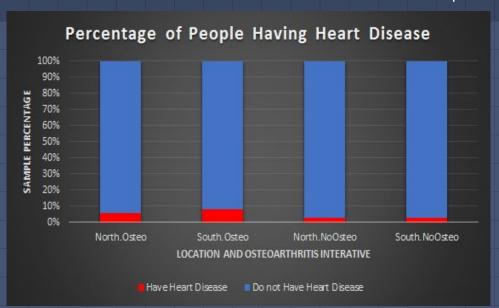
Covariance Type: nonrobust

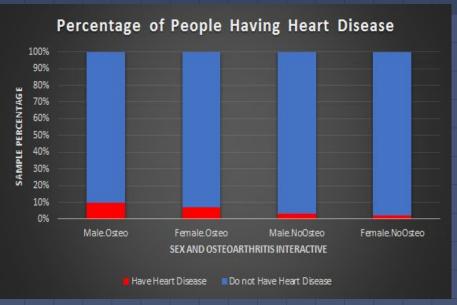
	coef	std err	t	P> t	[0.025	0.975]
Intercept	0.8435	0.006	135.135	0.000	0.831	0.856
Kind of arthritis	0.0305	0.002	13.469	0.000	0.026	0.035
Age	-0.0192	0.001	-14.078	0.000	-0.022	-0.017
Sex	-0.0162	0.001	-12.373	0.000	-0.019	-0.014
Length of time in Canada	0.0034	0.004	0.870	0.384	-0.004	0.011
Education	-0.0105	0.002	-5.720	0.000	-0.014	-0.007
household income	-0.0186	0.002	-11.269	0.000	-0.022	-0.015
BMI	0.0019	0.001	1.437	0.151	-0.001	0.004
Physical activity	-0.0036	0.001	-2.829	0.005	-0.006	-0.001
smoker	-0.0088	0.001	-6.775	0.000	-0.011	-0.006
drinker	-0.0123	0.002	-6.022	0.000	-0.016	-0.008
Has high blood pressure	0.0715	0.002	34.622	0.000	0.067	0.076
Has diabetes	0.0729	0.003	21.431	0.000	0.066	0.080
Province	-0.0019	0.004	-0.437	0.662	-0.010	0.006
ethnicity	-0.0058	0.002	-2.586	0.010	-0.010	-0.001
Has a regular medical doctor	0.0127	0.002	7.300	0.000	0.009	0.016

#### Drop:

- BMI
- Province
- Ethnicity
- Immigration

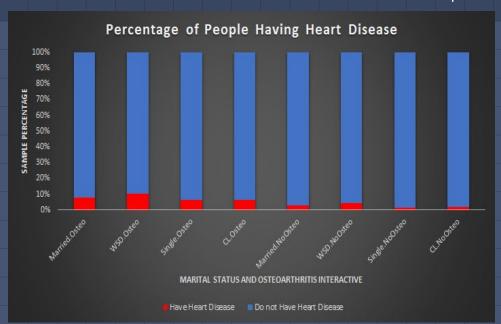
## Variation in relationship

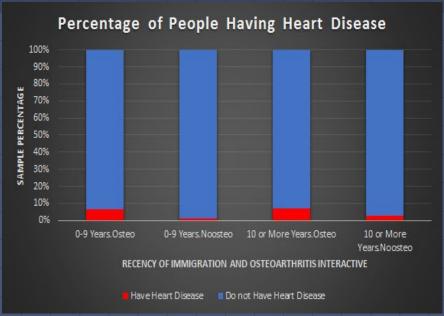




- In general, the percentage of people with osteoarthritis having heart disease is higher than that of people without osteoarthritis having heart disease, in both north and south.
- Additionally, the relationship between osteoarthritis and heart disease for male is stronger than that of female.

# Variation in relationship



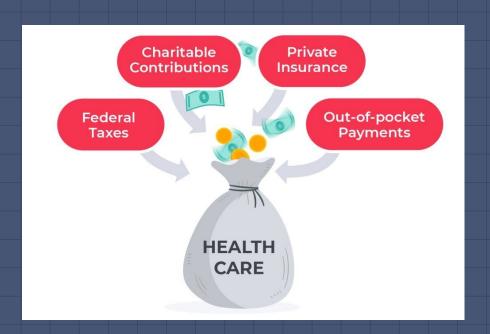


• In general, the percentage of people with osteoarthritis having heart disease is higher than that of people without osteoarthritis having heart disease, no matter if they are married, single, being widow/seperated/divided, or sharing a common-law relationship.

# Economic Challenge



# **Economic Impact of cardiovascular disease in Canada**



Health care in Canada is funded at both the provincial and federal levels. The financing of health care is provided via taxation both from personal and corporate income taxes. Additional funds from other financial sources like sales tax and lottery proceeds are also used by some provinces.

# **Economic Impact**

Total cost of Cardiovascular Disease in 2017 is approximately \$ 12.626 million

#### **Direct:**

- Cost of hospitalizations (eg. drug, physician care, hospital, etc.)
- Cost of consulting outside of the hospital system
- Tax Burden

#### **Indirect:**

- Workforce Impact (eg. stress, emotion, early retirement etc.)
- Mortality or disability cost
- Morbidity cost



# Realistic Approach

#### Early stage

- Onset diagnosis
- Awareness Campaign

#### In Hospital

- Surgery
- Supportive device and drugs

#### After discharge from hospital

- Specialized Clinics
- Counseling

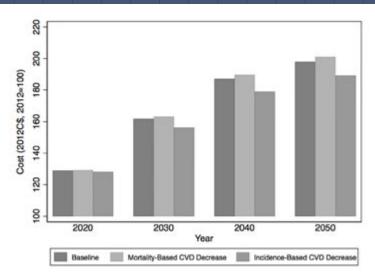


Fig 1. Cost of hospitalizations for Quebec, Canada, 2012 to 2050 (2012CS, 2012 = 100). Notes: Aggregate cost is normalized to 100 in the base year (2012) in the baseline scenario.

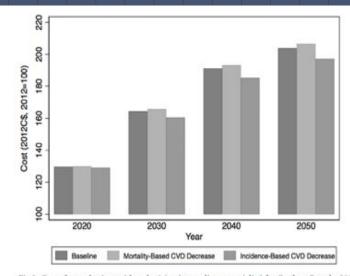


Fig 2. Cost of consultations with a physician (generalist or specialist) for Quebec, Canada, 2012 to 2050 (2012CS, 2012 = 100). Notes: Aggregate cost is normalized to 100 in the base year (2012) in the baseline scenario.

# Cost

#### **Fixed**

- Hospitalizations & Associated
   Costs (equipments, utility,
   admission cost, ect.)
- Emergency room cost
- Health care cost

#### **Variable**

- Treatment cost (drug, supplies, etc.)
- Heart disease specialist cost
- Readmission cost

### **KPIS of Economic Cost**

- Blood Pressure
- Diabetes
- Income
- Education



#### **Conclusions**

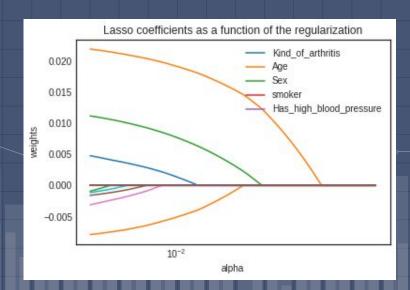
#### **Uncontrollable Parameters:**

- Age
- Gender

#### Controllable Parameters:

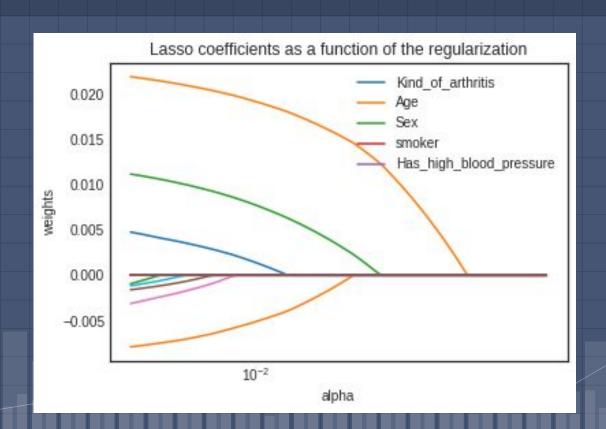
- Control Blood Pressure
- Don't Smoke
- Regular Visit to Doctor

#### Lasso Regression



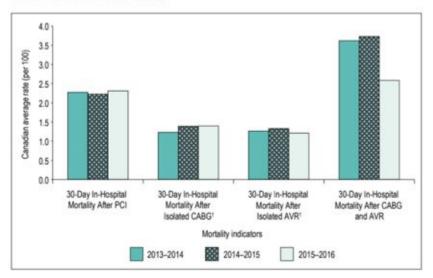
# Limitations • Data Method

### **Additional Information**

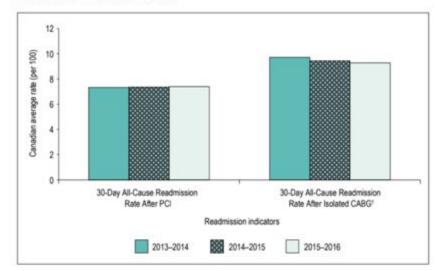


### **Additional Graphs**

Canadian average mortality\* rates by indicator and fiscal year, 2013–2014 to 2015–2016



Canadian average readmission rates by indicator and fiscal year, 2013–2014 to 2015–2016



Notes