

# Java Concurrency

Detailed Guide to Multithreading & Modern  
APIs

# What is Thread?

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A **thread** is the **smallest unit of execution** inside a program.

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It allows a program to do **multiple tasks at the same time**.

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A **thread** is a lightweight process that runs **independently** inside a process.

# Process vs Thread

Process

Running  
program

Has its own  
memory

Heavy

Thread

Path of execution

Shares memory with other  
threads

Lightweight

# Example (single-thread)

Tasks run **one after another**.

```
public class SingleThreadRunner {  
    public static void main(String[] args) {  
        System.out.println("Task 1");  
        System.out.println("Task 2");  
    }  
}
```

# Example (multi-thread)

```
class Task extends Thread { 4 usages new *
    public void run() { new *
        System.out.println("Task running in thread: " + Thread.currentThread().getName());
    }
}

public class MultiThreadRunner { new *
    public static void main(String[] args) { new *
        Task t1 = new Task();
        Task t2 = new Task();

        t1.start();
        t2.start();
    }
}
```

# Why threads are important?

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Improves **performance**

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Keeps apps **responsive**

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Used in **web servers,**  
**Spring Boot,**  
**microservices**

# What is a Thread?

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Smallest unit of execution.

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Analogy:

**Process** = Restaurant

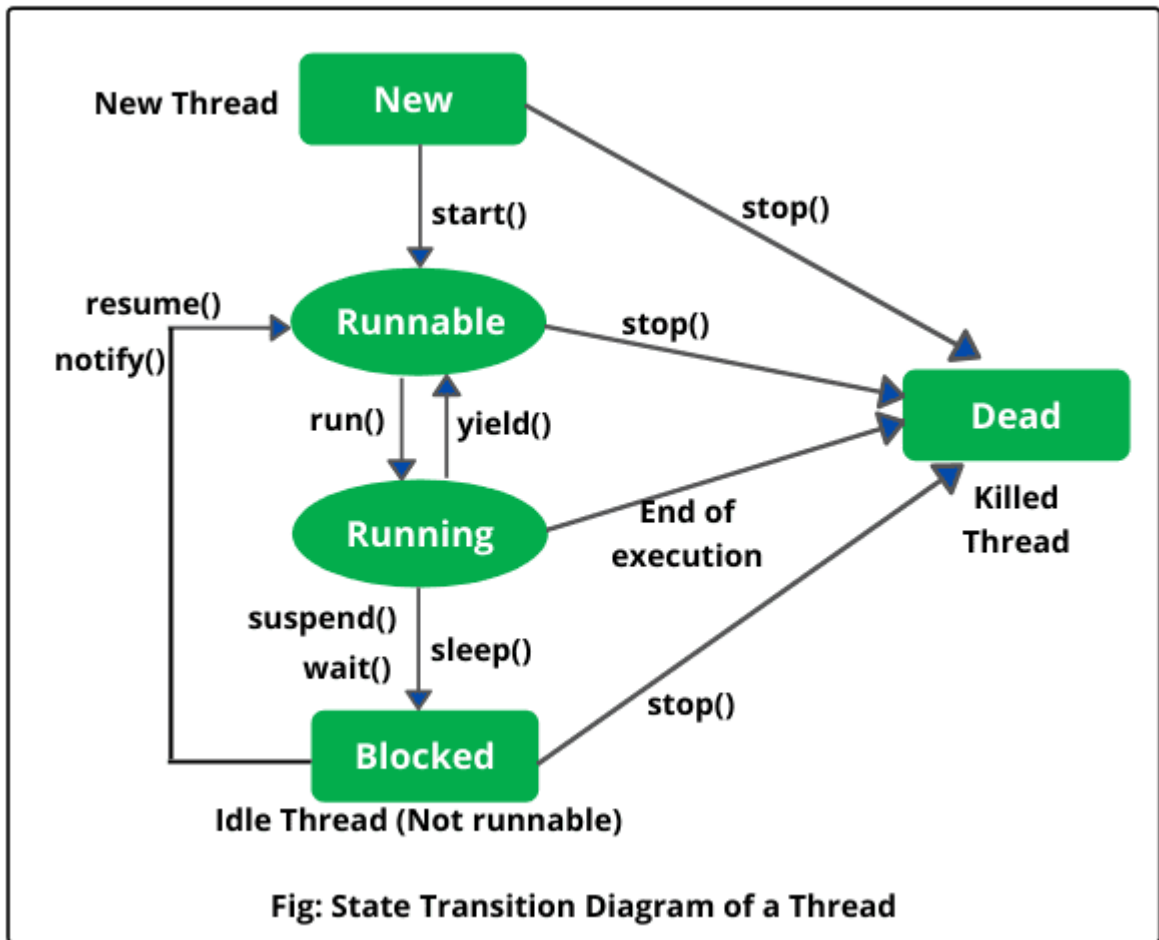
**Threads** = Chefs working simultaneously in same kitchen

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Threads share Heap, but have unique Stacks.

The **Thread Lifecycle** describes the **states a thread goes through** from creation to termination.

# Thread Lifecycle





# Thread Lifecycle

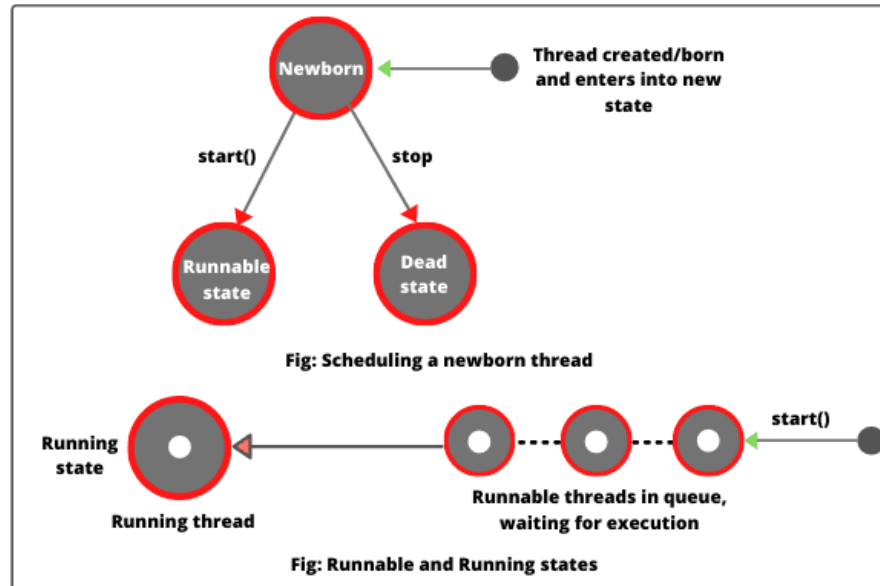
- The Java thread life cycle consists of six distinct states—New, Runnable, Blocked, Waiting, Timed Waiting, and Terminated—defined by Thread.State.
- A thread starts in the **New** state, becomes **Runnable** via start(), executes in the **Running** (part of Runnable) state, enters **Waiting/Timed Waiting/Blocked** when paused, and finally moves to **Terminated** upon completion.

# Thread Lifecycle States

- **New (Born):** A thread is in this state when an instance of the Thread class is created, but the start() method has not yet been invoked.
- Thread t = new Thread(); // NEW



# NEW



```
// Create a new thread. This thread is in NEW state.
```

```
MyThread thread = new MyThread();
```

```
Thread th = new Thread(thread);
```

```
// Check thread state (NEW)
```

```
System.out.println("Thread state before start: " + thread.getState());
```

# RUNNABLE

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**Runnable:** After start() is called, the thread becomes runnable. It is ready for execution and waiting for the thread scheduler to allocate CPU time.

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Thread is ready to run (may be running or waiting for CPU)

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```
t.start(); // RUNNABLE
```

# RUNNABLE

```
// Create a new thread. This thread is in NEW state.
    MyThread thread = new MyThread();
    Thread th = new Thread(thread);

// Check thread state (NEW)
    System.out.println("Thread state before start: " + thread.getState());

// Start the thread. Now the thread moves from New to Runnable state.
    thread.start();

// Check the current thread state after calling start.
    System.out.println("Thread state after start: " + thread.getState());
```



# RUNNING

- The thread is actively executing its `run()` method.

# RUNNING

```
public class MyThread extends Thread {
    @Override
    public void run() {
        System.out.println("Thread is in RUNNING state, executing run() method.");
    }
}

public class Test {
    public static void main(String[] args) {
        // Create a new thread. This thread is in NEW state.
        MyThread thread = new MyThread();
        Thread th = new Thread(thread);

        // Check thread state (NEW)
        System.out.println("Thread state before start: " + thread.getState());

        // Start the thread by calling start() method. Now the thread moves from New to Runnable state.
        thread.start();

        // Check the current thread state after calling start.
        System.out.println("Thread state after start: " + thread.getState());
    }
}
```

# BLOCKED

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Thread is waiting to acquire a lock

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A thread is blocked when it is trying to access a synchronized block or method that is currently held by another thread.

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Happens in synchronized code

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```
synchronized(obj) {
```

---

```
// thread may be BLOCKED
```

---

```
}
```



# Blocked

```
public class MyThread extends Thread {
    private Object lock;

    public MyThread(String name, Object lock) {
        super(name);
        this.lock = lock;
    }
    @Override
    public void run() {
        System.out.println(Thread.currentThread().getName() + " is trying to acquire the lock.");

        synchronized (lock) {
            System.out.println(Thread.currentThread().getName() + " has acquired the lock.");
            try {
                // Hold the lock for 2 seconds.
                Thread.sleep(2000);
            } catch (InterruptedException e) {
                e.printStackTrace();
            }
            System.out.println(Thread.currentThread().getName() + " is releasing the lock.");
        }
    }
}
```

# BLOCKED

```
public class Test {  
    public static void main(String[] args) {  
        Object lock = new Object();  
  
        // Create two threads that will try to acquire the same lock.  
        MyThread thread1 = new MyThread("Thread 1", lock);  
        MyThread thread2 = new MyThread("Thread 2", lock);  
  
        // Start both threads using start() method.  
        thread1.start();  
        thread2.start();  
    }  
}
```

# WAITING

- The thread is waiting indefinitely for another thread to perform a specific action (e.g., waiting for `notify()` or `join()`).
- Uses `wait()`, `join()`
- `obj.wait();`    `// WAITING`
- `t.join();`    `// WAITING`

# TIMED\_ WAITING

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The thread is waiting for another thread to perform an action for a specified waiting time (e.g., `sleep(ms)`, `wait(ms)`, `join(ms)`).

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Thread waits for a fixed time

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Uses `sleep()`, `wait(timeout)`, `join(timeout)`

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`Thread.sleep(1000); // TIMED_WAITING`

TERMINATED  
(Dead)

---

The thread has finished execution  
or was terminated due to an  
exception.

---

// run() finished

# TERMINATED (Dead)

```
public class MyThread extends Thread {  
    @Override  
    public void run() {  
        System.out.println(Thread.currentThread().getName() + " is running.");  
  
        try {  
            Thread.sleep(1000);  
        } catch (InterruptedException e) {  
            e.printStackTrace();  
        }  
        System.out.println(Thread.currentThread().getName() + " has finished execution.");  
    }  
}
```

# State Transition Methods

- **start()**: Moves a thread from New to Runnable.
- **sleep(long millis)**: Moves a thread to Timed Waiting.
- **wait()**: Moves a thread to Waiting.
- **join()**: Causes the current thread to wait until another thread finishes.
- **notify() / notifyAll()**: Wakes up threads in a Waiting state.

# Creating Threads

## ***How to create Thread in Java***

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Two ways to create thread in Java

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➡ By extending Thread class

➡ By implementing Runnable Interface



## Creating Threads

Extending Thread  
class.

Implementing  
Runnable interface.

Start with `.start()`,  
not `.run()`.

# Creating Threads - Extending Thread Class

```
// Custom thread class.
public class MyThread extends Thread
{
// Override the run method in Runnable.
    public void run()
    {
        System.out.println("New thread running ");
    }
    public static void main(String[] args)
    {
        System.out.println("Main thread running");

// Create an object of MyThread class.
        MyThread th = new MyThread();

// Create an object of Thread class and pass the object reference variable th.
        Thread t = new Thread(th);

// Now run thread on the object. For this, call start() method using reference variable t.
        t.start(); // This thread will execute statements inside run() method of MyThread object.
    }
}
```

# Creating Threads - Runnable Interface

```
public class MyThread implements Runnable
{
    public void run()
    {
        System.out.println("New thread running ");
        for(int i = 1; i <= 5; i++)
        {
            System.out.println(i);
        }
        System.out.println(Thread.currentThread());
    }
    public static void main(String[] args)
    {
        System.out.println("Main thread running");

        // Create an object of MyThread class.
        MyThread th = new MyThread();

        // Create an object of Thread class and pass reference variable th to Thread class constructor.
        Thread t = new Thread(th);

        t.start(); // This thread will execute statements inside run() method of MyThread object.
    }
}
```

# Thread Sleep

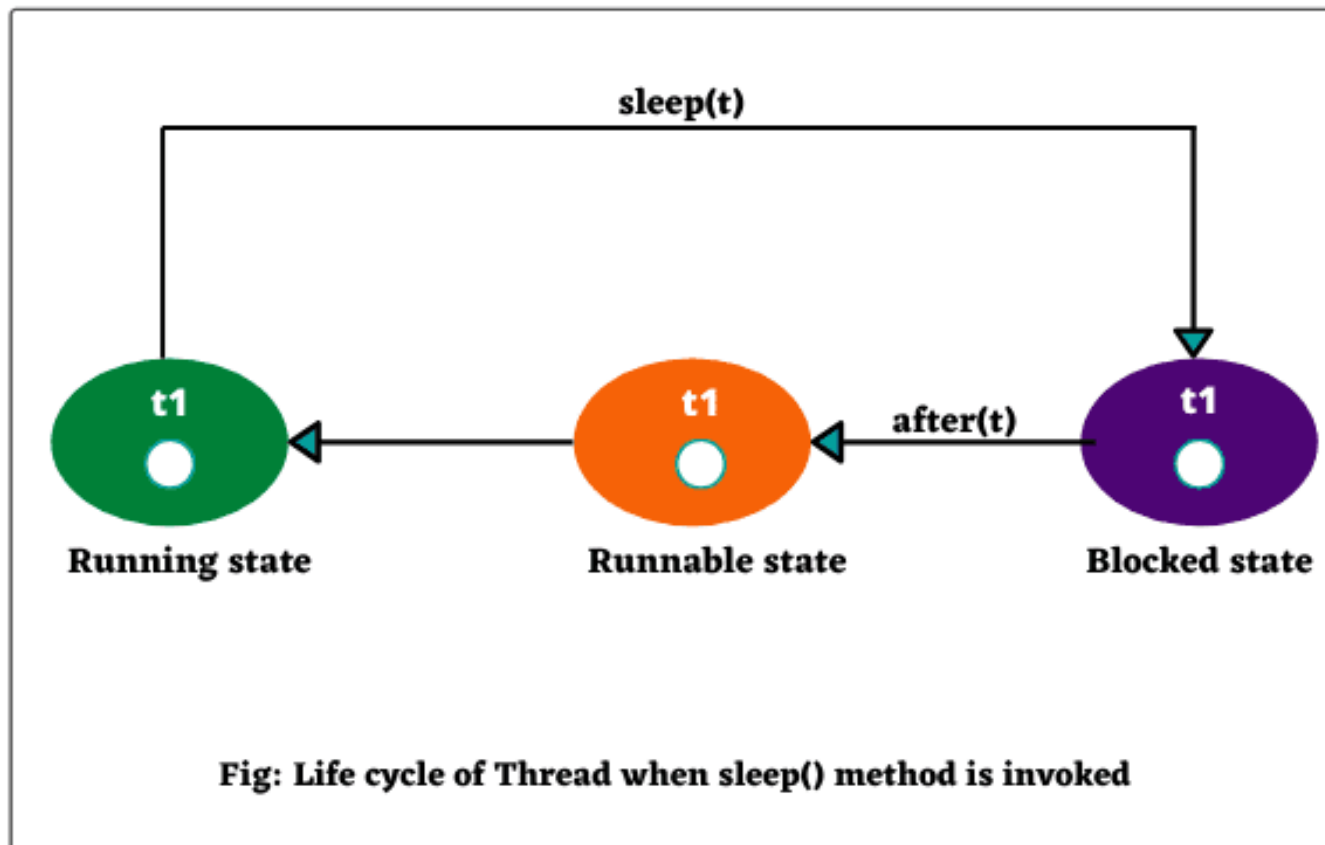
Sometimes we need to make a thread sleep for a particular period of time. For this, we use the `sleep()` method in Java program. The `sleep()` method is a static method provided by the Java *Thread class* so it can be called by its class name.

The `Thread.sleep()` is used to sleep a current thread for a specified amount of time. It always pauses the current thread for a given period of time. The `sleep()` method controls the behavior of thread and transition of thread from one state to another.

When the `sleep()` method is called on Thread object, the thread is become out of the queue and enters into blocked (or non-runnable state) for a specified amount of time.

When the specified amount of time is elapsed, the thread does not go into the running state (execution state) immediately. It goes into the runnable state (ready state) until it is called by *Thread scheduler* of JVM. Look at the below figure.

# Thread Sleep

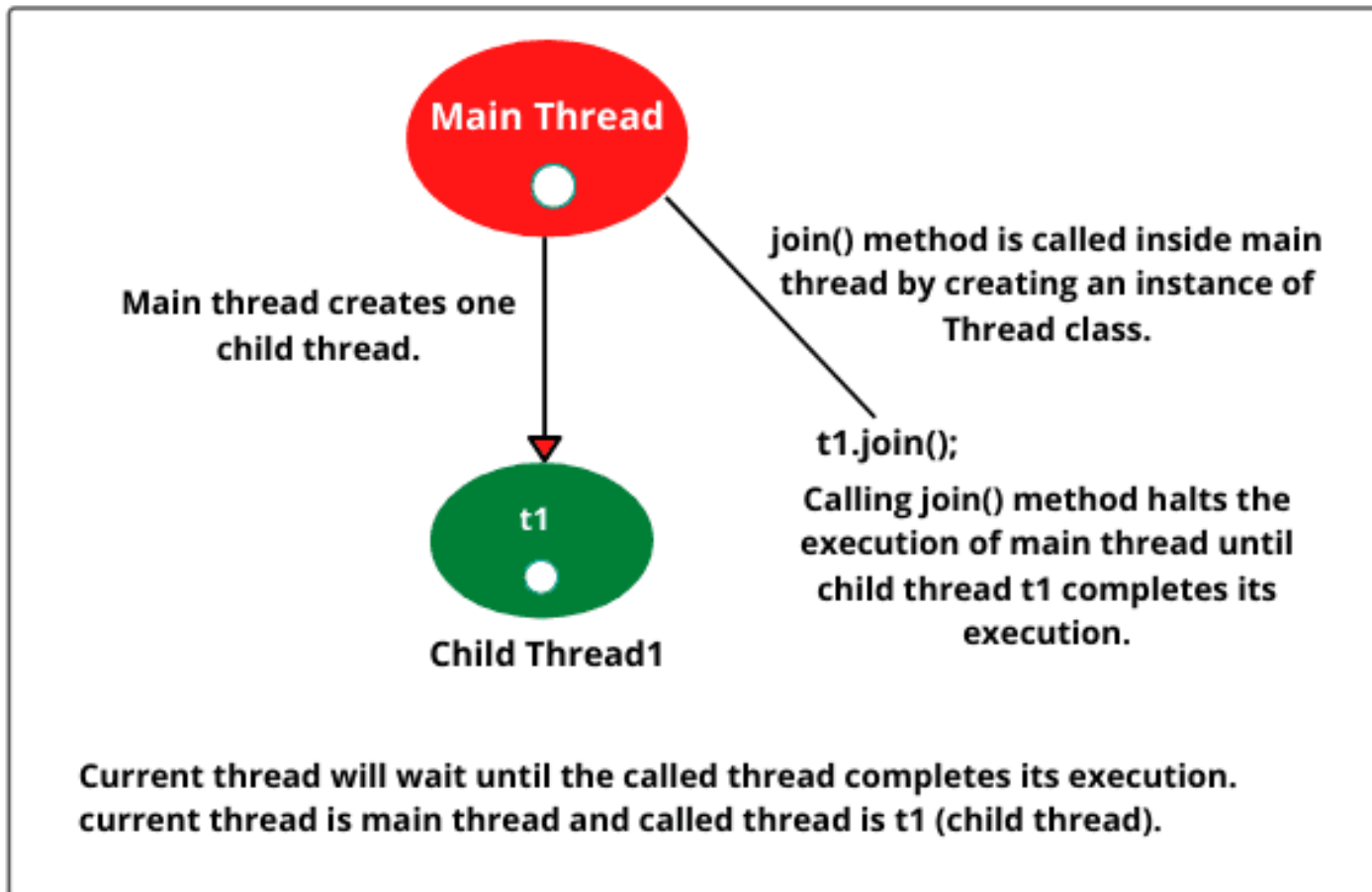


# Thread Join

- The **join() method in Java** is used when a thread needs to wait for another thread to finish its execution.
- In other words, this method is used to wait for the current thread until the thread that has called the join() method completes its execution.
- The join() method is an instance method, and it is always called by an object of *Thread class*.

```
ThreadName.join(); // ThreadName is a reference variable of Thread class.
```

# Thread Join



# Thread Join

```
public class ThreadJoinRunner implements Runnable {
    public void run()
    {
        System.out.println("Child thread is running");
        for(int i = 1; i <= 4; i++){
            System.out.println("I: " +i);
        }
        System.out.println("Child thread is ending");
    }
    public static void main(String[] args)
    {
        ThreadJoinRunner x = new ThreadJoinRunner();
        Thread t = new Thread(x);
        t.start(); // thread t is ready to run.
        // join() method is called inside the main thread (current thread) through Thread t.
        try {
            t.join(); // Wait for thread t to end.
        }
        catch (InterruptedException ie) {
            ie.printStackTrace();
        }
        System.out.println("Main Thread is ending");
    }
}
```



## Thread Wait

`wait()` is used to make the **current thread pause execution** until **another thread notifies it**.

It is mainly used for **inter-thread communication**.

# Key points about wait()

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Defined in **Object class** (not Thread)

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Must be called **inside a synchronized block/method**

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**Releases the lock** of the object

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Thread goes into **WAITING** state

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Thread wakes up only when:

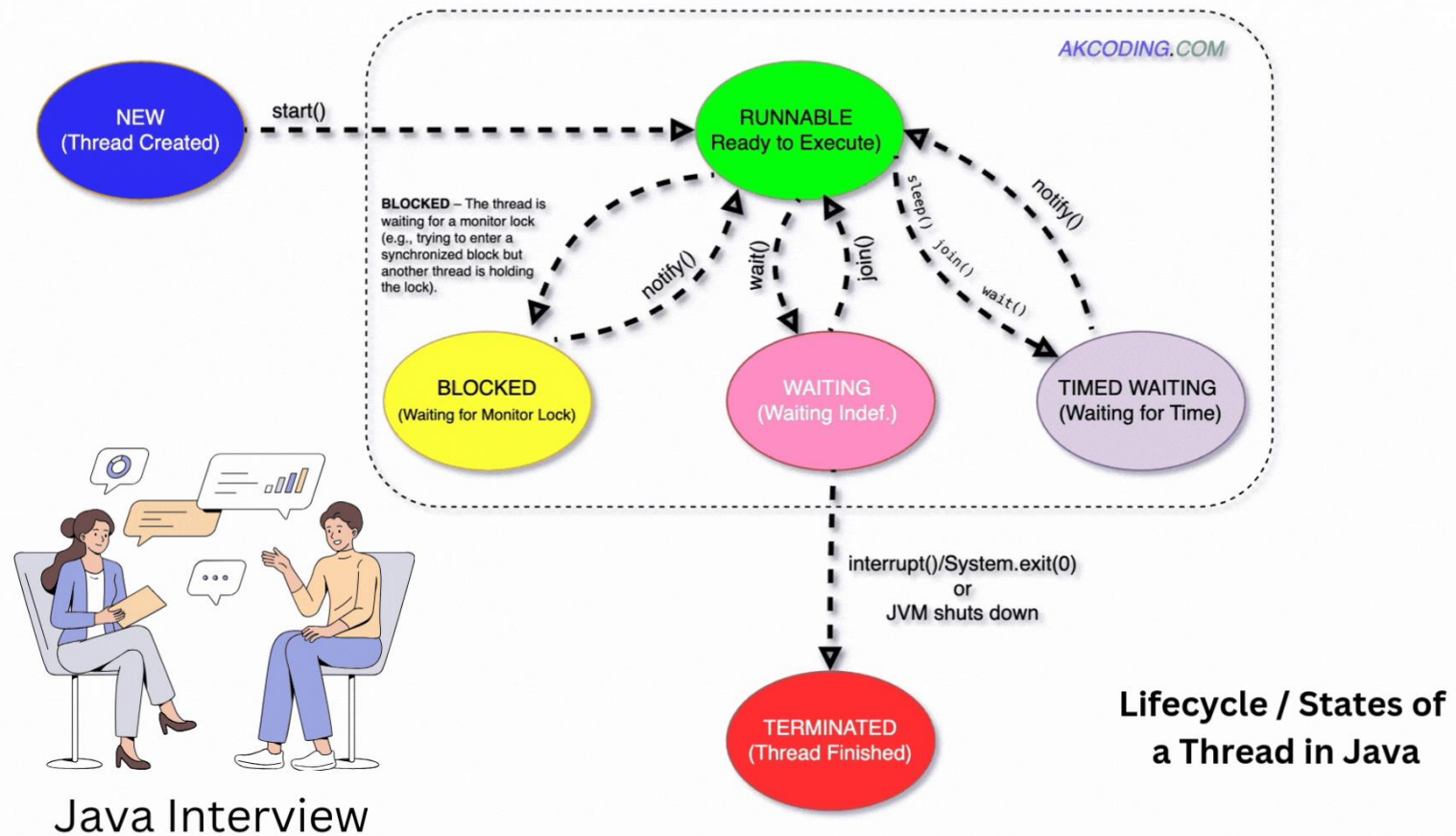
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notify() or notifyAll() is called

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or thread is interrupted

# States of a Thread



# The Executor Framework

Thread Pools manage worker threads.

Fixed vs. Cached pools.

Avoids the overhead of manual creation.

# The Executor Framework

Race Condition: Data corruption from simultaneous access.

Synchronized keyword: The 'Lock'.

Intrinsic Locks (Monitors).

## Synchronization & Race Conditions

Race Condition: Data corruption from simultaneous access.

Synchronized keyword: The 'Lock'.

Intrinsic Locks (Monitors).

## Locks & Atomic Variables

ReentrantLock:  
Flexible locking.

Atomic Variables:  
Lock-free safety.

CAS (Compare-and-Swap).

CompletableFuture  
(Async)

Non-blocking pipelines.

supplyAsync,  
thenApply, thenAccept.

Handling errors with  
.exceptionally().



# Fork/Join Framework

Divide and Conquer.

Fork: Split tasks.

Join: Combine  
results.

## Fork/Join: Action vs Task

RecursiveAction:  
Returns nothing.

RecursiveTask:  
Returns a result.

ForkJoinPool: The  
specialized engine.

# Best Practices

Shut  
down

Always shut down Executors.

Minimize

Minimize synchronized block size.

Use

Use Concurrent collections.