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| **Next Steps** |

**Important Notice:**

**If you disagree that you have been overpaid, or believe the amount is incorrect, you may appeal. Do not submit this form unless you agree you have been overpaid.**

## Next steps

1. Collect all documents to send with your request.
2. If you have questions, call SSA toll-free at 1-800-772-1213, or TTY 1-800-325-0778, M – F, 7 a.m. - 7 p.m.
3. Automated phone assistance available at 1 855-807-8807, 24/7 in English and Spanish.
4. Keep a copy of the completed form in a safe spot for your records.

## To send your completed forms

**1.** Mail the form and a copy of the supporting documentation to your local Social Security office as soon as possible. **{{ssa\_office.address.on\_one\_line()}}**.

**2.** Locate your closest office information here: <https://secure.ssa.gov/ICON/ic001.action#officeResults>

Address: ssa\_office.address.address

or use the QR code below:

A qr code with black squares

AI-generated content may be incorrect.

**3.** Ask the post office for proof of delivery. Save the confirmation sheet via fax.

**4.** Save a copy of all correspondence and communications.

## Appeals

If you don’t agree with the decision SSA made, there are opportunities to appeal.

* + - 1. To start, ask SSA to reconsider for a disability or non-medical reconsideration within 60 days.
      2. The appeals process may be started online at <https://www.ssa.gov/apply/appeal-decision-we-made/request-reconsideration>.
      3. You can mail the appeal. Official appeals forms may be found online at <https://www.ssa.gov/apply/appeal-decision-we-made/request-reconsideration>.
      4. If you disagree with the response to your request for reconsideration, you may request a hearing with an administrative law judge.
      5. If you disagree with the decision made by the administrative law judge, you may request a review with the Appeals Council.
      6. If you disagree with the decision made by the Appeals Council, you may file a federal district court action with the U.S. District Court.