



Agnel Charities

Fr. C. Rodrigues Institute of Technology, Vashi, Navi-Mumbai
Agnel Technical Education Complex Sector 9-A Vashi, Navi Mumbai, Maharashtra,
India Pin – 400703



(An Autonomous Institution & Permanently Affiliated with University of Mumbai)

Report for Hip-Hop Dance Workshop 2025

- 1. Name of the Event** : **Hip-Hop Dance Workshop 2025**
- 2. Date** : 13 / 02/ 2025
- 3. Venue** : 1st floor Seminar Hall, New building
- 4. Time** : 2:30 pm to 4:30 pm
- 5. Number of Students Participated** : 30
- 6. Conducted By** : NriyaNation Club
- 7. Brief Summary of the Activity/Event :**

a. Objectives :

The objective of the Freestyle Dance Workshop was to encourage students to express themselves creatively through movement, enhance their confidence, and promote physical fitness. The workshop aimed to introduce participants to the fundamentals of freestyle dance, including rhythm, improvisation, and body coordination, while fostering a sense of community and teamwork.

b. Description :

The Hip-Hop Dance Workshop was conducted on 13th February 2025, from 2:30 PM to 4:30 PM at our college. The event brought together hip-hop dance enthusiasts of all skill levels to dive into the rhythm, energy, and culture of hip-hop dance. The session kicked off with an engaging warm-up session designed to build energy and flexibility. Participants were introduced to essential hip-hop moves like popping, locking, and breaking, and were encouraged to add their flair through freestyle. The atmosphere was electric, filled with laughter, encouragement, and a shared love for hip-hop, leaving everyone inspired and buzzing with energy.

c. Outcomes :

The event was smoothly executed, with timely organization and arrangement to accommodate all the participants. The workshop successfully inspired students to step out of their comfort zones and embrace their individuality through dance.



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8. Photographs of the event:



Archana Shirke
Teacher Incharge

Audrey Correa
Teacher Incharge

Noreen Alex
Head of NrityaNation