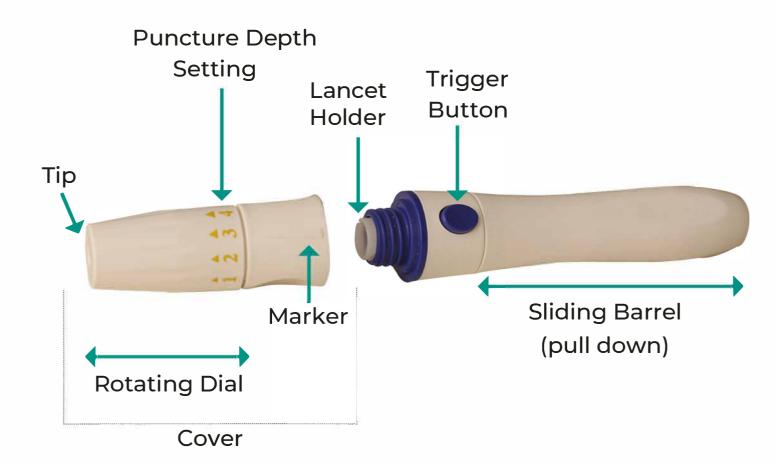
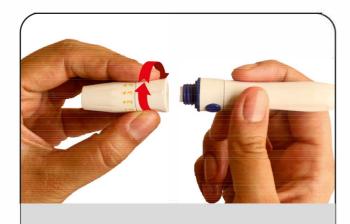
QUICK GUIDE

Tips to use your Lancing Device





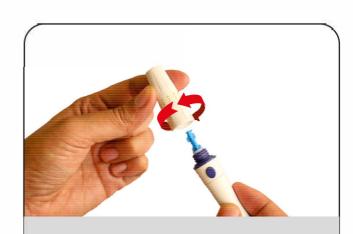
Unscrew the cover of the lancing device by turning it



Insert lancet into the lancet holder till you hear a click sound



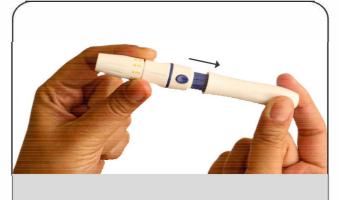
Twist off the round protective disc of the lancet



Screw the cover of the lancing device back on



Hold the marker and rotate the dial to adjust the puncture depth setting. Choose a low setting (1-3) for soft skin and high setting (3-5) for hard skin



If the trigger button is not raised then just simply pull down the sliding barrel



Place the lancing device on your fingertip and press the raised trigger button to take the blood sample