

# INFORMATION SECURITY



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**Submitted by:**

Sumaira Hafeez      2023-CS-1

**Supervised by:**

Mam Faiza Iqbal

**Course:**

Information Security

Department of Computer Science

**University of Engineering and Technology**

**Lahore Pakistan**

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# Information Security Policy Development

## TASK 1

### 1. Case Scenario:

You have been hired as an Information Security Officer at a navy federal credit union which serves for military personal's financial tasks. The organization recently faced a security breach due to employees accessing unauthorized websites, leading to malware infections on several workstations. Following are the policies for the required tasks.

### 2. Issue-Specific Security Policy: Acceptable and Prohibited use of IT resources

#### a. Definition:

It is a policy that addresses a specific issue or area of concern within an organization's IT environment

#### b. Purpose:

It defines acceptable and prohibited use of NFCU's IT resources, ensuring protection of sensitive data.

#### c. Scope:

It is applicable on all employees, contractors and third parties accessing the system.

#### d. Authorized Access and Usage of System:

- Access to systems and data is granted based on job roles and responsibilities, following the principle of least privilege.
- Employees may use IT resources for work-related tasks and limited personal use (e.g., checking personal email during breaks) that does not compromise security.

**e. Prohibited Use of Equipment:**

- Accessing unauthorized websites, including social media, gambling, or streaming platforms, is prohibited.
- Downloading or installing unapproved software or applications is strictly forbidden.
- Sharing login credentials or allowing unauthorized individuals to access NFCU systems is prohibited.
- Using NFCU resources for illegal activities, harassment, or unethical behavior is not allowed.

**f. Management Responsibilities:**

- Management is responsible for ensuring up to date software.
- Regular penetration testing and vulnerability tests should be conducted to identify and reduce risks.
- Employees must any technical issues to the IT department immediately.

**g. Reporting policy violations:**

- Employees must report suspected violations to their supervisor or the IT department.
- Anonymous reports can be made through NFCU's whistleblower hotline or email.
- The IT team will investigate and take necessary action, which may include discipline or legal steps.

**h. Rules for Violations:**

- First offense: Written warning and mandatory security training.
- Second offense: Suspension of IT access and further disciplinary action.
- Third offense: Termination of employment and potential legal action.

**3. System-Specific Security Policy(SysSP): Endpoint and Network Security Configuration:**

**a. Definition:**

It is a security policy focusing on the protection of a specific IT system, application, or network.

**b. Purpose:**

It will establish secure configurations for endpoint devices protecting the system infrastructure.

**c. Scope:**

It applies to all company-owned workstations, laptops, mobile devices, and network systems.

**d. Antivirus and Firewall settings:**

- All devices must have approved antivirus software with automatic updates enabled.
- Real-time scanning must be on, and a full system scan should run weekly.
- Firewalls must be active, blocking unauthorized traffic.

**e. Access control Mechanisms:**

- Multi-factor authentication (MFA) is required for sensitive systems and data.
- Role-based access control (RBAC) ensures employees access only what they need.
- Passwords must be at least 12 characters long, include a mix of characters, and be changed every 90 days.

**f. Encryption Requirements:**

- All sensitive data, including member and financial records, must be encrypted at rest and in transit.
- Endpoint devices must have full-disk encryption (e.g., BitLocker for Windows, FileVault for macOS).
- Emails and file transfers with sensitive data must use encryption protocols like TLS or PGP.

**4. Enterprise Information Security Policy:**

**a. Definition:**

It is a high level security policy that sets the overall direction and framework of the organization's information security program.

**b. Purpose:**

The ISSP and SysSP support NFCU's EISP by ensuring a consistent and thorough approach to information security. The EISP sets the overall framework for protecting information assets, while the ISSP and SysSP focus on specific operational and technical controls.

**c. Risk Management:**

The ISSP and SysSP mitigate risks identified in the EISP, such as unauthorized access and malware infections.

**d. Compliance:**

Both policies help maintain compliance with regulations like GLBA and NCUA and follow industry best practices.

**e. Awareness and Training:**

The ISSP requires security training for employees, reinforcing the EISP's goal of building a security-conscious culture.

**f. Continuous Improvement:**

Regular reviews and updates keep the ISSP and SysSP effective and aligned with evolving threats and organizational goals.

## **TASK 2**

### **1. Comparison of ISO/IEC 27001 and the NIST Cybersecurity Framework**

**a) Similarity:**

- **Risk-Based Approach:** Both frameworks focus on identifying, assessing, and mitigating risks to information assets.

- **Comprehensive Coverage:** They provide guidelines for implementing and maintaining an effective information security management system (ISMS).
- **Continuous Improvement:** Emphasize ongoing monitoring and adaptation to evolving threats and organizational changes.
- **Widely Adopted:** Internationally recognized and used across industries, including healthcare.

**b) Differences:**

**a. Scope:**

- ISO/IEC 27001 focuses on establishing an **Information Security Management System (ISMS)** and achieving certification.
- NIST CSF is designed for **cybersecurity risk management** without requiring certification.

**b. Structure:**

- ISO/IEC 27001 follows the **Plan-Do-Check-Act (PDCA)** cycle and includes specific clauses and annexes.
- NIST CSF is organized into **five core functions**: Identify, Protect, Detect, Respond, and Recover.

**c. Certification:**

- ISO/IEC 27001 offers **formal certification** through accredited bodies.
- NIST CSF does not provide certification but serves as a **voluntary framework** for self-assessment and improvement.

**d. Audience:**

- ISO/IEC 27001 is mainly for organizations looking for **formal compliance and certification**.
- NIST CSF is designed for **organizations of all sizes**, including those in **critical infrastructure**.

**e. Control Set:**

- ISO/IEC 27001 includes a **detailed set of controls** in Annex A, aligned with ISO/IEC 27002.
- NIST CSF offers a **flexible framework**, referencing **NIST SP 800-53** for specific controls.

**f. Regulatory Alignment:**

- ISO/IEC 27001 aligns with **international standards and regulations**.

- NIST CSF aligns with **U.S. federal requirements** and is widely used in **government and critical infrastructure**.

## 2. Solution aligning ISO/IEC and NIST:

To enhance compliance and security governance in a healthcare organization, a **hybrid approach** combining **ISO/IEC 27001** and the **NIST Cybersecurity Framework (CSF)** can be implemented. This strategy utilizes ISO/IEC 27001's **structured certification process** while integrating NIST CSF's **flexible, outcome-based approach** to build a customized and effective security program.

### 1. Hybrid Framework Integration

- a) **Map ISO/IEC 27001 and NIST CSF**
  - Create a mapping between ISO/IEC 27001 controls (Annex A) and the NIST CSF's five core functions (Identify, Protect, Detect, Respond, Recover).
  - Use this mapping to identify gaps and overlaps in the organization's current security practices.
- b) **Adopt a Unified Risk Management Approach**
  - Use the NIST CSF's **Identify** function to catalog assets, assess risks, and prioritize them.
  - Apply ISO/IEC 27001's risk treatment methodology to implement controls and mitigate risks.
- c) **Leverage NIST CSF for Flexibility and ISO/IEC 27001 for Certification**
  - Use the NIST CSF's **Protect, Detect, Respond, and Recover** functions to design flexible, outcome-based security measures.
  - Use ISO/IEC 27001's structured framework to achieve formal certification, demonstrating compliance to stakeholders.

### 2. Unique Security Management Policy

**Policy Title:** Integrated Information Security and Cybersecurity Management Policy

**Purpose:** This policy establishes a unified approach to information security and cybersecurity by aligning with **ISO/IEC 27001** and the **NIST Cybersecurity Framework (CSF)**. It aims to protect patient data, enhance security governance, and ensure compliance with regulatory requirements.



## **Integrated Information Security and Cybersecurity Management Policy**

### **1. Purpose**

This policy establishes a unified approach to information security and cybersecurity by aligning with **ISO/IEC 27001** and the **NIST Cybersecurity Framework (CSF)**. It aims to protect patient data, enhance security governance, and ensure compliance with regulatory requirements.

### **2. Risk Management Practices**

- **Unified Risk Register:** Maintain a single risk register integrating risks identified through ISO/IEC 27001 and NIST CSF methodologies.
- **Threat Intelligence Integration:** Use threat intelligence feeds to enhance risk assessments, aligning with NIST CSF's Identify function.
- **Third-Party Risk Management:** Extend risk assessments to third-party vendors, ensuring compliance with both frameworks.

### **3. Security Control Implementation**

- **Control Selection:** Choose controls from **ISO/IEC 27002 Annex A** and **NIST SP 800-53** based on the organization's risk profile and regulatory requirements.
- **Zero Trust Architecture:** Implement a **Zero Trust** model for strict access control and continuous verification, aligning with NIST CSF's Protect function.
- **Automated Incident Response:** Utilize **Security Orchestration, Automation, and Response (SOAR)** tools to automate incident response processes, supporting NIST CSF's Respond function.

### **4. Performance Monitoring and Continuous Improvement**

- **Unified Metrics:** Develop key performance indicators (KPIs) and key risk indicators (KRIs) aligned with both frameworks.
- **Continuous Monitoring:** Deploy a **Security Information and Event Management (SIEM)** system to analyze security events in real-time.
- **Integrated Audits:** Conduct audits to assess compliance with **ISO/IEC 27001** and **NIST CSF**.

- **Feedback Loop:** Apply the **Plan-Do-Check-Act (PDCA)** cycle from ISO/IEC 27001 to drive continuous improvement, integrating lessons learned from NIST CSF's Recover function.

## 5. Specific Security Controls for Protecting Patient Data

From ISO/IEC 27002:

- **A.12.6.1 - Management of Technical Vulnerabilities:**
  - Implement a vulnerability management program with automated scanning and risk-based remediation.
- **A.18.1.4 - Privacy and Protection of Personally Identifiable Information (PII):**
  - Conduct privacy impact assessments (PIAs) and implement data masking and anonymization techniques.
- **A.10.1.1 - Cryptographic Controls:**
  - Encrypt patient data at rest and in transit using **AES-256** and **TLS 1.3**.
  - Secure cryptographic key management practices.

From NIST SP 800-53:

- **AC-4 - Information Flow Enforcement:**
  - Implement **Data Loss Prevention (DLP)** solutions and use **network segmentation** to restrict access to sensitive data.
- **SI-4 - Information System Monitoring:**
  - Deploy **Endpoint Detection and Response (EDR)** tools and use **behavioral analytics** to detect anomalies.
- **IR-4 - Incident Handling:**
  - Establish an **incident response team** with a playbook for data breach response.
  - Conduct regular **tabletop exercises** to test the incident response plan.

## 6. Implementation Roadmap

- **Phase 1: Assessment and Planning (0-3 Months)**
  - Conduct a **gap analysis** against ISO/IEC 27001 and NIST CSF.
  - Develop a **unified risk management framework** and select security controls.
- **Phase 2: Control Implementation (3-12 Months)**
  - Implement **encryption, access control, and monitoring tools**.
  - Train employees on new policies and procedures.
  - Conduct initial internal audits for compliance assessment.
- **Phase 3: Certification and Continuous Improvement (12+ Months)**
  - Prepare for **ISO/IEC 27001 certification** by addressing audit findings.
  - Utilize **NIST CSF's Recover function** to enhance incident response and business continuity.

- Establish a **continuous improvement program** using the PDCA cycle.

## 7. Benefits of the Hybrid Approach

- **Comprehensive Coverage:** Combines **ISO/IEC 27001's structured certification process** with **NIST CSF's flexible, risk-based approach**.
- **Regulatory Compliance:** Meets international standards (**ISO/IEC 27001**) and U.S. federal requirements (**NIST CSF**).
- **Improved Resilience:** Strengthens detection, response, and recovery capabilities.
- **Stakeholder Trust:** Demonstrates commitment to security and compliance, building confidence among patients, regulators, and partners.