

## CONCLUSIONS

- Significant difference was found in all the five responses of general people (**physical educationist, Members of B.W.F, B.A.I., and H.B.A.**) in opinion about SAINA NEHWAL'S personality in relation to questions no.1, 3,4,6,9,12,15,17. (Annexure I)
- Insignificant difference was found in all the five responses of general people (**physical educationist, Members of B.W.F, B.A.I., and H.B.A.**) in opinion about SAINA NEHWAL'S personality in relation to questions no.2, 5,7,8,10,11,13,14,16. (Annexure I)
- Significant difference was found in all the five responses of general people (**physical educationist, Members of B.W.F, B.A.I., and H.B.A.**) in opinion about SAINA NEHWAL as sports women in relation to questions no.1,5,6,7,13,14. (Annexure II)
- Insignificant difference was found in all the five responses of general people (**physical educationist, Members of B.W.F, B.A.I., and H.B.A.**) in opinion about SAINA NEHWAL as sports women in relation to. Questions no.2,3,4,8,9,10,11,12,15,16,17,18,19,20,21,22. (Annexure II)
- Insignificant difference was found in all the responses of her teacher and family member in opinion of SAINA NEHWAL'S school life in relation to question No.1,2,3,4,5,6,7,8,9,10,11,12,13,14,15. (Annexure IV)
- Insignificant association was found in all the five responses between keen group to SAINA (**FAMILY, COACHES AND COPRACTICEMATES**) in opinion about SAINA NEHWAL'S personality in relation to question no. 1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17. (Annexure I)
- Significant association was found in all the five responses between keen group to SAINA (**FAMILY, COACHES AND COPRACTICEMATES**) in opinion about SAINA NEHWAL as sport women in relation to question no.5, 9, 12, and 18.
- Insignificant association was found in all the five responses between keen group to SAINA (**FAMILY, COACHES AND COPRACTICEMATES**) in opinion about

SAINA NEHWAL as sport women in relation to question No.1,2,3,4,6,7,8,10,11,13,14,15,16,17,19,20,21,22. (Annexure II)

- Significant association was found in all the five responses between keen group to SAINA (**FAMILY, COACHES AND COPRACTICEMATES**) in opinion about SAINA NEHWAL'S lifestyle in relation to question no.5,6,7,16. (Annexure III)
- Insignificant association was found in all the five responses between keen group to SAINA (**FAMILY, COACHES AND COPRACTICEMATES**) in opinion about SAINA NEHWAL'S lifestyle in relation to question no.1,2,3,4,8,9,10,11,12,13,14,15,17. (Annexure III)
- In the light of obtained data about the personality of role model SAINA NEHWAL, it was found that she is somewhat introvert and does not mingle very easily with people.
- Discipline and dedication is her key and she takes great pride in representing INDIA. She is sedulous, prepares well before her each and every game appearance and remains much focused. Her near ones feel that she is calm and patient in handling crowd and has evolved and matured with time. People also pointed that she is a stickler and works hard to rectify her mistakes, irrespective of how small they are and moreover she does that with compassion and not with frustration.
- In the opinion of the majority, she is very hard working person and remains very particular over her performances. She is highly competitive player and savors tough competitions
- She has a very positive bent and always plays to win. She is a person who enjoys her success and winning gives her utmost satisfaction. People around her say that she loves her practice sessions despite her achievements and works regularly on her basic drills.
- Her school life has earned many positive responses. Most of her school mates and teachers warrants for her intelligence, honesty and sincerity in her school days. People also; give out the fact of her being a multi-dimensional person, as she participated in different co-curricular activities beyond her regular studies.
- Obedience, punctuality, regularity were some Sania's trademark qualities. Being a extremely talented shuttler she had to miss her classes because of busy schedule of

training and competitions. Furthermore, she was a quick learner who was optimistic and carried a healthy self-belief.

- As far as the life style of supreme athlete is concerned it was found that she is very peculiar about her medical fitness and always cares for her medication. She is very particular about her diet-although she eats non-vegetarian,she prefers vegetarian food.
- She is a person who is very intimate with people around her and a believer of spirituality. She has a pleasing personality and always remains happy and contented. She is a person with exclusive decision making power. She is very comfortable with her co-players (whether junior or senior) while training but most of the time she loves to train on her own.

## **RECOMMENDATIONS**

On the basis of finding of the study research scholar would like to propose the following recommendation for the further studies.

- Similar type of study may also be done on different games of women players.
- Similar type of study may also be done on different games of men players.
- Similar type of study may also be done on other dynamic and eminent personalities of physical education.
- Similar type of study may also be done in other subject's field apart from physical education.
- Finding of the study may be selected as a guideline for coaches /trainers for search of talent in the field of badminton.
- Similar studies may be carried out on the institutions/ badminton academy that have contributed significantly for developing sports games/badminton.

