

True Care

Patient Prescription

Date: 24/11/2024

Doctor: Dr. Sumit

Patient Information

Name: Aditya Kapoor

Age: 23

Gender: Male

Illness: Mild throat infection, fatigue, sinusitis, tonsillitis.

Email: aditya@mail.com

Prescribed Medicines

Medicine	Dosage	Duration	Description
Mox	500 mg, twice daily	7 days	Antibiotic for treating bacterial infections
Benadryl cough syrup	10 mL, three times a day	5 days	Cough syrup for relieving cough
Casserole (Vitamin D)	1000 mg, once a week	1 month	Vitamin supplement for immune system

Additional Tips

Avoid cold beverages, spicy foods and overexertion. Instead include warm herbal teas, honey with lemon and soft nourishing foods in your diet to support recovery.

Doctor's Signature: