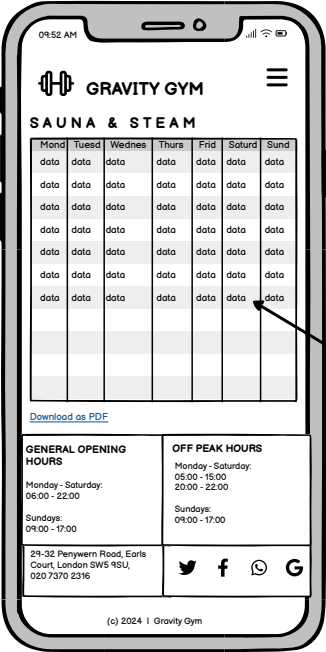


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
09:00 – 10:00 Ladies Zumba Studio 1, 45 minutes	09:00 – 10:00 Pilates Studio 1, 45 minutes	09:00 – 10:00 Ladies Zumba Studio 1, 45 minutes	09:00 – 10:00 Ladies Zumba Studio 1, 45 minutes	09:00 – 10:00 Pilates Studio 1, 45 minutes	09:00 – 10:00 Ladies Zumba Studio 1, 45 minutes	09:00 – 10:00 Ladies Zumba Studio 1, 45 minutes
10:00 – 11:00 Ladies Body combat Studio 1, 45 minutes	10:00 – 11:00 Cycling circuits Studio 1, 45 minutes	10:00 – 11:00 Ladies Tabata and Abs Studio 1, 45 minutes	10:00 – 11:00 Ladies Body combat Studio 1, 45 minutes	10:00 – 11:00 Cycling circuits Studio 1, 45 minutes	10:00 – 11:00 Ladies Tabata and Abs Studio 1, 45 minutes	10:00 – 11:00 Ladies Body combat Studio 1, 45 minutes
11:15 – 12:15 Ladies Legs, Bums and Turns Studio 1, 45 minutes	11:15 – 12:15 Ladies Bootcamp Studio 1, 45 minutes	11:15 – 12:15 Yoga Studio 1, 45 minutes	11:15 – 12:15 Ladies Legs, Bums and Turns Studio 1, 45 minutes	11:15 – 12:15 Ladies Bootcamp Studio 1, 45 minutes	11:15 – 12:15 Yoga Studio 1, 45 minutes	11:15 – 12:15 Ladies Legs, Bums and Turns Studio 1, 45 minutes
12:30 – 13:30 Yoga Studio 1, 45 minutes	12:30 – 13:30 Ladies Steo Studio 1, 45 minutes	17:00-18:00 Ladies Zumba Studio 1, 45 minutes	12:30 – 13:30 Yoga Studio 1, 45 minutes	12:30 – 13:30 Ladies Steo Studio 1, 45 minutes	17:00-18:00 Ladies Zumba Studio 1, 45 minutes	12:30 – 13:30 Yoga Studio 1, 45 minutes
		18:00-19:00 Body conditioning Studio 1, 45 minutes			18:00-19:00 Body conditioning Studio 1, 45 minutes	
		19:00 – 20:00 Bootcamp Studio 1, 45 minutes			19:00 – 20:00 Bootcamp Studio 1, 45 minutes	




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:00-08:00							
08:00-09:00							
09:00-10:00							
10:00-11:00							
11:00-12:00							
12:00-13:00							
13:00-14:00							
14:00-15:00							
15:00-16:00							
16:00-17:00							
17:00-18:00							
18:00-19:00							
19:00-20:00							
20:00-21:00							
21:00-22:00							

Closed		Ladies only		Male Only		Mixed		Children only	
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:00-08:00							
08:00-09:00							
09:00-10:00							
10:00-11:00							
11:00-12:00							
12:00-13:00							
13:00-14:00							
14:00-15:00							
15:00-16:00							
16:00-17:00							
17:00-18:00							
18:00-19:00							
19:00-20:00							
20:00-21:00							
21:00-22:00							

Closed		Ladies only		Male Only		Mixed	
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09:52 AM



GRAVITY GYM



CONTACT US

Our knowledgeable and welcoming staff at the leisure centre is here to assist you with any questions you may have.

Please provide us with as much as information possible, so that we can resolve your query as soon as possible!

FULL NAME:

Full Name

EMAIL ADDRESS:

email address

REPEAT EMAIL ADDRES

confirm email address

PHONE NUMBER:

phone number

TITLE:

Title

MESSAGE:


Please let us know how we can help you

PREFERRED METHOD OF CONTACT:


☒ Email

☒ Phone

09:52 AM



GRAVITY GYM



CONTACT US

PREFERRED METHOD OF CONTACT:

☒ Email

☒ Phone

Reset

Submit

GENERAL OPENING HOURS

Monday - Saturday:
06:00 - 22:00


Sundays:
09:00 - 17:00


OFF PEAK HOURS


Monday - Saturday:
05:00 - 15:00
20:00 - 22:00


Sundays:
09:00 - 17:00

29-32 Penywern Road, Earls Court, London SW5 9SU, 020 7370 2316









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