

## SAUNA / STEAM SCHEDULE

	WEEKDAYS	SATURDAY	SUNDAY
Time	08:00-09:00	08:00-10:00	08:00-10:00
Group	Mixed	Ladies	Mixed
Time	09:00-10:00	10:00-14:00	10:00-12:00
Group	Ladies	Mixed	Gents
Time	10:00-12:00	14:00-16:00	12:00-14:00
Group	Mixed	Gents	Ladies
Time	12:00-17:00	16:00-18:00	14:00-16:00
Group	Mixed	Mixed	Mixed
Time	17:00-19:00	18:00-19:00	
Group	Mixed	Ladies	
Time	19:00-20:00	19:00-21:00	
Group	Ladies	Gents	
Time	20:00-21:00		
Group	Gents		

**OPENING HOURS** 

MONDAY - SATURDAY

06:00-22:00

SUNDAY 09:00-17:00 **OFF PEAK HOURS** 

MONDAY - SATURDAY

05:00-15:00 20:00-22:00

SUNDAY

09:00-17:00

**CONTACT US** 

ADDRESS

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