



HACKATHON SUMMER 2022

TEAM 7: PRISHA BOREDDY, IRA DHARIA, SUMIT MANTRI,
ANDREW LU, SAMBHAV MEHTA

AGENDA



- PROBLEM
- SOLUTION
- CHALLENGES

- OUR TEAM
- FUTURE GOALS
- Q&A

1

THE PROBLEM

EMPLOYEE MENTAL HEALTH



THE PROBLEM

81.8 %

OF CISCO EMPLOYEES WISH THEY TOOK BREAKS FOR THEIR MENTAL HEALTH.

50%

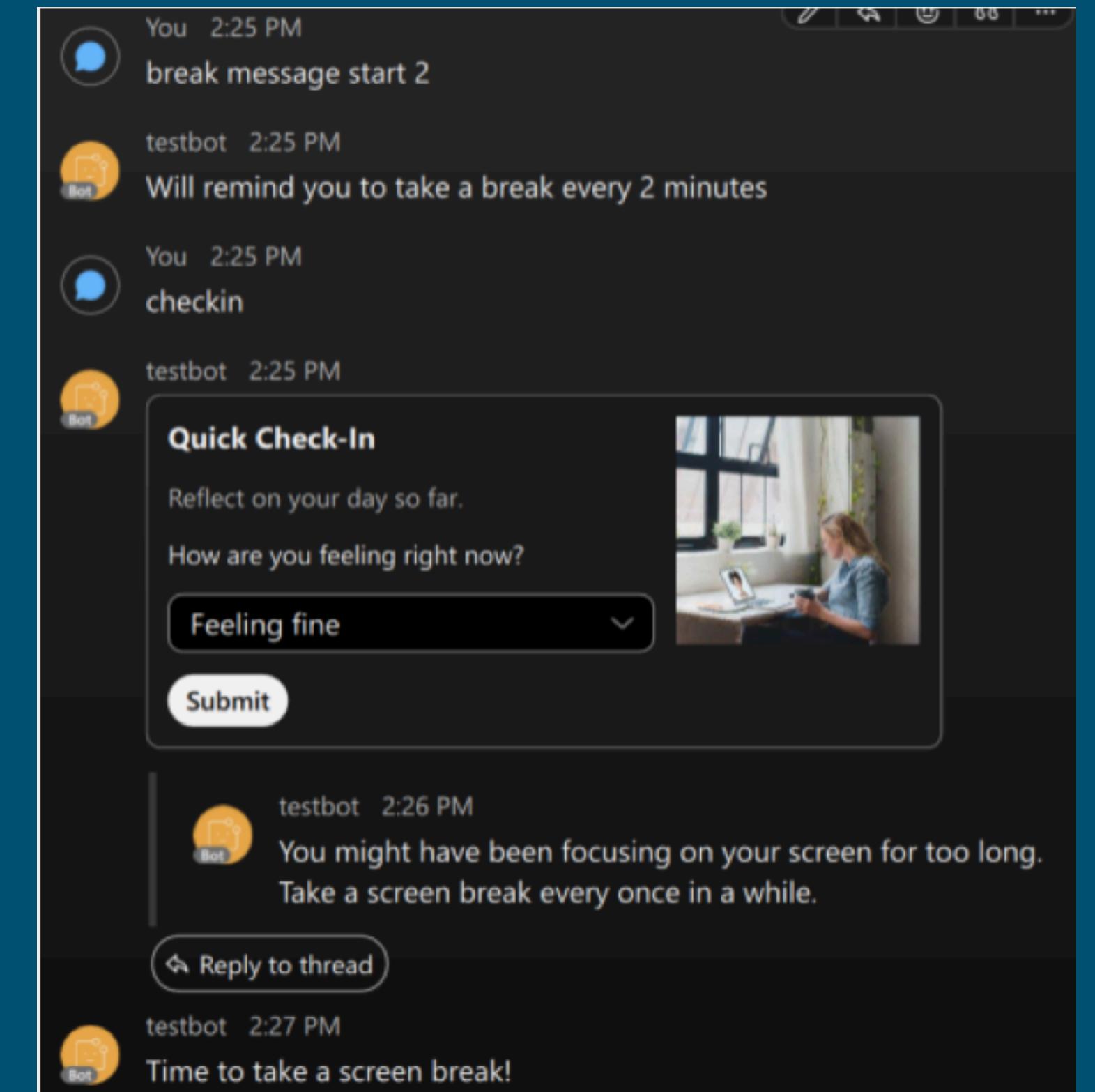
OF EMPLOYEES HAVE LEFT THEIR JOBS DUE TO STRESS IMPACTING MENTAL HEALTH.



2

OUR SOLUTION

CARELY



THE SOLUTION- WHAT IS CARELY?

- WEBEX CHATBOT THAT TARGETS SELF-AWARENESS OF MENTAL HEALTH
- PERSONALIZED ROUTINE CHAT REMINDERS AND DAILY CHECK-INS.
- RECOMMENDED FOR INDIVIDUAL USERS
- EASY TO CUSTOMIZE.



3 **CHALLENGES**



CHALLENGES

1

BRAINSTORMING AN EXECUTABLE IDEA

Had lots of ideas, but time was a constraint to consider

2

ORGANIZATION + COORDINATION

Missed initial meetings creating less time for progress

3

PROGRAMMING

Personalizing the chatbot for each individual user



THE TEAM



PRISHA BOREDDY

Marketing Lead



IRA DHARIA

Presentation Lead



ANDREW LU

Programming Lead

THE TEAM



SAMBHAV MEHTA

Presentation Lead



SUMIT MANTRI

Programming Lead



FUTURE GOALS FOR CARELY

- IMPLEMENT SELF-CARE FEATURES ON CALENDAR APP
- POP-UP NOTIFICATION REMINDER
- DIFFERENT SELF-CARE OPTIONS
- EXPAND HORIZONS BEYOND CISCO WEBEX AND INTO DISCORD + ZOOM

