INTRODUCTION

**Haldiram's** is an [Indian multinational sweets](https://en.wikipedia.org/wiki/Indian_sweets), [snacks](https://en.wikipedia.org/wiki/List_of_Indian_snacks) and [restaurant](https://en.wikipedia.org/wiki/Restaurant) company headquartered in [Noida](https://en.wikipedia.org/wiki/Noida). The company has manufacturing plants in a wide variety of locations such as [Nagpur](https://en.wikipedia.org/wiki/Nagpur), [New Delhi](https://en.wikipedia.org/wiki/New_Delhi), [Gurgaon](https://en.wikipedia.org/wiki/Gurgaon), [Hooghly](https://en.wikipedia.org/wiki/Hooghly,_West_Bengal), [Rudrapur](https://en.wikipedia.org/wiki/Rudrapur,_Uttarakhand" \o "Rudrapur, Uttarakhand) and [Noida](https://en.wikipedia.org/wiki/Noida). Haldiram's has its own retail [chain stores](https://en.wikipedia.org/wiki/Chain_store) and a range of restaurants in [Pune](https://en.wikipedia.org/wiki/Pune), [Nagpur](https://en.wikipedia.org/wiki/Nagpur), [Raipur](https://en.wikipedia.org/wiki/Raipur), [Kolkata](https://en.wikipedia.org/wiki/Kolkata), [Noida](https://en.wikipedia.org/wiki/Noida) and [Delhi](https://en.wikipedia.org/wiki/Delhi).

Products

Haldiram's has over 410 products. Its product range includes traditional namkeens, western snacks, Indian traditional and contemporary Sweets, cookies, sherbets, and pickles. Products such as [gulab jammun](https://en.wikipedia.org/wiki/Gulab_jamun" \o "Gulab jamun) and [Bikaneri bhujia](https://en.wikipedia.org/wiki/Bikaneri_bhujia) and [papadum](https://en.wikipedia.org/wiki/Papadum) are popular. The company also produces [ready-to-eat food](https://en.wikipedia.org/wiki/Convenience_food) products. In the 1990s, the production of potato-based foods was enabled by the importation of machinery from United States designed for these purposes.

Specification

1) Energy

2) Carbohydrate

3) Sugar

4) Total fat

5) Saturad Fatty acids

6) Monosaturated Fatty acids