第一章：引言

1.1研究背景：

自我增强的概念；

自我增强在心理学研究中的重要性；

自我增强对个体心理健康的重要作用。

1.2研究目的：

阐述研究的主要目标，即通过数据驱动的方法探究自我增强的主体。

1.3研究意义：

理论意义：自我增强主体的探究、本体论在研究中的重要意义、数据驱动研究方法的应用；

实践意义：自我增强在心理健康和行为中的作用的贡献。

第二章：文献综述

2.1自我增强的概念：定义自我增强，讨论其在不同理论框架下的解释。

2.2现有研究的综述：总结前人关于自我增强的研究，包括问卷测量和行为任务的研究、自我增强对个体对心理适应起到积极作用还是消极作用。

2.3研究空白：指出当前研究中的不足，特别是关于自我增强的主体的探究。

2.4提出研究假设：

不同测验之间相关性较低，自我增强的定义应该考虑多个维度；

自我增强对个体对心理适应有较好的预测作用。

第三章：研究流程（这一部分对实验流程对详细说明还是对现有数据库的说明？）

3.1研究目标；

3.2研究假设；

3.3研究方法：

研究对象

研究工具：16个问卷和3个行为任务（SRET、IAT、ALT）的14个指标。

实验流程；

3.4数据分析：相关分析、主成分分析（PCA）、双因子分析（Bifactor）、降维分析。

第四章：研究结果

4.1问卷与问卷之间的相关分析：16个问卷之间的相关性结果。

4.2行为任务与行为任务之间的相关分析：3个行为任务之间的相关性结果。

4.3问卷与行为任务之间的相关分析：问卷与行为任务之间的相关性结果。

4.4主成分分析（PCA）：问卷与认知任务的主成分分析结果。

4.5聚类分析：与认知任务的聚类结果。

4.6双因子分析（Bifactor）：问卷与认知任务的双因子分析结果。

4.7问卷与认知任务得分对现实世界结果的预测：问卷与认知任务得分对抑郁、焦虑、主观幸福感、拖延等现实世界结果的预测结果。

第五章：讨论

5.1研究结果的解释：解释研究结果

5.2研究结果的理论意义：讨论研究结果对自我增强理论的贡献

1. 自我增强的定义有待明确
2. 自我增强本体结构假设
3. 自我增强的本体与文化差异
4. 东方文化下的自我增强如何定义

5.3研究结果的实践意义：讨论研究结果在实际应用中的意义，特别是在心理健康和行为干预中的应用（预测部分）。

5.4其他发现：自恋与其他问卷之间呈现负相关的原因。

5.5研究的局限性：讨论研究的局限性，包括样本选择、测量工具的局限性等。

5.6未来研究的方向：提出未来研究的方向。

第六章：结论

6.1研究总结：总结研究的主要发现。

6.2研究的贡献：强调研究的理论和实践贡献。

6.3研究的展望：展望未来的研究方向和应用前景。

Title

Exploring the Ontology of Self-Enhancement: A Data-Driven Perspective

Abstract

A concise overview of the study, typically including the research problem, objectives, methods, results, and implications. Limit to 150–250 words. Ensure clarity and avoid detailed technical jargon.

Introduction

1.1 Research Background

Define self-enhancement and its significance in psychology.

Summarize how self-enhancement is measured through questionnaires and behavioral tasks.

Highlight gaps in the literature, such as the lack of clarity in defining the ontology of self-enhancement.

1.2 Research Problem

State the primary question: Can self-enhancement be divided into distinct constructs?

Explore how these constructs relate to psychological adaptation and well-being.

1.3 Objectives and Hypotheses

Objective: To disentangle the multidimensionality of self-enhancement through data-driven analyses.

Hypotheses:

Self-enhancement consists of distinct dimensions (e.g., narcissism vs. self-promotion).

These dimensions predict psychological outcomes such as depression and subjective well-being.

Literature Review

2.1 Theoretical Perspectives

Discuss major frameworks explaining self-enhancement (e.g., cognitive, motivational, and sociocultural perspectives).

2.2 Previous Findings

Summarize empirical studies on the relationship between self-enhancement and psychological adaptation.

Highlight contradictions in the literature regarding the adaptive value of self-enhancement.

2.3 Conceptual and Methodological Gaps

Identify limitations in previous measures and analytic methods.

Justify the need for a comprehensive, data-driven exploration of self-enhancement.

Methods

3.1 Participants

Describe sample size, recruitment methods, and demographic details (e.g., age, gender, cultural background).

3.2 Measures

Questionnaires: List and briefly describe the instruments for assessing self-enhancement.

Behavioral Tasks: Explain tasks like the Implicit Association Test (IAT) and Self-Referential Encoding Task (SRET).

3.3 Procedure

Detail how data were collected, emphasizing ethical considerations (e.g., informed consent).

3.4 Data Analysis

Outline statistical techniques, including exploratory and confirmatory factor analyses, bifactor analysis, and network analysis.

Specify software tools and criteria for model evaluation.

Results

4.1 Dimensionality of Self-Enhancement

Present results from factor analyses, showing how self-enhancement is structured into multiple dimensions.

4.2 Relationships with Psychological Outcomes

Report correlations or regression results linking self-enhancement dimensions to outcomes like well-being and depression.

4.3 Behavioral Task Results

Compare how self-enhancement scores align with behavioral task performance.

4.4 Predictive Modeling

Summarize machine learning results (e.g., XGBoost) predicting real-world outcomes using self-enhancement dimensions.

Discussion

5.1 Key Findings

Summarize major results, addressing the hypotheses.

Emphasize the discovery of distinct self-enhancement dimensions and their implications.

5.2 Theoretical Implications

Discuss how findings advance understanding of self-enhancement’s ontology.

Consider cultural and individual differences in self-enhancement expression.

5.3 Practical Applications

Suggest applications in clinical settings (e.g., using self-enhancement measures to tailor interventions).

5.4 Limitations

Acknowledge sample and methodological constraints, such as the reliance on self-report measures.

5.5 Future Directions

Propose longitudinal studies and cross-cultural comparisons.

Advocate for integrating self-enhancement dimensions into broader psychological theories.

Conclusion

Restate the study’s contribution to understanding self-enhancement.

Highlight the importance of multidimensional approaches in psychological research.

End with a forward-looking statement on the potential for future studies to refine the ontology of self-enhancement.

References

Follow APA citation style: Author(s), year, title, journal, volume, issue, pages, DOI.

Figures and Tables