

*students morning plan*

SL NO	DAY	STEAPLE	DAAL	JHOL	AACHAR
1	Mon	rice	moong	murgir lal jhol	aachar 1
2	Tue	roti	masoor	lau er ghonto	aachar 2
3	Wed	rice	bewli	dim alur jhol	aachar 1
4	Thur	roti	arhar	paneer butter masala	aachar 2
5	Fri	rice	rajma	dimer dalna	aachar 1
6	Sat	roti	matar	bhola mach er jhol	aachar 2
7	Sun	rice	chola	dhokar dalna	aachar 1
8	Mon	roti	moong	chillie chicken	aachar 2
9	Tue	rice	masoor	aakri alur jhol	aachar 1
10	Wed	roti	bewli	kohlapuri egg curry	aachar 2
11	Thur	rice	arhar	mouri paneer	aachar 1
12	Fri	roti	rajma	dhaba anda curry	aachar 2
13	Sat	rice	matar	rui macher jhol	aachar 1
14	Sun	roti	chola	soyabean kala bhuna	aachar 2
15	Mon	rice	moong	chicken dal bunglow	aachar 1
16	Tue	roti	masoor	kashmiri dum alu	aachar 2
17	Wed	rice	bewli	dimer lal jhol	aachar 1
18	Thur	roti	arhar	chilli paneer	aachar 2
19	Fri	rice	rajma	dimer kalia	aachar 1
20	Sat	roti	matar	lotte chocchori	aachar 2
21	Sun	rice	chola	shim alur jhol	aachar 1
22	Mon	roti	moong	chicken resala	aachar 2
23	Tue	rice	masoor	sukto	aachar 1
24	Wed	roti	bewli	egg korma	aachar 2
25	Thur	rice	arhar	paneer alur jhol	aachar 1
26	Fri	roti	rajma	egg makhani	aachar 2
27	Sat	rice	matar	pangas er jhol	aachar 1
28	Sun	roti	chola	alu bhindi	aachar 2