

Sarwan Singh "Sunny" Dhillon

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Objective

Motivated and goal-oriented psychology graduate with hands-on experience in clinical settings and research environments. Eager to apply strong analytical, interpersonal, and organizational skills in a professional role that supports data-driven decision-making, mental health initiatives, and continuous improvement. Committed to contributing meaningfully to team goals, client outcomes, and evidence-based practices.

Education

Bachelor of Science in Psychology

Virginia Commonwealth University, Richmond, VA
Graduating: Fall 2024

Relevant Coursework:

- Abnormal Psychology
- Clinical Psychology
- Behavioral Neuroscience
- Research Methods in Psychology
- Data Analysis and Statistics

Experience

Psychometrist

Chippenham Medical Center, Richmond, VA
[January/2025] – [July/2025]

- Administered and scored standardized psychological tests under the supervision of licensed psychologists.
- Collected, organized, and interpreted patient data for neuropsychological evaluations.
- Assisted in preparing detailed assessment reports used for diagnosis and treatment planning.
- Maintained accuracy in record-keeping, data security, and HIPAA compliance.
- Collaborated with clinical teams to coordinate testing appointments and ensure quality patient care.

Intern

Chippenham Medical Center, Richmond, VA

[January/2023] – [April/2023]

- Worked directly with a clinical psychologist, assisting with patient assessments and treatment plans.
- Observed therapy sessions and provided administrative support in a clinical setting.
- Documented patient progress and helped with intake forms and case notes.

Shadowing Program

Virginia South Psychiatric & Family Services, P.C., Richmond, VA

[January/2023] – [July/2023]

- Shadowed Dr. Reeba, observing patient consultations and mental health assessments. ● Gained practical experience in diagnosing and providing treatment recommendations.
- Supported administrative tasks, including patient documentation and follow-up calls.

Research Assistant

VCU Sleep Study, Richmond, VA

[August/2023] – [December/2024]

- Administered and collected questionnaires for sleep study participants.
- Organized and ordered data for further analysis in the study.

Dispatcher and Bookkeeper

Mand Trucking and Singhtransport Corp., Richmond, VA

[July/2020] – [August/2022]

- Managed daily dispatching and scheduling for a trucking company.
- Handled bookkeeping tasks, including invoicing and financial record maintenance.
- Collaborated with teams to ensure efficient transportation operations.
- Experience in Excel, accounting and bookkeeping, and file management

Volunteer Work**Sikh Student Association (SSA)**

Virginia Commonwealth University, Richmond, VA

[September/2021] – Present

- Assisted with organizing charity events and community outreach.
- Coordinated stalls at the annual Mela, a major Bollywood dance competition, with all proceeds going to charity.

Skills

- Knowledge of mental health diagnoses and treatment plans
- Strong interpersonal and communication skills
- Experience with patient intake, assessments, and documentation
- Data collection and research administration
- Crisis intervention and de-escalation techniques
- Proficient in Microsoft Office and data management systems

References

- **Jitender Dhillon**

Mand Trucking and Singhtransport Corp.

Phone: (804)-245-4778

Email: singhtransportcorp@gmail.com

- **Dr. Reeba**

Virginia South Psychiatric & Family Services, P.C.

Phone: (347)-791-1236