

The Navy Is Still Testing Sailors On An Aircraft Hit By An Outbreak Of The Virus, CBS

CBS News Transcripts CBS THIS MORNING 7:00 AM EST

April 8, 2020 Wednesday

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Section: NEWS

Length: 3995 words

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Highlight: In states like New York, Louisiana and Michigan, doctors may soon face life and death decisions about who will get a breathing machine and who will not.

Body

GAYLE KING: Well, the Navy is still testing sailors on an aircraft carrier hit by an outbreak of the virus. Two hundred and thirty cases are reported on board the USS Theodore Roosevelt, which is docked in Guam. Acting Navy secretary, that's Thomas Modly, resigned yesterday over his criticism of the ship's captain who was freed over the weekend. Modly told the Roosevelt's crew that Captain Brett Crozier was either stupid or naive after a letter that Crozier wrote pleading for help leaked to the media. Now the crew, as you may remember, cheered, cheered loudly, cheered Crozier as he left earlier this week. He has reportedly tested positive for the virus. Tony.

TONY DOKOUPIL: Yeah. There's never a great time for a crisis in leadership, but especially not now. And speaking of leadership, governors in hard-hit states warn that they are facing ventilator shortages as they confront may- - what may be the peak of this pandemic. In states like New York, Louisiana and Michigan, doctors may soon face life and death decisions about who will get a breathing machine and who will not. Our Doctor Tara Narula shows us how hospitals all across the country are tackling the crisis.

(Begin VT)

JADE ROTH: My father was a larger than life.

DR. TARA NARULA (CBS News Medical Contributor): Jade Roth's father, former theater director Jerry Roth, lived according to his own script. But in the end, his daughter says coronavirus robbed seventy-eight-year-old Roth of his final chapter. He died of heart failure just days after his New York City hospital canceled his elective heart surgery.

When he was told the procedure was canceled, you felt like it precipitated some of his very quick decline.

JADE ROTH: Yes, I did. Now that clearly is a subjective view. And I want to be very clear that there are always hard decisions to be made. And I don't see that there's any blame here.

DR. TARA NARULA: Still, Jade Roth wonders what makes one life more worth saving than another. A question Indianapolis Doctor Joseph Smith hopes he never has to answer.

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DR. JOSEPH SMITH (Eskenazi Health's Medical ICU Director): As a physician, it's-- it's nauseating. And just the near idea that we would take a step back and say that one person is more likely to survive than the other, so we should provide the intensive care to the person that's more likely to survive. That is a very difficult thing.

DR. TARA NARULA: With hospital visitations limited, New York cardiologist Evelina Grayver shows us how many conversations are happening. This is Grayver helping her eighty-four-year-old patient FaceTime with his daughter for the first time since he was intubated. Just days earlier in this video diary--

DR. EVELINA GRAYVER: To tell them the fact that we no longer can provide the critical care that your family member may need.

DR. TARA NARULA: Grayver grapples with the new ethical questions she is facing.

DR. EVELINA GRAYVER: I'm not God. I'm far from God. I'm just very limited, limited in resources.

DR. STEPHEN THOMAS (COVID Incident Commander, SUNY Upstate Medical University): How many people per-

WOMAN: Nine.

DR. TARA NARULA: Doctor Stephen Thomas thinks physicians should not have to shoulder the burden of deciding who gets resources and who doesn't. So he helped build a triage team at SUNY Upstate Medical University to create a blueprint.

DR. STEPHEN THOMAS: It's administrators like chief medical officers, for example, critical care physicians, infectious diseases, ethicists, spiritual leaders, they are basically getting together to try and understand, you know, what is the objective evidence that we have that will allow us to sort of prognosticate who does or does not have a high likelihood of surviving and trying to basically just come up with in a fair and transparent way that everyone can agree upon.

DR. TARA NARULA: Bioethicist Scott Halpern helped write the guidelines that are being used in most Pennsylvania hospitals to decide how to fairly allocate things like ventilators and ICU beds.

SCOTT HALPERN (Bioethicist and University of Pennsylvania): Everyone gets assigned a priority from one through eight where one is the highest priority. And then we let the supply on a given day determine how many people get those resources.

DR. TARA NARULA: Is age a factor at all in how you prioritize people?

SCOTT HALPERN: Age is only a factor as a last resort tie breaker. And no other personal's characteristic be it race, gender, disability, or anything else goes into the calculus at all.

DR. TARA NARULA: If there was a hospital that did not have this in place, it may fall on the treating doctor to be making some of these decisions. What kind of impact might that have on that physician?

SCOTT HALPERN: I think it would be hard to overstate the potential stress that this decision making really requires that falls to you at the bedside.

DR. TARA NARULA: Because it is an impossible choice.

SCOTT HALPERN: Yeah. It is a truly impossible choice.

(End VT)

TONY DOKOUPIL: And Doctor Tara Narula joins us now. Doctor Narula, good morning. It sounds like it's clear from your piece that there are no longer good choices at these hospitals, only hard choices. And one of those

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choices that were reportedly-- that's reportedly popping up are do-not- resuscitate orders, universal do-not-resuscitate orders for coronavirus patients in some hospitals. What can you tell us about those?

DR. TARA NARULA: Well, this is a concept that's very difficult for us to wrap our mind around. And many people think it is a little bit draconian. But really it signifies this shift from looking at the well-being of the patient in front of us to the well-being of the population at large, which is not a typical way that we're used to thinking. Essentially, what it means is if you come into an emergency room and you are COVID positive, universally the decision would be made that you are a DNR, do not resuscitate. You would not be resuscitated if you went into cardiac arrest with CPR. Now the reason behind this is that when you perform CPR, you aerosolize a lot of droplets, it's a very-- it becomes very infectious and high risk for those treating the patient. The reality is that it's-- it's very unlikely that people tend to survive cardiac arrest when they are in the hospitals. Survival rates are around twenty percent. And it requires a lot of personal protective equipment. So that's why that is being floated around. Now, the bigger issue really is that families should be having a discussion about DNR and code status and living wills and health care proxies now before they ever get into a situation when they are in the hospital. It's a tough conversation, but it needs to be happening at home with families.

TONY DOKOUPIL: Yeah. You've got to think about these things beforehand because in the moment, the-- the crisis just engulfs you. You mentioned guidelines at a Pennsylvania hospital. You know, who gets the preferential treatment beyond the people you mentioned in the piece?

DR. TARA NARULA: Right. So it's important to note that there is no set of uniform standardized guidelines in this country. And the Penn guidelines really are looking at two things: what is the chances that somebody will survive to get out of the hospital, and what are the chances that they will have a long-term lifespan survivability. And then outside of that, they're assigned that points score. If they need a tie breaker, let's say you and I have the same score, Tony, they would look at age, and they would look at who is a health care provider, who is contributing to treating this epidemic or pandemic. And that person would get higher priority. Important to note that all patients get treated the same with this scoring system.

TONY DOKOUPIL: It's amazing, Doctor Narula. All the experts in the world can-- can run through those calculations, but I don't know that they'll ever make sense to families who-- who don't get the treatment for their loved one. Very hard choices here. Doctor Narula, thank you very much.

DR. TARA NARULA: Absolutely.

TONY DOKOUPIL: Ahead-- ahead, how the pandemic is changing the celebration of Passover which, by the way, begins tonight.

But first, it is eight eleven, time to check your local weather.

(LOCAL WEATHER BREAK)

(ANNOUNCEMENTS)

GAYLE KING: Ahead, why the key to staying hopeful during this time of uncertainty may all lie in the science.

Plus, celebrated chef and restaurateur, that's David Chang, will join us to talk about the threat this pandemic poses to restaurants. Why he says even a government bailout may not save his industry.

You're watching CBS THIS MORNING. We really thank you for that. We'll be right back.

(ANNOUNCEMENTS)

ANTHONY MASON: Cities across the country on lockdown. Few industries have been harder hit by the pandemic than restaurants. They're estimated to employ nearly sixteen million people in the U.S. Many have been forced to close or shift to takeout and delivery. David Chang is the founder of Momofuku, which is-- last month he closed all sixteen of his restaurants both in the U.S. and abroad. Chang also laid off more than eight hundred employees and

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is giving up his salary. He joins us from Farmingdale, New York. David, good morning. Thank you so much for being with us.

DAVID CHANG (Founder, Momofuku): Thank you for having me.

ANTHONY MASON: David, what-- what can be done right now to help restaurants? You're painting an extremely dire picture right now that-- that this industry is in-- in serious trouble. What can be done to help?

DAVID CHANG: I think the restaurants that are open try to order directly and as much as you possibly can from your local neighborhood restaurants. There's a lot of restaurant fund-- fundraisers that are happening as well. But I think most importantly, make sure your local, state, and congressional representatives are doing their best to support the interests of independent restaurants across the country.

ANTHONY MASON: You want-- you want the government-- you want people to press the government to actually bail out real estate owners, why is that?

DAVID CHANG: Well, it's not something I would like to happen. But, you know, speaking to a lot of my peer group already, they expect rent to be paid, a lot of them, now. So there's no amnesty, and we need some kind of regulations to govern what that looks like because while there was a stimulus package passed, it's not comprehensive enough for many small business owners, not just restaurants.

ANTHONY MASON: Yeah. And rent I'm sure is-- is the one constant cost you're having to deal with right now. Gayle, you've got a question.

GAYLE KING: I do. David, it's good to see you. I'm so sorry it's under these circumstances because I believe that we will all be forever changed by what is happening. And I heard you say the other day that this has been the hardest, hardest two weeks of your life. So I'm wondering if you would share with us what it's been like for you and your team, some specifics, and-- and how you guys are getting through. What's it been like for all of you?

DAVID CHANG: You know, I-- I've likened this to what you, like, learn in, like, college as a trolley car problem, that where effectively you have to make two decisions, and both are bad outcomes for somebody. And the hardest thing is not knowing how to make the right decision in this horrible time. And it's been really difficult to-- to have to make horrible decisions-- when I say horrible decisions, that negatively impact your employees. And there's nothing you can do about it truly.

GAYLE KING: Mm-Hm.

DAVID CHANG: And you-- you always want to be in this position where you can make everyone happy. That's sorts of why we're in this business. And it's--

GAYLE KING: Yeah.

DAVID CHANG: --it's-- it's just not a good place to be when not everyone can win. So it's-- it's been tough.

TONY DOKOUPIL: Hey, David, you know, big chain restaurants have plenty of virtues, I'm not a snob about it. But in my neighborhood and in cities all across America, what really makes the place is the little guys, the local food. In this crisis, do you think that the big chains because they have deeper pockets are going to be the ones that survive? And if so, what happens to the character of an American city when all that's left is, well, the national brands?

DAVID CHANG: Yeah. We're going to lose the very eclectic mix that makes, you know, dining out in America so wonderful. And it's not because the restaurant that are a big corporate chains are going to survive, you know, because they are corporate chains, they are going to have the cash flow and they have the standard operating procedures to sort of implement any changes in a post-COVID-19 world. And all of those small restaurants and businesses that everyone enjoys so much, it's the reason why, you know, I started saying things are too small to fail, right? Restaurants are too small to fail. And there's a-- a big chain reaction. If 2008 was too big to fail, this is on

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the opposite end of the spectrum. And this is going to affect so many other businesses. Farmers, supply chains, distribution, you know, artisans, purveyors of all kinds. This is the very fabric of America. And if we lose restaurants where ninety percent of revenue generated goes back to these other businesses in the ecosystem, it has a dramatic impact on how we live and-- and-- and eat in America.

GAYLE KING: Yeah. And you tweeted, too, David, I was really sorry to hear this. When you said you sometimes wear-- you camouflage, wear sunglasses and a hat as a Chinese American. Your concerns about what. What advice do you have for other Asian Americans, and how-- how afraid are you?

DAVID CHANG: You know, it's been incredibly upsetting that President Trump could not have described the coronavirus appropriately and accurately, and whether you're Chinese-American, Filipino-American, Japanese-American, Korean-American, you know, there's a lot of fear out there. And I've talked to a lot of my friends that are Asian-American. And it's unfortunate. And it's unfortunate that we can't be ourselves. We shouldn't have to adopt who we are--

GAYLE KING: Yeah.

DAVID CHANG: --to be American in this country. We should be whoever we think we are. And that is what I think is being American. And it's unfortunate. And I just have to talk to my wife, when-- when she goes to the store, there's always been these looks. And there's no real, you know, crazy things going on. But it's a-- it's a feeling of-- of being uncomfortable. And that's-- that's not good enough.

GAYLE KING: Yeah. Well, I think it's important that you're calling it out. Thank you very much, David Chang.

We'll be right back.

DAVID CHANG: Thanks for having us, guys.

(ANNOUNCEMENTS)

***** ** (8:30 AM, EDT)

ANTHONY MASON: Welcome back to CBS THIS MORNING.

Time to bring you some of the stories that are the Talk of the Table this morning. Since we're coming to you from home, it's the talk of many tables. We'll share a story with each other and all of you that is the talk of our tables. Gayle, what's up at your house?

GAYLE KING: Let's talk about pets. Last week, we told you about the rise in pet adoptions and fostering as Americans spend more time at home during the virus outbreak. Shelters around the country say that they are actually running out of adoptable pets. And for the first time ever, this is really great news, Chicago Animal Care and Control says it "has no dogs currently available for adoption." Now the reason why this resonates with me, guys, is favorite daughter Kirby is getting a new puppy this week. She's very excited about that. And they are asking for people, organizations around the country are asking for people to foster a dog. And I'm actually thinking about it, because this is the perfect time. You're going to be home, number one. It's a great time to do--

ANTHONY MASON: Yep.

GAYLE KING: --potty training with the dog. I'm just trying to figure out how I can navigate that with this schedule. But a lot of people are finding the joys of bringing animals into their lives. As you know, it's unconditional love. So I'm intrigued. I haven't pulled the trigger yet, but I'm actually kind of thinking about it.

TONY DOKOUPIL: Yeah. That's very cool, Gayle. I mean, it's a great-- great for those-- those animals. Great for the families who adopted them. But also great for me as I look--

GAYLE KING: Yeah. Yeah.

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TONY DOKOUPIL: --to stall even further in getting a dog in my house. I grew up with dogs, I love dogs. But unlike you, I don't think--

GAYLE KING: Yes. Yes.

TONY DOKOUPIL: --there's ever a great time to potty train a puppy.

GAYLE KING: I don't know. When you're home twenty-four/seven, though, Tony, this seems kind of ideal. Just throwing it out there.

TONY DOKOUPIL: All right. All right. Hope you got the rug cleaner. Let me know.

GAYLE KING: Your turn.

TONY DOKOUPIL: While we're waiting on Major League Baseball to come back to us, maybe as soon as next month, we can get a taste of the ballpark from Boston Red Sox organist Josh-- oh, no, I'm going to lose his name. Well, let's hear him play and then we'll get you his name. Take a listen.

JOSH KANTOR: And here's the four-bar intro.

(Josh Kantor performing)

TONY DOKOUPIL: That is Mister Josh Kantor. My apologies, Mister Kantor. He is the organist at Fenway Park and he streams the show every single day at 3 PM on Facebook live where he plays songs from his home. He started it last month after the baseball season was put on hold. He's wearing a Johnny Damon hat now with the fake long hair in the back. He says he is going to keep doing it every single day, Anthony, until people are sick of it or baseball season starts again. I hope baseball season comes soon. I miss the crack of the bat. I really do.

GAYLE KING: Yeah.

ANTHONY MASON: I do, too. And I'm-- I'm wondering how his wife-- I think must have been who-- who walked behind him in the shot, feels-- that's a very loud instrument to have in the house. It makes a lot of noise. I'm thinking, what is she thinking about this?

TONY DOKOUPIL: She knew what she was marrying.

ANTHONY MASON: Anyway, I got a story--

TONY DOKOUPIL: Yeah.

ANTHONY MASON: Yes. I've got a story about a musician, too. This one is in Scotland. The young musician in Scotland who's managed to find some humor in being quarantined because of the coronavirus. Listen to his parody of The Beatles' song "Yesterday."

(Peter MacPherson performing)

ANTHONY MASON: That's Peter MacPherson, who is a fourth-year music student at Aberdeen University. He wanted to bring a smile to people in these difficult times. Of course, I-- I-- I just loved his lyrics. One of them is, "Yes-- yesterday I Skyped a pal to check if he is okay, told me that he'd taken up crochet, I'll take that as a no, yesterday."

GAYLE KING: Yes. Listen, Anthony, if he wanted to make people smile, mission accomplished. I marvel at all these people that have come up with very genius ways to parody the songs. Nicely done, Peter. Nicely done. Tony.

TONY DOKOUPIL: Yeah, nicely done. Boredom-- boredom is a wonderful push toward creativity, as many Americans--

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GAYLE KING: Yeah.

TONY DOKOUPIL: --are showing us these days.

ANTHONY MASON: Yeah.

TONY DOKOUPIL: All right. This evening, Jewish people all across the country and around the world will celebrate Passover. It's a chance for families to come together for a festive meal and tell the story of Jews' escape from slavery thousands of years ago. But social distancing is forcing millions of Americans to find new ways to connect. CBS THIS MORNING: SATURDAY co-host Dana Jacobson shows us Passover in the midst of a pandemic.

(Begin VT)

ERIN BINA (PH): This is your great grandmother's.

DANA JACOBSON: Erin Bina is cooking for Passover with her two-year-old son Ethan (ph) by her side.

ERIN BINA: You're such a good helper.

DANA JACOBSON: This is how the holiday usually looks for Erin, Ed (ph), and their large family.

(Crowd performing)

DANA JACOBSON: But now amid the pandemic, she is prepping alone for the first time.

ERIN BINA: We cook together, we sing together, we tell stories together. This year, it's going to be a little sadder.

DANA JACOBSON: Their celebration will now be a virtual one.

MAN: Breaking the tradition this year is really hard, especially with our son who loves my grandparents so much. He really watches my grandfather with great awe when he sings the prayers.

DANA JACOBSON: Social distancing has created a new reality for Passover. Aileen Shechet's (ph) kitchen is also usually bustling with activity as she gets ready for the holiday.

AILEEN SHECHET: It's a big deal in our family. The traditions that we have, the special songs that we sing. A lot of people, a lot of energy, it's a new time for all of us.

DANA JACOBSON: The coronavirus has created chaos at markets. Shopping for Passover necessities added an extra layer of anxiety.

How frustrating was shopping during a pandemic?

AILEEN SHECHET: Oh, my goodness. It was terrible. I'm making a big pot of matzo balls soup. And I have to have eggs to make the matzo balls.

DANA JACOBSON: Aileen and her daughter, Sophie (ph), usually host a ruckus Seder, complete with puppets and song.

AILEEN SHECHET: We're finding a way to take our Passover Seder to the next level.

DANA JACOBSON: But like the preparations, this year's will be different. They've asked family and friends to join their Zeder or Zoom Seder.

AILEEN SHECHET: We're going from the Czech Republic to Seattle. We have Georgia and Virginia, we're in Florida. The kids are used to having the same traditions, and we're showing them we're not panicking, we're not worried. We're making the very best of the situation, and it is going to be a Passover that for sure we will never forget.

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DANA JACOBSON: Never forgetting is at the heart of this ancient tradition that has celebrated freedom from oppression for some three thousand years.

ARI AVERBACH: We have these bitter herbs that make us cry. A lot of people have been crying every day recently just trying to get through this.

Do what you can do.

DANA JACOBSON: Rabbi Ari Averbach leads Temple Etz Chaim near Los Angeles.

ARI AVERBACH: What it means to host a Seder.

DANA JACOBSON: And will be hosting virtual Seders.

ARI AVERBACH: I think people need to share their stories. Passover is very symbolic. We have all these symbols on the Seder plate in the middle of the table. I ask people, if you could add something to the Seder plate this year, something symbolic of what we're going through, what would it be. And somebody in our community said how about a lemon. It reminds us you can make lemonade out of lemons which is delicious and kosher for Passover.

(The Maccabeats performing)

DANA JACOBSON: But not even a pandemic can stop the music.

(The Maccabeats performing)

DANA JACOBSON: "Dayenu" is the traditional song of thanks heard at Seders worldwide. The a cappella group, The Maccabeats, put a modern spin on it.

(The Maccabeats performing)

ARI AVERBACH: We've had a few glasses of wine, we've eaten really nicely. Just let's keep singing.

DANA JACOBSON: (SINGING). Yeah.

ARI AVERBACH: Yeah.

DANA JACOBSON: Most Jews have always found a way to carry on the tradition, even during times of war and conflict. While the virus is shaking things up especially for Orthodox Jews, forbidden from using any video conferencing during the holiday, this year's celebration of resilience and renewal will go on.

AILEEN SHECHET: This is another way that we are overcoming what we have gone through in order to be able to be together and make it a joyful occasion.

ERIN BINA: Next year, we'll all be together again.

DANA JACOBSON: For CBS THIS MORNING, Dana Jacobson, New York.

(End VT)

TONY DOKOUPIL: Hmm. Next year in Jerusalem, as they say, and next year hopefully with a vaccine.

Ahead, simple tips to keep your spirits up during this challenging time. Yale Professor Laurie Santos explains how science can help us find hope. Thank you, science.

But first, time for a check of your local weather.

(LOCAL WEATHER BREAK)

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(ANNOUNCEMENTS)

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