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# Reinforcement Learning with Deep Energy-Based Policies

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## Abstract

We propose a method for learning expressive energy-based policies for continuous states and actions, which has been feasible only in tabular domains before. We apply our method to learning maximum entropy policies, resulting into a new algorithm, called soft Q-learning, that expresses the optimal policy via a Boltzmann distribution. We use the recently proposed amortized Stein variational gradient descent to learn a stochastic sampling network that approximates samples from this distribution. The benefits of the proposed algorithm include improved exploration and compositionality that allows transferring skills between tasks, which we confirm in simulated experiments with swimming and walking robots. We also draw a connection to actor-critic methods, which can be viewed performing approximate inference on the corresponding energy-based model.

## 1. Introduction

Deep reinforcement learning (deep RL) has emerged as a promising direction for autonomous acquisition of complex behaviors (Mnih et al., 2015; Silver et al., 2016), due to its ability to process complex sensory input (Jaderberg et al., 2016) and to acquire elaborate behavior skills using general-purpose neural network representations (Levine et al., 2016). Deep reinforcement learning methods can be used to optimize deterministic (Lillicrap et al., 2015) and stochastic (Schulman et al., 2015a; Mnih et al., 2016) policies. However, most deep RL methods operate on the conventional deterministic notion of optimality, where the optimal solution, at least under full observability, is always a deterministic policy (Sutton & Barto, 1998). Although

stochastic policies are desirable for exploration, this exploration is typically attained heuristically, for example by injecting noise (Silver et al., 2014; Lillicrap et al., 2015; Mnih et al., 2015) or initializing a stochastic policy with high entropy (Kakade, 2002; Schulman et al., 2015a; Mnih et al., 2016).

In some cases, we might actually prefer to learn stochastic behaviors. In this paper, we explore two potential reasons for this: exploration in the presence of multimodal objectives, and compositionality attained via pretraining. Other benefits include robustness in the face of uncertain dynamics (Ziebart, 2010), imitation learning (Ziebart et al., 2008), and improved convergence and computational properties (Gu et al., 2016a). Multi-modality also has application in real robot tasks, as demonstrated in (Daniel et al., 2012). However, in order to learn such policies, we must define an objective that promotes stochasticity.

In which cases is a stochastic policy actually the optimal solution? As discussed in prior work, a stochastic policy emerges as the optimal answer when we consider the connection between optimal control and probabilistic inference (Todorov, 2008). While there are multiple instantiations of this framework, they typically include the cost or reward function as an additional factor in a factor graph, and infer the optimal conditional distribution over actions conditioned on states. The solution can be shown to optimize an entropy-augmented reinforcement learning objective or to correspond to the solution to a maximum entropy learning problem (Toussaint, 2009). Intuitively, framing control as inference produces policies that aim to capture not only the single deterministic behavior that has the lowest cost, but the entire range of low-cost behaviors, explicitly maximizing the entropy of the corresponding policy. Instead of learning the best way to perform the task, the resulting policies try to learn *all* of the ways of performing the task. It should now be apparent why such policies might be preferred: if we can learn all of the ways that a given task might be performed, the resulting policy can serve as a good initialization for finetuning to a more specific behavior (e.g. first learning all the ways that a robot could move forward, and then using this as an initialization to learn separate running and bounding skills); a better exploration mechanism for seeking out the best mode in a multimodal reward landscape; and a more robust behavior in the

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face of adversarial perturbations, where the ability to perform the same task in multiple different ways can provide the agent with more options to recover from perturbations.

Unfortunately, solving such maximum entropy stochastic policy learning problems in the general case is challenging. A number of methods have been proposed, including Z-learning (Todorov, 2007), maximum entropy inverse RL (Ziebart et al., 2008), approximate inference using message passing (Toussaint, 2009),  $\Psi$ -learning (Rawlik et al., 2012), and G-learning (Fox et al., 2016), as well as more recent proposals in deep RL such as PGQ (O’Donoghue et al., 2016), but these generally operate either on simple tabular representations, which are difficult to apply to continuous or high-dimensional domains, or employ a simple parametric representation of the policy distribution, such as a conditional Gaussian. Therefore, although the policy is optimized to perform the desired skill in many different ways, the resulting distribution is typically very limited in terms of its representational power, even if the *parameters* of that distribution are represented by an expressive function approximator, such as a neural network.

How can we extend the framework of maximum entropy policy search to arbitrary policy distributions? In this paper, we borrow an idea from energy-based models, which in turn reveals an intriguing connection between Q-learning, actor-critic algorithms, and probabilistic inference. In our method, we formulate a stochastic policy as a (conditional) energy-based model (EBM), with the energy function corresponding to the “soft” Q-function obtained when optimizing the maximum entropy objective. In high-dimensional continuous spaces, sampling from this policy, just as with any general EBM, becomes intractable. We borrow from the recent literature on EBMs to devise an approximate sampling procedure based on training a separate sampling network, which is optimized to produce unbiased samples from the policy EBM. This sampling network can then be used both for updating the EBM and for action selection. In the parlance of reinforcement learning, the sampling network is the actor in an actor-critic algorithm. This reveals an intriguing connection: entropy regularized actor-critic algorithms can be viewed as approximate Q-learning methods, with the actor serving the role of an approximate sampler from an intractable posterior. We explore this connection further in the paper, and in the course of this discussion connections to popular deep RL methods such as deterministic policy gradient (DPG) (Silver et al., 2014; Lillicrap et al., 2015), normalized advantage functions (NAF) (Gu et al., 2016b), and PGQ (O’Donoghue et al., 2016).

The principal contribution of this work is a tractable, efficient algorithm for optimizing arbitrary multimodal stochastic policies represented by energy-based models, as well as a discussion that relates this method to other recent

algorithms in RL and probabilistic inference. In our experimental evaluation, we explore two potential applications of our approach. First, we demonstrate improved exploration performance in tasks with multi-modal reward landscapes, where conventional deterministic or unimodal methods are at high risk of falling into suboptimal local optima. Second, we explore how our method can be used to provide a degree of compositionality in reinforcement learning by showing that stochastic energy-based policies can serve as a much better initialization for learning new skills than either random policies or policies pretrained with conventional maximum reward objectives.

## 2. Preliminaries

In this section, we will define the reinforcement learning problem that we are addressing and briefly summarize the maximum entropy policy search objective. We will also present a few useful identities that we will build on in our algorithm, which will be presented in Section 3.

### 2.1. Maximum Entropy Reinforcement Learning

We will address learning of maximum entropy policies with approximate inference for reinforcement learning in continuous action spaces. Our reinforcement learning problem can be defined as policy search in an infinite-horizon Markov decision process (MDP), which consists of the tuple  $(\mathcal{S}, \mathcal{A}, p_s, r)$ . The state space  $\mathcal{S}$  and action space  $\mathcal{A}$  are assumed to be continuous, and the state transition probability  $p_s : \mathcal{S} \times \mathcal{S} \times \mathcal{A} \rightarrow [0, \infty)$  represents the probability density of the next state  $s_{t+1} \in \mathcal{S}$  given the current state  $s_t \in \mathcal{S}$  and action  $a_t \in \mathcal{A}$ . The environment emits a reward  $r : \mathcal{S} \times \mathcal{A} \rightarrow [r_{\min}, r_{\max}]$  on each transition, which we will abbreviate as  $r_t \triangleq r(s_t, a_t)$  to simplify notation. We will also use  $\rho_\pi(s_t)$  and  $\rho_\pi(s_t, a_t)$  to denote the state and state-action marginals of the trajectory distribution induced by a policy  $\pi(a_t|s_t)$ .

Our goal is to learn a policy  $\pi(a_t|s_t)$ . We can define the standard reinforcement learning objective in terms of the above quantities as

$$\pi_{\text{std}}^* = \arg \max_{\pi} \sum_t \mathbb{E}_{(s_t, a_t) \sim \rho_\pi} [r(s_t, a_t)]. \quad (1)$$

Maximum entropy RL augments the reward with an entropy term, such that the optimal policy aims to maximize its entropy at each visited state:

$$\pi_{\text{MaxEnt}}^* = \arg \max_{\pi} \sum_t \mathbb{E}_{(s_t, a_t) \sim \rho_\pi} [r(s_t, a_t) + \alpha \mathcal{H}(\pi(\cdot|s_t))],$$

where  $\alpha$  is an optional but convenient parameter that can be used to determine the relative importance of entropy and reward.<sup>1</sup> Optimization problems of this type have been explored in a number of prior works (Kappen, 2005; Todorov,

<sup>1</sup>In principle,  $1/\alpha$  can be folded into the reward function, eliminating the need for an explicit multiplier, but in practice, it is often convenient to keep  $\alpha$  as a hyperparameter.

2007; Ziebart et al., 2008), which are covered in more detail in Section 4. Note that this objective differs qualitatively from the behavior of Boltzmann exploration (Salans & Hinton, 2004) and PGQ (O’Donoghue et al., 2016), which greedily maximize entropy at the current time step, but do not explicitly optimize for policies that aim to reach *states* where they will have high entropy in the future. This distinction is crucial, since the maximum entropy objective can be shown to maximize the entropy of the entire trajectory distribution for the policy  $\pi$ , while the greedy Boltzmann exploration approach does not (Ziebart et al., 2008; Levine & Abbeel, 2014). As we will discuss in Section 5, this maximum entropy formulation has a number of benefits, such as improved exploration in multimodal problems and better pretraining for later adaptation.

If we wish to extend either the conventional or the maximum entropy RL objective to infinite horizon problems, it is convenient to also introduce a discount factor  $\gamma$  to ensure that the sum of expected rewards (and entropies) is finite. In the context of policy search algorithms, the use of a discount factor is actually a somewhat nuanced choice, and writing down the precise objective that is optimized when using the discount factor is non-trivial (Thomas, 2014). We defer the full derivation of the discounted objective to Appendix A, since it is unwieldy to write out explicitly, but we will use the discount  $\gamma$  in the following derivations and in our final algorithm.

## 2.2. Soft Value Functions and Energy-Based Models

Optimizing the maximum entropy objective in (2) provides us with a framework for training stochastic policies, but we must still choose a representation for these policies. The choices in prior work include discrete multinomial distributions (O’Donoghue et al., 2016) and Gaussian distributions (Rawlik et al., 2012). However, if we want to use a very general class of distributions that can represent complex, multimodal behaviors, we can instead opt for using general energy-based policies of the form

$$\pi(\mathbf{a}_t | \mathbf{s}_t) \propto \exp(-\mathcal{E}(\mathbf{s}_t, \mathbf{a}_t)), \quad (3)$$

where  $\mathcal{E}$  is an energy function that could be represented, for example, by a deep neural network. If we use a universal function approximator for  $\mathcal{E}$ , we can represent any distribution  $\pi(\mathbf{a}_t | \mathbf{s}_t)$ . There is a close connection between such energy-based models and *soft* versions of value functions and Q-functions, where we set  $\mathcal{E}(\mathbf{s}_t, \mathbf{a}_t) = -\frac{1}{\alpha} Q_{\text{soft}}(\mathbf{s}_t, \mathbf{a}_t)$  and use the following theorem:

**Theorem 1.** *Let the soft Q-function be defined by*

$$Q_{\text{soft}}^*(\mathbf{s}_t, \mathbf{a}_t) = r_t + \mathbb{E}_{(\mathbf{s}_{t+1}, \dots) \sim \rho_\pi} \left[ \sum_{l=1}^{\infty} \gamma^l (r_{t+l} + \alpha \mathcal{H}(\pi_{\text{MaxEnt}}^*(\cdot | \mathbf{s}_{t+l}))) \right], \quad (4)$$

and soft value function by

$$V_{\text{soft}}^*(\mathbf{s}_t) = \alpha \log \int_{\mathcal{A}} \exp\left(\frac{1}{\alpha} Q_{\text{soft}}^*(\mathbf{s}_t, \mathbf{a}')\right) d\mathbf{a}'. \quad (5)$$

Then the optimal policy for (2) is given by

$$\pi_{\text{MaxEnt}}^*(\mathbf{a}_t | \mathbf{s}_t) = \exp\left(\frac{1}{\alpha} (Q_{\text{soft}}^*(\mathbf{s}_t, \mathbf{a}_t) - V_{\text{soft}}^*(\mathbf{s}_t))\right). \quad (6)$$

*Proof.* See Appendix A.1 as well as (Ziebart, 2010).  $\square$

Theorem 1 connects the maximum entropy objective in (2) and energy-based models, where  $\frac{1}{\alpha} Q_{\text{soft}}(\mathbf{s}_t, \mathbf{a}_t)$  acts as the negative energy, and  $\frac{1}{\alpha} V_{\text{soft}}(\mathbf{s}_t)$  serves as the log-partition function. As with the standard Q-function and value function, we can relate the Q-function to the value function at a future state via a soft Bellman equation:

**Theorem 2.** *The soft Q-function in (4) satisfies the soft Bellman equation*

$$Q_{\text{soft}}^*(\mathbf{s}_t, \mathbf{a}_t) = r_t + \gamma \mathbb{E}_{\mathbf{s}_{t+1} \sim p_s} [V_{\text{soft}}^*(\mathbf{s}_{t+1})], \quad (7)$$

where the soft value function  $V_{\text{soft}}^*$  is given by (5).

*Proof.* See Appendix A.2, as well as (Ziebart, 2010).  $\square$

The soft Bellman equation is a generalization of the conventional (hard) equation, where we can recover the more standard equation as  $\alpha \rightarrow 0$ , which causes (5) to approach a hard maximum over the actions. In the next section, we will discuss how we can use these identities to derive a Q-learning style algorithm for learning maximum entropy policies, and how we can make this practical for arbitrary Q-function representations via an approximate inference procedure.

## 3. Training Expressive Energy-Based Models via Soft Q-Learning

In this section, we will present our proposed reinforcement learning algorithm, which is based on the soft Q-function described in the previous section, but can be implemented via a tractable stochastic gradient descent procedure with approximate sampling. We will first describe the general case of soft Q-learning, and then present the inference procedure that makes it tractable to use with deep neural network representations in high-dimensional continuous state and action spaces. In the process, we will relate this Q-learning procedure to inference in energy-based models and actor-critic algorithms.

### 3.1. Soft Q-Iteration

We can obtain a solution to (7) by iteratively updating estimates of  $V_{\text{soft}}^*$  and  $Q_{\text{soft}}^*$ . This leads to a fixed-point iteration that resembles Q-iteration:

**Theorem 3.** *Soft Q-iteration. Let  $Q_{\text{soft}}(\cdot, \cdot)$  and  $V_{\text{soft}}(\cdot)$  be bounded and assume that  $\int_{\mathcal{A}} \exp\left(\frac{1}{\alpha} Q_{\text{soft}}(\cdot, \mathbf{a}')\right) d\mathbf{a}' <$*

$\infty$  and that  $Q_{\text{soft}}^* < \infty$  exists. Then the fixed-point iteration

$$Q_{\text{soft}}(\mathbf{s}_t, \mathbf{a}_t) \leftarrow r_t + \gamma \mathbb{E}_{\mathbf{s}_{t+1} \sim p_s} [V_{\text{soft}}(\mathbf{s}_{t+1})], \quad \forall \mathbf{s}_t, \mathbf{a}_t \quad (8)$$

$$V_{\text{soft}}(\mathbf{s}_t) \leftarrow \alpha \log \int_{\mathcal{A}} \exp\left(\frac{1}{\alpha} Q_{\text{soft}}(\mathbf{s}_t, \mathbf{a}')\right) d\mathbf{a}', \quad \forall \mathbf{s}_t \quad (9)$$

converges to  $Q_{\text{soft}}^*$  and  $V_{\text{soft}}^*$ , respectively.

*Proof.* See Appendix A.2 as well as (Fox et al., 2016).  $\square$

We refer to the updates in (8) and (9) as the soft Bellman backup operator that acts on the soft value function, and denote it by  $\mathcal{T}$ . The maximum entropy policy in (6) can then be recovered by iteratively applying this operator until convergence. However, there are several practicalities that need to be considered in order to make use of the algorithm. First, the soft Bellman backup cannot be performed exactly in continuous or large state and action spaces, and second, sampling from the energy-based model in (6) is intractable in general. We will address these challenges in the following sections.

### 3.2. Soft Q-Learning

This section discusses how the Bellman backup in Theorem 3 can be implemented in a practical algorithm that uses a finite set of samples from the environment, resulting in a method similar to Q-learning. Since the soft Bellman backup is a contraction (see Appendix A.2), the optimal value function is the fixed point of the Bellman backup, and we can find it by optimizing for a Q-function for which the soft Bellman error  $|\mathcal{T}Q - Q|$  is minimized at all states and actions. While this procedure is still intractable due to the integral in (9) and the infinite set of all states and actions, we can express it as a stochastic optimization, which leads to a stochastic gradient descent update procedure. We will model the soft Q-function with a function approximator with parameters  $\theta$  and denote it as  $Q_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}_t)$ .

To convert Theorem 3 into a stochastic optimization problem, we first express the soft value function in terms of an expectation via importance sampling:

$$V_{\text{soft}}^\theta(\mathbf{s}_t) = \alpha \log \mathbb{E}_{q_{\mathbf{a}'}} \left[ \frac{\exp\left(\frac{1}{\alpha} Q_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}')\right)}{q_{\mathbf{a}'}(\mathbf{a}')} \right], \quad (10)$$

where  $q_{\mathbf{a}'}$  can be an arbitrary distribution over the action space. Second, by noting the identity  $g_1(x) = g_2(x) \forall x \in \mathbb{X} \Leftrightarrow \mathbb{E}_{x \sim q} [(g_1(x) - g_2(x))^2] = 0$ , where  $q$  can be any strictly positive density function on  $\mathbb{X}$ , we can express the soft Q-iteration in an equivalent form as minimizing

$$J_Q(\theta) = \mathbb{E}_{\mathbf{s}_t \sim q_{\mathbf{s}_t}, \mathbf{a}_t \sim q_{\mathbf{a}_t}} \left[ \frac{1}{2} \left( \hat{Q}_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}_t) - Q_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}_t) \right)^2 \right], \quad (11)$$

where  $q_{\mathbf{s}_t}, q_{\mathbf{a}_t}$  are positive over  $\mathcal{S}$  and  $\mathcal{A}$  respectively,  $\hat{Q}_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}_t) = r_t + \gamma \mathbb{E}_{\mathbf{s}_{t+1} \sim p_s} [V_{\text{soft}}^\theta(\mathbf{s}_{t+1})]$  is a target Q-value, with  $V_{\text{soft}}^\theta(\mathbf{s}_{t+1})$  given by (10) and  $\theta$  being replaced by the target parameters,  $\bar{\theta}$ .

This stochastic optimization problem can be solved approximately using stochastic gradient descent using sampled states and actions. While the sampling distributions  $q_{\mathbf{s}_t}$  and  $q_{\mathbf{a}_t}$  can be arbitrary, we typically use real samples from rollouts of the current policy  $\pi(\mathbf{a}_t|\mathbf{s}_t) \propto \exp\left(\frac{1}{\alpha} Q_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}_t)\right)$ . For  $q_{\mathbf{a}'}$  we have more options. A convenient choice is a uniform distribution. However, this choice can scale poorly to high dimensions. A better choice is to use the current policy, which produces an unbiased estimate of the soft value as can be confirmed by substitution. This overall procedure yields an iterative approach that optimizes over the Q-values, which we summarize in Section 3.4.

However, in continuous spaces, we still need a tractable way to sample from the policy  $\pi(\mathbf{a}_t|\mathbf{s}_t) \propto \exp\left(\frac{1}{\alpha} Q_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}_t)\right)$ , both to take on-policy actions and, if so desired, to generate action samples for estimating the soft value function. Since the form of the policy is so general, sampling from it is intractable. We will therefore use an approximate sampling procedure, as discussed in the following section.

### 3.3. Approximate Sampling and Stein Variational Gradient Descent (SVGD)

In this section we describe how we can approximately sample from the soft Q-function. Existing approaches that sample from energy-based distributions generally fall into two categories: methods that use Markov chain Monte Carlo (MCMC) based sampling (Sallans & Hinton, 2004), and methods that learn a stochastic sampling network trained to output approximate samples from the target distribution (Zhao et al., 2016; Kim & Bengio, 2016). Since sampling via MCMC is not tractable when the inference must be performed online (e.g. when executing a policy), we will use a sampling network based on Stein variational gradient descent (SVGD) (Liu & Wang, 2016) and amortized SVGD (Wang & Liu, 2016). Amortized SVGD has several intriguing properties: First, it provides us with a stochastic sampling network that we can query for extremely fast sample generation. Second, it can be shown to converge to an accurate estimate of the posterior distribution of an EBM. Third, the resulting algorithm, as we will show later, strongly resembles actor-critic algorithm, which provides for a simple and computationally efficient implementation and sheds light on the connection between our algorithm and prior actor-critic methods.

Formally, we want to learn a state-conditioned stochastic neural network  $\mathbf{a}_t = f^\phi(\xi; \mathbf{s}_t)$ , parametrized by  $\phi$ , that maps noise samples  $\xi$  drawn from a normal Gaussian, or other arbitrary distribution, into unbiased action samples from the target EBM corresponding to  $Q_{\text{soft}}^\theta$ . We denote the induced distribution of the actions as  $\pi^\phi(\mathbf{a}_t|\mathbf{s}_t)$ , and we want to find parameters  $\phi$  so that the induced distribution



approximates the energy-based distribution in terms of the KL divergence

$$J_\pi(\phi; \mathbf{s}_t) = \text{D}_{\text{KL}} \left( \pi^\phi(\cdot | \mathbf{s}_t) \parallel \exp \left( \frac{1}{\alpha} (Q_{\text{soft}}^\theta(\mathbf{s}_t, \cdot) - V_{\text{soft}}^\theta) \right) \right). \quad (12)$$

Suppose we “perturb” a set of independent samples  $\mathbf{a}_t^{(i)} = f^\phi(\xi^{(i)}; \mathbf{s}_t)$  in appropriate directions  $\Delta f^\phi(\xi^{(i)}; \mathbf{s}_t)$ , the induced KL divergence can be reduced. Stein variational gradient descent (Liu & Wang, 2016) provides the most greedy directions as a functional

$$\Delta f^\phi(\cdot; \mathbf{s}_t) = \mathbb{E}_{\mathbf{a}_t \sim \pi^\phi} \left[ \kappa(\mathbf{a}_t, f^\phi(\cdot; \mathbf{s}_t)) \nabla_{\mathbf{a}'} Q_{\text{soft}}^\theta(\mathbf{s}_t, \mathbf{a}') \Big|_{\mathbf{a}' = \mathbf{a}_t} + \alpha \nabla_{\mathbf{a}'} \kappa(\mathbf{a}', f^\phi(\cdot; \mathbf{s}_t)) \Big|_{\mathbf{a}' = \mathbf{a}_t} \right], \quad (13)$$

where  $\kappa$  is a kernel function (typically Gaussian, see details in Appendix D.1). To be precise,  $\Delta f^\phi$  is the optimal direction in the reproducing kernel Hilbert space of  $\kappa$ , and is thus not strictly speaking the gradient of (12), but it turns out that we can set  $\frac{\partial J_\pi}{\partial \mathbf{a}_t} \propto \Delta f^\phi$  as explained in (Wang & Liu, 2016). With this assumption, we can use the chain rule and backpropagate the Stein variational gradient into the policy network according to

$$\frac{\partial J_\pi(\phi; \mathbf{s}_t)}{\partial \phi} \propto \mathbb{E}_\xi \left[ \Delta f^\phi(\xi; \mathbf{s}_t) \frac{\partial f^\phi(\xi; \mathbf{s}_t)}{\partial \phi} \right], \quad (14)$$

and use any gradient-based optimization method to learn the optimal sampling network parameters. The sampling network  $f^\phi$  can be viewed as an actor in an actor-critic algorithm. We will discuss this connection in Section 4, but first we will summarize our complete maximum entropy policy learning algorithm.

### 3.4. Algorithm Summary

To summarize, we propose the soft Q-learning algorithm for learning maximum entropy policies in continuous domains. The algorithm proceeds by alternating between collecting new experience from the environment, and updating the soft Q-function and sampling network parameters. The experience is stored in a replay memory buffer  $\mathcal{D}$  as standard in deep Q-learning (Mnih et al., 2013), and the parameters are updated using random minibatches from this memory. The soft Q-function updates use a delayed version of the target values (Mnih et al., 2015). For optimization, we use the ADAM (Kingma & Ba, 2015) optimizer and empirical estimates of the gradients, which we denote by  $\hat{\nabla}$ . The exact formulae used to compute the gradient estimates is deferred to Appendix C, which also discusses other implementation details, but we summarize an overview of soft Q-learning in Algorithm 1.

## 4. Related Work

Maximum entropy policies emerge as the solution when we cast optimal control as probabilistic inference. In the

### Algorithm 1 Soft Q-learning

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$\theta, \phi \sim$  some initialization distributions.  
 Assign target parameters:  $\bar{\theta} \leftarrow \theta, \bar{\phi} \leftarrow \phi$ .  
 $\mathcal{D} \leftarrow$  empty replay memory.  
**for** each epoch **do**  
   **for** each  $t$  **do**  
     **Collect experience**  
     Sample an action for  $\mathbf{s}_t$  using  $f^\phi$ :  
      $\mathbf{a}_t \leftarrow f^\phi(\xi; \mathbf{s}_t)$  where  $\xi \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ .  
     Sample next state from the environment:  
      $\mathbf{s}_{t+1} \sim p_{\mathbf{s}}(\mathbf{s}_{t+1} | \mathbf{s}_t, \mathbf{a}_t)$ .  
     Save the new experience in the replay memory:  
      $\mathcal{D} \leftarrow \mathcal{D} \cup \{(\mathbf{s}_t, \mathbf{a}_t, r(\mathbf{s}_t, \mathbf{a}_t), \mathbf{s}_{t+1})\}$ .  
     **Sample a minibatch from the replay memory**  
      $\{(\mathbf{s}_t^{(i)}, \mathbf{a}_t^{(i)}, r_t^{(i)}, \mathbf{s}_{t+1}^{(i)})\}_{i=0}^N \sim \mathcal{D}$ .  
     **Update the soft Q-function parameters**  
     Sample  $\{\mathbf{a}^{(i,j)}\}_{j=0}^M \sim q_{\mathbf{a}'}$  for each  $\mathbf{s}_{t+1}^{(i)}$ .  
     Compute empirical soft values  $\hat{V}_{\text{soft}}^{\bar{\theta}}(\mathbf{s}_{t+1}^{(i)})$  in (10).  
     Compute empirical gradient  $\hat{\nabla}_{\theta} J_Q$  of (11).  
     Update  $\theta$  according to  $\hat{\nabla}_{\theta} J_Q$  using ADAM.  
     **Update policy**  
     Sample  $\{\xi^{(i,j)}\}_{j=0}^M \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$  for each  $\mathbf{s}_t^{(i)}$ .  
     Compute actions  $\mathbf{a}_t^{(i,j)} = f^\phi(\xi^{(i,j)}, \mathbf{s}_t^{(i)})$ .  
     Compute  $\Delta f^\phi$  using empirical estimate of (13).  
     Compute empirical estimate of (14):  $\hat{\nabla}_{\phi} J_\pi$ .  
     Update  $\phi$  according to  $\hat{\nabla}_{\phi} J_\pi$  using ADAM.  
   **end for**  
   **if** epoch  $\bmod$  update\_interval = 0 **then**  
     Update target parameters:  $\bar{\theta} \leftarrow \theta, \bar{\phi} \leftarrow \phi$ .  
   **end if**  
**end for**

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case of linear-quadratic systems, the mean of the maximum entropy policy is exactly the optimal deterministic policy (Todorov, 2008), which has been exploited to construct practical path planning methods based on iterative linearization and probabilistic inference techniques (Toussaint, 2009). In discrete state spaces, the maximum entropy policy can be obtained exactly. This has been explored in the context of linearly solvable MDPs (Todorov, 2007) and, in the case of inverse reinforcement learning, MaxEnt IRL (Ziebart et al., 2008). In continuous systems and continuous time, path integral control studies maximum entropy policies and maximum entropy planning (Kappen, 2005). In contrast to these prior methods, our work is focused on extending the maximum entropy policy search framework to high-dimensional continuous spaces and highly multimodal objectives, via expressive general-purpose energy functions represented by deep neural networks. A number of related methods have also used maximum entropy policy optimization as an intermediate step for optimizing policies under a standard expected reward objective (Pe-

ters et al., 2010; Neumann, 2011; Rawlik et al., 2012; Fox et al., 2016). Among these, the work of Rawlik et al. (2012) resembles ours in that it also makes use of a temporal difference style update to a soft Q-function. However, unlike this prior work, we focus on general-purpose energy functions with approximate sampling, rather than analytically normalizable distributions. A recent work (Liu et al., 2017) also considers an entropy regularized objective, though the entropy is on policy parameters, not on sampled actions. Thus the resulting policy may not represent an arbitrarily complex multi-modal distribution with a single parameter. The form of our sampler resembles the stochastic networks proposed in recent work on hierarchical learning (Florensa et al., 2017). However this prior work uses a task-specific reward bonus system to encourage stochastic behavior, while our approach is derived from optimizing a general maximum entropy policy objective.

A closely related concept to maximum entropy policies is Boltzmann exploration, which uses the exponential of the standard Q-function as the probability of an action (Kaelbling et al., 1996). A number of prior works have also explored representing policies as energy-based models, with the Q-value obtained from an energy model such as a restricted Boltzmann machine (RBM) (Sallans & Hinton, 2004; Elfving et al., 2010; Otsuka et al., 2010; Heess et al., 2012). Although these methods are closely related, they have not, to our knowledge, been extended to the case of deep network models, have not made extensive use of approximate inference techniques, and have not been demonstrated on the complex continuous tasks. More recently, O’Donoghue et al. (2016) drew a connection between Boltzmann exploration and entropy-regularized policy gradient, though in a theoretical framework that differs from maximum entropy policy search: unlike the full maximum entropy framework, the approach of O’Donoghue et al. (2016) only optimizes for maximizing entropy at the current time step, rather than planning for visiting future states where entropy will be further maximized. This prior method also does not demonstrate learning complex multi-modal policies in continuous action spaces.

Although we motivate our method as Q-learning, its structure resembles an actor-critic algorithm. It is particularly instructive to observe the connection between our approach and the deep deterministic policy gradient method (DDPG) (Lillicrap et al., 2015), which updates a Q-function critic according to (hard) Bellman updates, and then backpropagates the Q-value gradient into the actor, similarly to NFQCA (Hafner & Riedmiller, 2011). Our actor update differs only in the addition of the  $\kappa$  term. Indeed, without this term, our actor would estimate a maximum a posteriori (MAP) action, rather than capturing the entire EBM distribution. This suggests an intriguing connection between our method and DDPG: if we simply modify the

DDPG critic updates to estimate soft Q-values, we recover the MAP variant of our method. Furthermore, this connection allows us to cast DDPG as simply an approximate Q-learning method, where the actor serves the role of an approximate maximizer. This helps explain the good performance of DDPG on off-policy data. We can also make a connection between our method and policy gradients. In Appendix B, we show that the policy gradient for a policy represented as an energy-based model closely corresponds to the update in soft Q-learning. Similar derivation is presented in a concurrent work (Schulman et al., 2017).

## 5. Experiments

Our experiments aim to answer the following questions: (1) Does our soft Q-learning method accurately capture a multi-modal policy distribution? (2) Can soft Q-learning with energy-based policies aid exploration for complex tasks that require tracking multiple modes? (3) Can a maximum entropy policy serve as a good initialization for fine-tuning on different tasks, when compared to pretraining with a standard deterministic objective? We compare our algorithm to DDPG (Lillicrap et al., 2015), which has been shown to achieve better sample efficiency on the continuous control problems that we consider than other recent techniques such as REINFORCE (Williams, 1992), TRPO (Schulman et al., 2015a), and A3C (Mnih et al., 2016). This comparison is particularly interesting since, as discussed in Section 4, DDPG closely corresponds to a deterministic maximum a posteriori variant of our method. The detailed experimental setup can be found in Appendix D. Videos of all experiments<sup>2</sup> and example source code<sup>3</sup> are available online.

### 5.1. Didactic Example: Multi-Goal Environment

In order to verify that amortized SVGD can correctly draw samples from energy-based policies of the form  $\exp(Q_{\text{soft}}^{\theta}(s, a))$ , and that our complete algorithm can successfully learn to represent multi-modal behavior, we designed a simple “multi-goal” environment, in which the agent is a 2D point mass trying to reach one of four symmetrically placed goals. The reward is defined as a mixture of Gaussians, with means placed at the goal positions. An optimal strategy is to go to an arbitrary goal, and the optimal maximum entropy policy should be able to choose each of the four goals at random. The final policy obtained with our method is illustrated in Figure 1. The Q-values indeed have complex shapes, being unimodal at  $s = (-2, 0)$ , convex at  $s = (0, 0)$ , and bimodal at  $s = (2.5, 2.5)$ . The stochastic policy samples actions closely following the energy landscape, hence learning diverse trajectories that lead to all four goals. In comparison, a policy trained with DDPG randomly commits to a single goal.

<sup>2</sup><https://sites.google.com/view/softqllearning/home>

<sup>3</sup><https://github.com/haarnoja/softqllearning>

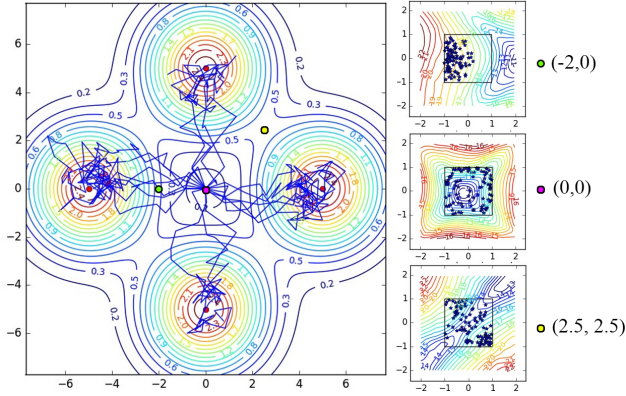


Figure 1. Illustration of the 2D multi-goal environment. Left: trajectories from a policy learned with our method (solid blue lines). The  $x$  and  $y$  axes correspond to 2D positions (states). The agent is initialized at the origin. The goals are depicted as red dots, and the level curves show the reward. Right: Q-values at three selected states, depicted by level curves (red: high values, blue: low values). The  $x$  and  $y$  axes correspond to 2D velocity (actions) bounded between -1 and 1. Actions sampled from the policy are shown as blue stars. Note that, in regions (e.g. (2.5, 2.5)) between the goals, the method chooses multimodal actions.

## 5.2. Learning Multi-Modal Policies for Exploration

Though not all environments have a clear multi-modal reward landscape as in the “multi-goal” example, multi-modality is prevalent in a variety of tasks. For example, a chess player might try various strategies before settling on one that seems most effective, and an agent navigating a maze may need to try various paths before finding the exit. During the learning process, it is often best to keep trying multiple available options until the agent is confident that one of them is the best (similar to a bandit problem (Lai & Robbins, 1985)). However, deep RL algorithms for continuous control typically use unimodal action distributions, which are not well suited to capture such multi-modality. As a consequence, such algorithms may prematurely commit to one mode and converge to suboptimal behavior.

To evaluate how maximum entropy policies might aid exploration, we constructed simulated continuous control environments where tracking multiple modes is important for success. The first experiment uses a simulated swimming snake (see Figure 2), which receives a reward equal to its speed along the  $x$ -axis, either forward or backward. However, once the swimmer swims far enough forward, it crosses a “finish line” and receives a larger reward. Therefore, the best learning strategy is to explore in both directions until the bonus reward is discovered, and then commit to swimming forward. As illustrated in Figure 6 in Appendix D.3, our method is able to recover this strategy, keeping track of both modes until the finish line is discovered. All stochastic policies eventually commit to swim-

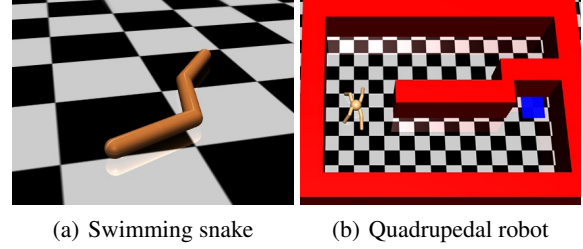


Figure 2. Simulated robots used in our experiments.

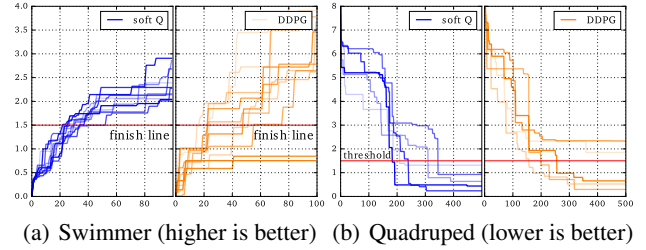


Figure 3. Comparison of soft Q-learning and DDPG on the swimmer snake task and the quadrupedal robot maze task. (a) Shows the maximum traveled forward distance since the beginning of training for several runs of each algorithm; there is a large reward after crossing the finish line. (b) Shows our method was able to reach a low distance to the goal faster and more consistently. The different lines show the minimum distance to the goal since the beginning of training. For both domains, all runs of our method cross the threshold line, acquiring the more optimal strategy, while some runs of DDPG do not.

ming forward. The deterministic DDPG method shown in the comparison commits to a mode prematurely, with only 80% of the policies converging on a forward motion, and 20% choosing the suboptimal backward mode.

The second experiment studies a more complex task with a continuous range of equally good options prior to discovery of a sparse reward goal. In this task, a quadrupedal 3D robot (adapted from Schulman et al. (2015b)) needs to find a path through a maze to a target position (see Figure 2). The reward function is a Gaussian centered at the target. The agent may choose either the upper or lower passage, which appear identical at first, but the upper passage is blocked by a barrier. Similar to the swimmer experiment, the optimal strategy requires exploring both directions and choosing the better one. Figure 3(b) compares the performance of DDPG and our method. The curves show the minimum distance to the target achieved so far and the threshold equals the minimum possible distance if the robot chooses the upper passage. Therefore, successful exploration means reaching below the threshold. All policies trained with our method manage to succeed, while only 60% policies trained with DDPG converge to choosing the lower passage.



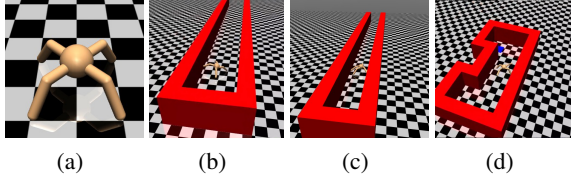


Figure 4. Quadrupedal robot (a) was trained to walk in random directions in an empty pretraining environment (details in Figure 7, see Appendix D.3), and then finetuned on a variety of tasks, including a wide (b), narrow (c), and U-shaped hallway (d).

### 5.3. Accelerating Training on Complex Tasks with Pretrained Maximum Entropy Policies

A standard way to accelerate deep neural network training is task-specific initialization (Goodfellow et al., 2016), where a network trained for one task is used as initialization for another task. The first task might be something highly general, such as classifying a large image dataset, while the second task might be more specific, such as fine-grained classification with a small dataset. Pretraining has also been explored in the context of RL (Shelhamer et al., 2016). However, in RL, near-optimal policies are often near-deterministic, which makes them poor initializers for new tasks. In this section, we explore how our energy-based policies can be trained with fairly broad objectives to produce an initializer for more quickly learning more specific tasks.

We demonstrate this on a variant of the quadrupedal robot task. The pretraining phase involves learning to locomote in an arbitrary direction, with a reward that simply equals the speed of the center of mass. The resulting policy moves the agent quickly to a randomly chosen direction. An overhead plot of the center of mass traces is shown above to illustrate this. This pretraining is similar in some ways to recent work on modulated controllers (Heess et al., 2016) and hierarchical models (Florensa et al., 2017). However, in contrast to these prior works, we do not require any task-specific high-level goal generator or reward.

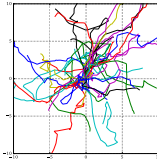


Figure 4 also shows a variety of test environments that we used to finetune the running policy for a specific task. In the hallway environments, the agent receives the same reward, but the walls block sideways motion, so the optimal solution requires learning to run in a particular direction. Narrow hallways require choosing a more specific direction, but also allow the agent to use the walls to funnel itself. The U-shaped maze requires the agent to learn a curved trajectory in order to arrive at the target, with the reward given by a Gaussian bump at the target location.

As illustrated in Figure 7 in Appendix D.3, the pretrained policy explores the space extensively and in all directions. This gives a good initialization for the policy, allowing it to

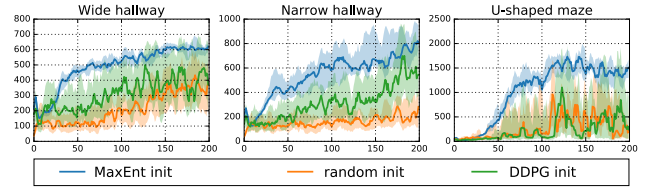


Figure 5. Performance in the downstream task with fine-tuning (MaxEnt) or training from scratch (DDPG). The  $x$ -axis shows the training iterations. The  $y$ -axis shows the average discounted return. Solid lines are average values over 10 random seeds. Shaded regions correspond to one standard deviation.

learn the behaviors in the test environments more quickly than training a policy with DDPG from a random initialization, as shown in Figure 5. We also evaluated an alternative pretraining method based on deterministic policies learned with DDPG. However, deterministic pretraining chooses an arbitrary but consistent direction in the training environment, providing a poor initialization for finetuning to a specific task, as shown in the results plots.

## 6. Discussion and Future Work

We presented a method for learning stochastic energy-based policies with approximate inference via Stein variational gradient descent (SVGD). Our approach can be viewed as a type of soft Q-learning method, with the additional contribution of using approximate inference to obtain complex multimodal policies. The sampling network trained as part of SVGD can also be viewed as taking the role of an actor in an actor-critic algorithm. Our experimental results show that our method can effectively capture complex multi-modal behavior on problems ranging from toy point mass tasks to complex torque control of simulated walking and swimming robots. The applications of training such stochastic policies include improved exploration in the case of multimodal objectives and compositionality via pretraining general-purpose stochastic policies that can then be efficiently finetuned into task-specific behaviors.

While our work explores some potential applications of energy-based policies with approximate inference, an exciting avenue for future work would be to further study their capability to represent complex behavioral repertoires and their potential for composability. In the context of linearly solvable MDPs, several prior works have shown that policies trained for different tasks can be composed to create new optimal policies (Da Silva et al., 2009; Todorov, 2009). While these prior works have only explored simple, tractable representations, our method could be used to extend these results to complex and highly multi-modal deep neural network models, making them suitable for composable control of complex high-dimensional systems, such as humanoid robots. This composability could be used in future work to create a huge variety of near-optimal skills from a collection of energy-based policy building blocks.



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