

PORTFOLIO

MS FIONA IGWE

OUR STORY

Fionita's Project is a non-profitable organisation registered by Ms Igwe in June 2019. Operational since 2013, it was inspired by the untimely death of her grandmother due to a cardiac arrest. The lack of adequate equipment including AEDs also played a significant part in her death.

In addition to Ms Igwe's awareness of the sparsity of basic healthcare in Nigeria, this pivotal event pushed her to alter these circumstances. It has since become an organisation that will benefit communities internationally.

OUR MISSION

Fionita's Project aims to educate and promote **life-saving skills** to various communities in Africa and the UK. This includes training, adequate healthcare, emergency services and mental health awareness. In addition, the organisation aims for **mandatory first aid sessions** in African countries and to encourage individuals to pass their knowledge on. This is known as the **ripple effect**, to mitigate risks of duplicating negative habits via **networking** and refresher events.



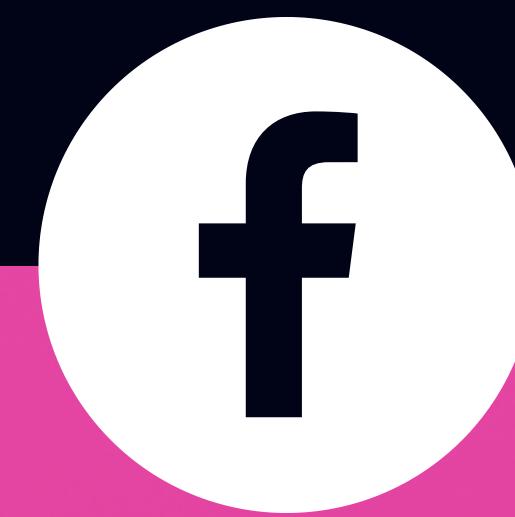
PROJECT LOCATIONS

IMPLEMENTING AGENTS	PROJECT LOCATION	PROPOSED DATE	PROJECT DURATION
Fionta's Project CIC	Poorer subsaharan nations - particularly focused on: Nigeria, Ghana, Cameroon, Gabon Togo, Benin, Zimbabwe, Zambia, Malawi, Senegal, Kenya, Uganda, Tanzania, Zanzibar, DR Congo, Rwanda	December 2019	Nation specific subject to infrastructure/ feasibility assessments

SOCIAL MEDIA LINKS



@FIONITASPROJECT



FIONITA'S
PROJECT



@FIONITASPROJECT



2018-2019

MISSIONARIES OF THE POOR

Missionaries of the Poor is a charity care home based in Uganda and Kenya, in which FP has visited and worked with 2018 and 2019. The missionaries mostly comprise of brothers and sisters of the church, with children with special needs and illnesses under their care. The care home needs medical equipment, but it is beyond their financial ability as medicine is expensive. FP would like to further be in alliance with MOP, as the former organisation can provide a yearly supply of first aid equipment to help children during their crises and equip the younger generation with knowledge and confidence on first aid.



2019

AIDS PREVENTION INITIATIVES NIGERIA (APIN)

According to UNICEF, Nigeria has 190,950 HIV/AIDS infections per year, the second highest rate in the world. FP collaborated with the APIN community outreach programme, to educate individuals on emergency first aid and hosting HIV awareness workshops and HIV testing.



2020

FIONITA'S COVID-19 FUNDRAISING PROJECT

COVID-19 has affected many Nigerians, who are daily income earners. Ms Igwe thought about the difficult decisions earners had everyday: to either risk getting the virus whilst working or to stay safe at home, but suffer starvation. A JustGiving fundraiser has been able to help Nigerians locals critically affected by the pandemic by providing dry food and essential necessities. The organisation raised a total of £177.63 (equivalent to 88,838.01 Nigerian Naira) which has helped feed a total of 20 families. Another fundraising project was carried out as a collaboration with British-Nigerian influencer MisiAfrica, and £396 (approximately ₦180534.85) was raised to assist the youth during the Christmas period.



2013-PRESENT

VICTOR AMADIGWE (FAMILY) FOUNDATION

Based in Nigeria, children are also encouraged to do sporting activities through amateur sports competitions. The foundation also teaches pupils life-changing skills to sustain themselves and support others. Church members and leaders can steer behind this project as volunteers leading workshops to keep the momentum going to other churches.



2016-PRESENT

ST JOHN'S AMBULANCE

Ms Igwe's role as a first aider required many skills including effectively assessing a situation, protecting herself and the casualty from any danger and preventing infection between the casualty and herself.



2016-PRESENT

BRITISH HEART FOUNDATION

Ms Igwe volunteers through teaching first aid to healthcare professionals and the general public.



2016-PRESENT

ST PAUL'S CATHOLIC CHURCH

The church based in Imo-State, Nigeria, helped Ms Igwe host first aid sessions to locals. Here, she taught cardiopulmonary resuscitation (CPR) training, manages severe bleedings and dealing with an unconscious person.

EXPERIENCES AND COLLABORATIONS

3%

REVIEWED CASES WERE CASES OF SUDDEN CARDIAC DEATH

Most of the hypertensive cases
were previously undiagnosed

CARDIOVASCULAR DISEASE

SECOND LEADING KILLER FOR THOSE OVER 30

Gaizano, 2005

FIRST AID WILL HAVE A POSITIVE SOCIAL AND PSYCHOLOGICAL IMPACT

More deterrents towards accidents and less helplessness when facing such predicaments

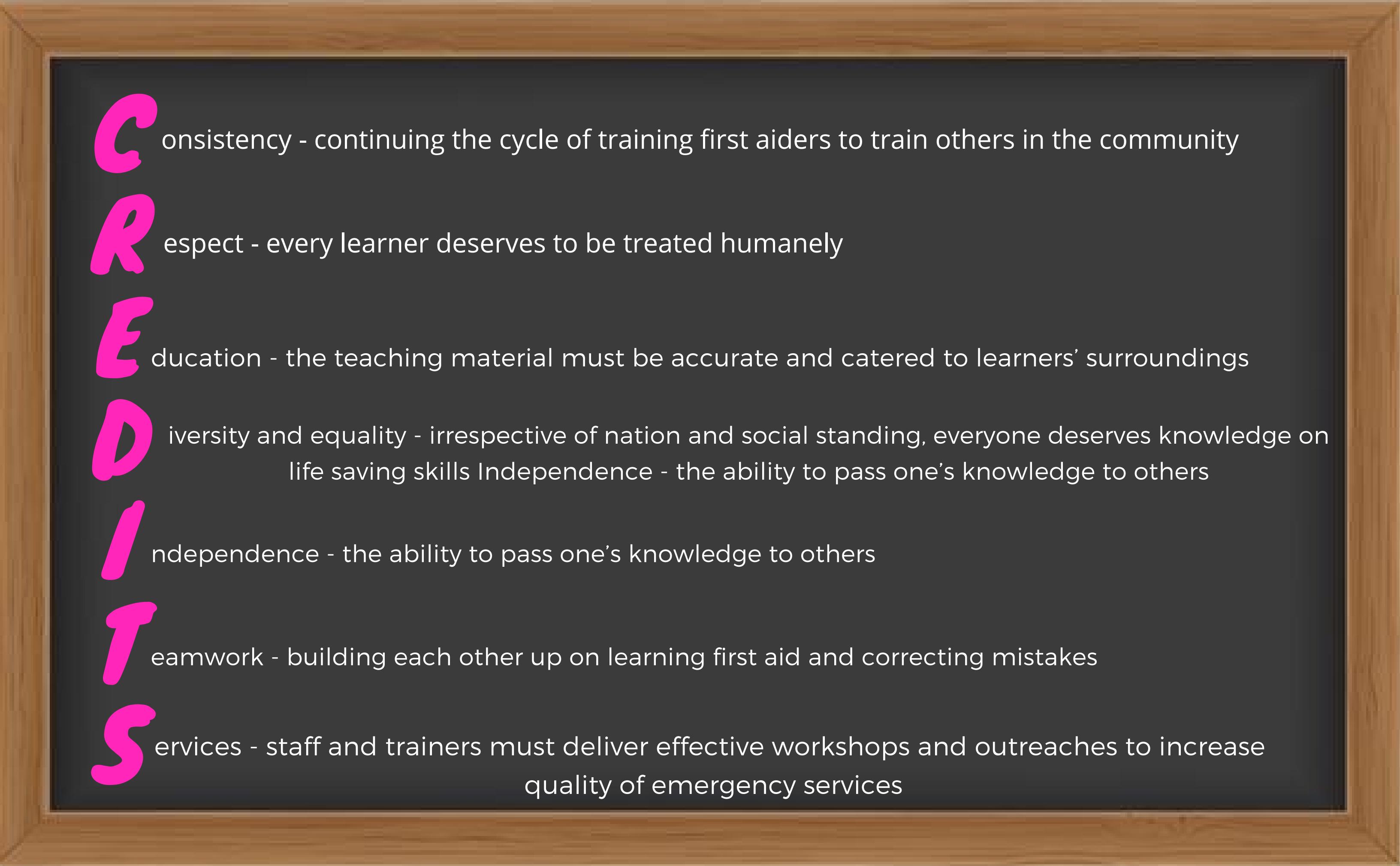
Voluntary first aid is taught to 2000 drivers, schoolchildren and workers annually, more than 85,000 drivers have been first aid trained since 2011.

Senghore, 2014



“We aim to be an organisation that constantly evolves and looks at new strategies to improve the lives of others. Fionita’s Project CIC currently focuses primarily on educating and promoting life-saving skills in destitute communities internationally. Although teaching first aid skills is our primary objective, it is under the umbrella of life-saving skills. Other future projects that are under this umbrella are training individuals on mental health first aid, entrepreneurship, agriculture, tech skills and so on. I believe that teaching these specific skills can help individuals to be self-sufficient whilst using our ripple principle.”

Ms Fiona Igwe - CEO & Founder

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- C**onsistency - continuing the cycle of training first aiders to train others in the community
- R**espect - every learner deserves to be treated humanely
- E**ducation - the teaching material must be accurate and catered to learners' surroundings
- D**iversity and equality - irrespective of nation and social standing, everyone deserves knowledge on life saving skills
- I**ndependence - the ability to pass one's knowledge to others
- T**eamwork - building each other up on learning first aid and correcting mistakes
- S**ervices - staff and trainers must deliver effective workshops and outreaches to increase quality of emergency services