

SUMAN MAINALI

Lalbandi-6 Sarlahi, Nepal

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PROFILE:

Energetic, adaptive and fast learner with an intense demonstration to work in an environment that caters to field of Hospitality Industry, strong communication skills with a keen eye for details. To work and contribute in a hospitality where I can contribute to the organization and its cause, develop and enhance my management, interpersonal, communication and leadership skill gained from my academic experience. Hardworking and have a hunger to grow and be successful in the field of Hospitality Industry.

PERSONAL INFORMATION:

Gender	:	Male
Date of Birth	:	November 27, 2000
Permanent Address	:	Lalbandi-6 Sarlahi , Nepal
Temporary Address	:	Sankhamul, Kathmandu
Father's Name	:	Rajesh Kumari Mainali
Mother's Name	:	Shanta Mainali
Marital Status	:	Unmarried
Nationality	:	Nepali
Religion	:	Hindu
Blood Group	:	A + positive
Passport Number	:	12225757
Passport Validity	:	April, 20, 2031
Languages	:	Nepali, English, Hindi
Hobbies	:	Outdoor games, music, cooking, and travelling
Field of Interest	:	Flexible
Height	:	5 feet 8 inch (172.72 cm)
Weight	:	70kg

WORKING EXPERIENCE AND TRAININGS:

- ❖ Worked as ‘kitchen helper’ and participation in various catering programs.
- ❖ Worked as casual trainee in different hotels and restaurants in Food Production department. (Hyatt Regency, Hotel Shankar and Hotel Shangri-La.)
- ❖ ODC in different banquets and event. (Food beverages and hospitality)
- ❖ Worked at own stalls in various food festivals.
- ❖ Participated at the flairtending program for 2 weeks.
- ❖ Worked as Housekeeping.

APPLICATION DETAILS:

Field of interest	Flexible
Availability	From 2021
Desired program duration	1 year
Interested country	United Arab Emirates.

S.N	Degree	University/ Board	School/College Name	Percentage	Year passed
1.	Bachelor	Pokhara University.	Apollo International College. Mid Baneshwor, Kathmandu.		Ongoing.
2.	High school	HSEB board.	Ambition Academy Mid Baneshwor, Kathmandu, Nepal	47.50%	2017
3.	S.L.C	Government of Nepal.	Ideal CO-ED Academy. Lalbandi-9, Sarlahi, Nepal	65.25%	2015

ACADEMIC QUALIFICATION:

Tertiary qualification:

- ❖ Basic Computer Programs Microsoft Office: MS Word, MS Power point & MS Excel
- ❖ Multilingual (English, Nepali, Hindi)
- ❖ Practical experience and training in restaurant and hotel operations.
- ❖ Personality development program (12 days training program on 2017/11/12 to 2017/11/24)
- ❖ One day mixology session training (organized by Apollo International College on 2019/09/26)
- ❖ Red black belt certification from Nepal Taekwondo Association – 2068.
- ❖ First Position in Coca Cola Inter School Football Tournament – 2071.
- ❖ First position in Tug of War in Sports Week – 2076, Apollo International College.
- ❖ Second position in Table Tennis in Sports Week-2076, Apollo International College.
- ❖ Participate in International Job and Career Fair – 2017.

KEY SKILLS:

- ❖ Ability to quickly engage with others.
- ❖ Good advertising, communication and team leadership skills.
- ❖ Ability to work under a team or independently based on the situation.
- ❖ Quick learner and good listener.
- ❖ Good inter personal communication skills.
- ❖ Mentally tough enough to be able to work long hours in a stressful environment.
- ❖ Taking responsibility for personal development.
- ❖ Willing to take responsibility for what happens in the working area.
- ❖ I always hope for the best since I gave sincere effort to whatever I do and at the same time prepare myself for facing the worst and having the ability to tackle with all sorts of people and problem, if arises.

Personal Statement:

I, undersigned hereby proclaim that information/details furnished in the above C.V. is genuine to the best of my knowledge and belief. I am highly motivated, responsible and reliable undergraduate student looking for an internship program to enhance my skills to learn and grow more and give my best for organizational goals.

REFERENCES:

Mr. Satish Mishra
BHM Co-Ordinator
Apollo International College
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Former Co-Ordinator
Apollo International College
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