

**SUMAN MAINALI**

Lalbandi-6 Sarlahi, Nepal

Cell: +977-9865030784

Gmail: zerosense1916@gmail.com

PROFILE:

Energetic, adaptive and fast learner with an intense demonstration to work in an environment that caters to field of Hospitality Industry, strong communication skills with a keen eye for details.

To work and contribute in a hospitality where I can contribute to the organization and its cause, develop and enhance my management, interpersonal, communication and leadership skill gained from my academic experience. Hardworking and have a hunger to grow and be successful in the field of Hospitality Industry.

PERSONAL INFORMATION:

Gender : Male

Date of Birth : November 27, 2000

Permanent Address : Lalbandi-6 Sarlahi , Nepal

Temporary Address : Sankhamul, Kathmandu

Father’s Name : Rajesh Kumari Mainali

Mother’s Name : Shanta Mainali

Marital Status : Unmarried

Nationality : Nepali

Religion : Hindu

Blood Group : A + positive

Passport Number : 12225757

Passport Validity : April, 20, 2031

Languages : Nepali, English, Hindi

Hobbies : Outdoor games, music, cooking, and travelling

Field of Interest : Flexible

Height : 5 feet 8 inch (172.72 cm)

Weight : 70kg

WORKING EXPERIENCE AND TRANINGS:

* Worked as ‘kitchen helper’ and participation in various catering programs.
* Worked as casual trainee in different hotels and restaurants in Food Production department. (Hyatt Regency, Hotel Shankar and Hotel Shangri-La.)
* ODC in different banquets and event. (Food beverages and hospitality)
* Worked at own stalls in various food festivals.
* Participated at the flairtending program for 2 weeks.
* Worked as Housekeeping.

APPLICATION DETAILS:

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| --- | --- |
| Field of interest | Flexible |
| Availability | From 2021 |
| Desired program duration | 1 year |
| Interested country | United Arab Emirates. |

ACADEMIC QUALIFICATION:

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| --- | --- | --- | --- | --- | --- |
| S.N  1. | Degree  Bachelor | University/ Board  Pokhara University. | School/College Name  Apollo International College.  Mid Baneshwor, Kathmandu. | Percentage | Year passed  Ongoing. |
| 2. | High school | HSEB board. | Ambition Academy  Mid Baneshwor, Kathmandu, Nepal | 47.50% | 2017 |
| 3. | S.L.C | Government of Nepal. | Ideal CO-ED Academy.  Lalbandi-9, Sarlahi, Nepal | 65.25% | 2015 |

Tertiary qualification:

* Basic Computer Programs Microsoft Office: MS Word, MS Power point & MS Excel
* Multilingual (English, Nepali, Hindi)
* Practical experience and training in restaurant and hotel operations.
* Personality development program (12 days training program on 2017/11/12 to 2017/11/24)
* One day mixology session training (organized by Apollo International College on 2019/09/26)
* Red black belt certification from Nepal Taekwondo Association – 2068.
* First Position in Coca Cola Inter School Football Tournament – 2071.
* First position in Tug of War in Sports Week – 2076, Apollo International College.
* Second position in Table Tennis in Sports Week-2076, Apollo International College.
* Participate in International Job and Career Fair – 2017.

KEY SKILLS:

* Ability to quickly engage with others.
* Good advertising, communication and team leadership skills.
* Ability to work under a team or independently based on the situation.
* Quick learner and good listener.
* Good inter personal communication skills.
* Mentally tough enough to be able to work long hours in a stressful environment.
* Taking responsibility for personal development.
* Willing to take responsibility for what happens in the working area.
* I always hope for the best since I gave sincere effort to whatever I do and at the same time prepare myself for facing the worst and having the ability to tackle with all sorts of people and problem, if arises.

Personal Statement:

I, undersigned hereby proclaim that information/details furnished in the above C.V. is genuine to the best of my knowledge and belief. I am highly motivated, responsible and reliable undergraduate student looking for an internship program to enhance my skills to learn and grow more and give my best for organizational goals.

REFERENCES:

Mr. Satish Mishra

BHM Co-Ordinator

Apollo International College

Phone: +977-9851146956

Mr. Ajay Raj Bakhati

Former Co-Ordinator

Apollo International College

Phone: +977-9841636520

Mr. Bimal Gautam

Program Director

Apollo International College

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