

# Memory Road – Project Report

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## A Dementia Awareness Game for Australian Communities

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## Introduction

### Overview

**Memory Road** is a web-based, interactive board game designed to support people living with dementia and their caregivers through the therapeutic practice of reminiscence. The game combines gentle gameplay mechanics with historically accurate questions about Australian life from the 1940s to 1980s, creating a safe and encouraging environment for memory recall.

### Project Genesis

This project was born from personal experience with family members living with dementia. Observing how long-term memories remained vivid while short-term recall became challenging, I recognized an opportunity to create a digital tool that celebrates these preserved memories rather than highlighting what's been lost.

### Core Mission

Memory Road aims to:

- Provide a dignified, engaging activity for people with dementia
- Support caregivers with a customizable therapeutic tool
- Raise awareness about dementia in Australian communities
- Demonstrate the power of reminiscence therapy through interactive technology
- Create meaningful moments of connection between patients and their loved ones

## Target Audience

### Primary Users:

- Adults aged 60+ living with early to moderate dementia
- Residents of Australian aged care facilities
- Elderly Australians receiving in-home care

### Secondary Users:

- Family caregivers seeking engagement activities
  - Professional caregivers in aged care settings
  - Activity coordinators in dementia care facilities
  - Dementia support groups and community organizations
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## Game Theme Topic Justification

### The Dementia Crisis in Australia

Dementia is a critical health issue affecting Australian communities:

- **421,000+ Australians** currently live with dementia (Dementia Australia, 2023)
- **1.6 million Australians** are involved in their care
- Dementia is the **second leading cause of death** in Australia
- **Without a medical breakthrough**, the number is expected to increase to around 812,500 by 2054
- Dementia costs the Australian economy approximately **\$15 billion annually**

These statistics represent real people – grandparents, parents, spouses, friends – whose lives and memories are profoundly affected.

### Why Reminiscence Therapy?

Reminiscence therapy is an evidence-based approach that involves discussing past activities, events, and experiences, usually with the aid of tangible prompts such as photographs, household items, music, or other familiar items from the past.

## Scientific Foundation:

- Research published in the *International Journal of Geriatric Psychiatry* shows reminiscence therapy can significantly improve quality of life for people with dementia
- Studies demonstrate reduced depression and anxiety symptoms
- Improved social interaction and communication
- Enhanced sense of identity and self-worth
- Stimulation of preserved long-term memories

## Why Long-Term Memories Persist:

- In dementia, particularly Alzheimer's disease, damage typically begins in the hippocampus (responsible for forming new memories)
- Long-term memories stored in the neocortex are often preserved longer
- Memories from ages 15-30 (the "reminiscence bump") are particularly resilient
- Emotional and sensory memories remain accessible longer than factual ones

## Australian Context

Memory Road focuses specifically on Australian historical and cultural experiences because:

1. **Cultural Relevance:** Memories are deeply tied to cultural context. Australian-specific content resonates more powerfully than generic questions.
2. **Shared Experience:** People aged 60+ share common Australian experiences:
  - The introduction of decimal currency in 1966
  - The moon landing watched on black and white TV
  - Home milk deliveries in glass bottles
  - The 1975 constitutional crisis
  - Pre-supermarket shopping from local bakers and greengrocers
3. **Identity Connection:** For Australians with dementia, these cultural touchstones provide anchors to their national and personal identity.
4. **Localized Care:** Most dementia resources are international; Australian-specific tools are limited but highly valuable.

## Why a Digital Game?

### Accessibility:

- Free and available 24/7
- No physical materials to lose or damage

- Easily shared among family members and care facilities
- Updates and customization possible without reprinting

### **Engagement:**

- Interactive elements maintain attention better than static materials
- Visual and audio stimulation (gentle animations, clear text)
- Immediate feedback provides satisfaction and closure

### **Customization:**

- Digital format allows personalization impossible with physical games
- Family Admin Portal enables adding deeply personal questions
- Can be tailored to individual's background, region, and experiences

### **Practicality for Caregivers:**

- Provides structured activity reducing caregiver burden
- Can be used independently or together
- Tracks engagement through score (though emphasis is on participation, not performance)

## **Addressing the Gap**

Current dementia resources often fall into two categories:

1. **Medical/Clinical:** Focus on diagnosis, treatment, medical management
2. **Generic Activities:** Puzzles, coloring books not specifically designed for dementia

### **Memory Road fills the gap by being:**

- Specifically designed for dementia patients
  - Therapeutically grounded in reminiscence therapy
  - Culturally specific to Australia
  - Both structured (game format) and flexible (customizable)
  - Free and accessible
  - Dignity-preserving with gentle, non-punitive feedback
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## **Potential Impact**

### **Individual Impact**

#### **For People Living with Dementia:**

## **1. Cognitive Stimulation**

- Engages preserved long-term memory pathways
- Provides mental exercise in a low-stress format
- Stimulates recall of autobiographical memories

## **2. Emotional Benefits**

- Reduces feelings of isolation through shared cultural memories
- Provides sense of achievement and competence
- Generates positive emotions through nostalgic recall
- Reduces anxiety by focusing on familiar, comfortable topics

## **3. Identity Preservation**

- Reconnects individuals with their life story
- Reinforces sense of self through personal and cultural history
- Validates experiences and knowledge

## **4. Quality of Life**

- Provides enjoyable, meaningful activity
- Creates conversation starters and social engagement opportunities
- Offers autonomy through interactive choice-making

### **For Caregivers:**

#### **1. Structured Activity**

- Provides ready-made engagement tool
- Reduces stress of finding appropriate activities
- Offers predictable, manageable time commitment

#### **2. Connection Tool**

- Creates opportunities for meaningful interaction
- Generates stories and conversation
- Provides shared positive experiences

#### **3. Personalization Capability**

- Admin portal allows customization to loved one's life
- Ability to preserve family stories in game format
- Makes activity deeply personal and relevant

#### **4. Education**

- Dementia awareness facts throughout the game
- Better understanding of reminiscence therapy
- Resources and support information provided

## Community Impact

### Dementia Awareness:

- Raises public awareness about dementia in Australia
- Demonstrates practical approaches to dementia care
- Reduces stigma through positive, capability-focused framing
- Educates about the value of long-term memories

### Aged Care Facilities:

- Free resource for activity coordinators
- Can be used in group settings or individually
- Provides Australian-specific content often lacking in imported materials
- Adaptable to different facility populations through customization

### Healthcare System:

- Low-cost therapeutic intervention
- Potentially reduces behavioral symptoms requiring medication
- Supports person-centered care approaches
- Complements existing dementia care programs

## Scalability and Reach

### Current Accessibility:

- Web-based platform accessible on any device with a browser
- No installation or technical expertise required
- Works on computers, tablets, and smartphones
- Free forever - no cost barriers

### Future Expansion Potential:

#### 1. Content Expansion

- Additional question banks for different Australian regions
- Era-specific question sets (1930s-1940s, 1950s-1960s, etc.)
- State/territory-specific content (Queensland beaches, Melbourne trams, etc.)

#### 2. Feature Enhancements

- Photo integration (upload personal family photos)
- Voice recording of family members reading questions
- Multiplayer mode for group settings
- Progress tracking for caregivers
- Music integration (songs from their era)

### 3. Language Versions

- While currently English, framework supports translation
- Could serve multicultural communities in Australia
- Adaptable to other countries with cultural customization

### 4. Partnerships

- Collaboration with Dementia Australia
- Integration into aged care facility programs
- Distribution through GP clinics and memory clinics
- Research partnerships to measure therapeutic outcomes

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## Technology Stack

### Core Technologies

#### Frontend Framework

##### Vanilla JavaScript, HTML5, CSS3

- **Choice Justification:**
  - No framework dependencies ensures longevity and simplicity
  - Lightweight and fast-loading (critical for older devices)
  - Easy to modify and maintain
  - No build process required - works immediately
  - Accessible to developers of all skill levels for future contributions

#### Web Technologies

##### HTML5

- Semantic markup for accessibility
- Modern form elements
- LocalStorage API for data persistence

##### CSS3

- Flexbox and Grid for responsive layouts
- CSS animations for gentle, smooth transitions
- Media queries for mobile/tablet/desktop optimization
- Custom properties (CSS variables) for theme consistency

## JavaScript (ES6+)

- Modular code organization
- LocalStorage for saving custom questions and high scores
- Event-driven architecture
- Asynchronous operations for smooth UX

## Data Storage

### Browser LocalStorage

- **Purpose:** Storing custom questions and game progress
- **Advantages:**
  - No server required (privacy-preserving)
  - Instant access
  - Works offline
  - No database costs
- **Limitations Acknowledged:** Data is device-specific and can be cleared
- **Future Consideration:** Optional cloud sync for multi-device access

## AI Tools and Integration

### 1. Claude AI (Anthropic) - Content Generation

#### Used for:

- Generating historically accurate quiz questions
- Crafting empathetic, therapeutic feedback messages
- Creating dementia awareness facts
- Writing compassionate user interface copy

#### Prompts Used:

*For Quiz Questions:*

"Generate historically accurate quiz questions about Australian history, culture, and daily life from 1940-1990 suitable for dementia patients aged 60-90+ focusing on reminiscence therapy and long-term memory recall."



### *For Feedback Messages:*

"Generate compassionate, therapeutic messages for dementia patients focusing on the value of memories and life experiences."

#### **Why Claude:**

- Excellent understanding of nuance and tone
- Ability to generate culturally specific content
- Strong ethical guidelines align with project values
- Produces empathetic, human-centered text

#### **Quality Assurance:**

- All AI-generated content was reviewed for historical accuracy
- Feedback messages reviewed for therapeutic appropriateness
- Ensured alignment with person-centered dementia care principles

## **2. ChatGPT (OpenAI) - Research and Ideation**

#### **Used for:**

- Researching dementia statistics and facts
- Brainstorming game mechanics
- Understanding reminiscence therapy approaches
- Validating Australian historical facts

#### **Why ChatGPT:**

- Strong research synthesis capabilities
- Broad knowledge base for fact-checking
- Helpful for exploring different approaches
- Good at explaining complex concepts simply

## **3. GitHub Copilot - Code Assistance**

#### **Used for:**

- Boilerplate code generation
- CSS styling suggestions
- JavaScript function optimization
- Code documentation

#### **Why Copilot:**

- Speeds up development of repetitive code

- Suggests accessibility best practices
- Helps maintain code consistency
- Useful for standard patterns (modals, forms, etc.)

#### **Human Oversight:**

- All code reviewed and tested manually
- Customized to project-specific needs
- Accessibility features manually verified

## **Libraries and Dependencies**

#### **Currently: Zero external dependencies**

#### **Rationale for Dependency-Free Approach:**

- **Longevity:** No risk of deprecated libraries
- **Performance:** Minimal load time
- **Security:** Smaller attack surface
- **Simplicity:** Easier for others to understand and modify
- **Accessibility:** Works even with older browsers

## **Development Tools**

#### **Version Control:**

- **Git & GitHub** - Source code management and collaboration

#### **Code Editor:**

- **Visual Studio Code** - Primary development environment

#### **Testing:**

- **Manual testing** across Chrome, Firefox, Safari, Edge
- **Responsive testing** on multiple device sizes
- **Accessibility testing** with screen readers (NVDA, VoiceOver)

#### **Design Tools:**

- **Figma** - UI/UX wireframing and mockups
- **ColorSpace** - Accessible color palette generation
- **WebAIM Contrast Checker** - Ensuring WCAG AA compliance

## **Hosting and Deployment**

### Current:

- **Static hosting** (GitHub Pages, Netlify, or Vercel)
- **No server required** – pure client-side application

### Advantages:

- Zero hosting costs
- Instant deployment
- High reliability
- Fast global CDN delivery
- HTTPS by default

## Accessibility Technologies

### Built-in Accessibility:

- Semantic HTML5 elements
- ARIA labels where needed
- High contrast color scheme (WCAG AA compliant)
- Large, readable fonts (minimum 1em)
- Keyboard navigation support
- Screen reader compatible

### Testing Tools:

- **WAVE** – Web accessibility evaluation
- **Lighthouse** – Performance and accessibility auditing
- **axe DevTools** – Accessibility testing in browser

## Browser Compatibility

### Target Support:

- **Chrome/Edge:** Last 2 versions
  - **Firefox:** Last 2 versions
  - **Safari:** Last 2 versions
  - **Mobile browsers:** iOS Safari, Chrome Android
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## Overview of Game Mechanics

### Core Gameplay Loop

Memory Road follows a simple, predictable gameplay loop designed to be easy to understand and comforting in its repetition:

1. Roll Dice  
❖
2. Move Player Token  
❖
3. Answer Question  
❖
4. Receive Feedback  
❖
5. Return to Roll Dice  
❖
6. Reach End ❖ View Results

This straightforward loop ensures:

- No confusion about what to do next
- Clear cause and effect
- Satisfying sense of progression
- Predictable structure reduces anxiety

## Game Components

### 1. The Board

#### Structure:

- **30 tiles** representing the journey from start to finish
- **Grid layout** (10x3 on desktop, 5x6 on mobile)
- **Three types of tiles:**
  - **Regular Path Tiles:** Standard progression
  - **Memory Tiles (every 3rd tile):** Special memory questions
  - **Milestone Tiles (tiles 5, 10, 15, 20, 25):** Major achievements

#### Visual Design:

- **Gradient background:** Soft blue to yellow to orange (representing sky to sunset)
- **Clear tile numbers:** Large, readable typography
- **Color coding:** Regular (white), Memory (gradient blue-pink), Milestone (gold gradient)
- **Rounded corners:** Soft, non-threatening aesthetic

### 2. Player Token

## Design:

- **Red circular token** with white border
- **30x30 pixels** (clearly visible but not overwhelming)
- **Smooth animation** when moving (0.5s cubic-bezier transition)
- **Shadow effect** for depth and visibility

## 3. Dice System

### Mechanics:

- **Standard six-sided die** (1-6)
- **Roll animation:** 10 rapid number changes before landing on result
- **Visual rolling effect:** CSS rotation animation
- **Disabled state** while moving or during quiz

## 4. Quiz System

### Question Structure:

Each question contains:

```
{  
  category: "Australian History",  
  question: "Full question text...",  
  options: ["Option 1", "Option 2", "Option 3", "Option 4"],  
  correct: 1, // Index of correct answer  
  feedback: "Detailed, warm feedback with historical context..."  
}
```

### Question Bank:

- **16 default questions** covering:
  - Australian history (moon landing, decimal currency, Queen's coronation)
  - Prime Ministers (Whitlam dismissal)
  - Childhood memories (milk delivery, blackboards, phone boxes)
  - Technology changes (black & white TV, ice boxes)
  - Culture (Don Bradman, rock and roll, fashion)
  - Shopping and daily life

## 5. Feedback System

### Correct Answer Response:

- Positive reinforcement with

- 10 points awarded
- Green color coding
- Educational expansion on the topic

### **Incorrect Answer Response:**

- Uses gentle language: "💡 Let me help you remember..."
- Shows their answer and the correct answer
- Provides same detailed feedback
- Reassuring closing message
- Never punitive or negative

### **Key Principles:**

- Preserves dignity
- Reduces anxiety and frustration
- Focuses on learning/remembering rather than testing
- Acknowledges the nature of dementia without highlighting deficits

## **6. Family Admin Portal**

### **Functionality:**

- View all current questions
- Edit any question (category, text, options, correct answer, feedback)
- Delete questions
- Add new custom questions
- Restore default questions

### **Data Storage:**

- Saved in browser LocalStorage
- Persists across sessions
- Device-specific (privacy-preserving)

### **Access:**

- Discreet "💡 Admin" link in bottom left corner
- Separate page (admin.html)
- No password (assumes device security)

### **Use Cases:**

- Add questions about family history
- Include questions about personal experiences
- Localize to specific region

- Adjust difficulty for individual's cognitive level

## User Interface Design

### Design Principles:

#### 1. Clarity

- Large text (minimum 1em, headers up to 3.5em)
- High contrast (dark text on light backgrounds)
- Clear hierarchy (headers, subheaders, body text)

#### 2. Simplicity

- One primary action at a time
- Minimal UI elements on screen
- Clear button labels

#### 3. Warmth

- Soft color palette (purples, blues, gradients)
- Rounded corners throughout
- Gentle animations
- Encouraging language

#### 4. Accessibility

- WCAG AA compliant color contrast
- Keyboard navigable
- Screen reader friendly
- Large touch targets (minimum 44x44px)

### Color Palette:

#### Primary:

- Purple (#667eea) - Main theme color
- Deep Purple (#764ba2) - Secondary/gradient

#### Feedback:

- Green (#4caf50) - Correct answers, progress
- Orange (#ff9800) - Gentle incorrect feedback

#### Backgrounds:

- White/off-white - Main content areas
- Soft gradients - Backgrounds and special elements

## Game Screens

### 1. Menu Screen

- Game title and subtitle
- "Start Memory Journey" button
- "About This Activity" button
- "My Best Score" button
- Admin link (bottom left corner)

### 2. Game Screen

- Header: Score, progress bar, position, quit button
- Board: Visual game board with tiles and player token
- Controls: Dice display and roll button

### 3. Quiz Modal

- Category label
- Question text
- Four answer options
- Feedback area
- "Continue Journey" button

### 4. Results Screen

- "Journey Complete!" title
- Stat cards (score, correct answers, total questions)
- Personalized encouraging message
- Dementia awareness fact
- Action buttons (Play Again, Main Menu)

### 5. Admin Portal

- Header with back button
- Instructions and action buttons
- Question cards with edit/delete options
- Edit modal for customization



# Reflection

## What Went Well

### 1. User-Centered Design Approach

From the very beginning, this project was anchored in the real needs of real people. Having personal experience with family members living with dementia provided invaluable insight that no amount of research could replace. The decision to prioritize dignity, gentleness, and celebration of ability over testing shaped every design choice.

#### Specific Successes:

- **Feedback system** that never uses negative language
- **Admin portal** that empowers families to personalize
- **Visual design** that feels warm and inviting, not clinical
- **Question content** that touches on shared cultural memories specific to Australian elderly

### 2. Technical Simplicity

The decision to use vanilla JavaScript without frameworks proved wise:

- **Fast load times** - crucial for older devices
- **No dependency hell** - project will work for years without maintenance
- **Easy to understand** - other developers can contribute or adapt
- **Works everywhere** - no compatibility issues

### 3. AI as a Collaborative Tool

Using AI (Claude, ChatGPT, Copilot) significantly accelerated development:

- **Content generation** - 16 historically accurate questions created quickly
- **Therapeutic language** - AI helped craft gentle, supportive feedback
- **Code assistance** - Boilerplate and CSS patterns generated efficiently
- **Research** - Quick validation of Australian historical facts

Importantly, AI was used as a tool, not a replacement for human judgment. Every AI-generated element was reviewed, edited, and validated.

### 4. Customization Feature

The Family Admin Portal emerged as the project's most valuable feature. The ability to personalize questions transforms Memory Road from a generic tool into a deeply personal memory experience.

## Impact:

- Questions about family-specific memories
- Inclusion of personal stories
- Adjustment of difficulty to individual's cognitive level
- Preservation of family stories in interactive format

## 5. Accessibility Focus

Designing for elderly users with cognitive challenges forced attention to accessibility that benefits everyone:

- **Large text** is easier for all users to read
- **Clear hierarchy** reduces cognitive load universally
- **Simple navigation** makes the game approachable
- **High contrast** works in various lighting conditions

## Challenges Encountered

### 1. Balancing Simplicity with Engagement

**Challenge:** Creating a game simple enough for people with dementia while still being engaging and meaningful.

#### Solution:

- Multiple playthroughs reveal different questions (variety without complexity)
- Progress bar and score provide goals without pressure
- Customization adds depth for caregivers without overwhelming patients
- Rich feedback provides substance even with simple mechanics

**Lesson:** Simplicity in interaction doesn't mean simplicity in content or purpose.

### 2. Emotional Weight of the Topic

**Challenge:** Dementia is a deeply emotional subject. Creating something helpful without being exploitative or oversimplifying a complex condition.

#### Approach:

- Constant self-checking: "Would I want my grandmother to use this?"
- Consulting dementia care resources and guidelines
- Avoiding medicalized language or clinical framing
- Focus on ability and dignity, not deficits
- Including resources (Dementia Australia helpline) for real support

**Lesson:** Technology for vulnerable populations requires extra ethical consideration.

### 3. Testing with Target Audience

**Challenge:** Limited access to people with dementia for testing.

**Partial Solutions:**

- Testing with elderly family members without dementia
- Consultation with aged care professionals
- Following established dementia design guidelines
- Building in flexibility (customization) to adapt to different needs

**Lesson:** Designing for populations you can't easily access requires humility, research, and built-in adaptability.

### 4. Content Creation - Historical Accuracy

**Challenge:** Ensuring all questions are historically accurate and culturally appropriate.

**Process:**

- Cross-referencing dates and events with multiple sources
- Verifying Australian-specific details
- Checking that language matches the era
- Ensuring questions span different life experiences

**Lesson:** Reminiscence therapy depends on accuracy; incorrect information can be confusing or distressing.

### 5. Scope Management

**Challenge:** Wanting to add many features (photos, audio, multiplayer) while maintaining timeline and simplicity.

**Resolution:**

- Prioritized MVP (Minimum Viable Product) with core features
- Documented future enhancements in code comments
- Built architecture to allow future expansion
- Focused on doing core features well

**Lesson:** "Perfect is the enemy of done" - especially for a solo project with timeline constraints.

## What I Learned

## Technical Skills

### 1. Vanilla JavaScript Mastery

- Working without frameworks deepened understanding of JavaScript fundamentals
- DOM manipulation, event handling, storage APIs
- Module pattern for code organization

### 2. Responsive Design

- Mobile-first CSS approach
- Flexbox and Grid for layout
- Media queries for breakpoints

### 3. LocalStorage Patterns

- JSON serialization/deserialization
- Data migration strategies
- Fallback approaches

### 4. Accessibility Implementation

- WCAG guidelines in practice
- Screen reader testing
- Keyboard navigation patterns
- Color contrast calculation

## Design Skills

### 1. User-Centered Design

- Designing for specific user needs, not general assumptions
- Importance of empathy in design decisions
- Testing assumptions with real users
- Iterative refinement based on feedback

### 2. Visual Design for Accessibility

- Typography for readability
- Color psychology and accessibility
- Whitespace as a design element
- Animation timing and purpose

### 3. Content Design

- Tone and voice for sensitive topics

- Microcopy importance
- Feedback that teaches and encourages
- Information hierarchy

## **Domain Knowledge**

### **1. Dementia Understanding**

- Difference between types of dementia
- Memory formation and retention in dementia
- Person-centered care philosophy
- Reminiscence therapy evidence base

### **2. Australian History**

- Cultural touchstones for 1940s-1980s
- Regional variations in experiences
- Historical events that shaped a generation
- Everyday life details

### **3. Aged Care Context**

- Challenges faced by caregivers
- Activities currently used in aged care
- Technology access in elderly populations
- Resource constraints in care facilities

## **Project Management**

### **1. Solo Development**

- Balancing multiple roles
- Time management with competing priorities
- Self-motivation and accountability
- Knowing when to ask for help

### **2. AI Collaboration**

- Effective prompting techniques
- When to use AI vs. manual work
- Validating AI-generated content
- Ethical considerations in AI use

### **3. Documentation**

- Importance of code comments

- README and project documentation
- Recording decisions and rationale
- Creating resources for future contributors

## Impact on Perspective

### Technology Can Serve Everyone

This project reinforced that technology should be inclusive, not just focused on young, tech-savvy users. The elderly, people with disabilities, and those with cognitive challenges deserve thoughtfully designed digital experiences.

**Realization:** Often the constraints of designing for specific needs result in better experiences for everyone.

### Simplicity is Hard

Creating something simple is more difficult than creating something complex. Every feature removed, every piece of complexity eliminated, required careful thought about what truly served the user.

**Lesson:** Simplicity requires discipline and clarity of purpose.

### Personal Projects Have Profound Meaning

Working on something personally meaningful (family members with dementia) provided motivation beyond any academic or professional project. The emotional investment made challenges feel worthwhile.

**Realization:** The best work comes from caring deeply about the problem being solved.

### Empathy is a Design Superpower

The ability to imagine the experience from the user's perspective – their anxieties, their capabilities, their dignity – shaped every decision in positive ways.

**Lesson:** Empathy isn't soft or secondary; it's the foundation of good design.

## Future Directions

### Immediate Next Steps (0-3 months)

#### 1. User Testing

- Partner with local aged care facility for supervised testing

- Gather feedback from dementia patients and caregivers
- Iterate based on real usage patterns
- Document case studies and testimonials

## **2. Content Expansion**

- Expand question bank to 50+ questions
- Create regional variations
- Add questions about multicultural Australian experiences
- Include more sensory memory questions

## **3. Technical Refinement**

- Performance optimization
- Browser compatibility testing
- Accessibility audit with professional tools
- Code cleanup and documentation

## **Medium-term Goals (3-12 months)**

### **1. Feature Additions**

- Photo upload capability for questions
- Statistics dashboard for caregivers
- Optional account system for multi-device sync

### **2. Partnerships**

- Reach out to Dementia Australia
- Connect with aged care facilities for pilot programs
- Engage with occupational therapists
- Collaborate with Australian historical societies

### **3. Research**

- Formal study measuring therapeutic outcomes
- Collect quantitative data on usage patterns
- Measure impact on mood, anxiety, engagement
- Publish findings

## **Long-term Vision (1-2 years)**

### **1. Platform Evolution**

- Native mobile apps for offline use
- Multiplayer mode for group settings

- Voice interaction for accessibility

## 2. Community Building

- Open-source contributor community
- User forum for sharing custom questions
- Training materials for care facility staff

## 3. Scaling Impact

- Adaptation for other countries
- Translation into other languages
- Integration with healthcare systems
- Policy advocacy for technology in dementia care

## Personal Growth

This project taught me that meaningful impact doesn't require complexity or scale - it requires understanding, empathy, and execution. A simple web game, thoughtfully designed, can bring joy, connection, and cognitive stimulation to people who need it.

### Most Important Lesson:

Technology is a tool for human flourishing. The measure of success isn't technical sophistication, but whether it makes someone's life better.

### Final Reflection:

Creating Memory Road reminded me why I wanted to learn programming in the first place - to solve real problems for real people. When my grandmother plays this game and lights up remembering the milk cart coming down her street in 1955, that's worth more than any technical achievement.

This isn't just a project. It's a love letter to my grandparents, and to all the people whose memories deserve to be celebrated, not mourned.

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## Conclusion

Memory Road represents the intersection of technology, healthcare, and human connection. It's a small contribution to a large challenge, but one made with care, research, and personal investment.

The journey of creating this game taught technical skills, design principles, and domain knowledge - but more importantly, it reinforced the value of building with purpose, empathy, and love.

As Australia's aging population grows and dementia cases increase, we need creative, accessible, dignified solutions. Memory Road is one small step in that direction.



The code is open-source. The approach is replicable. The impact is measurable.

But the real success will be measured in moments – moments of connection, of recognition, of joy when someone remembers their past and feels, for just a while, fully themselves again.

That's the road worth traveling.

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*"Your memories are the legacy of a life well-lived. These connections and experiences define your beautiful story."*

Memory Road