



Director
Dr. Avijeet Kr. 'Gautam'

NATIONAL SEMINAR

Education & Mental Health



Bridging the Gap: Fostering Well-being in Academic Spaces

Organized By: Mata Sushila Institute of Education .

22 &23 March 2026 | Saiyad bahri,Hilsa-Chandi Road,Hilsa,Nalanda(23.315968,85.336682)

In collaboration with Educational Development Council,Patna

"Healthy Minds, Thriving Classrooms"

Seminar Overview and Objectives

Bridging Science and Pedagogy

This seminar provides a platform for researchers and educators to explore the intersection of academic pressure and student health.

Primary Objectives:

- ✓ Explore academic impact on psychological health.
- ✓ Discuss educator roles in student support.
- ✓ Provide mental health policy roadmaps.
- ✓ Encourage interdisciplinary participation.



Sub-Themes: Day 1 & Day 2

1st Day Track

-  Mental Health in Higher Education
-  Role of Educators in Supporting Students
-  Mental Health Policy in Schools

2nd Day Track

-  Education as a Tool for Mental Health
-  Digital Learning and Mental Health
-  Role of Family and Society in fitness of Mental Health

The Organizing Institution



Director
Dr. Avijeet Kr. Gautam

Contact Information

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Mata Sushila Institute of Education

Mata Sushila Institute of Education is a leading center of academic excellence dedicated to holistic student development. The institution is known for its pioneering research and innovative pedagogical approaches. It is committed to fostering an environment where mental health is prioritized alongside academic achievement.

Organizing Secretaries:

1. Dr. Tripurari Lal(secretary,Gautam group institution)
2. Dr. Vinod Kumar(Executive secretary,Gautam Group of Institution)
3. Dr. Visab Mohan Kumar(Principal, Mata sushila institute of education)
4. Sri.Hareram Singh(Executive Secretary,Gautam Group of Institution)

Organizing Committee:

1. Prof. Birendra Kumar, Assistant professor, Mata Sushila Institute of education
2. Dr.Arun kumar, Assistant professor, Mata Sushila Institute of education
3. Prof. Aravind kumar Yadav, H.O.D ,Mata Sushila Institute of education
4. Prof. Harendra Prasad Yadav, Assistant professor, Mata Sushila Institute of education
5. Prof. Sarvendra kumar, Assistant professor, Mata Sushila Institute of education.

Guidelines and Important Dates

Submission Guidelines

Abstract: 250-300 words required.

Format: Times New Roman, 12pt, 1.5 space.

Participants: Open to Scholars, Faculty, and Professionals.

Registration Fees

Student : 250* +1000 for paper submission(if interested)

Faculty: 350 * +1000 for paper submission(if interested)

Professional(Ph.D): 400* +1000 for paper submission(if interested)

Includes: Certificate, Kit, and Refreshments.

| Activity | Deadline |
|------------------------------|---------------|
| Acceptance Notification | 25 Feb 2026 |
| Full Paper Submission Start | 05 March 2026 |
| Abstract Submission Deadline | 15 March 2026 |
| Registration Deadline | 15 March 2026 |
| Seminar Date | 22 March 2026 |

Event Highlights



Expert Talks

Sessions led by eminent mental health professionals and experienced academicians.



Paper Presentation

Present original research on Higher Ed mental health and school policies.



Certifications

Recognized certificates for participation and presented publications.



Publication possibilities

Publication Possibilities in indexed proceedings.



Dr. Avijeet Kr. Gautam.
Chairman of Gautam Group



Dr. Upendra Kumar Singh
Vice Chancellor PPU

Dr. Rajni Sinha
Director of Gautam Institute of Nursing

Dr.Kamal Prasad Buddha
DEAN PPU