Z Test

Case 1 (One-Tailed Hypothesis Test)

Problem Statement:

A school's nutritionist suspects that the average protein intake of students is below the recommended 60 grams per day. A sample of 30 students shows an average intake of 55 grams, with a standard deviation of 10 grams.

1. State the Hypotheses:

Null Hypothesis (H_o): The average protein intake of student is 60 grams ($\mu=60$).

Alternative Hypothesis (H_1):The average protein intake of student is not 60 grams($\mu\neq60$)

2. Given Data:

Population mean (μ): 60 grams

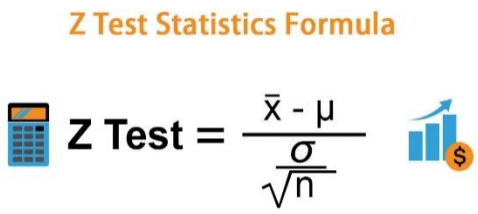
Sample mean ($\bar{x}$): 55 grams

Population standard deviation (σ): 10 grams

Sample size (n): 30

Significance level (α): 0.05

3. Calculate the Z scores:



The Z-scores is: -2.73861

z	.00	.01	.02	.03	.04	.05	.06	.07	.08	.09
–3.4	.0003	.0003	.0003	.0003	.0003	.0003	.0003	.0003	.0003	.0002
–3.3	.0005	.0005	.0005	.0004	.0004	.0004	.0004	.0004	.0004	.0003
–3.2	.0007	.0007	.0006	.0006	.0006	.0006	.0006	.0005	.0005	.0005
–3.1	.0010	.0009	.0009	.0009	.0008	.0008	.0008	.0008	.0007	.0007
–3.0	.0013	.0013	.0013	.0012	.0012	.0011	.0011	.0011	.0010	.0010
–2.9	.0019	.0018	.0018	.0017	.0016	.0016	.0015	.0015	.0014	.0014
–2.8	.0026	.0025	.0024	.0023	.0023	.0022	.0021	.0021	.0020	.0019
–2.7	.0035	.0034	.0033	.0032	.0031	.0030	.0029	.0028	.0027	.0026
–2.6	.0047	.0045	.0044	.0043	.0041	.0040	.0039	.0038	.0037	.0036
–2.5	.0062	.0060	.0059	.0057	.0055	.0054	.0052	.0051	.0049	.0048
–2.4	.0082	.0080	.0078	.0075	.0073	.0071	.0069	.0068	.0066	.0064
–2.3	.0107	.0104	.0102	.0099	.0096	.0094	.0091	.0089	.0087	.0084
–2.2	.0139	.0136	.0132	.0129	.0125	.0122	.0119	.0116	.0113	.0110
–2.1	.0179	.0174	.0170	.0166	.0162	.0158	.0154	.0150	.0146	.0143
–2.0	.0228	.0222	.0217	.0212	.0207	.0202	.0197	.0192	.0188	.0183
–1.9	.0287	.0281	.0274	.0268	.0262	.0256	.0250	.0244	.0239	.0233
–1.8	.0359	.0351	.0344	.0336	.0329	.0322	.0314	.0307	.0301	.0294
–1.7	.0446	.0436	.0427	.0418	.0409	.0401	.0392	.0384	.0375	.0367
–1.6	.0548	.0537	.0526	.0516	.0505	.0495	.0485	.0475	.0465	.0455
–1.5	.0668	.0655	.0643	.0630	.0618	.0606	.0594	.0582	.0571	.0559
–1.4	.0808	.0793	.0778	.0764	.0749	.0735	.0721	.0708	.0694	.0681
–1.3	.0968	.0951	.0934	.0918	.0901	.0885	.0869	.0853	.0838	.0823
–1.2	.1151	.1131	.1112	.1093	.1075	.1056	.1038	.1020	.1003	.0985
–1.1	.1357	.1335	.1314	.1292	.1271	.1251	.1230	.1210	.1190	.1170
–1.0	.1587	.1562	.1539	.1515	.1492	.1469	.1446	.1423	.1401	.1379
–0.9	.1841	.1814	.1788	.1762	.1736	.1711	.1685	.1660	.1635	.1611
–0.8	.2119	.2090	.2061	.2033	.2005	.1977	.1949	.1922	.1894	.1867
–0.7	.2420	.2389	.2358	.2327	.2296	.2266	.2236	.2206	.2177	.2148
–0.6	.2743	.2709	.2676	.2643	.2611	.2578	.2546	.2514	.2483	.2451
–0.5	.3085	.3050	.3015	.2981	.2946	.2912	.2877	.2843	.2810	.2776
–0.4	.3446	.3409	.3372	.3336	.3300	.3264	.3228	.3192	.3156	.3121
–0.3	.3821	.3783	.3745	.3707	.3669	.3632	.3594	.3557	.3520	.3483
–0.2	.4207	.4168	.4129	.4090	.4052	.4013	.3974	.3936	.3897	.3859
–0.1	.4602	.4562	.4522	.4483	.4443	.4404	.4364	.4325	.4286	.4247
–0.0	.5000	.4960	.4920	.4880	.4840	.4801	.4761	.4721	.4681	.4641

4. Interpret the Z-Score:

With a Z-score of approximately -2.74, you would now check this value against the Z-table to find the corresponding p-value.

Look up 0.0030 in the Z-table. The value you find will give you the area to the left of this Z-score in the standard normal distribution.

5. Find the P-Value:

For Z = -2.74, the Z-table gives a value around 0.0030.

Since this is a one-tailed test (we're only interested if the mean is less than 60), the p-value is 0.0030.

6. Conclusion:

If your significance level (α) is 0.05, compare the p-value with α.

If Calculated value>0.05 then we accept the null Hypothesis.

0.0030 < 0.05, so you to reject the null hypothesis.

Since we are rejecting the null hypothesis, it means that the average protein intake of students is significantly different from 60 grams. The evidence from the sample data suggests that the true average protein intake is either higher or lower than 60 grams.

Case 2 (Two-Tailed Hypothesis Test)

Problem Statement:

A school's nutritionist suspects that the average protein intake of students is below the recommended 60 grams per day. A sample of 30 students shows an average intake of 55 grams, with a standard deviation of 10 grams.

1. State the Hypotheses:

Null Hypothesis (H_o): The average protein intake of student is 60 grams ($\mu=60$).

Alternative Hypothesis (H_1):The average protein intake of student is not 60 grams($\mu\neq60$)

2. Given Data:

Population mean (μ): 60 grams

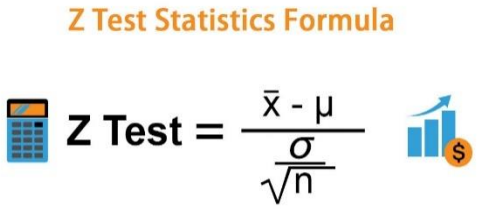
Sample mean ($\bar{x}$): 55 grams

Population standard deviation (σ): 10 grams

Sample size (n): 30

Significance level (α): 0.05

3. Calculate the Z scores:



The Z-scores is: -2.73861

z	.00	.01	.02	.03	.04	.05	.06	.07	.08	.09
–3.4	.0003	.0003	.0003	.0003	.0003	.0003	.0003	.0003	.0003	.0002
–3.3	.0005	.0005	.0005	.0004	.0004	.0004	.0004	.0004	.0004	.0003
–3.2	.0007	.0007	.0006	.0006	.0006	.0006	.0006	.0005	.0005	.0005
–3.1	.0010	.0009	.0009	.0009	.0008	.0008	.0008	.0008	.0007	.0007
–3.0	.0013	.0013	.0013	.0012	.0012	.0011	.0011	.0011	.0010	.0010
–2.9	.0019	.0018	.0018	.0017	.0016	.0016	.0015	.0015	.0014	.0014
–2.8	.0026	.0025	.0024	.0023	.0023	.0022	.0021	.0021	.0020	.0019
–2.7	.0035	.0034	.0033	.0032	.0031	.0030	.0029	.0028	.0027	.0026
–2.6	.0047	.0045	.0044	.0043	.0041	.0040	.0039	.0038	.0037	.0036
–2.5	.0062	.0060	.0059	.0057	.0055	.0054	.0052	.0051	.0049	.0048
–2.4	.0082	.0080	.0078	.0075	.0073	.0071	.0069	.0068	.0066	.0064
–2.3	.0107	.0104	.0102	.0099	.0096	.0094	.0091	.0089	.0087	.0084
–2.2	.0139	.0136	.0132	.0129	.0125	.0122	.0119	.0116	.0113	.0110
–2.1	.0179	.0174	.0170	.0166	.0162	.0158	.0154	.0150	.0146	.0143
–2.0	.0228	.0222	.0217	.0212	.0207	.0202	.0197	.0192	.0188	.0183
–1.9	.0287	.0281	.0274	.0268	.0262	.0256	.0250	.0244	.0239	.0233
–1.8	.0359	.0351	.0344	.0336	.0329	.0322	.0314	.0307	.0301	.0294
–1.7	.0446	.0436	.0427	.0418	.0409	.0401	.0392	.0384	.0375	.0367
–1.6	.0548	.0537	.0526	.0516	.0505	.0495	.0485	.0475	.0465	.0455
–1.5	.0668	.0655	.0643	.0630	.0618	.0606	.0594	.0582	.0571	.0559
–1.4	.0808	.0793	.0778	.0764	.0749	.0735	.0721	.0708	.0694	.0681
–1.3	.0968	.0951	.0934	.0918	.0901	.0885	.0869	.0853	.0838	.0823
–1.2	.1151	.1131	.1112	.1093	.1075	.1056	.1038	.1020	.1003	.0985
–1.1	.1357	.1335	.1314	.1292	.1271	.1251	.1230	.1210	.1190	.1170
–1.0	.1587	.1562	.1539	.1515	.1492	.1469	.1446	.1423	.1401	.1379
–0.9	.1841	.1814	.1788	.1762	.1736	.1711	.1685	.1660	.1635	.1611
–0.8	.2119	.2090	.2061	.2033	.2005	.1977	.1949	.1922	.1894	.1867
–0.7	.2420	.2389	.2358	.2327	.2296	.2266	.2236	.2206	.2177	.2148
–0.6	.2743	.2709	.2676	.2643	.2611	.2578	.2546	.2514	.2483	.2451
–0.5	.3085	.3050	.3015	.2981	.2946	.2912	.2877	.2843	.2810	.2776
–0.4	.3446	.3409	.3372	.3336	.3300	.3264	.3228	.3192	.3156	.3121
–0.3	.3821	.3783	.3745	.3707	.3669	.3632	.3594	.3557	.3520	.3483
–0.2	.4207	.4168	.4129	.4090	.4052	.4013	.3974	.3936	.3897	.3859
–0.1	.4602	.4562	.4522	.4483	.4443	.4404	.4364	.4325	.4286	.4247
–0.0	.5000	.4960	.4920	.4880	.4840	.4801	.4761	.4721	.4681	.4641

4. Find the P-Value:

For a two-tailed test, you need to consider both tails:

[text{P-value} = 2 *(Table Value) = 2*0.0030= 0.0060]

5. Compare the P-Value with the Significance Level:

- Here, P-value = 0.0060, which is greater than the significance level of 0.05.

6. Conclusion:

If your significance level (α) is 0.05, compare the p-value with α.

If Calculated value>0.05 then we accept the null Hypothesis.

0.0060 < 0.05, so you to reject the null hypothesis.

Since we are rejecting the null hypothesis, it means that the average protein intake of students is significantly different from 60 grams. The evidence from the sample data suggests that the true average protein intake is either higher or lower than 60 grams.

Interpretation:

Since the null hypothesis has been rejected, it means that the sample data provides sufficient evidence to conclude that the average protein intake of students is not 60 grams. The observed data suggests that there is a statistically significant difference between the actual average protein intake and the hypothesized value of 60 grams. This difference is unlikely to be due to random chance.

In other words, we can confidently say that the average protein intake among the students is either higher or lower than 60 grams, indicating that the assumed average (60 grams) does not accurately represent the students' true protein intake. This result could lead to further investigation or adjustments in dietary guidelines, depending on whether the intake is found to be above or below the 60-gram mark.