# FOOD MENU MONDAY



# BREAKFAST

Dosa

Chicken Kuruma

Veg Kuruma (or) Veg Serva (or) Tomato Kuruma (or) Sambar

Bengaluru Tomato Bath (or) Onion Chutney (or) Peanut Chutney

#### DINNER

VEG

**NON-VEG** 

Veg Fried Rice

Egg Fried Rice (or) Egg Noodles

Sambar

Garlic (or) Pepper (or) Curry leaves Kulambu

### COMMON

Rice

**Veg Kuruma** 

Rasam

**Butter milk** 

Beans usuli (or) Drum stick, Brinjal Masala (or) Avaraikai masala (or) Lady's finger masala Kottu [ Cabbage (or) Malabar (or) Country Tomato ] Sauce

Papad

Pickle (Mango Ginger)

#### LUNCH

VEG

Sambar

Kara Kulambu (or) Fenugreek Kulambu (or) Theeval Kulambu (or) Chilli (or) Chettinadu (or) Pumpkin Puli Kulambu

Poori (or) Wheat Parotta (or) Rumali Roti

Mushroom Kurma (or) Paneer Kurma (or) Veg Kuruma (or) Veg Serva

Cauliflower "65" (or) Manchurian (or) Garlic (or) Pepper (or) Aloo Gobi

Potato Podimas (or)Potato Samosa Masala (or) Pumpkin Gram Dhal masala (or) **Potato Fingers** 

Kashmir Pulao (or) Coriander leaves rice (or) Carrot rice (or) Mint rice

Banana

SNACKS 4:00 PM

Tea (or) Coffee (or) Bournvita (or) Horlicks

**Veg Puff** 

Biscuit (or) Cake

# **NON-VEG**

Rice

Chicken ["65" (or) Garlic (or) Ginger Manchurianl

Chicken Kuruma (or) Salna (or) Serva

### COMMON

Ghee Rice (or) Rice **Bottle Gourd Kootu** Rasam **Butter milk** Papad Pickle [Narthankai (or) Nellikai ] Ice cream

