Variable	Notes	Explanation	Response options
rrs1	Item 1: Ruminative	Analyze recent events to try to	1 = almost never
	Responses Scale	understand why you are	2 = sometimes
		depressed	3 = often
			4 = almost always
rrs2	Item 2: Ruminative	Think "Why do I always react	1 = almost never
	Responses Scale	this way"	2 = sometimes
			3 = often
			4 = almost always
rrs3	Item 3: Ruminative	Go away by yourself and think	1 = almost never
	Responses Scale	about why you feel this way	2 = sometimes
			3 = often
			4 = almost always
rrs4	Item 4: Ruminative	Write down what you are	1 = almost never
	Responses Scale	thinking about and analyze it	2 = sometimes
			3 = often
			4 = almost always
rrs5	Item 5: Ruminative	Think about a recent situation	1 = almost never
	Responses Scale	wishing it would have gone	2 = sometimes
		better	3 = often
			4 = almost always
rrs6	Item 6: Ruminative	Think Why do I have problems	1 = almost never
	Responses Scale	other people don't have	2 = sometimes
			3 = often
			4 = almost always
rrs7	Item 7: Ruminative	Analyze your personality to try	1 = almost never
	Responses Scale	to understand why you are	2 = sometimes
		sad, depressed	3 = often
			4 = almost always
rrs8	Item 8: Ruminative	Go someplace alone to think	1 = almost never
	Responses Scale	about your feelings	2 = sometimes
			3 = often
			4 = almost always
rrs9	Item 9: Ruminative	Think "what am I doing to	1 = almost never
	Responses Scale	deserve this"	2 = sometimes
			3 = often
			4 = almost always
rrs10	Item 10: Ruminative	Think "Why can't I handle	1 = almost never
	Responses Scale	things better"	2 = sometimes
			3 = often
			4 = almost always
AGE		Age of respondent in years	
gender			0 = female
			1 = male

Variable	Notes	Explanation	Response options
dass_21_d_prorated_pomp		Depression Anxiety Stress	
		Scales (DASS) Depression	
		subscale; scores prorated if	
		80% or more of the items are	
		present; these are POMP	
		Scores on a 0-100% metric	
hx_depression		Lifetime history of major	0 = No
		depressive disorder?	1 = Yes