

Kate Sweeny, PhD

PROFESSIONAL EXPERIENCE

Associate Professor of Psychology, University of California, Riverside, 2014-present

Assistant Professor of Psychology, University of California, Riverside, 2008-2014

EDUCATION

Ph.D., University of Florida (Gainesville, FL), Social Psychology, 2008

Dissertation: "Being the Best Bearer of Bad Tidings"

M.S., University of Florida (Gainesville, FL), Social Psychology, 2003

Thesis: "Do People Brace Sensibly? Risk Judgments, Outcome Importance and Risk Prevalence"

B.S., Furman University (Greenville, SC), Psychology, 2002

EXTERNAL RESEARCH GRANTS

National Science Foundation (NSF/BCS), 2013-2016

Title: *Strategies for navigating uncertainty* (BCS1251672)

Award amount: \$383,213 (PI)

Hellman Fellowship, 2011-2013

Title: *Perceptions of surgical experiences*

Award amount: \$22,000 (PI)

NIMH Predoctoral National Research Service Award, 2006-2008.

Title: *Improving mental health providers' communication.*

Priority score: 143 (1st submission, *funded*).

SELECTED HONORS & AWARDS

APA Distinguished Scientific Award for an Early Career Contribution to Health Psychology, 2016

Chancellor's Award for Excellence in Undergraduate Research and Creative Achievement (UCR Faculty Mentoring Award), 2016

Social Personality and Health Network Early Career Award, 2014

CHASS Proposal Incentive Plan (CHP In) Award, \$500, 2014, 2015

APS Rising Star, Association for Psychological Science, 2013

Faculty of the Year Award, Psychology Department, University of California, Riverside, 2012

Faculty Mentor of the Year Award, University Honors, University of California, Riverside, 2011

PUBLICATIONS

(note co-authorship with a *graduate or ^undergraduate student at time of publication)

Peer-reviewed:

1. *Dooley, M. D., ^Burreal, S., & **Sweeny, K.** (in press). "We'll call you when the results are in": Preferences for how medical test results are delivered. *Patient Education & Counseling*.
2. *Falkenstein, A., ^Tran, B., Ludi, D., Molkara, A., Nguyen, H., Tabuenca, A., & **Sweeny, K.** (in press). Characteristics and consequences of word use in physician-patient communication. *Annals of Behavioral Medicine*.

3. Howell, J. L., & **Sweeny, K.** (in press). Is waiting bad for subjective health? *Journal of Behavioral Medicine*.
4. *Legg, A. M., & **Sweeny, K.** (in press). Blended news delivery: A framework for incorporating good news into bad news conversations. *Health Psychology Review*.
5. Nelson, S. K., Robbins, M. L., *Andrews, S. E., & **Sweeny, K.** (in press). Disrupted transition to parenthood: Gender moderates the association between miscarriage and uncertainty about conception. *Sex Roles*.
6. ***Sweeny, K.**, Reynolds, C., Falkenstein, A., Andrews, S. E., & Dooley, M. D. (2016). Two definitions of waiting well. *Emotion*, 16, 129-143.
7. *Ghane, A., Sweeny, K., & Dunlop, W. L. (2015). A multi-method approach to women's experiences of reproductive health screening. *Women's Reproductive Health*, 2, 37-55.
8. *Huynh, H. P., *Legg, A. M., *Ghane, A., Tabuenca, A., & **Sweeny, K.** (2015). Who is satisfied with general surgery clinic visits? *Journal of Surgical Research*, 192, 339-347.
9. *Morse, P., **Sweeny, K.**, & Legg, A. M. (2015). A situational construal approach to healthcare experiences. *Social Science & Medicine*, 138, 170-178.
10. **Sweeny, K.**, *Andrews, S. E., *Nelson, S. K., & Robbins, M. L. (2015). Waiting for a baby: Navigating uncertainty while trying to conceive. *Social Science & Medicine*, 141, 123-132.
11. **Sweeny, K.**, & *Falkenstein, A. (2015). Is waiting really the hardest part? Comparing the emotional experiences of awaiting and receiving bad news. *Personality and Social Psychology Bulletin*, 41, 1551-1559.
12. *Andrews, S. E., *Ghane, A., *Legg, A. M., Tabuenca, A., & **Sweeny, K.** (2014). Expectations in the context of gallbladder and hernia surgery: A descriptive report. *Health Expectations (online ahead of print)*. doi: 10.1111/hex.12171
13. *Huynh, H. P., *Legg, A. M., *Ghane, A., Tabuenca, A., & **Sweeny, K.** (2015). Who is satisfied with general surgery clinic visits? *Journal of Surgical Research*, 192, 339-347.
14. *Ghane, A., *Huynh, H. P., *Andrews, S. E., *Legg, A. M., Tabuenca, A., & **Sweeny, K.** (2014). The relative importance of patients' decisional control preferences and experiences. *Psychology & Health*, 29, 1105-1118.
15. *Howell, J. L., **Sweeny, K.**, & Shepperd, J. A. (2014). Psychological distance and the discrepancy between recommendations and actions. *Basic and Applied Social Psychology*, 36, 502-514.
16. *Huynh, H. P., & **Sweeny, K.** (2014). Clinician styles of care: Transforming patient care at the intersection of leadership and medicine. *Journal of Health Psychology*, 19, 1459, 1470.
17. *Legg, A., & **Sweeny, K.** (2014). Do you want the good news or the bad news first? Discrepancies in news order preferences. *Personality & Social Psychology Bulletin*, 40, 279-288.
18. **Sweeny, K.**, & *Andrews, S. E. (2014). Mapping individual differences in the experience of a waiting period. *Journal of Personality & Social Psychology*, 106, 1015-1030.
19. **Sweeny, K.**, & Dillard, A. (2014). The effects of expectation disconfirmation on appraisal, affect, and behavioral intentions. *Risk Analysis*, 34, 711-720.
20. **Sweeny, K.**, *Ghane, A., *Legg, A. M., *Huynh, H. P., & *Andrews, S. E. (2014). Predictors of genetic testing decisions: A systematic review and critique of the literature. *Journal of Genetic Counseling*, 23, 263-288.
21. *Ghane, A., & **Sweeny, K.** (2013). Embodied health: A guiding perspective for research in health psychology. *Health Psychology Review*, 7, S159-S184.

22. Krizan, Z., & **Sweeny, K.** (2013). Causes and consequences of expectation trajectories: "High" on optimism in a public referendum. *Psychological Science*, 24, 706-714.
23. **Sweeny, K.**, & Krizan, Z. (2013). Sobering up: A quantitative review of temporal declines in expectations. *Psychological Bulletin*, 139, 702-724.
24. **Sweeny, K.**, Shepperd, J. A., & Han, P. K. J. (2013). The goals of communicating bad news in health care: Do physicians and patients agree? *Health Expectations*, 16, 230-238.
25. *Cavanaugh, A. G., & **Sweeny, K.** (2012). Hanging in the balance: The role of self-construal abstractness in navigating self-relevant uncertainty. *Personality and Social Psychology Bulletin*, 38, 520-527.
26. **Sweeny, K.** (2012). Waiting well: Tips for navigating painful uncertainty. *Social and Personality Psychology Compass*, 6, 258-269.
27. **Sweeny, K.**, & *Cavanaugh, A. G. (2012). Waiting is the hardest part: A model of uncertainty navigation in the context of health. *Health Psychology Review*, 6, 147-164.
28. **Sweeny, K.**, & *Miller, W. (2012). Predictors of information avoidance: When does ignorance seem most blissful? *Self & Identity*, 11, 185-201.
29. **Sweeny, K.**, Shepperd, J. A., & *Howell, J. (2012). Do as I say (not as I do): Inconsistency in behaviors and values. *Basic and Applied Social Psychology*, 34, 128-135.
30. **Sweeny, K.**, & Vohs, K. D. (2012). On near misses and completed tasks: The nature of relief. *Psychological Science*, 23, 464-468.
31. **Sweeny, K.**, & *Legg, A. M. (2011). Predictors of interest in direct-to-consumer genetic testing. *Psychology & Health*, 26, 1259-1272.
32. **Sweeny, K.**, Melnyk, D., *Miller, W., & Shepperd, J. A. (2010). Information avoidance: Who, what, when, and why. *Review of General Psychology*, 14, 340-353.
33. **Sweeny, K.**, & Shepperd, J. A. (2010). The costs of optimism and the benefits of pessimism. *Emotion*, 10, 750-753.
34. **Sweeny, K.**, & Shepperd, J. A. (2009). Responding to negative health events: A test of the Bad News Response Model. *Psychology & Health*, 24, 895-907.
35. **Sweeny, K.**, Shepperd, J. A., & Carroll, P. J. (2009). Expectations for others' outcomes. *Personality and Social Psychology Bulletin*, 35, 160-171.
36. Shepperd, J. A., Malone, W., & **Sweeny, K.** (2008). Exploring causes of the self-serving bias. *Social and Personality Psychology Compass*, 2, 895-908.
37. **Sweeny, K.** (2008). Crisis decision theory: Decisions in the face of negative events. *Psychological Bulletin*, 134, 61-76.
38. Carroll, P. J., Shepperd, J. A., **Sweeny, K.**, Carlson, E., & Benigno, J. P. (2007). Disappointment for others. *Cognition and Emotion*, 11, 1565-1576.
39. Shepperd, J. A., **Sweeny, K.**, & Cherry, L.C. (2007). Influencing audience satisfaction by manipulating expectations. *Social Influence*, 2, 98-111.
40. **Sweeny, K.**, & Shepperd, J. A. (2007). Do people brace sensibly? Risk judgments and risk prevalence. *Personality and Social Psychology Bulletin*, 33, 1064-1075.
41. **Sweeny, K.**, & Shepperd, J. A. (2007). Being the best bearer of bad tidings. *Review of General Psychology*, 11, 235-257.

42. Carroll, P., **Sweeny, K.**, & Shepperd, J. A. (2006). Forsaking optimism. *Review of General Psychology*, 10, 56-73.
43. **Sweeny, K.**, Carroll, P. J., & Shepperd, J. A. (2006). Thinking about the future: Is optimism always best? *Current Directions in Psychological Science*, 15, 302-306.
*Reprinted in A. A. Baird (Ed.), *Current Directions in Introductory Psychology*, 2nd edition (June 2008), pp. 169-176. Prentice Hall.

Edited books:

44. **Sweeny, K.**, & Robbins, M. L. (Volume editors). *The Wiley Encyclopedia of Health Psychology: Volume II, The Social Bases of Health Behavior*. Under contract.

Book and encyclopedia chapters:

45. *Shepperd, J. A., Falkenstein, A., & **Sweeny, K.** (in press). Fluctuations in future outlooks: From unrealistic optimism to bracing for the worst. In G. Oettingen, A. T. Sevincer, & P. M. Gollwitzer (Eds.), *The psychology of thinking about the future*.
46. *Falkenstein, A., Dooley, M., & Sweeny, K. (in press). Waiting for medical news. In K. Sweeny & M. L. Robbins (Eds.), *The Wiley Encyclopedia of Health Psychology: Volume II, The Social Bases of Health Behavior*.
47. *Andrews, S. E., **Sweeny, K.** (in press). A multi-level approach to managing threatening health information. To appear in P. J. Carroll, R. M. Arkin, & A. Wichman (Eds.), *The Handbook of Personal Security*.
48. ***Sweeny, K.**, & Ghane, A. (in press). Principles for effective coping in uncertain situations. To appear in J. Vuori, R. Blonk, & R. Price (Eds.), *Sustainable Working Lives: Managing Work Transitions and Health throughout the Life Course*. Springer.
49. *Legg, A., & **Sweeny, K.** (2012). Crisis management. In V. S. Ramachandran (Ed.) *Encyclopedia of Human Behavior*, 2nd Edition, pp. 618-622. London, UK: Elsevier Academic Press.
50. Shepperd, J. A., Carroll, P. J., & **Sweeny, K.** (2007). A functional approach to explaining fluctuations in future outlooks: From self-enhancement to self-criticism. In E. Chang (Ed.), *The complexities of self-criticism and self-enhancement: Theory, research and clinical implications*, pp. 161-180. Washington, DC: APA press.
51. Terry, M., **Sweeny, K.**, & Shepperd, J. A. (2007). Self-presentation. In R. Baumeister & K. D. Vohs, (Eds.), *Encyclopedia of Social Psychology*. Newbury Park, CA: Sage.
52. Shepperd, J. A., **Sweeny, K.**, & Carroll, P. J. (2006). Abandoning optimism in predictions about the future. In L. J. Sanna & E. Chang (Eds.), *Judgments over time: The interplay of thoughts, feelings and behaviors*, pp. 13-33. New York: Oxford University Press.

Other publications:

53. *Dooley, M. D., & **Sweeny, K.** (in press). The stress of academic publishing: It gets better. *Chronicle Review*.
54. Kate Sweeny: Award for Distinguished Scientific Early Career Contributions to Psychology. Award profile in press at the *American Psychologist* for publication in November 2016.
55. **Sweeny, K.** (in press). The downsides of positivity. *The Psychologist*.

MANUSCRIPTS UNDER REVIEW

1. Howell, J. L., & **Sweeny, K.** (2016, March). *Spontaneous-self affirmation promotes health and well-being during a waiting period*. Invited resubmission to the *Journal of Personality*.
2. Huynh, H. P., **Sweeny, K.**, & Miller, T. (2016, August). *Transformational leadership in primary care: Clinicians' patterned approaches to care predict patient satisfaction and health expectations*. Invited resubmission to *Journal of Health Psychology*.
3. ***Sweeny, K.**, & Falkenstein, A. (2016, September). *Even optimists get the blues: Intra-individual consistency in the tendency to brace for the worst*. Invited resubmission to the *Journal of Personality*.
4. ***Layous, K., Sweeny, K., Armenta, C., & Lyubomirsky, S.** (2016, June). *Gratitude interventions induce more than gratitude*. Manuscript under review.
5. **^*Dooley, M. D., Sweeny, K., & Tehrani, K.** (2016, July). *Being optimistic versus seeming optimistic: Consequences for interpersonal success*. Manuscript under review.
6. **Sweeny, K.** (2016, August). *Bracing later and coping better: Benefits of mindfulness meditation during a stressful waiting period*. Manuscript under review.
7. **Sweeny, K.**, & Andrews, S. E. (2016, August). *Should patients be optimistic about surgery? Resolving a conflicted literature*. Manuscript under review.
8. Howell, J. L., Miller, W., **Sweeny, K.**, & Shepperd, J. A. (2016, March). *Hot or not? How self-view threat influences avoidance of attractiveness feedback*. Manuscript under revision.

SELECTED PRESENTATIONS

Recent talks (2013-present):

- Morse, P., **Sweeny, K.**, & Legg, A. M. (2016, August). *Situations, dispositions, and health: An application of the situation construal model*. Symposium presentation at the Annual Convention of the American Psychological Association, Denver, CO.
- Sweeny, K.** (2016, April). *Waiting is the hardest part: Unpacking the experience of awaiting uncertain news*. Invited presentation for the University of Kansas psychology colloquium series, Lawrenceville, KS.
- Sweeny, K.** (2016, April). *Waiting is the hardest part: Unpacking the experience of awaiting uncertain news*. Invited presentation for the Ohio University social psychology colloquium series, Athens, OH.
- Sweeny, K.** (2016, March). *Waiting is the hardest part: Unpacking the experience of awaiting uncertain news*. Invited presentation for the Iowa State University psychology colloquium series, Ames, IA.
- Sweeny, K.** (2016, February). *Waiting is the hardest part: Unpacking the experience of awaiting uncertain news*. Invited presentation for the Fuller Theological Seminary psychology colloquium series, Pasadena, CA.
- Howell, J., Miller, W., **Sweeny, K.**, & Shepperd, J. A. (2016, January). *Hot or not? How threat influences attractiveness feedback avoidance*. Symposium presentation at the Annual Conference of the Society of Personality and Social Psychology, San Diego, CA.
- Sweeny, K.** (2015, November). *Tips for writing pre- and post-doc NRSA fellowships*. Invited presentation for the UCLA Psychology Department professional development graduate course, Los Angeles, CA.

- Sweeny, K.** (2015, April). *A study of communication in the General Surgery Clinic*. Grand rounds presented at the Riverside County Regional Medical Center, Moreno Valley, CA.
- Sweeny, K.** (2015, May). *Investing in pessimism: Costs of positivity in the face of uncertainty*. Invited talk at the Annual Convention of the Association for Psychological Science, New York, NY. (Chair, Symposium, "The Downsides of Positivity.")
- Sweeny, K.** (2015, February). *When expecting the worst is for the best: Benefits of pessimism at the moment of truth*. Symposium talk to be presented at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.
- Sweeny, K.** (2015, February). *"We'll call you when the results are in": Predictors, correlates, and consequences of waiting for health news*. Invited talk presented at the Social Personality Health Network's Preconference for the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.
- Sweeny, K.** (2015, February). *The waiting is the hardest part: Unpacking the experience of uncertain waiting periods*. Invited presentation for the Furman University colloquium series, Greenville, SC.
- Sweeny, K.** (2015, February). *On near misses and completed tasks: The nature and consequences of relief*. Invited presentation for the Time, Tense and the Psychology of Relief Workshop, University of Warwick, Coventry, UK.
- Sweeny, K.** (2014, November). *The waiting is the hardest part: Unpacking the experience of uncertain waiting periods*. Invited presentation for the Claremont Graduate University social psychology colloquium series, Claremont, CA.
- Sweeny, K.** (2014, May). *The waiting is the hardest part: Unpacking the experience of uncertain waiting periods*. Invited presentation for the UCR School of Business Administration colloquium series, Riverside, CA.
- Sweeny, K.** (2014, May). *Tips for writing pre- and post-doc NRSA fellowships*. Invited presentation for the UCLA Psychology Department professional development graduate course, Los Angeles, CA.
- Sweeny, K.** (2014, April). *Waiting is the hardest part: Managing uncertainty about threatening health information*. Symposium presentation at the Annual Conference for the Society for Behavioral Medicine, Philadelphia, PA.
- Sweeny, K.** (2014, February). *Disparities in surgical care and outcomes: Research from the General Surgery Clinic at the Riverside County Regional Medical Center*. Invited presentation for the UCLA Health Psychology Colloquium Series, Los Angeles, CA.
- Sweeny, K.** (2013, September). *Waiting is the hardest part: A longitudinal examination*. Symposium presentation at the Annual Conference of the Society for Experimental Social Psychology, Berkeley, CA.
- Howell, J., Miller, W., **Sweeny, K.**, & Shepperd, J. A. (2013, May). *Hot or not? How threat influences willingness to receive attractiveness feedback*. Symposium presentation at the Annual Convention of the Association for Psychological Science, Washington, DC.
- Sweeny, K.** (2013, April). *The waiting is the hardest part: Mapping the process of managing uncertainty*. Invited presentation for USC colloquium series, Los Angeles, CA.
- Sweeny, K.** (2013, March). *Disparities in surgical care and outcomes: Research from the General Surgery Clinic at the Riverside County Regional Medical Center*. Invited presentation for the Health Care Disparities Seminar, University of California, Riverside, CA.

Sweeny, K. (2013, March). *The waiting is the hardest part: Mapping the process of managing uncertainty*. Invited presentation for UCSB colloquium series, Santa Barbara, CA.

Sweeny, K. (2013, February). *The waiting is the hardest part: Mapping the process of managing uncertainty*. Invited presentation for SDSU colloquium series, San Diego, CA.

Recent posters (2013-present):

Legg, A. M., & **Sweeny, K.** (2016, January). *The roles of anxiety and empathy when giving bad news*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, San Diego, CA.

Andrews, S. E., & **Sweeny, K.** (2016, January). *Doctor-patient communication goals and patient adherence*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, San Diego, CA.

Dooley, M., & **Sweeny, K.** (2016, January). *You got what I need(ed): Social support seeking and satisfaction during waiting periods*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, San Diego, CA.

Falkenstein, A., & **Sweeny, K.** (2016, January). *Justifying expectations of the future: The content, correlates, and temporal pattern of explanations for performance predictions*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, San Diego, CA.

Andrews, S. E., & **Sweeny, K.** (2015, April). *Personal preparedness and self-affirmation in the face of disaster*. Poster presentation at the Annual Conference for the Western Psychological Association, Las Vegas, NV.

Falkenstein, A., & **Sweeny, K.** (2015, April). *Linguistic characteristics of communication during medical visits*. Poster presentation at the Annual Conference for the Western Psychological Association, Las Vegas, NV.

Perez, N., & **Sweeny, K.** (2015, April). *University student attitudes and behaviors toward cognitive enhancement drugs*. Poster presentation at the Annual Conference for the Western Psychological Association, Las Vegas, NV.

Andrews, S. E., & **Sweeny, K.** (2015, February). *Strategy selection in navigating uncertainty*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.

Dooley, M., & **Sweeny, K.** (2015, February). *The nuanced role of outcome importance when awaiting uncertain news*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.

Falkenstein, A., & **Sweeny, K.** (2015, February). *Bracing for the worst: Strategic or reflexive expectation management?* Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.

Huynh, H. P., **Sweeny, K.**, & Miller, T. (2015, February). *An empirical examination of "doctorship styles": Do clinicians' styles of care predict patient health outcomes?* Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.

Legg, A. M., & **Sweeny, K.** (2015, February). *Serving up a bad news sandwich: Anxiety and communication method influence bad news delivery*. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA.

Ruberton, P., Huynh, H. P., Miller, T., Kruse, E., Chancellor, J., **Sweeny, K.**, & Lyubomirsky, S. (2015, February). *The relationship between physician humility, physician-patient*

communication, and patient health. Poster presentation at the Annual Conference of the Society of Personality and Social Psychology, Long Beach, CA

Huynh, H., & **Sweeny, K.** (2014, April). *Hang on! There's a new way to measure behavioral aggression.* Poster presented at the Annual Conference for the Western Psychological Association, Portland, OR.

Andrews, S. E., & **Sweeny, K.** (2014, January). *Waiting is the hardest part: Modeling the experience of uncertainty.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, Austin, TX.

Ghane, A., **Sweeny, K.**, & Updegraff, J. A. (2014, January). *Bracing, bad news, and the bar: Self-construal abstractness predicts less bracing.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, Austin, TX.

Huynh, H. P., & **Sweeny, K.** (2014, January). *Aggression in response to manipulated expectations.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, Austin, TX.

Legg, A. M., & **Sweeny, K.** (2014, January). *Ending on a high note: Perspective-taking influences blended news delivery.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, Austin, TX.

Morse, P., & **Sweeny, K.** (2014, January). *Applying the situational construal model to healthcare experiences.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, Austin, TX.

Andrews, S. E., Tabuenca, A., & **Sweeny, K.** (2013, April). *Patient expectations for hernia and gallbladder surgery: A descriptive report.* Poster presented at the Annual Convention for the Society for Behavioral Medicine. San Francisco, CA.

Ghane, A., Tabuenca, A., & **Sweeny, K.** (2013, April). *Decisional control in clinic-based surgical consultations.* Poster presented at the Annual Convention for the Society for Behavioral Medicine. San Francisco, CA.

Huynh, H. P., & **Sweeny, K.** (2013, April). *"Doctorship styles": Applying leadership research to explore physicians' patterned approaches to care.* Poster presented at the Annual Convention for the Society for Behavioral Medicine. San Francisco, CA.

Legg, A. M., Tabuenca, A., & **Sweeny, K.** (2013, April). *Changes in patients' emotions during surgical consultations.* Poster presented at the Annual Convention for the Society for Behavioral Medicine. San Francisco, CA.

Ghane, A., & **Sweeny, K.** (2013, January). *Like a sitting duck: Embodiment and perceived vulnerability in a medical simulation study.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, New Orleans, LA.

Andrews, S. E., & **Sweeny, K.** (2013, January). *Individual differences in uncertainty navigation.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, New Orleans, LA.

Huynh, H. P., & **Sweeny, K.** (2013, January). *"Doctorship" styles: Clinicians' patterned approach to patient care examined in a clinical setting.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, New Orleans, LA.

Legg, A. M., & **Sweeny, K.** (2013, January). *Responding to bad news: Agreement between self and friend ratings.* Poster presented at the Annual Conference of the Society of Personality and Social Psychology, New Orleans, LA.

RESEARCH AND PROFESSIONAL EXPERIENCE

Social/Personality Area Head, Department of Psychology, University of California, Riverside (2016-)
 Strategic Planning Committee, Department of Psychology, University of California, Riverside (2016-)
 UCR Biomedical/Clinical Institutional Review Board, Voting Member (2016-2019)
 Program Review Committee for the Western Psychological Association (2015-2016)
 UC Intercampus Consortium on Health Psychology, Graduate Training Committee, Chair (2015-2016)
 Social Personality Health Network Preconference Program Chair (2015-2017)
 Social Personality Health Network Early Career Award Committee (2014-2015)
 Ad-hoc reviewer for NSF (2 proposals, 2013-2014)
 Social Personality Health Network Mentor Lunch, “Advice and Strategies for Junior Faculty” (2014),
 “How to Get Tenure” (2015)
 SBM Award for an Outstanding Trainee Abstract in Health Decision Making, Reviewer (2014)
 Longitudinal Ambulatory Care Experience first year lecture series, Speaker; UCR School of Medicine (2013-14)
 NIH Fellowship Study Section, Reviewer (2010, 2013, 2015)
 SPSP Mentor Lunch, “Heath and Social Psychology” (2013), “Collaborating Outside Academia” (2016)
 Social Personality Health Network Virtual Brownbag; Committee (2011-present), Chair (2013-2015)
 Poster Selection Committee, Annual Meeting of the Society for Personality and Social Psychology (2011-2012, 2014-2015)
 Summer Institute on Social/Personality Psychology and Health, National Cancer Institute (2009)
 Advanced Training Institute on Health Behavior Theory, National Cancer Institute (2008)
 Summer Institute in Informed Patient Choice, Selected Fellow, Dartmouth College, Center for the Evaluative Clinical Sciences (2007)

SELECTED MEDIA INTERVIEWS

Television:

NOVA's *The Secret Lives of Scientists and Engineers*. Profiled in Season 4, 2014.

(<http://www.pbs.org/wgbh/nova/blogs/secretlife/dance/kate-sweeny/>)

Psychology professor Kate Sweeny on genetic testing. Brad Pomerance. CNN Headline News, Charter Local Edition. Televised June 27-July 1, 2011.

Radio:

Anxiously waiting. Top of Mind with Julie Rose. BYU Radio. November 2015.

Magazine:

Here's how to make waiting a little less excruciating. Alice Park. *TIME Magazine*, December 2014.

3 steps to get over life's epic disappointments. Lindsay Lavine. *Fast Company*, September 2014.

This is only a (medical) test... Julia Edelstein. *Real Simple Magazine*, July 2014.

Should you lower your expectations? The weird benefit of aiming lower. Nina Elias. *Prevention Magazine*, June 2013.

The uses and abuses of optimism (and pessimism). Annie Murphy Paul. *Psychology Today*, November 2011.

The part-time optimist: When to hope for the best, when to brace yourself. Jill Coody Smits. *Psychology Today*, May 2011.

The optimism revolution. Jill Neimark. *Psychology Today*, May 2007.

Newspaper:

Good news about worrying. Jan Hoffman, *New York Times*, November 2015. Also covered by:

- *TIME.com*: <http://time.com/4078583/bad-news-waiting/>
- *Glamour.com*: <http://www.glamour.com/health-fitness/blogs/vitamin-g/2015/10/cope-bad-news-uncertainly-trick>
- *Details.com*: <http://www.details.com/story/do-worry-be-happy>
- *Jezebel.com*: <http://jezebel.com/anxious-minds-rejoice-study-shows-that-worrying-is-so-1740613285>
- *Yahoo! Health*: <https://www.yahoo.com/health/when-worrying-can-be-good-for-you-184359431.html>
- *Bustle.com*: <http://www.bustle.com/articles/122146-worrying-can-benefit-you-in-the-long-run-says-new-study-so-go-ahead-and-have>

When analysts sober up. Jason Zweig. *Wall Street Journal*, October 12, 2013.
(<http://blogs.wsj.com/moneybeat/2013/10/11/when-analysts-sober-up/>)

Lean toward the sunny side, but don't overdo it. Alina Tugend. *New York Times*, September 24, 2011.

Web:

The best way to deal when you're waiting for big news. OWN Show, Oprah.com, October 2015.
<http://www.oprah.com/own-show/The-Best-Way-to-Deal-When-Youre-Waiting-for-Big-News>

The best way to prepare for bad news. OWN Show, Oprah.com, October 2015.
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