

Ag157a

9/8/23

Time of arrival: 9:20am

People present: banban, Steph a

- feedback from participant: take a picture of the nox input names and add it to the instructions for people with poor eyesight to see
- Went to bed at 10pm but did not sleep till 3am; Had very poor sleep due to headache from the nox device attached on head; felt she should also have changed clothes to something more comfortable; woke up at 8am; did not wake up in between; also felt her schedule was disrupted by coming at 5pm to put on the nox device
- All devices attached through the night except she removed nose cannula; chin electrodes fell off once and she taped them back
- Given paper sleep diary but not an actigraph since she is not yet booked for the next visit