

[Health] Symptom Checker Assistant

Identified Symptoms

unspecified symptom

Matched Conditions

unknown

Advice

AI-generated advice based on retrieved context

Gemini says

Okay, I understand. Vomiting can be unpleasant and sometimes concerning. Here's some general advice, but please remember I am not a medical professional and this is not a substitute for professional medical advice.

What to do now

- * Stay Hydrated: Vomiting can lead to dehydration. Sip small amounts of clear liquids like water, clear broth, or diluted juice. Avoid sugary drinks.
- * Rest: Your body needs time to recover.
- * Avoid Solid Foods: Until you feel like you can keep something down, stick to liquids.
- * Observe Your Symptoms: Pay attention to the following
 - * Frequency: How often are you vomiting?
 - * Amount: How much are you vomiting each time?
 - * Color/Appearance: What does the vomit look like? (e.g., clear, yellow, green, bloody, coffee-ground appearance)
 - * Other Symptoms: Are you experiencing any other symptoms like fever, abdominal pain, diarrhea, dizziness, headache, or neck stiffness?

When to seek medical attention immediately

- * Blood in the vomit: Especially if it's bright red or looks like coffee grounds.

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- * Severe abdominal pain
- * High fever (over 101°F or 38.3°C)
- * Inability to keep down liquids
- * Signs of dehydration: (e.g., decreased urination, dizziness, extreme thirst, dry mouth)
- * Severe headache or stiff neck
- * Confusion or altered mental state
- * If you have a chronic medical condition (e.g., diabetes, heart disease).
- * If you are pregnant.
- * If you suspect poisoning.
- * If you are concerned about a head injury.

Possible Causes

Vomiting can have many causes, including

- * Viral gastroenteritis ("stomach flu"): This is a common cause.
- * Food poisoning
- * Motion sickness
- * Migraine
- * Medications
- * Pregnancy (morning sickness)
- * Other medical conditions: (e.g., appendicitis, bowel obstruction)

Important Considerations

- * Handwashing: Wash your hands frequently to prevent spreading any potential infection.
- * Avoid preparing food for others until you feel better.

To help me give you more relevant advice, could you tell me

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- * How long have you been vomiting?
- * Do you have any other symptoms?
- * Are you taking any medications?
- * Do you have any known medical conditions?
- * Is there a chance you could be pregnant?

Again, if you are concerned, please contact your doctor or go to an urgent care clinic or emergency room.

Take care, and I hope you feel better soon.