[Health] Symptom Checker Assistant

Identified Symptoms

fever

Potential Conditions

flu, dengue

Personalized Advice

AI-generated advice based on retrieved context

Additional Insights

I am not a medical professional, and this information should not be taken as medical advice. If you are experiencing a fever, it's important to take it seriously. Here's what you should do

1. Check your temperature: Use a thermometer to confirm you have a fever. Generally, a fever is considered 100.4°F (38°C) or higher.

2. Stay hydrated: Drink plenty of fluids like water, clear broths, or electrolyte solutions to prevent dehydration.

3. Rest: Get adequate rest to allow your body to recover.

4. Consider over-the-counter medications: If you are experiencing discomfort, you can take acetaminophen (Tylenol) or ibuprofen (Advil, Motrin) to reduce your fever and relieve any aches or pains. Always follow the dosage instructions on the label.

5. Monitor your symptoms: Keep track of your symptoms and if they worsen or if you develop new symptoms.

When to Seek Medical Attention

*   You have a high fever (103°F or higher).
*   Your fever lasts for more than a few days.
*   You experience severe symptoms such as
*   Severe headache
*   Stiff neck

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* Difficulty breathing

* Chest pain

* Abdominal pain

* Confusion

* Seizures

* Severe dehydration

If you have any underlying health conditions or concerns, it's always best to consult with a doctor for personalized advice.

Matched Conditions

Advice