

# [Health] Symptom Checker Assistant

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## Identified Symptoms

fever

## Potential Conditions

flu, dengue

## AI-Generated Advice

AI-generated advice based on retrieved context

## Detailed Analysis

I understand you have a fever. I am an AI and cannot give medical advice. It is important to seek professional advice from a medical professional if you have a fever, but here are some general guidelines

## What to do

- \* Rest: Get plenty of sleep and avoid strenuous activities.
- \* Hydrate: Drink plenty of fluids like water, juice, broth, or electrolyte solutions to prevent dehydration.
- \* Monitor your temperature: Check your temperature regularly to see if it's changing.
- \* Over-the-counter medication: You can take over-the-counter medications like acetaminophen (Tylenol) or ibuprofen (Advil, Motrin) to help reduce the fever. Follow the dosage instructions on the label.
- \* Cool compress: Apply a cool, damp cloth to your forehead or neck.
- \* Light clothing: Wear light, breathable clothing to help your body cool down.
- \* Avoid alcohol and tobacco: These can worsen your condition.

## When to see a doctor

- \* Your fever is very high (103°F or higher for adults).
- \* Your fever lasts for more than a few days.
- \* You have other symptoms like a severe headache, stiff neck, rash, difficulty breathing, chest pain, abdominal pain, confusion, seizures, or dehydration.

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- \* You have a chronic medical condition.
- \* You are concerned about your symptoms.

## Disclaimer

This information is for informational purposes only and does not constitute medical advice. Always consult with a qualified healthcare professional for any questions you may have regarding your condition.

## Matched Conditions

## Advice