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College of Medical Sciences - Nepal
(Affiliated to Kathmandu University & Recognized by Nepal Medical Council)

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Date : 27 June 2023

Ref Id: Dr. Sona Sharma
AAMC Id: 16106908

Dear Program Director,

I am pleased to write this letter to support Dr. Sona Sharma's application for an Internal Medicine residency. As an associate professor of Gastroenterology at the College of Medical Sciences, my responsibilities include closely observing and mentoring undergraduates, residents, and post-graduates. As a result, I have had the chance to interact with Dr. Sharma during her medical school and internship- witnessing her growth from a hardworking medical student to a praiseworthy doctor.

I first noticed Dr. Sharma during a bedside teaching session in her third year of medical school. Her comprehensive history and dedicated clinical examination reflected her high motivation to pursue clinical medicine. Furthermore, her interpretation of clinical signs and symptoms and systemic approach to forming a diagnosis could only come from a firm hold over basic medical sciences. She is a critical thinker, never hesitating to put forward her concerns and clarify her doubts. In addition, she always seemed excited to share her knowledge and clinical skills among her peers. She proved her academic excellence by graduating within the top percentile of her class.

Dr. Sharma was punctual, disciplined, and courteous during her two-week-long internship in the Gastroenterology department. She actively sought to volunteer in the OPD during her leisure periods, also helping out with clerical duties. This allowed me to get to know her better and mentor her personally. She had an excellent bedside manner and could empathize with the sufferings of the patient and family members. She worked as a part of a multidisciplinary team responsible for admitting patients, writing history and clinical notes, formulating a management plan, and writing discharge/transfer summaries. Her assessments of cases were comprehensive and detailed, including subtle history and clinical findings, which are easy to miss. During her rotations, she independently performed paracentesis, thoracentesis, and intravenous cannulation and closely observed esophagogastroduodenoscopy and colonoscopy.

Her desire to alleviate suffering and act on her responsibility to society made her a vibrant leader of the college's student organization- Prawaha; I often found her actively contributing to blood donation campaigns or collecting funds for deprived patients. In addition, she actively participated in organizing committees of health camps and volunteered to reach out to impoverished communities. During these camps, her social and communication skills would be truly tested among culturally and socioeconomically diverse patients. Dr. Sharma's ability to interact effectively with people from all strata of society and counsel patients at their level of understanding was evident in these conversations.

Dr. Sharma has raised the bar of our expectations from our students and undoubtedly has earned my highest recommendations for her future undertakings. Dr. Sharma would be a tremendous asset in any health care team or program she joins, and I recommend her without any reservation.

Should you have any questions about Dr. Sharma, please feel free to call or email me.

Sincerely,

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