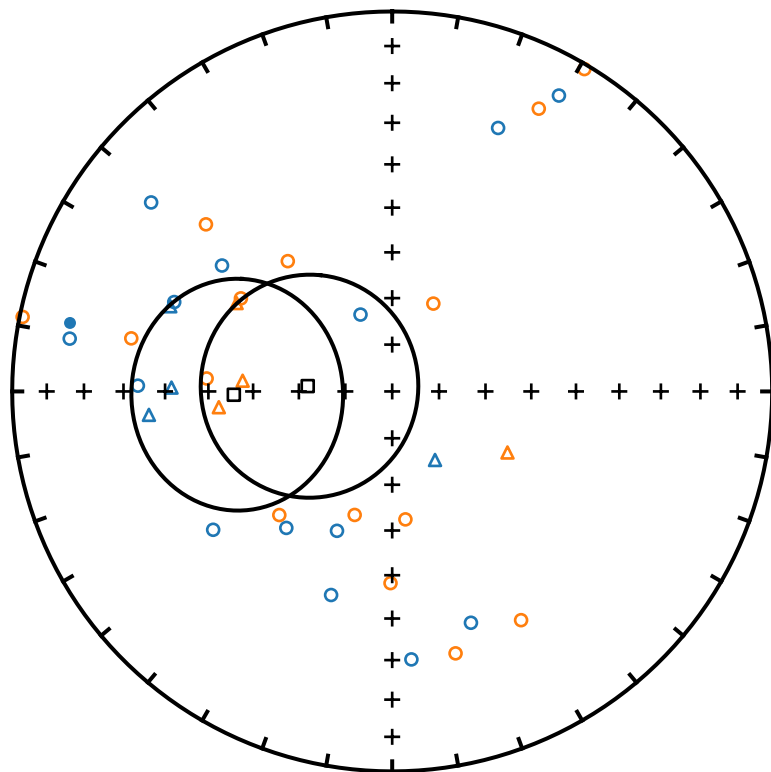HT