**MASTER THESIS – EXERCISE AND SPORTS**

Hello,

I would like to invite you to take part in a survey about **sports and exercise** as part of my master thesis. Please answer the questions as honestly as possible. Of course, all your data will be kept **anonymous and confidential** and cannot be traced back to you. If you are not sure which answer applies to you, please choose the alternative that applies to you.

It will take about **10-15 minutes** to answer the questionnaire.

Thank you for your cooperation,

Swathi Krishnaraja