

参考最简二足模型的基于一些假设 与近似的一步内四足模型的理论建立

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① 事实、符号与约定

② 各物理量的推导

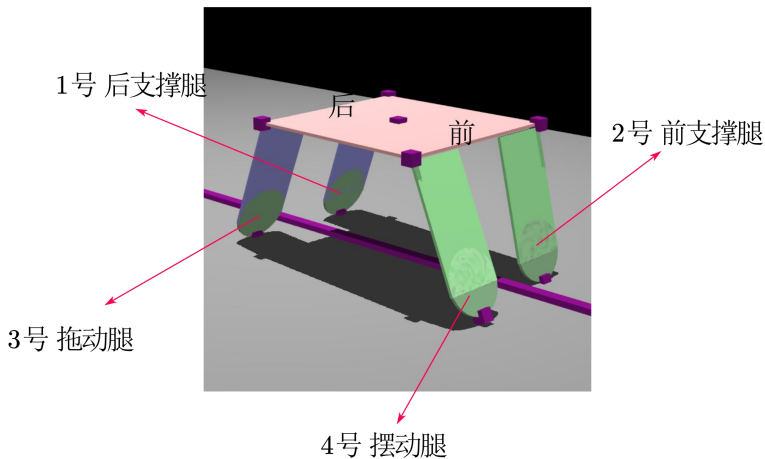
③ Euler-Lagrange 方程

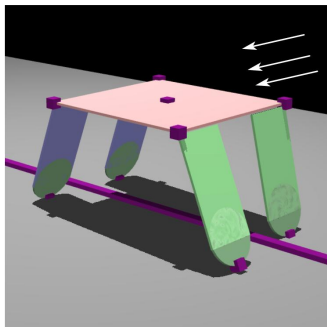
④ 代码实现

事实、符号与约定

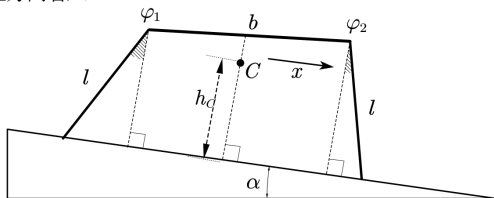
- ❶ 拖地滑行总是发生在后腿, 若否则整体打滑, 非研究范畴
- ❷ 能量的耗散总是来源于后腿的摩擦, 本模型旨在定量分析一次步态内的运动方程, 所以触地损耗不被考量

腿的序号的约定

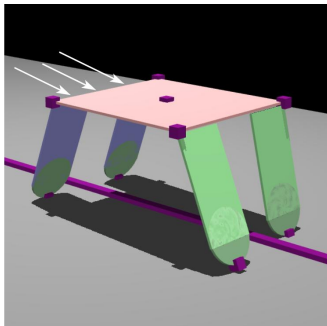




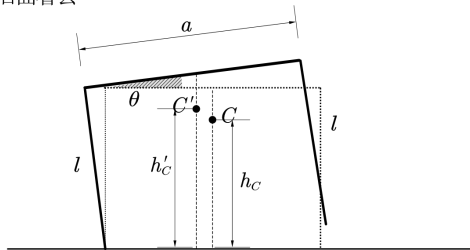
从此方向看入



- ❶ C 点是质心. 我们假定没有横向的偏移, 尽管这略微与事实相悖, 在此基础上设 x 是质心相对坐标原点的位移
- ❷ l, b, h_C 分别是腿长, 身长, 质心到斜面的垂直高度
- ❸ $\varphi_1, \varphi_2, \alpha$ 分别是后支撑腿 1 号与垂直斜面的夹角, 前支撑腿 2 号与垂直斜面的夹角, 斜面倾角



从后面看去



- ① a 是身子的长度
- ② θ 是身子沿 x 轴侧转的角度
- ③ 设关节的角量劲度系数为 k , 关节的平衡位置是 β

各物理量的推导

重力势能为

$$V_G = mg [-x \sin \alpha + (h'_C - h_C) \cos \alpha]$$

弹性势能为

$$\begin{aligned} V_k &= \frac{1}{2} k \sum_{i=1}^4 (\varphi_i - \beta)^2 \\ &= \frac{1}{2} k [(\varphi_1 - \beta)^2 + (\varphi_2 - \beta)^2 + (\varphi_3 - \beta)^2 + (\varphi_4 - \beta)^2] \end{aligned}$$

质心动能

$$T_C = \frac{1}{2} m \dot{x}^2 + \frac{1}{2} m \left(h_C^2 + \frac{a^2}{4} \right) \dot{\theta}^2$$

腿的动能

$$T_L = \frac{1}{2} \left(\sum_{i=1}^4 I \dot{\varphi}_i^2 + \sum_{i=1}^4 J \dot{\theta}_i^2 \right)$$

用 m_L 表示腿的质量, I 是腿绕质心前后摆动的转动惯量, J 是腿绕质心随身体侧摆的转动惯量

$$I = m_L \left[\frac{1}{12} l^2 + \frac{1}{4} (b + l \sin \varphi)^2 + \frac{1}{4} \left(2h'_C - \frac{l}{2} \cos \varphi \right)^2 \right]$$

$$J = m_L \left[\frac{1}{12} l^2 \cos^2 \varphi + \frac{1}{4} (a \cos \theta - l \cos \varphi \sin \theta)^2 + \frac{1}{4} (2h'_C - l \cos \varphi \sin \theta)^2 \right]$$

拖动腿 3 受到摩擦力为

$$f = \mu m \left(g \cos \alpha \left(\frac{\frac{b}{2} + l \sin \varphi_2}{b + l (\sin \varphi_1 + \sin \varphi_2)} \right) \left(\frac{1}{2} - \frac{l}{a} \sin \theta \right) + \left(\frac{h_C^2}{a} + \frac{a}{4} \right) \ddot{\theta} \right)$$

质心的几何位置满足

$$h'_C = h_C \cos \theta + \frac{a}{2} \sin \theta$$

$$h_C = l \frac{\cos \varphi_1 + \cos \varphi_2}{2}$$

腿的角位移 φ 的几何约束

$$l \sin \varphi_1 = l \sin \varphi_{10} + x$$

$$l \sin \varphi_2 = l \sin \varphi_{20} + x$$

$$l \cos \varphi_3 \cos \theta = l \cos \varphi_1 \cos \theta + a \sin \theta$$

$$(*) d\varphi_4 = \lambda d\theta$$

经验方程: 摆动腿4是腾空的, 无法根据几何关系确定其位置

Euler-Lagrange 方程

设 $\mathcal{L} = \mathcal{L}(q, \dot{q}, t)$ 是 Lagrange 量, 其中 q 是广义坐标, 运算 $\dot{x} = \frac{dx}{dt}$ 表示对时间求一次导数, $S[q] = \int_{t_1}^{t_2} \mathcal{L} dt$ 是作用量, 当作用量取得极值 ($\delta S = 0$) 时, 有

$$\frac{d}{dt} \frac{\partial \mathcal{L}}{\partial \dot{q}_i} - \frac{\partial \mathcal{L}}{\partial q_i} = Q_i$$

Q_i 是 Rayleigh 阻尼项, 是系统的耗散力. 在此系统中

$$\mathcal{L} = T - V$$

整理动能、势能与耗散力

系统的势能为

$$V = V_G + V_k = mg [-x \sin \alpha + (h'_C - h_C) \cos \alpha] \\ + \frac{1}{2}k [(\varphi_1 - \beta)^2 + (\varphi_2 - \beta)^2 + (\varphi_3 - \beta)^2 + (\varphi_4 - \beta)^2]$$

忽略掉腿的动能 T_L , 系统的动能为

$$T = T_C = \frac{1}{2}m\dot{x}^2 + \frac{1}{2}m \left(h_C^2 + \frac{a^2}{4} \right) \dot{\theta}^2$$

本模型未考虑关节处的阻尼, 所以系统的耗散力就是摩擦力 f

$$Q = f = \mu m \left(g \cos \alpha \left(\frac{\frac{b}{2} + l \sin \varphi_2}{b + l (\sin \varphi_1 + \sin \varphi_2)} \right) \left(\frac{1}{2} - \frac{l}{a} \sin \theta \right) \right. \\ \left. + \left(\frac{h_C^2}{a} + \frac{a}{4} \right) \ddot{\theta} \right)$$

联立上述所有方程（忽略腿的动能）保留 θ 和 x 为变元

$$\begin{aligned}\mathcal{L} = & \frac{1}{2}m\dot{x}^2 + \frac{1}{2}m\left(\frac{l^2}{4}\left(\sqrt{1-\left(\sin\varphi_{10}+\frac{x}{l}\right)^2} + \sqrt{1-\left(\sin\varphi_{20}+\frac{x}{l}\right)^2}\right)^2 + \frac{a^2}{4}\dot{\theta}^2\right. \\ & - mg\left(-x\sin\alpha + \left(\frac{a}{2}\sin\theta - \frac{l}{2}(1-\cos\theta)\left(\sqrt{1-\left(\sin\varphi_{10}+\frac{x}{l}\right)^2} + \sqrt{1-\left(\sin\varphi_{20}+\frac{x}{l}\right)^2}\right)\cos\alpha\right) \\ & \left. - \frac{1}{2}k\left(\begin{aligned} & \left(\arcsin\left(\sin\varphi_{10}+\frac{x}{l}\right)-\beta\right)^2 + \left(\arcsin\left(\sin\varphi_{20}+\frac{x}{l}\right)-\beta\right)^2 \\ & + \left(\arccos\left(\sqrt{1-\left(\sin\varphi_{10}+\frac{x}{l}\right)^2} + \frac{x}{l}\tan\theta\right)-\beta\right)^2 + (\varphi_{40}+\lambda\theta-\beta)^2 \end{aligned}\right)\right)\end{aligned}$$

$$\begin{aligned}
\frac{\partial \mathcal{L}}{\partial x} = & mg \sin \alpha - \frac{1}{2} mg \cos \alpha (1 - \cos \theta) \left(\frac{\frac{x}{l} + \sin \varphi_{10}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \frac{\frac{x}{l} + \sin \varphi_{20}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2}} \right) \\
& + \frac{k}{l} \left(\frac{\frac{\beta - \arcsin\left(\frac{x}{l} \sin \varphi_{10}\right)}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \frac{\beta - \arcsin\left(\frac{x}{l} \sin \varphi_{20}\right)}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2}} \right. \\
& \left. \left(-\beta + \arccos\left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}\right) + \frac{x}{l} \tan \theta \right) \left(-\frac{\frac{x}{l} \sin(\varphi_{10})}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \tan \theta \right) \right. \\
& \left. + \frac{\left(-\beta + \arccos\left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}\right) + \frac{x}{l} \tan \theta \right)^2}{\sqrt{1 - \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2} + \frac{x \tan \theta}{l}\right)^2}} \right) \\
& - \frac{1}{4} ml \left(\frac{\frac{x}{l} \sin \varphi_{10}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \frac{\frac{x}{l} \sin \varphi_{20}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2}} \right) \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2} \right)
\end{aligned}$$

$$\frac{\partial \mathcal{L}}{\partial \theta} = \frac{1}{4} \left(-4k\lambda(\beta + \theta\lambda - \phi_{40}) - 2mga \cos \alpha \cos \theta + 2mgl \cos \alpha \sin \theta \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right) \right. \\ \left. + \frac{4kx \left(-\beta + \arccos \left[\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \frac{x \tan \theta}{l} \right] \right) \sec^2 \theta}{l \sqrt{1 - \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \frac{x \tan \theta}{l} \right)^2}} \right)$$

$$\frac{\partial \mathcal{L}}{\partial \dot{x}} = m\dot{x}$$

$$\frac{\partial \mathcal{L}}{\partial \dot{\theta}} = m \left(\frac{a^2}{4} + \frac{1}{4}l^2 \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right)^2 \right) \dot{\theta}$$

$$\frac{d}{dt} \frac{\mathcal{L}}{\partial \dot{x}} = m\ddot{x}$$

$$\begin{aligned} \frac{d}{dt} \frac{\mathcal{L}}{\partial \dot{\theta}} = & m \left(\frac{a^2}{4} + \frac{1}{4}l^2 \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right)^2 \right) \ddot{\theta} \\ & - \frac{1}{2}ml^2 \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right) \\ & \cdot \left(\frac{\left(\frac{x}{l} + \sin \varphi_{10} \right) \frac{\dot{x}}{l}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2}} + \frac{\left(\frac{x}{l} + \sin \varphi_{20} \right) \frac{\dot{x}}{l}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2}} \right) \dot{\theta} \end{aligned}$$

关于广义坐标 x 的 Lagrange 方程

把上面算完的关于 x 各项代入 Euler-Lagrange 方程

$$\begin{aligned} & m\ddot{x} + mg \sin \alpha - \frac{1}{2} mg \cos \alpha (1 - \cos \theta) \left(\frac{\frac{x}{l} + \sin \varphi_{10}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \frac{\frac{x}{l} + \sin \varphi_{20}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2}} \right) \\ & + \frac{k}{l} \left(\frac{\beta - \arcsin\left(\frac{x}{l} \sin \varphi_{10}\right)}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \frac{\beta - \arcsin\left(\frac{x}{l} \sin \varphi_{20}\right)}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2}} \right. \\ & \quad \left. + \frac{\left(-\beta + \arccos\left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}\right) + \frac{x}{l} \tan \theta\right) \left(-\frac{\frac{x}{l} \sin \varphi_{10}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \tan \theta\right)}{\sqrt{1 - \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2} + \frac{x \tan \theta}{l}\right)^2}} \right) \\ & - \frac{1}{4} ml \left(\frac{\frac{x}{l} \sin \varphi_{10}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2}} + \frac{\frac{x}{l} \sin \varphi_{20}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2}} \right) \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10}\right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20}\right)^2} \right) \\ & = \mu m \left(g \cos \alpha \left(\frac{\frac{b}{2} + l \sin \varphi_2}{b + l(\sin \varphi_1 + \sin \varphi_2)} \right) \left(\frac{1}{2} - \frac{l}{a} \sin \theta \right) + \left(\frac{h_C^2}{a} + \frac{a}{4} \right) \ddot{\theta} \right) \end{aligned}$$

关于广义坐标 θ 的 Lagrange 方程

$$\begin{aligned} & m \left(\frac{a^2}{4} + \frac{1}{4} l^2 \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right)^2 \right) \ddot{\theta} \\ & - \frac{1}{2} m l^2 \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right) \left(\frac{\left(\frac{x}{l} + \sin \varphi_{10} \right) \dot{x}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2}} + \frac{\left(\frac{x}{l} + \sin \varphi_{20} \right) \dot{x}}{\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2}} \right) \dot{\theta} \\ & + \frac{1}{4} \left(-4k\lambda(\beta + \theta\lambda - \phi_{40}) - 2mga \cos \alpha \cos \theta + 2mgl \cos \alpha \sin \theta \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{20} \right)^2} \right) \right. \\ & \quad \left. + \frac{4kx \left(-\beta + \arccos \left[\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \frac{x \tan \theta}{l} \right] \right) \sec^2 \theta}{l \sqrt{1 - \left(\sqrt{1 - \left(\frac{x}{l} + \sin \varphi_{10} \right)^2} + \frac{x \tan \theta}{l} \right)^2}} \right) = 0 \end{aligned}$$

代码实现

由于原来的方程过于复杂, 就算适当化简也会因为微分方程中含有不可分离的耦合项 (例如对于 $\ddot{\theta}$ 的超越方程不能分离其) 而导致不能用 `solve_ivp` 的方法求解, 为此我提出以下简化的方法:

方程常微分化

由于 x 相对身体的尺度是小量, 不妨对于 θ 及其导数而言, 如果前面的系数中含 x 则直接视作常数, 对于不可分离的变元, 不妨直接视作常数, 即忽略耦合的贡献, 那么关于 θ 的微分方程可写作

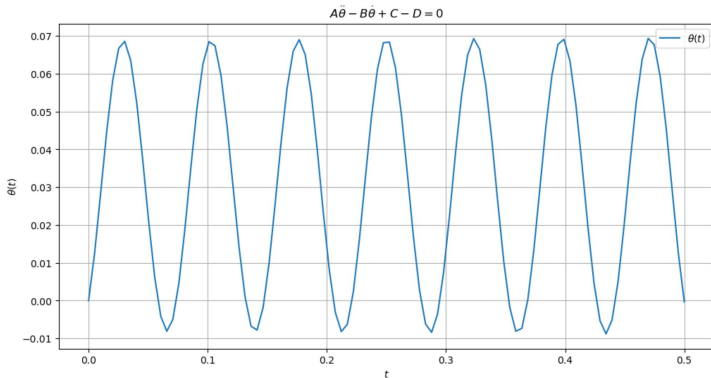
$$A\ddot{\theta} - B\dot{\theta} + C\theta - D = 0$$

其中 A, B, C, D 的解析表达式在关于 θ 的 Lagrange 方程中求得, 通过模拟实验我们可以给出一组参考值.

$$A = 7.7 \times 10^{-4}, B = 7.53 \times 10^{-5}, C = 5.6, D = 0.17$$

θ 常微分化后的数值解

模拟实验给出稳定步态时候有 $t = 0$ 时 $\theta = 0, \dot{\theta} = 2$, solve_ivp 给出的数值解为

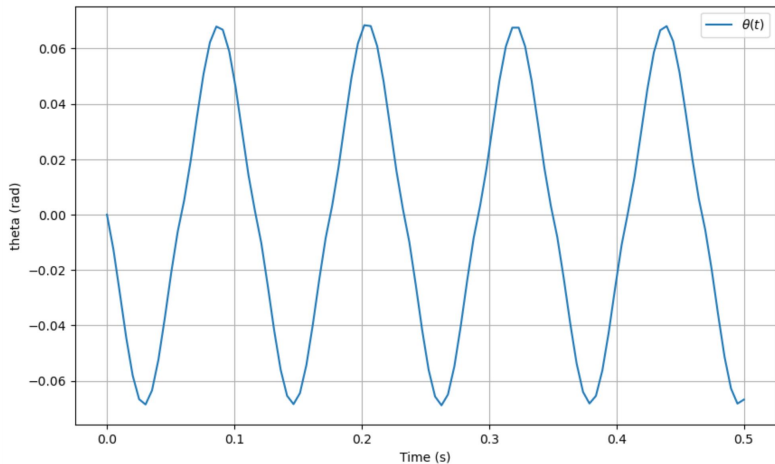


注意这是一次步态的方程对应的解, 在 $\theta < 0$ 的阶段会失去正常的物理意义

步态衔接修正

当完成一次步态 ($\theta = 0$, 方向从正到负) 后, 有

$$\theta^+ = 0 \quad \dot{\theta}^+ = 2\text{sign}(\dot{\theta}^-) \quad (\text{sign表示取符号})$$



附录

- [1] Garcia, Mariano, Anindya Chatterjee, Andy Ruina, and Michael Coleman. 1998. "The Simplest Walking Model: Stability, Complexity, and Scaling." ASME Journal of Biomechanical Engineering. Accepted April 16, 1997; final version February 10, 1998.

参考数据（一组有代表性的）

$$a = 0.075,$$

$$b = 0.1,$$

$$l = 0.075,$$

$$\lambda = 1,$$

$$m = 0.02,$$

$$\phi_0 = [0.2, 0, 0, 0]$$

$$\beta = 0.3$$

$$k = 0.04$$

$$\alpha = 0.4$$

$$M = 0.05$$

未加入步态衔接修正

```
import numpy as np
from scipy.integrate import solve_ivp
import matplotlib.pyplot as plt

A = 7.7e-4
B = 7.53e-5
C = 5.6
D = 0.17

theta_and_theta_dot_0 = [0, 2]

def Dense_Equation(t, theta_and_theta_dot, ):
    theta, theta_dot = theta_and_theta_dot
    theta_ddot = 1/A*(B*theta_dot-C*theta+D)
    return [theta_dot, theta_ddot]

t_span = (0, 0.5)
t_eval = np.linspace(t_span[0], t_span[1], 100)

sol = solve_ivp(Dense_Equation, t_span, theta_and_theta_dot_0, t_eval=t_eval)

plt.figure(figsize=(12, 6))
plt.plot(sol.t, sol.y[0], label=r'$\theta(t)$')
plt.title(r'$A\ddot{\theta}-B\dot{\theta}+C\theta=D=0$')
plt.xlabel('$t$')
plt.ylabel(r'$\theta(t)$')
plt.legend()
plt.grid(True)
plt.show()
```

加入步态衔接修正, 利用 solve_ivp 的事件监测功能

```
def Dense_Equation(t, theta_and_theta_dot):  
    theta, theta_dot = theta_and_theta_dot  
    theta_ddot = 1/A*(B*theta_dot-C*theta+D*np.sign(theta))  
    return [theta_dot, theta_ddot]
```

D 的符号也要更新

```
def monitor(t, theta_and_theta_dot):  
    theta, theta_dot = theta_and_theta_dot  
    return theta
```

```
#monitor.terminal = True  
monitor.direction = 0
```

```
t_span = [0, 0.5]  
times = np.array([])  
thetas = np.array([])  
theta_dots = np.array([])
```

正负方向经过零点都被监测

```
while True:  
    sol = solve_ivp(Dense_Equation, t_span, theta_and_theta_dot_0, events=monitor, dense_output=True, max_step=0.05)  
    print(sol)  
    t = np.linspace(sol.t[0], sol.t[-1], num=100)  
    theta_and_theta_dot = sol.sol(t)  
    times = np.concatenate((times, t))  
    thetas = np.concatenate((thetas, theta_and_theta_dot[0]))  
    theta_dots = np.concatenate((theta_dots, theta_and_theta_dot[1]))  
  
    if sol.status == 1:  
        new_theta = 1e-5 * np.sign(theta_and_theta_dot_0[0])  
        new_theta_dot = 2 * np.sign(theta_and_theta_dot_0[1])  
        if times[-1] > 0.5:  
            break  
        theta_and_theta_dot_0 = [new_theta, new_theta_dot]  
        t_span[0] = sol.t_events[0][0] - 1e-5  
    else:  
        break
```


END