

Blessed Self,
Hari Om.

We are happy to inform you that Ganga Darshan Vishwa Yogapeeth (Bihar School of Yoga) has announced the dates for the **Munger Yoga Symposium 2024**. The event will be held from 17th to 23rd November 2024. Sincere aspirants are warmly and wholeheartedly invited to this enriching experience.

Applications are now open. The terms and conditions, as well as the eligibility criteria and the due date for submission of application forms are detailed below.

Munger Yoga Symposium 2018 & 2023

In 2018, the First Munger Yoga Symposium was held and participants experienced a new connection to yoga vidya and the Satyananda Yoga tradition. It was a unique event that saw delegates from all around India and the globe. The Second Munger Yoga Symposium was conducted in 2023. It was a follow-up, a deepening of understanding and personal experience for those who had participated in the previous symposium.

Munger Yoga Symposium 2024

The Munger Yoga Symposium 2024 is welcoming aspirants between the ages of 18 and 60, who have at least five years of Satyananda Yoga training and experience, and **who have not been able to attend either of the previous events**. All applications must include a written referral from a recognized Satyananda Yoga teacher.

Aspirants, students and devotees may also join the symposium as sahayogis and offer their seva. Sahayogis should have robust health, be dynamic, positive, creative, enthusiastic and able to participate fully in the ashram routine. They should come at least one or two months before the event. There will be many opportunities for them to be involved in the preparation of the Symposium.

Please note the following:

Three application forms are being attached. Applicants should submit the form/s applicable to them:

1. Delegate application form (2-page)– for those who have participated in Yoga Vidya Training before, i.e., Hatha / Raja / Kriya Yoga Yatra; Progressive Yoga Vidya Training; Hatha / Karma Yoga Training; Raja Yoga / Bhakti Yoga Training; Kriya Yoga / Jnana Yoga Training before, and have minimum 5 years of Satyananda Yoga experience.
2. Delegate application form (Full, 4-page) – to be completed by those who have not participated in any Yoga Vidya Training before, but have minimum 5 years of Satyananda Yoga experience.
3. Sahayoga Form – for application as sahayogi, who can offer seva for atleast 1 month.

Procedure and due dates to send completed application forms to ADY:

As places are limited, please send the fully completed applications on or before the dates mentioned below. Please follow the following steps:

1. Update your details in the below link:

<https://zfrmz.in/wDdjoexTqOegs3c3bsN2>

2. Download and print the application form which is applicable to you.
3. Fill in the application form carefully and email a scanned soft copy to ADY along with the required documents **by 8th June 2024** on the following email address:

Email address: Mails@atmadarshan.net

4. Post the hard copy of the filled application form along with required documents so it reaches ADY by **10th June 2024** on the following postal address:

Postal address:

Atma Darshan Yogashram

CA 1, 95th Cross, Kumaraswamy Layout, 1st Stage

(Behind Dayanand Sagar College, Opp. Sagar Hospitals)

Bengaluru – 560078.

Please note that applications are not to be sent to Munger directly. If you have any doubts or questions, please call on 9611842554.

Wishing you the best in your yogic journey.

Om Tat Sat

Atma Darshan Yogashram

Bengaluru