

Patient Name: Meera Reddy
Age: 65 years
Gender: Female
Nationality: Indian

Chief Complaint: The patient presents with gradual-onset blurred vision and difficulty reading.

History of Present Illness: The symptoms started several months ago and have progressively worsened. The patient reports difficulty in seeing fine details, especially while reading or performing close-up tasks. No significant eye pain or redness.

Medical History: The patient has a history of diabetes and hypertension.

Physical Examination: Visual acuity is decreased. Fundoscopic examination reveals signs of diabetic retinopathy, including microaneurysms and hemorrhages. No other abnormal findings.

Investigations: Optical coherence tomography (OCT) and fluorescein angiography confirm the presence of diabetic macular edema.

Diagnosis: The patient is diagnosed with diabetic macular edema.

Treatment Plan: The patient will be referred to an ophthalmologist specializing in retina disorders. Management options may include intravitreal injections of anti-vascular endothelial growth factor (VEGF) medications, laser photocoagulation, or vitrectomy. Regular follow-up appointments will be scheduled to monitor treatment response and adjust therapy as needed.