

1. Where does most of your attention settle during a typical day?

- My past
- My problems
- My goals
- Other people's opinions
- Random distractions
- The present moment

2. When unexpected change hits, your first instinct is to:

- Avoid it and hope it passes
- Worry but wait to see what others do
- Look for lessons and new opportunities
- Take immediate, intentional action aligned with your priorities

3. How do you usually set your daily schedule?

- I let the day unfold with little structure
- I plan loosely but often abandon the plan
- I block time for key priorities and protect it fiercely

4. When it comes to personal growth, you...

- Rarely read, learn, or train intentionally

- Consume information but rarely apply it
- Seek knowledge *and* act on it consistently

5. Your relationship with money is best described as:

- Mostly survival—covering bills is the focus
- Comfortable but stagnant—income matches expenses
- Strategic—I invest, create assets, and look for leverage

6. How often do you take actions that scare you (but could help you grow)?

- Almost never
- Occasionally when pushed
- Regularly and by choice

7. How do you handle negative emotions or stress?

- I react or shut down
- I try to manage them but often stay stuck
- I pause, observe, and respond intentionally

8. When interacting with others, you typically...

- Keep conversations surface-level

- Connect when convenient
- Initiate genuine conversations and build deep relationships

9. Which statement best fits your current identity?

- “Life happens *to* me.”
- “Life happens *around* me and I adapt.”
- “Life happens *through* me—I create my path.”

Scoring & Lane Logic (for your backend or simple tally)

- **SlowLane indicators:** Mostly first options → reactive, past-focused, low structure.
- **SideLane indicators:** Mix of middle options → comfortable but inconsistent.
- **FastLane indicators:** Mostly last options → proactive, growth-driven, present and future-oriented.

Call to Action (Final Screen or Email)

Your Lane Result: [SlowLane / SideLane / FastLane]

The lane is not your destiny—it's your *starting point*.

Your activation begins now:

Take the 7-Day Trajectory Challenge

- 30 min of daily aerobic movement
- Lifelong learning with 3 high-impact books a day using ChatGPT
- 3 genuine compliments to connect with the world

This is your invitation to “kill the boy” and step into the FastLane of conscious, intentional living.

No matter what the results: This will be the order.

Day 1 – Mindset & Personal Mastery

1. *Think Again* – Adam Grant
2. *Atomic Habits* – James Clear
3. *The End of All Evil* – Jeremy Locke

Day 2 – Inner Strength & Focus

1. *177 Mental Toughness Secrets of the World Class* – Steve Siebold
2. *Don't Believe Everything You Think* – Joseph Nguyen
3. *Focus* – Daniel Goleman

Day 3 – Freedom & Fastlane

1. *The Science of Scaling* – Benjamin Hardy
2. *The Millionaire Fastlane* – MJ DeMarco
3. *Unscripted* – MJ DeMarco

Day 4 – Consciousness & Philosophy

1. *Reality Transurfing* – Vadim Zeland
2. *Meditations* – Marcus Aurelius
3. *Feeling is the Secret* – Neville Goddard

Day 5 – Big Picture & Future Thinking

1. *21 Lessons for the 21st Century* – Yuval Noah Harari
2. *The Beginning of Infinity* – David Deutsch
3. *My Big Toe* – Thomas Campbell

Day 6 – Wealth & Systems

1. *The Almanack of Naval Ravikant* – Eric Jorgenson
2. *Principles* – Ray Dalio
3. *Thinking in Systems* – Donella Meadows

Day 7 – Communication & Strategy

1. *Building a StoryBrand* – Donald Miller
2. *The 22 Immutable Laws of Marketing* – Al Ries
3. *The Most Powerful Sentence of All Time* – Neil Gordon