

Spencer Wilson

W08 Reflection

Point Total: 100

Why is this week's topic important for teamwork? (20 points)

This week we learned about conflict. We learned how to avoid unhealthy and unproductive conflict, and how to engage in beneficial and civil conflict. Conflict will inevitably occur when 2 or more people with different thoughts, ideas and expectations work together. It is for this reason that studying this topic is so important.

How do plan on contributing to the team, besides completing your tasks? (20 points)

I plan on contributing to the team this coming week by doing my best to avoid unnecessary conflict, and striving to ensure that any acceptable conflict we engage in ends up benefitting all in the group.

How does your experience relate to other classmates' experiences? (20 points)

I was unable to make it to class on Wednesday, so my interactions with and observations of my classmates all occurred on Monday. It seems that everyone has varying experience with conflict. That being the case, I'd expect that not everyone would approach a conflict in the same way.

Tell me about what you taught someone? And what did they learn, that they didn't know before? (20 points)

My wife and I had a conversation about conflict. We spoke about how we've dealt with conflict in past work environments, and we also discussed what we can do to better deal with conflicts that we sometimes run into as a couple. We came to the conclusion that communication, maintaining realistic expectations, and listening were some of the most important actions that one can take to make any conflict a learning experience.

If this was a religion class, how would you relate this week's topic to the gospel? (20 points)

This subject has a great spiritual parallel. Hard times and conflicts will befall all of us, as we live in a fallen world. The important thing is how we react to these stimuli. We can let them drive us to anger, or we can maintain our composure, and do our best to learn and grow from our difficulties.