

Spencer Wilson

W09 Reflection

**Point Total: 100**

***Why is this week's topic important for teamwork? (20 points)***

This week we learned about a number of different topics. One of these topics that I believe is particularly important for teamwork is professionalism. If all members of a group are able to conduct themselves in a professional manner, most unnecessary and detrimental conflict can be avoided.

***How do plan on contributing to the team, besides completing your tasks? (20 points)***

I plan on contributing to the team this coming week by doing my best to avoid unnecessary conflict, and striving to ensure that any acceptable conflict we engage in ends up benefitting all in the group.

***How does your experience relate to other classmates' experiences? (20 points)***

Given the large variety of topics we covered over the past week, it is difficult to say exactly how my experience relates to those of my classmates. I'd imagine that many other members of the class found the material covering professionalism and imposter syndrome to be helpful and insightful.

***Tell me about what you taught someone? And what did they learn, that they didn't know before? (20 points)***

My wife and I had a conversation about conflict and professionalism. I also taught my wife some of the things I learned from the article on imposter syndrome. She found it reliving to learn that other people suffer from similar feelings of inadequacy and self-doubt.

*If this was a religion class, how would you relate this week's topic to the gospel? (20 points)*

This week's topic is a bit difficult to relate to the gospel. I suppose that the topic of professionalism can be compared to accountability and honesty. In order to achieve significant and lasting improvements in our life, it is important that we are completely honest with ourselves regarding our goals and capabilities.